The Phillipian

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Veritas Super Omnia

APRIL 26, 2019

cathartic scream

"Bras 4 A Cause" Seeks to Address Gender-Based Prejudice in Clothing Choice

ZACH MOYNIHAN

At the "Left/Right Dance" on Saturday, a chaperone asked two female students wearing bralettes to either put on shirts or leave the event. Without shirts to wear, the students, Nikita Muromcew '21 and Izzy Poros '21, were required to leave the dance.

The two girls then posted about their removal from the dance on Instagram. In the comments section of that post, Amelia Meyer '21 suggested a day in which girls wear bras without shirts to protest.

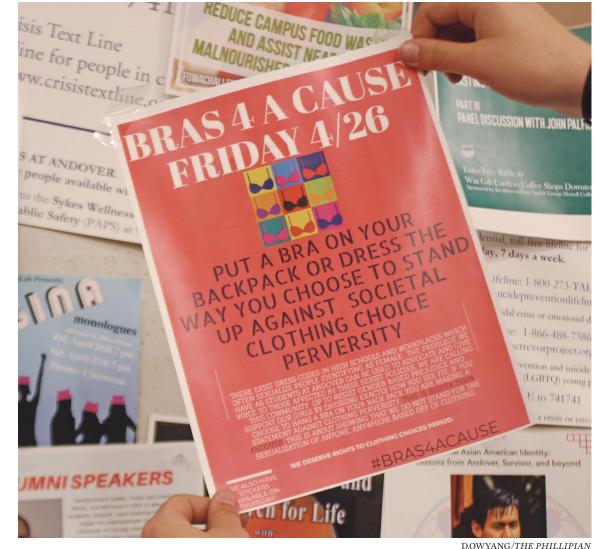
The movement, initially called "Bra Day," has since shifted and now encourages students to hang bras from their backpacks or dress as they choose on April 26 "to stand up against societal clothing choice perversity," according to an announcement posted on Meyer's Instagram account. The protest is now called "Bras 4 A Cause."

The movement's original message accused the administration of gender bias because of allegations that shirtless male students were permitted to stay at the dance, although it has not been confirmed whether or not there were shirtless students at the dance.

Meyer explained that the movement has since shifted its cause to address gender-based clothing discrimination in society at large.

"In our initial movement, we had suggested that the deans had acted in a sexist behavior on behalf of the administration, but the problem with that is that that is just too far to push the event, basically. And so we kind of revised it, so instead of having everyone wear bras on Friday, as was the initial plan, we're

Continued on A5, Column 1



The "Bras 4 A Cause" movement was sparked after two girls were asked to leave a dance based on their outfit choice.

Jake Barton Discusses the Importance of Storytelling During All-School Meeting

SOPHIA HLAVATY

The ability to create an experience that grounds the viewer in a specific moment of the human story is at the core of the experiments in design of Jake Barton '90. As Principal and Founder of Local Projects, a media design firm for museums and public spaces, Barton aims to combine physical creations, technology, and digital media to design collaborative experiences where the viewer and the designs interact to produce meaning. Brought to campus by the

Community Engagement Office, Barton spoke about his experiences as Principal and Founder of Local Projects this Wednesday, during All-School Meeting (ASM). He addressed his accomplishments in design, which include building the National 9/11 Memorial and Museum. According to Local Projects' website, the firm chose to avoid presenting a singular, "official" narrative of 9/11. Instead, the firm collected thousands of testimonies from people around the world that had ties to the event to demonstrate that 9/11 is not closed history; rather, the event is an ongoing story that is still experienced

by many today.

Barton said, "10,000 people ran out of these burning buildings to save their lives. You can't tell those people what a curator says about 9/11. You can't make a normal museum. You have to create almost like a container for memories, a platform for people's own histories. That's what we pitched to the museum. So when you go in the 9/11 memorial now, you see a global map of all of these individual stories emphasizing that a third of the world watched 9/11 live within that day. And you'll hear their stoilar approach when the firm collaborated with the Equal Justice Initiative, a non-profit organization led by civil rights attorney Bryan Stevenson to develop The Legacy Museum. According to Local Projects' website, the museum traces the narrative of racial difference to help the nation recover by reconciling with truth.

"Similar to some ways to what we did with the 9/11 memorial, we partnered to create individual stories, humanizing these displayed people. You hear their individual stories, you understand literally what the experience was like when mothers and children were separated. You understand what that experience was like, and you hear the stories," said Barton.

As the Non Sibi Day ASM speaker, Barton also spoke about one of his acts of Non Sibi spirit: volunteering at a homeless shelter.

Barton said, "At the time, [the shelter] had, this is in the late 90s into the early 2000s, [the shelter] had a phone tree That's how they got volunteers, because there were no normal phones, people bare-

ries." Local Projects took a simContinued on A7, Column 1

Congressman Seth Moulton '97 Announces 2020 Presidential Campaign

ZAINA QAMAR

Congressman Seth Moulton '97 announced his bid for the 2020 presidential election on Monday, April 22.

According to The New York Times, Moulton is the nineteenth candidate to join the Democratic primary field. He has served in the United States House of Representatives for the Massachusetts sixth congressional district for three terms.

At Andover, Moulton was Captain of the Boys Crew team and recipient of the 1997 William H. Brown Trophy, which is given to a rower who displays both team spirit and sportsmanship. Moulton was also a Sports Editor on The Phillipian and played the organ in Cochran Chapel.

Linda Carter Griffith, Assistant Head of School for Equity and Inclusion, taught Moulton in English his Lower year.

"Seth is one of those students who leaves an indelible mark on your heart and in your mind. He was conscientious, thoughtful, kind and respectful. He would be the first one to class or the last one to leave and always took time to greet me and get to know me. He was outstanding in my memory for his warmth of character, his integrity and his ability to connect well with his teachers," Griffith wrote in an email to The Phillipian.

As stated on his congressional campaign website, after graduating from Andover, Moulton continued his education at Harvard University, earning a bachelor's degree in Physics. He joined the Marine Corps in 2001, serving overseas in Baghdad, until 2008. He also earned a joint degree in Business and Public Policy at Harvard and then proceeded to work in the private sector in Texas.

During his time in Congress, Moulton has passed several bills, including the Faster Care for Veterans Act in 2016 and the Modernizing

Continued on A7, Column 1

CVS Pharmacy Downtown Robbed at Gunpoint

STAFF REPORT

An armed robber stole narcotics from the CVS Pharmacy in downtown Andover on Tuesday, April 23, at 7:30 a.m. The man approached the pharmaceutical counter with a handgun and demanded narcotics, according to The Eagle Tribune.

Andover police worked in conjunction with Phillips Academy Public Safety (PAPS) officers to ensure the safety of the Andover community.

Mark Leonard, Director of Campus Safety, said, "We had gotten a call from the Andover Police Department a little while after it happened just with a description of the individual. We had sent officers to down by our old building at Phillips Hall and kind of stay there just to see if anybody matching that description was in the area."

Leonard also noted that PAPS considered implementing "Shelter in Place" emergency protocol, in which students remain in their classrooms until the procedure is lifted. However, PAPS determined that the armed robber did not pose a threat to campus.

"We talked about doing the shelter in place here briefly. We had the alert system up and ready to go... In this case we had no indication that there was anything headed in this direction, so we didn't do that," said Leonard. Doherty Middle School near CVS was locked down until 9:10 a.m., according to The Eagle Tribune.

Melinda Zhang '21 said, "I was in Chemistry class, and my mom sent me a text that said there was an armed robbery in CVS...and then somebody came into the classroom and said that Doherty, my old middle school, was on lockdown, and I just felt like that was weird... It's a little scary that something could happen like that around here."

Andover did not go into lockdown because PAPS determined that the robber was not in the vicinity of campus.

Leonard said, "We were closely monitoring the radio traffic from Andover police, hadn't been getting any indications that the person was traveling in this direction... [We got] the sense that they had probably gotten into their vehicle at some point and left the area, so we never did do a shelter in place, but we were certainly ready to do that if we felt it was necessary, but again, [there was] no indication that the person was headed in this vicinity or in this direction."

The suspect, a white male estimated to be 6' 0", was last seen wearing a black sweatshirt, blue jeans, and ski mask and escaped out of the back door of the CVS. According to Leonard, no one has yet been apprehended in connection to this incident.

COURTESY OF WIKIMEDIA COMMONS

Prior to his tenure in Congress, Moulton, pictured above, joined the Marine Corps and served 7 years in Baghdad.

Commentary, A3

No Cilantro, Please!

Jiashu Huang '21 condemns the overuse of cilantro in Paresky Commons dishes.

Eighth Page, A10

Unbelievable

Eighth Page once again has not sent in a 1x1. Maybe one day it will happen.

Sports, B1

Alumni Coaches

Read about former Andover student-athletes that have now returned as faculty to coach Spring sports.

Arts, B8

Look of the Week

Check out our streetwear fashion spread from a variety of U.S. cities!

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_____ Editorial _____ Discussing Discomfort

In light of the controversy around campus surrounding bra day and other gender-related disciplinary issues, we've spent a lot of time in the newsroom this week talking about the 'gendered Andover experience.'

On Wednesday night, a large group of Editors, many of whom were female, spent two hours discussing body image, toxic masculinity, and what it means to be a woman at Andover and in the world.

The group who talked about this issue are from widely different backgrounds and past opportunities. While all of us have varying degrees of experience with relationships and comfortability with ourselves, we were able to largely find solidarity and shared frustrations over the course of our conversation about how gendered expectations affect every aspect of our lives—dorms, crew boats, 8-ball pool games, parietals, mirrors, dances, and friendships.

Spurts of toxic masculinity and blatant microaggressions are, by no means, absent from Andover, but they're certainly looked down upon and vocally criticized. The same is hard to say, though, for the less tangible– the internalized misogyny so many women seem to feel, for example, as well as the difficulty we face in having purely platonic male friends (although this is admittedly heteronormative).

What does it mean, for example, to be "one of the bros"? Why do some of us take pride in being "not like the other girls"— distancing ourselves from womanhood itself? What can we learn from comments like "I don't see her as a girl," assumptions that male-female friendships are always indicative of something more? What can we learn from something as seemingly trivial as the experience of lowering one's voice to assume authority?

Though it's tempting to blame these experiences or a lack of inter-gender friendships on 'natural differences,' we don't have to accept this as inevitable. There are differences between genders, sure, but none that should inherently keep us from forming friendships with each other– none that should make it more uncomfortable to ask someone of a different gender to eat a meal in Paresky Commons than someone of 'your own.' So maybe we're not asking the right questions– maybe this distance that we feel should not be approached by questions of what's 'natural' or 'inevitable,' but instead, by questions of what we might be losing.

The Wednesday night conversation wasn't a particularly cheery one—for all our unknowns about men, many girls in the newsroom feel like they are missing out regardless. We want to conceive, for ourselves, an Andover where friendships don't drop off after they become explicitly platonic. We want an Andover where parietals aren't associated with hookups, and where indorm and out-of-dorm performances of masculinity and femininity don't differ drastically. We have a lot to learn from each other—a lot of conversations we miss out on when we self-segregate.

Maybe it's true that, in the status quo, gendered distances and disparities on campus speak simply to the degree of comfort that we will 'naturally' have around 'like-minded' people. But perhaps it's also true that that comfort reinforces our discomfort across gendered lines, driving us all to want to become 'more man,' less woman,' or any number of ultimately substanceless labels.

We won't be able to get over our discomfort, though, if we don't recognize that it exists. As one Editor put it, "You think someone cares about you as a person, but they care about you as a female." In talking about how gendered expectations structurally shape our Andover experiences, we might, ironically, begin to help each other escape out of them.

This editorial represents the views of The Phillipian, *vol. CXLII.*

996 Working, ICU Waiting

NEIL SHEN

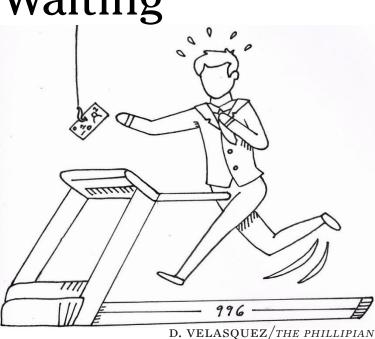


The Chinese have long had an affinity for numbers; however, stereotypes about them being mathematicians aside, a new movement called the Anti-996 has taken hold in virtually all of China's biggest companies. Fed up with the "996" schedule wherein employees are made to work from 9:00 a.m. to 9:00 p.m. for six day a week in the frenzied world of Chinese tech, activists have blacklisted many corporations such as Alibaba, Tencent, and JD on Github. Though lowly code writers may not have much of a say in bigger companies, together they

have created a nationwide protest. Upon visiting Github, one will find that the most popular site is-and has been-one called 996.icu (the domain name standing for Intensive Care Unit). Although the saying "996 working, ICU waiting" has long been popularized by lower level workers, it was only recently after JD, a major e-commerce company, starting forcing employees to adopt 996 schedules that the movement has accelerated in momentum. On the website, the developers have listed a series of laws and regulations from the Chinese government and proceeds to list violations of said laws and regulations by major companies. Although the Labour Law states that those who work the 996 schedule ought to be paid 2.275 times their base salary, according to the website such overtime wages are either reduced or done away with altogether. Many influential figures were quick to reply to the movement over the Chinese social media platform WeChat. Jack Ma, the founder of Alibaba, dismissed the critics and spoke of working 996 schedule as "a huge bless-

ing," while Elon Musk tweeted "nobody [sic] ever changed the world on 40 hours [of work] a week." While Ma has since partially backed down by calling companies that force workers to work 996 "inhumane," Alibaba and Tencent (two major internet services) were nonetheless hurried to block the 996.icu pages. Though it may be ironic that the supposed "supporter" of this movement ordered his own company to block the site, it is perhaps even more paradoxical that 996 developers were working around the clock to block a website about 996 because a 996 company told them to.

This movement doesn't look like it will die down anytime soon; though China may be keen to censor, Github's encryption methods make it difficult for government to block parts of the website. Looking across the Pacific, however, there are many common sentiments in elite workplaces around America. Due to the normalization of working overtime and the misinformed consensus of many that more hours equates to a faster promotion or other rewards, many often feel pres-



sured to 'prove' their productivity to their employers by staying behind or by working during the weekends. These kinds of workforce habits, though potentially sustainable for some, often prove to harmful to physical and mental health. Recent studies from the Cambridge University Press have found that employees working over 55 hours a week were 267 percent more likely to suffer from depression and 284 percent more likely to suffer from anxiety; followers of the 996 schedule work

72. Although students here at Andover are still quite far away from

a 996 week (even if it may feel that way every so often), employers and administrators alike need to make more of an effort to prioritize performance and active engagement over the amount of hours clocked in.

Neil Shen is a Junior from Vancouver, Canada. Contact the author at nshen22@andover.edu.

No Cilantro, Please!

JIASHU HUANG



When I finally picked up slices of fresh barbeque chicken pizza from the Hearth in Paresky Commons at noon one day last week, my heart was pumping with excitement, joy, and even fatigue from standing in line. But when I came closer, I noticed cilantro on the cheese—alas! Though it is "only an herb" to many, to me, cilantro delivers a pungent, sickening smell that strikes one's nostrils with disgusting blows. The taste is even worse—it makes me sick just thinking about it. This crisis" if you will, felt even worse than a midterm exam. The bothersome green spice also appeared on many other dishes, including the baked cod and the eggplant stew. Recently, I feel like Commons has been adding more cilantro to the table. Though it is not a significant allergen, cilantro should be taken away from Commons food and put aside as a condiment, for its taste is intolerable to many people all over the

devastating discovery, a "midday

world-including me.

Though you may think this argument is farfetched, there may actually exist a noticeable number of students and faculty members on campus who do not like the taste of cilantro, for ethnocultural genetic differences are what cause the intolerance. A Canadian biology research group studied about 1,600 youths in Canada, and concluded that about 21 percent of Caucasians, 17 percent of East Asians, and 14 percent of

V. TANG/THE PHILLIPIAN



As cilantro does not have strong, allergic-like effects, however, they might not show their unease immediately and merely gulp down the food when having their meals. But the lack of report does not mean that the problem does not exist; there are people who don't like cilantro in real life. In fact, there is even a 6,000-people online community named "ihatecilantro.com" dedicated to sharing users' poor experiences with cilantro. Cilantro really is a widespread concern for many.

Africans are intolerant to cilantro.

Besides, Commons has the ability to stop putting cilantro in lots of dishes. Cilantro is an herb rather than a staple food, which means that most entrées wouldn't really be all that different if it was removed. Furthermore, many of my friends acknowledge that they do not feel a significant taste from the cilantro in the dishes. Though it is true that some sauces, like salsa, cannot be made without cilantro, students should still have the freedom to choose whether they want them or not. I think the school should set cilantro aside as a spice, giving students more flexibility to make up their own meal. Moreover, if cilantro is put away as a spice, presumably fewer students will take cilantro in their meals, saving the school some expenses too.

I admit that the school has been acting deliberately on allergens for a long time, and I appreciate the many efforts, such as using paper cups for sauces and substituting peanut butter with sunflower seed butter. I believe, however, that more people may appreciate removing cilantro out of daily Commons dishes completely. Thus, the school should act effectively on behalf of the students. In the end, it's not just about cilantro; it's about the spirit of giving students choice and freedom, which is crucial for both our school's development, and our own development as students.

