The Phillipian

in da clurb, we all fam

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"The Beanery," "Uncommons," Paresky Commons: A History of Dining at Andover

COURTESY OF PHILLIPS ACADEMY ARCHIVES

I. PADMAWAR/*THE PHILLIPIAN*

FELIX BRET & NIKI TAVAKOLI

Cigarette smoke in the air, student servers in white suits, and traditional wooden chairs around circular tables: such was a common scene in the early days of Paresky Commons (Paresky). However, spurred by renovations and social changes, the Paresky that the Andover community knows today is far from this antique version, both in dining culture and decorations.

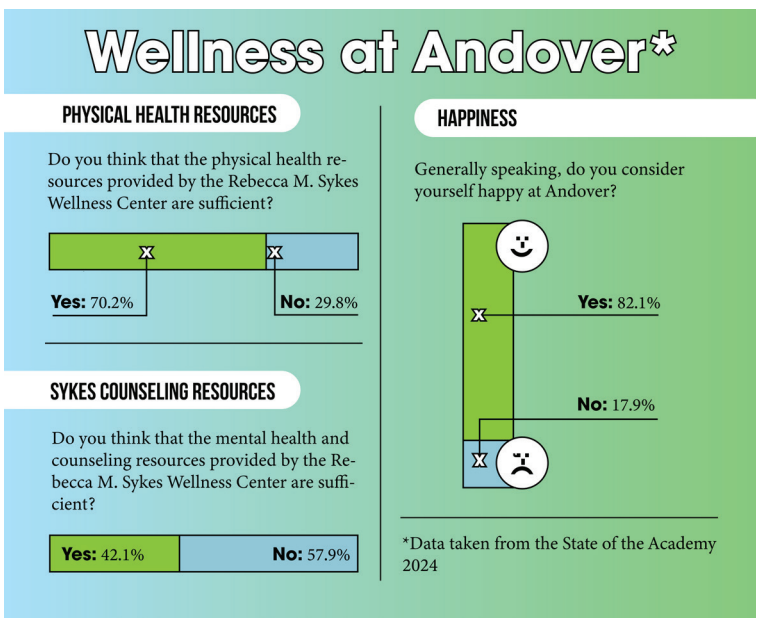
Since replacing Bulfinch Hall, also known as "The Beanery," in September of 1930, Paresky has seen several changes throughout the decades. In 2008, Louis P. Dolbeare '36 described the original layout of the building in his memoir "Waiting on Eight Gaping Maws" and wrote about his work as a server.

"The four dining halls were identical in architecture, furnishing, and decoration: a sea of heavy oak tables seating eight students in rush-seated oak chairs. The walls and the embrasures of the tall, arched windows were paneled in dark oak... An undecorative feature on the coved plaster ceilings 15 feet above the noisy diners was the random splattering of many butter stains. These originated from the knife-flipping of butter pats by students," wrote Dolbeare.

He continued, "My own case was that I was a waiter for two of my three years. Waiting on tables was the largest contribution to reducing the gap between total tuition and my scholarship... Being a waiter — serving 20 times a week in return for your 20 meals — was a financial lifesaver for scholarship boys and their families... I felt that being selected to serve the comparatively fancy meal, 'with all the fixings' (even white table cloths, candles and flowers) was great. I got a meal a cut or two above the usual and the quietly preening knowledge that the staff, if not my peers, thought my conventional serving technique was acceptable for these special occasions."

Along with the disappearance of student servers, seat-

Continued on A5, Column 4



C. WANG/*THE PHILLIPIAN*

Navigating Wellness at Andover: Sleep, Happiness, and Friendships

NIKI TAVAKOLI & SOPHIA TOLOKH

Student wellness at Andover can be measured through various lenses including sleep, happiness, and connections with friends. While statistics on wellness at Andover are covered in the State of the Academy (SOTA), student wellness is subject to change throughout the year. Conversations surrounding wellness evaluate resources provided for both physical and mental health by the Rebecca M. Sykes Wellness Center (Sykes).

The 2024 SOTA data revealed that 82.1 percent of respondents considered themselves to be happy. Though many mentioned sports and school events, students interviewed by *The Phillipian* had a range of activities that brought them joy.

Lucien-Sinclair Herndon '28 spoke on the many small activities that contribute to his overall well-being done both by himself and with other people.

"I like to hang out with my friends a lot and go to [Susie's] on Friday and the weekends. That always brings me happiness. I also have to take time to myself to just do things that I love like going to Graves [Hall] and just practicing piano for around an hour. That brings me joy. Sometimes I'll go to the turf and just practice lacrosse for a little," said Herndon.

Since having undertak-

Continued on A5, Column 1

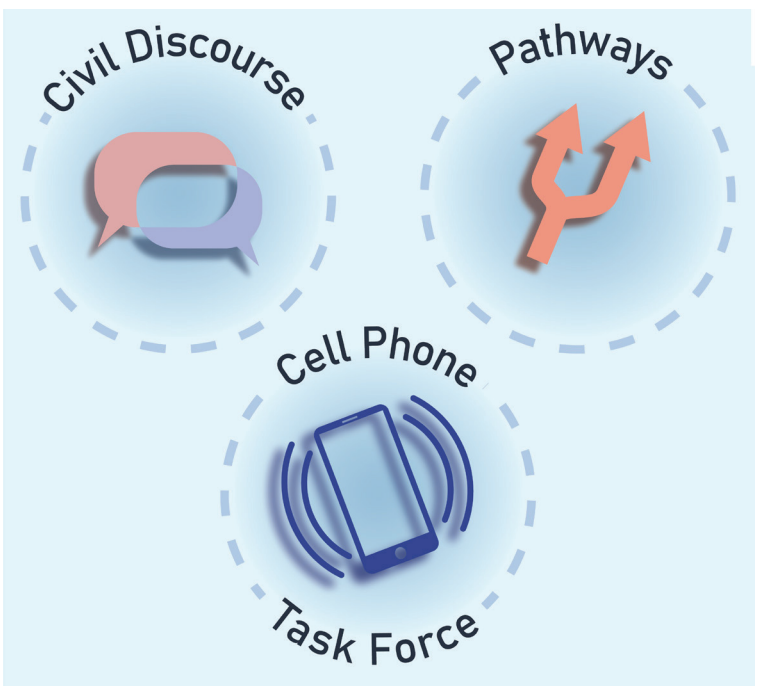
A Walk Through the Peabody: A Tour of Recent Renovations

E. CHEN/*THE PHILLIPIAN*

In an exclusive video with *The Phillipian*, Ryan Wheeler, Director and Chair of Archaelogy, walked through the reccently finished renovations of the Robert S. Institute of Archaeology, which re-opened to the public in October 2023 after five years.

TURN TO A7 AND SCAN THE QR CODE (LEFT) FOR AN EXCLUSIVE LOOK AT THE PEABODY'S RENOVATIONS

A Summary of Recent Policies



J. XIAO/*THE PHILLIPIAN*

STAFF REPORT

Pathways

This September, Andover began applying the term "Pathways" instead of "Levels" to describe student violations of community standards. Pathways refer to existing responses such as Dean's Responses, Growth and Accountability Plans (GAPs), and Community Standards Conferences. While the system itself remains unchanged, the administration hopes to avoid the misconception that different violations are equal in severity. This terminology change also aligns with the administration's broader efforts to take a rehabilitative rather than punitive approach to the student conduct system.

Of 100 students surveyed by *The Phillipian* on September 17, 73 had not heard of Pathways. Though students believe this change allows for more personalized responses to student conduct, they have called for increased clarity on the practical impact of this change.

Civil Discourse and Political Activity

Amidst the 2024 election season, Andover incorporated two new policies into the Blue Book titled the Civil Discourse and Political Activi-

Continued on A5, Column 1

Commentary, A2
A Home for Music Lovers
Ryan Baek '28 shares how playing music with others in chamber orchestra introduced him to a community on a new campus.

Eighth Page, A8
Costume Suit Up
Attention all couples: we have costume ideas for you.

Sports, B1
Wrestling Success
Wrestlers Julian Rios '26 and Dani Nugent '25 competed in the 2024 Defense Soap Super 32 Challenge, both earning All-American Status.

Arts, B6
Hurricane Benefit Concert
Fundraising for those affected by hurricanes in Florida, the student-led band The Repercussions organized a benefit concert.

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Editorial

Welcome Home

As Family Weekend of the 2024-2025 school year begins, thousands of family members descend upon the Andover campus. Whether it be international students who have relatives coming from across the world on a chain of connecting flights and half a day's worth of time difference or day students whose parents are driving over from just a town over, this weekend sees the coming together of Andover's worldwide family. To students, it is a special opportunity to welcome our parents into our lives at Andover. They will experience firsthand the walk up the dimpled steps of Paresky Commons, the inexplicably exhausting climb up the steep Morse stairs, and the infamous panicked run from Bulfinch to Graves. They will feel the hard backs of the Chapel pews during All-School Meeting, sit in the same classrooms that you have struggled, succeeded, and maybe even fallen asleep in, and learn what it feels like to walk down the Vista, the nostalgic scent of autumn filling the air. Most notably, they will finally meet the friends who have become your second family amidst their absence, who make up so much of our lives here at Andover, who have, in a sense, raised us.

The bonds we form here are unlike any other. Andover is where we navigate the vulnerability of youth, the unpredictability of our futures and who we will become. It is the liminal space between childhood and adulthood where each of us undergo our own unique metamorphoses, where the inevitability of challenge and uncertainty require us to lean on those around us. These are the friendships and connections that shape our worlds and our emerging selves. In times of hardship, we find solace and reassurance through the relatability of experience, through sharing the burden. In times of joy, we are supported by friends who are genuinely happy for us, who are there to celebrate our small victories and grander triumphs alike. At Andover, where our fellow students are such an integral part of our lives and where our families are not always available at a moment's notice, our friends are what keep us afloat, illuminate our paths forward, and remind us to cherish the present. To have the privilege of introducing some of the most important people in our lives to each other — our friends to our parents, and our parents to our friends — is one of the invaluable gifts of Family Weekend.

But beyond allowing for this merging of worlds, Family Weekend also provides the space for moments of recovery and rejuvenation. Over the long weekend, seek opportunities to revitalize relationships with your loved ones. The wear and tear of Andover life often finds us retreating into our rooms immediately after meals or shirking out of phone calls to run to our next commitment. We are separated emotionally and physically from our families for much of our time at Andover, and finding dedicated time to spend with our family members is difficult. Family Weekend affords the chance to seek your parents out for a meal, have a late-night chat with your sibling, perhaps even take the leap to send a message to old friends who we haven't spoken to — it is about revitalizing connections both with our family and beyond. And as much as Family Weekend is for our families, it can also be a time for ourselves. For some of us, we have just made it past our very first few months at Andover. Fall Term, as well as the recently passed midterms week, is both academically and emotionally challenging. These couple days off are for you to take a breath, so don't be afraid to take some time alone. Whether recharging means catching up on sleep or enjoying a favorite meal, use this time to prioritize your well-being and set yourself up for success in the rest of the term and year.

The arrival of families on campus often brings forth lighthearted jokes about how campus suddenly shapes up, the food in Paresky elevates up a notch, and the red carpets are rolled out. As it should! Bringing our loved ones to our home away from home should feel special and exciting. Seeing so many new faces enlivens campus too, the freshness of their energy dispelling exhaustion and burnout from midterms and holding off the looming shadow of finals week just a while longer. Family Weekend is intended as celebration, as reunion, as respite. So breathe. Take hold of its magic in your palms, watch the falling leaves adorn campus in shades of crimson and honeyed amber, and let us rejoice.

This Editorial represents the opinions of The Phillipian, vol. CXLVII.

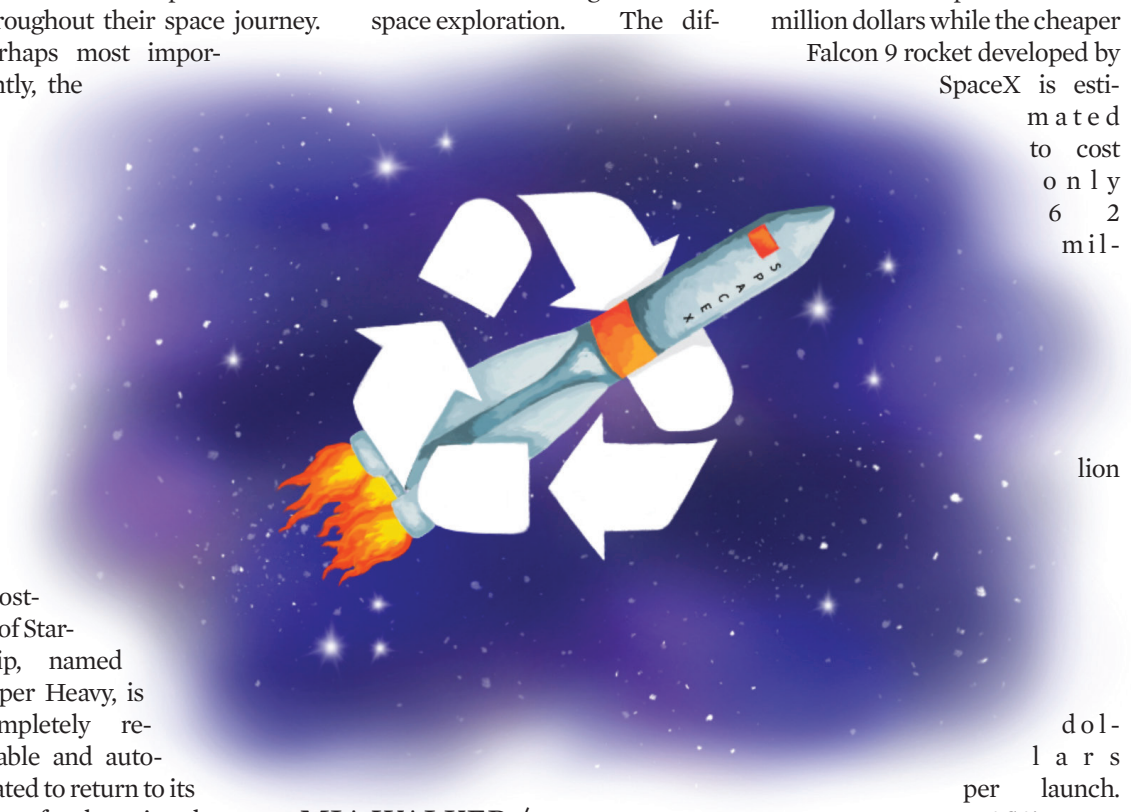
How SpaceX's Starship Could Potentially Change Our Space Exploration

SIMBA XIONG

A. LEE / *THE PHILLIPIAN*

Sixty-two years ago, President John F. Kennedy gave his renowned speech about the nation's future goals for the space program. "We choose to go to the moon in this decade and do other things, not because they are easy, but because they are hard!" exclaimed President Kennedy. At the time, the claim of going to the moon was almost like a bluff, a goal that seemed utterly impossible. With years of countless arduous experiments and developments and money spent, only few advancements in the space program were made, making everyone doubt the fact that the journey to the moon was even possible. Yet, a few decades later, all these problems seem like an ease to us. Through the developments in technology and countless innovations in rocketry designs, space exploration has transcended the imaginations of people, allowing us to explore the depths of space in a green and sustainable way.

Even though our technology might still be distant from our goal of living on other planets or galaxies, the implementation of green and sustainable advances will eventually lead us there. On October 13, SpaceX caught the booster of the first fully reusable rocket on its fifth test flight. Starship, the new recyclable SpaceX rocket, has twice the engine power of the Saturn V rocket, the rocket that helped the Apollo 11 crew to land on the moon in 1969. Starship is also able to carry more than 200 metric tons of goods, enabling crew members to have ample resources throughout their space journey. Perhaps most importantly, the booster of Starship, named Super Heavy, is completely reusable and automated to return to its base after boosting the crew out of the atmosphere. By controlling its descent speed from the speed of sound all the way to a stop, Super Heavy is able to be controlled with ease, allowing the process of reusing to be much easier.



MIA WALKER / *THE PHILLIPIAN*

To begin with, recycling rockets will reduce the environmental burdens of our planet. According to statistics, a typical space shuttle would produce hundreds of kilograms of Unsymmetrical Dimethylhydrazine (UDMH) per launch. UDMH is a colorless and yet toxic liquid that is released after the rocket launches deep into the soil, where the liquid has the potential to cause ecological disasters and even threaten our water supply if it seeps into groundwater. Further, hundreds of space debris are produced on average per rocket launch where the pieces range from less than one millimeter to larger than one meter, which could cause obstruction and damage to future space exploration. The difference between the traditional space shuttle and Starship is that Starship incorporates a fuel of liquid oxygen and methane rather than UDMH, meaning that pollution will be reduced to a minimum during takeoffs. In addition, the recyclable trait that Starship has will make the space program much more sustainable by producing zero space debris, clearing the way for future rockets.

It is also important to note the economic benefits of rocketry recycling. Some opponents of the SpaceX idea believed that the cost wouldn't be worth it in the long term as it involves privatizing space travel rather than being a complete government program. However, the truth is that by recycling and privatizing, it reduces the burden that the government and the society have to bear. For instance, the cost per launch of Starship is around 100 million dollars while the cheaper Falcon 9 rocket developed by SpaceX is estimated to cost only 62 million dollars per launch. However, NASA's space shuttle programs cost approximately 1.5 billion dollars per launch, which is almost 15 times as much as Starship. Also, from a historical point of view, the original space shuttle program that National Aeronautics and Space Administration adopted shut down after 2011 due to the financial issues, causing the U.S. to be dependent on Russia for future space programs. By adopting Starship, the average cost would eventually be brought down and to be even less than the Falcon 9 rocket at a certain point, creating a sustainable long-term plan.

