# The Phillipian

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# **Andover Progresses to Green Zone, Covid-19 Restrictions Loosen**



M.DOUCETTE/THE PHILLIPIAN

Following Andover progressing to the green zone, the Oliver Wendell Holmes Library (OWHL) became a mask optional space. Above, students studying in the OWHL maskless.

### **BIANCA MORALES**

Andover entered the green zone, or the lowest Covid-19 transmission risk zone, on Monday afternoon, according to an announcement sent by Medical Director Dr. Amy Patel and Jennifer Elliott '94, P'22, P'24, Assistant Head of School for Residential Life and Dean of Students. With zero Covid-19 cases in the seven days before the announcement made on October 18, Andover has relaxed many regulations set in place against the spread of

Covid-19. In this new protocol, masking is optional in classrooms unless teachers require it, students are permitted to enter the common rooms of each others' dormitories, and fully vaccinated students may more easily leave campus for both overnight and day excuses. This is the first time Andover has reached the green zone since the pandem-

The Andover community has not had maskless spaces for all individuals since the winter of 2019-2020. Elliott voiced her enthusiasm for the new shift in guidelines, while acknowledging the concerns of community mem-

"I'm excited that it is an indicator of the health of out community and that our systems seem to be working and keeping our kids and our community members safe. And I'm super grateful to the team at [the Rebecca M. Sykes Wellness Center] for all the work they've done in order to make that happen. I recognize that some members of our community feel uncomfortable with the new masking expectations, and I want to do everything we can to try to take care of our students and adults who are feeling like that," said Elliott.

Although masks are currently optional in spaces such as the

dormitories, classrooms, Paresky Commons, and Susie's, students are still required to mask in the Cochran Chapel during All-School Meeting, Sykes, the Addison Gallery, and at the circulation desks in the Oliver Wendell Holmes Library (OWHL), according to the announcement. The green zone additionally brings about more food options available at Paresky, a return to pre-pandemic day and overnight excuse permissions, and the authorization for students who are not fully vaccinated to be able to go to downtown Andover. As of October 18, 97 percent of Andover employees are fully vaccinated and 99.2 percent of students are as well.

Students new to Andover both this year and last year have not attended a maskless Andover. This environment is unfamiliar

Continued on A6, Column 1

# List of Student Absences Publicly Available on PAnet for 22 Days

#### **STAFF REPORT**

Every week since that of September 10, the Dean of Students Office has published an updated list of students who have three or more excused or unexcused absences and the number of absences they have publicly on PAnet. In the most recent document, published on Wednesday, October 20, Andover reported approximately 60 students with three or more unexcused absences and almost 225 students with three or more excused absences. The earliest document, recording data from the week of September 10 to September 17, had been published for 22 days. Members of the community could access this information on PAnet by simply searching for terms like "weekly atten-

dance," and "absence."

The Phillipian reported the presence of these documents on PAnet to the Office of Information and Technology (OIT) and Jennifer Elliott '94, P '22, P '24, Assistant Head of School for Residential Life and Dean of Students on Wednesday night. According to Dr. Erin McCloskey, Associate Director of Technology, the office "[was] alerted on the morning of Thursday, October 21," and they immediately corrected the issue. The documents are no longer publicly available.

"We are working closely with the Dean of Students office to ensure that it doesn't happen again," wrote McCloskey in an email to The Phil-

Attendance records are regularly communicated to

faculty in order to better support the student, according to Elliott. However, they are not meant to be shared with students. Elliott emphasized the importance of ensuring student privacy, especially when adjusting to a new platform.

"I am grateful to the members of the student community who brought the error to our attention and we're cognizant that we have to do everything we can to protect student privacy. Switching to new platforms always requires a steep learning curve and this was an important one for us to recognize that [private information] had been accessible to students when it wasn't meant to be," said El-

Elliott hopes that there are no other vulnerabilities in the PAnet system. The release of the document has taught the administration more about how to protect student privacy on the PAnet platform, according to Elliott.

"Part of what we've been able to do today is understand better the new PAnet platform and how to protect the privacy of student information by ensuring that we post information on appropriate pages. So, the Office of Information and Technology has done a tremendous job in rolling out the new platform and training folks and providing information, and unfortunately, this was a hard way to learn this specific lesson," said Elliott.

Elliott continued, "Just as students are learning technologies, adults in our communi-

Continued on A6, Column 4

# Hopi Artist Ramson Lomatewama Explores New Forms of Glass Arts as First Glass Blower in Community

#### **JENNY JIN &** TARA WEI

Having picked up glass art at a young age, Ramson Lomatewama continues exploring different forms of glass arts through the perspective of teaching. On Monday October 11, to celebrate Indigenous Peoples' Day, Lomatewama was invited to talk to some Andover students over Zoom about his experience as a Hopi artist.

Being a member of the Hopi tribe, the artworks are heavily influenced by Hopi culture, especially by the idea of "healing." Art isn't about wealth or recognition but [rather] a form to spread love and heal people according to Lomatewama.

"One of the things that I happen to do as an artist is to grow love, because anything that a person creates has love connected to it and healing. In Hopi culture we look at the arts as healing the spirit, so traditionally speaking in our culture we don't necessarily put a high value on monetary gain or personal recognition for the creative work that we do. My purpose as

an artist is to help to heal others as well as heal myself, " said Lo-

Jessica Xu '23, an attendee of the event, was inspired by the views on art in Hopi culture. She shared that the diversity in Lomatewama's works detailed the contrast between the art in Hopi and the Western culture.

"I think Lomatewama's view on art reflects a lot in [defining what] Hopi culture is not—often the Western view of art is to see something as 'good' art, [whether] it's making money or it's pretty looking. Whereas perhaps in Hopi culture, it's much more diverse, and it's understanding that art doesn't have to be just

one specific format," said Xu. Lomatewama further described to the students his life on the reservation nowadays and how under the strong impacts of the pandemics, it is especially important to have a sense of self-identity to help brave

"It's more challenging, it's more stressful, it's more uncertain in some areas. And it will be that if you don't have an adequate sense of self, if you don't feel that you have a strong identity, then you're more susceptible to succumbing to some of the pressures that we're living with today," said Lomatewama.

Lomatewama also picked up glass blowing about 20 years ago, making himself the only Hopi glass-blowing artist. To Lomatewama, innovations are important, and he is striving to bring more contemporary forms of glass arts into the Hopi com-

"I've grown as an artist, I've grown as an individual, I've grown in many different ways just through that experience, but I planted a seed in the hopes that in the future sometime we would have a community of stained glass artists who happen to be members of the Hopi tribe, so that's what I'm trying to do. I want to share this art form with other people so that they can gain some sense of self-confidence and artistic satisfaction from those experiences," said Lomatewama.

Similarly, Sylvie Archer '23 was also impressed by Lomatewama's glass-blowing experience. Archer not only felt

Continued on A5, Column 4

# Carissa Yip '22 Wins \$25,000 at 2021 U.S. Women's Chess Championship



COURTESY OF CARISSA YIP

Above, International Master Carissa Yip '22 (right) faces off Woman Grandmaster Thalia Cervantes in the first round of the 2021 U.S. Women's Chess Championship.

### **STAFF REPORT**

In the fourth round of the 2021 U.S. Women's Chess Championship, a 12-player round-robin featuring the strongest female chess players in the country, Carissa Yip '22 defeated Irina Krush, the 2020 U.S. Women's Chess Champion. Eight days later, Yip secured the 2021 U.S. Women's Chess Champion title with a whole round to spare, ending with a score of 8.5 out of 11.

Earning \$25,000 in prize money, she claimed her first national title while also becoming the first woman ever to defeat four former champions in the U.S. Women's Championship. Her victories weren't unforeseen, however, as she has previously placed 8th and 2nd in the past two years of this event.

In the closing ceremony, Yip touched upon her past memories in the tournament and the gratitude she holds for competing against the best players during the U.S. Chess Championships.

"I grew up following this tournament, I watched com-

mentary everyday since I was eight. I remember the first time I played, I was twelve, 2016 U.S. Womens I was just so in awe of playing with all of the best women players in the country. Even five years later, I still hold them with great respect and it's just so exciting to play against my idols, who I looked up to growing up. This is truly the highlight of my chess career, I never imagined that I could be up here but at the moment I couldn't be happier," said

Yip was the youngest female player ever to become a National Master at age eleven, just four years after starting her chess career at age seven. She was also awarded the title of youngest American female chess player to become a chess International Master, the second highest title for professional chess players. She also won a \$10,000 scholarship at the 2019 Junior Girls' Chess Championship and is now the highest-rated American female player.



J.LI/THE PHILLIPIAN

Showings of Grasshopper, Andover's annual student performance showcase, will take place tonight and tomorrow. Above, Blue Strut, a jazz dance group aiming to promote female empowerment, according to Co-Head Alexandra Koch-Liu '22, during their dress rehearsal on Wednesday.

### Commentary, A2

### Right or Responsibility

Guilherme Lima '24 discusses the pitfalls of Brazil's voting system, explaining why it has harmed rather than helped his country.

Eighth Page, A7

### "Oh, That Explains It"

Weekend! Find out the origins of all your friends most annoying qualities! And more on Eighth Page.

### Sports, B1

### A Speedy Start

Tam Gavenas '25 breaks mulitple Boys Cross Country records in first home race.

### Arts, A12

**Grasshopper Preview** Performers come together to embody glitz and glamor in Grasshopper 2021, each with their own takes on this year's theme of extravagance.

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**Editorial** 

# Loving is (not) Easy

On Friday, October 15, Arthur Brooks, podcast host, former president of the American Enterprise Institute-a conservative think tank-a professor of the Harvard Kennedy School, and author of eleven books, spoke at All-School Meeting. Brooks delivered a speech to the student body explaining the importance of love when speaking to those with opposing political values. He explained that oftentimes, people believe the opposing side is "evil" rather than also human. Brooks cited the word "contempt"-a combination of disgust and hatred-as the perpetrator of this disconnect, arguing that liberals and conservatives should open their hearts to create unity instead of insult and debase.

Throughout Brooks' talk, he circled around the idea that in order to change another person's mind, one has the "lead with love." Further, he condemned the presence of hate, as a contributor to the increasing politicization in the United States. Urging listeners to separate an individual's political leanings from the individual themselves, Brooks argued that the only way to bridge America's sociopolitical gap was to recognize the inherent humanity that connects us all.

However, Brooks's argument of "persuading with love" was, in more ways than one, oversly simplistic and negligent of the more insidious ways identities and humanities are politicized. Making frequent anecdotes that supposedly demonstrate the values of learning how to love one's enemies, Brooks alluded to an interaction with a critic of his work. As Brooks responded to the critical reviews with love and gratitude, the original email-er reciprocated this mutual appreciation. Essentially, Brooks makes the argument that with love and compassion, hate can become far more productive. However, it is hard to see how this principle extends any further than just this interaction. In the current political climate, and even reflected throughout America's history, politics no longer pertain to purely fiscal matters. As human existences are deemed "illegal," as racial and ethnic groups can be legally barred from entering the country, as basic rights are deemed unnecessary and

posing a "threat," it's not quite exactly easy to respond with the same gratitude and thanks that Brooks did. And while Brooks briefly acknowledged how this task was extremely challenging, this glaring expectation for marginalized communities to be "grateful" to those who question their existences and lack of mention of his extremely privileged positionality of being a white man greatly undermined his argument.

Further, as Brooks lauds the ability to love and condemns the presence of hatred, he asks those who have been historically and systematically oppressed to respond to this oppression in a certain way, without regarding how he is very much removed and disconnected from said experiences. Take it this way. Let's say that someone has been punched. Would another bystander, one who is seemingly unaffected by the punch, have authority as to how the receiver of the punch should react? We're not saying that love is this mythical unicorn that is impossible to grasp and stupid to believe that. We love love. But, it is definitely worth questioning if we should get advice on how to respond to ongoing histories of racism and inherently oppressive structures from an individual who does not bear the brunt of these processes.

Even with these critiques, Brooks' talk and its impacts were significant. As Brooks stated in his ASM, everyone deserves the right to listen and learn about opinions that differ from our own. Inviting Brooks, an openly conservative speaker, to the ASM also reflected the efforts of the school in embracing diversity of thought. The prospects of Andover using its resources to provide experiences like these is exciting to say the least. As a school with a very evident progressive-thinking majority, perhaps this ASM served to highlight the ways in which we can be critical and reflective of our own thought-processes by examining those of others. However, as exciting as this opportunity was, we couldn't help but feel that this ASM was slightly underwhelming and too generalized.

This editorial represents the views of The Phillipian, vol. CXLIV.

# Hot Takes on Campus

### **JACQUELINE GORDON '25**



### Books > Movies

Books are better than movies! While movies consistently bring words and characters to life, especially from a cinematic viewpoint, books are way better when it comes to world-building and movies always miss out on key events/ moments. Books also make it easier to understand the storyline, through the description, compared to movies where it's purely visual understanding.

