The Phillipian

dora the explorer

VOL. CXLVI, No. 19 | Veritas Super Omnia | SEPTEMBER 29, 2023

Cory Silverberg Discusses The Power of Sexual Education in Schools

PHILLIP JEONG & LILY LIU

Sex educator, public speaker, and co-author of award-winning children's book "What Makes a Baby," Cory Silverberg took the stage last Friday as the inaugural All-School Meeting (ASM) speaker of the 2023-2024 school year. Silverberg delved into the role of sex in people's lives, a topic Silverberg argues is never spoken about to the extent that people deserve.

In their talk, Silverberg described body autonomy as a form of power that mirrors one's values, interests, and curiosities. They acknowledged that everyone has the power and the freedom to determine ways to use bodily autonomy, even encouraging audience members to utilize bodily autonomy while listening to the talk.

"Body autonomy is not something someone gives us and [then] we all have body autonomy. Sometimes it's restrictive, and sometimes people prevent us from accessing a lot of it, but something that we can all experience is that we have choices. Power is something we have and use it in each of our unique ways. What we do with our power matches our values, our interests, and our curiosities. The important thing here is that the way to define power is by making choices," said Silverberg.

Silverberg continued, "Right now for example, if you don't want to look at me, if you really don't want to, you can choose not to. If you don't feel comfortable, if you are having a bad day, and you don't want to hear someone standing up here, you can totally disengage. It's a power you have and is your legitimate choice."

Silverberg also explored the nuanced dynamics of power within various societal facets like race, class, gender, sexuality, and even education systems and classroom interactions. In particular, Silverberg highlighted the importance of exercising power and autonomy thoughtfully, ethically, and with respect for the boundaries of others.

"Power shows up in race and in class. Those are the big ones, and also in gender and in sexuality. Sex education is [about] having those conversations. A lot of sex education has nothing to do with sex. So it really is about starting to think of power as

Continued on A6, Column 1

A. CHINN/*THE PHILLIPIAN*

Silverberg addressed Andover students on Friday, speaking about intimate and sexual relationships.

Terri Lynne Carrington: Jazz Legend, Full of Inspiration

STAFF REPORT

This year, the Kayden Guest Artist Program invited Terri Lynne Carrington, world-renowned Grammy-Award-winning jazz artist, to work with students from the Academy Jazz Band. She featured as Guest speaker for the weekly All-School Meeting (ASM), and performed an exclusive concert with her band The Social Science.

Carrington's passion for jazz first began when she was given a set of drums at seven years old. Today, Carrington holds three Grammy Awards, including the 2013 award for Best Jazz Instrumental Album as the first female musician to win a Grammy in this category, and serves as the founder and artistic director of the Berklee Institute of Jazz and Gender Justice.

"Jazz runs in the family: my father plays saxophone and drums, and my grandfather played drums, so I'm a third-generation musician. My dad just knew everybody in jazz, so when they would come, all the great musicians who would come and talk from New York or wherever, he would take me, have me meet them, tell them I played drums, and they would ask me to sit in and play. They would be curious and want to hear me [play], and I developed a bit of a reputation. Eventually, I got a scholarship to Berklee [College of Music] when I was 11, I moved to New York when I was 18, and started playing with a lot of amazing jazz musicians and my career just grew," said Carrington.

Peter Cirelli, Instructor in Music, Jazz Band Conductor, and Director of Performance, described his thought process behind inviting Carrington to campus. Cirelli specifically highlighted how Carrington's presence on campus might encourage more students to become involved with jazz, especially those who see a mostly white-male-dominated field.

"In many ways, [Carrington being on campus is] just a very powerful fertilizer to help something grow. We have a good program here in music in general, in jazz specifically. Having someone come in like this, share their knowledge, helps the students understand what they're doing but it also generates a lot of enthusiasm. Especially pleased to have a woman who's a jazz player, a woman of color, who can inspire people who might see her as a role model. She's a tremendous role model in all ways, so I'm happy to see someone like this at Andover," said Cirelli.

Cirelli continued, emphasizing Carrington as a positive force when working with students during the Jazz Ensemble practice on September 25.

"I thought [the Kayden Guest Artist Program] would be a good opportunity to bring in someone who not only has gone far in their career but also utilized that to im-

Continued on A6, Column 1

New Deputy Head of School Merrilee Mardon Shares Excitement Over New Role

L. RUSTUM/*THE PHILLIPIAN*

BAILEY XU & EMMA GREENHUT

In February of 2023, Dr. Merrilee Mardon was introduced as the new Deputy Head of School, succeeding former Interim Deputy Head of School Raj Mundra. Now, as Fall Term approaches its midpoint, Mardon hoped to share more about what her role entails and her priorities as the Deputy Head of School.

Mardon previously served as Associate Head of School and Dean of Faculty at Hotchkiss School, where she managed multiple teams responsible for campus life, athletics, and health and wellness services. Her responsibilities at Hotchkiss included faculty evaluations, recruitment, and ensuring equity in faculty assignments.

While her new job at Andover shared similar tasks with her previous school, Mardon's new role at Andover has its differences. Noting her involvement in both student and administrative work, Mardon described the tasks delegated to her position.

"My primary responsibility is to oversee the work of all of student life. So that includes academics, that includes Dean of Faculty work, overseeing the faculty, and then the Dean of Studies. You have [the] Deans who are responsi-

Continued on A5, Column 1

Changes in Organization of the Head of School's Office: Deputy Head of School Takes Lead on Student Life

SARAH HASSANEIN

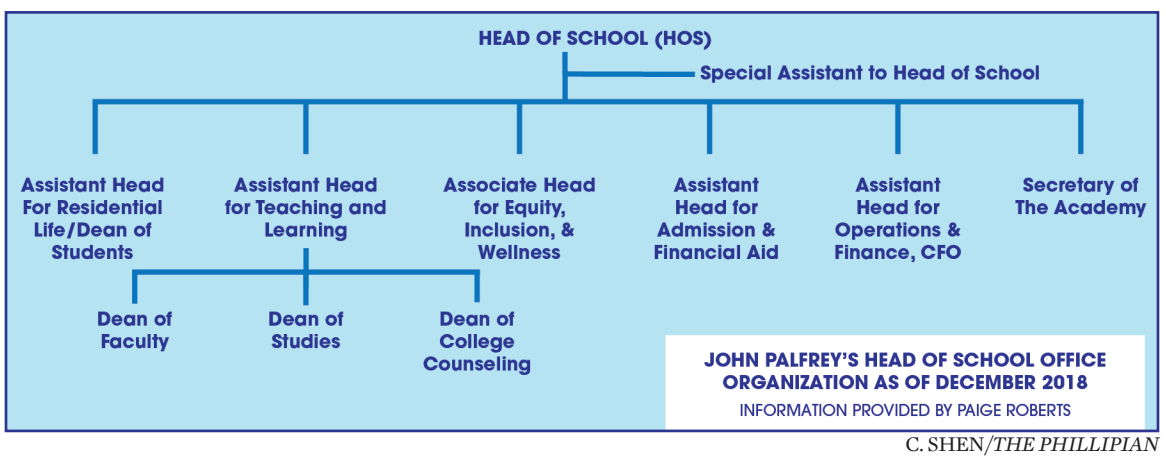
Throughout the decade, the organization of the Head of School's office has undergone many changes, specifically in the reporting structure regarding Dean of Students and Residential Life, Dean of Faculty, and Dean of Studies. Most recently, Head of School, Dr. Raynard Kington, changed the structure again by announcing Dr. Merilee Mardon as the first Deputy Head of School.

According to Kington, this position is similar to the position of "Assistant Head of School" — a position that existed in former Head of School John Palfrey's administration.

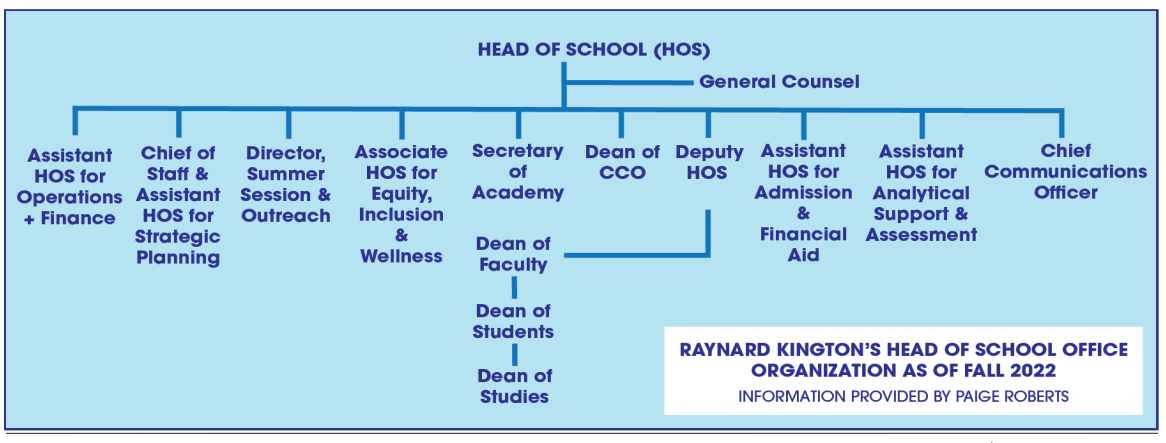
"The position was actually created by John Palfrey. But it dates to a report that's almost 20 years old. In 2005, when Barbara Chase became head, there was a recognition by the board and Barbara, that the Head of the School was being asked to raise money, [with an] extraordinary amount of travel, and oversee the day-to-day functioning of the school. So they commissioned an outside group to come in, talk to everyone, and one of the things that came out of this was a recommendation that the school follow what many secondary schools are doing now, and it's always been the case at colleges and universities, by creating a number two position which has had various titles," said Kington.

According to organizational charts of the Head of School's office provided by Director of Archives and Special Collections Paige Roberts, in 2017 the Dean of Students and Residential Life, Dean of Faculty, and Dean of Studies reported directly to Palfrey. In 2018, Palfrey reconfigured

Continued on A6, Column 1



C. SHEN/*THE PHILLIPIAN*



H. CHOI/*THE PHILLIPIAN*

"Loud and Vibrant": CaMD Club Fair Showcases Student-Led Multicultural Clubs

A. LEE/*THE PHILLIPIAN*

Students part of the African Student Association pose with their sign.

LUCAS BENARDETE

Cheers echoed throughout the center of campus as students filtered through a crowd of posters at the Andover Community and Multicultural Development Office's (CaMD) annual Club Rally. Various student-led clubs, affinity groups, and societies set up tables as part of CaMD to spread awareness about their organizations and attract prospective members.

At the core of the CaMD Club Fair were the student members and leaders of Andover's clubs and affinity spaces. Emily Wu '25, a board member of Asian Society, explained the role of her club and their goals at the Club Fair. Wu further encouraged students to explore their own identity and boundaries by signing up for affinity spaces, even if they didn't have a high interest in committing to the club long-term.

"I'm a board member of Asian Society, [and] we were at the back [of the Club Fair] just making sure that everyone knows what Asian Society

Continued on A5, Column 4

Commentary, A2
Autopilot Andover
Migyu Kim '25 explores the reason why students often resort to operating on autopilot to cope witht he relentless pressure and stress of academic life.

Eighth Page, A8
And As Always...
Have a fantabulous week.

Sports, B1
Boys Soccer
Despite falling short to Suffield Academy 3-1 on Sunday, Boys Soccer defeated Loomis Chaffee 2-0 and Austin Prepatory School 9-2 on Wednesday.

Arts, B6
Experiments in Music
Music ensembles kick off fall term rehearsals and try out contemporary pieces.

SUBSCRIBE/ADVERTISE

Email us with requests:
phillipian@phillipian.net

Subscribe online at:
phillipian.net/subscribe.

The Phillipian

The oldest preparatory newspaper in the United States. Founded 1857.

Vol. CXLVI
Phillips Academy

Sarah E. Hassanein
Editor in Chief

Patricia A. Tran
Executive Editor

Karen Wang
Executive Digital Editor

Jonathan Ji
Managing Editor

Vera Zhang
Managing Editor

Michael Ma
Chief Financial Officer

Arts
Ava Chen
Athena Rhee

Commentary
Arim Lee
Tina Zeng

Copy
Mia Burton
Claire Cheng
Amy Oku
Dorothy Swanson Blaker

Digital
Ashley Agyeman
Nate Liang
Kevin Niu

Eighth Page
Nicholas Essaid
Edward Thornton

Graphic Design
Heyon Choi
Caroline Shen
James Xiao

Illustration
Aviva Cai
Solar Lu

Layout
Alice He
Daniel Seong
Audrey Wan

Multilingual
Brian Chica-Herrera
Noel Kim

News
Langan Garrett
Leo Peters
Wendy Wang

Photo
Carolyn Barbie
Andrew Chinn
Ryan Nasserzadeh

Sports
Monisha Kathika
Tristan Marnoto
Nabilah Nazar

Video
Kevin Chen
Andrew Zhou

Advertising
Daniel Romero

Business
Ajahla Jefferson
Valencia Zhang

Associate Editors

Arts
Sophie Tung
Wendi Ying

Business
Julia Fox
Philip Meng

Commentary
Julia Carmona
Leilani Glace

Copy
Lydia Mechegia
Thao Pham
Kendra Tomala

Digital
Christina Cho
Kai Mafunga

Eighth Page
Louisa Carter
Charles Vest

Graphic Design
Claire Wang
Abby Zhu

Illustration
Avery Lin
Claris Shin

Layout
Connor Gleason
Carly Hopkins

Multilingual
Sophia Geng
Sean Park

News
Will Ge
Jac Gordon
Tianyi Gu
Cathy Ma

Photo
Alex Lee
Molly MacKinnon
Albert Tsao

Sports
Sophia Cratty
Angie Lucia
Henry Snow

Video
Leo Sim

Staff Positions

Arts
Penelope Tong
Hana Young

News
Lucas Benardete
Bailey Xu

Eighth Page
Theo Sfikas
Nadia Vargas

Video
Edward Chen
Nathan Egbuna

Photo
Julia Carmona
Ethan Liu

Business
Jaceil Britton
Suvir Virmani

Multilingual
Lena Ciganer-Albeniz

Commentary
Micheal Kawooya
Sahana Manikandan

Illustration
Sophie Staii
Kira Stepanova

Sports
Meg Stineman

Editorial

Prevention Over Grief

Trigger Warning: This editorial deals with potentially triggering topics including suicide and suicidal ideation. Read at your discretion.

In light of the conclusion of National Suicide Awareness Month and suicides in recent memory, the board of The Phillipian would like to address this topic, despite the discomfort that comes with such discussion. We acknowledge that it is improper to generalize conversations about suicide and suicidal ideation. With this in mind, this editorial will focus specifically on how student culture may exacerbate existing problems.

The two main problems with our current school community identified by the board were the fear of showing weakness and the glorification of toxic work culture. Firstly, it's important to establish the fact that many students choose Andover in order to be more independent and find their own path. For most students, their application process was self-driven, identifying Andover as the place that they wanted to be for the next few years. And when students acknowledge that coming to Andover was their choice, asking for help feels like admitting to failure in achieving the original goal. Combined with the over-glorification of having lots of work and minimal sleep, students have an even harder time asking for help. Conversely, this sentiment also contributes to the toxic work culture where students compete to see who can tip their work-life balance the most. This includes but is not limited to comparing sleep deprivation, workload, and lethargy, pressuring students to push themselves into increasingly difficult situations.

As pervasive as the problem our community faces may seem their is a solution. The first, most accessible solution to students is to open up and talk to your trusted peers. Those who live in the dorms have access to a potentially powerful support system, consisting of house counselors and dormmates. Despite previous impressions of adults on campus, house counselors and other faculty do want to support students, but we need to be able to express our needs and help them help us. Merrilee Mardon, Deputy Head of School, echoed the sentiment that faculty requires student input in order to understand the best way to support them.

"What are barriers that we might be able to remove if a student [is] seeking help? Or can we [faculty and administration] provide more support for students and adults in recognizing when outreach is helpful? If you see somebody, do you feel like you're equipped to check in on somebody else and what to do? I've gone through some training in the past and the simple act of checking in on somebody, showing some kindness, and a willingness to listen can make all the difference. But sometimes we don't feel competent," said Mardon in an interview with The Phillipian.

Another resource that Andover provides for its students is the Rebecca M. Sykes Wellness Center. The board is well aware of the stigmas and discontentment among the student body surrounding Sykes and their care. However, in a place as challenging and dynamic as Andover, we urge you to utilize the resources available to you. This is not to deny past negative experiences students have had with the program, but we also must acknowledge that, at some point, professional help is a necessary intervention that all students have access to.