By recycling, the hundreds of millions of dollars can be saved and used for further research, speeding up the developments of new technology. For instance, after NASA's space shuttle program got shut down due to financial issues. Dragon, a small reusable capsule by SpaceX that was already under development before the NASA shutdown was used to carry cargo between NASA and the International Space Station. Eventually, this program was refined, and by 2019, the capsule was made to contain the capacity for seven passengers and cargo at the same time, allowing the U.S. to monitor its space program without extreme financial spendings. Simultaneously, the Falcon 9, which costs less than five percent that of the original space shuttle, is also developed by SpaceX which could be partially reused. In less than two years, this rocket model is turned to a fully reusable version, Starship, and this could suggest an exponential trend in technical advancements in the next few years.

Overall, the adaptation from our traditional space shuttle to something innovative and sustainable could be the factor that determines our future. In the long term, pushing this sustainable effort consistently will benefit us by keeping our home in a fresh and clean state while also balancing the development of technology efficiently. With this new innovation, Starship, our dreams of exploring foreign planets and making space exploration for everyone could finally be within reach, allowing us the chance to explore more of what is in our galaxy.

Simba Xiong is a Junior from Beijing, China. Contact the author at xxiong28@andover.eduv.

The Phillipian welcomes all letters to the Editor. We try to print all letters, but because of space limitations, we enforce a 500-word limit. We reserve the right to edit all submitted letters. Letters must be responses to articles already published by *The Phillipian*. We will not publish any anonymous letters. Please submit letters by the Monday of each week to phillipian@phillipian.net or to our newsroom in the basement of Morse Hall.

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CORRECTIONS:

In the Sports article "Girls Cross Country Snatches Victory Against St. Paul's and Austin Prep," Katerina Kokkotos and Sophie Staii were misquoted.

The Sports article "New Boys Soccer Head Coach Joe Donnelly Brings Knowledge, Experience, and Camaraderie" was written by Alistair Fritz-Gruber.

What The 2024 Nobel Prize in Literature Means to a Young Korean Writer

JEANNIE KANG

K. MA / THE PHILLIPIAN

"The Nobel Prize in Literature for 2024 is awarded to South Korean author Han Kang for her intense poetic prose that confronts historical traumas and exposes the fragility of human life." - The Swedish Academy

When Han Kang was nominated as the winner of the Nobel Prize, people around the world rushed to local bookstores to pick up a copy of "The Vegetarian," the novel that introduced Han to the world. Elders, toddlers, teenagers, and parents packed bookstores, inhaling the woody smell of novels, hoping to take a glimpse of the award-winning author. South Korean authors celebrated this advancement of Korean literature over boiling tea and Han's poems. And a South Korean girl thirty-six million feet away from home let out a quiet yet emotional sigh: "드디어," finally!

Han Kang is the first Asian female to be awarded the Nobel Literature Prize and the second South Korean winner of the Nobel Prize after President Kim Dae Jung received the Nobel Peace Prize 24 years ago. She is also the first South Korean to receive the International Booker Prize. Though her resume stretches as far as the Hangang, one of Korea's longest rivers that shares its Korean name with the author, her winning the Nobel Prize had significance far beyond the broken records; she reaffirmed the beauty of the Korean language and the capability for writing to pierce people's hearts and leave a beautiful dent on them.

A South Korean author winning the most prestigious literature prize in the world untied the knots of doubt and unease I carried in my heart when writing, especially when delivering my stories in Korean. As Han Kang said in her interview with KBS (Korean Broadcasting System), "Being a writer is an independent yet lonesome job... Even if you mess up a novel, you damage yourself, but never others" (translated from Korean). Writing is an arduous journey that inevitably involves the consideration of the readers' opinions. A timid piece of work that refuses to step beyond the author's sweet judgment can never impact people. Whenever I wrote in Korean, I felt helpless at the reality that most people around the globe could not understand the nuances of this horridly beautiful language. I doubted whether the Korean alphabet I scrupulously selected and caressed would leave anyone a meaningful lesson. When I learned that Han Kang wrote her articles in Korean and the world was impressed merely by the translated version, I regained the courage to continue writing in Korean. Language barriers may exist, and people may not understand the specific nuances of the story to the fullest degree, but the lessons on living as fragile human beings can be delivered regardless of our mother tongue. For instance, "The Vegetarian" follows the journey of Yeong-hye, a female protagonist who decides to become a vegetarian. Her decision is considered culturally inappropriate in the context of conservative Korean society, and she eventually gets ostracized by her own family. Through tracing the harsh prosecution against individuals who stand firm for their beliefs, Han criticizes society's lack of capacity to embrace differences. The Korean language and the context of Korea were merely instruments to deliver a broader message that affects humanity in general, as all of us possess our quirks.

> I write to feel alive. To attach wings on my shoulders that can carry me above and beyond the boundaries of myself.

Han Kang's books not only dive deep into human nature but also introduce a different perspective on traumatic Korean history. Beneath the glories of K-pop, mouth-watering cultural delicacies, and energetic dances, Korea possesses scars. The scars imposed during Japanese colonialism, the ruling of an oppressive dictatorial regime, and many other periods of injustice and tyranny. Han Kang's eminent novel 소년이 온다 (Human Acts) provides a chance for the observed to be the observers. The young men who were murdered by a brutal police force during the Gwangju Uprising received a chance to tell their story as protagonists rather than getting pitied. Each chapter of the Human Acts, like Han's many other novels, tells the story from a different observer. Comprehension of hurtful history from diverse viewpoints provides an opportunity for Koreans to empathize and heal from the damages. Even further, her novels send a daring message to all humans and countries with a historical injury to be healed: "Some memories never heal. Rather than fading with time, those memories become the only things that are left behind when all else is abraded" (Human Acts).

Han enlightened me on how impactful writing can be: writing to remember, writing to love, and writing to understand. Writings merge with the readers and melt into them, transforming the readers into completely different people than who they were before. She encouraged me to reflect on my shameful attitude as a creator of stories. As a writer who discusses depressing and, at times, "culturally inappropriate" topics, I often shunned my stories from readers, terrified of their offering a harsh judgment. Her explicit descriptions of pain, violence, and suffering informed me that acknowledging trauma should be the first step to healing. I am still a tad afraid of openly expressing the pain and fear of humans in my stories, but Han's courage to embrace the pains of living inspires me to continue expressing, revealing, and discussing despite the discomfort.

I write to feel alive. To attach wings on my shoulders that can carry me above and beyond the boundaries of myself. Han Kang writes to liven up the readers. In the era of rampant loneliness, we Korean writers with a painful past and a beautiful future shall unite to spread love through words.

ALEXANDRA LIN / *THE PHILLIPIAN*

Jeannie Kang is a Junior from Seoul, South Korea. Contact the author at nkang28@andover.edu.

Discovering The Unfamiliar Within the Familiar

RYAN BAEK

COURTESY OF PANET

I thought I knew pretty much everything when it comes to the viola. I've had an array of experiences with the instrument, including being a part of orchestras, competitions, and volunteer work. However, there was one thing that I had never done: chamber music, or play music with a small group of people. Entering the door to a new school year, I decided to explore what it meant to play music with others. Chamber music has made my love for music grow even more while learning something new with the instrument that I have gotten so familiar with.

> Not only has chamber music allowed me to meet and interact with new people, it has also aided me in balancing the stress of academic life at Andover.

Joined by a cellist and two violinists, I sat lost in the lines and dots of the music that lay in front of me. My breath became staggered as my eyes darted across the page, struggling to hide my visible nervousness from not touching my viola for the past two weeks. All too soon, our instructor walked into the room, greeting us with a warm smile and the scent of old coffee. As he pulled a chair in front of our quartet and grabbed his iPad from his bag, we rushed to tune our instruments. The violin gave the first note — an A. Out of tune. He hurriedly turned the peg struggling to get the right pitch. Still out of tune. The room tensed up as he eventually found the right pitch. We spent the next five minutes like this and this would become routine for our following rehearsals.

> Chamber music has made my love for music grow even more while learning something new with the instrument that I have gotten so familiar with.

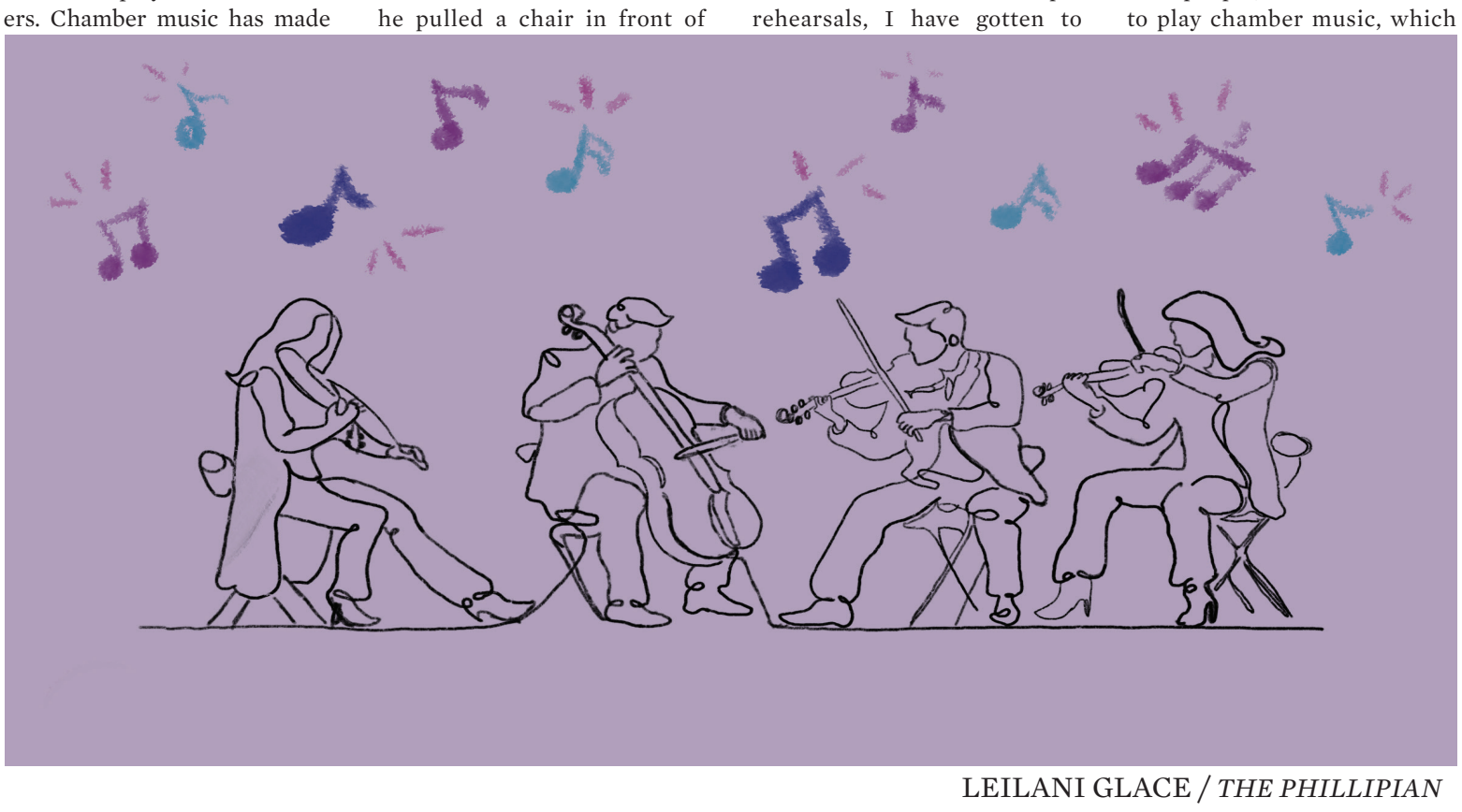
A month later, I walked into the practice room, to see faces that are now familiar to me. Over the duration of multiple rehearsals, I have gotten to know my group members and our teacher. Before the clock hit 9 o'clock, marking the start of the practice session, I talked with one of the violinists and the cellist. Over the short period of time, we had gone from strangers to close friends. We chatted about how the week had flown past. When the other violinist sleepily stumbled into the room, we playfully teased him for almost being late. He smiled at us and pretended to be angry by jokingly crossing his arms across his body and glaring at us. We unpacked our instruments, and after our teacher arrived, we began to rehearse the music that can now effortlessly flow off of our fingers.

Although chamber music is only one aspect of my life as a new student at Phillips Academy, it has been an influential factor in shaping my Andover experience. I've formed meaningful friendships with new people, and I've learned to play chamber music, which has paved a new path within my musical journey.

> Chamber music has made my love for music grow even more while learning something new with the instrument that I have gotten so familiar with.

Not only has chamber music allowed me to meet and interact with new people, it has also aided me in balancing the stress of academic life at Andover. As a Junior, I am still adjusting to my daily school life, and being a chamber musician has allowed me to relax and take my mind off of the stress from assignments and tests by providing me a place of comfort belonging on campus. Meeting up with my friends to interpret and practice the music has genuinely given me relief.

Although I initially didn't know what to expect as I signed up to do chamber music at Andover, I can confidently say that I have absolutely no regrets about making what I now consider as a great decision. Even though I am fresh into my years at Andover, I strongly believe that everyone, especially new students, should explore the many opportunities that the school offers, and find something new that provides joy and sparks their passion.



LEILANI GLACE / *THE PHILLIPIAN*

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2024 노벨문학상 수상자가 어린 한국인 작가에게 지닌 의미

JEANNIE KANG

K. MA / THE PHILLIPIAN

"2024 노벨문학상은 역사의 트라우마에 맞서는 동시에 인간 생의 연약함을 드러내는 시적인 산문을 써낸 한국 국적의 작가 한강에게 수여되었습니다."
- 스웨덴 한림원

노벨문학상이 작가 한강에게 수여되었다는 소식이 문학계에 다다르자, 전 세계의 독자들은 거리 곳곳의 서점들로 달려가 소설 채식주의자를 집어 들었다. 노인, 어린아이, 청소년 가릴 것 없이 책을 사랑하는 사람들은 한강 작가의 진한 소나무 향이 나는 서점 앞을 서성거리며 혹시나 한강이 나타날까 눈을 부리키고 지켜보았다. 한국 각지의 작가들은 대한민국 문학의 무한한 발전을 찬양하며 따뜻한 찻잔을 앞에 두고 한강의 시를 조용히 읊어 내려갔다. 그리고 한국이라는 그리운 고향에서 27,432리 떨어져 지내는 어린 소녀는 방 한 구석에서 기쁜 한숨을 내쉬며 속삭였다. "드디어!"

한강은 동양인 여성 작가 최초로 노벨문학상을 수상하는 업적을 이루었다. 또한 그녀는 김대중 대통령이 노벨평화상을 수상한 지 24년 만에 대한민국의 두 번째 노벨상 수상자가 되었다. 그녀는 2018년에 한국 작가 중 최초로 맨부커상을 수상하기도 했다. 그녀의 업적을 써 내려가려면 한반도를 가로지르는 물줄기인 한강보다도 긴 종이조각이 필요하겠지만, 한강의 노벨상 수상은 그저 또 하나의 업적에 그치지 않는 상징성을 지닌다. 바로 그녀는 자칫 잊힐 뻔한 한글의 우아함과 사람들의 마음에 척 달라붙어 삶을 뒤집어 놓을 순 있는 글의 힘을 전 세계에 우렁차게 알렸던 것이다.

한국인 작가의 노벨상 수상은 내가 한국어로 글을 쓸 때 가슴에 얹혀있는 스스로에 대한 의심과 불안함의 응어리를 풀어주었다. 한강 작가는 KBS 다큐와의 인터뷰에서 소설가로서의 삶에 대한 질문에 이렇게 답했다: "소설을 쓴다는 건 조금 더 독자적인… 동시에 고독한 일이죠… 그냥 어느 순간 책을 쓰고 싶으면 쓰면 되는 거니까요. 소설이 잘 안되더라도 자기 건강만 조금 해치면 되고 남에게는 피해를 주지 않는 〔직업인 것 같아요〕." 글은 쓰는 것은 나뿐만 아니라 다른 사람들의 관점 또한 이해하는 통찰력을 요하기 때문에 마치 여러 명이서 함께 가파른 산을 등반하는 것과 같다. 작가의 따뜻한 품을 벗어나지 못하는 철없는 글은 읽은 즉시 독자들의 기억 저편으로 사라져 버리고는 한다. 나는 모국어인 한국어로 작필을 할 때면 이 세상 대부분의 사람이 이 끔찍할 정도로 아름다운 언어를 직접 읽을 수 없다는 사실을 알고 상실감에 빠진다. 글을 쓰고 번역할 때면 "과연 내가 신중히 어루만진 단어 하나하나에 담은 진심이 독자에게 전달되었을까?" 하고 스스로에게 자주 묻게 된다. 이런 내가 한강 소설들의 번역본이 세상에 끼친 무지막지한 영향에 대해 알게 된 순간을 아직도 잊지 못한다. 왜냐하면 그 순간 이후로 내 안에 살던 두려움은 꼬리를 감추고 달아나 버렸기 때문이다. 언어의 장벽은 존재하며, 번역본은 원본만큼의 생생한 이야기를 전달하기는 어렵겠지만 우리가 모두 인간이기에 경험할 수 밖에 없는 삶에 대한 이야기는 그 높기만 해 보였던 장벽을 뚫고 전해질 수 있다는 것을 깨달았다. 예를 꼽자면, 한강을 세상에 알린 소설 채식주의자는 채식을 하고자 하는 여성 주인공인 영혜로부터 전개된다. 그녀의 결정은 보수적인 한국 사회가 보기에는 하염없이 하찮고 부적절한 결심이어서 결국 그녀는 가족으로부터 버림을 받게 된다. 작가는 영혜의 이야기를 통해 스스로의 신념과 다름을 지키고자 하는 이들을 뭇매질하는 사회를 거칠게 비난한다. 영혜를 탓하는 소설 속의 인물들은 인간들은 다 저마다의 독특함을 지닌다는 것을 이해하지 못하는 것 같다. 이 결정적인 교훈을 전하는 데에 사실 한글이라는 언어는 도구일 뿐이었다.