Jiashu Huang is a new lower from Shanghai, China. Contact the author at jhuang21@andover.edu.

Students involved in organizations covered by *The Phillipian* will not play any role in assigning, writing, producing, or editing content regarding said organizations.

The Phillipian welcomes all letters to the Editor. We try to print all letters, but because of space limitations, we enforce a 500-word limit. We reserve the right to edit all submitted letters. Letters must be responses to articles already published by *The Phillipian*. We will not publish any anonymous letters. Please submit letters by the Monday of each week to phillipian@phillipian.net or to our newsroom in the basement of Morse Hall.

To subscribe, email subscribe@ phillipian.net, or write to *The Phillipian*, 180 Main Street, Andover, Mass., 01810. All contents of *The Phillipian* copyright © 2018, The Trustees of Phillips Academy, Inc. Reproduction of any material herein without the expressed written consent of The Trustees of Phillips Academy, Inc. and the Editorial Board of *The Phillipian* is strictly prohibited. CORRECTIONS:

News misattributed an article. Sam Elliott wrote News in Brief.

News misattributed a photograph. Olivia Tung took the photo of Matt Bellace. News misstated a title. Jennifer Elliott '94 is Assistant Head of School for Residential Life and Dean of Students.

Sports misstated a fact. Arnav Bhakta wrestled in his first tournament match last week.

The Phillipian regrets the errors.

Sports misattributed a photograph. Jacob Buehler took the Indoor Track & Field photo of Sadie Cheston-Harris. A Sports caption misspelled a name. Shahinda Bahnasy took the photo of Prem Prabhakar for sports opinion. Sports misspelled a name. Martha Fenton runs a workout program for faculty members. Sports misstated a name. Kareem Hill was Athlete of the Week for 2/8.

Sports misstated a hometown. Amy Chew is from San Juan Capistrano, Calif.

Sports did not attribute two spreads. Tommy Savino reported for the Andover Indoor Track & Field Coaches Spread, and Katie Morris reported for the Andover Indoor Track & Field Senior Spread.

Autism Awareness Month

MIRAYA BHAYANI



Autism, or autism spectrum disorder (A.S.D.), is a condition associated with challenges relating to social skills, sensory sensitivity, speech, and nonverbal communication. Factors that affect A.S.D. can be health related, like gastrointestinal disorders and seizures, or mental health related, like attention disorders, depression, or anxiety. Because A.S.D. is a spectrum disorder, each person has a distinct set of strengths and challenges. Some people with A.S.D. need full-time care, while others are able to live independently. According to CDC's Autism and Developmental Disabilities Monitoring Network, 1 in 59 children were identified with A.S.D. in 2014. The condition is increasingly widespread and needs more traction in awareness and acceptance. We need more open discussion and awareness in schools, and interactions with organizations that promote A.S.D. awareness, so that we can be more informed and inclusive of people with A.S.D. and their families.

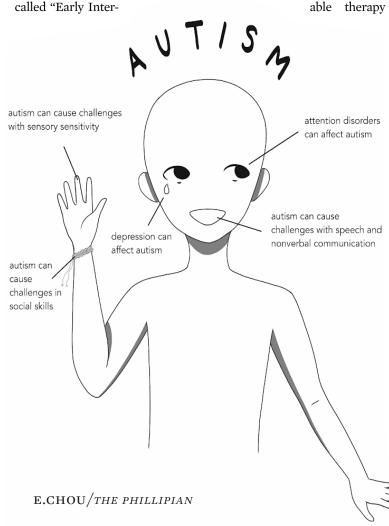
My own connection to a person with A.S.D. before I joined Autism Awareness at school is Hugo, my best friend Inez's brother, who is now thirteen. Hugo displayed signs of A.S.D. from one and a half years old. I remember when Hugo would show symptoms of A.S.D., such

Inez and I were only three, but I remember the anxiety in Hugo's mother's face and her frantic efforts to get us to be quiet, however we didn't understand and didn't immediately obey. Hugo, meanwhile, was in the throes of an uncontrollable tantrum. This was the beginning of many years of struggle his family faced to help Hugo navigate his A.S.D.. Awareness is the first step to acceptance and understanding. There are so many news stories about parents being asked to leave airplanes or restaurants due to a lack of understanding about their A.S.D. challenged children. While airline companies and private restaurants have the legal rights to remove unwanted guests, perhaps for the comfort of others, they mistakenly attribute the real issue to "behavioral problems" of the child in question. I can only imagine the frustration the carers of a child with A.S.D. must feel at the unfairness and ignorance exhibited towards the condition.

as difficulty in processing loud

noises, or bright lights. My friend

In 2007, the UN sanctioned April 2 to be Autism Awareness Day, in a bid to encourage the Member States of the United Nations to take measures to raise awareness about people with Autism Spectrum Disorder throughout the world. This is significant, as it signaled awareness that A.S.D. was far-reaching and needed more awareness, universal support, and recognition. April 2nd starts a month of awareness, fundraising events, presentations and special occasions to recognize those with A.S.D. around the world. With the increasing awareness and prevalence of A.S.D., we have more research about it and how to support those with the condition, as well as their families. Organizations like Autism Speaks, The Autism Spectrum Disorder Foundation, and The Canucks Autism Network promote awareness about A.S.D. and provide education, current research, and support. According to an article by Autism Speaks,



vention for Toddlers Highly Effective" dated 2009, the American Association of Pediatrics recommends all children between the age of 18 to 24 months is screened for A.S.D. This is in line with a study published by the "Pediatric" journal that confirms early intervention is key to the developmental growth of a child with the condition. They receive A.S.D.-appropriate education and support to gain better social skills. Early intervention also benefits the families, who can be informed and realize over the years, is verbal and able enough to attend mainstream schools. Early intervention was key to Hugo's journey to independence.

that they are not alone. It allows

them to recognize the symp-

toms and be better equipped to

support their child. Hugo has a

milder form of A.S.D. than most,

and with consider-

Like mental health, the more we open communication about A.S.D., the more people with A.S.D. will feel accepted and supported. On Autism Awareness Day this year, the Canadian based Canuck Autism Network, together with Surrey Fire Fighters, launched an Autism awareness video called "Did you know?". It was a fundraising bid where, for every share of the video, Surrey Fire Fighters would donate one dollar to Canuck Autism Network. The video went viral and other organizations got involved, like IAG and Canucks For Kids Fund, and gave donations to Canuck Autism Network totaling 25,000 dollar. Other events that are organized to raise awareness are sensory friendly movies, plays, musicals, localized walks, and fundraising activities like charity runs and golf games.

At Andover, we have a culture of inclusion and empathy, and we practice these values by encouraging openness about mental health. A.S.D. is more universal than we think, and many of us have some connection to a person with A.S.D.. Autism awareness should be a more prevalent subject of discussion in our school and we can facilitate this with more presentations on A.S.D. awareness, informal discussions to raise awareness, and offer support to those who are affected by a friend or family member with A.S.D.. Autism Awareness at Andover is a club that arranges school sanctioned visits to Northeast Arc, a nonprofit organization that provides support and training to carers of people with developmental needs, including A.S.D.. Per-

sonally, these visits have made me realize that people who have A.S.D. are not that different from us: they share our hope for a good life and want to be happy, loved and accepted just as much as we do.

Miraya Bhayani is a two year lower from Singapore. Contact the author at mbhayani21@andover.edu.

Mueller Probe





I thought I'd already seen the most ridiculous of President Donald Trump's Twitter page before last Thursday, but he proved me short-sighted. On April 18, 2019, he posted a meme reading, "No collusion. No obstruction. For the haters and radical left Democrats-Game Over", written in the seasonally-appropriate Game of Thrones theme font, plastered over a photoshopped image of the president himself standing amongst smoke. The tweet's absurdity caused a frenzy throughout my Twitter feed, but it distracted from the main problem with the sentiment of the tweet itself-it presented potentially misleading information about the President's ties to Russia.

That morning, Attorney General Bill Bar presented his interpretation of Special Counsel Robert Mueller's investigation into the Trump campaign's ties to Russia in a press conference. The investigation culminated in a report where Mueller "identified numerous links between the Russian government and the Trump Campaign" but could not establish collusion, and wrote that "if we had confidence after a thorough investigation of the facts that the President clearly did not commit obstruction of justice, we would so state." To me, statements like these from Mueller's report, along with other eye-catchers (like the President saying 'Oh my God. This is terrible. This is the end of my Presidency. I'm fucked,' upon learning of Mueller's appointment), uncover clear guilt on behalf of the campaign, even if no criminal charges were brought against Trump himself. However, Attorney General Barr's report of Mueller's findings tion occurred—yes, Mueller decided not to rule on obstruction, but largely because Department of Justice policy prevents the indictment of a sitting president, an important detail that many of my celebrating conservative family

ue the government-perpetrated trend of giving Americans a choice between believing facts and 'alternative facts' (a convenient misnomer for 'lies,' coined unironically by presidential counselor Kellyanne Conway). Barr should have presented Mueller's it is clear to me that a campaign whose activities prompt the indictments of thirty-four people (six of which were campaign officials and twenty-six of which were Russian nationals) does not give this to us. What about a candidate whose campaign officials meet privately with Russian Kremlinlinked lawyers to discuss receiving damaging information about their opponent? Whatever the Trump campaign is, it isn't normal. Barr's rulings on the campaign's activities have set a dangerous precedent for

Barr does the American people injustice by using his position as Attorney General to spread deception and prevent the Trump campaign from being brought to justice

future political campaigns. Since conversing with foreign operatives about influencing American elections has been deemed acceptable in Trump's case, what's to say this won't happen again?

Bill Barr should resign as Attorney General to prevent withholding justice toward the Trump campaign, especially since he was appointed to this position by Trump himself. If the American people want a president who reflects integrity and plays by the rules, they should stand against President Trump in 2020, no matter their party. Let's create a more honest nation.

told a different story, leaving out these details and instead presenting Trump and the campaign as innocent of all charges.

Barr and Trump continued to mislead the American public and Congress by claiming no obstrucmembers were unaware of. Barr does the American people injustice by using his position as Attorney General to spread deception and prevent the Trump campaign from being brought to justice. I feel that reports like Barr's continE.HUANG/THE PHILLIPIAN

The American people deserve a presidency free of foreign influence, public deceit, and attempted meddling with the electoral process. Although I'm no federal prosecutor like Barr or Mueller,

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findings objectively.

Earth Day Speaker Matthew Hayek Encourages Sustainable Eating

SHIRA WOLPOWITZ

Matthew Hayek was in his seventh grade Biology class when he learned about the environmental damage caused by meat and dairy production. Hayek then decided to go vegan by cutting meat and dairy out of his diet. Today, Hayek is a postdoctoral researcher at Harvard Law School who studies climate science and policy.

In celebration of Earth Week, Hayek was invited to speak in the Mural Room during lunch on Wednesday. His talk focused on the negative effects of the meat and dairy industry on the environment, and Hayek emphasized the importance of a plantbased diet.

"Meat and dairy are actually the biggest contributors to the environmental damage caused by our food system, and that substituting meat and dairy for plant-based alternatives can reduce 50 to 70 percent of your food's carbon footprint," said Hayek in an interview with *The Phillipian*.

As part of his research, Hayek also mentioned how commonly proposed solutions to problems in the food system often do not to fix environmental issues. Some of these solutions include free-range and locally raised meat, which are actually less sustainable than regular farming.

"One of those [solutions] is local food because only a very small percentage of our emissions from food come from its transportation, as well as the fact that animal agriculture requires resources that are transported all over the country," said Hayek.

Hayek continued, "Freerange and pasture-based meats can actually be worse for the environment because you need to raise more of them to produce the same amount of meat, because they fatten up more slowly and reach a lower slaughter weight, and can produce more of the greenhouse gas emissions that contribute to climate change than their grain-fed, non pasture-raised counterparts."

In addition to educating about food sustainability, Hayek also researches the positive and negative effects that making diets more plantbased has on the environment. By providing scientific data in graphs and charts, Hayek hopes to implement better solutions to environmental problems relating to food and convince more people to follow those solutions.

"What we're trying to do is show that by drastically changing diets globally to become more traditionally plantbased, that we can generate environmental benefits. We want to map and graph and plot those benefits for people to see the flip side of how good things can be if we changed our behavior," said Hayek.

Hannah Guy '21 attended the talk as part of her Physical Education class taught by Lisa Joel, Head Coach of Girls Varsity Soccer and Director of Enrollment Management. According to Guy, Hayek put a lot of effort into creating and sharing reliable data about the food industry. She also noted that Hayek provided helpful solutions that she could follow in order to reduce her food waste footprint.

"One thing that I took away was how much meat affects the environment. The different solutions and the ways that we can make a difference also was super fascinating to me. I think that it's easy to say to people to just change their lifestyle, but when people are given solutions I think that can be way more helpful. I also think that telling us how to do things to make small changes was super cool. He had his own recipes and gave alternatives that we can use that were almost as affordable as non-vegan products," said Guy.

Allison Guerette, Campus Sustainability Coordinator, reached out to Hayek after finding out that he gave a similar talk last year in Boston.

"The presentation was a great complement to the vegetarian menu we enjoyed on Earth Day. We all can benefit from thinking about the impact of what we eat on the environment and the people that grow and produce it... I appreciated that the presentation so clearly connected what we eat to climate change and food injustice," wrote Guerette in an email to *The Phillipian*.

In light of Earth Week, all reusable cups and utensils were removed from Paresky Commons this week. Guerette hopes to help reduce food waste by encouraging more students and faculty to bring reusable water bottles or mugs instead.

"During the Non Sibi Day waste audit, we learned that the 4,500 cups and 2,500 lids we use each week in Paresky are not recyclable. We encourage everyone to bring a reusable mug or water bottle, and EcoAction is selling travel mugs and water bottles in the Paresky lobby and Susie's," wrote Guerette.



D.OWYANG/THE PHILLIPIAN

During his talk, Hayek emphasized the importance of a plant-based diet. Paresky Commons offers such a selection at their daily salad bar, pictured above.

Non-Sibi Day: Students and Faculty Participate in Community Engagement Projects

ELIZABETH CHOU

From sorting out the dumpster behind Bancroft Hall to hiding eggs for an Easter egg hunt, the Andover community participated in variety of Community Engagement projects for Non Sibi Day on Thursday, April 18. All classes and athletic commitments were canceled as faculty and students focused on their projects on and off campus.

This year's Non Sibi Day included nearly 70 projects with 46 different organizations, requiring over nine months of planning, according to Monique Cueto-Potts, Director of Community Engagement. Juniors worked with children and families, Lowers engaged with the environment, Uppers concentrated on hunger, and Seniors focused on homelessness. designed [Non Sibi Day] seven years ago because they are closely related to the issues addressed in our weekly community engagement programs. Our hope is that students become interested in those issues and then have options for weekly volunteer opportunities to continue that work," wrote Cueto-Potts in an email to *The Phillipian*.

Shawn Fulford, Instructor of Mathematics, Statistics, and Computer Science, joined 10 students in preparing a garden for the spring. Fulford said that Non Sibi Day benefits students and the community.

"It exposes [the students] to good activities. It makes us take a break from our normal day and see something different and accomplish things... It would have taken me thirty hours to do by myself what they did in an afternoon," said Fulford. teered at the Greater Boston Food Bank. She found that Non-Sibi day was beneficial because she was able to see the effect on the community around her.

"In years past, I felt that I was doing a Non-Sibi project for the sake of doing community engagement and wasn't really enriching the community at all...But this year I really felt that I was making an impact, especially because they gave us a [count] of pounds of food that we had sorted and packaged and the number of meals that would amount to.Without our group, four thousand fewer meals would have gone out to the community that day," said Millet. Emily Mae Murtha '22 volunteered at the Boys and Girls Club of Greater Lowell. Murtha echoed Millet's sentiments about engaging with the community.

that it really is engagement, not just service, because I had equally as much enjoyment or even more than the people I helped...I think that direct interaction with the kids, seeing how I could help them [and] seeing my own efforts was the best part of Non-Sibi day," said Mae Murtha. According to William Yu,

According to William Yu, Teaching Fellow in Physics, Non Sibi Day is not only rewarding for students, but for faculty as well.

"Whether you're a student volunteering or an adult volunteering, it's still that incredibly wholesome and rewarding experience. It's wonderful to have some chance in such a hectic school year to take some time off [and] engage with people around us...because it's so easy to get focused in the bubble of [Andover]," said Yu. Day also appreciated the day. "We had so many commu-

"We had so many community partners comment on how hard everyone worked and how determined the groups were to get their tasks done. We also hope the day inspires students to think about ways that they might be able to get involved or even more involved with community engagement," said Cueto-Potts.

Next week, the Community Engagement Office will begin planning next year's Non Sibi Day. There will be changes to the program next year.

Cueto-Potts said, "Next week we will start planning [Non Sibi Day] 2020, and we

"We intentionally picked those themes when we re-

Posie Millett '20 volun-

"What I have taken away is

Cueto-Potts said that the organizations who partnered with Andover for Non Sibi

are going to consider some significant changes to the current model for a variety of reasons. The goal of the [day] will be the same, but how we reach that goal definitely will be different."