Lastly, student leaders, using the language from their role description, are "standard bearers" of the community and also, like faculty, need to be equipped to support their peers. Similar to their counterparts among the faculty, student leaders in The Phillipian's masthead expressed that being constantly available for their peers is a daunting task. This anxiousness is not alleviated by the outdated leadership training.

This editorial is The Phillipian's wish to be proactive with our community's consciousness regarding suicide prevention. Suicide is irreversible and irreparable. Everyone on the board hopes to foster a positive community rather than heal from tragedy and that, if we write about suicide again, it will be for prevention rather than in grief.

This editorial represents the opinions of The Phillipian*, Vol. CXLVI*

When the Fight is Never Truly Over

MIGYU KIM

L. MECHEGIA / *THE PHILLIPIAN*

The way our school functions on a daily basis is something that is widely accepted but rarely acknowledged. I mean, yes, everyone knows about the classes, meal times, sports, and homework at Andover, but all these are simply the motions that our physical shells weave through. What about the human beings, the mental and emotional entities hidden beneath those outside armors?

The days seem to blur and it's easy to rely on what your body knows from practice. I like to think that for the majority of the time, us students run on autopilot. The habits and actions we know we are supposed to do (like brush our teeth, attend classes, or avoid the Paresky Commons pollock) are what guide our lives without our conscious thought. Allowing our schedules and deadlines to take control makes us less dependent on our ever-waning self-motivation and exhausting inner monologues that tend to drag us down. In other words, it's easier to live on autopilot than face the reality of the pressure, stress, and our emotions — but if you feel that you're alone in making your way through the motions, understand that so many others are too.

If you feel that you're alone in making your way through the motions, understand that so many others are too.

Yes, we may meet our homework deadlines, get to class on time, and receive the grades we want, but the pervasive pressure to constantly perform to the highest level takes an unimaginable toll on our emotional and mental states. For one, the relentless pursuit of excellence often leaves you grappling with anxiety and stress because when the exhaustion finally hits you, you realize how unsustainable your lifestyle is. You start to find the suppressed worries you've worked so hard to bury deep inside: the worries of whether you are good enough. You begin to compare yourself to your peers who you worry are doing so much more. Then, the amount of analytical criticisms aimed at your own self as you stare at your reflection in the mirror increases. After a while, your fears of disappointment, failure, and letting your parents down completely envelop you whole.

The pervasive pressure to constantly perform to the highest level takes an unimaginable toll on our emotional and mental states.

Running on autopilot is, quite counterintuitively, an escape from this reality. It serves as a distraction from the stress and self-doubt ingrained deeper within us, turning our attention onto simply getting to our next class or hitting that Canvas submit button on time. Autopilot is a source of protection and stability. Autopilot prevents us from simply stopping. Depending on autopilot quiets such a dangerous desire because while the ability to take a breath seems so enticing, you also know that the only person who will have to clean up that mess is yourself. It would be up to you to deal with the consequences of your absences, make up the work, face your tarnishing grades, and risk sabotaging your future goals. The repercussions of simply stopping are almost scarier than the act of just pushing through the struggles.

I understand. There's a hopelessness in the realization that the only option is to go through the motions and to ignore the emotions that scream at you to stop fighting. There's only day after day, waking up in the morning, excited to fall back asleep. There's the hopelessness in realizing that it's only the first month of school and it's already a struggle, but you're going to have to make it through each day over and over and over and over again. It's the idea of the fight or flight response, but the only real option is fight.

SOPHIE STAII / *THE PHILLIPIAN*

While I don't have a mighty pep-talk to encourage you to keep fighting, I can say that I am with you. Though I know autopilot is not a solution to our problems, I can only hope that you find some comfort in knowing that many of us are dependent on the same survival mechanism, pushing through the turbulence, even when the destination feels miles away.

Migyu Kim is an Upper from Berwyn, Pa. Contact the author at mkim25@andover.edu.

The Phillipian welcomes all letters to the Editor. We try to print all letters, but because of space limitations, we enforce a 500-word limit. We reserve the right to edit all submitted letters. Letters must be responses to articles already published by *The Phillipian*. We will not publish any anonymous letters. Please submit letters by the Monday of each week to phillipian@phillipian.net or to our newsroom in the basement of Morse Hall.

To subscribe, email subscribe@phillipian.net, or write to *The Phillipian*, 180 Main Street, Andover, Ma, 01810.

All contents of *The Phillipian* copyright © 2017, The Trustees of Phillips Academy, Inc. Reproduction of any material herein without the expressed written consent of The Trustees of Phillips Academy, Inc. and the Editorial Board of *The Phillipian* is strictly prohibited.

Corrections:

Eleanor 'Nor' DeHoog's name was capitalized incorrectly in the News article "First All-School Meeting of the 2023-2024 School Year Celebrates Community, Connection, and Belonging."

The photo taken by Tina Zeng was wrongly credited and the writer Niki Tavakoli's name was misspelled in the News article "PASC Sends Twenty-Five Andover Students to New York City for March to End Fossil Fuels."

Marika Saito's illustration for the Commentary article, "Bioethics: Slowing Down From the Future" was misattributed.

The photo, courtesy of Michael Blake, was misattributed in the News article "The Nest and OWHL Basement to Reopen on Saturday Following Flood Damage."

The Phillipian *regrets these errors.*

Why International Law Can't Work Yet

WILLIAM BUEHLER

M. MA / THE PHILLIPIAN

International law has never been so frightening to states as domestic law is to individuals. This is, of course, because international law attempts to be a supernational force in a world of nations. With no power, international law is essentially a collection of well-meaning ideas and ideals that people or states will throw around to show how the world is improving even though no one can actually enforce international law. Instead, it is hoped that shared interest or some sort of honor agreement will keep nations from breaching international law. It does not. But, in its current state, I firmly believe that it is for the best that international law continues to be relegated to lip service. This is not to say that I do not believe in building moral international shared norms and values – I do – but modern international law cannot successfully come to a non-contradictory legal consensus on the simplest of international conflicts. For any enforceable implementation of international law to ever be considered, the foundational contradictions of the legal status quo must be resolved.

There is real promise in the idea of international law in regard to international disputes. Territorial disputes between nations, conflicts over Exclusive Economic Zones (marine areas in which nations have exclusive economics rights), and other interstate conflicts are all resolvable through international law, perhaps through the application of international law or through the ruling of an international court. Either way, international law can act as a shared legal guideline for all parties involved, and international courts can be an arbitrating party with relatively little bias for the most part. Even to date, while international law has no enforcement mechanism, nations regularly follow the rulings of international courts. Now, of course, not all decisions made using international courts or justified under international law are followed by state actors, but the fact that "losing" parties would still follow international law despite there being no force that implements them shows real promise for what could come out of international law.

However, as useful as international law is in disputes between nations, it is difficult to reconcile Westphalian conceptions of state sovereignty with international law that is meant to regulate how states treat their own citizens. How can we say that what a state does within its borders is no business of any other state and simultaneously regulate what that state does through international law? There are obvious actions that states should not be allowed to take against their citizens, and the moral rationale behind the "Universal Declaration of Human Rights," all the "Covenants on Human Rights," and other similar treaties is very clear, but the first major inconsistency in international law comes here: if nations all agree that the internal issues of every state are their own and every state is allowed to have sovereignty, then by that logic international law should not seek to regulate states. The fact of the matter is that the Westphalian principles and system of international relations are completely inconsistent with international law that seeks to limit the power of states within their own borders. But I don't think this is a reason to abandon international law as a concept. Instead, Westphalian principles must either be altered to reflect the basic shared norms and values of our increasingly globalized world or be thrown out entirely in favor of a new system of international relations, one in which international law has a greater role.

CAMERON MARNOTO / THE PHILLIPIAN

But the worst contradiction of all in international law is that of the right to self-determination versus the Westphalian idea of sovereignty. To briefly explain, the right to self-determination states very vaguely that all peoples have a right to pursue their own "destiny" without outside interference. Whether this means that people have a right to independence, autonomy, or something else entirely is unclear. This first sort of indeterminacy has serious implications for groups like the Kurds, who have tried to invoke their right to self-determination across Iraq, Turkey, Syria, and Iran repeatedly in the hopes of gaining a state of their own. Often, if the response is not an immediate crackdown on the Kurds, regional autonomy is the most granted. If international law really wants to protect the rights and desires of groups, there has to be less ambiguity in precisely what the right to self-determination offers to groups who invoke it. Worse than this, the first contradiction is that international law explicitly supports groups in sovereign states in their struggles for self-determination and permits states to do whatever they feel is necessary to maintain their territorial integrity. Not only does this mean that states like Turkey can oppress the desire of the Kurds for their own state, but there are significant international relations consequences as well. Effectively, the Israel-Palestine debate, the Armenian-Azerbaijani Nagorno-Karabakh debate, and the Russo-Ukrainian Donbas debate are all impossible for international law to arbitrate on because international law supports both sides. Both the state which rules as sovereign and the peoples invoking their right to self-determination have legitimacy under the status quo, and international law has not made clear which right supersedes the other, if one supersedes the others only at times, or if it is case-dependent.

International law cannot be seriously considered as a legal framework that deserves an enforcement mechanism until it can sort out its foundational contradictions. So much better can be done than what is set up right now, and a properly set out system for international law would be hugely impactful. If international law were to say that the right to self-determination can mean the right to independence and that sometimes the right to self-determination could supersede that of the right to sovereignty, how many people might receive clear international legal support for their struggles? Making better laws is the first step to making enforceable laws, and I look forward to the day when I can say that international law is something more than international grandstanding. One day, I would like to see international law be that final, monumental stepping stone to freedom and statehood.

William Buehler is a Senior from Greenwich, Conn. Contact the author at wbuehler24@andover.edu.

Everything Is Bigger in the U.S.: Especially Carbon Emissions

PRISHA SHIVANI

J. CARMONA / THE PHILLIPIAN

In 2020, the United States of America was only second to China in the most carbon emissions in the world. The U.S. emits around twice the amount of carbon than India, a country of 1.4 billion. Now, the question is, how can we, as a country with a substantially smaller population than these countries, have such a large carbon emission, and what can we do to reduce it? What can we do to make a larger impact on our carbon footprint at a smaller cost?

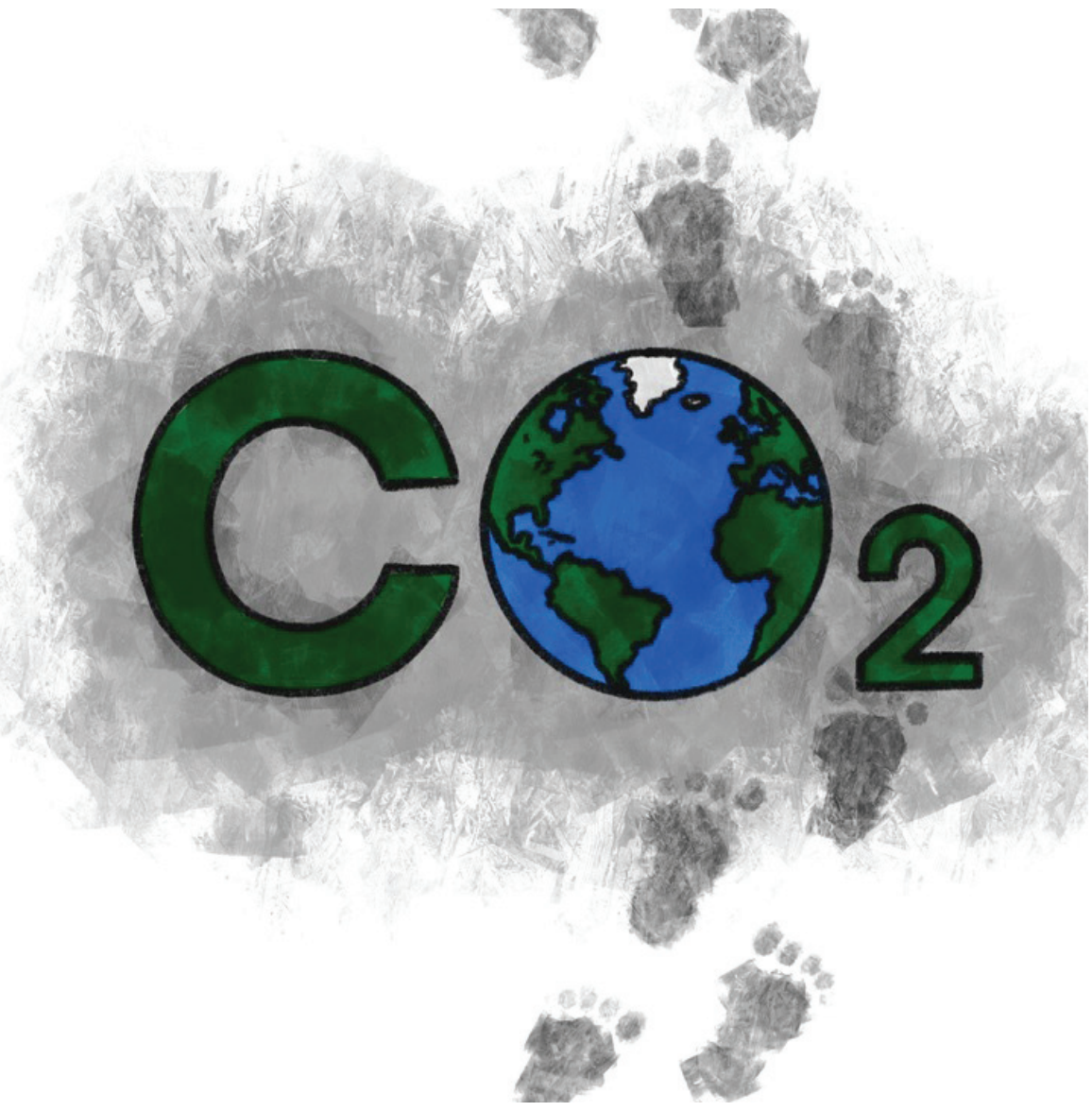
I'm grateful that my family loves to travel, and the more I think about it, I've explored so many different countries throughout the past few years. It's fascinating to be able to experience trends, norms, and cultures that are unfamiliar to me. Something that stood out to me recently is the connectivity countries have through their train and metro systems and how friendly these systems are to the environment, citizens, and tourists. For example, this past summer, my family took a trip to Switzerland, and without fail, we would use the train or metro every day. Not only was this convenient and efficient, but it was also so much more environmentally friendly. One way this is evident is in the amount of carbon Switzerland emits (35.3 metric tons) compared to the U.S. (4535.42 metric tons).

As a country, we need to advocate for more connected train and metro stations in our local cities to inrease train ridership.

As of now train systems in the U.S. include BART, Acela, Amtrak, the New York City Subway, and around 25 more. Most of these systems are located in larger cities, such as New York, San Francisco, and Washington, D.C., and have a decent annual ridership. However, these systems can be improved in ways of accessibility and connectivity to all parts of cities to achieve maximum ridership.

Even with the metro rail, also a substitute for cars, we failed to create a system that is extensive enough. For example, I live in Houston, which does have a somewhat used metro system that consists of three lines covering the main portions of the city. But Houston is 655 square miles in size, about 200 square miles larger than the size of New York City which has 36 lines. Surely, three lines couldn't cover the entirety of Houston?

While I've never used the Houston metro, my family and I used the Zurich metro system, called the ZVV, every day. We stayed in an Airbnb which was further away from the main city, but either way, there were about three lines close to the apartment, which could take us to the central train station. No matter where we were in the city, there were always multiple lines at a close distance. I decided to do some research and found that the Zurich ZVV system has 15 lines for a city that is around 34 square miles in all. Comparing this to Houston, Zurich had five times the metro lines, while also being around 20 times smaller than Houston. This goes to show that even while we have metro systems, they are very disconnected and inaccessible for many neighborhoods around Houston.



DILNAWA KIZGHIN / *THE PHILLIPIAN*

It's clear that if we reduce our transportation-related carbon emissions, pollution will not vanish into thin air, but transportation does take up 28 percent of 2021 greenhouse gas emissions in the U.S., meaning it generates one of the largest portions of emissions. Even in Andover, for boarders who would like to go to Boston, there is a train that leaves every two hours, taking a little under an hour for the commute. Personally, I have not been able to take a trip to Boston during my Andover experience so far, but I also was not aware that there was a train station just ten minutes away from my dorm. I believe many Andover students know about this but do not plan to use it anytime soon.