작가 한강은 인간의 본질을 세세히 탐구하는 소설에 그치지 않고 고통스러운 한국사를 또 다른 관점에서 바라보는 이야기 또한 써 내려갔다. 홍이 넘치는 케이팝, 침샘을 자극하는 전통 먹거리들, 그리고 춤사위를 지닌 대한민국에도 사실 어두운 이면이 있다. 이는 바로 일제 강점기와 군정기 등 아픈 민족의 역사를 겪으며 새겨진 흉이다. 한강의 글은 이 흉을 겹겹의 화려한 붕대 밑에서 끄집어내었다. 대표적인 예는 소설 "소년이 온다"인데, 이 소설은 관찰 대상들에게 관찰자가 될 기회를 쥐여주었다. 5.18 민주화 운동 중 잔인한 군부대의 총 사위에 목숨을 잃은 청년들은 드디어 그들의 이야기를 마음껏 펼칠 수 있게 되었다. 6장으로 이루어진 "소년이 온다"는 여섯 명의 관찰자들의 시점에서 전개된다. 고통이 넘쳐흐르는 역사를 다양한 관점을 통해 이해하려고 노력하며 독자들은 한국인이기에 지닌 역사적 트라우마에 연고를 바르게 되었다. 이 이야기는 비록 한국사를 바탕으로 하였으나 결국은 한국의 국경을 벗어나 상처를 지닌 모든 인간과 나라들에 따뜻한 위로의 말을 건넨다. 그녀는 이 소설에서 이렇게 말했다: "어떤 기억은 아물지 않습니다. 시간이 흘러 기억이 흐릿해지는 게 아니라, 오히려 그 기억만 남기고 다른 모든 것이 서서히 마모됩니다."

한강은 나에게 글이 가진 능력을 일깨워주었다. 추억하기 위한 글, 사랑을 위한 글, 이해를 위한 글. 잘 쓰인 글들은 독자들의 심장에 가랑비에 옷 젖듯 천천히 스며들어 결국에는 그들을 더욱더 발전시킨다. 한강의 글은 아프고, 불편하고, 잔인한 이야기를 나누는 것을 두려워했던 나에게 구원의 손길을 내밀었다. 소설과 시들을 통해 고통이라는 악기로 연주를 하는 본보기를 보이며 한강 작가는 아픈 증상들을 인지하는 것이 낫기 위한 첫 걸음이라는 교훈에 내게 남겨주었다. 솔직히 말하자면, 나는 아직도 솔직한 글을 쓰는 것이 망설여질 때가 많다. 혹여나 내 글을 읽고 독자들이 이마를 찌푸리거나 두려움에 몸서리칠까 봐 두려운 것 같다. 그러나 이제 나는 이러한 생각에 들 때마다 한강 작가의 용기를 떠올린다. 그러고 나면 글을 쓰기 위해 연필을 꽉 쥔 손가락 마디마디에서 계속 이야기하고, 드러내고, 때로는 용서할 힘이 쑥쑥 자라나는 것을 생생히 느낀다.

ALEXANDRA LIN / *THE PHILLIPIAN*

글은 나를 살고 싶게 한다. 내게 나 자신의 경계를 벗어나 세상을 향해 날아갈 날개를 붙여주는 것이 바로 글이다. 나보다 훨씬 성숙한 작가인 한강은 자신뿐만 아니라 모두가 살아감을 사랑하게 하려 글을 쓰는 것 같다. 점점 삶을 그림자로 채우려는 세상을 해쳐 나가며 어두운 역사와 밝은 미래를 지닌 한국 작가들은 계속해서 함께 글로 사랑을 써 내려 갈 것이다.

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Students and Faculty Discuss Wellness of Student Body at Andover

Continued from A1, Column 5

en midterms on October 11, the student body expressed varying levels of wellness currently in the term, based on the number and difficulty of the courses they are taking as well as flexibility from teachers. Though wellness of students doesn't necessarily follow a trend in each class, Sophia You '26 elaborated on the shift that comes with being an Upper, in terms of more work, leadership positions, and social life. You felt that her maturity had increased and friendships strengthened despite the heavier workload.

"For my grade, it's a little worse. Just Upper year, [and] the transition to having more work with History 300 and English 300, having more readings, and taking leadership positions in the school is a lot more [of a] time commitment. People probably get less sleep on average, but in terms of friendships, most of those are solidified, so hopefully that's less [of a problem] in that regard," said You.

Correspondingly, Selene Xu '27 spoke of high stress levels and poor sleep, highlighting the disadvantage of not having family around. Though everyone spends the majority of their day on campus, Xu believes that there are differences in how day students and boarding students are able to maintain wellness.

"[As a boarder] you're not alone, but you don't have your family around, and it's easier to get overwhelmed. When you are overwhelmed, there's no person you can directly connect with, except for your House Counselors, but for parents you can only call them. It's just hard to get less overwhelmed when you are [boarding]. You miss your family a lot, and that builds up all your pressure and your stress that school's giving you. I would say it's a little different, but day students also have a lot of stress. I'm not saying that boarders always have a lot more stress than day students do," said Xu.

Amy Patel, Dean of Health and Wellness and Chief Medical Officer, wrote in an email to *The Phillipian*, "I suggest scheduling time each day for the foundational elements, such as eating, sleeping, exercise, connecting with others, and other things that bring them joy, rather than doing those things if they have time."

As for Sykes' efforts to connect with students, there is still a sizable percentage of students who find the resources to be inadequate. According to the 2024 SOTA, 57.9 percent and 29.8 percent of respondents believe that Sykes' mental health and counseling resources and physical health resources provided respectively are not sufficient. Patel noted that along with Sykes counselors, students have the opportunity to see a counselor off campus at no cost.

Patel wrote, "We have an incredibly experienced and compassionate team of mental health counselors at the Sykes Wellness Center. Some students prefer seeing a counselor off campus, and we can help with either referring to a counselor in the Andover area or students can access UWill, a telecounseling platform that PA offers to each student at no cost for up to eight counseling sessions per year."

Examining Seating Changes and Renovations in Paresky Over Time

Continued from A1, Column 5

ing traditions have changed as well. According to Lucy Schulte Danziger '78, a previous member of the board of Trustees, dining rooms were separated by social groups during her time at Andover.

"The four main dining rooms each had personalities that were overly simplistic and students self-selected the room they felt most comfortable in... If you self identified as a jock, you ate in Lower Right, as a creative type, Upper Left, as a none-of-the-above, you ate in Lower Left. And to stay out of view you could eat at Upper Right and avoid everyone you knew. I have no idea where these designations or identifications came from... It seemed silly to me at the time that you had to choose one aspect of your identity to eat in a dining room," said Schulte Danziger.

Reflecting on Paresky's current seating tradition, Tasha Bohorad '26 noted how the dining sections are now primarily divided by the grades of students.

"The big tables in Lower Right definitely are good for teams or big friend groups. Lower Left is a space where you can get work done, or meet with teachers or have meetings. The upper levels are good because it does separate a lot of underclassmen, but they're not in a space where you have to sit with people you don't know. Lower Right is very stigmatized for no reason," said Bohorad.

Paresky's most recent renovation took place in 2007, during which students ate in the Smith ice rink, dubbed "Uncommons." Keith Robinson '84, Chair of Biology and one of the members of the committee that renovated Paresky, highlighted student input's impact on the changes.

"When we did the renovation, there were a lot of surveys that went out to the community. One of the things that resoundingly came back was no one wanted the stairs touched. Everybody liked the divots in the stairs and the feeling of walking in the footsteps of where everyone else had before you since the 1930s. The other was the dining halls. Everyone liked them, and they were nice and beautiful, and so basically they're still the same. If someone from my class comes back and walks in here for the first time ever the dining halls look almost identical. That tradition of it would make it hard for me to imagine us redoing it in a radically different way," said Robinson.

Countless classes of Andover students have had some experience of eating at Paresky — renovations have never taken longer than four years. Paul Murphy '84, Instructor in Math, spoke on the significance of the history that current Andover students share with generations of alumni.

"It's the center of the world. Really everyone goes [there]. For almost a hundred years, this is the only dining hall that every graduate of Andover has ever experienced, so there isn't anyone alive that went to Andover that doesn't remember [Paresky] Commons, which is really cool. We've had presidents, we've had major actresses and actors, we've had major social activists walk on the stairs that you guys walk every day. I love that," said Murphy.

"Nineteenth century Andover students created a unique dining-hall vocabulary. Pancakes were turn-over-johns, wheat biscuits were bath mats, milk was squee."

(from Commons Renovation 2009 Booklet)

Continuation of a Summary of Recent Policies

Continued from A1, Column 5

ty Policies. These additions were communicated to the community through an email on September 23. Along with the new policies in the Blue-Book, revisions to the employee policies were changed, also titled the Civil Discourse and Political Activity Policy.

The policy states that student demonstrations cannot affect Academy programming, violate community standards, or damage Academy property. According to Head of School Raynard Kington the policy aims to encourage political discussion while prioritizing the use of non-harmful rhetoric. The employee policy similarly sets guidelines for faculty and staff to separate their political engagement from the Academy.

Cell Phone Task Force

In response to growing concerns about the role of technology in students' lives, Andover has launched a Cell Phone Task Force to develop a comprehensive policy that would help balance cell phone use with academic engagement. Announced in a schoolwide email, the task force will comprise faculty and students, working together to assess current practices, review research, and propose a new policy for full implementation in Fall 2025.

The task force's goals include collecting feedback from students, families, and staff to understand existing cell phone habits, identifying areas for improvement, and examining other schools' policies to inform best practices. This initiative aims to foster "human connection and flourishing" while still giving students enough freedom in their phone usage.

Francisco Cantú Discusses U.S.-Mexico Border Issues in Andover's Presidential Election Speaker Series

ISABELA DOUST & NIKI TAVAKOLI

Francisco Cantú, an immigration expert, gave the third talk in Andover's Presidential Election Speaker Series run by the Dean of Studies Office. Tying into Cantú's book "The Line Becomes a River," the event, held on October 23, focused on the U.S.-Mexico border, and how narratives around immigration contrasted with an apparent lack of policies.

Cantú started by giving some insight into his experience as a Border Patrol agent and emphasized the importance of discussing the current state of American immigration. In an interview with *The Phillipian*, he noted the pressing topic of immigration, urging attendants to engage with the subject.

"There are manifestations of the border and of immigration enforcement in all of our communities, no matter how far away you are from the actual U.S.-Mexico border. There are for-profit immigration detention centers in all 50 states," said Cantú. "Because border issues exist no matter where you are in this country, that also means that there are opportunities to be involved in immigration advocacy, immigration justice, and border justice work no matter where you live."

To develop this speaker series, topics were chosen by the Dean of Studies Office and participating faculty members over the summer. For their talk on immigration, the moderators prioritized speakers who have interacted with the field both personally and politically to help students develop holistic views on the topic. Derek Curtis, Student Support and Event Programming Librarian, gave further insight into the decision to bring Cantú to campus.

"He was someone who had an academic background in immigration studies, and he ended up deciding to become a Border Patrol agent. Then as time went on and he saw how brutal and dehumanizing the work was, he moved in another direction with his life. Having a personal perspective and a professional relationship to a certain work, and then seeing the ethics of that work, may make you want to pivot to doing other things, doing good, doing repair work, and trying to become another sort of self," said Curtis.

Views on immigration can notably be influenced by images exposed to readers in the media. As a moderator of the event, Hector Membreno-Canales, Instructor in the Art Department and Community and Multicultural Development (CaMD) Programs Coordinator, spoke on how some of his similarities with the speaker and his skills in photography helped him conduct questions.

"We all read books with our own lens on it, I just used my own perspective to lead my questions. I am also an immigrant, and I'm also someone who has worked in a militarized agency so I felt like I had a couple of personal connections to Mr. Cantú," said Membreno-Canales. "I might have thrown him an unusual question when I asked him about photography. This isn't a photography talk, but I had noticed a couple of photog-

Continued on A6, Column 1

Matt Bellace Engages Uppers and Seniors on Mental Health and Resilience at EBI

SARAH BROWN & CHRISTIAN ESTRADA

Calling students onstage to rap and twist themselves into human chairs, Matt Bellace, psychologist and comedian, brought an interactive presentation to Uppers and Seniors for the Fall Empathy, Balance, and Inclusion (EBI) term talk. Bellace highlighted strategies for coping with stress and maintaining mental health without the use of substances, emphasizing humor as a key tool for stress relief.

Matteo Horvat '25, who participated in Bellace's "Guess That Song" activity, felt that the interactive elements of the presentation set it apart from other speakers. He pointed out how Bellace's approach of engaging directly with the audience, often venturing offstage, made the session more enjoyable and relatable.

"The event was really fun. I liked the guy. He was energetic and engaged with the crowd. It seemed like people were really listening. He was an engaging speaker, [and] he was good at what he did... I liked that he incorporated the mental health aspects into popular culture references or jokes he made. Even if they came off as a little corny at moments, it was still very nice and fun to listen to. He got everyone laughing, which was good," said Horvat.

Brigitte Leschhorn, the Transitional Director of the EBI program, emphasized EBI's need for open engaging conversations rather than just delivering information. She explained how that goal played into selecting Bellace as a speaker.

"EBI is often seen as just delivering content," said Leschhorn. "We're not saying this is the only or right way to think about mental health, gender, race, or any topic. We essentially say we will hold space as a community for this conversation. Having an engaging speaker helps decrease cortisol and increase positive feelings... A speaker like Matt Bellace provides that space for enjoyment while prompting students to consider how to find joy in life without relying on substances."

Taylor Ware, Upper and Senior Grade Course Head of the EBI Program, explained why the EBI program for upperclassmen has evolved to be a smaller commitment. Unlike the weekly classroom sessions for lowerclassmen, Uppers and Seniors only attend presentations once a term.

"Basically, we're just bound by the constraints of a very packed schedule at PA, and that is the amount of time that is available at the moment... One of the reasons we shifted to this model away from the seven-weeks-per-term class model for Uppers and Seniors is because they tend to be a little bit busier and their schedules are more demanding, so we didn't want to continue to take part of their lunch periods away to have classroom EBI in Upper and Senior year," said Ware.

In line with Ware, Ashiq Kibria '26, an EBI Upper who leads a class for Juniors, mentioned how once-a-term EBI benefits Uppers and Seniors. He also noted how the presentation style made the content more memorable.

"As an EBI Upper, I've gone through the ninth grade EBI sessions, and it's interesting to see how the focus shifts as you get older. The 11th and 12th grade EBI focuses a lot more on guest speakers, and we only have it termly, whereas the younger grades have it weekly. That approach works better for older students since we're probably more receptive to occasional sessions rather than something more frequent," said Kibria.

Bellace has spoken on campus twice before. Ware expanded on how Bellace's presentation could be relevant to students, expressing his hope that students would take Bellace's advice.

"His message around balance, stress management, and anxiety is essential, especially at this point in the Fall term. He engages the audience with volunteers, humor, and speaks about the power of laughter, friendship, and authentic relationships in managing mental health," said Ware. "I hope that this first speaker this week left them feeling excited about what's to come, and that they took away some really meaningful elements from the talk that they could use in their lives."

A. LEE/*THE PHILLIPIAN*

As the EBI speaker for Uppers and Seniors this term, Matt Bellace spoke on the importance of natural highs to relieve stress.

10 Questions With Sergia Hay

REPORTING BY WILL GE

Sergia Hay is an Instructor in Philosophy and Religious Studies. She published a book on Danish philosopher Søren Kierkegaard in 2020, and first came to Andover during the 2023-2024 school year. Hay directs Outdoor Pursuits in Winter hiking, has been skiing since age three, and is an avid pizza-maker outside of the classroom.

E. LIU/*THE PHILLIPIAN*

Do Andover students have free will?

Yes. I think they do. I think many of them feel pressure that they either accept or don't have to accept.

What's your teaching philosophy for teaching philosophy?

Unfortunately, philosophy suffers from many negative stereotypes, I would say maybe even more so than any other discipline. A lot of people think it's all written by dead people, by people of privilege, all dusty and boring and irrelevant. Of course, I'm biased, but I don't think that there is any more relevant subject than philosophy. It really has to do with what's going on in our life, how we can think about our lives, how we should treat other people, how we should treat the environment, and how we should treat ourselves. It helps situate us in the world in really essential, reflective, and important ways... I really think that philosophy, for different periods of its life, has lost its way from its Socratic roots. Socrates was really interested in talking to everybody, and in asking questions that mattered in people's lives. There are some branches of philosophy that get into very esoteric things, and that can be totally fun to play with, those ideas where it's very narrow and very focused, but philosophy also has the breadth available to it that helps anybody come in. All of us, to the extent that we consider ourselves thinkers or reflective in some capacity, are doing philosophy. A lot of [teaching philosophy] is just awakening that recognition in people.

You had your first experience away from home during your sophomore year, could you expand on that?

When I was in tenth grade, I was a student at Blake School in Minneapolis, which is a private day school, and that school is one of the founding sponsors of a program called Swiss Semester. The program started in 1986 and I was in the second year's cohort, so in 1987. I spent my fall semester in Zermatt, Switzerland, which is where the Matterhorn is, and that was my first experience really being away from home, except for camp that was like a week-long, so it was my first encounter with homesickness. It was my first encounter of living with a roommate and being in a place that was very different from home. But it was one of the most transformative experiences of my life in that it opened me up to traveling and living in the world in different places. I got really jazzed up about art history and geology, because we were doing a lot of things on glaciers with rocks, and it was a beautiful experience that really changed my view of education and the course of my life.

Andover and many other private schools have a Philosophy and Religious Studies Requirement. What do you think about that?

I had a weird class in high school called "The Challenge of Change" that was taught by two faculty members, one who taught social studies, and the other one was the head of the school, and this was kind of their pet project. It was crazy. We were reading "Zen and the Art of Motorcycle Maintenance" by Robert Persig, and we were also doing experiments on light to determine whether it was a wave or a particle. It was the weirdest class, I don't think it fit in any disciplinary category. I just knew that there was something going on in that class that was really exciting, and when I got to college, I realized what we were doing was philosophy. I really believe that philosophy hits best for some students, like Andover students, who are very intellectually curious and open in a way that is very special and unique. The opportunity to be exposed to philosophy prior to your college years is such an amazing opportunity. It's such a game changer in many ways. I am just thrilled to be here, to be able to do it, because I really think that the work is important and exciting. It's fun.