Two Students Asked to Change Wardrobe at Dance, Sparking "Bras 4 A Cause" Movement



D.OWYANG/THE PHILLIPIAN

The discussion around the "Bras 4 A Cause" Movement has spread to many corners on campus, including an Andover Political Union discussion and a Culture Politics and Religion meeting.

Continued from A1, Column 3

just having people hang bras off of their backpack or wear stickers to show that they support not standing for societal clothing choice perversity," said Meyer.

Muromcew and Poros said that although they were initially upset at their removal from the dance, they were not involved in the planning of the actual "Bras 4 A Cause" protest.

"I hadn't seen the email [written by Meyer about the protest] before it was sent out. I don't think Izzy saw the official statement before it was sent out, but it made it seem like we had founded [the protest]," said Muromcew.

In the days following the dance, Muromcew, Poros, and Meyer all had the opportunity to talk with Jennifer Elliott '94, Assistant Head of School for Residential Life and Dean of Students, and several other members of the faculty and administration.

Poros thought that speaking to the administration directly was a good course of action following her removal from the dance.

"I think the first step was really just collaborating with the faculty, because I think they're really what can help us the most to get the word out and to help foster more conversations about this...I know that this school tries to talk about things like gender expression and identity and things that control how this school works and how students feel, so I think talking to them was the first big step to doing something bigger."

Muromcew said that she felt glad to have a constructive conversation on the matter.

Muromcew said, "We weren't angry at [Andover]. We weren't angry at the administration. We were angry that we still felt unsafe and upset, and talking to the deans and everyone in that room that was with us, it was so comforting actually, just because they really just wanted to hear how we felt, and then they all understood how we felt as well," said Muromcew.

According to Elliott, the movement created the opportunity for conversation about gender-based discrimination both at Andover and beyond.

"I think what students unearthed, though, in the last couple of days, is where they are really wishing there was more conversation around where it feels like there's inequities, where it feels like there's systemic issues around gender that feel really frustrating and that there's need for change. Those are issues that extend far beyond Andover, but certainly, Andover's not immune to them," said Elliott.

"I very much hope, that the students felt supported by faculty members and administrators in that room. That was definitely the aim. I think the discussion of a protest led to a lot of really good conversation, and I think that that's a really good thing," she added. While "Bras 4 A Cause"

While "Bras 4 A Cause" has stirred many reactions from students across campus, Shyan Koul '19 spoke to both the drive that he felt from the Lower class and the indifference that he witnessed on the part of the Seniors.

"What I think is the most interesting thing is seeing how different grades feel. I feel like this is one of the first times that the Class of '21 is really...taking initiative... feel[ing] really passionate about the things that they do. And seeing that, and then also seeing the Seniors kind of don't really care as much... maybe it's just because it's Senior spring, so we don't really want to get involved," said Koul.

Despite the indifference from some students, others have taken to social media to express their opinions on the movement. One of them, Isaac Heitmann '22, posted a message on Instagram to express his views and give others a chance to debate, which Heitmann said he appreciated.

"On my Instagram post, I stated my opinion on what happened, and I said that A) we need to consider the other motives that could have impacted the deans' decision and B) we do need to examine these other motives before we make accusations that will potentially have very big impacts on people's lives and their families... No one is considering just the other things that could have been going on," said Heitmann.

Koul noted how the lack of a complete narrative may be contributing to the proliferation of "performative wokeness" around social justice issues.

"There's a lot of speculation about what happened, and I think the whole idea of there being so many different parts of a story is indicative of an Andover culture that is obsessed with extrapolating some kind of meaning to everything that happens," said Koul.

He also pointed out how Andover students may have also unintentionally created a culture where incidents are blown out of proportion in the pursuit of social justice.

"People want to fit a certain narrative to serve their own interests, whatever that is... [It's] a show of, 'Look. We're standing up, we're rebelling,' which is cool, but I think it's also important for that to be grounded in an understanding of this community," said Koul.

NEWS IN BRIEF

This Week:

- On April 10, the Late Late Show with James Corden uploaded "James Forces His Writer to Binge All of Game of Thrones" featuring Lawrence Dai '09. At press time, the video had 3.8 million views. See the March 22, 2019 issue of The Phillipian for an exclusive interview with Dai.
- The Dean of Faculty Office has awarded over **\$165,000 in summer grants to faculty** members for professional development and course development for the new academic schedule. Grants include the Kenan Grants, curricular development grants, and faculty development grants. The annual Kenan Grants, sponsored

by the Kenan Charitable Trust Foundation and endowed by industrialist William R. Kenan, are awarded to support faculty projects that do not fit into Andover's standard academic program.

- Community **protestors returned to campus** on Monday April 22. Demonstrators held signs reading, "Does Phillips Academy Address Sexual Misconduct?" The last time they were on campus was the week of March 15.
- The **Phillips Academy Constitution** celebrated its 241st anniversary on Sunday, April 21. The Constitution was signed April 21, 1778 at the home of Samuel Phillips Jr. His residence, called Abbot House, stood until 1889.

REPORTING BY HANNAH JUSTICZ

Looking Ahead:

- The annual **Run for the Troops 5K race** in downtown Andover will take place on Sunday, April 28 at 9:00 a.m. In the past, Andover has supported the race with volunteers and participants. Funds raised in Run for the Troops will be sent to charities for veterans and address the needs of injured soldiers.
- On Monday, April 29, the **Annual College Fair** will take place in Case Memorial Cage from 5:00 to 7:00 pm. The fair will host more than 140 colleges and universities from around the world and offers prospective students the chance to familiarize themselves with various institutions.

Body Kindness and Eating Disorder Awareness Project Started by Students

ZAINA QAMAR

In the spirit of spreading awareness and fostering discussions, Skyler Spaulding '20 and Charlotte Toogood '20 are heading an Eating Disorder Education and Awareness Initiative at Andover.

In an email to students this past week, Spaulding and Toogood wrote, "Our mission is to promote healthy relationships with food and enhance body kindness for everyone... Eating disorders do not discriminate and can affect all communities, especially Andover."

They continued, "We are looking for students who have a passion for debunking diet culture, breaking down our culture's obsession with thinness, and questioning societal standards of beauty. Our society often defines 'healthy' as 'thin,' which is not only highly problematic, but also medically inaccurate. Our purpose is to redefine 'health' as feeling happy and empowered by treating your body with love and respect."

The group is in the midst of accepting applications for their initiative, and they aim to train and certify a group of twelve to fifteen individuals, according to Toogood.

Toogood and Spaulding hope to address issues of eating disorder awareness and body positivity, topics they feel should be discussed more in at Andover.

Toogood said in an interview with *The Phillipian*, "Skyler and I wanted to start this initiative because throughout our time at Andover, we've seen a lot of people that we know suffer from eating disorders, and we felt that it was generally a taboo topic at Andover. And we felt that the administration and certain adults [prefer] to look away from the issue rather than address it because it's a hard reality to face."

In their email, Toogood and Spaulding included statistics from the 2018 State of the Academy survey. According to the data, "89 students reported having an eating disorder since coming to Andover, and nearly 90 [percent] of female and 60 [percent] of male students reported feeling insecure about their appearance."

Faculty advisors Agatha Kip, Nutritionist and Registered Dietician, and Susan Esty, Director of Wellness Education, have helped Spaulding and Toogood organize their initiative. Esty commended Spaulding and Toogood for recognizing a community-wide issue and trying to create ways to address it.

"I think Skyler and Charlotte came at this from a great starting point, which was their own experiences as students at Andover, and it's our ideal scenario that students identify student needs instead of adults trying to identify student needs," said Esty.

Esty, taking on the role of a "bridge builder," helped tie the Eating Disorder Education and Awareness initiative in with other existing spaces on campus.

"I was able to connect them with the body positive (BE+) group on campus and so they came to a meeting with Ms. [Dariana] Guerrero [Fellow in English]. We also connected with Rebecca M. Sykes Wellness Center before we even went to Be Positive because we knew that [with] their interest in eating disorders awareness, we would need the expertise of Sykes... We partner now with Ms. Kip as well as Dr. [Amy] Patel [Medical Director] and Dr. [Suzanne] Heon [Psychological Counselor and Wellness Educator] and others," said Esty.

Spaulding and Toogood have applied for an Abbot Grant to fund training by The Body Positive, a body positivity group based in northern California.

According to its website, The Body Positive's "ultimate goal is to end the harmful consequences of negative body image: eating disorders, depression, anxiety, cutting, suicide, substance abuse, and relationship violence," and to promote individuals to "value their health, unique beauty, and identity."

Spaulding hopes that with training from Body Positive, the group can visit Junior dorms to facilitate conversations on the matter, similar to that of the Mentors in Violence program offered to Lowers.

Toogood reiterated the group's goals to challenge the pre-existing notions of what it means to be healthy or beautiful.

"It's basically just an initiative to try to get everyone to be kinder to themselves, redefine what it means to be healthy. We're trying to stray away from what our culture and society defines as beautiful, and kind of bring more awareness about what health truly is," said Toogood.

Esty hopes that the group can encourage Andover to rethink how it addresses body positivity.

"More body kindness is really our ultimate goal. I think we all have enough ways in which we challenge ourselves here academically, athletically, artistically, socially. We do a lot of stretching and putting ourselves out there... and I think the body kindness movement is just one aspect of that, but one that I hope will help people be happier on this campus with themselves," said Esty.

Jake Barton '90 Discusses Memorials, Storytelling, and the Importance of Failure

Continued from A1, Column 5

ly had email, the internet was just starting, and the volunteer coordinators were tired. This was an existential crisis for the shelter. So I said to them 'What if we made a website, where people can just sign up for anything that they can volunteer for?' It seemed catastrophic at the time... frankly it was hard, but not super hard, certainly a lot harder than it is now."

Barton continued, "But the basic thing about this [is that it was] 15 beds a night, over 19 years, 365 days a year. You do that math, that's 100,000 people right there. Then you think about the other shelters that we gave the code to, that copied this idea. That's a quarter of a million people."

Students such as Irene Kwon '21 felt inspired to see Andover alumni that exhibit the school's motto of Non Sibit.

"First of all, [Barton] is such a great example of an Andover [alumni] going into the real world and living the value of Non Sibi through his work and through his passion. Also, as someone whose parents lived through 9/11, I'm grateful that he played a part in memorializing what was lost and our history as America. As an Andover student, I think it's great that we're able to interact with alumni who apply their passions and Non-Sibi at the same time. It shows how much Andover stays with you after you graduate," said Kwon.

in productions, he realized the importance of learning from failure.

"Failure is something that's really, really important to success. I'm living proof that as you go down and then you bottom out and you have challenges, you always pick yourself up again," said Barton.

During her closing remarks, Jenny Elliott '94, Dean of Students and Residential Life, addressed the poignancy of Barton's remarks on failure.

"And I think [Barton's] message about the importance of failure, the importance of making mistakes, when we so often keep our eye on this strange prize of perfectionism, I think is so profound and so important to be reminded of this every single day," said Elliott.

To end his talk, Barton left the Andover community with three promises to think about.

"First, I promise you that no matter what mistake you make, you can pick yourself up, put yourself back together, and then you can travel onward. The second promise is that if you too can push and test, if you too can actually risk and go into failure-embrace it as a way to continue to grow and learn, you can go so much further than you ever imagined vou would. The third promise is that if you are able to put in that service of something, where it be a homeless shelter one night a month, it is a memorial or public history or anything else, or anywhere else that your incredible talents and achievements lead you, you will find a level of joy you did not know existed," said Barton.

During his time at Andover, Barton participated in the Drama Labs program. According to Barton, through participating

Brazil PLACES Program Brings Four Brazilian Exchange Students to Andover

SOPHIA HLAVATY

As part of the Brazil PLAC-ES (People, Landscapes, Arts, Culture, Environment, Sustainability) Learning in the World program, led by Flavia Vidal, Director of the Brace Center for Gender Studies, four Brazilian exchange students have been visiting Andover since last Monday. They are being housed by faculty members and other students until their stay ends this Saturday.

Four students, Giulia Corrêa, Guilherme Levi, Levi Mariano, and Nathan Costa, engaged in various Andover traditions to increase their understanding of American boarding school culture. The students have been watching athletic activities, participating in school events, going to club meetings, and attending classes.

Corrêa said, "All of the events that I went to were amazing. I like them so much because they touched me so so deeply. Take Back the Night was beautiful and the purpose of it is really important, and Non-Sibi day is also very important. I think it's nice that the school stopped [the classes] so the students get to do this."

Besides attending events, the students were also able to see discussion-based learning in classes. After being notified as to which classes the students wanted to attend, Vidal sent out emails to faculty members to confirm if the students could sit in on specific classes.

Levi said, "I really like how the classes work here. I've seen some English classes and Spanish classes. In the English one, you have a team leader that makes people work in the class. And I like the fact that the teacher is just there. You almost don't see the teacher, which I think is good because you make people think, you make people work. I really enjoy this dynamic."

Costa commented on the surprising hospitality he received from the Andover students, both in and out of the classroom.

"I think the first impact we have is when we arrived here. We didn't know anybody. The thing I like here is how the students are always ready to meet you and talk to you and give you some advice or teach you about the school. They talk to you about everything you want. The hospitality I really like here about the students," said Costa.

The four Brazilian Exchange Students are Seniors at the S.E.S.C. School, a boarding school in Brazil. According to the Tang Institute's website, for the past six years, students have been able to participate in an "exchange" program where they visit the other school through the Tang Institute's sponsored Brazil PLACES initiative. According to Vidal, PLACES aims to increase global education through cross-cultural understanding.

"The goal of the Learning in the World programs is to continue this education about other people, other cultures, other places in the world. In this case, it's also the idea that this school is a really interesting example of a school in Brazil that functions very much like a New England boarding school. So it has similar values to ours, like Youth from Every Quarter, for example. [How] similar valued institutions operate in two completely different countries with different political systems and histories is a really interesting question for our

students to investigate as well," said Vidal.

The four students recognized some fundamental differences between Andover and the SESC School that exist in the social and academic lives of the students.

"I was impressed, because here in the U.S., you can choose your subjects. You have some that are mandatory, but most of them you can choose. This thing is not possible in Brazil, mainly because our process to get to university is very different—it is based on one test. This test has all subjects that are mandatory. You don't have this much freedom.... I'm impressed by how much value [Andover] gives to art, to sports. It's not really like that in Brazil."

Although the Andover student body and administration have labeled the school environment as the "Andover Bubble," according to Corrêa, Andover students can interact more with the world compared to students at the S.E.S.C. school.

"Here, I think that the students have more freedom than we have because we don't get to leave the school that easily. Also, you have day students, we don'tyou're connecting with the world. We are in a bubble," said Corrêa.

Another difference between Andover and the SESC school that the students noted was the type of food that is served.

Mariano said, "I'm really loving [the food]. I really love breakfast. Some simple things like pancakes, I have never eaten pancakes or waffles ever. It's not common in Brazil. It's really good. They told me homemade pancakes are better, but I can't imagine anything better than that. I really love it."



One difference that the Brazilian exchange students noted between Andover and at their home country's educational system was the academic freedom offered in Andover's curriculum.

Memorial Bell Tower Plays Special Carillons in Memory of Alumnus A.S. Cleveland "Cleve" Fuller '45

SAMUEL ELLIOTT

This past Sunday, the Memorial Bell Tower played selected carillons in memory of A.S. Cleveland "Cleve" Fuller '45. who passed away last March. In honor of their long history with the school, Fuller's family requested the school to play a memorial carillon on Easter Sunday, the same day that his family gathered in New York City for a memorial.

Grace Curley, Director of Gift Planning, said, "[His son] Charles Fuller, Class of 1975, called over to the school and asked us if it would be alright to have what he referred to as

a 'memorial carillon' played in memory of his father in recognition of the long relationship with the school that the family has had."

Abbey Siegfried, School Organist and Instructor in Music, and Paige Busse '19 played several different selections for the carillons, including some that had been played for the bell tower's first performance in 1923. Both Busse and Siegfried played on and off for twenty to thirty minutes each, between 1:00 p.m. and 4:00 p.m. on Sunday.

While the Fuller family did not request any specific songs, they asked that the songs be memorable and happy, according to Curley.

Curley said that the caril-

lons had special significance to Charles, who attended Andover as a student.

"He remembers hearing carillons from the time that he was here as a student. [He] didn't want to dictate to us which songs to play, but just wanted it to be something beautiful and joyful for the families time of thinking about their dad," says Curley.

It was important for the family that the memorial was played in the Bell Tower because of their family connec-tion with it. Cleve's father, Samuel Lester Fuller, Class of 1894, had gifted 75,000 dollars to the school to fund the building of the Memorial Bell Tower, which broke ground in 1922. Curley says, "I think he felt

that it was not necessarily a highly useful facility to build, because it couldn't house kids, it wasn't a classroom. But he... and the school felt that it would be an important memorial."

As an alumnus and war veteran after the ending of World War I, Samuel was moved to create a bell tower on campus because of his experience both at Andover and in service.