First, as a country, we need to advocate for more connected train and metro stations in our local cities to increase train ridership. We should also encourage and spread awareness to people who have access to trains or metros to invest in a monthly plan or pass. This is vital because many people who have train stations near them do not even know of the convenience and impact that taking the train could have. In fact, one of my friends who lives in New Jersey just discovered that there is a train that can take her from Andover to New Jersey for just thirty dollars. By increasing train ridership, our carbon footprint will decrease, in turn mitigating the effects of climate change and creating a healthier world for us to live in.

So maybe, next time you get the urge to take a day trip to Boston to experience the city, decide to catch a train to be both environmentally friendly and gain a new experience.

Prisha Shivani is a Lower from Houston, Tex. Contact the author at pshivani26@andover.edu.

KIRA STEPANOVA / *THE PHILLIPIAN*

ASM Speaker Discusses Bodily Autonomy and Intimacy

Continued from A1, Column 2

a lens through which we can see things. How are those who are getting up to the stage using their power to support others? In that case, it's not really them using their power over people. It's also not about pushing people, ever. Someone that doesn't want to come up to the front [of the class] may [not want to] because of their power imbalance, but if they don't want to come up to the front, they shouldn't have to," said Silverberg.

Patricia Har, faculty advisor at the Brace Center of Gender Studies, provided insight into the decision to invite Silverberg as the ASM speaker. Har then elaborated about the potential changes to the current system regarding sex education at Andover.

"The idea was to time Cory's visit so that students who, through dorms or day student advising groups, would be talking about healthy relationships, [and then be able to] also hear [from] a professional perspective to get [the community] thinking and asking questions [about sex education]. The school needs sex education that is more attuned to students' current needs. We can't promise anything, but I do believe that the school really cares about this issue. How can we promote and develop an understanding and awareness of the complexity of sex and how it appears in our lives? It's about safety, and the issues are really relevant," said Har.

Cate Cummings '26 appreciated Silverberg's view on body autonomy. Cummings also appreciated how Andover brought a speaker to talk about sex education so early in the school year, which is suggestive that sexual education is at the forefront of community learning.

"The ASM was very interesting, and it is very crucial to make sure everyone has the ability to get proper education, especially in sex education and because most schools don't [have extensive sex education programs]. It was really cool that Andover brought someone in to talk about that. My major takeaway is that I have body autonomy and that I have a right to say 'Yes' or 'No' depending on how I feel, and I shouldn't be pressured by anyone else to do anything," said Cummings.

Patrick Xu '27 agreed with Silverberg's points about the complexity of sex education and how the topic is very broad and interconnected with other issues. Xu also noted that because sex influences many aspects of life, it is oftentimes difficult to talk about.

"[We] should be aware of what we are being taught in regards to sex and we should be more open in [discussing] what we take away from these lessons. [One thing that I took away was] that we do not get the sex education that we deserve. The world surrounding this topic is very vast and with the limited time we have, you can only understand so much about it. It is a topic that is hard to discuss," said Xu.

The second ASM of the year concluded with a guiding question for sex education at Andover from Silverberg:

"You have to do the hard work and support people in a way that feels safe. So how do we make the change?"

Merrilee Mardon Fulfils and Enjoys Role as Administrator and Teacher

Continued from A1, Column 5

ble for specific tasks, but it's my job to help coordinate the work of those offices, as well as wellness, Dr. [Amy] Patel [,Dean of Health and Wellness and Chief Medical Officer,] is also part of my team. I work really closely, obviously, with the Head of School because I'm here to help support his work so that he's better able to attend to his responsibilities as Head of School," said Mardon.

According to Mardon, in comparison to the Head of School, the Deputy Head of School manages more of the internal affairs of Andover. Specifically, Mardon commented on the importance of staying connected with both students and faculty.

"I need to know about students. Because if my job is focused on student life, not just [residential life] or co-curriculars, but the entirety of the student experience... Part of my job is also taking care of the adults who take care of the students. So I think it's more than just [students]... It's just such a beautiful and complicated community... There isn't a student voice. There are a lot of students and a lot of different experiences. So I'm trying to tease those out over time," said Mardon.

While Mardon showed excitement for her new role, she also acknowledged her unfamiliarity with Andover and its culture. Mardon's first goal is to immerse herself in the community.

"I was at a different school for a long time, and this isn't that school. So there are habits I need to unlearn, I need to understand the culture here. I need to get to know the students...and then I need to, as I learn, figure out how can I be most helpful to this community," said Mardon.

Paul Murphy '84, Instructor in Mathematics, Statistics, and Computer Science, expressed his optimism about Mardon's role as Deputy Head of School. Murphy discussed how Mardon's prior experience at Hotchkiss could positively impact Andover.

"[Mardon is] great. She seems to have a good background from Hotchkiss. She's got a welcoming demeanor, which I think is really helpful for students and for faculty. She brings a fresh perspective, which is really nice and something that we probably need," said Murphy

Furthermore, prior to her administrative roles, Mardon taught Economics and Gender and Women's Studies at Connecticut College before joining Hotchkiss in 2008. Bringing her love of teaching to Andover, Mardon also serves as an Instructor in History and Social Science. Christian Gomez '24, a student in Mardon's History 501 (Economics I: Microeconomics and the Developing World) class, highlighted her enthusiasm in the classroom.

"I enjoy her class because despite it being [at] 8:30 in the morning, she always has a bright smile on her face. I realized that I actually stay engaged in her classes even when she is doing a lecture. Dr. Mardon is a very kind and energetic person, which I think is great for a history teacher... She manages to put a smile on your face while teaching you about economics, which I think tells you a lot about her character," said Gomez.

Annual CaMD Club Fair Welcomes New and Returning Students to Various Spaces

Continued from A1, Column 5

is and to make sure that everyone is on the email list. Asian Society is an affinity [group] with non-affinity events," said Wu.

Charlotte Esty, Administrative Assistant for CaMD, expressed her vision for the Club Fair. Esty explained how the main goal of the Club Fair was to open up affinity and club communities for students making their way through campus and in need of a safe space. Esty added that, although some spaces at the CaMD Club Fair were only for affinity members, most organizations were open to all students to join.

"We asked all of our organizations to kind of prepare a poster and get their mission statements ready and to have some of their information out at their booths. We like to get things running pretty quickly in this office because transitions can be hard for new students, and a lot of what we do is provide safe, inclusive spaces for students on campus, so we want it to be really front-facing and accessible for new people or for returning people who haven't been involved in CaMD. I know sometimes it's hard to jump into new spaces and to clubs...and we wanted to kind of break that down and make it as easy as possible for people to get involved and ask questions and just learn more about some of what we do here," said Esty.

Aquita Winslow, Dean of CaMD, provided her perspective on the Club Fair, describing how student societies and groups play a valuable role in giving students safe spaces on campus. Winslow pointed out how the Club Fair offered new students a chance to see aspects of their homes at Andover.

"I think that for some [clubs], they play a huge role on campus. AfLatAm [Afro Latine American Society] has a really long tradition and history. Groups like Alianza [Latina] put on huge events, GSA [Gender and Sexuality Alliance] puts on huge events, and MOSAIC is another long-standing club with the school. The idea is to bring in some of those cultural elements that I think are really important for students that may come from their own communities to help you feel like you haven't really left home behind, that you brought a little bit of home here with you to Andover," said Winslow.

Jay Jung '27 spoke on his thoughts about the CaMD Club Fair, expressing how he enjoyed the atmosphere and took time to learn more about the various clubs on campus. Jung added how he enjoyed the focus on identity that Andover had, which he felt was missing at his previous school.

"[The CaMD Club Fair] was really loud and...vibrant, and [felt] more like a festival, an informal space. I really liked it. I [was] excited to see various clubs, [and] although I [couldn't] join some because I'm not [affinity], I still [liked] the diverse community. It [was] a bit crowded, so it'd be better if it [were]...physically more spread [out], because I would have more opportunities to have conversations with board members in the clubs," said Jung.

A. LEE/*THE PHILLIPIAN*

South West Asian and North African (SWANA) pose in front of CaMD.

A Guide To Finding Academic Help on Campus

REPORTING BY PIPER LASATER

Academic Skills Center (ASC) in Pearson Hall — Monday to Thursday 9 a.m. - 6 p.m., Friday 9 a.m. to 3 p.m.
Laura Warner, Director of the ASC

"Students come in for a variety of reasons, [such as] during their transition to Andover, ninth grade, tenth grade, eleventh, and twelfth. [They come] to figure out how to manage their time, merge their calendars, or find a good way of keeping track of everything. It could be organization and time management. Sometimes, we only meet once or twice to give some ideas and tips. Other students, we might meet with on a more regular basis and that would be around continued strategies to use...or around digital organization: where to keep files, how to name them in a place that you could find them, how to use an iPad well, or even skills like notetaking or reading... We try to leave our conference periods open for that exact reason. People can also just come in and sit and do work. That's usually what happens during conferences."

Math Study Center in Morse Hall, Room 206 — Monday to Thursday 8 p.m. to 9:15 p.m.
Ani Bayramyan '24, Math and Computer Science Peer Tutor

"I go around helping them solve some problems and understand some challenging concepts in those areas... There is always a teacher supervisor, and if sometimes a tutor doesn't know how to solve a problem, then teachers can step in and help the students with the problem. Or, if a student has a particular teacher that they want to work with, then they can just come to the math study center and continue working with [that teacher] on that problem."

Science Study Center in Gelb Science Center, Room 106 and 107 — Monday to Thursday 8 p.m. to 9:15 p.m.
Sophie Staii '25, Biology Peer Tutor

"[Students] can just come in and do homework or ask for help, and you can work with peers here. It's really a place [to come] if you have any questions at all about your science classes or if you just want to talk to other people about what is happening in your classes."

Writing Center in the Oliver Wendell Holmes Library, Tang Institute — Monday to Thursday 8 p.m. to 9:15 p.m., or by appointment through andover.mywconline.com
Laura Dzubay, English Teaching Fellow

"Students can come to the writing center at any stage of the writing process, and for any subject area that they are doing a writing assignment for. So it could be very early in the drafting process if they are working on brainstorming or coming up with an outline. Or it could be that they have written a full draft already, and they just want to go over it one last time and get another pair of eyes on it... Peer tutors don't generally change the writing themselves. It's mainly meant to be a conversation between the tutor and the writer so that the writer can make the changes on their own and come up with ideas for the changes that they want to make. However, the peer tutor can ask them questions, read through the paper, and share things that they think might be useful to look at or to dig deeper into to gain more clarity."

HERE AND THERE: THE WORLD RIGHT NOW

COLLECTED BY PRISHA SHIVANI & JEANNE KOSCIUSKO-MORIZET

Geopolitics: An Increasingly Tense Situation for Afghans in Iran

More than two years ago, power was seized, once again, by the Taliban in Kabul, leading many Afghans to seek refuge in Iran. On September 23, however, after several attacks by terrorists linked to Afghanistan — including August 13, when the religious sanctuary of Shiraz was struck — fear of the Taliban is increasing amongst the Afghans, and access to many shopping centers, and even provinces, is now denied to Afghans, according to "Le Courrier International." With over seven million Afghans now living in Iran, some with strong political and religious convictions, many are concerned about the possible radicalization of Iranian society. Since the death of Mahsa Amini on September 16, 2022, while in the custody of the morality police, protests have multiplied. Presently, some are convinced that the authorities are actively encouraging Afghans to settle in Iran, in line with their political convictions, and are helping to keep the displaced Afghans feeling safe within the country.

Culture/History: Argentina's Largest Dictatorship Torture Center Added to UNESCO World Heritage List

During the Argentine dictatorship (1976-1983), more than 700 clandestine detention and torture centers sprang up, but the Escuela Superior de Mecánica de la Armada (ESMA) remains the most emblematic. During this period, 30,000 people were reported missing, 5,000 of whom were believed to have passed through ESMA. According to "El País America," the ESMA is today "a symbol of consensus against dictatorship" and while denialist theories, which reject this period of history, are resurfacing, the ESMA was officially listed as a United Nations Educational, Scientific and Cultural Organization (UNESCO) World Heritage Site on September 19, recognizing that it is "directly and tangibly associated with events of outstanding universal significance." A UNESCO World Heritage Site, as described by "Britannica," is a place of "outstanding universal value" and has been bestowed on some of the most beloved historical sites such as the Pyramids of Egypt and the Acropolis.

Science: NASA Spacecraft OSIRIS-REX Brings Back Surprise

The seven-year mission OSIRIS-REX ended on the morning of September 24. The capsule landed on the Utah Test and Training Range, a close distance from Salt Lake City. OSIRIS-REX, which stands for Origins, Spectral Interpretation, Resources Identification and Security-Regolith Explorer, was launched in 2016 to gather material from a carbon-rich asteroid named Bennu. The process of building and launching a functional capsule was no easy feat, taking many tries. OSIRIS-REX is now the first American spacecraft to bring back matter from an asteroid. According to "The New York Times," researchers are eager to study this asteroid material, claiming that this space dirt has the potential to reveal facts about the solar system that have, until present day, been unknown.

Business: Tentative Deal Reached for Hollywood Writers' Strike

The Writers Guild of America (WGA) went on strike on May 2, 2023 over a dispute with the Alliance of Motion Picture and Television Producers (AMPTP) for improvements in salary, as well as protection against the use of artificial intelligence. The strike is on the brink of being the longest strike in the union's history. September 24 marked the final day of harrowing negotiations, and the day ended with a tentative deal, which includes "protections against the encroachment of artificial intelligence on writers' work, residual payments for shows on streaming platforms and staffing minimums for writers' rooms on TV shows," as reported by "The Guardian." Studios hope to strike a finalized deal by early October to salvage 2024 films, though it's unlikely production will resume immediately even after an agreement has been

Dr. Raynard Kington Implements Changes to the Head of School Office

Continued from A1, Column 5

the positions months before his departure. Kington provided an email sent by Palfrey on December 14, 2018 regarding this change.

"The big change is that I will eliminate the position of Dean of Strategic Planning and Policy and instead appoint an Assistant Head of School for Teaching and Learning. The Dean of Faculty, Dean of Studies, Dean of College Counseling, and Director of the Tang Institute will report to this Assistant Head of School," wrote Palfrey in an email to faculty.

In a Winter 2021-2022 organizational chart of the Head of School's office provided by Roberts, the Dean of Students & Residential Life, Dean of Faculty, and Dean of Studies reported directly to Kington. Since the Fall of 2022, those positions now report to the Deputy Head of School. Kington provided greater insight into Mardon's role.

"She has basically the student life and the core academic mission of the school. And it makes sense for those two to be connected because students live across those domains. And often issues, various policies, have implications across all those domains. She oversees the Dean of the Faculty, who oversees the hiring, the review, everything related to faculty, the Dean of Studies, the curriculum, structure, the program and all, and the Dean of Student[s and Residential] Life, dorm life, House Counselors, Cluster Deans, the student conduct system. So it's those three elements. She also has Dr. [Amy] Patel, the Dean [of Health and] Wellness [and Chief Medical Officer], reporting to her," said Kington.

Kington continued by detailing other responsibilities which fall under the role of Deputy Head of School.

"She also plays a big role in advising me about policy matters, when should we change the way we do things, budget formulation, we're starting this road mapping process. So she's playing a lead role in thinking about what the curriculum needs to be over the next 30 years. And so she also gets, she's the intersection between the day-to-day functioning... It's the Deputy Head who works with the Deans, and works across the Deans to sort of coordinate activities, set matters of policy, financial issues, complicated discipline cases," said Kington.

Kington has shifted his responsibilities away from student life, now putting more focus on the external workings of Andover. Mardon detailed how the two positions differ.

"I'm focused internally. Dr. Kington, he's both internal and externally focused. He's got the whole, he's got everything. He's got a lot of work with the Office of Academy Resources. He's got a lot of work working with external constituencies. This is a massive operation. And he can't possibly pay attention to sort of the daily details and also all the things that it takes to run a school," said Mardon.

Global Buddhisms Course Challenges Students to Detach by Giving Up Phones

NIKI TAVAKOLI & CADE RUTKOSKE

Students in Global Buddhisms: Past, Present, and Future, a course taught by Andrew Housiaux, Instructor and Chair in Philosophy and Religious Studies, participated in an optional assignment where they were challenged to give up their phones for a week. One of the concepts that students studied in Housiaux's class centered around stretching themselves out of their comfort zones to prompt introspection and thoughtfulness.

"We read a text by Mingyur Rinpoche, a contemporary Tibetan teacher who talks about 'adding wood to the fire,' the choice to deliberately seek out challenging situations in order to learn more about oneself and to help one's understanding move from a more theoretical one to a more embodied and immediate one," wrote Housiaux in an email to *The Phillipian*.