### **GEORGE RYCKMAN '24**



### Crocs Rock

Crocs are the best shoes ever created. Whether it is while I am treading through swamps, on a fun family trip to the beach, or using the infested showers here at Andover, Crocs are the most versatile and effective shoe in the footwear market

### **EMMA JING '22**

SHERRI HALLGREN, INSTRUCTOR IN ENGLISH



PESY OF SHERRI

### We <3 Sticky Rice

Loose-Leaf Only

Only loose-leaf tea, please. Tea-

bags are filled with dust that makes

colored water. Thank you, next.

Commons should bring back the sticky white rice in the stir fry line — it's a choice for the people. Since we've already lost Nestor and his beloved stir fry line, this action will bring some hype back to the stir fry line as numbers have dwindled. I never have the energy to trek upstairs for better rice, so, on the rare occasions they do serve stir fry with sticky rice, I'm ecstatic.

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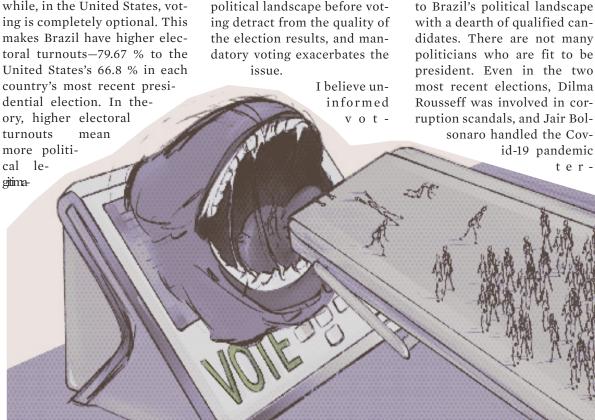
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# Compulsory Voting: Right or Responsibility?

#### **GUILHERME LIMA**



very time American elections come around, I see I hundreds of people on Twitter in photos with stickers and banners reading: 'I VOTED.' I have always found this funny. In Brazil, where I have lived for my entire life, I've never seen a single person with such a sticker, but in America, the act of simply voting is enough to warrant admiration. The reason for this is quite simple: voting is mandatory in Brazil, with Brazilians who opt not to vote forced to pay a fine. Meanwhile, in the United States, voting is completely optional. This makes Brazil have higher electoral turnouts-79.67 % to the United States's 66.8 % in each country's most recent presi-



VICTORIA NAKAWEESI/THE PHILLIPIAN

cy, populational interest, and a more accurate reflection of the population's wants and needs. However, in practice, mandatory voting in Brazil leads to both random and uninformed voting, especially because of popularity bias that comes from media coverage.

Random voting to avoid the penalty is common behavior in Brazil. Sample studies done to determine the extent of random voting in Brazil are normally indirect, as people generally don't proudly expose that they vote randomly. Yet, in a paper by Alessandro Freire and Mathieu Turgeon, a %age of subjects confessed to voting randomly: 13.4 % for state representatives, 12.2 % for federal representatives, 9.6 % for governors, and 8.2 % for presidents. In my personal experience, many people-including people I know- vote randomly, especially in elections for federal representatives. Brazilians who are reluctant to research or improperly understand Brazil's political landscape before voting can also be considered a form of random voting, as neither uses informed reflection upon political principles to select the best candidate. Uninformed voting can be measured through political involvement and interest. This is shown in a research paper by Dr. Nuno Mesquita, in which participants were asked if they participated in city/neighborhood associations or attended either social movements meetings. Only 0.9 % of subjects answered 'very frequently', with an astounding 77.6 % and 81.6 % answering 'never.' Dr. Mesquita's paper's central focus was how interested people are in politics. He highlighted that 32.5 % of respondents were 'not interested at all.' Freire and Turgeon's paper highlighted how political interest saw the most correlation to random voting when compared to participation, stating that an uninterested voter is more likely to vote randomly. This political disinterest and subsequent random vote lead to Brazil's political landscape with a dearth of qualified candidates. There are not many politicians who are fit to be ribly; Brazil was the country with the second largest number of deaths. However, both received extensive media attention and were popular despite being unfit to govern. If the population truly did care for whom they voted, then politicians would not only be held to a higher degree of responsibility, but also better politicians would hold these important positions.

Even worse, media in Brazil is plagued by biases and misinformation. This mostly boils down to the monopoly that TV Globo holds on the industry. TV Globo shapes and manipulates the public's opinion. During the Brazilian military regime and the Dilma Rousseff administration, TV Globo supported the government, which led to the population supporting these administrations for

If the population truly did care for whom they voted, then politicians would not only be held to a higher degree of responsibility, but also better politicians would hold these important positions.

far longer than they should have. Horrifyingly, most Brazilians consume only Globo. In fact, 77 % of people said they watch news on TV every day, in Dr. Mesquita's research, and watching news is almost definitely watching TV Globo given its popularity. Compare this to the mere 11 % of Brazilians who listen to or read news on the internet every day, a more reliable way to consume news because the wider variety of sources allows people to draw conclusions for themselves. During the 2018 presidential elections, media atten-

tion again heavily impacted Brazilian voters. In a poll conducted by Ibope, an independent social research organization, in September, Bolsonaro held 22 % of the popular vote. On September 6, Bolsonaro was stabbed while campaigning. After the identity of the stabber was revealed to be a member of a left-wing party and the case received extensive media coverage, Bolsonaro's %age of supporters rose to 36 % in the Ibope poll a month later. This shows how a media narrative can dramatically influence opinions of candidates regardless of their stances on political issues if the population does not rely upon a variety of trustworthy news sources to gain a holistic perspective.

Compulsory voting creates an atmosphere where political disinterest and media bias can lead to random voting or voting without sufficient research to make informed choices. Mandatory voting needs to end now to disincentivize random voting. But in the long run, the people also need to participate more in politics and draw information from a wider variety of sources; people ought to want to vote in order to have their voices heard. We need people who will inform themselves to select a leader who will strengthen democratic ideals and encourage everyone to engage with their country's political issues.

Guilherme Lima is a Lower from Brazil. Contact the author at glima24@andover.edu.

# The Toxicity of the Body Positivity Movement

### LEILANI GLACE



While scrolling through social media this past summer, I saw a lot of content surrounding the body positivity movement. Influencers were pushing their viewers to love their bodies, embrace fluctuations in body shape and weight, and reject the beauty standards imposed by society. While in theory, these ideals seek to empower and promote diversity and self-love, in practice they are often misrepresented. Influencers tend to impose a value judgment on body shapes that furthers the distinctions between "good" bodies and "bad" bodies. Online applications of the body positivity movement publicize the outlook of certain body characteristics being defective, which consolidates the social stereotypes of larger people and harms the deeply worthy goal of body neutrality.

Anyone who spends a lot of time on TikTok is likely to have come across the trend "Bodies that look like this, also look like this." It involves skinnier women contorting their bodies to show fat rolls and bloating. To show the fat rolls and bloating, people film bodies before and after eating to show the bloating that happens when one eats, or the difference in appearance from sucking in your stomach, or the different

ways camera angles can affect the appearance of your body.

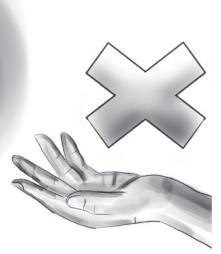
This trend is meant to normalize the idea that one individual's body can look "good" and "bad," depending on angles, posing, and the time that's passed since your last meal. While it can be important to display the many ways a body's shape can fluctuate in relation to food and camera angles, the framing of the trend categorizes bodies as looking "good" or "bad." Making these value judgments on women's bodies inevitably means that some women's bodies will be judged as "bad," which undermines the authentic

the value judgments accompanying it, skinnier women have coopted the body positivity movement for themselves.

Additionally, these videos show curated imperfections: flaws that influencers selectively choose to share on their platform. By labeling certain natural aspects of some bodies as "flaws," viewers may feel as though they need to improve their bodies by losing weight or getting surgery to correct the imperfections. These influencers create standards on what flaws should look like or how much fat a person should have. Since a lot of these imperfections, such as bloating and slight fat rolls, are often exaggerated and

going to the extent of distorting one's body to point out a sliver of fat, influencers are only furthering the idea that these characteristics that larger women have are even more unnatural or different.

These co-opted elements of the body positivity movement encourage toxic positivity towards one's body. The influencers leading these trends pressure people to always express contentment with their bodies no matter the shape, size, or condition of health. While this mindset may theoretically improve self-confidence, it can also be used as a weapon of criticism against women who are open about their struggles with their body image. It is no longer acceptable to be a part of the body positivity movement and feel uncomfortable in your own skin. It is no longer acceptable to struggle and feel dissatisfied with your physical appearance. This is the hypocrisy of toxic positivity:



 $\mathbf{MICHELLE}\;\mathbf{CHEN}/\mathit{THE}\;\mathit{PHILLIPIAN}$ 

away the spotlight from the community the movement should be most focused on: fat people. In an article by Dazed Beauty, Georgia Sky, an actress and creator who is affiliated with the body positivity and fat acceptance movement, noted that she felt "kicked out" of the body positivity movement because she has a larger body. "I could not do this trend because TikTok's fat shamers would come

for me." Through this trend and

goals of the body

positivity move-

The form of activ-

ism exemplified by

this trend also takes

ment.

artificial, the standards that are put upon the viewers are often unrealistic. These impractical body ideals alienate fat bodies as overly large compared to the standard that skinnier women are portraying. At the same time, by

in a world where beauty standards are constantly changing, feeling a sense of discomfort within your body should be a completely valid emotion. Toxic positivity inhibits the healthy journey toward embracing all emotions and selfMaking these value judgments on women's bodies inevitably means that some women's bodies will be judged as "bad," which undermines the authentic goals of the body positivity movement.

acceptance.

The solution to the problems outlined here is embracing body neutrality. Body neutrality is the philosophy of taking a neutral stance toward your body, where you separate your emotions from your physical appearance. Bodies aren't bad or good, ugly or beautiful. They are just beings that need to be nurtured and cared for. Instead of basing your self-confidence on a constantly changing physical vessel, body neutrality encourages people to find happiness with internal traits that are not on display all the time, such as your personality or hobbies. In taking a neutral stance toward your physical appearance, you recognize the use of your body, rather than how it may be considered in society. This attitude can help stimulate a relationship with your body that does not change every time society's ideal body shape does. We owe it to ourselves to find self-love in other aspects of our life, regardless of our external figure.

Leilani Glace is a Junior from Brooklyn, New York. Contact the author at lglace25@ando-

ver.edu

# **ASM Speaker Arthur Brooks Discusses** Political Polarization, Need for Breaking Cycle of Hatred

#### ANNA KORCZAK

the All-School During Meeting (ASM) on Friday, October 15, social scientist Arthur Brooks discussed the importance of political polarization and loving people with whom you disagree. Brooks is the William Henry Bloomberg Professor of the Practice of Public Leadership at the Harvard Kennedy School and Professor of Management Practice at the Harvard Business School. He also served as President of the American Enterprise Institute from 2009 to 2019, is a columnist for "The Atlantic," and has authored eleven books.

Brooks opened his speech by discussing the issue of our increasing inability as a society to talk to individuals with whom we disagree, stating that "93 percent of Americans hate how divided we are as a country." According to Brooks, there is a need for disagreement in order to create a competition of ideas.

Brooks referenced a 2014 psychological study of a phenomenon called "motive attribution asymmetry," a sit-uation where conflict stems from both sides believing that they are motivated by love while the other is motivated by hatred.

Brooks warned about the mixture of anger with disgust, when anger transforms to contempt-a true measure of hatred. Brooks stated that despite disagreement, one should not treat another person with contempt, as contempt always fails to be persuasive. Brooks argued that we treat others with contempt out of habit-one that Brooks encourages us to challenge. Rather than becoming dismissive when faced with

disagreement, Brooks encouraged a change from a simple reaction into the perspective of "I care what you think and I want to change it," and urged the audience to remember that "nobody in history has ever been insulted into agree-

When treated with contempt, Brooks believes that the best response is friendliness. Brooks instead encouraged the audience to strive to always choose warm-hearted-

"True moral courage is not standing up to the people with whom you disagree... it is standing up to the people with whom you agree, on behalf of those with whom you disagree... [those who disagree] are not here to defend themselves, and they're not stupid and they're not evil. We need to persuade them with lovethat's moral courage," said

Students' reactions to Brooks' ideas were varied. When asked for a comment, Karsten Rynearson '22, who asked Brooks a question at the end of the ASM, pointed towards a statement he made on his Instagram account on October 16.

"We need to place less importance on this idea of 'open discussion': there is such a thing as ideas bad enough that they aren't worth hearing out or having included in conversations. If your ideology preaches hatred of people on the basis of their identities, I'm not inclined to sit down and convince you using the power of love to see me as a human. That's not my responsibility. Why is it always people who are targeted with hatred and oppression who are told that they must be the most loving and forgiving of all to those who perpetrate that intolerance? Compar-

ing conservatives hating leftwing people for their politics and left-wing people disliking right-wing people for the actively harmful bigotry they spew is a massive false equivalency. I don't think I have to like or love the people who deny my existence, nor am I interested in meeting them halfway on the validity of my identity. I'm fascinated with how deliberately vague language like "love" and "understanding" is applied by people like Dr. Brooks to justify considering the validity of reductive and harmful ideologies," wrote Rynearson.