"I think during the time that he was in the service, he had also heard beautiful bell concerts that were being played from different church bells across Europe, particularly maybe in Italy," said Curley. Fuller decided to dedicate

the Memorial Bell Tower to the 85 Andover men who had lost their lives in battle. During

World War I, the plot of land on which the Bell Tower stands now was the Training Field. The site was chosen for its symbolic and sentimental value.

The Bell Tower was renovated in 2005 after severe water and rust damage on the tower's infrastructure, causing the tower to be out of commission for a year. Since the rebuilding, the tower has been functioning on a regular basis.

Since the renovation, the Bell Tower is now equipped with a mini-type keyboard that is a weighted piano keyboard on the first floor, which is how the carillons were played on Sunday, according to Curley.



Andover EAT Club Hosts Third Annual Food Waste Challenge

LAURA OSPINA

Andover wasted approximately 730 pounds of food every day in March 2018, according to the Food Waste Challenge video showed during Wednesday's All-School Meeting (ASM). Hosted by the Andover Eating Awareness Team (E.A.T.), the Food Waste Challenge will measure the amount of food wasted during Friday's dinner in order to raise awareness about food justice.

According to Allison Zhu '19, Co-Founder and Co-President of the club, Andover E.A.T.'s main goal is to reduce food waste on campus, as well as to spread awareness about food security. Through the Food Waste Challenge, volunteers will count the amount of clean plates and dirty plates on the conveyor belt. Members of the community will also have a chance to make donations and pledges to support food justice.

"[Andover E.A.T. Club] really believes that daily actions can make an impact. If one person finishes their plate every day or if one person spreads awareness about food security and food justice, that can be hundreds of pounds saved over a year. If you multiply that by the amount of students here, that can actuallv make a really great impact. I think keeping in mind here that food is a human right, but not everybody has access to do like we do," said Zhu.

doesn't go to a donation center. It's not just students who don't finish their food, [Commons also] does not exactly know the exact numbers of people who will come in so a lot of that food is wasted if people don't come in," said Zhu.

The large amounts of food wasted were a sharp contrast to the lack of food and malnutrition in other parts of the world, according to Isabella Morona, '19, Co-Founder and Co-President of Andover E.A.T. During their freshman year, Zhu and Morona traveled to India for a Learning in the World trip, and noticed the hunger and the children who don't have access to food, according to Morona. Through this realization of a global food crisis, Andover EAT was founded.

Nam said, "Just being mindful of the fact that if this food is wasted and you put food waste in the conveyor belt, it does go somewhere and it does impact our community and the whole global world."

In previous years, Andover E.A.T. donated the money raised to two schools in India and to a

alvatores





PRIVATE EVENTS • CATERING





According to Erica Nam '19, Senior Organizer of Andover E.A.T., small actions are emphasized, especially if the entire campus acts in solidarity.

"If everybody does this together, they gain the knowledge of how bad food waste is. They can not only tackle that at Andover, but in bigger communities, even after they leave," said Nam.

Students tend to rush and grab food that they end up not finishing, according to Zhu. The long lines are also a big factor in food waste as students prefer not to wait in line again and end up getting too much food.

"It was really surprising to me seeing completely untouched food going through the conveyor belt. On Friday nights, a lot of the times there's cheese pizza and I'll see three slices of pizza on a plate that just goes through. I know [Paresky Commons] tries to save the food. If you can refrigerate it, they preserve it. A lot of times the food

soup kitchen, Bread and Roses, in Lawrence, according to Morona. All proceeds this year will be donated to the Pine Street Inn, a homeless shelter in Boston. Another new development in this Food Waste Challenge is that Exeter will be also participating.

"With the rivalry with Exeter, [we are trying to] create a fun competition between the two and create A/E spirit. Tomorrow at ASM, we will have the Blue Key [Heads] on the stage and potentially on Friday have their cheering and so people are aware of the fact and spike that competitiveness for Exeter in all of us to reduce more waste," said Morona.

According to Allison Guerrette, Campus Sustainability Coordinator, and Agatha Kip, Nutritionist/Registered Dietitian, the faculty advisors to Andover E.A.T., they enable the students' passion in food justice with access to the necessary administrative and logistical needs.

Guerrette and Kip wrote in an email to The Phillipian, "As we all experienced during Non Sibi Day last week and in all the years previous, we all are part of a bigger and broader community. Food waste reduction here on campus inevitably leads to awareness of food waste and food insecurity now and in the vears ahead.'

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Prefects Selected for 2019-2020 School Year

Reporting by Sarah Wang

Whitney House



Melani Garcia '21: I really wanted to be a prefect because I really wanted to help new kids transition here. Personally, I was a new lower and it was hard in the beginning, especially coming from a New York City public school, it was really the community around me that really helped me get adjusted here. I just want to help others get through the rough transition.

Draper House



Amelia Meyer '21: I applied to be a prefect because I strongly believe in community and the importance of having leaders to look up to in your life. I'm friends with a lot of freshmen, and I feel like they look up to me. I want to be able to give a positive influence to incoming students. I have an awesome prefect partner, Denise, and I just hope to have a lot of fun in raising family here on campus,

Nathan Hale House

Isabel Escobar '21: I'm a new Lower, so when I first came, I really struggled a lot in the beginning.... I wanted other people to feel at home here, and I wanted to be that mentor for others in a way that I could if I applied to be a prefect. I just want to make my prefectees feel loved....I want them to be able to go into my room, sit on a fluffy rug, and tell me about their



Double Brick House

Angelina Collado '21: I personally became prefect because I really wanted to be that person someone else could look to. Prefects are such important roles in order to transition—I want to help other people's transition to Andover be as easy as it can be. Double Brick, the way it's set up, there's not a prefect on every floor, so my goal is to reach out to those students

America House

Troy Mao '22: I just hope to create a nice environment in the dorm because A-House is going to be a combined community next year--for returning lowers, new lowers, and freshmen--so I think it's really important to keep the harmony in the dorm. And some kids are naughty and noisy, and some are quieter so I feel like it's really important to balance people's lifestyles.





Tucker House Lucas Kim'21:In my freshman year, I felt

since this is a very new thing.

Isham House

Zaina Qamar'21: I wanted to apply for pre-

fect because I thought it was a great opportu-

nity to help the new students get adjusted to

Andover.... I have older sisters, and they have

mentored me so much in the past. To be able

to act like that for students at school is going

to be great. Isham is going to be partially fresh-

men and partially new lowers, so I'm definite-

ly excited and curious to see how that will be,

that prefects played such an instrumental role in my experience here, and they were great role models for me, and opened the possibilities for me. Right now [Tucker] is not a freshman dorm, but next year, it's turning into a new lower/freshman dorm. So I'm excited to work with Tulio, who's my other prefect to sort of set a new dorm environment.

Stowe House



Sofia Garcia '21: I had two amazing prefects my freshmen year; I was living in Hale. Kelly McCarthy and Rhea Chandran were my prefects in the Annex, and they were both such incredible role models for me and made me love Andover so much that I wanted to be able to give some of that to incoming freshmen.

Bertha Bailey House

Corwin McCormack'21: I wanted to be a prefect because I want to help people just come to this school through the rough transition at the beginning of the school year. I also want to help them learn and grow as people. And I also hope they also help me learn and grow as a person.



French House



Gio Pierre'21: I had great prefects my freshmen year. They were great mentors and friends to me so I want to be that for someone else.

Pease House

Caleb Blackburn-Johnson '22: Well actually I didn't even apply--it wasn't something on my radar until two Fridays ago when I was actually approached to become a prefect and i thought it would be something that after being given the opportunity would be really fun but also rewarding and something I was ready for.One thing my prefect did this year really well was help me transition to Andover--he was one of my better friends the first two weeks so I would love to be somebody for these new freshmen who they could rely on

Smith House



Ethan Chan '21 I applied to be a prefect because I loved my prefects as a freshman, and I felt like this was a good way to give back. I'm really excited about working in Smith, which was a girls' dorm last year. Smith is so beautiful and geographically convenient, but I'm most excited about working with Dr. Villanueva. Smith is also going to be a 9th and new 10th grader dorm, so I'm super excited to see how it will go.

Rockwell House



David Zhu '21: I was in Rockwell last year and during that time I became really good, close friends with my prefects so I kinda wanted to bring that back.

Eaton Cottage



Carolina Weatherall'21: My prefect [during] freshmen year made a really big difference in my life. I know it's hard to make the jump from living at home with your family to living at school with your peers, and prefects made that jump a lot smoother and easier. They talked to everyone in my dorm—they're like sisters to us. I'm really looking forward to doing a lot of dorm-bonding activities. I think that's important and gonna be a lot of fun.

Pemberton Cottage

Daniel Dominguez '21: I wanted to be a prefect because of the prefects before me. And my prefects, especially. They really inspired me and helped me get through PA. And I just want to be that sort of figure for the kids the come soon.

Editor's Note: Daniel Dominguez '21 could not be reached for a photo.

Newman House



Mathis Weber '20: I wanted to be a prefect because I was one this year, and I really like living in Newman with the Esty's but also being with some younger kids. Even though it will be my senior [year], I will be in a big dorm in college, and it is really nice being in such a warm and sweet environment. It will be awesome to have such a great experience all over again. Even though my prefectees right now will have to leave, I will definitely keep in contact with them.

May in a week!

The Newsroom Commies are coming. FOR ALL OF US. THEY'RE COMMIE-ING.

We Forced A Computer to Listen to over 700 hours of an English-200 Discussion, And Then

Made It Write Its OwnDiscussion

Here's What It Came Up With

Lowers sitting at their designated tables. Darryl is etching his initials in the desk. Two girls by the white board are scrolling through the Weekender.

Ava: Something I found really interesting was the complete lack of vowels throughout the entire nov-el. I thought it might signify-

Philip cuts her off and begins talking about his own point. He is hated by the class.

Philip: Yeah, piggybacking off Ava, I feel like the emphasis on fruit is meant to highlight class struggle, like the difference between "fruits" and "vegetables". Teacher: 6+.

Ava: Could you elaborate a little more on that? Phillip: I feel morally attacked.

Phillip continues talking and only stops when he acci-dentally reveals how emasculated he feels around his father. The class ignores this. The teacher chooses one of the socially awkward students to pick on. The student is reduced to tears and cannot speak, no matter how many times they are invited to speak.

On the other side of the room, Bethany and Viola discuss what happened in the dorm yesterday.

Bethany: What are you wearing to the dance? Viola: Beth, after last night, I don't have time for this. I think we're getting searched. Bethany: Wait, what happened? Viola: Shh. I'm trying to participate.

Students continue discussing the novel, making a half-hand-raise, half-neck spasm each time they want to speak. Each student's point is the same idea as the last person but uses larger words so others know they are the more intelligent. They fear the teacher's hangover will wear off soon. One of the quiet students speaks up.

Jack: Sometimes I feel really, really alone.

No one hears him. They are too busy loudly packing up their bags 7 minutes before the period is supposed to end. It rings and they stampede each other to leave, but not before telling the teacher to have a nice day. Both parties know they don't mean it.

THE END

Our Good Friday Festivities

THE WEEK'S TOP HEADLINES

- U.S. Government Replaces Waterboarding with Chem-580 Lab Reports
- Cluster Assassin Helps Post-Graduates See Freshmen As "Like, People"
- "No Meat" Monday Coincides with Mysterious Disappearance of Widely-Loved Campus Dog
- A Week of Rain Implies Monsoon Season Is Here: Will Our Crops Last Through Winter?
- "The Eighth Page" Still Producing Exceptional Material, Unsurprisingly
- Boy Who Doesn't Actually Play Piano Sees No Problem with "Practicing" in Common Room **During Study Hours**
- Freshman Boy Watching Thievish Senior Girl Riding Past Him on the Scooter He Lost Last Week

Classifieds For The Lovelorn...

Andover can be a lonely place, and it's not always easy to meet new people. So every week, we highlight one real, actual student who is on this campus and looking for love (serious relationships only — we don't advertise hook-ups). If interested in putting your name here, email rneplokh20@andover.edu

COOL FACTS ABOUT ME!

- My cat weighs more than my dog
- I thoroughly enjoy the smell of basements



(absences = excused)

- †Engaged in international human rights violations
- †Added not one, but two Nickelback songs to our Spotify playlist
- **†**Observed Passover
- [†]Achieved pure mediocrity
- [†]Ate an entire muttonchop, extra meat
- [†]Sat inside with the shades drawn, hiding, on the one day a year Jesus can't protect us
- [†]Wore white jeans before Memorial Day
- [†]Asked someone about college
- †Openly contemplated sex before marriage

- Black licorice >>.>
- Fully initiated member of the Catholic Church
- 5'8" with The Shoes (actually I'm 5'7")
- **Toucan Fanatic**

DEALBREAKER(S):

A pronounceable last name. Doesn't find ramen noodles physically attractive. Uses wrong "the(re/ir/y're)"

KATIE MORRIS '21

WHAT I'M LOOKING FOR: Someone who can realign my pelvis (and my insides)

IDEAL DATE SPOT: The massage tables in the training room;)

Rebellious Teen Has Religious Awakening, Refuses to Observe Faith This Weekend

KATIE WIMMER

This past week, in preparation for the annual celebration of the Earth, the Andover Tree Worshipping society recruited yet another member. Sara O'Brien-Rabinowitz '20 found her life changing awakening just in time for one of the holiest weeks of year for Abrahamic religions. "The trees have spoken and beckon me to join them," the ecstatic but ultimately confused teen stated. While O'Brien-Rabinowitz was obviously excited to begin her journey in faithful worship of the tree gods, her parents most definitely were not. O'Brien-Rabinowitz claims they made repeated attempts to have her renounce 'the Green' and pleaded for her to come home and just celebrate the [insert noncommittal name of religious holiday here]. However, her parents underestimated the hold that [unspecified evil figure]



Sara banning aganst her parnets and holding some drum sticks produced my fallen trees.

had on their daughter. As O'Brien-Rabinowitz puts it, when her mother arrived to they simply drove around bring her home for the weekend against her will, there valiant efforts, O'Brien-Rabwas only one available plan inowitz was taken home. of action: "I had to sacrifice She was able to retain some one of our own. It hurt, but of her dignity, however, and I couldn't bear the thought refused to go to [building of being forced to read the where they keep the book] [bound book] and pray to all weekend. Here's to free [deity]. I simply chopped a and independent women in tree in front of the road so worship.

we couldn't leave." Unfortunately, the plan was flawedthe tree. Despite all of her



LUCAS KIM

With the match tied 3-3, Hud-

son Elegant '21 defeated his oppo-

nent 6-0 in both sets to lead Ando-

ver Boys Tennis to a 4-3 win over

Deerfield on Saturday. On Friday,

Andover beat Milton 4-0, and

defeat St. Paul's 6-1 the Wednes-

day prior. The team's record now

Andover

Deerfield

Andover

Milton

Andover

St. Paul's



I'm taking this box back - TB12

April 26, 2019

Volume CXLII | Number 10

BOYSTENNIS

Boys Tennis Wins Three More to Stay Undefeated

stands at 5-0.

3

4

0

6

Due to poor conditions, the match against Milton had to be moved into the Snyder Center, but Andover was still able to sweep the team.

Elegant said, "Milton ended up getting here late and it was tricky because because the sun went down and we had to move into Snyder, so that was an interesting ordeal. But we were still able to win all our matches, and being able to dominate on both surfaces was a great confidence booster for us."

At St. Paul's on Wednesday, Andover was able to maintain its undefeated record despite a few injuries, according to Adam Mofid '20.

"We got off to a quick start by winning the doubles point," said Mofid. "After that, we had a lot of solid play, especially in the singles. [Co-Captain] Sean Kralik ['19] played super well, Hayden Gura ['20] dispatched their really solid number one. [Co-Captain] Nash Johnson ['20] injured his tricep during his match so he decided to retire but overall it went really well."

According to Elegant, Aidan Burt '21 and Jeffrey McDonnell '19 also did not play, but the rest of team was able to rise to the occasion to secure yet another victory.

In the 4-3 win against Deerfield, the matches were also played in the Snyder Center, which led to a slower game pace, according to Mofid.

"Deerfield was out on the courts pretty early, even earlier than us, so they got off to a quick start. Hayden and Nash played some incredible doubles but we lost the doubles point overall. The conditions were really slow, it was really hot and humid in there so a lot of our players were getting tired," said Mofid.

Elegant added, "The gameplay

is always different in Snyder. The ball moves slower. Usually we benefit from playing in Snyder because we are used to the surface, but they also were used to it because they have similar courts at Deerfield. So we ended up having less of an advantage than we usually have. But we played well, we lost a couple of tough matches and we ended up getting enough to win."

Despite having a few losses, Andover was able to bounce back and win due to singles wins by Gura, Johnson, Burt, and Elegant.

Gura, Johnson, Burt, and Elegant. Burt said, "Both Hayden and Nash played some really solid tennis in their matches to win in straight sets against players that could've been much harder to beat. For me, it was my first actual full match this season since I've been out with injury, so I was both motivated to start strong but also had to shake off some rust... And for Hudson, he was playing his match when it was 3-3 so whoever won that match would clinch the win and he stepped up big time."

With Groton next up on the schedule, Andover will look to keep the momentum and repeat what the team did in the championship last year, according to Elegant.