Although the challenge was inspired by a contemporary teacher, the essential beliefs behind it stem from the core principles of Buddhism. One student, Saumik Sharma '25, commented on the connection between modern-day technologies and millennia-old tenets.

"The premise behind [the challenge] is something that most Buddhists in the world believe in, which is detachment. That's one of the main tenets to achieve enlightenment, which is the goal of Buddhism. To reach enlightenment you need to be detached from worldly indulgences, so not using your phone is a way of practicing that. Traditionally we did not have phones, so it's definitely not part of the tradition. But I think that it does reflect the Buddhism philosophical tradition of detachment," said Sharma.

Despite the completion of the challenge, several students continued to give up their phones. Bianca Morales '24, one such student, noted how the challenge offers a chance for participants to change their phone habits.

"I honestly had been wanting to decrease my screen time for a while and so [the challenge] was just a good opportunity to really get to do that. It fascinated me and I wanted to see what it would be like to live by 'adding wood to the fire.' It's been really nice actually. I don't regret it at all. It was just peaceful. A lot of [the time] we go on our phones to try to escape from things, but sitting in our emotions can really be rewarding in ways that we don't recognize because we're not used to it," said Morales.

One of the obstacles that students faced after giving up their phones was finding a way to stay in communication with the people that they would normally contact. However, Kian Burt '24 highlighted how the loss of digital communication allowed him to find special opportunities to connect with people in-person.

"Giving up my phone, I can no longer contact people immediately. I can no longer contact my parents, and I'm a day student so they're interested in when I'm coming home. I also don't have social media anymore, so I can't scroll on Instagram when I'm bored. Most days, if I'm by myself in Silent, I'll go to [Paresky] Commons and I'll just find someone to sit down to eat and catch up with. It'll usually be someone I haven't talked to in a while, which has been nice to catch up with people I don't know as well. I feel that I'm free a bit, just a tiny bit more free," said Burt.

Chris Wong '24 described a similar experience to finding himself engaging in more in-person interactions. Wong remarked on how the challenge gave him an opportunity to reflect on the daily impact his phone had on his life, whether it be his discomfort with idleness or questioning the reasons that prompted him to use his phone so often.

"I think that the biggest change comes from when you're alone at night and back in your dorm and you're faced with this loneliness and all by yourself. I think that's a point where you have unease and feel uncomfortable. I saw myself interacting with people more, I went to my friends' rooms more. I guess that in itself is also a realization of that feeling of discomfort whenever you're idle... It certainly makes you think about why you use your phone. Why are you drawn to it? What does it say about you? Forcibly removing yourself, creating a spike in your life, something you can kind of pay attention to like discomfort, you create an opportunity to see yourself in a different light," said Wong.

A. LEE/*THE PHILLIPIAN*

Students in the Global Buddhisms: Past, Present, and Future engage in a discussion.

Grammy-Award Winning Artist Terri Lynne Carrington Works with Jazz Musicians on Campus

Continued from A1, Column 2

prove the lives of many others in many ways. She's always been a great jazz musician, who happens to be a woman who uses that perspective to improve the lives of other women in jazz. I had met Terri Lynne before and she's just so easy to talk with and caring about others. So she came in and she instantly saw the students that we have and their talents, and worked with them where they are and had a lot of great things to say. To help us play music better, to help us play together better, she's just a very thoughtful person, wonderful to work with so far," said Cirelli.

Emily Wu '25, a bassist in the Academy Jazz Band, described how Carrington's musical advice heightened her awareness of stylistic choices when playing. Wu also appreciated how Carrington offered insight on the difference in form between professional and high school jazz, expressing the importance of playing together in a high school band.

"She [gave me] a lot of stylist advice, and gave me advice on how my notes actually blended together. She said [that] I probably should make some more stylistic choices for the length of my notes, which also goes for every single instrument, not only the jazz bass, but also other sections: winds, brass sections. She made a lot of interesting comments based on her experiences with the [jazz] form... When she was describing her own experiences with other professional jazz artists, she said, 'music is actually about trying to break the form, everyone around me is trying to break the form.' But at the [high school] level we're trying to keep [the form] together," said Wu.

Similarly, Jacob Kaiser '24, a pianist in the Academy Jazz Band, commented on Carrington's work in creating an improved culture of acceptance and appreciation within the genre. Kaiser also mentioned how he hopes with continued efforts that jazz can further expand and work to preserve its original values.

"In my experience, it's a little contradictory how jazz education works because it's so inaccessible and it tends to be dominated by white men. Jazz is supposed to be a very free art form and it's supposed to be representative, obviously of African-American culture, but also of all people and expression. [Carrington's] work in trying to expand the domain of musicians that are into jazz and to promote the work of female jazz artists is really important. I'm super excited about her concert, she's a really talented musician so hearing her play is going to be awesome," said Kaiser.

Carrington encouraged students interested in jazz to continue exploring their passions, acknowledging the difficulty of undertaking a career in music. She pointed out how jazz's spontaneity was distinct from other musical styles, where jazz can offer musicians more opportunities for musical expression.

"Everyone needs different advice, so I don't really ever have one thing [for students]... I think you should follow your heart. Follow your inclinations. If you're really interested in jazz, then pursue it, because it's a very specialized platform. It takes well-educated musicians, meaning people that want to put in the work, because it's hard, and people that are interested in expanding, because with popular music, and even classical sometimes, there's limitation, in my opinion, to expanding your thinking, because there's no improvisation. I think we have to improvise in life: jazz is a perfect tool to teach you more about how to improvise in other ways," said Carrington.

Bringing up Carrington's work with activism, Wu mentioned how Carrington's presence on campus stimulated newfound ways of thinking about inequality in the field of music. Wu spoke to Carrington's ability to inspire change through her music.

"Andover showed me that a lot of fields are male-dominated and white-dominated, especially with jazz. The fact that [Carrington is] bringing her experiences onto the table and has actually spoken about these social issues is the kind of diversity that Andover is looking for. I think that liberal institutions might sell the idea that diversity is looks: diversity is your traits, and your experiences. But true diversity is only diversity in ideas, which is what [Carrington's visit] does for Andover," said Wu.

Carrington will feature as the Guest Speaker for the ASM on Friday, September 29 and will also perform in a concert that evening at 7:30 p.m. featuring herself and her band, The Social Science, in the Cochran Chapel.

10 Questions with Austin Washington

REPORTING BY CHRISTIAN ESTRADA & STELLA SEONG

Austin Washington is the new Dean of Flagstaff Cluster and an instructor in Philosophy and Religious Studies, focusing on social ethics. Washington formerly played Major League Soccer with the Chicago Fire and enjoys drawing cartoons and learning new languages. He previously worked at Phillips Exeter Academy (Exeter) and Boston University.

What drew you to teaching at Andover?

What drew me to the community was the opportunity to work with students in a slightly different capacity. Instead of just being in the classroom or...instead of focusing my energy on the classroom, Andover provided me an opportunity to be with students in a meaningful way, thinking about how we learn in a residential community. Taking on the Cluster Dean role allowed me to think creatively with an incredible group of people about how to take advantage of the dorms as an important site of learning.

What is your favorite thing about Flagstaff so far as the new Cluster Dean?

The munches...to be with students in a space where they just get food from here is really fun. The pressure is low, the food can be good... and people are kind and welcoming. Even in the basement of the home that I live in, people are welcoming me, so that's been [a] high point so far.

Why do you like teaching social ethics? What do you find most interesting about social ethics?

My graduate study [was] in social ethics... In my graduate work, I was able to work with professors, social ethicists, who were asking really insightful, thoughtful questions. It's nice to hear people think about possible solutions or proposals [to problems] they might have, or how [those solutions] should be organized. For me, the excitement of a good question was a surprise. To hear people repeatedly offer questions that invited me to think deeply was a skill I wanted to learn and a gift I wanted to give. Those [professors] were some of the most memorable mentors I ever encountered. I hope to be at least as thoughtful as them at some point in my life.

What are your thoughts on American Pentecostalism and traditions of protest among Black American religious groups?

That's what I spent the last few years writing about... I'm really interested in what people do when they are engaged in worship. When I think of worship, I'm thinking about people acting at their most sincere with regard to what is ultimately important for them: the actions people undertake when they know that the most important thing in the world to them...[is] at stake. This is what I'm thinking about in my own research; how music-making, preaching, dancing, and praying are really important for how people try to transform the world that they live in. Not only how they transform, but how they make the world they live in. In a very real sense, they are crafting the world, they are putting the world together, they are building the world that they want to inhabit. They are doing that through something seemingly simple and tangential: singing, preaching, dancing, and praying.

J. CARMONA/*THE PHILLIPIAN*

You used to play for the Chicago Fire. What was your experience with major league soccer and the team you were on?

Chicago [Fire] was the highlight of my athletic career... I got to play with a lot of people who became easy friends. Playing sports, you can be in a team environment that can be hard, where people can be less than friendly or even confrontational... In Chicago, the little surprise, was I was playing with people I had admired since I was 13... [When] I got into the locker room, they were even more kind than I could have imagined... I was welcomed into a group that was really kind, but also excellent [at soccer]. These people were some of the best in the world, so it was fun to play with them... The pressure to learn in a really high-intensity, demanding environment, to develop new skills and new abilities was something that was both terrifying and exciting. There were times when things were hard, but most of the time it was a lot of fun. I learned a lot and met some really cool people, and I got to enjoy playing a game that I love.

Why did you stop and go back to your studies?

After my second year in Chicago, our team got a new coach. The new coach had a new vision for the team that did not include me, so I was released. I went back to school, finished my undergraduate degree, and...[pursued] graduate school... I went from [an] economics [degree] to theology. I guess for most people right now it would sound contradicting, or at least confusing...theology allowed me to think over big problems that I had been mulling over for a long time: to think with a lot of theories, so a lot of heavy stuff, and trying to put that in the hands of everyday people and everyday environments. Once I figured out that I really enjoyed trying to translate theory into everyday practice, I was hooked.

You're also a coach for soccer. How does that correlate to playing professionally versus coaching?

Playing soccer, I learned a lot about myself; I learned a lot about working in teams and groups. I learned a lot about what it means to follow someone's leadership and what I consider to be good leadership. My effort as a coach here is to model good leadership. My effort is to provide whatever insight I can to athletes who want to play beyond high school and college, but also to remind people of the value of having fun... If we're not having fun playing a game, there's a problem.

You mentioned you like drawing cartoons. How did you get started?

My older brother would always draw and doodle on stuff, and my uncle drew a lot... He was really good with [a] pencil. I wanted to do what they did, so I started drawing when I was younger, and it's a hobby that I placed a lot of value on. I thought I was kind of good at it... I wanted to keep trying to get better, so I would work on certain characters or styles of drawings. I started creating cartoons with my niece and nephew; they were living on the other side of the country...and it was really rare that I would get to hang out with them. When I got pictures or stories from them, I would try to draw the story or at least represent the story in characters, because [I] couldn't be there [in person]. I would try to create the humor [in their stories]... That's what got me excited about cartoons.

You are also into learning languages. What languages are you learning?

Most intensely, I'm learning Spanish... I'm [also] trying to learn French, so I was talking to Coach [Benjamin] Duclos, the assistant coach for the JV Boys soccer team, and he's been a helpful inspiration there as well. Whether it be TV or a podcast, I'm trying to just take in as much of the language as possible. I feel most confident in Spanish; [in] French, a little less confident. I've taken some Italian as well, but it's not nearly as good as the Spanish or the French, but it's there.

Who is your biggest inspiration and how do they impact you every day?

My biggest inspiration, at the risk of being cliche, [is] my parents. My parents have had an extraordinary impact on me. My dad has never been a teacher...but he is the model I have of what good teaching looks like. My dad was remarkably patient and willing to let us wonder, and that's something I hope I can embody when I'm with students in my classroom... My mother was the biggest example of what it means to be a committed professional: [she] took her job very seriously and she was very good at [it]. In that way, I look up to my mom as someone who exhibits all of the qualities of what it means to be a dedicated professional. Those two people have been [my] biggest role models, and continue to be the biggest role models in my life."

Takeover Tuesday: Deans Write the 8p

Dean's Favorite Weekend Activities

THEO SFIKAS

1. **60 Minutes: Sex Ed Educational**

Spend an hour with your favorite sex educator and former All-School Meeting speaker, Cory Silverberg! They will be taking questions in the Mural Room Saturday from 1:00 p.m. to 2:00 p.m. Stump them with a question for a chance to win a prize.

2. **Movie Night!**

***TW: Conquistador themes

"Dora the Explorer" can be viewed on the big screen in Kemper from 6 p.m. to 8 p.m. on Saturday. Bring your friends and don't forget your maps!

3. **The Last Supper**

Enter a raffle in a box in GW for a chance to win a dinner at Paresky Commons with your favorite Assistant Head of School. Like a Dean's Committee meeting but with food! Yummy and accountable!

4. **Bird Watching**

Observe astonishing birdlife with Dr. Kington, a sanctuary expert.

5. **Condoms and Cupcakes**

YES+ co-founder, Dean Esty, is hosting the club's "Condoms and Cupcakes" event. Come check it out in Kemper at 6:00 p.m. on Sunday! Unlike last time, we promise that neither the condoms nor the cupcakes will have holes in them.

WEEK'S TOP HEADLINES

- *Drinking Voted "Not Cool" by Admirable and Well-Liked Role Models and Deans*
- *"Trust Me, I Get Horny Too," Says Chill, Relatable Dean*
- *Arnold Klopp '27 Wins Big at Bingo Night*
- *Experts Predict GAP4 Will Be Able to Take Photos and Listen to You (Subscription Required)*
- *If Everyone Would Just Stop Talking, Maybe Wouldn't Need a Mic at ASM*
- *Toyota Highlander Tops Charts as Coolest Car Ever*
- *Rule-Breaking Student Aroused at Opportunity to Be Held Accountable*
- *Study Shows 99 Percent of Students Actually Wish ASM Was Longer*
- *Niche Employee Fired After Accidently Putting Andover Fourth*
- *Level 3 GAPs Will Require Breathalyzer Test in Order to Use BlueCard*
- *Students Impressed by Deans' Incredible Ability to Relate to High School Life*

OVERHEARD ON THE PATHS

"Do you remember when Dean Esty mentioned Taylor Swift in her ASM speech? She is so funny and relatable!"

"I've had Kenough of this school!"

"My sex life is messy and complicated, and that is A-OK!"

"When the den fixes the card reader, I'll fix my sleep schedule."

"You mean you've never been to the Brace Center for Gender Studies?"

"The mic at ASM was literally me during physics."

"What do you mean you didn't donate to hurricane relief?"

"That 'joke' wasn't very funny. Try to punch up next time."

"Is it just me, or is this Dr. Kington guy the coolest Head of School ever? #GOAT!"

"Gee whiz! That mathematics exam sure was a doozy!"

"Oops! I accidentally did my homework a week early!!!"

"Hey, Pal! No climbing on the Armillary Sphere!"

"Is there a ninth page? L.O.L."

Freshman Wins Big in Bingo and Generously Distrubutes Winnings!

NADIA VARGAS

HELLO ALL!!!!!

Big winnings at Friday's Bingo Night! Arnold Klopp '27 was the lucky student to win the grand prize. Arnold's generosity, and the generosity of our entire Junior class, touched his house counselors enough to share this sweet story. In the dorm, after an optional-but-strongly-encouraged round of well-supervised bingo, Arnold distributed his winnings among his dorm mates — an incredible display of Non sibi! Thank you to Rebecca M. Sykes Wellness Center and the Academic Skills Center for donating some of these awesome prizes! Difficult to part with, for sure! Dinosaur erasers, stress balls, fake mustaches, sticker sheets, and some goofy gag gifts brought smiles to every face in Rockwell! A few #SILLY pictures of students in the fake mustaches are #TRENDING! Looks fan-stache-tic ;) Keep posting those clever mustache jokes on the 'gram! And don't forget to tag @andoveradmissions! It's so heartwarming to see our newcomers embracing that non sibi attitude. Setting a fantastic example of what an anti-hazing community should look like (don't forget to sign the REQUIRED Massachusetts Anti-Hazing Certification).

***Small note: while having some school-sanctioned fun in the common room is encouraged, don't forget to clean up after yourselves (remember trash cans are a privilege, not a right) and keep the volume at a reasonable level. Keep an eye on The Weekender to see when and where you can win epic prizes just like these!

Thanks for reading!!!!!!!!!

Scan here for a sneak peek of the Dean's weekly GIF!