What works of Kiekegaard's would you recommend to students interested in him?

There are a lot of fun things to read that make you realize what an unusual author he is. For those kinds of entry points, I would say "Either Or" or "Fear and Trembling," just because as literary works, they're so fascinating and they really capture the imagination. My favorite book is "Sickness unto Death," because I feel like it really encapsulates some of the major ideas that he gave around questions that are most interesting to me... "Sickness unto Death" is about how all of us are in despair, and that the deeper we go into despair, the closer we are to its solution, but we will never arrive at a solution. So the trick is to go deeper into despair. That sounds awful, but the main thing is that, in getting to know ourselves, we recognize what a complex, paradoxical, mysterious creature we are, and that the more we dive into that, the deeper our understanding of our self is, but also the more complex our experience becomes.

How did you get into pizza making?

It was really a pandemic thing. I've always liked pizza. So has my husband. Our daughters, maybe not as much as us, but we really like trying pizza places and stuff. We decided, rather than going out all of the time, let's have this be our own science experiment in terms of perfecting dough and fermenting it, and figuring out the right canned tomatoes for sauce, and the perfect combination of toppings and stuff like that. So it ended up being like an ongoing experiment, and we would do it every Friday... When we started adding fig jam to the top, we went to the next level.

Do you like listening to music while reading philosophy?

Just to stay true to my theme of silence, I really don't like to read when I'm distracted, so I stay away from all tech and all sound. In order to focus, I really need a quiet space. Oftentimes that can be my car or a small room. I was talking with a student the other day about café culture, that can also be a silent space, when there's a hum around you and some activity, you can also be really focused in on things. So that's where I read. I would like to be able to listen to music while I do other things, but I find that I concentrate on the music too much, especially if it's good, and there's so much good music... I will listen to things to get hyped up. I love to dance in my house. It's just going to depend on what it is. I really like live music as well. Shout out to Ethan Liu ['26] and his performance last Friday.

What's the story behind bringing clementines to Outdoor Pursuits (OP)?

Last winter was my first year at Andover, and it was my first experience in OP. We did winter hiking, skiing, and stuff like that. There is something that I learned from one of my best friends, who's Norwegian, is that in her backpack for cross country skiing, she would always bring citrus and chocolate, which is an amazing combination outside in wintry air. And just, clementines are in season in the winter, and they're portable, they smell so good in the fresh air, and so I would always bring them on hikes. Kids got used to having them on hikes.

How did you get into skiing?

I grew up in Minnesota. Lindsay Vonn, who's a very famous skier, she and I have one thing in common, namely, that we both learned how to ski on Buck Hill, which is, I want to say, maybe 200 feet altitude. It's really a tiny thing, so we would fondly call it Buck bump. It actually has a divot at the bottom, and that was one way to give it extra altitude, to actually not build it up, but to carve out the bottom. I learned on little red plastic skis when I was three years old. Because winter is such a thing in Minnesota, my parents wanted to be outside, and being on skis was the way that you did it. So we did cross country and downhill [skiing].

Any departing thoughts or messages you'd like to share?

I just want to say, I'm really glad to be here. It's really exciting working with Andover students. They're such a unique, and wonderful, and fun, and goofy, and serious, and constantly impressive population of people to be around. I really feel like it's an honor to be here.

Students and Faculty Reflect on APU Cantú Discussion

Continued from A5, Column 2

raphy connections, which is, again, how I am entering his work and how I relate to it."

Cantú explained that immigration issues often fade from public focus because of the stagnancy in political policies, leading people to become uninterested in the topic. Margot Furman '25 reflected on the public's fluctuating attention to the border, but how striking photographs can bring the issue back into focus.

"He talked about how the border is a crisis area and has been for so long that it can almost seem like it's an exception to the rules. Through that lens, he kept coming back again and again to why we don't talk about the border as much. One of my favorite things he was talking about was when he brought up that the moments when border and immigration have been highlighted are when photographs come out, using photography as activism," said Furman.

With the presidential election, students are seeking reliable news sources and education. Lucas Benardete '26, Co-President of the Andover Political Union, elaborated on the importance of bolstering the resources Andover offers, such as this talk.

"I don't like politics, but I'm still involved in it just because of how important it is to all of our lives. It influences the air we breathe, the food we have, the water we drink, where we go to school. It's the deciding factor of so much of our lives. It's irresponsible for people to be like, 'I don't like politics, I'm not going to get involved, I'm not going to learn more.' Being at Andover, I've been exposed to so many opportunities and I really try to take advantage of all of them and to try to seek something out, learn something, and expand my horizons," said Benardete.

Andover Hosts Fall Retreat of Social Justice Leadership Institute

IAN KIM & JENNA LIANG

Welcoming over 50 students from independent high schools across New England, Andover hosted the annual fall retreat for the Social Justice Leadership Institute (SJLI) on October 19-20. Coordinated by The City School, the 48-hour program engaged high school students in conversations on race, class, gender, and sexuality.

Split into two days with the first focusing on racial affinity and the second focusing on gender and sexuality affinity, the retreat included group discussions and activities, with a sleepover in Kemper Auditorium between the two days. Char Esty, Coordinator of the Office of Community and Multicultural Development (CaMD), highlighted the meaningful connections that students made throughout the event and the flow of ideas between leaders across communities.

"Our friends at the City School that are based in Boston [facilitated a] conference on how to engage in personal leadership, student activism, talk about justice as it pertains to race, gender, class, sexuality and those systems on larger scales, a campus-scale, and a personal scale... There's almost never enough time to do in-depth leadership training and this is one of those rare, all-in experiences," said Esty.

Esty continued, "Many of our students say that their favorite part is networking and building community with other schools and students who are in similar leadership positions there, that part's really cool. I'm most excited about seeing what they want to bring back to CaMD and PA. as a whole and how this conference shapes those ideas."

Aeva Cleare '26, a member of the Black Student Union (BSU) and Caribbean Club, attended the retreat on Sunday. She described the program as a good starting point for those exploring their identity.

"It was just a really good first step as someone who is trying to connect further with their identity. I'm Caribbean American but moved here when I was really little, so I don't really know very much about myself in that aspect, so I've been trying to expand my knowledge in that area," said Cleare.

Similarly, Quin Langham '26, Co-Head of Non-Binary and Transgender Alliance (NATA) and board member of the Intersectional Feminist Forum (IFFo), enjoyed connecting with other students during the SJLI. However, Langham noted how the event's heavy focus on anti-Black racism left non-Black students less time to discuss their own identities.

"There was a lot of focus on affinity spaces for people and it was a really good way to connect with others and talk about your experiences. I had a really good time sharing and being affirmed in my identity. My main issue was that on Saturday they were very much focused on anti-Black racism, which... wasn't advertised that way. The main problem was that in the affinity groups for non-Black students there wasn't space for them to connect about their own identities," said Langham.

A member of Asian Society and Classism at PA (CAPA), Ashiq Kibria '26, in addition to this year's event, also attended an advanced version of the retreat last winter. Kibria shared his experience meeting and reconnecting with students outside Andover and learning about social justice at other schools.

"Overall, it was a great experience, being able to meet with different people from other schools and being able to talk about how their schools deal with social justice issues... just being able to talk with everybody from different schools, especially schools like Choate, Lawrenceville, Dana Hall, they were all there. It was just a great opportunity and it was amazing that Andover was able to bring it to campus," said Kibria.

The fall retreat will be followed by an advanced winter retreat held at Cushing Academy in February. According to Esty, Andover students will also attend the Student Diversity Leadership Conference in Denver in December. Esty expressed her gratitude for students' continued engagement in these initiatives.

"[I'm] super grateful for the students who are participating and putting their effort into this. It means a lot. Our office is sustained on student engagement, so having so many people who are excited about this is really awesome and it's what keeps us going as adults... We always have a lot of club programming, fun cultural, social events, so keep an eye on The Weekender for that," said Esty.

College Counseling Office Meets With Uppers and Lowers Early in Return to Pre-Covid-19 Practices

FELIX BRET & PHILIP JEONG

The College Counseling Office (CCO) met with Uppers for the first time last Thursday and with Lowers on Friday, marking a shift to pre-pandemic practices. Introducing students to the curriculum earlier than the classes of '25 and '24 were, the change aimed to reduce stress and give students more time to navigate the college process.

After receiving a significant number of questions from Lowers and Uppers, the CCO decided to meet with them earlier in an attempt to debunk myths about the college application process. Karina Hernandez-Guarniz, Associate Director of the CCO, explained the reasons behind this decision.

"This year we decided to go back to doing programming for the eleventh-grade families in the fall because it's always nice to be able to connect in person. We wanted to provide an overview of what they can expect in January when we start working with them. The thought was to give them more time and get them a bit ahead of the normal timeline," said Hernandez-Guarniz.

She continued, "For tenth graders, we also, in the past, had done big group meetings with the eleventh graders and the ninth graders. Since Covid[-19], we [haven't done] that, and we thought that this year would be a good year to start meeting students as a big group. We get a lot of questions from Lowers about standardized testing and selection and how to use their summers, so we decided to be proactive and give them this information now."

As college admission rates decrease each year, the presentation aimed to address the students' worries surrounding the college process. Ashiq Kibria '26 shared how this meeting allowed him to reflect on Andover's college culture.

"It is the first time we are seeing Andover as a school directly addressing these issues. There is one thing talking with teachers about this process but another to [have] a whole class meeting about this. Andover, a college preparatory school, should prepare for the college experience. The idea and culture that no matter at what point you are in school your grades will affect college is perpetuated, and I'm grateful the College Counseling Office addressed that during the meeting," said Kibria.

For Lowers, the meeting primarily involved simple questions and reminders. Thiago Jollon '27 reflected on students' enthusiasm, describing how they eagerly competed for the candy the counselors threw.

"It mostly said stuff such as, 'True or false: you have to get a 6 to go to a good college.' Pretty obvious questions, and then they'd give people candy... Across the meeting, the people who were fighting for candy proved that we as a society are 15 minutes from 'Lord of the Flies,'" said Jollon.

K. MA/*THE PHILLIPIAN*

College Counselor Malkese Edwards speaks to Lowers at their first CCO meeting, a change to the previous curriculum for Andover students.

According to Sean Logan, Dean of the CCO, the CCO's curriculum aims to equip students with skills that extend beyond college. Logan encouraged students to use the college application process as an opportunity to reflect on their lives at Andover.

"We want you to develop your identity. Who are you? What are your strengths? What do you think about yourself? Again, that also goes right along with self-advocacy. If I know myself, then I can talk about what I think I really need to talk about with people. Ultimately, it's decisionmaking, and we want to teach you how to make a good decision," said Logan.

Ashley Choi '26 emphasized the value of the CCO's resources, noting how the presentation allowed her to see that it was a service that often went unnoticed.

"They introduced themselves individually, and we went over what we could ask them... They're a resource that is not as well advertised as they could be, [and] they're an amazing guide, especially for questions in the future. It would have been great to meet them earlier," said Choi.

Inside the Peabody's Recent Renovations

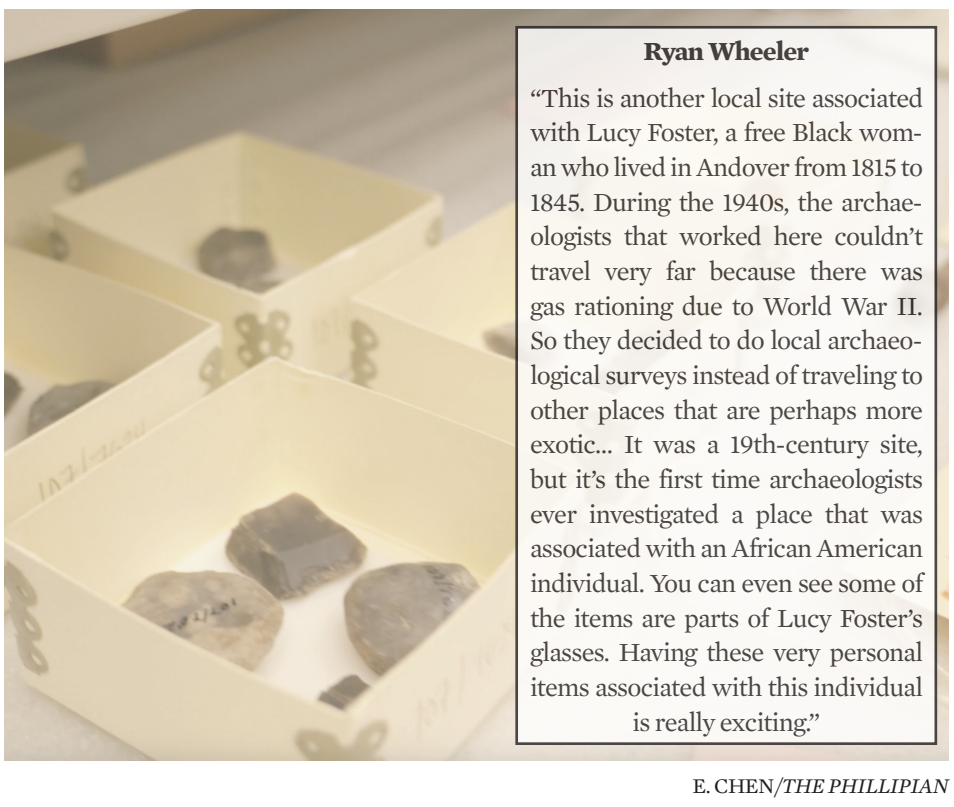
ADELYNE LIU & KRISTEN MA

Continued from A1, Column 3

A new elevator, metal shelving, and 3D-printed wall molding are just a few of the results from the five-year renovation process of the Robert S. Peabody Institute of Archaeology, which reopened its doors to the public in October 2023. In a video interview with *The Phillipian*, Ryan Wheeler, Director and Chair of Archaeology, conducted a tour of the Peabody and relayed recent changes to the museum.

The first phase of renovations focused primarily on the basement and the installation of fire suppression and climate control systems to preserve archeological collections. Wooden cabinets previously used to store artifacts were replaced with movable metal shelving for more convenient access to items. The Peabody also began to digitally catalog the museum's more than 600,000 artifacts, a process that took over four years to complete.

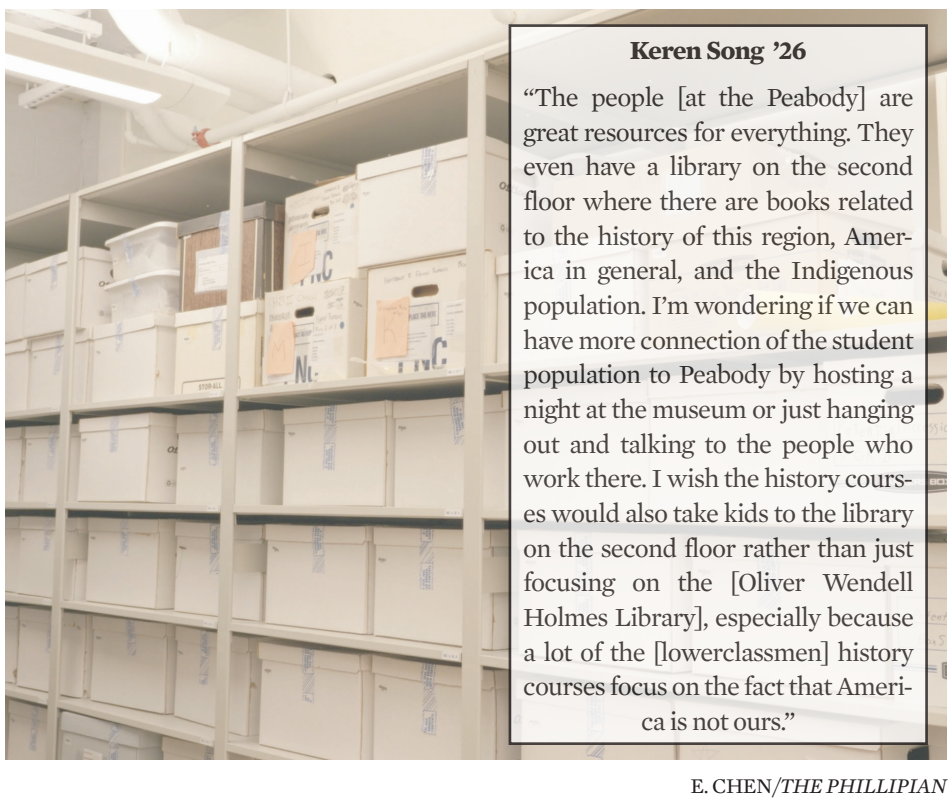
Furthermore, an elevator was added to increase accessibility and facilitate the transportation of collections in a safe and efficient manner. To restore the decorative molding on neighboring walls that had been damaged due to the elevator installation, the original plaster designs were replicated with 3D printing.



Ryan Wheeler

"This is another local site associated with Lucy Foster, a free Black woman who lived in Andover from 1815 to 1845. During the 1940s, the archaeologists that worked here couldn't travel very far because there was gas rationing due to World War II. So they decided to do local archaeological surveys instead of traveling to other places that are perhaps more exotic... It was a 19th-century site, but it's the first time archaeologists ever investigated a place that was associated with an African American individual. You can even see some of the items are parts of Lucy Foster's glasses. Having these very personal items associated with this individual is really exciting."

E. CHEN/*THE PHILLIPIAN*



Keren Song '26

"The people [at the Peabody] are great resources for everything. They even have a library on the second floor where there are books related to the history of this region, America in general, and the Indigenous population. I'm wondering if we can have more connection of the student population to Peabody by hosting a night at the museum or just hanging out and talking to the people who work there. I wish the history courses would also take kids to the library on the second floor rather than just focusing on the [Oliver Wendell Holmes Library], especially because a lot of the [lowerclassmen] history courses focus on the fact that America is not ours."