"Last year, we beat Groton 4-3 in the Nepsac Championship match, and this coming Thursday, we're going to play them again. It's going to be a real test for us, they're one of the best teams in our division. The win against Deerfield definitely gave us confidence for the Groton match so we'll hopefully be able to win away at Groton," said Elegant.

Andover will face Groton away on Thursday.

Editor's Note: Nash Johnson '20 is a Copy Editor for The Phillipian.



Softball Continues Winning Streak

SOFTBALL

LUKE BOSHAR

Andover	9
Austin Prep	7
Andover	11
St. Paul's	1
Andover	4
Governor's	5

Catcher Jacque Harrington '20 dove and caught a pop fly to hit to the left of the plate for the second out to help Andover defeat Austin Prep 9-7. It also beat St. Paul's 11-1, and fell to Governor's and Concord-Carlisle 5-4 and 8-7 respectively. The team's record now stands at 3-2. Head Coach Lindsay Maroney '07 felt that a significant portion of the team's success was due to the team's skill across

the field.

"We have been playing really well lately, with everything from our hitting, pitching, and defense improving game to game. I don't think we have shown any weaknesses, just some inconsistencies, which are getting better," Maroney said.

Co-Captain Rachel Moore '19 added, "I am really proud of how the team has played these past few games. We have been wracking in a lot of runs and we get the hits when we need them. Our defense also continues to get better with each game, so I am excited to see how we continue to improve."

According Moore and Maroney, the team's strength lies in its offense.

"I think that our success has stemmed from our bats and our ability to score runs. All nine batters in the lineup have contributed to the offense in some way whether it's a home run or a sacrifice fly, so if we continue to do that," said Moore. and offense have definitely been the keys to success. It also helps that we have a team that is willing to play multiple positions, shows up ready to improve, and enjoys playing with each other."

Even with some strong performances, the team feels it still can improve in a couple of ways.

Maroney said, "Limiting errors is an area where we need to improve, especially against strong teams who will take advantage of the miscues. But, on the other hand, I think we also need to take more initiative, play a little less tentatively, and not be afraid to make mistakes."

Moore continued, "Our defense also continues to get better with each game so I am excited to see how we continue to improve. There is definitely still room for improvement, especially in our defense and our knowledge of the game." The team will play Southfield on Friday and Phillips Exeter Academy next Wednesday.

S.BAHNASY/THE PHILLIPIAN

Against St. Paul's, Emma Slibeck '20 only yielded one unearned run in five innings.

Maroney added, "Pitching

GIRLSWATERPOLO

Andover Girls Secures First Victory of Season

INDI WAGNER

Andover	12
Suffield	9
Andover	7
Deerfield	17

Eliza Sandell '20 rocketed the ball directly past the Suffield goaltender into the net, scoring her fourth goal of the second quarter and leading the team to its first victory of the season. Andover Girls Water Polo overcame Suffield away last Wednesday by a score of 12-9 following a 7-17 loss against Deerfield on Saturday.

In its game on Wednesday, the team demonstrated potential for the season ahead, according to Cassidy Sadowski '22 and Sofia Smirnov '22.

"Overall, we played really well, and even though we're only three weeks into the season, you can already see our growth as a team and our progress together," Sadowski said.

Smirnov added, "Since we're a new team, we're starting to not only get to know each other better, but also the positions. And everyone's starting to get more comfortable in the water."

According to Smirnov, the team's defense was one of its greatest strengths in the game against Suffield, and the team performed well despite its lack of practice time.

"We didn't have a lot of time because there have been so many days off, but we were definitely working on speed, endurance, and also more technical stuff," said Smirnov.

Moving into the Saturday

game against Deerfield, the team looked to work on offense and positioning, according to Sadowski.

"We need to work on watching out for fast breaks and making sure we set up closer to the goal rather than hanging out at mid-pool because we can't get as many shots from back there." said Sadowski.

According to both Smirnov and Bianca Rodriguez-Pagano '21, the dynamic on the team is unparalleled.

"I think the thing I love most about Girls Varsity WoPo is that we're so close, and we're super supportive of each other. Especially when we're in the pool, we're always cheering each other on," said Rodriguez Pagano.

The team does not play until next Saturday, when it will compete against Loomis and Choate.



Jackie Rossi '20 is a member of the starting lineup in her second year on the team.

M.ZHANG/THE PHILLIPIAN

Golf on Winning Spree after Loss to Belmont Hill

GOLF

PREM PRABHAKAR

Andover	2
Belmont Hill	10
Andover	11.5
Holderness	0.5
Andover	8
BB&N	4
Andover	8.5
Proctor	0.5

Although Andover Golf team member Ronit Gupta '20 was faced with a difficult 15foot birdie putt on the fourth hole, Gupta ended up shooting a 39 over nine holes in a standout performance against Belmont Hill. Despite Gupta's performance, Andover ultimately fell short of victory by a score of 2-10 on April 11.

According to Gupta and Captain Harry Choi '19, Belmont Hill proved especially strong competition.

Gupta said, "I think we all played pretty well, but Belmont Hill is just an insane team and really tough to beat."

Choi said, "Belmont Hill is a very talented team. We didn't play our best, and they took advantage of that."

According to Gupta, the team will focus on its consistency in order to strengthen its performance in future matches.

Andover also faced against Holderness this past Wednesday, winning 11.5-0.5.

Choi, Gupta, Derrick Brown '20, Yeetang Kwok '20, and Zach Abruzzese '19 all had particularly notable performances, according to Choi and Gupta.

Ĝupta said, "We played good against Holderness though, and we ended up winning that match. Both Harry Choi and Derrick Brown had good matches, and we really played well as a team."

Choi said, "Yeetang Kwok has been an absolute stud throughout the season. He's an immensely talented player who's on the top of his game right now. And he's been very consistent day in day out this season. We can always count on him to have a good day. Derrick Brown, Zach, Abruzzese, and Ronit Gupta have been very solid too, and they are only going to get better as the season progresses."

Andover also competed against BB&N this Tuesday and against Proctor on Wednesday, triumphing 8-4 and 8.5-0.5, respectively.

According to Gupta and Choi, the team has aimed to improves its consistency throughout practice.

Gupta said, "We've been playing well up and down the lineup, staying consistent and competitive in every match."

Andover looks to continue its strong play against St. Mark's this Thursday.

GIRLSTRACK&FIELD

Athlete of the Week Athlete of the Week: Izzy Torio '21 Wants to Continue Running for **Rest of Her Life**



D.OWYANG/THE PHILLIPIAN Izzy Torio '21 began running track in middle school after not being allowed to play tennis.

KATIE MORRIS

Izzy Torio '21 returned to Andover Girls Track & Field for the second straight year after first beginning the sport in sixth grade. At Andover, Torio typically runs distance events, such as the 400-Meter Dash. the 4x400-Meter Dash, and the 800-Meter dash. In addition to her speed, Torio is also a supportive teammate who works hard to encourage her teammates, according to Alex Fung 21.

Fung said, "Izzy is a really great teammate to everyone. I always hear her cheering on others, and she keeps things positive even when we aren't doing well as a team."

For her versatility and positivity, Torio has received this week's title of The Phillipian's Athlete of the Week.

Why did you start track?

I actually wanted to play tennis originally that spring, but [my middle school, Pike], wouldn't allow any sixth graders to play tennis, so my friends convinced me to sign up for the track team. Honestly, it's the best decision I have ever made.

Do you consider running a part of your life, or just more as a sport?

I've always just ran for fun. I actually didn't do track my [Junior] spring here. I kind of took a break and came back to it, so it hasn't as big a part of my life.

If you could enter into the world of any movie, and be the main character, what would it be?

Probably one of the Disney movies. Maybe Mulan, that would be really cool. I feel like it would be so fun being with all the other characters too.

Who has influenced you the most in track?

Definitely my middle school coach at Pike. He really motivated me to just give it my all.

What's your favorite thing about the team here?

My favorite thing is the sense of sportsmanship that everyone has, the respect that everybody has for each other. No matter what event you do, whether you're really good at it, or just new to track, everybody is so nice and welcoming, and they always cheer you on. I think that the team spirit is really great.

What do you do when there is bad weather? We run through all bad

weather. It was pouring rain the other day, and we still did all our normal track workout outside. We practice through all types of weather.

Do you like long distance or short distance better?

I've always been more of a long distance person, but I haven't really had much experience with short distance. I would be open to trying it though!

What is the hardest part of the 400-Meter Dash for you?

The hardest part of the [400-Meter Dash] for me is probably the last leg, especially going into the last turn because that is when you start to lose steam. You start to get tired and you have to mentally sort of push through that barrier. The last 150 [meters] is also really challenging just trying to get through it physically.

Do you have a favorite lane to race in?

I like one of the middle

lanes, because if you start too far back you have to catch up, and if you start too far ahead you feel sort of on the outside.

Do you have a certain routine before races?

I usually just try to get a lot of sleep and drink a lot of water the night before, and then I take a few deep breaths before the race to try to calm down a bit.

What is your most played song currently?

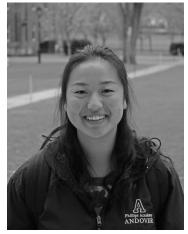
Probably "Hope" by the Chainsmokers. I'm into more upbeat music, so something just like that.

How do you see running impacting the rest of your life?

It's something that I want to continue doing for the rest of my life, whether it's competitively or just to stay in shape and have fun. I think it's a really important skill, and I hope it's something that I will be able to do for a very long time.

Captain Feature

Serena Liu '19 Creates Inclusive Environment **Through Love For Sport**



T.WEI/THE PHILLIPIAN Co-Captain Serena Liu '19 has been a member of the Track & Field team since herJunior year.

tween throwing and different movements in volleyball.

"I picked it [track] up on a whim, it was definitely not in my radar especially because volleyball was my main sport before. Once spring rolled around, I wanted to try something new, as a lot of Andover things happen, and I originally was not a thrower either, so I tried that out on a whim as well. I tried it out freshman year. I originally started sprinting, but found more of my niche through throwing, especially since it has similar movement as volleyball. I felt like I had more preparation for that," said Liu.

Following the examples of

ly good way to communicate with the team and to ensure that we set great goals and have good aspirations for meets and practices," said Liu.

Teammate Sadie Cheston-Harris '20 added, "Although the track team is very diverse and consists of many events, Serena has been great at supporting and reaching out to all members of the track team and creating an inclusive environment through her welcoming personality and love for the sport."

In large team and smaller, more focused group settings, Liu's enthusiasm serves as a source of assurance and motivation for her teammates, according to Ridley Warner '22 and Cheston-Harris. Warner said, "She's always really excited to be helping out the team and cheers us on, asking us questions, and always makes sure that we are having a really fun time. She uses our team meetings as a way to separate us a little bit, to speak to us in small groups, but also to create a

cohesive team bonding experience.'

"Serena is a captain that leads by example, through her kindness and welcoming spirit. She is always excited for practice and meets, and through her excitement, makes others excited as well," added Cheston-Harris.

Liu positive outlook and emphasis on team unity creates a cohesive environment, according to Lillie Cooper

Cooper said, "Track is interesting because everyone does individual events, but it's such a big team. and Even though [Serena's] a thrower, she's always there to cheer everyone on during practice or during meets and she always has a smile on her face. She's a natural and really enthusiastic leader, so I think we all radiate off of her energy." Utilizing her leadership skills, Liu strives to create a team community of the track through team dinners, and interactions with her teammates around campus, according to Cooper.

"She always says 'hi' on the paths and I know I can go to her about anything outside of track. I think everyone on the team knows this as well, and feels comfortable going to her for support outside of practice," said Cooper.

Despite the individualism of the sport, the team is united by the overall program and has built a supportive environment, according to Liu. Liu said, "The people defi-

nitely make it so much more fun, especially because even though we are all doing different events, and sometimes we don't see each other during practices because we are in different events, we always have something to relate to. Whether or not it's aspiring towards [getting a personal record] at the next meet, we all know that we will support each other in anyway, and that we will push our teammates to work ĥarder on the track. And I think that's all really important and is why I love track so much."

PHOEBE BICKS

With the goal of honing her skills for the upcoming volleyball season through cross training, Captain Serena Liu '19 joined track her Junior Spring. Although she began competing as a sprinter, Liu currently throws the discus and javelin.

Liu draws parallels be-

past captains, Liu has learned how to unite a large and diverse team, despite the individual nature of the sport.

"I've learned so much from past captains about how to make it a team sport, and about learning how to become cohesive and support each other, both on the track and off the track as well. We always send pre-meet emails, and I think that that's a real-

Senior Spread

At the beginning of their final seasons competing for Andover, returning seniors reflect on their time as a part of the Girls and Boys Track & Field Teams.

Reporting by Amelia Meyer and Alana Yang

Kareem Hill '19

I think [track] is something I can rely on just because sometimes track takes my mind off all the emotional aspects of being at school. When I come to track, I'm doing something purely out of joy and I'm doing something that I love, so it takes me out from the woes and problems that I have with academics and everything that comes with that.



S.BAHNASY/THE PHILLIPIAN

Miles Kaufman '19

I really like [how] at the end of the year we have a huge barbeque at Coach [Rich] Gorham's house and he bakes really great steak and a bunch of food. We hang out and it's always really warm, we play games on the grass in front of his house, we play volleyball and spikeball, and it's just a lot of fun.



S.BAHNASY/THE PHILLIPIAN

Timothy Verhaegh '19

As a PG being here for only one year, track has allowed me to really get out and meet people from all over that share the love of the sport. It is great to bring my own knowledge of the sport to [Andover] and [Andover] has returned to me many blessings. Track is one of the best times of my day that I always look forward to. It's a great time, even when you are focused on improving your own performance, you always have the team supporting you.



L.YAGER/THE PHILLIPIAN

Justin Wang '19

It's sort of my way of doing something I can do for the school so it's my individual way of representing Andover, through Track and giving my all for PA. It's also fun.

Editor's Note: Justin Wang '19 could not be reached for a photo

Cecelia Egler '19

Usually, every spring on one of the warmer weekends when we don't have a meet, we'll do a Saturday workout. That's always one of the hardest workouts, in my opinion, of the season. It's always a really fun time to get together with the team and really push each other, and it's sort of become a tradition at this point.



D.ZHU/THE PHILLIPIAN

Owen Glover '19

To me, it's all about the different friends that I've made, whether they're four years older than me or graduating with me. Track has always got me as one of the only experiences where you always have freshman interacting with seniors and for me, it's all about those interactions it's about meeting new people and having the biggest team community on campus.



D.ZHU/THE PHILLIPIAN

CYCLING

Cycling Dominates at Exeter and Holderness

PRESTON WHITEHURST

Grace Hitchcock '20, currently in first place in the NER-CL Girls A Division, is closely followed by Alisa Crueger-Cain '20 in second and Co-Captain Abigal Johnson '19 in fourth. At the Holderness School Road Race, all of them finished in the top three for Andover Girls Cycling, beating the next closest cyclist by five seconds and the second closest by over five minutes.

Andover was successful at both the Phillips Exeter Academy Time Trials and at the Holderness race this past week. After a first place finish for Girls Cycling at both races, in addition to and fourth and fifth place finishes at Exeter and Holderness, for Boys Cycling, Andover now sits in the overall second place in the NERCL Team Rankings.

In the Exeter Time Trials, Andover succeeded in its communication throughout the event, according to Grace Hitchcock '20.

"We communicated really well throughout the time trial, which is essential to a team's performance in a team time trial. Before the race, the three of us, along with the coaches, came up with a plan and a strategy for how we could best utilize each of our strengths as riders, and we did a really good job of executing that plan during the race. Team time trials are all about how each individual rider can contribute their best abilities to the team, spreading out the workload amongst the three of us." Hitchcock wrote in an email to The Phillipian.

Co-Captain Abigail Johnson '19 added in an email to The Phillipian, "The team did a great job of working together with their teammates, pacing each other and sticking together, so they could ride most efficiently."

The transition from a time trial to a road race was difficult at first for Andover, according to Johnson.

"In a regular road race, unlike the team time trial, riders race in a larger pack with all the riders in their field. One thing we have been working on is where to place yourself when riding in a larger pack and when to make attacks." Johnson wrote.

After its race at Holderness, Andover learned that cyclists are able to assist one another during the race, according to Hitchcock.

"One thing that we learned from the race was definite-

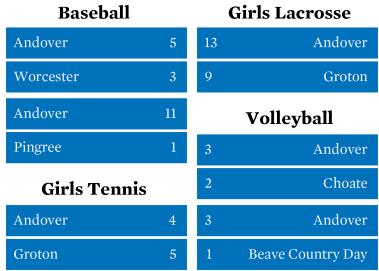
ly that the three of us balance each other out really well in terms of skill sets and strengths on the bike. That's something that tends to kind of be up in the air and unknown until you do a team race, so we were really pleased to find that we worked really well together and pretty evenly split the workload. Looking back on the race, we couldn't have one had we been missing what any one of us was contributing to the team dynamic and performance," Hitchcock wrote.

Despite its success at Holderness, Andover can still improve on its sprint efforts according to Hitchcock.