Amelia Quintero '24 reflected back on Rynearson's question at the conclusion of ASM and Brooks' reply to it.

"I thought it was interesting how the students clapped more for Karsten's question than for the actual speaker. I think it shows that Dr. Brooks left many counterpoints unanswered. Especially compared to how much people seemed to like last week's speaker, to me it showed that there is a fair amount of disagreement among the student body with Dr. Brooks' perspective," said Quintero.

McGinley shared a similar sentiment with Quintero and believed that Brooks could have provided a more thoughtful, bet-

ter-worded response. 'I thought that the speaker brought an interesting perspective, however, I was not too keen in his response to questions. I think the way he responded to Karsten, in particular, was a little patronizing and should have been better-worded," said McGinley.

On the other hand, George Stoody '24, co-president of the Andover Conservative Club, thought Brooks' speech highlighted an important message on the need for approaching



M.DOUCETTE/THE PHILLIPIAN

ASM speaker Arthur Brooks' message inspired varied responses among students, especially concerning the politicization of identity.

polarizing conversations with love rather than contempt.

"Dr. Brooks had a great presentation about approaching differences in opinions with love, and looking to persuade those who disagree with us instead of attempting to argue. He theorized arguing only widens the political gap we see in America today. A powerful message overall, and one Andover should take to heart when discussing controversial topics, especially with the high tensions we see in political discussions on campus such as [Andover Political Unions]. It was a great speech overall, and the ideas of free speech he mentioned were definitely relevant to our environment of lack of political communication on campus today. I'm glad he came," wrote Stoody in an email to The Phillipian.

Andrew Ohn '24 had a similar reaction to Brooks' speech and believed Brooks had shared a meaningful mes-

sage. "I personally thought the speaker brought a very

non-polarizing view. whole point of his speech was against extremism and being divisive. I thought it was a good message, I mean, how could it be a bad message? His whole point was that responding with love is always

better than hate," said Ohn.
At the end of his speech, Brooks stressed four points as key takeaways from his presentation: Be a free thinker; come to your own opinions. Stop believing that when you disagree you need to hate. Seek out contempt and run toward it—it is your opportunity to make progress and in order to "be a missionary for love," you have to go where it's not and find people showing hate and surround it with love. Make a list of the things you are grateful for; it will make you happier, and happier people are more persuasive.

# Tang Institute Mindfulness Series Returns to Campus, Offering Students Resources to Slow Down Busy Days

### **ASHLEY AGYEMAN & WENDY WANG**

Alison Cohen, a certified mindfulness teacher, expanded attendees' understanding of mindfulness through guided meditations in the first of the Tang Institute Mindfulness Series. Comparing mindfulness practices to control over our experiences, Cohen expressed that mindfulness helps provide more awareness of our actions, emotions, and lives.

"Part of why mindfulness is called a practice is because over time with practice the fear of pausing transforms to relief and gratitude for the opportunity to more fully inhabit more moments of our lives and have a stable enough container with which to do that. Rather than needing to run away from joy or sadness or from whatever, there is the ability to need [joy or sadness] with wis-

dom and care," said Cohen. According to Cohen, many young people are not aware of the practice of mindfulness and oftentimes overlook its potential benefits. In an email to The Phillipian, Cohen discussed her own introduction to practicing mindfulness, and how the effects of mindfulness benefited her emotionally and psychologically.

"I went through an emotionally and psychologically difficult period when I was in my late teens and early twenties, and I wanted to learn how to feel more

at home in my own head, heart, and body rather than constantly feel this fear-based urge to run away from my internal world. Mindfulness practice introduced me to a more compassionate, wiser, courageous, and more joyful way of approaching the wild ride that is being human As I saw how much I benefited from it, I wondered why hadn't I been

introduced to mindfulness practice earlier in my life, and this question led me to start teaching mindfulness," wrote Cohen.

In a fast moving world, with many people having access to social media and breaking news, Cohen emphasizes the importance of mindfulness in allowing one to slow down and be more present, regardless of where or



R.YANG/THE PHILLIPIAN

who you are.

"This is a radical and countercultural approach. In a society 'designed to distract us from ourselves,' as the saying goes, mindfulness practice encourages us to cultivate the ability to pay attention in a way that allows us to tune into our own wisdom and act from there rather than from external pressures or our conditioned, robotic ways of engaging with ourselves, each other, and the world," wrote Cohen.

During the session, Cohen discussed how practicing mindfulness and doing self-care can have "ripple effects" in the form of one's relationship with others, extending beyond oneself and to the people one cares for.

"Anytime we tend to our own nervous systems, anytime we choose, as each of you are doing right now to pause, here are ripple effects to that and how we show up interpersonally. And how we tend to the young people in our care. Or if you are a young person on this call, how you tend to your peers, how you engage with those various agents, our nervous systems matter, and it's far from selfish to care for them. In fact, it's the opposite." said Co-

Cohen continued to explain how the rush of people's lives detract from their search for inner peace and tranquility, as people are constantly thinking about what they are doing next rather than being fully present in the

"The frenzy of our activism can neutralize our work for peace because it kills the roots of inner wisdom, which makes work fruitful. The rush and pressure of modern life are perhaps the most common form of its innate violence to commit oneself to too much "said Cohen

Cohen's message resonated with Amy Wiggins, Athletic Trainer, as Wiggins feels that both students and faculty at Andover feel overwhelmed. According to Wiggins, taking the time to practice mindfulness will hopefully reduce students' stress.

"In the crazy life that we lead at [Andover,] between your athletics, or music, there are so many other things that our students are doing. At times, we feel so overwhelmed. And mindfulness or meditation, taking that time to practice one or the other, can really give you a sense of calmness to then process what's next in your life. What's next on your list, what's next that you want to try to accomplish," said Wiggins.

Wiggins continued, "I want to make a better effort to make sure that every time I'm talking to one or whoever, I'm focused on just them and not the 30 other people that are standing up that door creeping in towards me who want to come and talk. I want to make sure that each student knows that I'm listening. And I'm totally focused on just them in the situation. And I know that I want to work on doing a better job of

# The New Old: Andover's EBI Program Returns to 2019 Structure

#### **AVA CHEN & HELIOS HONG**

After a year of an adjusted curriculum for Covid-19, Andover's Empathy, Balance, and Inclusion classes now reflect the original EBI programming from 2019, according to Taylor Ware, Associate Director of College Counseling, who serves as the senior EBI coor-

With a return to fully on-campus life, in-person EBI programming for all four grades has resumed. Each EBI class is instructed by a faculty member, with an Upper or a Senior co-teacher for Junior and Lower EBI classes, respectively. With students from differing backgrounds and experiences with EBIlike classes, Andover caters its curriculum towards community building and an introduction to Andover values. As an EBI Upper, Sol Kim '23 emphasized the importance of EBI for new students, as it allows them to get to know their peers better and transition into the Andover community.

"In EBI they teach the values we have at Andover and how you get along with people at Andover because we all come from somewhere different and it might be hard to get along. And EBI is just a space to help new students with that," said Kim.

Though some students, including Kim, see EBI in a positive light, students like Magnus Adams '23 feel that certain changes need to be made within the program. This year, the organization of EBI classes for Uppers has changed. As opposed to typical EBI classes, Uppers now have EBI for one term in the

year. This means that students are in an EBI class with one third of their grade. Adams explained that this large group, in comparison to the smaller class sizes of EBI in the past two years, prevents EBI from its ability to foster connections.

Adams said, "This year, as an Upper, it's one singular large group. It's a third of the class, as opposed to last year, where each person's English class would be their EBI group. I think that the massive group loses a lot of the individuality that I feel is crucial to a lot of what EBI is supposed to be. It just feels sort of messy by comparison, because last year, it was a lot easier to get to know the people in your EBI class because you already had a class with them. This year, it's one hundred something students packed in a single room, and

we are just supposed to figure it out as we go."

EBI coordinators faced difficulty with scheduling EBI and finding a time that was suitable and convenient for all students. Instead of having pre-set EBI blocks, the course had to be squeezed in during free periods and protected

'One of biggest challenges for Transitions this year, and I think for EBI in general, is that unlike last year when EBI had dedicated periods in our weekly schedule, the entire program has to be fit in to spaces in our traditional weekly schedule- either during students' free periods or in the Friday Protected Time slot. This is hard for students who count on those periods to get work done, visit the Academic Skills Center, to have some downtime or anything else that comes up. It's

also hard for the teachers who teach in our program because it eats up time that they would typically be using in other ways," Ware wrote in an email to The Phillipian.

Amidst the challenges of post-Covid-19 planning and varied student responses to these modifications, Ms. Ware expressed both excitement for EBI's continued presence in the upcoming year and thanks to both students and colleagues involved in EBI.

Ware wrote in an email to The Phillipian, "I think I speak for our entire department when I say how grateful we are to our colleagues who generously share their time to teach in our program and to our students who plan ahead on the weeks that they have

# Fall Community Engagement Programs Continue to Promote Non Sibi Spirit Despite Covid-19

### REPORTING BY LEO PETERS & VERA ZHANG

Community Engagement Programs are continuing to explore new ways to bring Non Sibi spirit to local communities during the ongoing Covid-19 pandemic. The student coordinators of Adopt a Platoon, YDO Sign Language, YDO Climate Change, Arc Pals, and YDO Grow Our World reflected on leading their programs throughout the past few weeks of the fall term.

#### Alice Fan '23

[In **YDO Climate Change**,] we have a small group of third to fifth graders [and] we essentially teach them about climate change, environmental justice, renewable energy, and ways they can combat the climate crisis... this is its first year so it sort of started during Covid-19, but the weather has been really great to us, so we spent every single lesson so far outside, which has been fantastic so we haven't had to worry about masks. But I do think that the program is a little smaller than what it normally should have been.

#### Luke Boshar '22

I co-coordinate **Arc Pals** with Avi Shah '22, Sam Elliott '22, and Nathalie Lelogeais '22. We meet weekly with a group of people from the local Merrimack Valley area who have mental or physical disabilities, and two [Andover] kids are partnered with a buddy. Basically, for an hour and a half every Tuesday night, you just hang out with them and do whatever they want. Some like to play with cards, some play sports. My buddy during my Lower year, Jeff, and I walked around the track together and just talked. It's really an environment where you find a tangible excitement and joy to be there each week because the buddies love to be there because they get to do what they want to do... [Arc Pals] was going to be shut down for at least a year, like so many of the Community Engagement programs on campus, but we decided it would be better if we could stay connected, and keep the program alive by writing letters to our buddies.

### Sonia Marnoto '22

**YDO Grow Our World** [is a program where we] meet with a small group of elementary students from Lawrence. They come down to our new garden on campus and basically, I teach them about gardening and sustainability. We've been working on the garden a bit by harvesting and just spending time outdoors and creating a nice little community... We've been adding a lot of new in-ground beds, so I just really hope that the students will keep having an interest in agriculture and learning more about the environment. And just that our community members have an interest in learning about that with the kids, because the kids teach us a lot as well.

#### Elizabeth Chou'22

I run **Adopt a Platoon**. We write letters to soldiers once every week on Monday nights. We do it to give them some relief or some distraction from their daily lives and what's happening at the moment... meeting with everyone and taking some time just to write with each other is really nice and healing, so it's definitely something I look forward to. It's just nice to know that we're doing something that can help soldiers who are struggling... Covid-19 hasn't really affected the program. This activity is something we could easily do over Zoom or online, so it hasn't been too bad in terms of changes in the program, but it's still nice to see people in person when writing these letters.

#### Erin Kim'23

I coordinate **YDO Sign Language**, where I teach American Sign Language (A.S.L.) to local eight- to nine-year-old children from Lawrence. Being with the kids every Wednesday is definitely the highlight of my week because it's clear that they're all super eager to learn. Every one of them is so sweet. Just last week, what made my day was when one of the kids shared a story about how she introduced herself in A.S.L. to a cafeteria worker at her school who's deaf. I'm so glad to see that A.S.L. is becoming a bridge of communication and connection for the kids and that they're developing an appreciation for the beauty of the language and deaf culture. Since the very first session, they've done a wonderful job picking up the language really quickly, and we've gotten to know each other so much better these past couple of weeks.

Editor's Note: Elizabeth Chou '22 is an Illustration Editor for The Phillipian. Erin Kim '23 is an Associate News Editor for The Phillipian. Luke Boshar '22 is a Sport Editor for The Phillipian.



COURTESY OF REBECCA CARBALLAL



COURTESY OF LEO PETERS

Members of the Class of 2024 visited Cider Hill Farms on Sunday, October 16. Organized by the three student council class representatives, Nor Dehoog '24, Emelia Yang '24, and Tina Zeng '24, the trip featured apple and flower picking, as well as apple cider donuts, and brought over 50 students to the farm.

Write for News! Email jchyu23, egoncalves23, ekim23, hnardone23

# Lomatewama Hopes to Heal Others Through His Art

Continued from A1, Column 3

inspired by Lomatewama's story herself, but she also thought that what Lomatewama has done can connect to the Andover community.