The Phillipian
SPORTS
Volume CXLVI | Number 19
big bone chicken
September 29, 2023

Back-to-Back League Wins for Boys Soccer

MICHAEL WILLIAMSON

FRIDAY	
Andover	2
Loomis	0

WEDNESDAY	
Andover	9
Austin Prep	2

Andover Boys Soccer displayed offensive prowess this week, shutting out Loomis Chaffee (Loomis) 2-0 on September 22 and dominating Austin Preparatory School (Austin Prep) 9-2 on Wednesday. However, the team also fell 3-1 to Suffield Academy at the NXT LVL invitational on Sunday.

In its game against Loomis, Andover applied pressure and scored two early goals in the first half, taking a significant lead. Sebastian Mejia-Rivera '25 spoke on Andover's electric offense.

"Our strategy was to go out for the first 15 to 20 minutes and just basically press them heavily because we knew that they're a very young team, so our best bet was going to be to beat them physically... [in the] first 25 to 30 minutes we score[d] two goals and our strategy was working, but then they kind of caught up to what we were doing," said Mejia-Rivera.

Andover's fast start against Loomis led both teams to a battle of fitness until the final whistle. According to Jack Alexander '25, the team is currently undergoing various challenges, like injuries and weariness due to several games a week.

Alexander said, "Everyone's a bit tired right now and exhausted. Four games last week was brutal. But I don't think there's any real weakness apart from just [that] we've had a lot of games and we've had a few injuries. Tristan [Marnoto '24], our other goalie is out right now with a minor concussion. I'm the only goalie right now. So, theoretically if something [were to happen] to me, then we don't have a goalie, which is a bit intimidating."

Despite these various setbacks, Andover dominated in its matchup against Austin Prep. Coming out of the win, Co-Captain Garrett Holman '24 spoke about the improvements and adjustments the team had made since Friday's game against Loomis.

"There's certain kinds of games that will have a very loud student section and we have a lot of young players that might not like that type of crowd. But that's about it. We [also] need to improve on some finishing, we did score nine goals today but that's just [something we can always improve on]," said Holman.

M.MACKINNON/*THE PHILLIPIAN*

Co-Captain Zane Matraji '24 leads the team for the second season.

According to Holman, the team has been preparing for its big upcoming game against Taft. While the team will be following its 9-2 victory, Holman notes that Andover must anticipate the strength of Taft's team.

Holman said, "We play Taft on the road on Saturday, and obviously it's going to be [a different game]. Taft is a lot better than Austin Prep and they have some talent."

Andover Boys Soccer will travel to Taft on Saturday and host Bridgton Academy on Wednesday.

M.MACKINNON/*THE PHILLIPIAN*

Pictured left to right: Liam Rorke '24, Spencer Madge '25, Co-Captain Zane Matraji '24

M.MACKINNON/*THE PHILLIPIAN*

Sebastian Mejia-Rivera '25 looks for an open player.

M.MACKINNON/*THE PHILLIPIAN*

After the dominant victory against Austin Prep, Andover Boys Soccer ends the week with a 3-1 record.

Water Polo Falls Short Against Deerfield, Bounces Back Against Westminster

DAVID SIAHAAN

SATURDAY	
Andover	5
Deerfield	10

SATURDAY	
Andover	12
Westminister	5

Andover Boys Water Polo split its double header on Saturday with a 5-10 loss against Deerfield and 12-5 win against Westminster. The two games held at home brought the team's record to 1-3.

Even though the games were only three hours apart, the team managed to raise their morale and properly recover for the second game of the day. Jeffrey Lim '27 talked about how communication was a major issue against Deerfield, which was solved before the Westminster game.

"Teamwork...played a major part in the Westminster game. Deerfield opened up our eyes that we didn't have the communication and teamwork skills that we needed. And after a short break, we were able to fix these issues and be able to communicate better, which ultimately led to winning the Westminster game," said Lim.

Sean Niu '25 shared similar sentiments to Lim. Although Deerfield was a strong team, Andover was proud of how they fared out despite the loss.

"Deerfield was one of the strongest teams in our league, and we were quite close to beating them, if we maintained our focus. When Deerfield blew out Westminster, our hopes came up and we ended up winning," said Niu.

The win against Westminster would not have been possible without the help of some crucial players, according to Niu. These players contributed to the team morale and strength on both sides of the pool.

"Ashton Ma '24 played very well in both games. He was making moves, scoring goals, and was a crucial part offensively. Andrew Chinn '24 played great defense in both games, allowing us to perform quite well," said Niu.

Lim also highlighted several players.

"Jason Kokones ['25] had a very good four-goal game against Westminster after our loss against Deerfield. Our teamwork was good throughout the game in the pool. He scored the first three goals all by himself. If I had to add another person to this list, Ashton Ma during the Deerfield game. He scored two goals and caused three ejections, which helped us gain multiple power plays for us and opened many shooting opportunities," said Lim.

There are many things that the team is hoping to improve before their next game. Lim believes the most important aspect they hope to improve on is their shooting.

"One thing we worked on was shooting. We have a lot of great inside finishers that can finish in the six meters. However there are a lot of shots missed past the six meter mark that we should have made. We knew that we could make those shots. So [Head Coach Howard Kalter] has made practice mostly about shooting and finishing." said Lim.

Andover is looking forward to playing against many strong opponents in the future. However, Phillips Exeter Academy (Exeter) is at the top of the team's bucket list, having already lost 3-11 to Exeter this season. Lim is convinced that with more practice, the team has high hopes of beating Exeter in their second game.

"I know that we didn't have the result that we wanted during [that] game. But we saw great water polo between ourselves, and Coach knows that we can show a lot of what we showed Coach. And if we train our best and we keep learning and playing water polo, we believe that we can beat Exeter. So playing Exeter would be the team I want to play." said Lim.

Andover Boys Water Polo will face its second double header against Williston Northampton and Greenwich Country Day School on Saturday, alongside hosting St. John's Prep on Wednesday.

After Loss Against Loomis, Girls Volleyball Returns with Clean Sweep Over Groton

ORLA NAUGHTON

SATURDAY	
Andover	0
Loomis	3

WEDNESDAY	
Andover	3
Groton	0

Girls Volleyball lost all three sets on Saturday to Loomis Chaffee (Loomis), who took second place in the 2022-23 New England Preparatory School Athletic Council (NEPSAC) Girls Volleyball Class A Championships. On Wednesday however, the team regained its footing and took the victory over Groton with a score of 3-0.

During the game against Loomis, Haley Piasecki '26 applauded the Co-Captains' abilities to stay motivated during tough plays. Even after many blocked hits and missed serve-receives, the team held its own with consistent plays and good energy.

"Everyone on the team really brought something that helped us. Our Captains especially helped with the energy and bringing everyone back up... The beginning of the third set was very exciting. There were some great rallies, and the energy overall was very high," wrote Piasecki in an email to *The Phillipian*.

L. RUSTUM/*THE PHILLIPIAN*

Kate Rodgers '26 serves the ball.

Following Saturday's loss, Ashley Schuman '27 noted how the team wanted to work on being vocal and encouraging teammates both on the court and on the bench, as well as remaining positive when placed in challenging circumstances.

"We're definitely going to focus on communicating more, and trying to forget about our mistakes and just moving on... I'm really going to try to focus on being loud and being supportive from the bench, and I know a lot of us other players who are on the bench are going to do the same... Being supportive of one another through mess-ups is key," said Schuman.

Learning from struggles in the match against Loomis, the team came out strong in its game against Groton on Wednesday. Alex Dalrymple-Roth '25 described how each player showed grit on the court to fight for every point.

"To get a crucial play is really to dive for every ball, and I feel like that's what we really focused on this game. Everyone was really hustling and trying to go for every single ball, and I think that when we get those balls up, that's when the best plays happen," said Dalrymple-Roth.

Dalrymple-Roth emphasized the importance of strong team dynamics, which was a factor to the team's win against Groton. She mentioned how the team was able to take each individual person's skill and maximize its effect on the court.

"All of the players bring something to the table for the games, but [what] we really needed to work on and we did significantly better in today, was really trying to tie all of our strengths together and make it all work as a team," Dalrymple-Roth said.

L. RUSTUM/*THE PHILLIPIAN*

Saraya Angbazo '25 and Co-Captain Drew Nelson '24 go up for a block.

With the momentum after the win against Groton, Lena Ciganer-Albeniz '25 has high hopes for the Girls Volleyball's trajectory. Ciganer-Albeniz noted that the team is on the same page about what its goals are and how strongly it wants to achieve them.

"We're in a pretty good place right now. We bounced back from a really tough loss and we swept today so I think the motivation is high and we're all willing to work hard for it. That's our mindset and we're excited to beat Tabor [Academy] on Saturday," said Ciganer-Albeniz.

Andover will face Tabor Academy on the road on Saturday.

Girls Cross Country Finishes Third Out of 26 Teams at Manchester Invitational

TASHA BOHORAD

On Saturday, 20 Andover Girls Cross Country runners traveled to the Manchester Invitational in New Hampshire for the team's season opener. The team raced in the JV-C 2.1 mile and the Large School Varsity five kilometer races. The Manchester Invitational course is notorious for its hills, but the team rose to the challenges and found success, placing third out of 26 teams.

Chloe Song '26 described the team's workout prior to the Invitational to help prepare it for the course's hills. The extensive practice fostered confidence within teammates on race day.

"On Wednesday, we had a hill workout on Ward. We did 1100-meter repeats to get us prepared for Manchester. And I think it definitely helped. We saw the fruits of our labor," said Song.

The team worked on instilling motivation through friendship, explained Emma Hagstrom '25. Runners continue to adapt to high-demanding meets and put forth maximum effort.

"We've really worked on getting to know each other, getting close to each other, and putting in the work at practice and holding ourselves accountable to make sure we bring our best every single day at practice," said Hagstrom.

This season, Girls Cross Country underwent major coaching changes, notably the loss of previous Head Coach Keri Lambert. With Head Coach Patrick Rielly now leading both boys and girls programs, Hagstrom believes the team has adapted well to the change.

"Coach Reilly is a great coach and he has told us that he's focused on both the girls and the boys teams fully, and he's really helped us step up our team even though we have one less coach," said Hagstrom.

Song echoed her sentiments, describing Lambert's efforts to stay in touch with the team even in her absence. This served as another form of motivation, bolstering the team's determination to excel and reinforcing the team's strong sense of unity.

"We were racing in the spirit of Coach Lambert, the spirit of past GXC teams. Just because Coach Lambert was not there physically with us, she was commenting on Strava. She was commenting on our posts," Song said.

A new addition to the team, Storrie Kulynych-Irvin '24 appreciated the support she felt from the boys and the girls team. Placing fourth out of 172 individuals, she credited her teammates for helping her stay consistent with pacing her race.

Kulynych-Irvin said, "Our team atmosphere has been really good, and I feel really welcomed as someone who's totally new to the team and having to jump right in. I value practicing with the boys and it helps us to be a cohesive team... Right now I definitely feel like it's working well, and it's great to have more people to push your workouts always."

Kulynych-Irvin believes that the team is talented and confident. Looking ahead to the New England Preparatory School Athletic Council Championships (Interschols), she believes the team's success will rely heavily on the well-being of each member.

"One of our Varsity runners wasn't able to compete at Manchester, but we're hoping to have everybody healthy and ready to go at Interschols. We definitely have a really solid girls team," Kulynych-Irvin.

Andover Girls Cross Country will race at the Black Bear Invitational in New Hampshire this Saturday.

Boys Cross Country Sees Record-Breaking Performances at Manchester Invitational Season Opener

ANYA BUDZINSKI

Andover Boys Cross Country opened its season on Saturday, competing at the Manchester Invitational at Derryfield Park in Manchester, New Hampshire. The team placed fourth out of 33 teams in the Boys Large School Varsity race, falling to Phillips Exeter Academy (Exeter), St. Johnsbury Academy, and Bishop Hendricken.

The team had a great opener, with a majority of the team achieving personal records on a very hilly and technical course. Robert Budzinski '26 described this race as a way to test the team's strength, fitness, and hard work.

"The race went really well. A good majority of the team got PRs, and it was really good to see all of our hard work from the summer pay off. We went into the race just wanting to compete and test our fitness, and I think we definitely did that. There were some tough hills on the course as well and we embraced them and finished strong," said Budzinski.

Going into the race, the team didn't set any specific performance goals. Nathan Neu '26 mentioned that the team's attitude going into the race was to focus on competing to the best of their ability and showcasing the hard work the team has put in so far.

"Before going to the race, coach sent out an email giving us a word of the meet. The word of the meet was 'compete,' and I think that really meant a lot because our goal wasn't really defined, it was just to go out and see what we could do and compete with the other runners," said Neu.

With a personal record time of 15:12.5 for five kilometers, Tam Gavenas '25 placed second out of 270 runners at the meet. The time surpassed the course record by 20 seconds.

Budzinski said, "He got a [personal record] of 18 seconds and ran a time that broke a 20 year old course record. He placed second in a super competitive field. Tam [Gavenas] is a super hard worker, and he really pushes himself in the races. The whole team was super happy for him," said Budzinski.

Luke Williamson '25 highlighted the team's bond and competitive spirit as one of its biggest strengths. He noted that even on the course, the team supports each other through motivating words.

Williamson said, "The guys push each other a lot, which helps. We saw Sebastian [Lemberger '25] come in third in the JV race, and he ran a really fast time of 17:09 and that really got us hyped up and in the right mindset. During the race, we all push each other and help each other along. In races, we will even say things to each other to encourage one another. We really work together a lot."

Looking forward, the team hopes to be as successful as possible at the New England Preparatory School Athletic Council (NEPSAC) Division I championship meet and, potentially, Nike Cross Nationals (NXN). Williamson shared that although the team has high hopes performance-wise, it also hopes to continue fostering a strong team dynamic.

"We have a really strong team this year. We definitely have our eyes on placing the highest we can at the NEPSAC championship meet and maybe going to NXN. Something else we are really focused on is building the community. A lot of the team is really close. We hang out a lot and we want to extend that to the entire team because that is really important," said Williamson.

Andover Boys Cross Country will race at the Black Bear Invitational in New Hampshire on Saturday.

Girls Field Hockey Sweeps Brooks and Loomis

LILY WILLIAMSON

THURSDAY	
Andover	5
Brooks	0

SATURDAY	
Andover	8
Loomis	0

In its first away game of the season, Field Hockey shutout Brooks on Thursday, a fierce competitor for the team holding the 2021 Class B New England Preparatory School Athletic Council (NEPSAC) championship title. On Saturday, the team played Loomis Chaffee (Loomis), yet another strong team, but Andover was able to remain undefeated and has yet to give up a goal this season.

According to Neily Ware '25, the team dominated from the beginning and followed through until the end.

"Brooks is always a competitive game for us because we say we are like cross-town rivals. We always really want to win. We knew they had a couple of strong players so we came in really hot and just wanted to play our best. We wanted to crush them, and we did," said Ware.

Autumn Christian '27 highlighted the team's talent and speed, as it was able to move the ball from one end of the field to the other efficiently and then follow through with a goal.

"It was just amazing to see some of the talent on the team in action during quick plays. One minute, the ball is on the defense, and the next minute it is in the other team's goal," said Christian.

Ware shared that the team thrived under the leadership of Captain Shea Freda '24. Freda kept the positivity and passion up throughout the game.

"[Freda] is always a standout. She's really calm, cool, and collected. As our Captain, she can keep all of us positive, and sets that energy and tone for the game. She also brings the intensity everyday," said Ware.

Following the win against Brooks, the team hoped to build upon its strengths and correct its weaknesses in anticipation of an intense game against Loomis. According to Christian, communication was a key factor in the team's sweep.

"Communication was big. We communicated during Brooks, but definitely communicated more during the game against Loomis. I heard everybody talking to one another on the field, and I think that's what we are going to pursue doing," said Christian.

Corinne Spade '27 noted the team's ability to score goals early on in the Loomis game. She also highlighted the offense's ability to get in the zone and pressure efficiently.

"During the last couple of games, in the first thirty seconds, we had corners, or a free shot. At the very beginning [against Loomis], we scored within 15 seconds of the game starting. We get in the zone quickly and effectively [and] our offense pressures when they have the ball. They usually get it, and then they go down low, and within the first 30 seconds, they score," said Spade.

Looking ahead to the rest of the season, the team plans to focus on staying in sync and connected throughout the game. Ware shared that the team plans to work on fitness and spacing on the field.

"This week we are going to work on keeping up our conditioning, using our whole field, and having a strong connection with the backfield and the forwards. We want to keep playing our own game and keep up our position," said Ware.

Field Hockey will face Tabor Academy away on Saturday.

A.LEE/*THE PHILLIPIAN*

Keira Bruen '26 goes head-to-head against a Loomis Chaffee opponent.