E. CHEN/*THE PHILLIPIAN*

8th page advice...

Phright Night

Week's Top Headlines

- *Bomb Squad Called After Freshman, Dubbed Big Equity, Gives Commons Meatball-Sub Five "Big Booms"*
- *Have the Proletariat and Bourgeoisie Been Revived at Andover? Multiple Reports have Surfaced of Flagstaff Students Referring to Abbot Peers as "Inferior" after Olympic Victory.*
- *FBI Uncovers Peabody Museum as Money Laundering Front*
- *EMT on Standby for Grandparents Shocked by Grasshopper Dance Performance*
- *Phillipian Readership Found to Go Up 1000% During Family Weekend*

Todd Lin/*The Phillipian*

OVERHEARD ON THE PATHS

"I could hang my coat on ur nose"

"I think I'm gonna hide myself in a pile of leaves on Main Street."

"30 dollars? What do you need 20 dollars for? I can't believe my own son is demanding my last 10 dollars!"

"Wherefore doth you make so hard a claim to thy purity? Is it not most desirable to create union which cannot be consummated but in the eye of the Morning Star?"

"You look like you swallow swords"

"Can I get two chocolate chip cookies with no chocolate?."

Best Couple Halloween Costumes

- Big AJ and the Rizzler
- Turkey and Baster
- Cat and Boner
- Morgz and Big Jill
- OG Skull Trooper and Renegade Raider
- Basketball Team and 3's
- Skimpy Ultimate player and frisbee
- Zach Bryan and Tinder Gold
- Discord Mod and Doritos dust
- Cute Sailor and Ishmael
- Rat Boy and Instagram Baddie
- Ghostface and freak
- Prince and Piper

Greetings, Givers of PA Life,

It's the eighth page, and we wanted to take this opportunity on the slight chance that you have any interest in the complicated inner workings of the Andover community, so you took the logical jump to read the 8th page to address some common concerns parents have about their kids. Here is our accurate, personal advice.

For starters, do any of the following phrases pertain to your child?: Natural Born Leader, mature-for-age, prefers to talk to adults over kids, intelligence intimidates students and teachers alike, hyper fixates on niche topics to satisfy unattended genius. Well, if so, then this message is for you.

Are you worried your sweet pumpkin's lack of social skills at home will continue into high school and that they will spend their days spiraling down internet rabbit holes and leaving "not-very-nice" comments on creepy internet forums? Well, fear no more. At Andover, your kid can find many of their kinfolk with similar guilty pleasures.

The course load at Andover can be rigorous, but do not fear. Your child is here to become the best version of ***you*** themselves, so whenever you think you're pushing them too hard, just remember that there's always someone better than them. Push them harder! If they ask you whether they should sign up for a club they're passionate about (or, God forbid, an English class), tell them that Mark Zuckerberg didn't get to where he is through trivial things like "critical thinking" or "passions." After all, the teachers here are the biggest stumbling block for your child on their way to the peak of the glorious capitalist system.

But hey, enjoy visiting your kid's classes and being awkwardly lectured by teaching fellows who could also be your children, tell your kid you loved meeting their friends, and leave out that their parents might seem a little "off." After all, high school is a totally weird and disorienting time.

Happy Family Weekend!

- 8p

The Phillipian
SPORTS

thank u beyonce!

Volume CXLVII | Number 23

October 25, 2024

Dani Nugent ’25 and Julian Rios ’26 Earn All-American Status at 2024 Defense Soap Super 32 Challenge

AARON HUANG

Co-Captains of the Wrestling team Dani Nugent ’25 and Julian Rios ’26 competed in the 2024 Defense Soap Super 32 Challenge, both earning All-American Status after finishing seventh and fourth respectively on the weekend of October 12. The Defense Soap Super 32 Challenge is a highly competitive wrestling tournament featuring top-ranked athletes from across the nation. The Andover Wrestling Program now has two of the three Massachusetts All-Americans.

Rios described his pre-tournament preparations, attributing his successes to the people around him. Last year, Rios competed in the Super 32 Challenge with a sprained ankle, placing 20th in the 106-pound weight class.

“I owe all my coaches and my drill partners a lot to my success on the wrestling mat. I was doing the right things off the mat... I was running more often and working out on the side doing little things, eating right, getting mentally. My mental preparation was good, I wasn’t too worried about the tournament all the way until I actually got there. That helps a lot because you don’t want to build up this nervous feeling,” said Rios.

Nugent joined her wrestling club, Doughboys in Lowell, last summer after competing at Nationals. Over the last year, Nugent refined her wrestling even more and has closely monitored her routine to boost her performance.

“These practices [at Doughboys] have ranged from folkstyle practices with my club team, as well as private practices with my dad and a few other girls, so it’s been a lot of fine-tuning, perfecting what I’ve been working on for the past years. As well as just focusing on what’s good for my body, what I’m taking in, what I’m lifting. Overall just getting myself into a better routine than I had been in the past, which was a big factor,” said Nugent.

A.CHINN/*THE PHILLIPIAN*

At the tenth Annual Female Wrestling Tournament, Dani Nugent ’25 was named Outstanding Wrestler and won first place in her respective weight class

With over 2,250 wrestlers at the tournament, Rios shared his excitement in watching other talented wrestlers compete and working with his teammates. He also appreciated the opportunity to see his efforts in training come into fruition in competition.

“The tournament was awesome. A lot of really good wrestlers, you get to watch them in between your matches. It was a really fun experience getting to be with my team, all of us working together, all our hard work you get to show on the mat during the tournament,” said Rios.

Head Coach Kassie Bateman applauded Rios for his resilience and unique wrestling style which earned him an 11th place rank nationally. Rios went into the tournament seeded tenth, going on to defeat three wrestlers seeded higher than him, the ninth seed, fifth seed, and second seed, respectively.

“He didn’t adjust his wrestling to match theirs. He wrestled his match and his technique. It’s also hard to come back and win so many matches after a loss... He didn’t give up once he had solidified his All-American status (top eight); he kept wrestling hard all the way until his 4th place match. As a result of his performance, Julian is now ranked 11th nationally in his weight class,” wrote Bateman in an email to *The Phillipian*.

The girls national standings have not yet been released. However, Nugent previously ranked 15th nationally in her weight class. In the tournament, Nugent had a dominant 8-0 victory over the fourth-ranked wrestler in her weight class in the tournament. Batemen outlined her matches, praising her mental composure.

“She went 5-2; after she lost her second match, she thought she was done; she didn’t realize there would be a match for seventh place. Her shoes were off and she was walking out the door when she realized she had another match. It is so tough to be out of the mental headspace and then have to jump back into another match. Dani got the job done and defeated her opponent 10-0 (a technical fall) in under two minutes,” wrote Bateman.

Although Nugent placed third in the 2023 Tournament, she believed that her performance was much better this year, having fought through tough matches and performing well mentally.

“I placed third last year, whereas I placed seventh this year, but looking back at [the] film and how I felt, I feel like I wrestled so much better this year. My bracket was pretty stacked, and I did well last year, but this year, I just feel like mentally I went into these matches with more confidence and came out of them feeling better than I did last year. So despite the result, I’m still happy with how I performed,” said Nugent.

Andover Sends Two Eight-Seat Boats To the Head of the Charles: Largest Regatta in the World

ETHAN LY

This past Sunday, Andover Crew sent two rowing squads to the Head of the Charles Regatta along the Charles River in Boston. The event catches the spotlight for crew every year, hosting over twelve thousand top performers ranging from high-school athletes to Olympic-level competitors. Both of Andover’s teams competed in a division composed of high-school rowers. Boys Crew officially placed 71st out of 90 boats. Before being given a one-minute penalty, their original result was 34th place. Girls Crew ranked 64th out of 90 squads.

One of the rowers in the boys boat, Cade Rutkoske ’26, described the way the Head of the Charles Race was structured, with all boats racing five kilometers in a staggered start.

Rutkoske said, “How the race works is that it’s five kilometers, and it’s a staggered start. There are mostly two lanes and you alternate lanes to start. Pretty much everybody races all the way down the course and you try to keep the people that started behind you behind you and catch up to the people in front of you.”

Under a bridge, however, an official deemed that Andover failed to yield or give space to a crew coming from behind. This call gave Andover a one-minute penalty. Thus, instead of placing 34th place, Boys Crew dropped down to 71st.

“If you catch up to somebody, they have to make room for you. So we [were originally going to be] placed 34th in the race. Which was in the top 50 percent because there were 92 competitors. Unfortunately, we got really unlucky and the judge gave us a really, in my opinion, unfair call, where under a bridge, we didn’t yield or make space for this boat behind us. They didn’t even pass us throughout the entire race, but they gave us a minute penalty,” said Rutkoske. Although the team ended up placing 71st, he noted, “Everybody on the team knows in their hearts that we placed 34th, truly.”

The Charles River’s many bridges and turns, Charlie Domina ’27 detailed, make the regatta’s course difficult for coxswains, who are usually the smallest in the crew and in charge of steering to navigate. He commended the boy’s coxswain Tina Cho ’25, who steered the boat as efficiently as possible.

“The Head of the Charles course is infamously difficult for coxswains, and Tina did an awesome job of not only navigating us through it, mentally through the piece but also she had good steering. There was never a moment where I got demotivated because I felt like we could have taken a better line, and she was really aggressive with the other crews in a way that really helped all of us,” said Domina.

Avery Rodeheffer ’25, rowing on the girls boat, wrote in an email to *The Phillipian* about her teammates’ efforts during the race, praising the team’s hard work. She also noted the uniqueness of the environment and was impressed by the thousands of spectators watching the race.

COURTESY OF PHILLIPS ACADEMY

Coach Washburn and Coach Minzner, rowed in the Head of the Charles this year.

Rodeheffer wrote, “Everyone on the boat was pulling with each other for something greater than ourselves. We raced for each other, for our coaches, families, and teammates, and for the legacy of Andover crew. We gave every last drop because we knew that the girls in front and behind us were doing the same.”

Rodeheffer continued, “The Charles was an unforgettable experience. It was my first time rowing in front of hundreds of thousands of people, and it was amazing to see all of the relationships formed by the sport.”

Despite finishing strong, Rodeheffer detailed an unfortunate collision, causing both boats involved to pause. She described the trajectory of the race from start to finish.

Rodeheffer continued, “We ended up having a flying start and then had to pause every stroke under the opening bridge before passing the slower crew in front of us. About 2,000 meters later, as we turned under the Anderson bridge, another crew collided with us, forcing both boats to stop. Our bow four were finally clear to row, and as soon as we were able to go all eight again, we sprinted and pulled away from the other crews, remaining in open water for the rest of the race. With around 1,000 meters to go, we approached no man’s land, and our coxswain, Samantha [Older ’25], made focused calls to maintain speed through the final stretch through Eliot Bridge and the sprint.”

Domina referred to the regatta as the biggest of its kind in the world, with the best rowers around the globe packed in one body of water. He also thanked the Andover community for their efforts in cheering.

“It’s the biggest regatta in the world. We saw so many crazy people, we got photos with Olympians, [and we] raced against future Olympians, it was just awesome to be a part of and get to row this year, and even more so to be cheered on by Andover fans. It was great to have people there, and I hope that they had a good experience watching their peers compete in the city of Boston,” said Domina.

Both Boys and Girls Crew will officially begin their seasons in the spring.

Editor’s Note: Cade Rutkoske is an Associate News Editor for The Phillipian.

BOYSCROSSCOUNTRY

Co-Captain Tam Gavenas ’25 Leads Andover Boys Cross Country With Blazing Speed and Vocal Support

THIAGO JOLLON

With his record-breaking speed and consistent work ethic, Co-Captain Tam Gavenas ’25 leads Andover Boys Cross Country (PAXC) with confidence. In the first home meet of the season, Gavenas beat the Andover all-time course record, again, with a time of 15:00. He was named the 2023 Gatorade Player of the Year for Cross Country, took fourth place at the Foot Locker National Championships last year, and is sponsored by COROS after his performance at the National Championships.

In an email to *The Phillipian,* Gavenas noted his aspiration to create a safe and encouraging environment for PAXC through upholding school values.

“Simple as it may be, our team wants to create a space where everyone is respected. As a captain, it’s really important for every student-athlete to feel like they can come to practice and be able to openly communicate what they are going through, good or bad. PAXC is such a welcoming space because our values embody the school’s values,” wrote Gavenas.

According to Henry Zimmerman ’27, Gavenas upholds

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the motto “Stick To Our Values Everywhere,” also known as STOVE. Reminding his teammates each practice, Gavenas hopes to build on and better the PAXC team culture.

“[He reminds us] to compete with dignity and whole hearts. You know how when engineers are designing a structure, they always round up to make sure that... the structure does not collapse under any circumstances. Take that level of support and round that up. And that is how supportive Tam is as a teammate. He has dreams. He has aspirations. But his ultimate goal is to help Boys Cross Country be great,” said Zimmerman.

Recalling his first practice, Zimmerman recalled seeing Gavenas exuding optimism and excitement, which reflected the team culture PAXC has built.

“I fondly remember seeing this kid running twice the speed of everyone else around that track and smiling, saying ‘hi’ to everyone. He was really a joy to be around. I have no clue who this guy was. He just seemed like he was a bundle of energy and a lot of fun to be around... I didn’t get a chance to talk to him that day. But, he did make a big impression on me once I got to know him later in the season,” said Zimmerman.

Gavenas shared his innate love for running, particularly cross country. Gavenas credited previous Cross Country Captain Matthew Ottenbreit ’21, who mentored and guided him as a lowerclassmen, something he hopes to push forth.

“I really love being a Captain. Cross country is by far my favorite season, and I feel so fortunate that I am able to meet and guide so many driven and motivated lowerclassmen students... My Captain my Freshman year, shout out to Matthew Ottenbreit, gave me an amazing introduction to the program. I hope that I can lead [by] example just as he did, and welcome as many students into this community,” wrote Gavenas.

Arun Kapoor ’25 highlighted Gavenas’ involvement in the Andover community.

“He was a [Community and Multicultural Development] Scholar, and he has also recommended me to join the Bio[logy] Club and Chess Club. He is also a vocal proponent of the Movie Makers Club. On a more random note, he really got me into FIFA Mobile, and along with that, he also does an excellent job of making sure that we all come to practice every day,” said Kapoor.

Last December, after competing at the Foot Locker National Championship, Gavenas was offered an Name, Image, and Likeness (NIL) deal by COROS, a performance sports technology company that helps athletes perform their best.

Gavenas wrote, “After Footlocker Nationals, COROS reached out to me — I had no idea. I had never worn a watch before, but I wanted to improve my training and try something new. Immediately, I was hooked. I want everyone on the team to get one. Along with the watch, I have been able to meet a lot of runners my age and the COROS Next Gen program also introduces us to professional athletes.”

Luke Francis ’25 Captains Cross Country by Inspiring Team Through Boundless Effort

ALEX DIMNAKU

Co-Captain of Boys Cross Country Luke Francis ’25 leads by example, inspiring his teammates through his hard work and immense effort. However, he isn’t afraid to motivate others more directly as well. Having started running track in seventh grade, Francis’s dedication to the sport has contributed to his understanding of how to effectively support his teammates.

As a Junior, Francis joined the cross country team and immediately experienced a strong sense of team spirit and camaraderie. This spirit encouraged him to continue running throughout his high school career. As Co-Captain, Francis works to replicate that same sense of inclusion that he experienced in his early days at Andover.

“I try to bring a positive attitude, always smiling and getting to know people. My goal is to create a happy place where everyone can improve themselves through cross-country. I really like to check in on people and watch runners improve. Sometimes one of the best moments is seeing a younger guy drop a really fast time out of nowhere,” said Francis.

Francis’s teammate Nathan Neu ’26 described him as a leader who pushes his teammates to be their absolute best while also fostering an inclusive environment. His leadership style is centered on support and encouragement, whether during a tough workout or in the middle of a race.

“He definitely sets an example for everyone. He encourages everyone to do their best and put in full effort, especially during workouts. During warm-ups, he’s always leading with compassion, and you can tell he’s passionate about making sure everyone is doing them correctly,” said Neu.

According to teammate Robert Budzinski ’26, Francis continues to support his teammates even during races that he is competing in. His competitive spirit is balanced by his commitment to helping others reach their full potential.

Budzinski said, “He’s definitely one of the fiercest competitors on the team. He fights in races and often outruns guys at the end. I remember one race where we were supposed to finish together, but he was yelling at me

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because he wanted to push harder and I was slowing him down.”

Despite his intensity during competitions, Francis has a calm and approachable personality outside of practice. He’s known for fostering a sense of community within the team, ensuring that everyone feels included.

“He’s a really chill guy, very approachable. I know him from crew as well, where he’s also a captain. He listens to everyone, even if he’s never spoken to them before. He makes sure everyone feels heard and included and is just a really kind guy. He understands that some people have different goals through running and he is a very supportive figure,” said Neu.

Francis elaborated upon his captaincy and running style. He highlighted his mid-race yelling and the importance of bringing energy to the sport.

Francis said, “My running style has changed over time. When I started, I’d run fast at the beginning, but now I’ve learned to be more patient. I start steady and push harder later in the race, especially on the downhill. I can be pretty vocal when I run, yelling at people on the course for motivation. It hypes me up too.”

Now, in his final year, Francis’s focus is on helping his teammates experience the same sense of community and support that he found when he first joined the team. Through being a figure athletes can reach out to, he hopes his team can find success through camaraderie.

“When I first joined, the cross country team felt like a community, and by the end of the season, it became a family. Now, in my last year, I want to help build that same sense of family for others. I want this team to ultimately find success at Interschols and believe that that comes from a healthy team environment,” said Francis.