"Andover is definitely a place where you're supposed to try new things, learn new things, and be an individual. And Ramson was very much a pioneer for glass blowing, for the Hopi community, he's the only one, he's teaching his grandson right now. I think it's just very inspiring to see someone pave a new path, or [try] something new that no one within their community has tried to explore before," said Archer.

Dr. Driscoll, Instructor in English, who arranged the talk for her English-300 students, really appreciated the event. She believed that Lomatewama has offered the students with different perspectives on being an Indigenous artist, which would help the students to understand their readings better.



S.LU/THE PHILLIPIAN

"I do think that after talking to him in class that the students have learned about some of the imperatives and objectives of Indigenous artists in the 21st century, what they are trying to achieve and accomplish. I also think that they were exposed to an insider's view of what it means to be an Indigenous artist and teacher in the 21st century," said Discroll.



### **NEWS IN BRIEF**

#### This Week:

The Advocates for Diverse Abilities group on campus held a kickoff meeting last Friday. The A.D.A., founded last year, is both an affinity group and a student advocacy group coordinated through CaMD and the Student Accessibility Services. The first meeting was open to all members of the Andover community. It included snacks and a Kahoot about disability rights. In the future, the group aims to hold monthly meetings throughout the year to promote greater awareness and understanding towards disabilities, and particularly towards Andover students with disabilities.

The Climate Cafe welcomed its first in-person speaker since February 2020: Ms. Kesiah Bascom, the founder of Offbeet Compost, a community-based food scrap collection and composting program based in Massachusetts. Last Friday, Ms. Bascom shared her experience regarding the ins and outs of business ownership as a black woman and discussed a variety of issues surrounding food justice in local communities. Climate Cafe is a speaker series that brings climate experts to campus to comment on a variety of sustainability and climate justice issues. Cafes are run through the OWHL and Office of Sustainability with student support from the PA Sustainability Coalition. The next Climate Cafe will be on October 22, and the speaker will be Ellen Townsen, the local food justice and community farming advocate.

On Friday night, Student Activities offered the Fire and Ice (Cream) event at the Pine Knoll circle for students. There were ice-cream trucks available to students and exciting performances by Photon and Boston Circus. They performed fire tricks with upbeat music, lighting up the night on campus.

The Andover Writer's Alliance, a group of students whose mission is to promote creative writing beyond the classroom, hosted the first Creative Writing Café of the year last Saturday. The event was hosted at the Addison Gallery of American Art from 4:00 to 5:30 p.m. Over twenty students gathered together to write stories and share them with one another. The goal of the event was to inspire young writers and help them discover what they want to achieve through their writing. Another Creative Writing Cafe will be hosted once or twice a month, and the year will end with a daylong writing symposium that includes speakers, writing workshops, and performances.

The Southeast Asian Club hosted a Kung Fu Tea fundraiser event on Saturday, October 16 at 5:00 p.m., in the lobby of Paresky Commons. Also known as "SEA," the club meets on Saturdays and focuses on the celebration of Southeast Asian culture and identity. At 7:30 p.m. on Saturday, October 16, Asian Woman

Empowerment (AWE) hosted a student-faculty **mixer in the Underwood Room**. AWE is an affinity

REPORTING BY ALLY KIM & ANGELINE ZHAO

group for Asian, Asian American, and mixed heritage Asian women and women-aligned students, faculty, and staff. Many Asian students gathered at the event to play games and socialize with one another over Asian snacks.

#### **Looking Ahead:**

Family Weekend will be held starting today until Sunday, October 24. The annual tradition allows family members to visit students and observe cam**pus life**. A variety of events will be hosted throughout the weekend, including performances from Andover's bands and orchestras on the 22nd, as well as a choral concert to be held on the 23rd. Family members will also have a chance to attend each of their students' classes and meet with their teachers.

Grasshopper, Andover's annual student performance showcase, will be performed during Family Weekend at four different showings on October 22 and 23. This year's theme is extravagance. Auditions were held earlier this month and about ten acts were selected for the show. They display a wide variety of talents, including dance, song, and other musical and theatrical acts. Ticket reservations were made available on Monday evening.

## **Jennifer Elliott Expects Fluctuation Between Green and Yellow Zones**

Continued from A1, Column 3

to students such as Isaiah Harris '24, who discussed his positivity regarding the new guidelines, attributing it to the campus staff working against Covid-19.

"I think we're ready for it because I feel like the staff and everyone have done an amazing job in keeping us safe and making sure that everybody is healthy... I feel like it's a step in the right direction for all of us, and it indicates that we're one step closer to being normal again," said Harris.

However, not all students are as confident in the shift to the green zone. Others are wary regarding the extent of the freedoms offered, and where it might lead the campus in terms of potential spread of Covid-19. Adelaide Morales '25 demonstrated concern for the change in rules right before Family Weekend, an event that brings significantly more people on campus.

"I am a little nervous that campus is going to become worse than the risk we started with. There are so many students leaving for [Family] Weekend and breaks during Winter Term, exposing the campus more," wrote Morales in an email to The Phillipian.

Families coming to campus

this weekend, as well as all visitors, must mask at all times in indoor spaces, according to the announcement. The administration has other safeguards in place to prevent the spread of Covid-19 this weekend.

"As we plan for the weeks ahead, including Family Weekend this weekend, we will continue our multi-layered risk mitigation protocols, including hand hygiene, sanitization and disinfection, ventilation and air filtration, and symptom monitoring," wrote Elliott and Patel in their announce-

Some students are indifferent about the change after getting used to the stricter Covid-19 guidelines. Though masking is optional, many students such as Sara Romai '23, have decided to still wear their masks indoors. Romai emphasized that she is comfortable with the shift, but has decided to mask for the time being.

Romai said, "I think it's great that people can unmask everywhere, it's obviously a lot easier. As of right now I'm still wearing my mask just because I feel like I just want to wait a little bit until we see how this goes and then afterwards, I don't know if I'm going to stop wearing it or not but we'll see what happens... I don't think I'd say I'm nervous. I think the vast majority of the school is vaccinat-

ed, so I think I'm mostly just wearing a mask because I'm already used to it so I might as well do it."

Despite this being a big step towards the typical, pre-Covid-19 campus life, Elliott warned that this transition may not be completely smooth. According to Elliott, students and faculty should take advantage of the newly returned freedoms and adjust when

Elliott said, "I anticipate that we'll have to go back to yellow at stretches during the year-I don't think this is going to be a linear progression at all. So I think we just need to be prepared to adjust as we have and enjoy spaces where we can. I'm really excited for students to be able to reconnect with family members this weekend but also kids being able to go home. That has felt like a huge hole for a number of our kids, and we want to be able to accommodate that."

"I also think for our Seniors who are trying to make decisions a bunch of those opportunities away from our kids," continued Elliott.

### about college applications, it's really helpful for them to be able to get off campus and visit. So I'm excited for kids to be able to have those opportunities again. It's been really hard, in the last year and a half, to have to take away

# OIT Working to Strengthen Vulnerabilities in PAnet System

Continued from A1, Column 5

ty are also, and I'm just mindful that the teams that manage private student information take those jobs really seriously and would never want to share information that was not meant to be shared. So, I will rely on our colleagues and the Office of Information

and Technology to continue to help train us so that we can do business as carefully as we can."

switched PAnet from Blackboard platform to Axero's Communifire this academic school year.

### **Around Campus**



M.DOUCETTE/THE PHILLIPIAN

Above, students in the library, studying maskless, after the campus entered the green zone on Monday.

M.DOUCETTE/THE PHILLIPIAN

Susie's, or colloquially known as the Den, opened the night of October 16. Closed to students since the pandemic, the space was used for Paresky Commons operations.



 $J.LI/THE\ PHILLIPIAN$ 

Above, Max Guan '22 practicing his dance routine for Grasshopper, Andover's annual student performance showcase, on Wednesday's dress

## New EcoLeaders Program Aims to Encourage Sustainable Campus Living

### **ASHLEY AGYEMAN**

The EcoLeaders Program is a newly launched program for the 2021-2022 school year to promote sustainability and environmental justice within dorms and advising groups. Two or three EcoLeaders are selected per dorm or advising group and are trained to supervise sustainable practices in their dorms and other campus locations by involving other students in sustainability action and education on campus.

According to Allison Guerette, Campus Sustainability Coordinator, the EcoLeaders program was created with the hope of introducing all students to sustainable campus living as well as providing an opportunity for dialogue and action on environmental racism and climate justice.

"Our hope is that EcoLeaders will help us achieve our Climate Action Plan Goals for reduction of greenhouse gases, conservation of water, and creating a zero-waste campus, as well as educate and engage the campus community on issues of climate change, environmental justice, and sustainable development," wrote Guerette in an email to The Phillipian.

Each month, EcoLeaders will work with house counselors, proctors or prefects, and day student advisors to lead discussions and activities with their dorms or advising groups related to campus sustainability and environmental justice. EcoLeaders will receive monthly training and work together to devise joint solutions to sustainability issues on campus, according to Guerette.

Naima Reid '25, an EcoLeader in Chase House, expressed her appreciation for the opportunity to actively work towards promoting sustainability within the Andover community. Reid has also been able to envision what her respon-

sibilities throughout the year as an EcoLeader would be.

"Although it's only been a couple of weeks, I've already begun to recognize what being an Eco-Leader throughout the year will be like. We're basically a middle man between students and those leading sustainability efforts on campus. It's also a responsibility; being an EcoLeader puts you in a position to lead and contribute to sustainability efforts but also gives you the obligation to call out unsustainable practices, which can be inconvenient," wrote Reid. Jonathan Ji '24, an EcoLeader

in Fuess House, shared a similar sentiment as Reid and believes that EcoLeaders are the "eyes and ears" in the student body to pass on information. Ji thinks that the program can be successful in influencing student behaviors by effectively utilizing peer pressure.

"Peer pressure is a powerful tool. Given enough time, people will change their habits. I think our group is large enough to have some impact, but we will need to wait and see if it really changes behavior," wrote Ji.

Reid also believes that the program will bring change and succeed in promoting sustainability and achieving its mission and

"I do believe that the program will succeed in promoting sustainability. It's a 'grassroots' approach that I think will have the most impact on students' daily practices... [The monthly meetings] give us a good amount of tasks and information that we can do and share throughout the month while still updating us with emails and through other clubs led by the sustainability coalition," wrote Reid.

Suhaila Cotton '24 found that the program is an effective way to promote sustainability for everyone on the Andover campus. Cotton appreciates how the Eco-Leaders in her dorm gave their presentations and believes in the potential of the EcoLeaders pro-

"I think it will be in the sense of educating people about easy, daily actions they can take to better respect our spaces and local environment. For my dorm [Nathan Hale House], the EcoLeaders did a great job with their presentation on trash and recycling which was much needed in the dorm and they put up posters telling us how to sort our trash. EcoLeaders is definitely a good way to promote sustainability for both those who are the ones learning and those who are teaching," said Cotton.



M.FANG/THE PHILLIPIAN

# MY MOM'S NOT LOOKING FOR ANYONE RIGHT NOW, SORRY.

COMMON is Right!

By Karen Mcpherson P'23

As I walked into Jimmy's, my son's, elite boarding school eating quarters, the atmosphere was abysmal. Monstrous piles of black Herschel backpacks and Canada Geese obstructed the entrance. Obviously a fire hazard. That would explain the lack of heat used for the food.

I decided to grab the "no cheese veggie pizza" in order to stick to my new diet, and I was absolutely shocked when it was lacking in cheese. Pizza isn't pizza without cheese. What were they even serving me? To compensate, I had some Sobe eternal life water. I then decided to venture upstairs with my new immortality. Stairs that are in no way safe for my Jimmy to be using every day. Imagine if he injures himself on those rickety stairs, who else will start for the IV soccer team??

The first thing I noticed on



the second floor was this gooey substance in a self-serve tub next to the pulled pork, I think it was called placenta... Nothing like what mine looked like when I gave birth to sweet Jimmy. I asked a student in a "Class of '22" shirt if the pork was organically sourced, and he called me a "Karen." If I'm such a "Karen," why am I calling your college counselor right now?

I can't believe my precious Jimmy eats there every day... looks like I'll have to donate a new cafeteria. Or send Jimmy to

Deerfield.

· Olivia Wilde's Boyfriend Can't Afford His **Own Sweatshirts** 

THE WEEK'S TOP HEADLINES

• Family Weekend Speed Dating Weekender **Event Goes Horribly Wrong** 

 After Pooping on Conservative Student, ASM Bird Forced to Also Poop on Liberal by Speaker

• Couple in Comfy Makes it All The Way to "Conclusion Paragraph"

• Green Zone Reveals Abundant Unfortunate Facial Hair

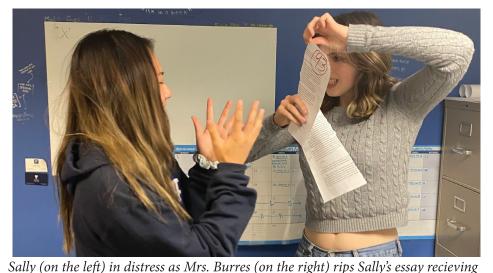
 Student on Probation Gives Dean a Hug After ASM Speaker Says "Love Your Enemies"

• Optional Masking Means You Can No Longer Silently Curse Your English Teacher Out for that 4+

# Eighth Page Exclusive Parent Interviews

The Most Normal Parents We Could Find...