G. BATCHEN/*THE PHILLIPIAN*

Lucy Parker '26 advances the ball as Kimberly Duplessis '27 trails behind her.

A.LEE/*THE PHILLIPIAN*

Sienna Glass '27 is in her first season playing for Andover Field Hockey.

SCENES FROM GIRLS SOCCER VS. LOOMIS CHAFFEE

PHOTOS BY ALEX LEE

SATURDAY	
Andover	3
Loomis Chaffee	6

WEDNESDAY	
Andover	3
Worcester	0

A.LEE/*THE PHILLIPIAN*

Co-Captain Jazzy Cormier '24 is also a Co-Captain for Andover's Outdoor Track and Field team.

A.LEE/*THE PHILLIPIAN*

Co-Captain Emily Mara '25 scored the second goal of the game against Loomis Chaffee in the final few minutes of the first half.

A.LEE/*THE PHILLIPIAN*

Sophie Dandawa '25 scored her first goal of the season in the game against Loomis Chaffee.

FOOTBALL

Co-Captain Henry Sheldon '24: Leading Football With Care, Compassion, and Camaraderie

ORLA NAUGHTON

Through his mentorship on and off the field, Co-Captain Henry Sheldon '24 builds a team environment beyond the game of football.

Sheldon's athletic journey started in Ireland, where he grew up playing on a rugby team. When he moved to America, Sheldon was introduced to football, and ever since, he has valued the close companionship the sport has provided over the years.

"When I moved to America, there were a lot of similarities between rugby and football so it was pretty natural for me... I think the team camaraderie is great, you know there's really a brotherhood on the football team, it's just a great sport to play and that's why I love it," said Sheldon.

One of Sheldon's main focuses is making sure that the team bond stretches between all grades. As a Co-Captain, he wants to ensure that he exemplifies the qualities of a leader not just because he has the title of one.

"I think for me [leadership] is including everyone on the team, whether they're a Freshman or a Postgrad[uate]... I speak with my actions as opposed to with my words so I try to implement that on the team, just working through your actions instead of being all talk. I think that as well as the team inclusivity, is very important [for] everyone [to feel like they're] a part of the team and [a part of the] brotherhood we have going on," said Sheldon.

Byron Johnson '25 knows that Sheldon is someone who is always striving to lead by example.

"One thing that stands out to me is that he'll always keep the group focused. Sometimes we'll be high energy and kind of go off track, but he always makes sure we're doing the right thing, focusing on practice or focusing on the game. He's always super engaged, and I think that's probably one of his greatest features as a captain," said Johnson.

Johnson also appreciated the support Sheldon offers to his teammates throughout the season. As a fellow offensive lineman, Johnson feels particularly close to Sheldon.

"Over the summer there was a camp at Williston that I wasn't able to make, but one thing that [Henry] did for me was making sure that I knew the plays. He would offer to call me and go over the plays, always just making sure that I was ready for the season. Now that we're [at school], he's always talking to me during the games and after the games and while we're watching film," said Johnson.

Sheldon serves as a mentor off the field by meeting with his teammates outside of practices. He ensures that the support he offers them is not simply restricted to football.

"We have study halls [where] we go to admissions on Tuesday and Thursday nights after practice... I try to help out the Freshmen if they have a simple algebra question, chemistry question, or something like that. I think [leadership] is also shown outside of football. During study hall, all the Captains, all the Seniors, [are] helping out some of the new people at the school," said Sheldon.

Along with the other captains, Sheldon works to build a relationship with Head Coach Trey Brown. Co-Captain Joe Carrara '24 believes the Captains' communication efforts are a factor in uniting the team as a whole.

"The Captains have a unique role where we're kind of like the bridge between Coach and theplayers. And if Coach has something he wants to run by us, we'll do that. If we wanna run something by him, it's definitely a great relationship that we feel comfortable enough to do and he feels the same way," says Carrara.

Sheldon cherishes the time he has with the team and the position he is in to represent the program. Every day, he strives to provide his younger teammates and peers around him with a good example.

M.MACKINNON/*THE PHILLIPIAN*

"I definitely take honor and I take a lot of pride in [being Captain]. You know, getting to represent the team not just on the field, but off the field. I think it's very important to be a good representative to the rest of the school. Naturally, as a leader younger kids on the team might look up to me, so I take pride in being a good role model in that sense," said Sheldon.

Sheldon will continue his football career at Bowdoin College next year.

"Lead by Example": Co-Captain Joe Carrara '24 Fosters Inclusive Team

SOPHIA CRATTY

After regularly watching football with his brother when he was younger, Andover Football Co-Captain Joe Carrara '24 found his passion for the game. Carrara began to play football in the fifth grade and has continued his football career at Andover, serving as Co-Captain for the 2022-2023 and 2023-2024 seasons.

M.MACKINNON/*THE PHILLIPIAN*

Part of Carrara's leadership strategy is to be a role model for the team, hoping to show confidence in his teammates skills and abilities.

"I try to lead by example, and I try to be pretty vocal on the field and always picking up my teammates, making sure they know that I trust them and know I believe in them," said Carrara.

According to Carrara, Andover Football is a very diverse team, with many players bringing unique experiences with the game. Carrara highlighted how each player's distinct background helps the team improve its level of play.

Carrara said, "We have so many kids and from all different backgrounds...whether it's where they come from, what they know, [or] who they've played with before. But we're just always competing, whether it's our best players practicing against each other, or our JV players too. Everyone's always trying to make each other better, because we know that in the long run that's what's gonna...be best for the team."

Coming in as a postgraduate and a new member of the team, Lincoln Beal PG'24 looked to Carrara as a leader on the team. Beal noted that Carrara was consistently acting as a role model for the team, allowing the players to easily follow his lead.

"Joe definitely leads by example. Being someone new, being a PG, definitely took a while to adjust but I followed Joe and he always does the right thing, so it was really easy for me to adjust," said Beal.

Another new member of the team, Andy Du '25, felt welcomed by Carrara. Especially as a new Upper, Du was apprehensive about the start of the year and playing on a new team with unfamiliar people, but Carrara helped ease his nerves.

"I was a little shy about meeting some of the new kids, but Joe was super proactive with reaching out to me and being a super nice guy. So I felt super welcomed by him and the entire football team just before the season. Joe's been a great leader for us on and off the field and he's a role model for all of us," said Du.

With a lot of material to learn before the official start of the season, Beal leaned on Carrara's guidance and experience. According to Beal, Carrara was always around to lend a hand to Beal and the other new players on the team.

Beal said, "So I had to learn a whole new playbook and Joe obviously being here for a few years, he knows the playbook pretty well and whenever I had a question, he knew exactly what I had to do and I knew I could always trust him to tell me the right thing. And he does that with a lot of PG's too."

Carrara highlighted why he enjoys football and what keeps him coming back to the sport. Carrara's love and enthusiasm for the game are reflected in his leadership and are obvious to the players who recognize and appreciate Carrara's passion.

"The bonds I make with my teammates and just being able to hang out with guys all the time and [with] teams of 50 people, you just make so many friendships... That's definitely the biggest thing [that keeps me coming back to the sport]. And then [there's] the competitiveness of the sport, I just love being able to compete every day and [attend] practice and games," said Carrara.

Carrara looks to continue his football career in college.

Co-Captain Sebastian Valasek '24 Surges Football with Athletic Prowess

HENRY SNOW

Coming to Andover with a lot of leadership experience already, Sebastian Valasek '24 has and continues to use his knowledge to cultivate a powerful team bond, rooted in confidence, team spirit, and most importantly, communication.

Coming from Montreal, Canada, where American football is not very prevalent, Valasek embarked on a remarkable journey to showcase his dedication to the sport and his unwavering commitment to being a true team player and leader.

"I first started playing football in 2018 in Montreal, which is where I'm from. I played [some] sort of backyard football with my friends before, but nothing beyond that. My first experience with contact sports was in eighth grade when I started playing [football]," said Valasek.

When first starting, Valasek faced limited opportunities for high-level training and gameplay. His physicality often restricted his performance against opponents with more strength, experience, and superior athletic prowess. Only one year into playing, he began to lose motivation for the sport he loved so much.

M.MACKINNON/*THE PHILLIPIAN*

Valasek said, "I played on a pretty bad team and I was undersized and so I have some memories of just getting, like, completely smoked by, much bigger, stronger, more athletic players. And I wasn't sure if I wanted to keep playing."

The following year marked Valasek's breakthrough season. Persuaded to stay for another year, he devoted himself to rigorous offseason training, experiencing significant physical growth. This transformation earned him a spot on a competitive team, as its new captain. For Valasek, size became a pivotal element in his football journey. As he gained strength and height, the sport became more entertaining, enabling him to relish the sensation of being one of the larger players, a stark contrast to his previous year's experience.

"My school coach sort of convinced me to come back for another year and I really enjoyed it and I was then chosen as captain, for that team and, you know, being a little bit bigger and stronger and being on a better team made the sport a lot more enjoyable and I would say it was my second year playing football that had me hooked," Valasek said.

From an eighth grader who had just been introduced to football, to now leading Andover Football as a captain, Valasek hopes to inspire others with his journey. With hard work, perseverance, and outstanding performance from all his teammates, he hopes this year will mark a new journey for Andover Football.

"Certainly as a team, the goal is to win games, that's not a surprise. We think that we've done a good enough job with recruiting and with our off-season program to be a competitive team in every single game that we play. We enter every single game with the attitude that we can win, which is not something that this program has had in the past and individually," said Valasek.

Carter Aime '25, a cornerback on the team, recognized Valasek for his tenacious spirit on the field and his ability to keep his team motivated. Regardless of the score, Valasek's ability to remain optimistic is respected by his teammates.

Aime said, "My first impression of Seb[astian] was his ability to work hard through fatigue and adversity and his amazing energy toward the team. He is also high-spirited and trustworthy. No matter how badly we are losing or how greatly we are winning, Seb will always be there cheering us on the sidelines."

While Valasek is not a recruit, he has become a driving force behind the Andover football team's resurgence. His first impression of the Andover team and coaching staff, along with his journey exemplifies the power of determination and natural talent.

"I came into Andover honestly not knowing if I was going to play Varsity Football or if I even wanted to. I was very apprehensive about the whole thing. I didn't apply to Andover for sports or for football. I sort of came for the general experience and the academics and all that. Immediately upon meeting the guys on the football team and the coaching staff and getting the practice, I sort of realized that this is really somewhere that I could be very comfortable and have and forge very meaningful relationships," Valasek said.

ALLIANCE
SPORTS

WE ARE ALLIANCE SPORTS.

WE BUY AND GROW SPORTS TEAMS.

OMAHA STORM CHASERS

The Omaha Storm Chasers are a Minor League Baseball team in the International League and the Triple-A affiliate of the Kansas City Royals. They are located in Omaha, Nebraska.

RICHMOND FLYING SQUIRRELS

The Richmond Flying Squirrels are a Minor League Baseball team based in Richmond, Virginia. The team, which is a part of the Eastern League, is the Double-A affiliate of the San Francisco Giants.

MONTGOMERY BISCUITS

The Montgomery Biscuits are a Minor League Baseball team based in Montgomery, Alabama. They are the Double-A affiliate of the Tampa Bay Rays and play in the Southern League.

UNION OMAHA

Union Omaha is an American professional soccer team playing in the USL League One based in Omaha, Nebraska. The team debuted in 2020 and won the League One championship in 2021.

Co-Captain Diego Valez '24 Leads With Positivity and Empathy

EVAN CURTIN

Andover Football Co-Captain Diego Velez '24 leads Andover Football with spirit and selflessness, utilizing his captaincy to include everyone on the team no matter their skillset or experience.

Issac Leeper '27, new to the team, acknowledged Velez's compassion and dedication to the sport. He credited Velez for always seeking feedback and alternative perspectives from his teammates.

"Diego is a great leader, who will do anything and everything for the team to win and will always pick people up even when they are feeling down," said Leeper.

Chris Savino '24 highlighted Velez's ability to keep team morale high, which keeps each player motivated and eager to work hard.

"He's always trying to keep the energy up and energy good because I think people can easily get pessimistic if we're down or something like that. And I think he's great at bringing that good...positive energy to try to turn the tide," said Savino.

Leeper called attention to Velez's athleticism and way of misdirecting his opponents with speed. Leeper admired Velez's athletic intelligence on the field, demonstrating focus, grit, and tenacity in every play.

"If I were to describe Diego in one word as an athlete, it would be 'shifty.' His ability to catch the ball and immediately run downfield without being tackled is second to none," said Leeper.

Savino acknowledged how well Velez represents the values of Andover Football, often acting as an example for the lowerclassmen. Although quieter than his teammates, Velez communicates through his work ethic.

"[He leads by] example. So he's an example of a blueprint for what the rest of the team should be... He's very disciplined...[and] I think he's less outspoken than other Captains and speaks more through [his] actions," said Savino.

M.MACKINNON/*THE PHILLIPIAN*

ANDOVER FOOTBALL

CO-CAPTAIN: JOSEPH CARRARA '24 POCASSET, MA	CO-CAPTAIN: HENRY SHELDON '24 CHARLOTTE, NC	CO-CAPTAIN: SEBASTIAN VALASEK '24 WESTMOUNT, QC	CO-CAPTAIN: DIEGO VELEZ '24 IRVINGTON, NY
CARTER AIME '25 MOUNT VERNON, NY	JUN AN '27 NEW YORK, NY	DYLAN ANZEL '26 SAN FRANCISCO, CA	ALEXANDRO ARMOUR '24 SAN JUAN, PR	JOHN BANCONE '25 SUMMIT, NJ
DANIEL BANDAR '24 BEVERLY, MA	TYLER BATY '27 OAKLAND, CA	LINCOLN BEAL '24 ANDOVER, MA	LOGAN COVE '24 DERRY, NH	ALEX EWALD '24 ANDOVER, MA
BOONE FAHEY '26 EAST THETFORD, VT	GRANT DEHOOG '25 COVINGTON, LA	ANDY DU '25 READING, MA	JOSH ESPINOZA '25 BRONX, NY	SEBASTIAN HAFERD '25 CAMBRIDGE, MA
JANIEL HERRERA '24 LAWRENCE, MA	HANK FERGUSON '25 BRANFORD, CT	JOHN FUREY '24 WELLESLEY, MA	AIDAN GOSS '24 DRACUT, MA	ADAM LANDRY '24 NEWTON, MA
ISAAC LEEPER '27 LONDONDERRY, NH	JACOB HONOR '27 WINDHAM, NH	NICHOLAS JONES '24 NORTH READING, MA	KAMEN KALEB '25 CAMBRIDGE, MA	JACKSON MCDONALD '25 WILMINGTON, MA
JOHN MORAN '24 ANDOVER, MA	BYRON JOHNSON '25 WASHINGTON, DC	NICK LIMA '25 SEA GIRT, NJ	JOEY MARSTON '24 RYE, NY	BENNETT RODGERS '26 DALLAS, TX
GIOVANNI ROSENFELD '27 STOW, MA	ANTHONY MYERS '25 SOUTH HAMILTON, MA	RICHARD PHILLIPS '25 LAKE FOREST, IL	QUINN POLCARI '24 WATERBURY CENTER, VT	JACKSON SLACK '26 LONDON, GB
LEO SIM '25 SEOUL, KR	NATHAN ROSNER '24 BETHESDA, MD	CHRIS SAVINO '24 BETHESDA, MD	ELAN SHETTY '26 ANDOVER, MA	OLLIE VELEZ '26 IRVINGTON, NY
	JEREMY WOODLEY '26 LAWRENCE, MA	MANAGER: ELLA GUZMAN '24 NORWOOD, NJ	MANAGER: IRENE LEDO '24 NEWARK, NJ	

H.CHOI/*THE PHILLIPIAN*

Andover Football Suffers Defeat Against Williston in Season Opener

AARON HUANG

FRIDAY	
Andover	28
Williston	57

Running across the field to the right sideline, Lincoln Beal PG'24 caught the football over his shoulder and went on to score a 40-yard touchdown — a memorable moment from Saturday's game. Despite this moment, Andover lost 28-57 to Williston Northampton (Williston) in its season opener.

Leo Sim '25 believed that Andover came into the game with something to prove. He emphasized that the team spent three weeks preparing, whether it was studying Williston's film, or on-field training.

Sim said, "I guess it was a big game for us as our starting quarterback from last year, Davian McDonald ['25], transferred to Williston and is now their starting quarterback. It was our first game, our season opener, and at home. It was very important to us. We started looking at their film as soon as possible, trying to scout their players and see who their best receiver was, what their plays were. All that film helped us know what they might run and what they would like to do."