Boys Cross Country Co-Captain Jakob Kuelps ’25 Leads With Team-First Mindset

ETHAN LY

Co-Captain Jakob Kuelps ’25 leads Boys Cross Country through his approachability and dedication to his team. Despite battling injuries — which kept him from competing last year and at the beginning of this season — Kuelps has still served as a prominent leader on the team. This season, he has risen as an important figure, setting up team psyches, organizing team meals, and serving as a kind and disciplined captain.

Growing up in Europe, Kuelps initially played soccer before switching to track and field to escape the unhealthy culture of his team. His first immersion into track was through sprinting, but during the Covid-19 lockdown, he switched from sprinting to long-distance running and has never looked back.

“I started out as a soccer player. I grew up in Europe, surrounded by a lot of soccer, so I started playing at a very young age. Around sixth or seventh grade, I stopped playing soccer because of the toxic culture that was involved on my team which was not something I wanted. I quit soccer and I did a lot of track at school to substitute for that. I was primarily a sprinter in the 200 and 100 meters. I ran a school record in the 100-meter which was a big moment for me and I knew from that I was going to continue running track and field. I kept on training, but then Covid[-19] rolled around, so I started doing track on the side and then in my free time. I would go on jogs around my neighborhood. Then I started logging Strava activities. Eventually, a lot of my family friends said, ‘Hey, you should run track, and distance specifically.’ After that I started doing distance practice instead of sprinting in the winter of my tenth grade,” said Kuelps.

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Teammate Sami Tokat ’26 shared that Kuelps is both a respected role model and a positive presence in his position as Co-Captain. Not only does he hold himself to a high standard, he pushes his teammates to go even beyond that.

Tokat said, “Jakob is the prime example of leading by example. He is someone who is always there on time, always doing his stretches, always prepared, and he’s just the first person to lead us in the right direction. That’s a big part of his leadership. On top of that, he’s also very encouraging. A lot of people lead by example but some do it in a way that diminishes other people, but that’s not Jakob. Jakob is always encouraging others to do better than him and that’s what makes him such a great leader.”

Kuelps shared his love for the team aspect of Cross Country, specifically the Andover team. He noted that in Cross Country, the outcome of a meet comes down to the team’s score, helping foster a sense of teamwork.

“It makes a difference that cross country is a lot more than [an] individual sport. The team sport is what matters the most so that’s definitely something that draws me to the sport. And also, [I’ve] just been with a great group of guys and girls who all really try their best at all the practices and that’s something special about the sport... It’s something that you don’t really get in Track because Track is very individual,” said Kuelps.

Another teammate Sean Kim ’26 emphasized Kuelps’ ability to be personable and funny, while also knowing when to transition the team to a serious, focused mood. He noted how Kuelps is a tone-setter, and by showcasing his humorous side, allows others to do so as well.

“He is goofy and serious, but when he’s serious you know that the situation matters a lot. He knows how to transition between his funny side and serious side really well. His serious side really helps everyone know when we really have got to focus up. He sets what the tone is for the team, which is fun but disciplined. Since he is goofy, we can all be too,” said Kim.

When Tokat joined the team in his Junior year, he met Kuelps, then a new Lower, who exhibited leadership even in his first meet at Andover. He placed well in that race and cheered for his teammates, setting the tone for his leadership as a future Co-Captain.

Tokat said, “When I first met him, my Freshman year, he was also a new Lower, meaning we were both new to the team. I remember at Manchester, our first race that season, he did exceptionally well. He placed second or third on the team. Even after the finish line, he was encouraging everybody else and he was giving his energy to everyone else even though he had just had a great race. Even despite him doing an amazing job, he was always there cheering me and all my other teammates on. This example really sums him up as a leader and how he is focused on the outcome of the team instead of just himself.”

Kuelps strives to pursue running throughout college, despite injuries in past seasons complicating the process. He is determined to accomplish this long-term goal, hoping to build a larger community within the sport, even beyond the one he has found within the Andover team.

“I plan to run collegiately. I’m a little bit unsure about how it’s gonna happen just because I will be going through the walk-on process because I got injured last winter and am still not 100 percent. I really want to compete collegiately, but obviously, that muddied the waters a little bit. Running collegiately has been a longtime dream of mine and I just want to continue being in such amazing communities that cross country fosters,” said Kuelps.

Boys Cross Country Head Coach Patrick Rielly's Journey With Running

EMMA HONG

Head Coach Patrick Rielly's athletic journey began with track during his freshman year of high school, but by sophomore year, he transitioned to cross country to maintain his fitness. Over time, he developed a passion for the sport. This dedication continued as he joined various track teams and even competed as a walk-on for his college team, Rielly noted.

"I started running distance in spring track of my freshman year of high school to stay in shape for basketball. After that first season, I realized that I loved it. I ran cross country in high school starting in my sophomore year to 'stay in shape for basketball,' but ultimately, I switched sports to run full time during my junior year. I walked on to my college cross country and track teams, and although I ran cross country, I was more of a mid-distance runner. I started coaching at [Andover] as an assistant coach of Boys Cross Country during my teaching fellow year," said Rielly.

And Rielly hasn't looked back since. In fact, his commitment to the sport as a high school athlete himself has extended to his dedication as a coach too. He is currently pursuing USA Track & Field (USATF) Level-2 certification to ensure high quality coaching for the Andover team.

"I've pursued USATF coaching education for the last several years to stay current with the latest research about training endurance runners, and I'm almost finished with my USATF Level-3 certification, which involved doing a yearlong project in which I got feedback on our training from professional coaches. Coach [Keri] Lambert and I continue to pursue coaching education so we can aim to bring the best training program for all [Andover cross country] runners," said Rielly.

A.TSAO/*THE PHILLIPIAN*

Rielly describes how he loves cross country's simplistic nature and watching students fall in love with the sport like he did. He values each runner's dedication to improving every practice and believes that the energy they bring makes him love the sport even more.

Rielly said, "I love cross country because you don't need any fancy equipment or specialized place for the sport. All you really need is a good pair of running shoes and a love of running to do well. I also love the fact that students can discover cross country when they're at [Andover] and train themselves to be a contributing member of our Varsity team. Seeing students fall in love with this sport over their four years at [Andover] makes coaching cross country endlessly rewarding. I want every athlete to love coming to practice, and I want every athlete to recognize that the effort they're investing is helping them get a little stronger, a little better every day."

Co-Captain Jackob Kuelps '25 offered an athlete's perspective on Rielly's coaching style and how he leads practice with intent and purpose to continue improving the team's fitness. Through specific plans for each day, he lends a helping hand to each athlete depending on their individual needs.

"Coach Rielly's coaching style is a very aerobic and personalized training plan. As cross country requires strong aerobic fitness, Coach makes sure that each runner is getting enough mileage through easy runs and workouts in order to build that fitness. Unlike other coaches that have one generalized training plan for everyone, Coach Rielly makes around three different training plans each week to cater to the different needs of different runners on the team," Kuelps said.

Russ McLaren '27, a new runner for Boys Cross Country this year, praised Rielly's well-structured coaching approach. In addition to being highly supportive and making an effort to connect with the team through conversations, Rielly fosters a welcoming and comfortable atmosphere for everyone.

McClaren said, "I'm new this year, but so far, I've really noticed how structured he is. I really like that because I've never had as much of an organized coach before. I've also found that he's really such a supportive person, and whenever I'm running alone, he always comes up and tries to have a conversation with me so I'm not lonely."

Kuelps reiterated the encouraging and open environment Rielly creates for the team. Other than solely focusing on the team's progress in cross country, Rielly also cares about his student's mental well-being as he understands the immense Andover course load.

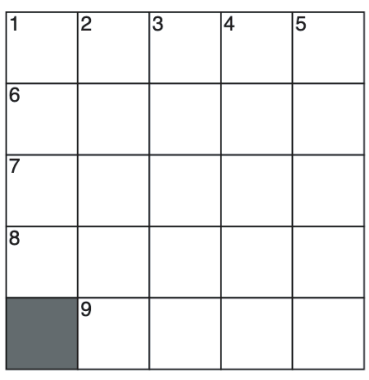
Kuelps said, "What I really appreciate is that Coach Rielly cares about you as a person. Although his primary role is to coach the team, he also cares about the 'student' part in student-athlete, making sure that they are okay mentally, especially in such a busy place like Andover. His availability and openness to talk with athletes about their mental health and academic life is also something I really value... Coach Rielly wants our athletes to feel fit and be better off from when they started training and racing at the beginning of the school year. The main goal throughout the season is progressing and improving fitness, which is frankly our primary goal."

Rielly ended by providing some simple goals in terms of what he wants his runners to take away from Cross Country.

"I hope the runners on Cross Country come away from every season feeling a sense of accomplishment about their pursuit of excellence for themselves, for their teammates, and for Cross Country. Mostly, though, I hope every runner leaves Cross Country knowing that they are runners for life."

Crossword Corner

BY MAX LANGHORST

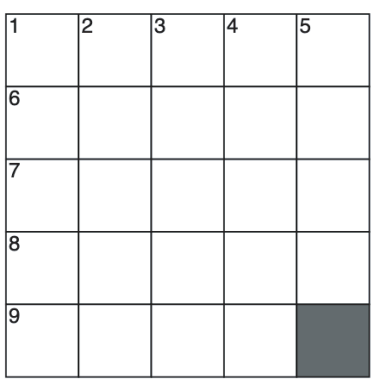


ACROSS

1 Meat that goes great with eggs
6 Andes pack animal
7 Played, as a TV show
8 Japanese graphic novel genre
9 Navy ___ (elite soldier)

DOWN

1 "Kapow!"
2 Fake name for a spy
3 ____ asada
4 End of the greek alphabet
5 Rafael ____, tennis star

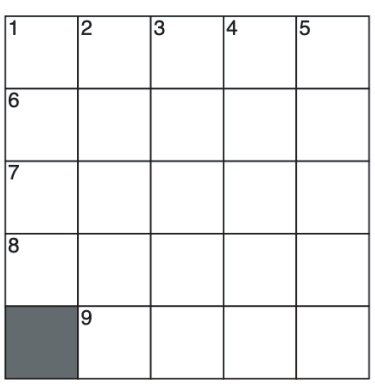


ACROSS

1 Move smoothly
6 Pat ___, three-time N.B.A. Coach of the Year
7 Licorice spice
8 Tippity-tops
9 Conclusions

DOWN

1 Purple popsicle flavor
2 Bed cover
3 Counterpart to Homer's Odyssey
4 They're carved with names in Bulfinch
5 Round sensory organs



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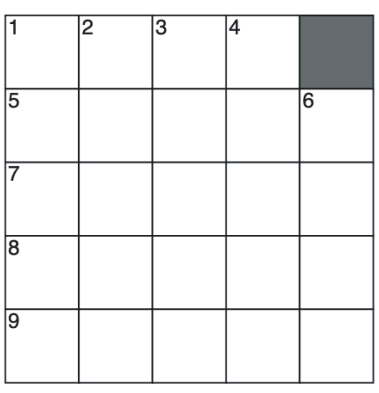

ACROSS

1 They launch rockets
5 Force out, as a tenant from a home
7 Fat guy with a red coat
8 Orange-striped predator
9 Things to ride in down a snowy slope

DOWN

1 Birds make these
2 "To no _____" (in vain)
3 Burn slightly
4 Performed
6 Sticky black substances

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Boys Soccer Suffers Greatest Loss of the Season to NMH, Driven to Succeed in Upcoming Deerfield Match

SARAH BROWN

SATURDAY 10/19	
Andover	0
NMH	6

On Saturday, Boys Soccer faced a tough 0-6 loss against Northfield Mount Hermon (NMH). Now, in the New England Preparatory School Athletic Council (NEPSAC) Freelance League Andover stands at 15th and NMH sixth, respectively.

Alexander Mitarachi '25 noted the shortcomings that led to Andover's defeat. He outlined how the team struggled with communication and defense fell short, giving NMH leeway to score.

Mitarachi said, "Every mistake we made led to a goal. There were lapses in concentration, and the opponent punished us for them. Our defense was shaky clearing the ball, we definitely didn't clear when we needed to. We also dribbled too much and then got into trouble when the attackers pressed."

As the goalie, Co-Captain Jack Alexander '25 touched on how external factors impacted the team's gameplay, although not excusing their subpar play. In the 2023-2024 season, NMH and Andover had gone 0-0.

"Stuff like this happens, but it was a very disappointing result nonetheless. I know we were all feeling the fatigue from our season and schoolwork, but it doesn't really excuse us. As one of the captains, it's our job to make sure that this doesn't happen again. Also, as a goalkeeper, you can imagine my frustration. I have never let in this many goals in my Andover career," said Alexander.

According to Everett Woo '25, Andover faced field disadvantage against NMH, which disrupted the offensive side. Regardless, the players off the field, including the bench and subs, were a driving force of encouragement.

Woo said, "We found playing on a smaller field really hard just because our home field is really large and we are used to having time, but here we had no time on the ball. We did do our part when we were on the bench. We're obviously disappointed, but at halftime, honestly, we just went into it [and] gave it our all. Our bench showed heart, and when the subs came in they didn't bring the level down and they kept fighting."

Despite a challenging match, Kai Myles '27 and Edrian Vargas '27 put forth a great work ethic and showcased passion, noted Alexander.

"Some players that really stood out to me included Kai Myles and Edrian Vargas. Kai never stopped working hard, despite the surprising heat, and played at an incredibly high intensity for an hour before he needed to get subbed out due to exhaustion. He is an incredibly driven player and never stops amazing me regarding his work ethic in game."

Alexander continued, "[Vargas] had a very different experience. Early on he struggled and made a few mistakes, it was clear that he was beating himself up over those mistakes. I was really impressed with how he came back in the second half and forgot his mistakes and played with quality for the remainder of the game, at one point making a needed goal-line clearance."

Substitute players off the bench positively influenced as they stepped into new roles. Mitarachi applauded goalie Reese York '26 who fiercely guarded the goal post.

"I would highlight Reese coming off the bench, goalkeeper, taking out Jack, and not letting in any goals when he was in. He did a great job communicating and staying in position and keeping the defense organized," said Mitarachi.

Taking the game as a learning experience, Boys Soccer hopes to use that motivation for its upcoming games, noted Marc Nelson '25.

Nelson said, "It was a really tough game for us, but after something like that, the only people you can rely on are your teammates. You have to lean on each other, and right now we are all supporting one another. I think we are more united than ever, and we are ready to give it our all in the next game."

On the bus ride home, the team turned the disappointing results into a learning experience, making the game feel far from a 0-6 loss. Alexander noted his appreciation for the team culture built by the players and coaches. Head Coach Joe Donnelly and Co-Captain Spencer Madge '25 cheered up the team with humorous karaoke.

"NMH was a better team than us that day. But Coach Donnelly also wanted to cheer us up, this is an important moment during our season as well as our Fall term. Nothing could beat him singing his music connected to the bus speaker so loud everyone could hear it. Then Spencer stepped up and did the same, singing 'Ho Hey' by The Lumineers, which sounds ridiculous without any background music. This is the team culture I love and I know as long as we have this we can bounce back," said Alexander.

Boys Soccer will face Deerfield at home this Saturday.

Girls Soccer Extends Unbeaten Streak With Win Over NMH and Draw Against Thayer Academy

ERIC CHANG

SATURDAY 10/19	
Andover	6
NMH	1
WEDNESDAY 10/23	
Andover	1
Thayer	1

Girls Soccer has extended its successful record with another win and a tie. On Saturday, they had a victorious face-off against Northfield Mount Hermon (NMH), followed by a match against Thayer Academy (Thayer) four days later on Wednesday that ended in a draw.

During the NMH game, the team was only up by one goal at halftime, but a five-goal surge in the second half secured the win. Nina Oswanski '28 reflected on the team's momentum in the later half, crediting their success to quick transitions and successful passes of long balls.

"We won the NMH game 6-1 and were only up by one goal at half. We managed to score [five] in the second half by having lots of breakaways and playing long balls," said Oswanski.

Oswanski added to her previous point by noting how the team's second goal seemed to stimulate the rest of the goals. Because of the numerous goals, the atmosphere and energy of the game became less tense.

"I would say the second goal we scored against NMH really got us going in the second half and led to us scoring the rest of our goals that game... The atmosphere of the NMH game was more fun and relaxed I would say. We were having a lot of fun that game," said Oswanski.

The match against Thayer proved to be more challenging. Although Wylie Roossien '26 netted the opening goal in the first half from a pass by Co-Captain Emily Mara '25, Thayer responded with an equalizer from a corner kick in the second half. Despite several offensive chances, the team was unable to find the back of the net again.

"We tied 1-1. We scored first in the first half; Wylie scored, and then in the second half, they scored off a corner kick. We had a lot of chances, but we just couldn't finish. They're a pretty good team, but we should have won. It was a super intense game with a lot of fouls both ways. The game was close the whole time, always within one goal. It was high-intensity and aggressive," said Decker.

Lola Aguirre '26 spoke on the team's preparation heading into the games by explaining how practices had focused on sharpening their offensive strategy. The team worked extensively on passing patterns, one-touch drives, and shooting drills to open up more opportunities for attack.

"We were really hyped going into the [Thayer] game. It was a very big game for us, and during practice, we [did] a lot of passing patterns and a lot of one-touch drives, and shooting [drills]. We mostly focused on the attacking side in order to create more offensive chances in the game," said Aguirre.

With the intensity of the match, Emily Decker '26 emphasized a pivotal moment in the Thayer game, pointing out how Roossien's first-half goal was instrumental in setting the tone. Decker also highlighted Co-Captain Hayden Fischer '25 as a standout player in the game.

"Wylie's goal at the end of the first half was really good and set us up well going into the second half. [It] brought up the energy for sure. Fischer did super well in the midfield and played great," said Decker.

Though the team played well overall, the games underlined areas for improvement, especially in terms of finishing. Decker reflected on Thayer's narrow field and how it may have impacted the team's overall performance.

COURTESY OF COREY PAOLILLO

Girls Soccer huddled, discussing their the numerous off-side calls during their game.