Mrs. Burres: "Sally? Where are you? You better not be doing drugs with your unaccomplished friends."



a disappointingly low 93 percent.

Mrs. Burres is the head of the unofficial Andover Parent's Association (she was kicked out of PSPA.) When she isn't organizing fundraisers, Mrs. Burres loves to spend time with her daughter, Sally '23, who, she insists, is brilliant.

Burress said, "I just got so sick and tired of those stuck up parents from PSPA. They keep pushing to sell those sloppy hoodies and plaid PJ pants as if we should be allowing our kids to walk around looking like hungover college marijuana smokers!! They also wouldn't accept my proposal to campaign for parent dorms on campus. Those idiot PSPA parents think they can trust those lazy house counselors to supervise our kids? How else am I supposed to ensure Sally is tucked

in bed at 9:15 p.m.?!?" After Mrs. Burres ranted about the pains of being a helicopter mom who needs to take a helicopter to see her precious daughter, she shared her tips to cope with being away from your

She said, "Tracking your kid's phone location is the most basic step, then bribing your kid's friends into giving you weekly reports is step two, and lastly, my best trick... disguise. My youthful skin helps me easily pass as a Teaching Fellow. I even got invited to a Teaching Fellow party, and they made me designated driver once they saw my Toyota Sienna! I wish Sally was as appreciative of me as those barfing Teaching Fellows!!" She said and ran away.

Mr. Whitewoke: "Jr.! Where you at? You better be doing drugs with your friends. You are already? Can I come?"



Jr. Johnny Whitewoke '24 on the left and Mr. Whitewoke '83 on the right, sharing the closest Jr. will ever get to a hug from his father.

Mr. Whitewoke is CFO of BigName Firm. He graduated from Andover in '83, and lives in his humble backcountry estate in a town 45 minutes outside New York City. After his cherished time, dealing the 80s version of Vyvanse, at Andover, he went on to study at Yale University, where his dad, dad's dad, and dad's dad's dad went.

At Yale, he beatboxed for the Whiffenpoofs a capella group and was a prominent member of Skull and Bones. When he's not golfing, you can find him sipping Manhattans at the corner of 44th and Park, at the Boxerbrief with his "secretary." Mr. Whitewoke, unprovoked, answered some unasked questions while he was visiting his son, Jr. Johnny Whitewoke '24. Unsurprisingly, he started to talk about himself.

"Ah, my time at Phillips, it was back in the day before the deans started sticking their noses in everyone's business. It was a great time. Where teachers taught, coaches coached, and commons served Brandy. Lacrosse is a big part of my heritage. The pureness of the sport is the reason it is the only game I will let my son play."

"He doesn't need crew to get into an Ivy," he added after a long, solemn silence.

"I'm so glad we don't need family emergencies to leave campus anymore, I was running out of fake weddings to go to."

"Drake the type of fella to overshare in EBI."

"Any idea if the Den's stock is publicly traded?"

# OVERHEARD ON THE PATHS

"I walked into Sykes with a cold and they gave me an ice pack and someone else's "Who's Charles? Why

Adderall." "Guys we should totally

bring back 'derp.' That

are all these tall people giving him... OH its a crew thing."

was a classic." "It's only a gambling addiction if I'm losing money."

# What they wont tell you in 15 minute classes....

The Dark Underbelly of Andover

- **Thirst comments** on Mr. Seth's TikTok
- Saturday night at the Globe
- Repeated, unintentional eye contact in silent
- Weekly communal
   Chess club hazing **PG** showers
- Tuna as salad bar protein
- **Mold monster** living in the **Stimson** basement

- Collective Senior coffee intake
- Being forced to talk to your freshman year best friend in the pizza line
- Your sock drawer
- rituals
- **How many hours** you stare at that lower who looks like your middle school crush
- Pine Knoll...



# The Phillipian SPORTS

**Volume CXLIV | Number 19** 

T-3 weeks until we wreck the ex

October 22, 2021

### **SPECIALFEATURE**

## Tam Gavenas '25 Breaks Andover Home Course Junior Record; Brings Speed, Passion, and Energy to Boys Cross Country



N.NAZAR/THE PHILLIPIAN

Tam Gavenas '25 joined a running group called the Prospect Park Youth Running Club at age five.

#### **PATRICIA TRAN**

Tam Gavenas '25 clocked a 16:33 in his first time racing on Andover's cross country course, marking the 28th fastest time ever recorded on the course in program history and setting a new Junior record.

According to Gavenas, the support of his teammates played a major role in this achievement.

"I think I ran really well because there was such a good positive attitude. When I was in the race, my whole face was focused. You've probably seen photos, but it was like completely zoned in. I was laughing in my head a little bit because my teammates were shouting...

at Heartbreak [Hill]... It just felt super smooth because I felt like we were really being lifted up... because everybody was cheering for each other," said Gav-

Gavenas has been running for fun ever since he was little. His competitive running journey first started in great part due to the encouragement of his mom and the extensive running history of his home country, Ethi-

Gavenas said, "It was basically because my native country is one of the strongest long-distance running places in the world. I was born in high-altitude... I used to run in the playground constantly when I was little, and my mom was like, 'Okay, he has a lot of energy. I need to get him to his naps and make sure his energy is out."

When joining the team this fall, Gavenas not only brought his talent, but also his passion for the sport, natural compassion for other people, and lightheartedness, according to Captain Matthew Ottenbreit '22 and teammate Nolan Goldthwaite

"Tam as a teammate is extremely energetic. I think that he is a really wholesome part of the team. At the start of the season, he was really eager to get to know everyone and I think he brings a lot of passion to the team," said Ottenbreit.

"He adds a youthfulness to the team. He goofs around a lot, sometimes doesn't listen, but when I've talked to him in deeper conversations, he's very caring. He runs with a lot of heart, and he cares a lot about the team and the team members," added Goldthwaite.

When racing, Gavenas' focus shifts from his teammates to running as fast as he possibly can, according to Head Coach Patrick Reilly.

"When he's running and competing, it's not that he loses that energy, it just is transferred into a real focus on what he's doing. I think he has real toughness and real intensity. When he's running, it's incredible to watch," said Coach Reilly.

On race day, Gavenas has recently adopted a new ritual to

keep his mind in the zone.

"[Girls Cross Country team member Charlotte Whitehurst '22] and I, in the first race of the season, did a walk where we were completely silent...I feel like that helped us focus, and before and during the race, I put my hand to my lip and we go like, 'Shhh,''' said Gavenas.

Since Gavenas is still early in his high school career, Coach Reilly believes the most important goal is to maintain Gavenas' love for the sport and overall health.

"For Tam, the biggest thing is that again, cross country stays a place of success for him, just that he feels good about being there, and he's happy to be part of the team. I think that's kind of the major goal... In terms of competitive goals, we want to get him as fast over 5k as we can while keeping him healthy and strong," said Coach Rielly.

Right now, Gavenas chooses to focus on more specific aspects for improvement; he hopes to work on maintaining control over his own mind and

body when racing. Gavenas said, "I have goals, but my main goals are just to make sure to stick with a positive attitude, be always focused, and just not wave my arms... You know, completely focused, per-

fect form." Gavenas will be looking to improve upon his early success in the remaining three home meets of the season.



COURTESY OF PHILLIPS ACADEMY

At eight years old, Tam Gavenas '25 (pictured above) broke the 5k world record at his age group.

### BOYSXCOUNTRY

### Boys Cross Country Outpaced by St. Paul's, Maintains Positive Attitude

### **PATRICIA TRAN**

Despite the perfect fall racing conditions on Saturday and securing the first-place finisher in the race, Andover Boys Cross Country suffered a 24-31 loss to St. Paul's. The team's dual meet record now

stands at 1-1. The team didn't dwell over the loss; rather, the excitement from the newer runners competing in their first away meet radiated throughout the team and turned the meet into a fun bonding experience, according to Nolan Goldthwaite

'22. "Before the race, we were all really excited. For some of us, this was our first away meet... and after on the bus, it was really fun; we kept our traditions alive, and we drank lots of chocolate milk... Unfortunately, we didn't have some of our runners due to injuries, and some people were sick... but I feel like even though we lost, we still had fun, and that's what I love about cross country. Even if you win or lose, it's still fun,' said Goldthwaite.

In addition, Isaac Heitmann '22 believes the combination of cooler weather and colorful trees lifted the mood of the entire team.

Heitmann said, "Our energy was pretty positive, both before and after the race. I can personally attribute that to the weather and scenery.. St. Paul's School in the fall is a beautiful place owing to their foliage, and I think the scenery put us in a cheerful mood."

Going into the race, Andover wanted to run near the St. Paul's runners, as they knew their home course best, according to Luke Williamson

"We weren't looking to set PRs, but we wanted to beat St. Paul's... that was the main goal. The strategy was to stick with the St. Paul's guys because they knew the course, and don't let them box you out. They know how to run [the course], and [we wanted] to run with them the way they were running it," said Williamson.

Despite the attempt to run alongside other St. Paul's runners, Max Boesch-Powers '24 noticed that the team was still

outpaced by its opponents due to the unfamiliarity of the technical course.

"They definitely performed better...I think the course was extremely technical, and St. Paul's really took advantage of pacing themselves well and really pushing themselves, and we lost in that regard. It was definitely a good course to have a home course advantage on," said Boesch-Powers.

According to Heitmann and Goldthwaite, pack running and maintaining focus allowed the team to support one another during the race, especially at times when the cheering of spectators and competition from nearby opponents were absent.

Heitmann said, "Our goal going into the race was, as always, to run our best and show good sportsmanship, especially since it was parent's weekend over at St. Paul's... This time, however, Coach Rielly put special emphasis on running together in groups. Coach Domina also gave us some advice, saying that we should stay focused during the race, especially during the wooded sections of the course where spectator support was

Boys Cross Country will look to capitalize on its home course advantage as Andover welcomes Northfield Mount Hermon on Saturday.



Following its upcoming meets against NMH and Deerfield, Andover Boys Cross Country will end its season with a meet against Exeter followed by Interschols.

### Boys Cross Country Head Coach Patrick Rielly Connects Team Through Inherited Traditions



A.BHAT/THE PHILLIPIAN

**Head Coach Patrick Rielly ran** cross country and track during his high school and college years.

### **DAIGO MORIWAKE**

In his two seasons leading the team. Andover Boys Cross Country Head Coach Patrick Rielly has focused on carrying out traditions. These traditions include doing 'poets

and pushups' and going to the Springbok Gazelle race at the end of the term, according to

"There are many of them. A couple of my favourites is that, for the first run of the season, for pre-season, we always go up to Holt Hill and we get in a circle around the Sillister stones and do poets and pushups... Everyone names a poet and then we do a pushup for each one as kind of a nice way to start, and it merges that English teacher-cross country coach kind of thing... [Another tradition we have is] having the people who are not running [competitively] at New England's intramural meet called the Springbok Gazelle race... I think [it is] a very fun event, great team event, we do that every year. So those are two that Coach Savelford established before my time, and we've carried it on through

the years," said Rielly. emphasises that Rielly

cross country is a sport in which progress is often invisible over a short period of time, but very visible long-

Rielly said, "[What] I say to the team all the time is that we want to control what we can control and we're trying to get a little bit better, a little bit stronger every day. The thing about endurance running and distance running is that it's an incremental improvement over a long period of time, which can be frustrating, but if you have patience and you commit to the training, you're going to see significant gains over a season and over a year as you run. So, to me, trying to get a little bit stronger every day is my governing idea for cross country."

Captain Matthew Ottenbreit '22 appreciates Rielly's coaching as well as his mentorship outside of cross coun-

try.
"Something I really appre-

ciate about Coach Rielly's approach is that he always prioritizes consistent, long-term improvement and believes that anyone can become a strong runner by improving a little bit every day. He also reminds us that having a balanced lifestyle outside of practice is essential to our success as runners and makes it clear that he cares about us not just as athletes but also as students and people," wrote Ottenbreit in an email to *The* Phillipian.

Rielly believes his main role as head coach of the team is to provide 'a place of success' for runners in various forms.

"I care about them as people, as whole people. I think that's the number one thing for me, it's that cross country can be a place of success for everyone, and success looks different for everyone, depending on their experience [and] depending on their

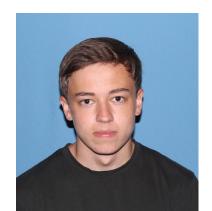
health in that season, but I think it can be a place of success for everyone, and to me, that's the biggest role, and that's why I hope to relate with the athletes as people first, just whole people who have rich, exciting lives outside of cross country. I hope cross country is a good part of their day," said Rielly.

Tam Gavenas '25 attributes the team's strong bond to Rielly's ability to foster a close knit team culture.

"He [helped me with the transition] more than I expected. He's a great coach. I just enjoy his attitude because he's like, 'You're here to run. You've got this, but you're also here because the team is going to help you improve.' It's just a well-connected team. We all know each other well, and we always have a good attitude. I know I say this a lot, but attitude is really important," said Gavenas.