Quarterback Andy Du '25 reflected how the weeks before the game consisted of integrating new players like himself into the team's offense. Adapting to the new offensive strategies was also key to the team's success on Saturday.

"We had a lot of new kids this year, including myself. We were new to the offensive playbook, so during the preseason camp at Williston, we were installing the entire playbook: the basic plays, route concepts, and pass plays. Those plays should be automatic at this point, and I feel like the concepts that we worked on translated into the game as second nature, which was a good thing for us considering a lot of our offensive players were new," said Du.

Sim stated that the team had a strong start, and were able to score two touchdowns in a row. However, he noted that a fumble right before the half allowed Williston to seize the momentum of the game.

"The start of the game was really back and forth. They started with a touchdown, and we responded with one, and kept going like that until it was 21-14, Williston. But on our drive to tie the score, we had a fumble at their 30-yard line and that cost us to be behind 28-14, which had a big impact on the game going into halftime. We could have been tied, but instead, we were losing by 14. From then, the gap started to get bigger. We still could have done something, as our offense was really good and our defense was in good positions, but we were just missing tackles and we couldn't cover some passing plays," said Sim.

Du noted that the team's spirit and enthusiasm was very high throughout the entire game and he praised the captains for their ability to help maintain that energy. Despite losing, he felt like the energetic environment and physical nature of the game motivated each player.

"I thought that there was a lot of energy on the sideline. You could really feel the atmosphere before the game, during halftime. We were able to take care of ourselves and our leaders, being good leaders, helped us have that extra motivation. All our captains stepped up and it was clear that we have a very strong core group of kids who are able to push the team both mentally and physically when we are down. I think that coming out of half time we were all very pumped up and ready to play. It was a good game, and we brought the energy, but at the end of the day, it just wasn't our day," said Du.

Du highlighted Lincoln Beal PG'24 and Adam Landry '24 as two key offensive players who led the scoreboard, and Alex Armour '24 as a defensive playmaker. Their athleticism and hard work significantly contributed to the team's success.

Du said, "We came out of the game pretty strong with a touchdown from Adam Landry, our quarterback, to Beal, our PG wide receiver. And our next play was another touchdown from Landry to Beal. We had a great offensive start with those two touchdown passes. And later, Beal scored another touchdown on a jet pass from Landry. He [Beal] had three touchdowns for us which was super impressive. Defensively, Alex Armour was in the back field the entire day, stuffing runs. He sacked the quarterback three times and he was a big difference maker on defense."

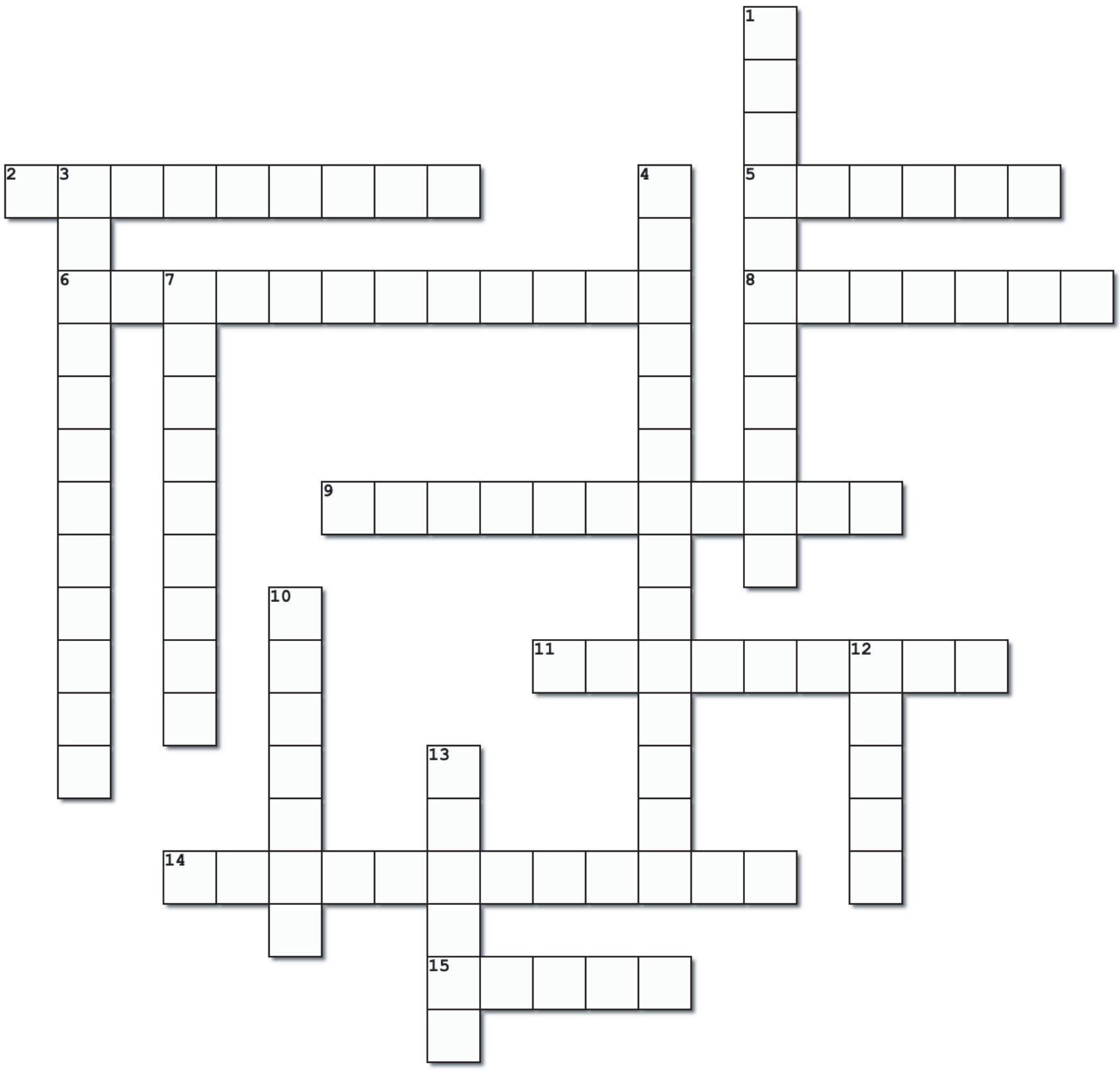
Andover will play its first away game of the season against Salisbury on Saturday.

Editor's Note: Leo Sim '25 is an Associate Video Editor on The Phillipian.

A.LEE/*THE PHILLIPIAN*

Adam Landry '24 is the quarterback for Andover Football.

Autumn Themed Crossword

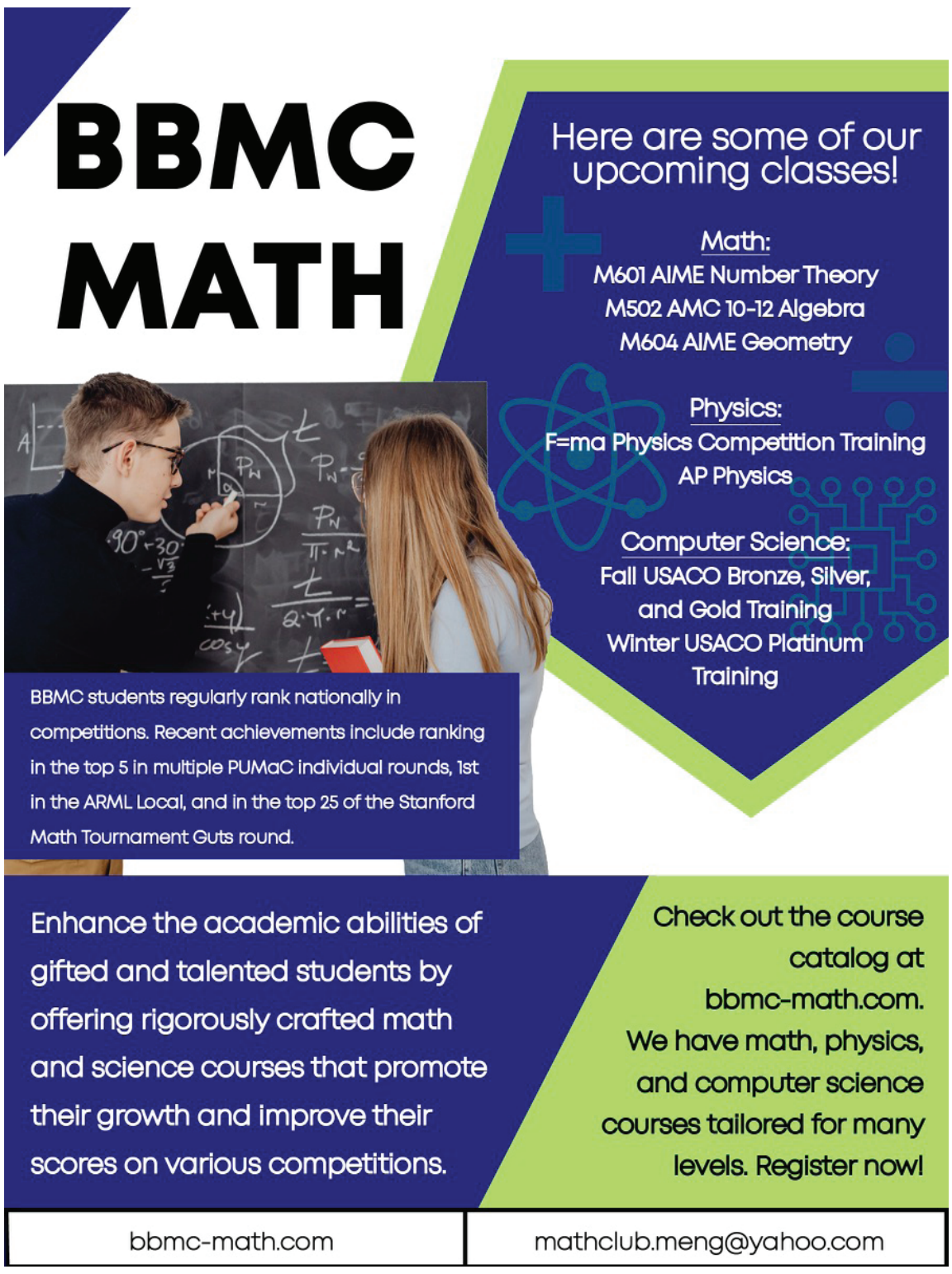


Across

2. Orange, white, and yellow striped candy
5. _____ season
6. Long awaited fall flavor
8. Plentiful and abundant are often words to describe this
9. German tradition ending on the first Sunday of October
11. If these cross in front of you, bad luck will follow
14. Netflix show, often rewatched in the fall set in Stars Hollow
15. Frequent squirrel snack

Down

1. Andover's fall talent show
3. Common fall activity
4. In a 2007 SNL skit, Poehler and Rudolph said this infamous line
7. Also known as the Moon Festival
10. Take a ride on it at a farm
12. Andover's fall dance following A/E
13. What one does when scared, also a movie



Crossword Answers

Across
2. Candycorn
5. Spooky
6. Pumpkin spice
8. Harvest
9. Oktoberfest
11. Black cats
14. Gilmore Girls
15. Acorn

Down
1. Grasshopper
3. Apple picking
4. Sweater Weather
7. Mid Autumn
10. Hayhale
12. Abbot
13. Scream

2023-24 MATH ONLINE WINTER CAMP

ARETEEM INSTITUTE
Transforming Education for a Global Community

Scan to Apply

Dec 26th - 30th 12 - 6 PMET

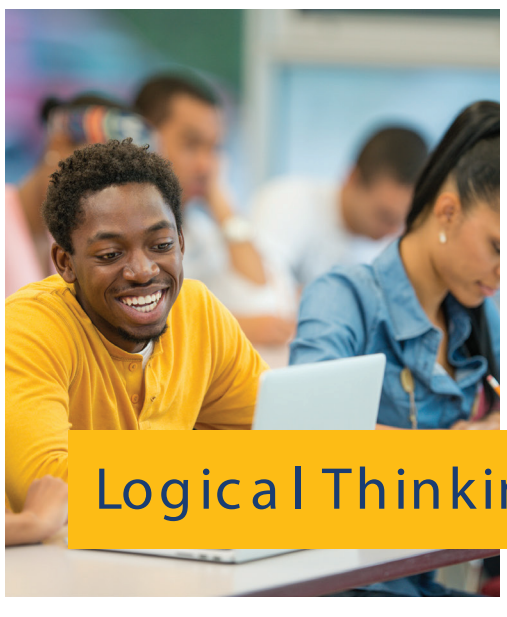
RECOMMENDED

Help students succeed in Math Contests

ZIML, AMC 8/10/12, AIME, USA(J)MO, MATHCOUNTS, etc

Conceptual Understanding

Problem Solving



Logical Thinking

Year round Math Challenge and AP classes are always available!

Strengthen students' academic skills with challenging math and science courses that are expertly designed for talented and advanced students from 3rd grade to 12th grade.

classes.areteem.org 949-305-1705 info@areteem.org

ALL Students, Faculty & Staff
Invited to Apply!

ABBOT ACADEMY FUND Caring Innovation Boldness

DREAM IT, THEN DO IT

With an Abbot Academy Fund Grant!

The Abbot Hoops outdoor basketball court, theatre costumes, a new PA Observatory camera, supplies to knit blankets for immigrant families—these are just a few of the hundreds of projects that have been supported by Abbot Academy Fund (AAF) grants.

Grants range from $100 to $10,000! Think big—or think small. The AAF welcomes proposals for all kinds of projects, especially those that will:

- Broaden student experiences in meaningful ways
- Encourage new ways of thinking, learning, doing, and being
- Promote equity, inclusion, and wellness
- Expand PA's positive impact locally—and around the world

Share your idea, get guidance: All grant applicants must schedule an appointment with AAF community liaison Ms. Marcelle Doheny (mdoheny@andover.edu) to chat about their ideas.

APPLY SOON! Deadline is Friday, October 20, at 5 p.m.

Questions? Please email Ms. Doheny or AAF coordinator Belinda Traub (btraub@andover.edu). AAF grants (also known as Abbot grants) are offered in the fall and spring of each academic year. Start dreaming today!

LEARN MORE ABOUT HOW TO APPLY

Come watch the short documentary Dream It, Do It: The Abbot Academy Fund's First Fifty Years and learn more from AAF program director Jesse Bardo '03 and current students who have been awarded Abbot grants.

Friday, September 29
6 p.m.
Freeman Room,
Oliver Wendell Holmes Library

Scan for AAF grant application and examples of past projects and initiatives

Arts & Leisure
The Phillipian

More Than Kenough: Extravagant and Pink Outfits Light Up Lower Right in Barbie Dance

SIENNA RODRIGUEZ AND HANA YOUNG

VERA ZHANG/*THE PHILLIPIAN*

"I'm a Barbie Girl in the Barbie World" boomed from speakers as flashes of light bounced around Lower Right of Paresky Commons, shining different shades of pink on ties and dress hems. On September 23, a schoolwide Barbie-themed dance took place after the showing of Greta Gerwig's Barbie movie. Clad in pink, students from all grades came together to enjoy the night's festivities.

Denzel Dickson '26 appreciated the creativity of the dance and the way it allowed people to explore varying fashion styles while staying with a distinctive and cohesive theme. Though Dickson noted that the decor and music could have embraced the theme more, he still felt the students brought a vibrant Barbie spirit to the dance floor.

"I came to the dance because it was a Barbie dance and it seemed like a really interesting and fun dance to go to. I really enjoyed hearing Nicki Minaj and Ice Spice's song, 'Barbie World'... I think the theme [of] Barbie was really cute and I like how people portrayed the theme with their outfits. I think it was... appealing and interesting," said Dickson.

For Mia Isacson '26, she felt the dance was a good opportunity to socialize and meet new people, enjoying the dance because of its "fun and light-hearted" pink theme. Isacson also described how she put together her outfit for the Barbie theme.

"I wore two items from Andover Thrift, actually. I wore a corduroy jacket...as well as a black lace skirt I got from there. I also wore a pink lace dress-blouse to go over the skirt, lace tights, black Dr. Martens, a black choker necklace, and a pink necklace with gold as well as some gold jewelry," said Isacson.

DJ Jacob Gordon thought the dance went "really well," even though students occasionally bumped into him. Apart from that, he often took risks in song choice. For example, he included a remixed version of "Alive" by Krewella which the crowd responded well to. Gordon discussed his thoughts about the dance's theme in relation to DJing.

"I think the Barbie theme was good, it was fun. I tried to make a playlist around it but there's really not a lot of Barbie songs... I don't usually make playlists. I have a couple [of] go-to banger playlists, but I usually just strictly go off the vibes," said Gordon.