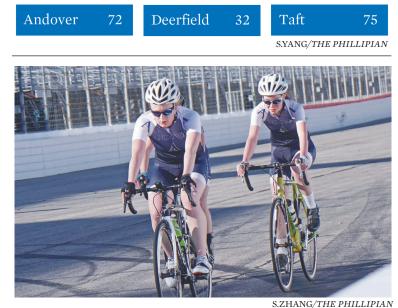
"Before our next race, the team can definitely work on sprint efforts. That's something that as individual riders we can all improve on and that will strengthen our ability to put everything we've got into the last little bit of the race. Often times, especially with short races, it really comes down to those last moments. So, moving forward that's something that we'll be trying to work on." Hitchcock wrote.

While only trailing Exeter by 22 points, and with hopes of taking the number one overall rank in the league, Andover will compete in a race hosted by Gould over the weekend.

Weekly Score Recap



Girls Track & Field



Grace Hitchcock '20 (left), who finished second in Girls A last year, cur-

ULTIMATE

Andover Defeats Cross-Town Rivals

NICOLE LEE

Andover	9
Austin Prep	7
Andover	11
St. Paul's	1

In a one-on-one offensive drive, Cory McCormack '21 secured the disc mid-air to score a point and aid in Andover Ultimate's victory over Andover High in a scrimmage. The team fell short to St. John's Prep and later lost to Concord-Carlisle with a score of 9-12 and 6-15, respectively. Andover's record now stands at 1-4.

Its scrimmage against Andover

quite a few of our returning Varsity players have been injured, it has been nice to give a lot of our newer members the chance to improve and learn to read the game better," said Kao.

In contrast to the team's performance in its scrimmage, Andover was not able to get into a rhythm against the Prep, according to Lucas Kim '21.

"We stuck with [the Prep] in the beginning all the way through halftime, but after that we just couldn't keep up with them. In that game, we had a lot of players missing due to injury which didn't allow us to have as many substitutions, so we got more tired," said Kim

With a majority of the team's returning players injured, the game provided a chance for new players to gain more playing experience against tougher competition, according to Sebastian Romero '20. "It has been a challenge to us mainly because majority of the players that are injured are the more experienced players. I think it has been simultaneously beneficial and negative. A lot of the new players are getting to play so they get experience, yet at the same time they are inexperienced, so we don't get to play as well as we would usually like to," said Romero.

This past Wednesday, Andover faced Concord-Carlisle and despite losing, the team's efforts culminated into a strong team performance, according to Romero.

Romero said, "I think it was one of the best games we played all season. Everything that we had been practicing and everything our coaches had been telling us really came together and we, as a team, really got the flow going."

With its first tournament this Sunday, the team hopes to carry over the momentum from practice and its performance on Wednesday, according to Romero.

"We want to work on making sure that we keep the disc moving and increase our movement and mobility. I really think we all just need to continue working hard. We already have a tight bond as a team which helps us when playing and so we just want to keep that going." said Romero. Andover Ultimate will compete in the New England Ultimate Spring Tune-Up Tournament this Sunday.



High allowed Andover an opportunity to hone its skills and work around team injuries, according to Jeffrey Kao '19.

"It was a good match for the team to tune up as we enter the part of the season where we go to tournaments. We have a lot of new players this season, especially a lot that came up from JV. Given that

New Lower Phineas Walsh '21 made the team in his first year at Andover.

BOYSTRACK&FIELD Andover Falls to Deerfield and Taft in First Away Meet

CHRISTINE MICHAEL

Andover	40
Taft	62
Deerfield	74

Alex Schimmel '22 raced across the finish line with a time of 24.8 seconds for a second place finish in the 200-Meter Dash. Despite Schimmel's successful race, Andover Boys Track & Field secured only 39 points in its second tri-meet of the season, falling to Deerfield with 76 points and Taft with 66.

Despite a long bus ride to Taft and the team's ultimate loss, Andover maintained high energy and a positive attitude throughout, according to Sebastian Zhu '20.

"It was our first away meet – three hours away – and as everyone got on the bus, you could tell that it was a long ride, but everyone was ready to go. As the meet was going on, you could hear everyone cheering, and you could see people standing up on the bleachers cheering for people," Zhu said.

Despite lacking many of its upperclassmen members due to ACT testing on Saturday, the large Andover roster allowed it to maintain a strong presence in a wide variety of events, according to Zach Moynihan '21.

"I think a lot of people stood out at the meet, because the last meet was one in which a lot of people were doing events that they don't usually do. So to be able to step up in those uncomfortable situations was what really stuck out to me," said Moynihan.

After focusing on the relay throughout practice in the week preceding the meet, Andover's 4x100-Meter Relay A team of Josh Thomas '19, Will Godbout '20, Moynihan, and Alex Oder '21 gave a strong performance on Saturday, placing third with a time of 47.0 seconds.

Schimmel said, "We focused on relay preparation especially because the meet before we had some complications with the relay. Especially with me stepping out, we had Will stepping in for second leg of the 4x100-Meter we practiced to ensure the success of our team during the meet."

Despite having to sit out the 4x100-Meter relay because of an injury, Schimmel still stood out as a tough competitor on Saturday, according to Alex Meyer '20.

"I think one person that really stood out is Alex Schimmel...He ran the 400-Meter Open for the first time, and he ran a really good time. He got second place at the meet. He's a really talented runner, but also it was impressive to just see him out of his element a little bit and how he adapted well for the race," said Meyer.

Although Andover did not come out victorious with a win at the trimeet, those on the team have not allowed the loss to affect their mindset, according to Meyer.

Meyer said, "I know we had a lot of good seniors last year who aren't here anymore, but we also have a really strong talented group for distance. I know we have amazing people like Alex Fleury ['20], Zach Moynihan, and Ayana Alemayehu ['21]. We really have a mass of talent that I think we can really work with for the rest of the season."

Andover will return to Phillips Exeter Academy next Wednesday to compete against St. Paul's & Exeter.



BOYSTRACK&FIELD

Athlete of the Week

Athlete of the Week: Jeremy Lin '22 Began Hurdling as a Joke



D.OWYANG/THE PHILLIPIAN Jeremy Lin '22, standing at 5'4" isonly 25 inches taller than the hurdles in his primary event.

SEBASTIAN LIPSTEIN

In his first season on Andover Boys Track & Field, Jeremy Lin '22 has participated in hurdle events, setting a Personal Record of 54.8 seconds in the 300-Meter Hurdles last Saturday at Taft.

Lin contributes not only speed to Andover, but is also a stable presence for his teammates, according to Myra Bhathena '22.

Bhathena said, "His grit and determination to do well make him astonishing to watch. He never gives up, and after all, the 110-Meter Hurdles for boys is more than half his height. Physically, Jeremy is a speedy hurdler that can clear a high hurdle incredibly fast and smoothly. But more important is his mental game. His ability to focus on his goal and always have a positive attitude is what makes him such a great hurdler and teammate. Jeremy is also a friend to everyone on the team, especially the hurdle group. He's always laughing with me or convincing me that the intense hurdle workout will be worth it. It's clear to evervone on the team that Jeremy is a hardworking, funny, and supportive friend."

Lin's hard work and positive presence on the team have earned

him the accolade of The Phillipian's Athlete of the Week.

When and how did you start hurdling?

I started hurdling in Winter term more as a joke more than anything. When trying to decide what event I would do for track, I couldn't decide on what to do, so instead I just picked hurdling on a whim.

Why do you enjoy hurdling?

I enjoy hurdling a lot because it's just super fun. Although it can be hard, it's a super unique event and there's nothing quite like the feeling of going over a hurdle while running at top speed.

How does hurdling help you in other sports and day to day

Hurdling requires a lot of flexibility, which is really useful for other sports and going up the stairs in Gelb three at a time. Or

four at a time.

Do you have any superstitions and/or any way to get yourself motivated before practice and races?

I don't really have any superstitions, but I really like to use a visualization technique that Coach [Lani] Silversides taught us before the start of each race. Basically, you imagine yourself running the race in real time, from coming out of the block to going over the first hurdle all the way until you cross the finish line. It has helped me a lot.

Do you have any team traditions?

One team tradition is that we always blast "Wagon Wheel" by Darius Rucker while on the bus back from meets. It's actually a good song.

How do you like the Track & Field Team at Andover?

I really enjoy Track & Field

because it feels like a community on its own. Although we're split into individual event groups depending on what we compete in, everyone knows each others' names and cheers for them equally loudly. There's always a buzz on the track that makes practice and races fun.

What are your favorite things to do outside of hurdling?

Outside of hurdling, I like the distance events because they're very calming. They really push your endurance, by the end of it you just really want to stop, but it's no less fun when you do it.

What is it like having the same name as Jeremy Lin?

I get the same amount of Jeremy Lin jokes as there are people in the world. No, seriously. Every new person I meet. "Hey, did you know tha-", "Yes, I know, basketball player, thanks."

Co-Captain Feature

Captain Josh Thomas '19 Energizes and Unites the Team



Josh Thomas '19 runs the first leg of the 4x100 relay and is a thrower.

ABBY RYAN

Even though he only started running track career three years ago, Josh Thomas '19 was voted Andover Boys

"Josh is a veteran member of the sprint and jump groups. In his role as captain, Josh leads with a commitment to the team's traditions as well as an enthusiasm for the sport," wrote Head Coach Rebecca Hession in an email to The Phillipian.

Thomas first got involved in track by joining Boys Indoor Track & Field his Lower year because he needed a winter sport. After taking a liking to it, he continued running during the outdoor season. Now, as Captain of outdoor track, Thomas feels that his biggest responsibilities are to bring up people's spirits and maintain a positive outlook.

"I think my biggest responsibility as Captain is setting the tone and rhythm for the team. I constantly try to bring energy to practice, warm-ups, and meets-even if I'm not having the best day. I think it is important that even if I do poorly in a race or a fault on a throw or jump, that I continue to bounce back from it and push myself," said Thomas. According to sprinter Zach Moynihan '21, Thomas himself is a constant source of energy and enthusiasm and he leads by example as the first leg in the 4x100-Meter Relay and a thrower.

"Josh is a forceful leader who always knows how to inspire the team and rally everyone behind each other. From practice warm ups to meet day, he's always making sure that we put in all we have to perform at our best," said Moynihan.

He continued, "Josh is our first leg for the 4x100-Meter Relay. This is a leg that has the added pressure of getting a good start out of the blocks. It's inspiring to see Josh not only take on that added pressure but also perform so well each week. Josh also throws, which goes to show you just how much he adds to so many parts of the team."

According to Andover Girls Track & Field Captain Serena Liu '19, Thomas is always striving to achieve personal goals, which inspires his teammates. "I think he really leads by example, which is what I admire most about him. He

doesn't have to verbally say that he's working the hardest out there, but he shows it by coming to practice and then working towards his goals," said Liu.

Alex Fleury '20 believes that while Thomas focuses on sprints and jumping, he not only motivates those with whom he trains and competes, but he notices how Thomas's influence affects the entire team and people who train for all events.

"I mainly see his effect on other people. When I see the sprints, that's where you see the effect. As he reaches out to the distance people at the meet, it's not really something you would expect from somebody who stays in sprints, but it's something you would expect from a captain, and that's what Josh does," said Fleury. In addition, Thomas seeks

out opportunities to help the team in any way ne can, ac cording to Fleury. "[T]he people in the sprints are really close to him... and they understand everything that he does for the team. When he's not running his

sprints, he'll go to the jumps and the hurdles and help out with the hurdles, just try to get involved in any way possible because sometimes it's hard if you're a sprinter because you're mainly focusing on sprinting at practice, and it's hard to interact with everyone else, but he does a great job reaching out and doing his best to connect everybody on the team," said Fleury.

Moynihan sees the team as a unit rather than a variety of smaller sects because of Thomas's inclusivity and the standards he sets for himself. Moynihan said, "Josh sets

a really high standard for not only himself but also for every member of the team. I think this is how he manages to pull everyone on the team together, which is not an easy thing to do because we have such a large group. As a result, I've come to see the track as less of a bunch of different event groups and more of a combined and supportive group united towards a common goal."

Track & Field Captain by his teammates because of his athletic talent, energy in practice, and ability to unite the team, according to his teammates.

Coaches Spread

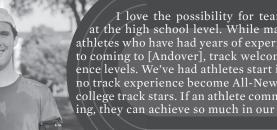
Reporting by Lucy Lasater



Coach Hess

I'm coaching sprints so 100, 200, and the 4×1 relay with Mr. Bynum. He is awesome. This is my second year coaching both indoor and outdoor. As relatively new coaches, it's a learning experience, and we both bring different backgrounds to the table. It's sort of fun to bring both of those things together and see what we can come up with in terms of a good sprint workout training plan. It definitely has its challenges, both of us being new, but it's definitely fun. I work most closely with the 4 x 1 relays, and so I would love to both of them do really well. I'd love to break some records on both the boys and the girls 4 x 1 teams. So really just working on getting our team down, our handoffs down, work on making it as fast as we possibly can.

Coach Reilly



I love the possibility for team-building in track at the high school level. While many other sports need athletes who have had years of experience and training prior to coming to [Andover], track welcomes athletes of all experi-ence levels. We've had athletes start in ninth grade having had no track experience become All-New England performers and college track stars. If an athlete commits to learning and working, they can achieve so much in our track program.

HILLIPIAN



Coach Gorham

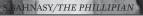
I focus on the javelin throw, and also help with the shot put and discus throw. I competed in track as a student at Andover and began coaching with Andover in 2003. I had already been serving as a wrestling coach. As an athlete my-self, I had limited athletic ability, and was able to compete only through hard work. I try to impart this to my athletes in both sports.

Head Coach Hession

I was a mid-distance runner in high school. For a short time, I held my school's 400m hurdle record. Fortunately, it was broken soon after by a much better hurdler. I'm pretty sure my 4x800 relay team still holds the school record. My favorite aspect of coaching is the opportunity to support the evolution of the team each season. There are over 100 of us coaches and students involved in the program. It's a joy to be a part of a positive team culture that values working hard, setting big goals and having lots of fun along the way.



I started doing track in high school. I had to play a sport in the spring and I couldn't hit a curveball. I would always get incredibly nervous before races and competition. Now, I do my best to help my athletes stay calm and have them visualize doing their best



A.FUNG/THE PHILLIP.

Coach Silversides (via email)

I specialize as a hurdles coach. I started running track when I was around 9/10 years old through a summer track program in York, Maine. At that time I did a little of every thing. Sprints, shot put, long jump, hurdles, relays, etc. I loved it all and it was a great compliment to all the other sports I was playing. In high school I was a state champion and school/ record holder (that has since been beaten) in the 100 and the 300 hurdles. I ran 4x100 relay, 4x400 relay, 100m hurdles, and 300m hurdles in high school.



Coach Bynum

Most recently I coached at Middlesex school which is a lot smaller than Andover, so the track team while it was comparable in size we have a lot more coaches. So I don't have to do as much specific work... for instance in the past I have worked with triple jump and long jump, and now I don't really have to do that because we have coaches who specialize in that event. Now I am able to more specifically focus on the sprinters and starting blocks without having to move from one field to another because we have enough coaches to specialize in events.



A.BHAT/THE PHILLIPIAN

BOYSLACROSSE

Boys Lacrosse Earns Third Win

ABBY RYAN

Andover	32
Exeter	77
Andover	32
Exeter	77
Andover	32
Exeter	77

In the game's final minutes, Co-Captain Sawyer Moody '19 received a pass off the fast break and fired in a shot, further solidifying Andover's 11-5 defeat of St. Paul's on Saturday. With two losses against Brewster and Salisbury the week before, Andover Boys Lacrosse's game record now stands at 3-4.

Against a nationally ranked Salisbury team, Andover trailed by just one goal at halftime, but lost momentum in the third quarter and was unable to recover, according to Brandon Reilly '20.

"It [reached] a point where it was tough for us to come back. But it was definitely our most intense and competitive game out of the past three we played. There was definitely a lot of chemistry and everyone was working with each other," said Reilly.

According to Assistant Captain Sal Lupoli PG'19 and Mike Hanlon '22, they lacked this same effort and drive in the game against Brewster.

"I think we could have come out with a little more energy in Brewster's game. Through bringing more energy in the Salisbury game, it helped the offense and the defense in set. Energy brings much more than just being loud, it really affects how we play," said Lupoli.

Hanlon added, "Against Brewster, I think we weren't as disciplined as we usually are. We kind of just let the game get away from us."



Conor Zachar '19 is a four year member of Andover Boys Varsity Lacrosse.

Despite this loss, Andover has recently been connecting more on offense, according to Jed Heald '20.

"We're at the part of the season where we learn how to play with each other a little better. I think our offense has been able to generate more goals, especially in our last game, we had double digit goals. The defense has done a good job, especially last Saturday where we played [Salisbury], the number one team in the country," said Heald.

In practice, Andover is focusing on creating game-like situations with high pressure and intensity to improve discipline and ensure that the team is prepared, according to Heald and Reilly.

"We have been having a problem where we play a great second quarter like against Salisbury and Brewster. However, when we get into the third quarter, we fall apart a little and lose focus. We are just working towards in-game situations where there is pressure and is realistic, " said Heald.