### CAPTAINFEATURE

### Captain Matthew Ottenbreit '22 Strives to Lead Through 'The Perspective of a Peer'



COURTESY OF PHILLIPS ACADEMY

Captain Matthew Ottenbreit '22 is one of seven Seniors in a young team consisting of 56 runners.

#### **MONISHA KATHIKA**

Andover Boys Cross Country Captain Matthew Ottenbreit '22 began his cross country career in early middle school. Growing up, his dad proved to be a great inspiration for him because he was a runner himself. Although cross country was not Otterbreit's main sport before coming to Andover, joining the team has helped him grow his love for the

According to Ottenbreit, his favorite aspect of the sport is the long-term growth that can be achieved.

"There are very concrete goals that you can set for yourself and

achieve. That's really important for a sport that you're participating in for the long term. Coach Rielly really emphasizes improving a little bit every day, and I think that's what it's about, just consistency and faith in

your training." Ottenbreit said.
According to teammates Bryan
Chyu '23 and Luke Williamson '25,
Ottenbreit is a supportive leader
who supplies the team with enthusiasm every day.

siasm every day.
Chyu said, "He [has] kind of [always] acted as the leader of the team. This year, as he became the captain, I think his leadership, in a way, consolidated the group even more. His kindness and leadership make him a good leader."

Williamson added, "He's a lot of

fun, he's always there and he's always excited. He always brings the energy and that's always nice for everybody, especially if they're having a bad day... He supports everybody, and gets to know everyone's name and makes them feel like part of the community and that makes the

community stronger."
According to Ottenbreit, he strives to lead the team by example and is trying to reinstate past traditions that have not occurred due to Covid-19. Some of these include doing warmups before meets together and singing on the bus on the way back from races.

Ottenbreit said, "I like to think that I lead by example. I think that I have a very genuine passion for running even outside the competitive aspect. As a captain, something I've been really trying to do this year is, first off, because we didn't really have a season last year, I've been try-ing to bring back all of the traditions we've had as a program in previous years and also I've been emphasizing that the team's community should extend outside of practice. So we're not just a community in practice, we're also a community around campus when we see each other and we support each other in all aspects of life here."

Ottenbreit is a true leader on the team and always keeps the team organized both during, and outside of

practice, according to Chyu.
"In practices, he leads the warmup drills. We stretch out before we actually go on runs. He's always the one to gather people and notify [us about] any information that we need to know before the race. Outside of practice, he likes to organize team dinners, especially before races," said Chyu.

According to Ottenbreit, he was fueled by his teammates to come back even stronger than before after an injury last season.

Ottenbreit said, "One thing I'll say is that one obstacle I've had is that, pretty much the same week I was elected captain, or around the same time I was elected, so the fall season of last year, I actually had a

pretty serious injury with one of the growth plates on my hips. That resulted in me having to take three months off and pretty much no exercise. I think that was a difficult challenge because before that I had spent a lot of time building up my aerobic base and I felt that that injury sort of reset that. I think that the encouragement that I've had from my teammates and my coach and everything has really helped me come back."



COURTESY OF PHILLIPS ACADEMY

As captain, Matthew Ottenbreit '22 (first) is following in the footsteps of notable past Andover Boys Cross Country leaders such as Alex Fleury '20.

### **GIRLSVOLEYBALL**

# Girls Volleyball Suffers Losses to St. Paul's and Phillips Exeter Academy

### **MEG STINEMAN**

A strong block by Michelle Brunetti '23 earned Andover Volleyball a point in its 3-0 loss against Phillips Exeter Academy at home on Wednesday. On Saturday, the team lost 3-1 against St. Paul's. The team's record now stands at 7-5.

Despite losing both games, the team played to all of its strengths against the strong competition, according to Co-Captain Sophie Watson '22.

"Each of the sets was so close, [and] the teams [were] so strong... So I think that both of the teams were very close in capabilities, which made the entire game a lot of fun. And I think as a whole, it just was kind of a big experience for us. I think our team did really well, each of us really showed a lot of our strengths," said Wat-

According to Wendy Wang '24, the team's energy on the court against Exeter was lower than [it was in] the St. Paul's game, and its anticipation of Exeter's strength flustered the team's mindset.

"I think compared to the St. Paul's game our energy was a little bit down today, maybe because we were expecting Exeter to be such a strong team. Then doing warm-ups, we were kinda intimidated by the big hitters they had. We were playing scared most of the time, and that is, I think, what lost us the game."

Jaedyn Ford '24 and Watson highlighted Wang, who got injured in the fourth set, for her consistent and strong game. Ford also highlighted Mary Lord '24 for her exceptional game on Saturday.

"I think that either our setter, Wendy, who was like our star player, she always plays like the absolute best. She got injured in the fourth set, so that's probably why we didn't win, but I think that also one of our middles, Mary, also played very well in scoring us points," said Ford.

"Our center, Wendy, she got injured, which is a bummer because she carries the team. She's what makes everything, everything perfect. And then the fourth set was just a completely new team. We had two new people come in to try and set for her. It's just hard to switch your entire starting rotation in the middle of the game where both of the teams are so close," added Watson.

According to Watson, the team's energy is important to its success. She explained that a strong mindset on the court motivates the team to be the

best players possible.
"I think all of us have kind of touched on the team's energy. How like our energy just kind of carries the team and our coach talks about this a lot. But each individual, each of our players on the court having the mindset that they are the best player and just kind of basing our own confidence as well as the confidence of the team," said Watson.

Andover Girls Volleyball will seek to secure two wins against Northfield Mount Hermon on Saturday and Deerfield on Wednesday.

### **BOYSWOPO**

# Boys Water Polo Wins One, Loses Two Despite Strong Performances

#### DAIGO MORIWAKE

An early goal against Brunswick by Hank Yang '22 spurred Andover Boys Water Polo onto two good performances that saw it lose 16-5 to Brunswick and win 12-8 against Loomis Chaffee. A 14-11 close home loss on Wednesday against Suffield capped off the week for Andover. Andover's record now stands at 6-5.

According to Co-Captain Beckett McKee '22, the team put up a good fight against Brunswick, which is the best team in the league. Ultimately, Brunswick's squad depth helped it clinch the win against Andover.

"I mean we were playing Brunswick, which is historically the best team in the league... they've won the league every year since they've been at it. We kind of went into it knowing what we were up against, and we actually did a lot better than we were all thinking, we all stepped up, everyone that played did really well, we put up five goals against them when most teams put up like one or two. Our defense was really solid in that game, we stuck with them really closely for the first half, and then they have a lot of depth in the team, everyone who plays is very technically skilled, very well-conditioned, so they were able to kind of pull away in the third and fourth, but it didn't feel like we got dominated at all. It actually felt like a very close game throughout," said McKee.

Despite not getting a win against Brunswick, the team thought of the game as an opportunity to learn from an extremely strong team, according to Nicholas Donaldson '23.

"I don't think we were fully defeated, I think we were just very realistic with the fact that we were going to be taking this game as a learning experience,

and whatever the outcome was was whatever, we weren't necessarily saying that we needed this win, more like we needed this experience," said Donald-

Andover quickly applied the lessons they learned from its first game to capture an away win against Loomis, only an hour after its loss against Brunswick.

Donaldson said, "We really did use the loss from Brunswick, we used Coach Hurley's plan for Brunswick, knowing that they would be the toughest game of [our] season, [which] was to learn from whatever they do to us... and take that into the following [games], and so we took that into Loomis, which we had immediately after, and we drove like them, we set up plays like them, we were rough like them, and we got the win over Loomis. We learned so much and applied it straight to the game after, and that helped us a lot for the win."

According to Co-Captain James Isenhower '22, Andover's loss against Brunswick was a result of the time it took to adjust to the opponent's strategy.

[Brunswick is] a good team [and] we had trouble getting used to it at first. I think we played well, we spent that first quarter figuring out what their strategies were, how they were shooting, stuff like that. It was a slower start than we anticipated, but we adapted to it fairly quickly, and by the end of the second [quarter], we knew their strategy and we were able to start scoring more than them. I think if we had an extra quarter, we probably would've beat them, but it is what it is, so we [will] learn from it," said Isen-

Andover adjusted to Suffield's game by shutting off its best players, according to Trey Wolfe '23.

"[We adjusted by] figuring out how to shut certain guys down, I mean, most of the teams we played had about one good player, but Suffield had a few, so once we figured out how to shut those guys down so they couldn't shoot, that definitely helped us out," said Wolfe.

Andover will welcome St. John's Prep at home on Friday.



After scoring against Brunswick, Hank Yang '22 (blue) recorded three steals and two goals in Andover Boys Water Polo's win against Loomis Chaffee.

### GIRLSXCOUNTRY

### Girls Cross Country Beats St. Paul's Despite Unfamiliar Race Plan

### **MONISHA KATHIKA**

With Charlotte Whitehurst '22 placing first and Tiffany Tang '22 and Caroline Empey '22 following closely behind in second and third place, respectively, Andover Girls Cross Country beat St. Paul's 19-40. The team's record now stands at

Even with the quick switch from mental thinking to physical activity, Vanessa Fan '23 did not find changing her mindset from completing the PSAT to running in a race on the same day as difficult as she thought it would be.

Fan said, "At first, I thought it would be pretty stressful because you're going from something that's very mental in the morning to something that's very physical in the afternoon. But it was also nice because it was a chance to take my mind off of all the work I had to do,

and all I can do is just focus on running in the moment."

According to Elizabeth Zhang '22 and Empey, the changes in the lineup caused the team's usual strategy of pack running to be more difficult as the players had become so accustomed to running with the same people.

Empey added, "This week was a bit of a different race plan. [Patricia Tran '24,] the girl I normally run with, wasn't running this week, and so our coach, Coach Lambert, made a bit of a different plan for this week. Charlotte, Tiffany, and I, because we're the top three runners for Andover this weekend... we kind of did a tempo first mile, we did a slower pace than we normally go out in, we kind of let the St. Paul's girls lead the first mile. At the mile mark, we just sped up, we switched gears. We really focused on the middle miles and we ran closer to our race paces during the second and third mile. We ended

up finishing one, two, and three, so it was good for Andover."

Fan also notes that St. Paul's course was much different than Andover's, which benefited some members of the Andover team, while others felt more comfortable in the team's home course.

"It's very different from the home course. [On] the home course in Andover, we have a super big hill that we go up. This one was more flat compared to that, but there's a bunch of little bumps throughout it. So, sometimes you'd be going super down and you get some nice acceleration and you might have a tiny hill after that even. Some people enjoyed it a lot because it was super flat. I personally still enjoy the home course more, I'm just more comfortable with that one."

Though the team's plan was executed well and proved to work out well, Zhang looks to the future, saying that the team needs to focus on its health, whether it be mental or physical, especially during this time of year.

"I think [the team can improve by] just being more careful with our health. Of course, that's a hard order because we're coming out of midterms week and not everyone is getting a lot of sleep. Also there's this campus cold going around. So,

not all of our racers are at like 100 percent. But, we have lives outside of cross country, so I guess like trying to take care of our health especially as midterms and the cold come around." Zhang said.

Girls Cross Country's next race will be at home on Saturday against Northfield Mount Hermon.



COURTESY OF PHILLIPS ACADEMY

This season is Andover Girls Cross Country's first year with its new head coach, Keri Lambert.

### BOYSSOCCER

### Andover Defeats St. Paul's, Ties with High Mowing in Anticipation for NMH

### MATT LEONARD

Following Ellis Denby's '24 free-kick that deflected off a High Mowing defender, Aldiyar Zhumashov '22 scored, tying the game at 1-1. Andover Boys Soccer could not build on this equalizer, however, and finished deadlocked in its scrimmage against High Mowing on Wednesday. Andover found more success in their previous match on Friday against St. Paul's, winning 3-0. Boys Soccer now sits at a 4-3-2 record.

According to Zane Matraji '24, the team spent its practices fixing weaknesses leading up to the St. Paul's game. The team focused on possessing the ball as well as its spacing on the field.

Matraji said, "We knew that [St. Paul's] was a good team, but that they were also struggling. We were in fine form thanks to our past two wins and had positive momentum to keep us going. As long as we had kept that up, a win was expected. During practice, we continued to focus on movement off of the ball during practice. This was rooted in our mistakes from last week, and the season as a whole. A big thing that we wanted to emphasize was possessing, and the best way to do that is to create space off of the ball for the guy on the ball."

Matraji added that the team displayed lively emotion throughout the game and worked as a team to score hard-earned goals.

"We showed great spirit. Soccer is a very emotional game, and when times get hard, it's important that the team is able to escape deficits with good spirits and control these emotions. We had a lot of displays of individual talent but also worked well as a cohesive unit. We had three brilliant solo goals [against St. Paul's]. Two of which were well-placed free kicks, and the third was a chip towards the end of the game to finish it off. I think that the way we practice is the way we play, and our keeping of high intensity was reflected during the game," said Matraji.

Following the victory against St. Paul's, Andover continued to focus on positioning, according to Zhumashov. He added that the team also began working on formations to counter High Mowing and has begun planning for Northfield Mount Hermon on Saturday.