Aeva Cleare '26 mentioned some memorable aspects of the dance, especially how pictures came out and the attendees' attire. She saw people go above and beyond in their extravagant Barbie-related outfits, some even dressing up as specific characters from the Barbie movie. In particular, Cleare highlighted the attention one attendee who dressed as Ken received.

"The guy who dressed up as Ken was really funny because a friend had pointed him out and of course we [needed] to take pictures with him. I flagged him down and what ended up happening was as soon as he entered...he got the Ken sign... There was this whole slew of people just taking photos with him [that] it looked like paparazzi," said Cleare.

Yumi Lai '27 Learns to Enjoy Dance with No Limitations

Yumi Lai '27, a member of

CAMERON MANZO

Hypnotiq (Hypno), Andover's hip-hop dance group and the Asian Performing Arts Club (APAC), started her dance journey at just eight years old. She experimented with lyrical, jazz, and ballet, but it was a twist of fate during the pandemic that sparked her passion for hip-hop.

"After Covid-19, I found hip-hop in L.A. and I just started going to classes, and I was having the time of my life, so that's how I knew I loved hip-hop... I always watched dance videos on YouTube, and I was like 'I want to be in that room.' And getting to be filmed is something I always looked forward to because I love performing in front of other people, so once I watched those videos I was like, 'That's my goal,'" said Lai.

COURTESY OF YUMI LAI

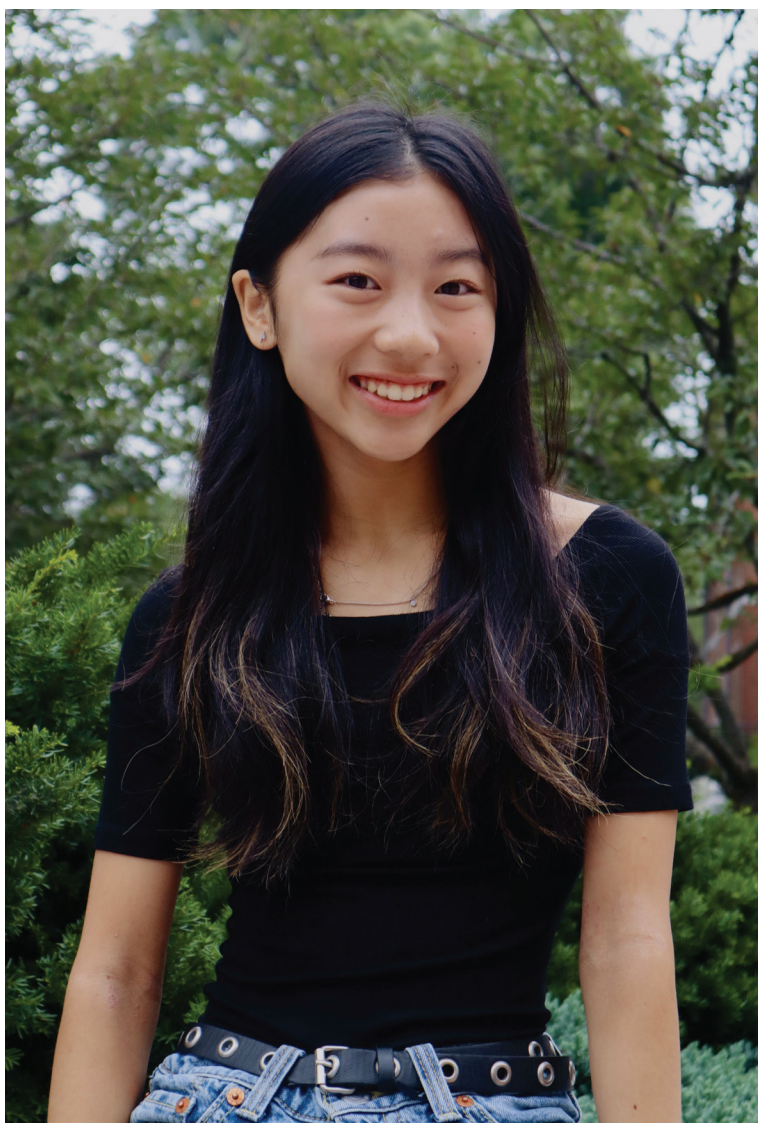
Performing in rooms of 80+ people has allowed Lai to relinquish her perefectionism and just have fun.

Lai soon found herself in the bustling heart of L.A., taking classes at major hip-hop studios like Playground L.A. and Millennium. However, during the initial stages of her hip-hop dance journey, Lai was presented with unfamiliar hurdles to overcome. She embraced a crucial lesson along the way: to allow her growth mindset and passion for dance to propel her forward.

"[Dancing in L.A.] was the first time I was really recorded, and there were times I forgot the dances on camera because I was nervous. It was definitely new to me, and I thought it would be easier than it was, but when there [are] 80 people watching you it's definitely a little bit harder, especially if you're just learning the dance in one hour... I've learned it's not about perfecting it, it's about having fun. Those times, I was embarrassed that I forgot, but later I just improved my mindset into having fun and not worrying about choreography, and I think that's the main point of dance," said Lai.

Lai expressed how dance performances can act as a language of emotion more than just physical movements of the body. Influenced by the music, Lai brings her own unique approach to showing her stage presence, emphasizing how facial expressions deepen her connection with the audience. In doing so, she contributes to the creation of a closely-knit community within the world of dance.

"Once you step into the room of 100 people ready to dance, you just get this serotonin... Music is a big part of dance, and that one second where you hear the music you're going to be dancing to, it just makes you so excited and happy to dance, and everyone is so supportive... You need that energy and all those facial expressions to make it interesting. I think that also relates to connecting with music. Depending on the music, it changes your facial expressions and makes it more captivating to other people," said Lai.



E.LIU/*THE PHILLIPIAN*

Lai finds there are "no limitations" to dance in Los Angeles, allowing all ages and people to dance together.

Despite Lai's relatively short time at Andover so far, her energy has already been recognized by several of her peers. Mayumi Kawano '25, a fellow dancer in Hypno, shed light on Lai's strengths as a dancer, particularly how her energetic personality is reflected through dance.

"She has a lot of energy and puts a lot of power into her moves which ends up looking very clean, and she has fun dancing. Overall, she has a very technical and beautiful way of performing... She's a very bubbly and lively person, and you can tell that through her dances, it's always very full of energy and very popping, and you can just tell how much she enjoys it," said Kawano.

Arts & Leisure
The Phillipian

Olivia Rodrigo's "GUTS" Showcases Innovative Sounds and Reveals Emotional Vulnerability

HELIOS HONG

Olivia Rodrigo's sophomore album "GUTS" blends alternative pop, jazz, and '90s punk rock into a critically acclaimed and commercially successful collection of music. Debuting this week atop the Billboard 200 chart of the most popular music in the United States of America, Rodrigo's new album has taken the music world by storm, appealing to fans in all age groups. In "GUTS," Rodrigo's storytelling skills shine through her heartfelt lyrics, demonstrating her growth and maturity as an artist through her discovery of new sounds and catchy pop melodies.

The opening track "all-american b*tch" is a perfect example of how Rodrigo challenges the boundary between genres and brings out personal worldviews through her bold lyrics. Rodrigo opens with a mellow verse, which abruptly turns into a punk-rock thrasher. However, the chorus ends prematurely and it suddenly but smoothly transitions back into a delicate second verse. The song ends in the tone it began with elegance, as Rodrigo repeats the verses "All the time/I'm grateful all the time/I'm sexy and I'm kind/I'm pretty when I cry." This carefully curated song refers to the societal pressure that women feel to be palatable to society. Rodrigo's scream towards the end of the song, "I'm pretty when I cry," represents her breaking point and her anger at society.

AVIVA CAI/*THE PHILLIPIAN*

"all-american b*tch" showcases Rodrigo's musical versatility and her willingness to challenge societal norms, but it is her third single "get him back!" that truly displays why she has been a popular new addition to the world of pop music through her unique voice. Rodrigo begins the song in the first verse by speak-singing, a technique that involves singing lyrics in a talking tone. In the chorus, Rodrigo sings a catchy yet simplistic melody. The bridge from "get him back!" goes into a quieter place with Rodrigo's solo vocal calling and responding with her backup vocals. Her wide range of dynamics perfectly depicts the contrasting emotions she aims to convey: turmoil and anger, tranquility and acceptance. The incredible vocal production and lyricism in this song propel it to be one of the standout releases after her two singles "vampire" and "bad idea right?"

"all-american b*tch" and "get him back!" are just two of the groundbreaking songs on Rodrigo's new album. "lacy," "logical," and "the grudge" also showcase Rodrigo's artistic songwriting skills, while "ballad of a homeschooled girl" and "love is embarrassing" illustrate the rising "bubble-gum pop" genre Rodrigo has introduced to the landscape of pop music.

Before "GUTS" was released, Rodrigo faced high expectations following the groundbreaking success of her debut album "SOUR." However, with "GUTS" already topping the Billboard 200, Rodrigo is on the path to replicate or even surpass her success with "Sour." Whether you became a fan of Olivia Rodrigo during her Disney days or you just listened to "vampire" on the radio for the first time today, it is not difficult to sense Rodrigo's passion. Overall, "GUTS" receives a 4/5 stars rating for its connection to modern society, as well as its fresh sound and diverse tunes.

★★★★☆

"Totally Out of Our Comfort Zone": Andover's Music Ensembles Experiment with Unconventional Fall Repertoire

HANA YOUNG

From electronic music to 20th-century pieces by American composers, Andover's music ensembles are experimenting with newer, unconventional repertoire this term. Such ensembles include Symphony Orchestra, Chamber Orchestra, Amadeus Orchestra, and Jazz Band.

Apart from the arrival of new Band Director Ray Daniels, Orchestra Conductor Christina Landolt expressed her enthusiasm for the orchestra repertoire this fall.

"We're experimenting with something totally out of our comfort zone. We're playing 'Pictures at an Exhibition' [by Modest Mussorgsky], but we're playing a combination of the piano version, the orchestral version, and [the] electronic music version. In Chamber Orchestra, we're going with Amadeus [and] playing 'In C' [by Terry Riley]. The composer actually wrote back to us and sent well wishes for our performance," said Landolt.

Ani Bayramyan '24 is a violinist in the Symphony Orchestra and the Chamber Orchestra. As she steps into her final year in the ensembles, she is excited to rise to a leadership position, assisting newer players with approaching contemporary performance techniques.

"The first few rehearsals were pretty exciting and interesting. Since we have different pieces this year, we had sectionals where me and a few other Seniors [coordinated] with a smaller group to better our performance... We also got to know the new students, which was very nice," said Bayramyan.

Ethan Liu '26, a saxophonist in the Jazz Band and violinist in the Symphony Orchestra, looks forward to the experience of playing around with different genres of music.

"I'm looking forward to having a great time playing with my older friends from last year that I've already built connections with, and make new connections with students and hopefully make some pretty powerful performances throughout the year," said Liu.

New to Andover's orchestras, violinist Melody Oh '27 remarked on how the music is different from what she is used to, but she is eager for the challenge of playing contemporary music.

"Although orchestra might sound really boring, I feel like it's like a group sport because you're collaborating to achieve a mutual goal. In sports, that's like winning a game. In orchestra, you're creating one piece of music. I'm really hoping to gain that sense of community [and] that sense of bonding," said Oh.

R.NASSERZADEH/*THE PHILLIPIAN*

During family weekend the Academy Symphony Orchestra will play "Four Minutes and 33 Seconds" by John Cage.

R.NASSERZADEH/*THE PHILLIPIAN*

Peter Cirelli, Instructor in Music, conducts the Academy Concert Band on Tuesday nights.

Arts & Leisure

The Phillipian

"Clothing Collector" Maggie Fulop '26 Experiments with Trends and Vintage Pieces

PIPER LASATER AND ASHIQ KIBRIA

Cozying up in her "emotional support sweater vest," red checkered with small floral adornments, Maggie Fulop '26 utilizes vibrant color combinations to make her outfits pop. With a blue skirt, white pearl necklace, and her Dr. Martens boots, Fulop strives to make an impression with her fashion every time she walks out of her dorm.

"When I go shopping I usually buy a lot of clothes with different colors. I usually buy them with an outfit already in mind... Sometimes when I am feeling fancy, I'll plan something out the [night before] and usually just [add] something with similar colors," said Fulop.

From a young age, Fulop has naturally leaned more towards feminine styles, often wearing Disney Princess dresses and neon clothes from Justice. In recent years, she has experimented with some new styles that play with androgyny and different time periods. Fulop reflected on how during the pandemic, she used the free time that quarantine afforded her to experiment with more unconventional styles.

"During quarantine while everyone was bored out of their minds, I told myself, 'I am going to go back reinvented.' Then I curated things that I liked... [I took stylistic inspiration from] not one specific person, but from a variety of things I was seeing online. From people putting together increasingly wacky outfits and just being like, 'Wow, I have free will, I can do that if I feel like it,'" said Fulop.

Some of Fulop's favorite clothing brands are Marc Jacobs Praying, as well as "super girlie" ones like Simone Rocha, Sandy Liang, Shu-Shu Tong, and Miu Miu. Moreover, she often styles daring accent pieces that may not fit with conventional fashion standards. Fulop's friend Chloe Song '26 remarked how Fulop synthesizes elements in her outfits reminiscent of both vintage and currently trending fashion styles.

"I think Maggie follows trends, but I think the way she follows trends does not make her trendy. It makes her, instead, very timeless. I think she also is very unique in the sense that she combines feminine styles with masculine styles," said Song.

Fulop's friend Claire Wang '26 discussed how her day-to-day outfits consist of vibrant sweatpants and one of her classic graphic tees with a signature design. As a self-proclaimed "clothing collector," Fulop is always on the hunt to discover unique tees and add them to her collection.

"She's not afraid to wear stuff that is very unconventional... She has this one T-shirt that has the words, 'Rotisserie chicken, $5.99' in Times New Roman font and it's just hilarious," said Wang.

Song remarked how Fulop's passion for fashion "runs in the family," adding that Fulop's mother and grandmother were also very interested in fashion. Fulop described the unique agency fashion in particular offers individuals in terms of self-expression.

"For me, fashion is interesting because it gives you a little bit of agency over how other people see you. Obviously, you can't control the way others think [about] you, but it is really interesting [how] you can influence it through the way you present yourself," said Fulop.

Editor's Note: Claire Wang is an Associate Graphic Editor for The Phillipian.

A.CHINN/*THE PHILLIPIAN*

Fulop's favorite places to shop are Simone Rocha, Sandy Liang, and her mom and grandma's closets.

A.CHINN/*THE PHILLIPIAN*

Although Fulop enjoys dressing up, most days she goes for a comfortable look, often wearing sweats.

Write for Arts!

Email:

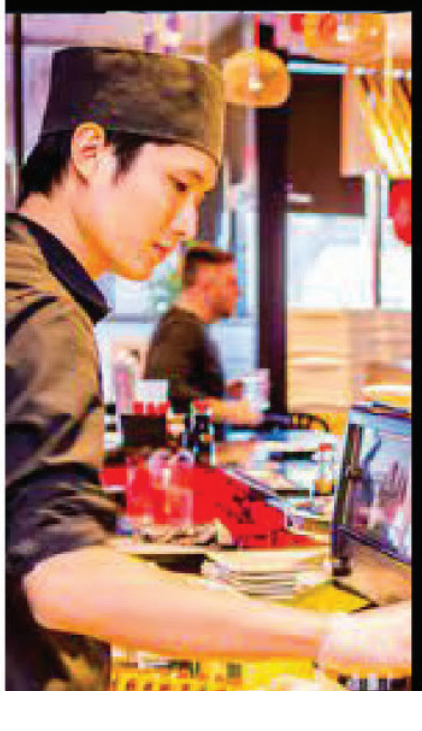
wying25@andover.edu

ltung25@andover.edu

ShoYu

Chinese & Japanese Cuisine

40 Park St, Andover MA



STUDENTS UNITED FOR UKRAINE

12+ MILLION PEOPLE DISPLACED BY THE WAR IN UKRAINE NEED YOUR SUPPORT.

We're a student-led charity established to help American families provide safety, renew dignity, and restore opportunity to those most affected.

Visit www.studentsu4u.org to make a difference today.

SPONSOR A FAMILY

BE A VOLUNTEER

MAKE A DONATION

Advertisement paid for by Students Uniting for Ukraine Foundation.

Please contact william.buehler@studentsu4u.org to learn how you can participate or with any other questions.

Image source: NBCNews.