Reilly added, "We've implemented a few new plays into our system that we're going to have to work on in order to get that down. But also, just being more consistent as a team I think is our biggest issue right now. However, once we get that up there, I think there no one that can beat us."

Andover will face Deerfield at home on Saturday.



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Alumni Coaches: Spring Edition

Reporting by Abby Ryan

Jill Meyer '09

Member of Andover Girls Water Polo and JV Volleyball. Now Head Coach of Andover Girls Water Polo.



L.YAGER/THE PHILLIPIAN

What made the water polo team special at Andover?

Water polo was a really fun way to meet people in different classes who I normally wouldn't have interacted with academically, so people that I wasn't in the same dorm as, or language, or weren't in my grade. It was really nice to get to know people in a different way and meet a broader swath of the student body. I remember the team having a lot of big personalities and being a fun, loud, energetic place to be every afternoon, and I would say that's similar [now].

What lessons incorporated as a coach from your time as a being a student-athlete?

I think that the thing I have tried to keep in mind as a coach having had played is that everyone wants to do their best and wants to learn, and it's hard sometimes coming into a brand new sport not necessarily being that familiar with it and not knowing what to do all the time. So, to remember that whenever people seem to be doing something that makes no sense, it makes sense to them, and they're there because they want to do it, and they're trying, so sort of patience and working with people.

Why do you like coaching the sport?

I like working as a coach because it's one thing I do on campus where people have truly opted-in. I teach mostly graduation requirements, so it's a place where I get a group of people who are there because they chose that, not because it was the most convenient, because it's definitely not in most cases, so it's nice to work with a group of people who just want to be there.

Rachel Murree '14

Member of Andover Girls Crew. Now Coach of Andover Girls Crew.



your time as a student on the crew team?

S.BAHNASY/*THE PHILLIPIAN* What did you learn and enjoy from As a student athlete, I developed strategies for time management. I remember reading Hamlet on the crew bus to squeeze in some extra homework time. However, even though crew was time consuming, I loved getting off campus and on the water. It became a way for me to work hard with my teammates at something non-school related, which in turn allowed me to de-stress.

What values did being a student-athlete at Andover teach you?

Crew is unquestioningly a team sport. I loved showing up for and rowing for the other members of my boat. As a coach, I try to instill the importance of using our time on the water efficiently and having a good time while we do.

Brian Faulk '00

Member of Andover Golf for four years. Now Head Coach of Golf.



the ability to have as many people playing golf, so one of the nice things that former coaches have done over the years is establish a JV team, so that kind of introduces more people to the game.... We try to play them in a couple Varsity matches. So many of our athletes aren't necessarily going to go pro or going to play collegiately, so golf is one of the life sports that you can always play when you get older.

Heidi Wall '94

Member of Andover Field Hockey, Girls Swimming & Diving, and Girls Lacrosse. Now Head Coach of Andover Girls Lacrosse.



Why did you choose to return to Andover?

My decision to pursue [coaching] as a career was based on my love of team sports, which I gained as a student from Andover... My decision to be a teacher and a coach was related to how much I loved my own experience and what a role that played for me at the collegiate level as well, and just my desire to continue to be involved in that world, but now with a new role as a coach.

What is your favorite aspect of the sport of lacrosse?

One of the things that I always have loved about the sport of lacrosse is that it's a fast game, and I love the element of control that you have by being able to have the ball in your stick. That was something that I was attracted to. In addition, I also loved that it was a game that you could pick up relatively quickly, and so it was one...you know, I had never played before I got to high school, and so my [Junior] year was my first year playing, and then I went on to play in college quite successfully, so it was nice...It's an opportunity for athletes to be involved in a really fast-paced, exciting sport, and I think it's still accessible both to people who maybe haven't played as long

What lessons did you learn from being an athlete at Andover?

as some other sports.

I definitely think that playing sports made me appreciate how you could see tangible results from working really hard at something, so you could see your skills improve by practicing your passing and catching. I think when you put in the physical sweat and the time into the sport, it's always really good to be able to see those results tangibly. The other element of it that's really invaluable to me is just the team aspect, the camaraderie in committing to something beyond just yourself, so being able to rely on your teammates, learn from your teammates – I've learned so much from my teammates about what it means to work hard, what it means to push myself.

Thayer Zaeder '83

Member of Andover Boys Soccer, Boys Basketball and inaugural competitive Cycling team in 1980. Now Head Coach of Andover Cycling.

What has changed about cycling since you were a student? What has stayed the same?

The cycling team is still a very unique team experience...mostly based on the fact that we are a small co-ed team that trains hard together, coaches and students riding alongside each other. Obviously the sport has changed a lot in thirty years in some obvious ways related to improvements in equipment and gear. Fundamentally however, excellence and success in cycling boils down to mental and physical toughness and careful preparation.

What do you love about the sport and the team at Andover?

I enjoy working closely with students outside of the classroom. Being able to ride off campus often is also a huge positive. Negotiating the many facets of this sport with students is both a huge challenge but also very rewarding when you witness their progress. It is also very rewarding to introduce this sport to student athletes who then become very devoted to pursuing it into their college years.

Midori Ishizuka '11

Member of Andover Girls Squash, Girls Tennis, and JV Field Hockey. Now Assistant Coach of Andover Girls Squash and Coach of Girls Varsity B Tennis.

M/SURI/THE PHILLIPIAN

What was special about the golf team while you were a student here?

It was a lot of fun. I think it was sort of my community within the school and I think it was really one of the things—actually was the thing—that I looked forward to the most.... We didn't win very many games when I was here, but I remember the camaraderie and the joy of being on the courses.

What has changed about the team? We didn't have really a home course or

How would you describe the culture of the team?

I think everybody is... they're really supportive, they really enjoy being out there. They're just really great citizens for the school and ambassadors for the school.

What is a lesson that you learned from golf here that you have taken to coaching?

My coach, Nat Smith, was sort of a legendary math teacher here, and I really enjoyed the van rides...just talking to him about politics or math or...learning not to take golf so seriously and kind of the bigger picture that you're here for academics. That's a lesson that I take to my teaching and my coaching.



C.WAGGONER/THE PHILLIPIAN

What has changed about the tennis team since you were a student-athlete? Tennis hasn't really changed that much

from what I remember, but I'm also not coaching Varsity A, which was the team I played on. Varsity B is a great team.

What is your coaching style?

I think the girls may be a little surprised

as my approach to coaching B is to prepare the girls for what being on A requires. So I think I'm a tougher coach than people expected me to be—myself included. I prioritize teaching the girls what it means to be on a team. A majority of B this year are Juniors and Lowers, and I know they have aspirations to make A in the future. So I'm trying to prepare them for what that requires. That means I really am quite stringent about promptness, injury prevention, effort, teamwork, communication, preparedness for matches, and that the girls "hustle" when we are drilling.

What hasn't changed about the sport for you?

The sensory experience of stepping on the Varsity courts on a perfect spring day never changes. I still remember doing it as a student and now as a coach it's exactly the same. It's nice that the weather just gets better and better throughout the season.

SPORTS OPINION

A Race for the Ages

LUCAS KIM



A distinction reserved only for a handful of the best players in the world, the NBA Most Valuable Player award has been won by most of the NBA's all-time greats sometime in their careers. Michael Jordan won five of them in his prolific 15-year career, Larry Bird won it three times in a row from 1983-1986, and in recent years Stephen Curry won the award back-to-back in the 2014-2015

and 2015-2016 seasons.

With the 2018-2019 NBA regular season now in the books, a lot of focus is now put into the annual NBA awards, especially the MVP award. In some years, the races were one-sided, like when Curry was voted the NBA's first unanimous MVP in 2016. This year, however, the competition has been led by two players: Milwaukee Bucks forward Giannis Antetokounmpo and Houston Rockets guard James Harden. The two of them have transformed the landscape of the association with their historic performances and impressive stat lines, leading to one of the tightest MVP races in NBA history

On one hand, Antetokounmpo has emerged as one of the NBA's most unique superstars. The 24-year-old led the Bucks to the league's best record and is undoubtedly the next big thing in the NBA. With unreal per game averages of 27.7 points, 12.5 rebounds, 5.9 assists, 1.3 steals, and 1.5 blocks,

Antetokounmpo is among the league leaders in almost every single of these categories. He is incredibly efficient on the offensive side, finishing third in points per game while being eleventh in shooting percentage and seventh in true shooting percentage. What puts him ahead of the rest, however, is his knack for both offense and defense. He finished third in the league in offensive and defensive win shares, and led the league's fourth best offense and best defense. He also finished with the second-best defensive rating, along with a plus/minus of +12.5 per 100 possessions. His combination of length, speed, skill, and IQ culminated in a PER of 30.89, which is twelfth all-time.

On the other hand, Harden was an absolute offensive machine. Utilizing what may be one of the most unguardable moves in the NBA, his step-back three, Harden posted one of the best, if not the best, offensive seasons in NBA history. He was the first ever to average at least 36 points, 7 assists, and 6 rebounds. He also posted NUMBER straight games with at least 30 points, the second-longest streak in NBA history, only behind Wilt Chamberlain's legendary 65 games. Additionally, he had eight games scoring 50 or more points this season. Harden carried the injury-plagued, a team that only had their regular starting five for 26 games, to the fourth seed in a competitive Western Conference. Unlike Antetokounmpo's healthy, talented squad including all-star Khris Middleton, Eric Bledsoe, Malcolm Brogdon, and Brook Lopez, Harden had to deal with injuries to fellow all-star Chris Paul and towering big man Clint Capela. Harden's PER of 30.57 also placed eighteenth all-time.

Now choosing the actual MVP is the most difficult part. Because both Antetokounmpo and Harden are different positions, conferences, and players in general, it's extremely tough to choose one thing that dis-

tinguishes one from the other. The most challenging component about this situation is that if any other player in any other season posted the same stat line of either Harden or Antetokounmpo, they would probably win MVP. But if I had to choose one to win the award, it would have to be Antetokounmpo. His ability to affect possessions on both sides of the court allows him to influence the game in a bigger way than any other player in the NBA. And while Harden did improve his defense this season, it simply cannot compare to Antetokounmpo's masterful performance. Nonetheless, it's hard to go wrong with either player. Their historic seasons were a treat to watch and their unique play styles have undeniably helped shape the future of the NBA, and the whole sport of basketball.



"Speed Friending" Fundraising Event Kindles New Friendships and Raises Money

EMMA FU

"Ready, set, go!" Claudine Waggoner '20 declared, commencing Round One of the Speed Friending event. Susie's immediately erupted with clamor as participants rushed to ask questions. Nearby, eager attendees wait in a line to buy ice cream sundaes and brownies.

Waggoner, a Co-Head of Habitat for Humanity, helped organized this event with last Friday to raise money to help build homes. Waggoner hoped Speed Friending would be a fun way to raise money and give students the opportunity to socialize.

"I think we spend a lot of time in our rooms watching Netflix and not talking to people, and whenever you walk into a room, a bunch of people are always on their phones. So I think to have this event... where people get to interact face to face... can be something that brings us closer together as a community," said Waggoner.

According to Addie Osula '21, a board member of Habitat for Humanity, the Speed Friending activity was a new event that she had never really seen before on campus.

because he enjoys meeting new people. Bitler added how Habitat for Humanity chose an ideal time to host the event, which took place at 7:30 p.m. Friday, as he and many others their were able to find the time to participate. "It's early in the night,

there's not much else to do than kind of hanging around in my dorm. I think it's really great that this happened at such a convenient time," said Bitler.

Attendee Holt Bitler '21

decided to attend the event

Many participants attended Speed Friending because they had never been exposed to this type of event. One of these attendees was Gayatri Rajan '22, who wanted to experience something new and different.

"I've always wanted to try this concept to 'speed' anything, and it seems really fun to do this 'speed friending' because, of course, I want to meet new people that I wouldn't meet otherwise," said Rajan.

According to Bitler, his favorite memory of the Speed Friending event was when another student asked a question to him. He and the other participants at his table had joked about each others' responses.

"My favorite part was the question asking us what our new name would be... I said 'Chuck' because, I don't know, I just love the name Chuck," said Bitler.



Emily Qian '19 was one participant at the Speed Friending event in Susie's, which featured sweet desserts and conversation.

High Fidelity Review: Ventura by Anderson .Paak

Cameron Freeman and Quinn Robinson

We are Cameron Freeman and Quinn Robinson, and we listen to a lot of music. This column is here to share only the truth about which albums and EPs are worth your time. Each week, we pick one that's caught our eye—regardless of genre or popularity—and run through our thoughts.



Anderson .Paak's fourth and latest studio album, "Ventura", comes just months after the Dr. Dre-produced "Oxnard", released November 2018, but seriously deviates sonically, bringing Paak closer to his original soulful and funky sound. Though rap-based "Oxnard" and hard-hitting singles like "Bubblin" have defined his recent work, Anderson .Paak feels more relaxed and smooth on "Ventura", a vocal demeanor matched by funk and soul production more laid back than on the preceding record. Paak succeeds in many ways on his latest album, delivering a consistently enjoyable sound throughout, but fails to produce a serious standout track.

> Lyrically, "Ventura" touches on a variety of topics, with no central theme beyond consistent homages to the era of soul it draws inspiration from. In places it works well, especially on standout first single "King James," which references NBA star Lebron James and his social work, describing how "we couldn't stand to see our children shot dead in the streets / But when I final-Iv took a knee / Them crackers took me out the league / Now I'm not much for games / But I play for keeps / And we salute King James for using his change / To create some equal opportunities." The political commentary manages to update the 70s sound to the modern era, which other tracks are unable to fully do - tracks across the album like "Twilight" reference Paak's relationship and romantic life with lines like "You're my twilight when it's awfully dark and I lost my way / 'Cause when my life feels off the mark, you put me back in place." The lyrics aren't necessarily bad, it's just that by keeping so closely in line with the classic soul blueprint, Paak loses the uniqueness necessary to make "Ventura" a truly great album.

Student Voice Recital Presents Diverse Range of Styles and Pieces

The student voice recital,

ALANA YANG

Passionately singing on the stage, Ariana Velasquez '22 performed "Burn" from the musical "Hamilton," with the piano accompaniment lightly harmonizing in the background. The performance was filled with emotion and meaning for Velasquez, which complemented her singing skills.

"['Burn'] is a really powerful song for me because I feel like a lot of people are able to relate to it and it has a very powerful message and it can be a power ballad. If you're having a bad day, you can turn that song on and really feel yourself. For me, that was a song I've always wanted to learn and I finally got the opportunity for this recital," said Velasquez. titled "An Evening of Song," took place this previous Wednesday in the Timken Room. The program featured a variety of pieces, ranging in styles that included musical theater and folk songs, which were sung in many different languages.

Rebecca Plummer White, Instructor in Music and the accompaniment for many of the performers, said, "They were all so different; it was challenging to get into the mood of each style of piece, from Hamilton to 'Dangerous Woman' to Mozart. All of those kinds of things are very different, so you have to get your mindset in before you start, what the tempo is, and making sure you remember how the kids do things."

While the student recital occurs twice a term, this was only the second student voice recital of the year. This allowed many people to have an opportunity to perform their pieces and was the first experience of this kind for many.

Celia Egler '19, who sang "Someone to Watch Over Me," by George Gershwin, said, "It's my Senior year and I've been taking voice lessons for a couple of years and I've actually never done this, so I figured I might as well before I leave. It was really fun."

Since the recital was such a unique opportunity for singers, many audience members showed up to appreciate everyone's skill and voice.

Audience member Amelia Cheng '21 said, "I had a couple of friends that are performing tonight and I just really wanted to come and support them and also just hear everyone else's voices. I know how talented the student body here is so I knew it would be a really good performance."

WRITE FOR ARTS! email cchan20 klim20 ezhu20 The lack of a fully original sound is the major issue with "Ventura" — no track really stands out as special. They generally blend together into a funky, horn, guitar, and bass driven ode to the 70s funk and soul that remains Paak's clearest inspiration. It's head-bobbing, textured, and cohesive homage, but homage, nonetheless.

> Even without a standout track, though, the consistency and upbeat tone of "Ventura" keeps the record engaging. There are few lows on the album, and fans of Anderson .Paak's sound on Malibu and Venice will likely appreciate his return to his roots.

SCORE: 7/10

BEST SONGS: Come Home, Make It Better, King James, Jet Black, What Can We Do?

WORST SONGS: Twilight

April 26, 2019



LOOKS OF THE WEEK: STREET STYLE

This week, we are switching things up: we asked people who they thought wore the best streetwear on campus. These looks of the week come from many different cities and represent the diversity of street styles on Andover's campus.

Araba Aidoo '20

Bronx

I think streetwear is beautiful particularly because I come from New York and a lot of our culture is expressed in what we wear. You see different streetwear styles based on where you are, like the Bronx is different from Brooklyn is different from Queens. I think it's just reflective of the different aspects of our culture and find ways to express ourselves.



Niya Harris '21 Atlanta

I like how streetwear has evolved to a mix of different cultures and stems from inspiration from places across the world. However, I think that while streetwear is becoming the new wave, it is important to think about the different cultures, places, and people that streetwear derived from as well as the power that holds for those groups.