Zhumashov said, "We worked on positioning and playing from the back. We tried to come up with a strategy against this team's positioning and style of play, as well as [Northfield Mount Hermon's]. We did this to practice getting the ball to the defense and setting up attacks to score. We also did some [passing and] shooting drills, as we haven't been scoring as much as [we would like] this season."

After the draw against High Mowing, Zhumashov noted that Andover overcame setbacks in the tightly-contested match, but soon found its rhythm.

"We found that, in the second half, we came on strong. We pressured them and came with an energy that we didn't have in the first half. We were ready to play. This was not a league game, but it was a game that was going to prepare us for Saturday against NMH, which is a top-ranked team. High Mowing is a team that is at the same level as NMH, whom they tied, [and] they also played and beat Worcester, which [together] are two of the best teams. The [effort we showed on Wednesday] is is the type of effort which we will need to have on Saturday, so today we were trying to show [that]. We played well and showed everyone that we can play against the best teams and win everything. We just have to play as a team," said Zhumashov.

Andover faces NMH on Saturday in a big Family Weekend matchup at home and will play Cushing Academy on Wednesday.

### FOOTBALL

### Andover Football Falls Short to Williston 28-40



COURTESY OF JUSTIN HARDY

Williston was a relatively new team on Andover Football's schedule, with the two teams having not played each other at all in recent history.

#### TYLER PARKER

Recovering their own onside kick from the kickoff, Williston Northampton started off strongly and then went on to score on the very next play. Andover Football struggled to recover from the early deficit, resulting in a 28-40 loss which now drops its record to 1-3.

According to Co-Captain Julio Dahl '22, because Williston was playing in its homecoming game and had an electric atmosphere behind it, the team ran two very risky but successful plays at the beginning-the onside kick and the resulting score.

Dahl said, "The atmosphere was good, it definitely was an advantage for them to be at their home field. I think it was advantageous for them to have that homefield advantage, and they got off to a really fast start. They had a few trick plays at the beginning"

The team looked to bounce

back from their tough loss against Taft the previous week, but faced many challenges on Saturday, according to Henry Sheldon '24.

Sheldon said, "One of our players got injured during warmups which definitely caused some negative feelings, but [the main problem was that] we just gave up big plays [that] really hurt us."

According to Dahl, the long bus ride and the rainy weather made it even more difficult to bounce back from the tough start.

Dahl said, "I think a big challenge was the bus ride, and then it started raining in the second half. It was hard to start throwing the ball in the second half, and we were down two scores, so it was hard to make those big plays when we were confined to the run game."

Andover looked to anticipate how to overcome these challenges this week in practice. According to Andrew DeBenedictis '23, the team had a slow week in practice prior to the Williston game and is increasing the intensity this week.

DeBenedictis said, "One challenge we faced heading into the week was being able to keep a competitive atmosphere in practice. Like I said before it wasn't a crazy intense week so we were sometimes a little flat during practice. This week we are hitting [each other] a lot more and the practices are more intense."

Ahead of the team's game against Brunswick, Dahl believes that everyone, on an individual basis, needs to focus on their execution the most.

Dahl said, "We need to focus on executing better, our bread and butter plays that we run, and working on efficiency on offense, and making sure everyone knows what they are doing and has their assignments, and most importantly [that] everyone is doing their

Andover Football looks to bounce back at home Saturday against Brunswick in its first home game in nearly a month.

### GIRLSSOCCER

# Lily Haik '22 Nets Two Successive Goals to Propel Andover to a 3-0 Win

### **ANNABEL CURRY**

On Wednesday, Lily Haik '22 scored two goals within the first seven minutes of the game, helping Andover to secure a 3-0 win over Governor's Academy. The team rebounded from a 1-3 loss at St. Paul's this past Saturday. Andover Girls Soccer now stands at a 5-5-1 record.

Following the loss to St. Paul's, Emily Kelly '22 highlighted the lone goal from Elisabeth Rourke '22. She also noted that the team worked cohesively despite the outcome of the game.

"It was very exciting — It was on a corner kick, I believe, and [Rourke] headed it in. It was a beautiful goal," said Kelly. "I would say that we did very well within the first five minutes. Combining different plays and [playing] the ball to our feet. I think we need to work a little bit more on passing technique, I think we got a little crazy, but overall we stuck together and at the end of the day, we're still a team."

According to Kendall Toth '24, the team prepared for the games against St. Paul's and Governor's throughout the

week, both on and off the field. "We trained hard this week with a lot of realistic game-like scenarios, lots of going at goal, and small-sided play. We made sure to fuel, hydrate, and rest our bodies and minds to make sure we were all fully present and ready to go for game day," said Toth.

Kelly noted that the defensive side of the ball played a key role in the team's success at shutting out Governor's.

"We have found a lot of success with our [defenders], we had a few injuries with our two outside backs but they're all back now, and I feel like right now our communication throughout the field has been really good, and that's where we have found success," said

According to Kelly, the team is focusing on minimizing fouls and making the most of scoring opportunities.

"We need to work on finishing goals and not giving up as many fouls as we have. We're a very passionate team, I think sometimes that reflects on our decisions on the field, so I think right now we need to get the ball in the back of the net," said Kelly.

As the season progresses, the team hopes to focus on general strength and speed, and well as technique, according to Sofia Traversari '23.

"[We want to work to] improve our fitness, we want to be fitter, we want to be quicker, we want to be more agile than the other team. So we implemented a lot of fitness tests within our training this week. We did a lot of possessing the ball within like small spaces, a lot [of] shooting on the net in reduced phases as well. That helps us, the keepers, react to balls quicker and also keep numbers in the box. We want more people in the opposite box so that we can score more goals," said Traversari.

Andover Girls Soccer looks to defeat both Northfield Mount Hermon on Saturday and Thayer Academy next Wednesday.



COURTESY OF PHILLIPS ACADEMY

After scoring two goals and recording an assist against Brooks two weeks ago, Lily Haik '22 (#9) notched another brace against St. Paul's.

### **FIELDHOCKEY**

# Girls Field Hockey Handles Saint Paul's in a 4-0 Victory, Ties Middlesex

### PATRICK FLANAGAN

Despite a lackluster beginning to the game, behind an excellent shutout performance from goalie Lexi Secreto '22, Andover Girls Field Hockey poured on four goals to defeat Saint Paul's 4-0. In stride, the team went on to tie Middlesex. The team's record is now 9-0-1.

Against Saint Paul's, Andover got into an offensive groove, leading to full team passing plays, according to Shea Freda '24. Freda described how the communication came together for the team, allowing it to pull things together and come away with a victory.

"The beginning of the first half was a bit of a slow start and it kind of took us a while to get into a good groove and we needed to get the energy up. So once we did, our first couple goals kind of started some munication on the field and we [were] able to execute at the

really good passing and comend [and] we got the win" Freda said. Freda described the team's fight as a group effort and expressed that it allowed the team to create the type of play it wanted to see. According to

Freda, through the cheering of

the teammates, Andover was

able to re-establish its confi-

Freda said, "We have a really good bond, and... can always hear people supporting each other on and off the field. That makes us confident even when we are not playing our best and we're struggling to have good connections on the field. That energy just really helped us get into a groove and to win all of our games so far."

Knowing the reputation and status field hockey has on campus fills the team with pride and spirit, according to Captain Ellie Harrison '22. Harrison believes that being able to be a part of a big family and play a sport the team loves is an experience like no other.

"It is great to be back to

competing as a team. Historically we have been very strong as a team and we push to honor the past and build a future - we have a lot of traditions and we act as a family. Fall is a ton of fun playing field hockey. Everyone comes to practice with so much energy and everyone said Harrison.

knows how good we can be and we know how good we are," The team lost its nine-game win streak on Wednesday against Middlesex. According to Head Coach Martha Fenton '83, this loss was another game that consisted of a dissatisfac-

tory start with a great adjust-

ment in the second half as well

as in overtime.

we had yet another slow start to the game as Middlesex caught us lacking. We did not play enough with our feet [and we were] not moving enough. The team adjusted very well in the second half. We played much better than Middlesex in the overtime [and created] a bunch of chances," said Fen-

"Middlesex was skilled and

The team will aim to start a new winning run as it takes on Northfield Mount Hermon at home on Saturday.

# Drawing from Wide-Ranging Experience, Jacob Kaiser '24 Wields Versatility to Merge Dance Styles



M.DOUCETTE/THE PHILLIPIAN

### CHLOE RHEE & ASHLEY PARK

Inspired by his older brother watching and dancing with the characters in "The Little Einsteins," Jacob Kaiser '24 began his dance career at the age of two. Mainly focusing on jazz and ballet, Kaiser has experimented in

many genres of dance, such as hip hop and contemporary/modern dance. Kaiser brings his experience, passion, and dynamic talents to Andover, and views dance as an outlet while on campus.

"I think for me, dance mostly served as a great form of expression. I've been very fortunate to be able to use dance as an outlet, whether that be just emotionally or physically," said Kaiser

Kaiser is currently part of the Andover Dance Group (A.D.G.) at Andover and has participated in many dance conventions and competitions. According to Kaiser, one of his favorite parts about Andover's dance community is the support amongst all the dancers, as well as their ability to pick up new choreography quickly.

"There would either be these spontaneous gatherings where people would just be freestyling and improvising. And I just remember being surrounded in a room with a bunch of people and expressing themselves and letting everything out and supporting each other but also getting to be exposed to a bunch of cool ideas, different styles," said Kaiser

One of Kaiser's friends, and fellow A.D.G. member, Alexandra Koch-Liu '22, admires how Kaiser's unique experiences and dancing abilities contribute to his performances.

"I think [Jacob's] versatility adds to the quality of his dancing because each dance style has different qualities that are expected. That gives him a wide range of steps, but also soft, sharp, big, and small movements, with their own little flair to it, so to say. That's why his dancing is very unique because he has a wide range of steps and qualities to perform from," said Koch-Liu.

With experience spanning more than a decade, Kaiser has learned numerous styles of dance that vary from ballet to hip-hop to tap. The morphing of these styles, he believes, is what defines his dance and how he approaches it

"Getting to study and train in all styles of [dance] has definitely all morphed into one. Obviously, there are some things that are left out—if you're thinking about tap, you're not gonna wear your tap shoes, but the aspects of rhythm used in tap, and syncopation—those definitely carry on and can be found in my movement in general," said Kaiser.

Kaiser also believes that the versatility in his dance style enables the complexity of his physical movements. Employing more expansive, wide motions, he is able to further utilize dance as a mode of self-expression.

"I really enjoy the concept of

constant motion and fluidity, and being able to find a nice, cohesive path that can act like a bunch of moves together. Whether that comes from the long curve, controlled movements in ballet, or even something like hip-hop, where they're obviously the wave, stuff like that... I always find myself using those very long, controlled movements," said Kaiser.

While he has only been dancing at Andover for a couple months, as he is a new Lower, Kaiser hopes to further develop his choreographic talents over the rest of his time here. Additionally, he hopes to imbue the diversity of styles from the current dance faculty in order to develop his versatility as a dancer.

"A significant way that I've grown since coming to Andover is being exposed to new styles. Getting to learn from those faculty is something new and has really impacted me... I also think that going forward, I'm also going to look for opportunities in choreography and composition and try to be able to develop that skill as well," said Kaiser.

# 'This Film *is* the Velvet Underground':

### 'The Velvet Underground' is an Immersion in the Avant-Garde 1960s

### DORIAN PARK WANG

A metallic, kaleidoscopic immersion in early '60s New York, "The Velvet Underground" is a revelation in documentary. Following The Velvet Underground's background, formation, and run-from Lou Reed's Syracuse band to Andy Warhol's Factory to tours on the West Coast—"The Velvet Underground" unravels the band's discordant, momentous, and spiky history. Written and directed by Todd Haynes, the documentary was released by Apple T.V. on October 15, 2021. An honest glimpse into The Velvet Underground, the documentary is raw, inventive, and daring; but most of all, it burns with energy, striking just like the stages The Velvets played-de-tuned guitars, fizzly vocals, steely drones, and all.

Perhaps "The Velvet Underground"s greatest achievement is its use of archival footage. Featuring extensive Andy Warhol-inspired split-screens, the 120 minute film contains 180 minutes of archival materials,

with voiceovers interlacing over flickering celluloid, cut together as stinging percussions of Velvet Underground songs knock about in the background. (One particularly delightful instance of this-the film's introduction features a three minute compilation of archival footage as the clamorous introduction to "Venus in Furs" rackets against the opening credits.) According to an interview with The Phillipian, executive producer John Sloss P'22 states that Haynes' stylistic presentation of underground film and archival footage "expands the vernacular of musical documentaries," experimental and edgy. Haynes' subscription to an aesthetic that does not so much feel reminiscent as it does representative of Warhol-esque, avante-garde film, evokes a much more immersive and raw image of New York arts in the '60s than conventional documentary film.