"Our strength was that everyone was working super hard and putting in a lot of effort. Our weakness was just not being able to finish. I also think the field played a factor since it was super narrow, so we didn't have a lot of space out wide. That definitely took some adjusting," said Decker.

Decker also explained her excitement for the rest of the season and the team's goal to make the playoffs.

"Our main goal is to make playoffs. [In practices,] we've been working a lot on finishing [corner kicks] and converting chances because that's something we've struggled with. We keep outshooting other teams but need to score more goals. Overall, I thought we did well, and I'm excited for the rest of the season," said Decker.

Girls Soccer plays Deerfield this upcoming Saturday

Boys Water Polo Loses in a Tight Game Against St. John's Prep

ALISTAIR FRITZ-GRUBER & HAOYU ZHANG

WEDNESDAY 10/16	
Andover	7
St. Johns	11

Boys Water Polo faced a tough match against St. John's Prep this Wednesday, ultimately falling short with a loss. The team got off to a slow start but made a strong comeback effort in the second half, but it wasn't enough to secure a win. Struggles getting possession over the ball also played a role in the team's loss. Despite the outcome, the team remains undeterred and plans to continue focusing on improving.

In their recent game against St. John's Prep, Andrew Cai '27 noted the heightened atmosphere brought on by the opponents' family weekend. The larger crowd added pressure, making the game more tense for the players, but they pushed through, maintaining their focus.

"The atmosphere was pretty intense because it was their family weekend, and a lot of the players' families were there. There was a lot of cheering because of the increased number of families of players in the stands," Cai said.

In their loss to St. John's Prep, the team underperformed and did not play to their full potential. Cai remarked that they struggled with ball control and made poor decisions, particularly when it came to maintaining possession.

Cai said, "I will say that we could have been smarter with our choices. During the game, we played sloppily, but that's also because St. John's is not the most composed team, so that tripped us up."

Sean Niu '25 described how recently, in games, the team has been getting off to a slow start, but finds its flow in the second half. He highlighted how the team picked it up later on against teams in the past, such as Suffield Academy, and began to stage a comeback that they couldn't fully complete.

"We could've started stronger because we started lackadaisical, and that got the best of us, especially given that we were down by three or four after the second quarter. It was close. It could've been anyone's game, but we locked in and tried to make a comeback when we were down by three or four in the first half. We just couldn't get it done," said Niu.

Even though they didn't win, goalkeeper Hugo Appen '27 received high praise. Niu described Appen's performance in keeping the game close.

Niu said, "I'd like to shoutout Hugo Appen. He made some crucial saves and crucial passes. and I don't think the game would have been as close as it was had it not been for Hugo. I was the goalie in the past, but now I have transitioned to being one of the six starters on the field, so this change opens itself up for more opportunities for others."

When asked about some of their weaknesses during the games, Brandon Xu '26 described how their defense was leaving gaps and how they had trouble guarding the set player.

"In the first half, we just weren't crashing properly on their set player. We would just stop once their set player got the ball, but we got better at that in the second half, and hopefully, we can keep doing that in our future games," Xu said.

Cai noted that the team needs to improve on bouncing back from difficult situations. In practice, he believes they should focus on minimizing the impact of bad situations and preventing them from escalating further.

"We struggle with adapting to specific situations, so, for future games, we're probably going to focus on how to turn around a bad situation or what to do if we're in a sloppy position," said Cai.

Boys Water Polo will face off Brunswick this Saturday.

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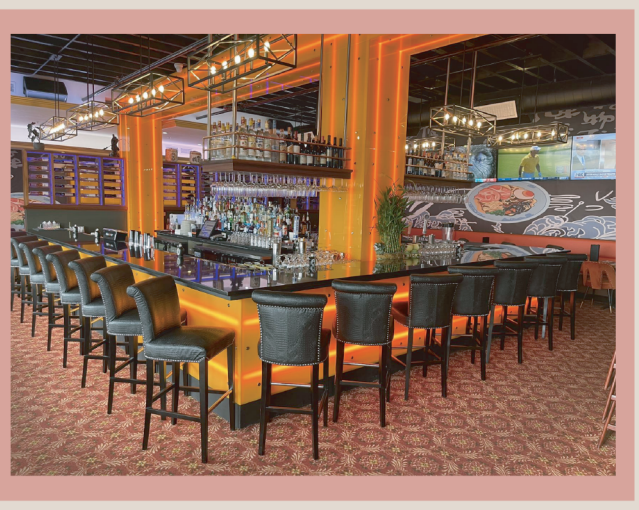

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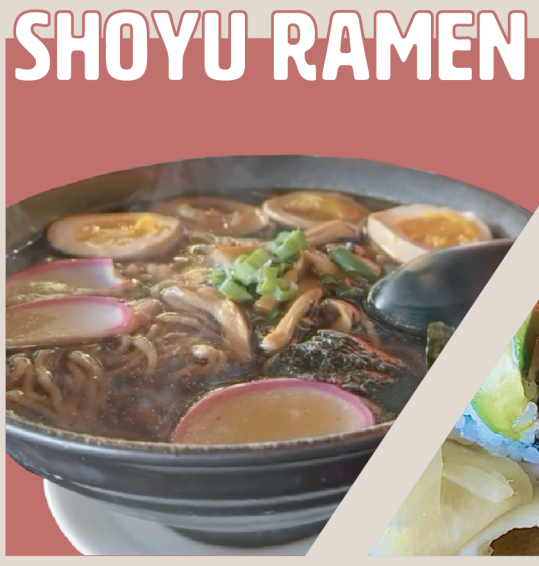

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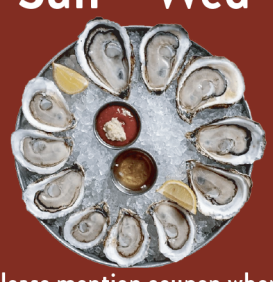

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Field Hockey Stays Undefeated, Dominating Against NMH and BB&N

ASHLEY SUH & CHLOE PARK

SATURDAY 10/19	
Andover	11
NMH	0

WEDNESDAY 10/23	
Andover	6
BB&N	2

Field Hockey gained two more wins with its games against Northfield Mount Hermon (NMH) and Buckingham Browne & Nichols School (BB&N), continuing its undefeated record. So far, the team has scored 17 goals, while only letting in two. The team traveled to NMH on Saturday, returning with a massive victory (11-0). They came out victorious once again on Wednesday in an away game against BB&N (6-2).

In the game against NMH, Wendi Wei ’27 praised her teammate Hannah Herlihy ’26 for her excellent stamina and strong performance in the defensive unit, where she was a crucial figure especially in defending against corners.

“Along with lots of good passing plays, our center-back Hannah played the whole time, and it must have been really tiring since, unfortunately, we had a lot of corners against us. She was calm and composed the whole time and was able to get the ball out well. She was an essential part of our defensive line,” said Wei.

Regan Driscoll ’28 also highlighted a memorable goal, a result of an impressive play by Kimberly Duplessis ’27, Vanessa Hall ’28, and Molly Boyle ’25.

“In the game against NMH, there was one really good play between Kimmy, Vanessa, and Molly Boyle and maybe some others, but they made really good passes up the field and it led to a great scoring opportunity for us,” said Driscoll.

In preparation for the game against NMH, Driscoll described the different training methods and drills the team worked on during practice to improve its game. The team focused primarily on game situation scenarios, moving the ball more frequently, and refining its overall stick skills.

“We worked hard in practice all week, and we worked on moving the ball to create opportunities. We worked a lot in practice on our defensive corners, which helped us maintain a shadow throughout the game because they did have offensive opportunities,” said Driscoll.

To prepare itself for the game against BB&N, the team specifically tailored its practice to what would be necessary to beat their opponent. Wei shared how the team improved its game around the circle, both defensively and offensively, anticipating BB&N’s speed.

“We know how they play, so we worked on how to mark the circle because they have very fast players. Using how we played from NMH, we are looking forward to using that to determine how to work our play for BB&N,” said Wei.

COURTESY OF PHILLIPS ACADEMY

Molly Boyle ’25 takes a passionate hit against the BB&N Defender.

In the team’s game against BB&N on Wednesday, Maren Boyle ’26 commended Co-Captain Ellie Parker ’25 for her remarkable saves. Despite the team’s struggles in the first quarter, which ended in a tie, its adaptation to BB&N’s playing style significantly factored into the team’s later success.

“Ellie made a really good save in the first five minutes where she came out and slid and dove at the ball which was really good. We had a hard first quarter because they came out super strong, so we were kind of just adjusting to how they played. But we got through that and then had a really good rest of the game,” said Boyle.

Wei also described the team’s buddy system, where, each week, players write cards to their buddy with loving words of encouragement as a way to foster a tight-knit community off the field.

“We support each other by giving good talks, especially lots of positive talks. We have lots of hype and hype each other up. We have this thing called buddies, and we can write cards to our buddies saying that you’re doing really well and more,” said Wei.

In addition to the buddy system, the team’s supportive Co-Captains create an exciting yet caring environment for one another. After each goal, the team celebrates both the passer and goal scorer for their performances.

“We had really good support from our Captains. We always cheer for each other after each goal after each really good play. After we score, we do a big hug, and we celebrate the person who passed the ball and the person who scored. At half time, we do a special cheer with a little song. I love that everyone feels like my friend on the team, and it’s super fun to play with them and you can talk to them as a friend. It’s really nice to have the same connection on the field as well. I am super excited for the rest of the season and to see how we do,” said Boyle.

The team will face Deerfield at home on Friday and away against Noble and Greenough on Wednesday.

Volleyball Wins Five-Set Thriller Against NMH

MATHEW LIU

SATURDAY 10/19	
Andover	3
NMH	2

Girls Volleyball narrowly defeated Northfield Mount Hermon (NMH) in a five-set comeback win on the road. Despite Co-Captain Saraya Angbazo ’25 already battling an injury and Co-Captain Sophie Holten ’25 getting injured in the first set, the team remained steadfast in their fight, with many new players stepping up. The team fended off NMH’s attacks with skill, leading to long rallies that prolonged the game.

Since both Co-Captains were injured, the team was forced to play the majority of the game with a different lineup than usual. Kaliah Fortune ’26 noted how despite the setback, the team made necessary adjustments, allowing them to emerge victorious.

“The score was 3-2. We won in the fifth set. I don’t think we had an advantage. Our Co-Captain got hurt in the first set and was out for the rest of the game, and our other Co-Captain was already injured from previous games. We went in with a different lineup than usual, so we had to adjust. But we did well with the adjustments we had to make,” said Fortune.

Fortune also noted that they have been working on tipping the ball this week. She stressed the importance of placement instead of pure power.

“One thing we’ve been working on is tipping the ball deep and pushing it into tough spots rather than always hitting full force,” said Fortune. “We’re trying to be smart with placement. For example, if the other team thinks we’re going to hit it hard, we’ll tip it or place it in deep corners where they aren’t expecting it, making smarter plays instead of just going for power.”

During the fifth set, the team had an amazing serving run that boosted its morale, pushing it to break the tie and snatch the win. Nneka Ezeike ’26 highlighted the team’s ability to work together in harmony.

“A pivotal moment was when we went on a serving run, which helped us regain confidence. Another crucial moment was when we almost lost control of the ball, but we all worked together in defense and managed to get it back over the net,” said Ezeike.

Many players rose to the occasion for the game, adapting to the circumstances accordingly. According to Hailey Piasecki ’26, Gracie Aziabor ’26 and Zoë Gilbertson ’27 stood out the most: Aziabor with her blocks and spikes and Gilbertson subbing in for an injured Co-Captain.

“Gracie Aziabor (middle hitter) and Zoë Gilbertson (outside hitter) really stood out to me. Gilberston stepped in in the middle of the game to cover for our Captain, Sophie Holten, who hurt her ankle, and Gilberston did so well despite coming in cold and completely unexpected. Aziabor was on fire. She had incredible hits and insane blocks and was really bringing up the energy for the whole team even when we were down,” wrote Piasecki in an email to *The Phillipian*.

Fortune agreed with Piasecki about Gilbertson’s impact on the game. She specifically touched on Gilbertson’s ability to come into the lineup cold and acclimate to the game quickly, allowing the team to keep its momentum.

“Zoë Gilbertson stood out. We had to switch our lineup, and Zoë came in cold and was killing it on the court. She was passing really well, hitting, and playing strong for being in rotation with players she isn’t normally with. She adjusted on the fly and went straight into the game, so she did a great job.”

In the upcoming weeks, the team will have to find ways to navigate the injuries of both Co-Captains. Ezeike noted that with the new lineup, the team hopes to improve its chemistry on the court.

“Since we have two players out from injury right now, both of whom are our Captains, we’re really going to work on leadership on the court and bringing up energy without these key players. We also have some new combinations with players filling in for these spots, so we’ll focus on team chemistry and making sure everyone feels comfortable in these new positions,” said Ezeike.

Volleyball will play Deerfield at home this Saturday and away at St. Paul’s on Wednesday.

The Warmup is Over: Football Team Looks Past Blowout Game Against Brunswick

JACOB JONES

SATURDAY 10/19	
Andover	7
Brunswick	42

Brunswick School was able to pull away from Andover Football relatively quickly with their immense strength and technique, which led to a dominating 7-42 defeat. Brunswick has historically been a difficult team to beat for Andover and is well-regarded as one of the best teams in the New England Preparatory School Athletic Council (NEPSAC).

Throughout the whole season, Brunswick has been dominating teams by double digits consistently through their physical play. Bennett Rodgers ’26 detailed the reason why Brunswick won.

“Brunswick was really tough. They played a lot harder than I think that we did. Overall I feel like they just wanted it more than we did. They also had a really good quarterback who had a great game. He threw some great passes and even had a good scramble later on in the game which was hard to defend,” said Rodgers.

In addition to their quarterback, Brunswick also played well all over the field. Offensive lineman Byron Johnson ’25 noted how Brunswick was able to control the game quickly by winning in the trenches.

Johnson said, “Honestly, they just have a really talented group of guys. Even though we were strong at first, it was difficult to play against that O-line and D-line. They were super well trained, protecting their guys, their quarterbacks, and their running backs. We also couldn’t get much penetration towards their offensive line. They had really big guys that we couldn’t hold up against, so that was definitely a big reason why we lost.”

Even though Andover has yet to win a game, the whole team is still sticking together for one another through these rough times. Cornerback Carter Aime ’25 still believes in Andover and how the team can progress in the future.

“Our camaraderie is what is keeping us together. We’re like a brotherhood. We are all each other’s friends. A lot of us are in the same dorms, so we’re just like a big family, but even though we still lost, we still have faith that we’re gonna be better and show what we can do in the next game,” said Aime.

As Andover Football faces off against Deerfield for its Senior Night, the team is prepared to achieve its first win of the season in a much-anticipated home game. Rodgers reflected upon the loss last week and is ready to move on to Deerfield.

Rodgers said, “We just got to stay positive. After the loss, we’re hungry; we really want to win. So I feel like the loss is really driving us to keep pushing and keep moving further as we go along in the season. Our next game is against Deerfield and we are gonna show up at practice so we can show out in the game.”

Andover football hosts Deerfield on Saturday at home for its Senior Night.

Arts & Leisure

The Phillipian

Catching the Center-of-Attention: Eric Denby's Colorful Closet

MAGGIE SHU

Lighting up the paths with a colorful array of button-down shirts, Dr. Eric Denby, Instructor in History and Social Science, has become well-known on campus for his creative style. Donning everything from spotted and striped patterns to quirky graphics of peacocks, Denby relates his fashion to his personality and identity. This fabulous wardrobe began before Denby started teaching at Andover, primarily being built from two of his go-to stores.

"[During] My last year of teaching at the University of Illinois, I started wearing these shirts. I basically just decided I'd like to look pretty, and I like color. I no longer cared what anybody thought, and it sort of freed me to go a little nuts. There's a company called 'Hooshops' and there's another one called 'Hardaddy,' they've got crazy shirts. You can get Star Wars shirts, you can get a shirt that's just a giant turkey...They've got all those novelty [shirts], and then they have subtler things," said Denby.

Besides being visually enjoyable, Denby's shirts reflect his spotlight-loving personality. With his eye-catching shirts, Denby often receives smiles and laughter from both students and parents. He explained his philosophy on how brightening others' days lets him maintain positive energy.

"My personality is loud and gregarious. I sort of like being the center of attention, which makes me a good teacher. It just sort of fits to have these shirts that give me notice. But even more so, really, it's for the smiles on people's faces. Last year, during Family Weekend, at least three parents who came to those miniature classes we do, raved about the shirts. They sent me emails saying it just brightened up the day. 'Your class was fun, but the shirt made it even better.' If it can brighten someone's day as well as my own, I mean, it's hard to be sad or depressed or angry for too long in the shirts that I wear," said Denby.

Other than his shirts, Denby is also known for wearing colorful and unique socks. Preferring to stray away from standard methods of styling, Denby coordinates through matching colors between his socks and shirts. He explained how his fashion centers more around being fun and unique rather than following traditional approaches.

"I try to match whatever possible to the shirt. The traditionalists would say your socks should match your trousers, but I try to have the same color scheme. I just like to be coordinated. For most of my life, I wore black socks or white socks. I wore basic polo shirts. [Now,] I'm just having fun buying colorful pants and colorful shirts," said Denby.