Leo Deng '21 New York Right now I'm just into art through fashion, so the messaging is really what attracts me.A lot of photography and whatever honestly. Abstract art which I love. Sure, aesthetic does come up, but it's definitely not my main thing, because usually clothes that are aesthetically different like Balenciaga is just too expensive.



Ian Hurley '19 Andover

I wouldn't consider myself the direct mainstream streetwear. I usually see stuff that I can't afford. I go thrifting. I sew, and make stuff like that, so I adapt it to something I've seen before. [Streetwear is] like a spectrum, so you can find things on the more formal side, or extremely informal, and still all under the same thing. I don't know if I have a specific definition. I'd definitely be towards the more formal side of the spectrum.

Amour Ellis '22

I personally bring my own

style into it by bringing piec-

es of things that I care much

about. I have this necklace

with an "A" on it that me and

'22] have together. We both

of thing for me. I buy things

my best friend Ariana [White

do streetwear too, so it's a sort

that are straight from where I

New Jersey

come from...



Kiran Ramratnam **Rhode Island** I get my inspiration from a lot of

90s trends like baggy overalls, and

ion inspiration has evolved from

'wow I'm so self conscious and

trash bag pants, but mainly my fash-

wish I could wear a bag' to 'actually,

let's do this and make it fun.' My inspiration also comes everything I see, everywhere. I only started occasionally wearing blood red lipstick this year, and my inspiration from that comes from other people I see doing that.



Mary Muromcew '22

Claire Lee '19

I would say that I am om-

and risk-taking but most

importantly, it is about the

moment: How do you feel

to be? Be aspirational. Own

today? Who do you want

nivorous. I am open-minded

Chicago

your look.

Wyoming

I was just making a conscious effort to see,"I don't like the way people are dressing around me, so I'll try to change how I dress in response to it." I also think there are a lot of people here who dress really well. There's a really diverse amount of types of people here.

Claude Sayı '21

New York

I'm from Elmont, New York. It's close to Queens and the city, so the inner city style and how people interact with fashion is mainly how that affects my style...No matter where you are, your place is going to influence your style. I've taken a bit of Andover culture and some social media, but I stay close to my roots.

SP



Alex Horvat '20 Seattle

Seattle is a pretty grunge area. Nirvana and a lot of punk rock started there so people in general are really into tattoos and piercings. In terms of clothing people are really into vintage stuff, like baggy clothes and basketball jerseys. So I have most definitely been influenced by all of that. But really it's a predominantly white place, so a lot of white people artistry stuff.



"Ghost Quartet" Combines Musical Variety with Acting in a Complex Performance



At some points in the Ghost Quartet performance, audience members participated in the show by playing musical instruments.

ALANA YANG

"I like to lose my mind, get blurry, sloppy, boozy, and blind," harmonized the cast of "Ghost Quartet" as they sang "Four Friends," a song about four different brands of whiskey. Matching the lazy, playful melody, the cast members drunkenly staggered around the stage as they passed out juice boxes to the audience.

"Those moments are in the original show...in the original show, [the audience is] offered whiskey because [the cast is] singing about the different brands of whiskey. We don't have an alcohol license and everyone was underage so we opted to use juice boxes instead," said Sam Wright '19, Co-Director and cast member of the production.

member of the production. "Ghost Quartet," a musical written and composed by Dave Malloy, was performed in the theater classroom last Friday evening after more than a year of preparation. The show is performed with a six person cast, comprising of Wright, Junah Jang '20, Jacques Kuno '20, Eby McKenzie '20 on cello, Chloe Webster '20, and Skylar Xu '20 on piano.

The musical follows four different timelines involving four different versions of each character; however, it is not told chronologically, which is why the directors printed a two-page synopsis to help the audience follow along.

Webster, Co-Director and cast member, said, "Although the plot is obviously very complicated and can be hard to follow, at its heart, it's really about the connection between these people and how human connections transcend physical boundaries and is more of a spiritual thing."

The confusing aspect of the plot made it enjoyable for some audience members, as they were given the challenging task of piecing together the plot, according to Celeste Robinson '22.

"It was very confusing. I didn't

really know what I was getting into when I saw a two-sided summary, but I banded the pieces together and it was a really fun experience to go through that process of figuring it out on your own," said Robinson.

own," said Robinson. One thing that distinguishes "Ghost Quartet" from many other musicals is its music. It incorporates many different elements, styles, and cultures through their music. In addition, the music is structured like an album, so at the beginning of every new piece that the cast sang, a cast member would announce the side and track of the song.

"Dave Malloy, the [composer], said he took inspiration from... murder ballads, doo-wop, angular beep-bop, Chinese folk, Islamic Adhan, and the music of Bernard Herrmann and George Crumb. Also, 'Frozen' and 'Into the Woods," said Wright. This unique form of music

This unique form of music was what attracted some members of the audience to attend the performance, according to audience member Henry Crater '20.

"Part of me...wanted to explore a kind of new, different genre of musical theater that is Dave Malloy. He's not your typical composer. The music in the show is funny and it's weird, and it's a style that I wanted to expose myself to," said Crater.

Since this production was not

formally produced by the Theater Department, such as a Theater-901 performance, there was no structured or regular practice schedule that the cast could follow. This posed a challenge to the cast because it was difficult to find a mutual time for everyone, despite the small size of the cast.

"It was hard to find time for people to meet because we didn't have an official [Theater-901]. We didn't have a set time, or schedule because it's such a small cast; it was very dependent on people's different commitments," said Webster.

The show was originally supposed to be held last spring, but the production was forced to postpone their performance because of scheduling conflicts.

"The cast has gone through many different iterations..We did have some trouble scheduling around other things and with all the different people we had involved, so [having a performance last year] did not work out. Unfortunately, we had some members who were not able to participate this year because they were not available," said Webster.

Editor's Note: Junah Jang '20 is a Managing Editor for The Phillipian.

Tanvi Kanchinadam '19 and James Lemuel '19 Collaborate with Other Artists During Senior Recital

IRENE KWON

As Tanvi Kanchinadam '19, James Lemuel '19, and members of the Andover gospel choir began the opening of "Jesus Walks" by Kanye West, Alex Park '21 burst onto stage, rapping while dressed in a blazer and a chain. As he rapped, Kanchinadam provided percussion sounds on the double bass, while Lemuel played dition of "Jesus Walks," featuring Park and members of the gospel choir.

"[My favorite act was] the final special act with "Jesus Walks" because it was so much fun to put together... It wouldn't be a recital put on by James and Tanvi if something unexpected didn't happen so we did. I'm incredibly impressed with ourselves that we made it happen," said Lemuel.

Audience member Evan Tsai '21 added, "I thought the surprise encore was amazing, especially since I was able to see it transform from a simple idea to an actual performance on stage... It was really cool to see so many of my friends collaborate on this project, and I felt the passion in their group playing," added audience member Evan Tsai '21. Kanchinadam and Lemuel chose "Jesus Walks" because of their shared love for hip hop, and because they wanted to work with other people in the music community such as the gospel choir and Park, also known as "Lil' Park." The duo had bonded with Park over hip hop during the

orchestra tour to Portugal over Spring Break.

"I met them on the tour to Portugal... and they had similar music interests to me, specifically hippop and rap, so when they asked me to perform at their senior recital, which was Kanye West, I took this opportunity to not only perform, but also to help them out in their recital," said Park.

For the performers, the senior recital was a representation of their years spent with the Andover music department. Unlike most other senior recital, Kanchinadam and Lemuel's recital was held together, and they worked with other musicians to prepare a surprise encore.



harmonizing chords on the piano. The surprise encore was the final act of Kanchinadam and Lemuel's joint Senior recital.

Held on Saturday night in the Timken Room, the Senior recital featured Kanchinadam on the double bass and Lemuel on the double bass and piano. In addition to playing solo repertoire, Kanchinadam and Lemuel scollaborated to Johann Sebastian Bach's "Two Part Invention," a composition for piano that had been arranged as a double bass duet. According to Lemuel, one of the highlights of the performance was the ren-

"We wanted to do something unconventional and we wanted to show off all the music we had been a part of for the past four years... Our vision was to give an accumulation of that and show off our relationship as a duo onstage. We knew we wanted to do [the senior recital] together. It was an amalgamation of all those things," said Kanchinadam.

According to Kanchinadam,

Tanvi Kanchinadam' 19 (left) and James Lemuel '19 (right) held a senior recital to celebrate their friendship.

a lot of thought went into creating the senior recital. Repertoire was chosen to highlight elements of Kanchinadam and Lemuel's personal identities, such as their friendship and shared love for rap music.

"We both shine and do our best when we're together so we knew we wanted to include a lot of duets. We also wanted to make sure both of us were equally represented and all parts of our musicianship. Like I obviously love hip hop so we created this big hip hop ensembles. James is both a pianist and a double bassist so he wanted to show both sides of it. We wanted to create a multi-faceted, multi-dimensional senior recital," added Kanchinadam.

Journey of a Thousand Miles: Dance 902 Production Follows a Life Story from China to America

SOMIN VIRMANI

In a pyramid formation, dancers dressed in green jumpsuits thrust their arms and legs with sharp, rigid movements to the beat of "Seven Nation Army," by The White Stripes. The piece ended with Katherine Wang '21, portraying the grandfather of Emily Jackson '19, standing alone at the center of the stage with the rest of the cast lying near her.

"Reminiscence of a Thousand Miles," a Theater-902 dance production choreographed and produced by Jackson, was based on the life of her grandfather. The piece followed his story starting when he was forced to flee his home and family in China, and included his life with family and his battle with illnesses.

"Since elementary school, I have been in awe of him. I have always asked him questions about his life story because it's so amazing. I think he is so powerful, so strong, physically and mentally... Come senior year, I was thinking about my biggest role models, and he is definitely one of them," said Jackson.

When creating the piece, Jackson made decisions about costume and music based on personal experiences with her grandfather. For example, the dancers' costumes included hats that Jackson's grandfather often wears, and the ending song, "Peng You" (Friend) by Emil Wakin Chau, is one that he often sings to her.

Audience member Samantha

Lee '20 said, "It was inspiring because we knew that her grandfather is still here, and he was sitting right in the front row and watching it. Knowing that that is his life story coming to life on the stage, and the amount of effort Emily put into this show to make it come to life, that's what made it amazing."

Another piece, titled "Hospital," symbolized Jackson's grandfather's struggle with cancer. Dancing to the soft piano music in a wash of white light, eight dancers lifted Lesley Tan '22, the portrayer of Jackson's grandfather in the piece, into the air above their heads.

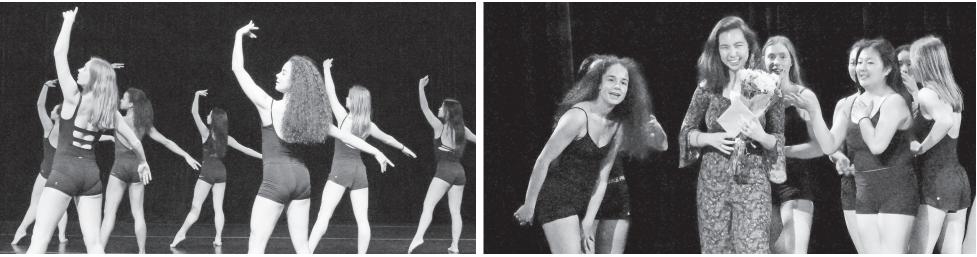
"I think that part is really about the other people who have come to support her grandfather, and who are scared to lose him... I think that is shown through other people lifting him up. And he is just like in the air for a moment, and that represents him in the hospital, in between life and death," said Tan.

Jackson portrayed a snippet of her grandfather's love story through the piece "Beyond the Sea." Featuring Anntonia Taylor '20 and Henry Crater '20, the classical jazz piece included aspects of ballroom dance and tap, and required dancers to show a lot of emotion. Jackson expressed that she liked how the two dancers developed their connection through the piece.

"There were a lot of times when Anntonia would walk around Henry, but she would keep her eyes on him the whole time. Or they would just transition and linger their hands and reach them out to each other. It's just the little things that really brought them together," said Jackson.

Jackson expressed that the meaning behind her piece is the inner strength and perseverance demonstrated by her grandfather. The back of her show's program outlines the experiences of her grandfather's life. Jackson hopes to inspire the audience with his story, just as she was inspired by him from a young age.

"I wanted to dig deep into my most vulnerable self and find something that I held close to my heart. I wanted it to be very emotional... I've been living by [my grandfather's] story, and I just want to share what I look up to with everyone else," said Jackson.



COURTESY OF EMILY JACKSON

Emily Jackson '19 choreographed "A Reminiscence of A Thousand Miles" for her THD902 course. The choreography is inspired by the life of Jackson's grandfather, who was in the audience for the performance.









E.CHOU/THE PHILLIPIAN

Southeast Asian Festival

Reporting by : Jerry Shu and Shira Wolpowitz



Last week, South East Asian (SEA) Club hosted SEA Fest. which featured a plethora of South-East Asian dishes. Inviting a few local South-East Asian restaurants, including a DIY papaya salad stall, SEA Fest allowed students to enjoy an authentic SEA cuisine experience. Aside from food, students also gave presentations related to issues in South-East Asian countries.

Ingrid Appen '22

[SEA Fest] definitely increases cultural awareness, but then I think [the people presenting] were also talking about the work that they were doing, and I think that's important for people to know about, because it helps people be more culturally aware and it can also inspire people to have interests in new things.

Amelia Meyer '21

[My favorite part was] the iced tea. It's so good. Also Ryan [Mai '21]'s presentation was really amazing. I had no idea he was doing that stuff. Just the fact that he's so young and he's part of such a big project– I think that's really impressive. He [started this] non-profit Generation Z project called Durian. Basically they go out and they help communities in northern Vietnam, and they support them through water, food, and education.



M.ZHANG/THE PHILLIPIAN



D.ZHU/THE PHILLIPIAN



D.OWYANG/THE PHILLIPIAN



Best Chantanapongvanij '19

This year, we decided to scale it down a little but try to make the event more sustainable so once I'm gone and I graduate, Mudmee [Sereeyothin '20] and Klang [Jatusripitak '20] can continue to do it again and again and once they graduate, the lowers this year can pick up where they left off. We asked for an Abbot grant and we hope this will kickstart an annual SEA Fest every year.

Mudmee Sereeyothin '20

We haven't hosted [SEA Fest] in two years. We had one my freshman year, so we wanted to bring it back this year. I feel like while there's a lot of East Asian representation on campus, there's not a lot of Southeast Asian representation. We've noticed sometimes on school surveys there's no box for Southeast Asian, so we just wanted to share our culture, share our food, just have a community event for people to come to.

Sean Meng '22

[At SEA Fest my friends and I] found that there's actually a really diverse Asian community here and a lot of kids showed up to show support for the club and I think that's really cool. The Thai iced tea [was my favorite part]. I think it actually tastes really amazing, and the fact that they're making it on their own, they're taking the time to embrace the Asian culture– it's really nice.

Ugo Ogonuwe '20

I saw the Southeast Asian food poster and I decided you know, might as well come. I came once, two years ago, and the food was pretty good.

I feel like [SEA Fest] adds some delineation in between Asian cultures so people don't assume that Asian culture is one massive thing; [there's] Southeast Asia and other regions, stuff like that.

T.WEI/THE PHILLIPIAN



E.ELLSWEIG/THE PHILLIPIAN

D.OWYANG/THE PHILLIPIAN



M.LEVY/THE PHILLIPIAN

Laura Ospina '22

I think Ryan Mai '21 [was my favorite part]. He had a presentation about a nonprofit he started with his sister, which I thought was super interesting and a good use of the event that brought people here with the food but also enlightened us and educated us about malnutrition and lack of resources in Vietnam, so I thought that was cool.... I think Andover really gives you the opportunity to learn about different cultures through events like this. I feel like [SEA Fest] educates people, and it also gives a facet for southeast Asians to be represented and show people their culture.



B.BAHNASY/THE PHILLIPIAN

D.ZHU/THE PHILLIPIAN



T.WEI/THE PHILLIPIAN are

For me, Durian is my connection back to Vietnam, but I wanted to come here and share it with everyone, because we're celebrating Southeast Asia, and we're celebrating a different part of the world. One of the best ways to do that is to highlight charity work and that's what I'm doing. I'm also trying to promote it.

Klang Jatusripitak '20

[Planning for SEA Fest]all started late last year, and early this year. We applied for an Abbot grant in the Fall, so that was the main source of our fundraising. We also held some fundraisers earlier in the year, selling Thai iced tea to raise necessary funds to make this whole event happen. We would like to thank the Abbot grant for making this event possible.

Patrick Ryan '19

The food is pretty good. It's probably my favorite part. I got this papaya salad and it comes with sticky rice, so I've just been eating the sticky rice right now.

I got to see Ryan's presentation on his non-profit, I got to see Best [Chantanapongvanij '19] and Klang [Jatusripitak '20]'s presentation on Thai politics, I got to interact with some people– it was a good time.

Ryan Mai '21

I run a Gen Z powered non-profit called Durian, and we work primarily in Vietnam, so that kind of ties in to Southeast Asian festival. Also, because I'm Vietnamese-American, my parents immigrated from Vietnam to the US during the war. I grew up in the US, I was born here, so I embrace my American identity, but I also recognize that my roots are from Vietnam.