Another one of "The Velvet Underground"s triumphs is its simultaneous deconstruction of and immersion in The Velvets' mythology. Throughout the film, Haynes weaves the intrinsic strangeness of The Vel-

vets' sound with the dreamy edge of '60s postmodern art movements, from LaMonte Young's Dream Syndicate to Andy Warhol's "Kiss." Pressing each grizzly frame against one another under tinny drones, "The Velvet Underground" reveals not only the aesthetics of the culture that underscored The Velvets' formation and run, but also evokes a more visceral sense of what brewed behind their music. The documentary details not only The Velvets' golden era, but also their lives before and after The Velvet Underground. Refusing to buy into glamorous and cheap dramatics, the film elects instead to take a subtler but no less energetic angle. It features interviews with The Velvets' family, friends, and fans in its gentler, closer moments, while still riding the high tides of its rolling archival montages. It is this combination, and Havnes' directorial touch, that lends the film its vigorous yet nuanced core, working around flashing black-and-white film while maintaining a strong foun-

Hooking its arms around the viewer and beckon-



MEILING CHEN/THE PHILLIPIAN

ing us into the crowd at a Velvets concert, "The Velvet Underground" is a grungy, steel-bare experiment in an avant-garde aesthetic. As beautifully disheveled as its music, "The Velvet Underground" is revelatory not only in its unravelling of the Velvet Underground's knotty history, but also as a foray onto documentary's stylistic edge. Dripping in rich archival footage, the film paints a stripped-back, gritty image of the vanguard of art in the '60s. "The Velvet Underground" is a cinematic marvel, culty and

(if you'll forgive my pun) underground in aesthetic, yet cohesive and cleanly masterful in its curation. As it sways in the crowd under the ringing steel strings of the Velvets' guitars, "The Velvet Underground" reaches out a hand and beckons us into all tomorrow's parties.

"The Velvet Underground" receives a 5/5 for its immersive aesthetic, as well as its complex portrayal of not only The Velvet Underground, but the avante-garde art movement in 1960's New York City.

# 'A Turd in the Wind'—Review of 'Venom: Let There be Carnage'

### ALICIA ZHANG

As the second installment in the "Venom" series, the recently released "Venom: Let There be Carnage" follows ex-investigative journalist ex-investigative Eddie Brock (Tom Hardy) and Venom (voiced by Tom Hardy)-the snarky, unconscionable alien that inhabits his body-as they unravel serial killer Cletus Kasady's (Woody Harrelson) plot for mass destruction. While thrilling at times with good relationship development, the movie's misplaced humor and lackluster villains make it awkward and hard to enjoy.

For a movie that focuses on an antihero, Venom fails at establishing a villain with a strong, compelling motive. While the film tries to paint Cletus as a dark, sinister serial killer, the audience don't know enough about him or his crimes to hate him. Though Cletus is established to want revenge on Eddie for betraying his trust and moving up his death sentence, the relationship between the two never had any substanceboth were using the other for an ulterior motive. However, despite their obviously shallow connection, Cletus suddenly admits that all he ever wanted was to be friends with Eddie in the last 30 minutes of the film, leaving the viewer feeling confused about Cletus' intentions. The end makes Cletus feel less like a threat and resemble a jumble of poorly executed antagonist tropes that reflect the larger disorderly nature of the film.

However, the biggest pitfall of the movie was not the underdeveloped characters, but its humor. "Venom: Let There be Carnage" struggles to balance action and violence with comedy and simply tries too hard to be funny. As soon as the viewers are immersed in an action packed and dramatic scene, the tension is instantly ruined by an irrelevant and off-hand comment intended to be humorous. For instance, in the middle of an exciting fight sequence between Venom and the antagonists, Eddie's ex-girlfriend's fiancé appears without warning, makes a poor attempt at a joke, and then the audience is immediately launched back into the fight sequence. Instead of adding to the mood, the humor disrupts the tension and makes it hard for the audience to re-immerse and -invest themselves in the film. Additionally, the attempts at incorporating comedy into scenes with deuteragonist Venom also fall flat.

One scene in particular features them loudly humming and muttering while cooking and making a mess in the process. It seems like something meant to be humorous as they tremendously fail to cheer Eddie up, but its cheap use of "slapstick" humor obviously geared for a more immature audience comes off as more obnoxious. As the movie drags on, these childish and lazy attempts to be humorous become more irritating and intolerable.

However, despite its pitfalls, the movie manages to establish much-needed development for Eddie and Venom's relationship. At the start of the movie, Eddie and Venom have different outlooks on their relationship with each other, especially Eddie, who still firmly believes in his connection with Venom being parasitic. They begin to bicker, with each insensitively claiming that their own presence is what makes the other special. However, as Cletus Kasady's evil plans loom overhead, the two begin to realize that they need to stop being self-absorbed and start relying on each other. The movie even ends in a honeymoon-like manner with Eddie and Venom sitting on a beach wearing a Hawaiian shirt; in this scene, they seem to have finally accepted their relationship as friends, comrades, and equals.

While "Venom: Let There be Carnage" has apt relationship development for the two main characters, it receives a 3/5 for its out of place humor and underdeveloped villains. In the words of Venom, this movie was "a turd in the wind."



DANIELA VELASQUEZ/THE PHILLIPIAN

# 'Back With a Bang': Grasshopper 2021 to Revel in Extravagance in Annual Family Weekend Performance

#### STAFF REPORT

Clad in bright pink safety vests, dancers freeze and strike poses as the last bars of Cardi B's "Drip" filter through Tang Theatre. As the mellow opening notes of Flo Milli's "Roaring 20s" crackle into a heavy, thumping beat, Sarah Wang '22 and other Hypnotiq members bound across the stage, their movements matching the intensity of the song and eliciting loud cheers from fellow perform-

"Hypnotiq has specifically been known for giving a lot of energy to the audience, trying to have that level of confidence, and empowering audience members



J.LI/THE PHILLIPIAN

as well. I think bringing our en-

ergy to the stage is the main thing

that we [do]—even if we mess up,

it doesn't matter as long as you're

feeling yourself on stage," said

Grasshopper 2021 will feature

both traditional and fresh takes

on this theme, ranging from sultry

expressions of elegance to glam-

orous exhibitions of magic. High-

lighting the range of variety in

this year's selected acts, produc-

er Aleisha Roberts '22 expressed

her hope that audiences will feel

that Grasshopper is "back with a

bang" and especially appreciate

smaller acts that embody extrav-

agance in non-conventional ways.

Centring around extravagance,

Hypnotiq shows off their suave and vigorous choreography, keeping the audience engaged through a high-energy medley of songs from Flo Milli, Doja Cat, BIA, and more.

the talent, flair, and creativity and celebrate our students. I have big hopes for...the traditional big groups that we see often in Grasshopper, but I'm also excited because we have these pianists that I think really fit the bill of extravagance in a different way. We have soloists...who I think do a wonderful job of really capturing the

theme," said Roberts.

One act in particular—the newly-formed band Indigo—introduces a unique take on the theme by delivering extravagance from an emotional perspective. Bassist Sebastian Altomare '23 of the band states that he enjoys this diversity of approaches to the theme, expressing that this freedom allowed Indigo to focus more on conveying extravagance through their music, rather than their visual aesthetic.

"Not everyone interprets [extravagance] the same way as [each other], wearing gold or doing something physically extravagant. For us, we didn't go for the 'gold' thing, we just did it based on the song—it is extravagant, but it's also a facade. The way the groups interpreted it was not [just] physical extravagance with chains, gold, and glitter," said Altomare.

Other performances find different ways to make the 'extravagance' their own—for instance, Fusion displays their unique understanding of the theme through artful costume design. Member Mayumi Kawano '25 points out that the group's pairing of gold sequins with African textile patterns not only tried to let all performers



J.LI/THE PHILLIPIAN

Blue Strut finishes their mashup performance of Britney Spears' "Womanizer" and Nelly Furtado's "Maneater" with powerful and elegant poses.

stand out, but also demonstrated the club's cross-cultural interpretation of the theme.

"[My costume] definitely called for attention, but it also was somewhat low-key in a way that let other people on stage shine. I think that ties into extravagance; you don't want to outshine anyone, but you want to shine as equally and as brightly as the others... I'm half-Kenyan, so those patterns are very familiar to me [specifically]. I think mixing them with something that other people are familiar with—glitter—stands out," said

In this year's Grasshopper, from AzYorkies (Azure and Yorkies) to Slam x Drumline's collaboration, acts have partnered up to deliver a two-fold punch. Drummer Dakota Chang '23 expressed that she hopes the original, dual acts will fulfill the theme of extravagance and "amplify each other" to connect with the audience.

"With Slam and Drumline together, we are, as the last act, filling the audience's sensory experience even more and bringing them from a more 'peaceful' [act] to a strong, punchy, and party-like end. Not only do we fulfill [extravagance in] the visual element with drums, we are also trying our best to fill the sensory part of the audience's experiences and bring the beat to [them]," said Chang.

# Langston Reid '24 Contrasts Simplicity and Detail in Wardrobe and Clothing Brand

### SARAH HASSANEIN & SERAFINA NORDEN-

Langston Reid '24 sports a sweater vest patterned with abstract shapes and dark brown pants, dressing in a warm color palette to complement fall tones. He finishes the outfit with a baseball cap, an individually-designed bright green tote, and white Air Force 1. According to Reid, his process of choosing outfits relies heavily on his accessories.

"The foundation of my outfit always tends to be the shoes. Then, I try to pair that with the hat, and then with the clothes. So I usually have things matching... I look at my wardrobe as [a] place to pick and choose from, and then I put it all together, like a puzzle," said Reid.

Though Reid has always been interested in fashion, his style and inspirations have evolved over the past few years. According to Reid, although he expressed an infatuation with name brands at a young age, he is now currently inspired by many underground brands and

designers.

"Those big-name brands—
Louis Vuitton, Gucci—[weren't]
fashion, it was just hype. That's
not really what I want... [So,] I
looked for inspiration from de-



COURTESY OF LANGSTON REID

According to Reid, design and fashion are ever-evolving, where popular styles today will likely be different in 30 years time. The purpose of his brand is to gather a group of people who have similar ideas and create something together.

signers, not the actual brand, and I've been evolving from a 'basic' to a more minimal style," said Reid. Another one of his fashion inspirations comes from the environments he lived in. London not only exposed Reid to a variety of fashion styles, but also sparked his long-lasting passion for designing and the subsequent creation of his own brand, LR Street.

"[In London], everybody had

their own style, everybody did their own thing. When I was there, I [decided that] I wanted to get into fashion and design, but I didn't know how. [However,] I was looking at name brands and thought I could do [their releases] better... Then, I was like, 'I love fashion. Why don't I make it myself?" said Reid.

Reid's brand sells a variety of items, including t-shirts, totes, hats, and even stickers. The brand also features Reid's graphic designs which capture the essence of his style: detailed patterns and accessories against a backdrop of rich colours and experimentation with negative space. Though he acknowledges that he will continue evolving and growing, Reid hopes that his apparel can inspire others to enjoy fashion and develop their personal styles.

"For my brand, I would hope to inspire people to look deeper into their outfits, look deeper into what they would want other people to look at them as, and how they want to be presented. I want to start a little community of people who try to do their own thing, live their own world, and don't have to have a [fixed] path. Design is all about evolving—you're never going to stay with the same style," said Reid.

### Review: Adele's New Song is 'Easy On' the Ears

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### JULIA MONTGOMERY

Adele's new song, "Easy On Me", takes listeners on an auditory journey of her broken heart. In the past five years since her last album, "25," Adele has poured grief into her new album, 30, following her very public divorce.

Released on October 14, "Easy on Me" is directed towards Adele's ex-husband, Simon Konecki. She highlights the struggles of her young marriage, one that required changes through sacrifices. Before the second chorus, Adele sings, "I changed who I was to put you both first." However, she hints that these sacrifices may have been in vain. Earlier in the second verse, she wrote "there ain't no room for things to change/ When we are both so deeply stuck in our

ways," directly telling Simon that there was no way to fix their problems.

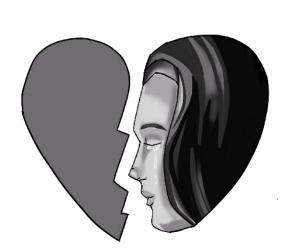
Adele's instrumental decisions also contributed to the theme of heavy sorrow. The solo piano in the background was an artistic choice that reflected the key emotions in its simplicity: heartbreak. The background music is soft and clear, and the listeners are able to absorb the full weight of Adele's words.

In addition to the audio, Adele also released a music video for the single. The simple nature of the video has the same significance as the piano—yet she takes her reflection one step further. The first half of the video is in blackand-white, symbolizing how she's dwelling on her past and blaming herself. However, as she reaches the second chorus, the scene

drips in color, representing how she is now emerging from the past towards her future and growth.

"Easy On Me" is only merely a preview of what's to come from her new album, which will be released on November 19. Before the album release, on November 14, there will be a two hour special on "30", featuring a special mini-concert and an exclusive interview about the album with Oprah Winfrey.

Overall, I would give "Easy On Me" an 8.5/10. The lyrical and instrumental choices give us insight into Adele's life since her last album. The song takes us through her emotions and allows us to relate to her not only as an artist, but also as a person. However, despite the five years since her last release, Adele does not give us anything new. She knows the types of



ALICIA ZHANG/THE PHILLIPIAN

music her fans like, and sticks to it. My hopes are that the rest of the album will contain greater variety and excitement, helping it to become a 10/10.