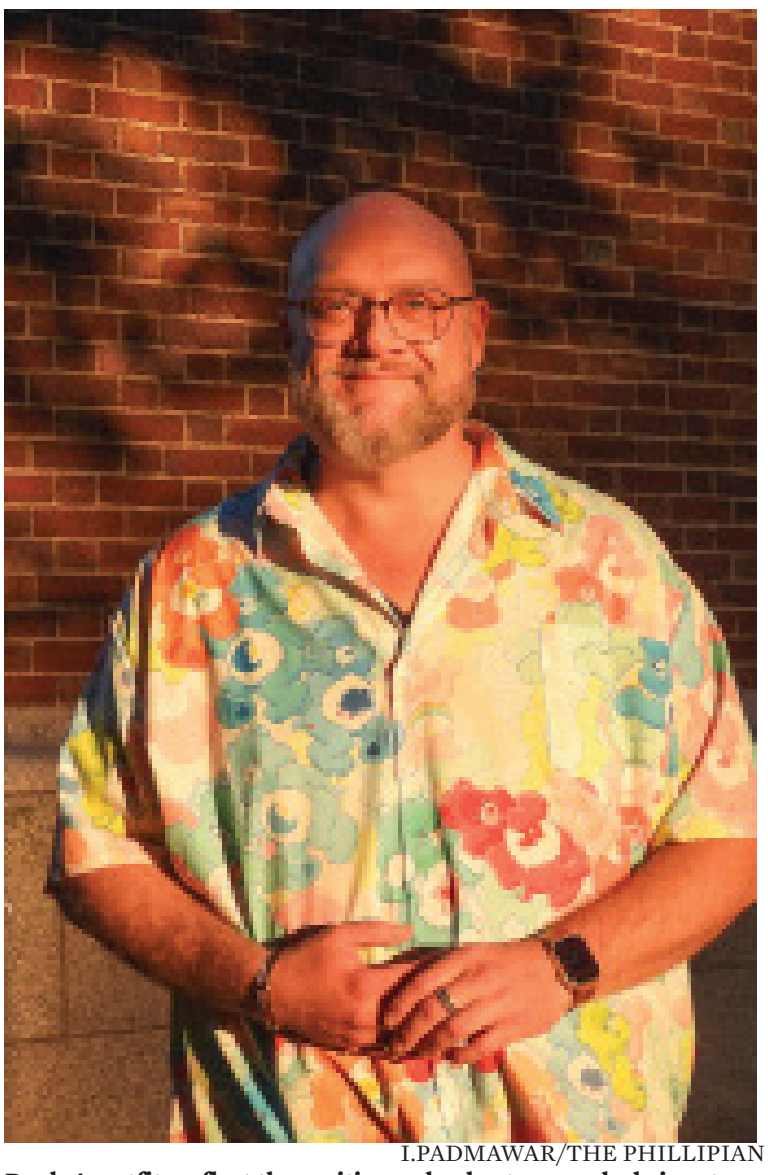
Along with providing himself an outlet of self-expression, Denby's fun shirts also reflect the energy he brings to the classroom. In class, Denby uses his shirts to emulate a spunky environment and even offer social commentary.

Elise Zhang '26, a student in his History 300 class, commented on her observations of his style and her admiration for his coordination.

"The majority of the shirts that I've seen him wear, they've all had funny graphics on them or graphics that make a statement. I remember one of them had these rainbow animals or something, and then in class, he was talking about how he uses his shirts to be really fun and expressive to show his stance on things such as pride support. Something else I noticed is that pretty often his shirts coordinate with his socks as well, which I find really interesting. It's such a cool way to tie an outfit together," said Zhang.

I.PADMAWAR/THE PHILLIPIAN

Denby began collecting a colorful wardrobe when he worked at the University of Illinois.



I.PADMAWAR/THE PHILLIPIAN

Denby's outfits reflect the positive and upbeat energy he brings to class.

Jazz for a Cause: The Repercussions Play for Hurricane Relief

ADEN HWANG

As Florida recovers from the devastation caused by Hurricanes Helene and Milton, Andover's jazz band, The Repercussions, and the Phillips Academy Sustainability Coalition (PASC) have turned their talents into a lifeline for those affected by hosting a benefit concert. Organized by Florida native Ethan Liu '26, the benefit concert hit especially close to home for Liu. He described how he views music as a form of solace and as a tool to rally donations for the recovery effort.

"The event was a fundraiser benefit concert for the aftermath of Hurricane Helene and Milton. These hurricanes came to my home state of Florida and also ravaged throughout the southern United States. I wanted to use music as a form of connection and a way to raise awareness of this matter and also raise money for the Red Cross Foundation," said Liu.

The Repercussions, a completely student-led jazz band, has been an ever-changing community. Brandon Fu '25 explained how the band has shifted throughout his time at Andover and how it has continued to flourish despite many members graduating. He also describes Liu's contribution to holding the concert and his hopes for the future.

"I co-founded the band my sophomore year, which was about two years ago, with a couple of my good friends, almost all of whom have graduated now. All of the band from sophomore year has now moved on, but I've kept it going the past two years. Ethan joined last year, and that guy is crazy. He brought this idea to us to have this concert, and we were really excited to do it. We were glad that we were able to make a difference even if it was a small one and sort of brighten people's night a little bit," said Fu.

Emily Wu '25 reflected on the significance of the performance, noting that two of the pieces were original compositions by Liu himself. They practiced the pieces during jam sessions, incorporating the program into their daily activities. She also added that these pieces resonated with her personally, as her hometown is often affected by hurricanes as well.

"There were two originals today, and one of them was directly related to Florida. 'Dancing Trees' is inspired by the Floridian scenery. And this is the first time playing an original in a public context. As for preparing, we jammed together a lot as friends, so honestly, this took only like two hours to put together in total. My hometown in China also gets hit by hurricanes a lot, and that's where my family and my direct relatives live. So I've wanted to do something like this, and I'm actually really happy that my friends have similar goals and aspirations," said Wu.

In addition to enjoying the music, many attendees were also passionate about the climate, seeing the concert as an opportunity to express their remorse for the disaster's victims and offer their support to those who were personally affected. Lisa de Boer '26 stated that she attended the concert because of her interest in climate change and community engagement.

"I care a lot about the climate, and to Ethan, this concert is about the hurricane in Florida, and those are very closely linked to climate change. It's great we could get some community engagement and think all together about issues in the current world. But also, in general, music at Andover is always great, and having this additional layer of meaning was great," said de Boer.

H.ZHONG/THE PHILLIPIAN

Florida local Ethan Liu '26 organized the benefit concert with the Phillips Academy Sustainability Coalition.

Reflecting on the concert's success, Liu expressed his deep gratitude for his bandmates. He was especially grateful they allowed him the opportunity to merge his passion for music with a cause close to his heart. He shared that the concert felt especially meaningful due to his personal connection to the cause, and he considered it an extraordinary success.

"I'm so lucky to have such talented, wonderful, and caring friends who are willing to play such beautiful music with me. My favorite part of this was just the performance itself. I never expected it to go so well, but because jazz music is so in the moment, something about the setting here and maybe the reason why we're doing this concert just spoke to us in the moment. It was one of the best concerts I've had," said Liu.

Editors Note: Ethan Liu is a Photo Associate for The Phillipian.

Arts & Leisure
The Phillipian

Spooky Season: The Andover Community's Favorite Fall Films

ADEN HWANG AND JENNA LIANG

As leaves turn a warm orange and Halloween slowly creeps up, the fall season is beginning to reach its height. We asked students around campus about their favorite fall movies.

ELLIE SUN '25

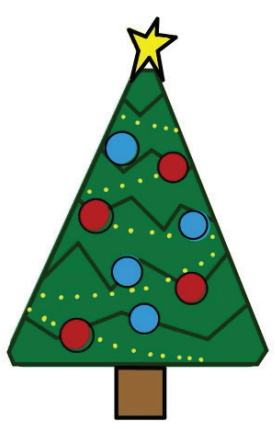
My favorite fall movie is "Coco" Its theme is centered around an event in the fall and it was really interesting. The colors that it uses are all super vibrant and bright, which reminded me of the orange, brown, and muted color palette of the fall season.

EDWARD CHA '27

My favorite fall movie is "The Truman Show." It's a good fall movie because whenever I see the leaves falling from the trees, I see the deadness inside them, and I get a chance to reflect on my empty life. When I see "The Truman Show," I see myself in Truman, so whenever I see a single yellow leaf on the ground, I'm reminded of how his entire life has just been a cascade of lies just like how mine has been one as well — towards an unattainable, meaningless goal.

HENRY ZIMMERMAN '27

When I think of fall and Halloween movies, I'm reminded of "The Karate Kid," especially because of that Halloween scene where they're in the bathroom with a guy in a costume. That's really the first movie that comes up, and "[The] Karate Kid" is just a really heartwarming story about international connections.



MATT BYUN '28

I really like "The Nightmare Before Christmas." It's a movie that I grew up watching so whenever Halloween comes around, I remember it pretty clearly. It was also a pretty fun movie.

BRYANNE MCARDLE, COLLECTIONS LIBRARIAN

There's a series called the Discworld series, and in there there's a movie called the "Hogfather." It's actually more of a blend between Halloween and Christmas. It's about how Christmas is being saved by the granddaughter of the grim reaper. It's a really interesting mix-and-match between

NATHAN WU & ANGELA GUO/*THE PHILLIPIAN*

MELINDA SHAWKY '26

My favorite fall movie is "Corpse Bride" because it's a really nice movie to watch with your friends and yourself, and there's a lot of good symbolism in the story. It's good for Halloween, it's good for a rainy day, it's good for any occasion. I really like the overall color theme of the movie. It's got a very bluish tint, which encapsulates the general feeling of the movie. I also like the style of animation. I really like Tim Burton's style, so it's definitely one of my favorites.

Serenades and Snacks: A Night of Spontaneous Talent at Susie's Coffeehouse

DANIEL LIU

Sounds of singing and piano filled the air as students flocked to Susie's for a lively evening of open mic festivity. Enthusiastic attendees gathered for a variety of reasons — some were keen to showcase their talents, while others came just for fun, singing with their friends in the shadowy atmosphere. Many were drawn by the irresistible aroma of crispy pizza quesadillas, another allure of the vibrant night.

Coffeehouse took place in Susie's last Friday evening, offering students a chance to relax and enjoy themselves. In the beginning, performers were scarce. Over the hour, however, the room began to fill with students. Seeing the open mics, Anya Casey '28 and Sophia Tolokh '28 decided to sing, serenading the crowd with a myriad of songs.

"We didn't really prepare anything [beforehand], I just came to Susie's for a snack, and we realized that the mics were open, so we all just individually went up there and started singing, and we formed a little group," said Casey

"I think it was pretty fun; we basically just turned it into a karaoke thing. We were pulling songs from everywhere. We were doing Disney songs, pop songs, musical theater songs," added Tolokh.

They were joined by Alex Lin '28, who accompanied them with her extensive piano expertise. Lin shared an unexpected, yet humorous, moment from her performance of "Golden Hour" by JVKE.

"There was a funny moment because I was playing the song and no one was singing at first. And then someone came up and started singing the American national anthem on top of Golden Hour, and that was pretty funny. My whole friend group was requesting songs, and I had to sight-read chord sheets. I used to play for a church band with them, so I messed up quite a lot of times. It was embarrassing but fun," said Lin.

Many of the songs performed were improvised. Lin noted the challenge of selecting songs that everyone was familiar with and could play together. The spontaneity of the evening contributed to a supportive environment in which all students could participate.

"The audience and energy were very chill. In comparison to Karaoke Night, it was really chill because there weren't a lot of people, but there were some people who would cheer and clap. There was no preparation process, [so] a challenge was coming up with songs that everybody knew and that people could play," said Lin.

The atmosphere itself was a mix of lively, dim, and welcoming. Despite his unplanned attendance, Benjamin Levchin '28 enjoyed the carefree, loud, and exciting energy throughout the room.

"I didn't know it was a Coffeehouse. I just went there, and Coffeehouse happened... The energy was incredibly lively and very interesting. The Coffeehouse being put in the same area as the prior ramen event was a cool juxtaposition of culture. It was dark, and this one band kept coming on," said Levchin.

Many students felt there were aspects to improve upon for future events. Casey and Tolokh commented on the lack of performers and expressed a desire for better advertisement. However, both still enjoyed their time at the event and plan to attend similar events in the future.

"I feel like the organizers could've let more people know about the event in advance. I feel like by the end of it, not too many people knew about it. [It could be improved by] getting more acts and getting more of [Susie's] involved," said Casey.

Arts & Leisure
The Phillipian

Peter Saul Redefines Art Through Humor and Imagination

HLUMA MANGCU

On October 18, Andover students had the chance to meet contemporary artist Peter Saul at the Addison Gallery of American Art. His works "Man in Electric Chair" and "The Mad Pilot" are currently on display in the exhibition "Americans in Paris: Artists Working in Postwar France, 1946-1962."

With a distinctive style that blends vibrant colors and provocative images, Saul challenges conventional perceptions of art by prioritizing humor. For him, art is a playground for ideas rather than a rigid set of rules with a deep message.

"I always make sure my work is humorous. The whole idea of humor was forbidden, too, when I made these paintings. No one had made a humorous painting... Society wasn't there yet, but I have always liked paintings that look like they're showing a problem of some kind," said Saul.

Early in his career, Saul felt compelled to adhere to the belief that art should always fulfill a political or moral purpose. Even when making light-hearted jokes, audiences often expected him to align with specific narratives, stifling his creativity. It wasn't until more recently that Saul began expressing his views.

"I'm eager to admit this, because I've talked to journalists too many times, and they just assume that I am protesting or satirizing something. I used to tell people what they wanted to hear, up until about 20 years ago, when I quit doing it. I started a system of telling them what I wanted to say to them, and that was a huge improvement in my faith, actually. I'm very pleased with the result. If somebody agrees with me great-ly, and if they don't agree with me, they can let me go my way or something," he described.

Despite the common misconception that abstract art is completely spontaneous, Saul's creative process is a meticulous journey. He can spend an entire day manipulating a pencil, making minuscule adjustments while contemplating each decision. This careful attention makes all the difference in the final outcome.

"You can spend a whole day just doing something big with a pencil. Sometimes I just sit there and look at it, move it a quarter of an inch that way, think about it again. Once I get the sketch as good as I can on a little piece of paper, I transfer it to canvas by the old-fashioned method of squaring off, So then, what do I do? I redraw it on the canvas a couple of times to get it used to itself, and only then, when I've got all that done, will I give it the paint," Saul said.

Addison Community Ambassador Daisy Lopez '26 jumped at the opportunity to gain insight from one of her role models. She found that Saul's approach was refreshing and unique from many others she had encountered in the art world.

"I stumbled upon his paintings, I was really excited, and I was intrigued with his art pieces because they just resonated a lot with my own creativity... His art is unique because a lot of artists that I've met or seen, have tried to tell a story or tried to protest something and that has kind of been boring in my eyes. Peter Saul just does it out of his own entertainment, and he doesn't want to have some kind of story, he just wants to use his own imagination and his own creativity," said Lopez.

Saul continues to seek the full potential of his imagination. He believes art should challenge conventions and expand perspectives. In the comfort of their studio, he and his wife Sally embrace their creativity, often addressing thought-provoking topics.

"Most of the time, I understand that I'm probably not doing the right thing, but I do it anyway... Whether I'm using the wrong attitude, or showing a lack of respect for destruction and death, I just do it anyway. I work in the privacy of my studio, Sally's downstairs, and I'm upstairs, and we do anything we want. We let our imagination grow. We do anything the imagination says," said Saul.

I. PADMAWAR/*THE PHILLIPIAN*

Saul's creative process is carefully planned to capture humor and joy.

Overconsumption: A Negative Feedback Loop Between Consumer and Producer

SIENNA RODRIGUEZ

Do you really need a new outfit for every dance? Do you really need a fifth Summer Fridays lip balm? Or a new pair of shoes every month? We have become a society built on instant gratification; overconsumption is one of the most popular ways to scratch this desire. Overconsumption can be defined as consuming something in excess. While it may seem harmless thinking about it at first, as you dig deeper, the underlying problems become more apparent. As social media trends seem to be dying faster and faster, there appears to be an increasing number of "must-have" items on our feeds. Because of the never-ending cycle of trends, the urge to buy increases; with this comes the urge to dispose. However, this simple act of disposal leads to an extraordinary amount of waste being produced. A good majority of the clothes we throw out because they are no longer "in season" are shipped to landfills, which furthers the current climate crisis we are facing. As we, the consumers, continue to contribute to these trends it is essential to reflect upon what the consequences will be in the future.

Due to unsuspecting influencer marketing, sponsorships across different media types, and attractive ads being plastered everywhere we go, it is no surprise that overconsumption has become commonplace. The problem of overconsumption is amplified because so many brands are able to turn production around in only a couple of weeks, helping them keep up with the rapid flow of trends perpetuated on social media. Due to this consistent flow of ads and the production of different products, consumers are encouraged to keep up their rapid spending. This cycle can only continue for so long before problems begin to arise.

It should be no surprise to hear that we are in a climate crisis. This issue has been exacerbated further because of the rapid rate of overconsumption accepted as a norm within society. Because of the high demand for these products, there is an increasing number of resources being depleted and then wastefully discarded when the next big thing comes along. This has increased the amount of deforestation currently taking place, which in turn increases carbon dioxide emissions. Trees store carbon dioxide, and when they are cut down, this harmful gas is released into the atmosphere and then contributes to global warming and worsening air quality. Another negative impact of overconsumption is what happens to the product after the consumer has had enough of it. As previously mentioned, the rapid trend cycle stimulates the number of products being thrown away, frequently even if they are still in good condition. A good majority of these products end up in landfills, which only further emit greenhouse gasses and deplete the availability of resources. Along with this, many products that end up in the trend cycle are not recyclable, and thus these materials cannot be repurposed in the future.

SYDNEY JAN/*THE PHILLIPIAN*

The blame falls in the hands of both the producer and the consumer. While the consumer plays into the system of fast fashion and product consumption, companies also need to change their marketing and production tactics to align with sustainability initiatives. While the choices we make as the consumer matter, the real power is in the hands of the companies who are urging us to buy their products in bulk and inundating us with plentiful novelty products. If companies were to adopt sustainable ways of production and commit to eco-friendly materials, the issue of leaving a gigantic carbon footprint would be minimized. While it seems silly to think about, rethinking their marketing strategies would also help in an unexpected way: instead of promoting a culture based on constant consumption, advocating for more thoughtful purchasing would be more beneficial because it would create a domino effect that would affect both the consumer and producer. Through the constant stream of sludge being placed on our feeds, advocating for more sustainable products and marketing practices seems to be the only way out is to rethink the system we are feeding into.

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