The Phillipian

VOL. CXLII, No. 1 Veritas Super Omnia FEBRUARY 01, 2019



H.SOLOMON/THE PHILLIPIAN

The CXLI Board published the first ever State of the Eight Schools Association (E.S.A.), which surveyed other schools in the E.S.A. about their lifestyle and opinions.

After 29 Issues, CXLI Bids Farewell to the Newsroom

SOPHIA LEE AND ZAINA QAMAR

This is the first issue of The Phillipian vol. CXLII, with the former board of Editors, Managers, and Upper Management having officially left the news-

During the tenure of vol. CXLI, the board established a new Multilingual section, hosted the second interscholastic Blueprint Journalism Conference, released the 2018 State of the Academy, and developed the paper's "digital first" policy, among other accomplishments. In their final issue, vol. CXLI released the first-ever State of the Eight Schools Association (E.S.A.), a collaborative effort between Andover's peer school newspapers.

Editor-in-Chief Former (E.I.C.) Helen He '19 reflected on the bittersweet nature of the turnover. While admitting that she was going to miss the Newsroom, He remained confident that the paper is in good hands with the new board.

"It, in a sense, is heartbreaking, but it's also really exciting. We've been at the reins of this

paper for a year, but it's really invigorating to be able to see what this new board is going to do. I have so much confidence in them, they're all superstars, they're all so passionate and they love this paper so much... Thinking about the new board and the new Upper Management provides a good amount of comfort to know that we're passing it onto them," said He.

Will Ennis '19, former Executive Editor, expressed gratitude towards the relationships and experiences that he was able to cultivate by being a part of The Phillipian, as well as the unique opportunities that he was able to take advantage of.

[The Phillipian has] been a huge part of my life, not just in terms of the time it took up, which is definitely something to consider, but also just the people I met there, the friends that I have now that I know I wouldn't have without The Phillipian. It gave me [the chance] to get in this awesome, collaborative, student-run space that I don't think exists anywhere else on cam-

pus," said Ennis. Andie Pinga '19, who was a Managing Editor alongside Anna Lang '19, reminisced about her time in the newsroom, emphasizing its ever-changing nature. Pinga also noted how she would miss the little moments that defined her time at the The Phillipian.

Pinga said, "I'll miss the chocolate s'more pop tarts. I'll miss late night vlogs to upload the paper, hanging up page count, finding the secret stash, taking photo booth pictures with Senna [Hahn '20], and arguing with [Upper Management about] whether chicken have teeth... I'll miss the little things, you know, just having purpose and structure in my life. But I think most of all, I'll miss the people. Because I think that in five years, I may come down to the the newsroom to visit, and the room can be exactly the same, but it won't be my newsroom,"

Linda Bibeau '20, Sports Editor, appreciated the ways in which CXLI led the paper and their ability to stay calm despite

challenging situations. "When I think of CXLI in general, they were just so composed and led with such grace. They really just emphasized to all of us the power that we have being the newspaper at our school and being completely student-run, but making sure that we [don't] abuse that power and [know] how to use it correctly," said Bibeau.

Ennis placed confidence in the incoming board of Editors and Upper Management.

"We've picked an awesome board... I think they're going to do an awesome job. They have great vision as a group. We learned from reading their apps [and] I think they're going to take the paper in a really cool direction," said Ennis.

The masthead of vol. CXLII's Upper Management is slightly different this year, with three Managing Editors and one Executive Digital Editor instead of two Managing Editors and two Managing Digital Editors.

In addition, the new board is led by a President rather than an E.I.C. According to former Managing Digital Editor Annie Lord '19, the board made this decision based on the skills of Tessa Conrardy '20, President of The Phillipian and former Illustration and Layout Editor.

"The reason we chose to have a President instead of an E.I.C. is because Tessa, even though she doesn't have as much editorial experience, [has unparalleled] digital experience, so the ideas she has [and] her eye for visual [are just really amazing] because she was an Illustration Editor. I think the paper [has] been on an upward track in getting more digital and trying to go more digital first," said Lord.

Conrardy expressed both sadness at the old board's departure and excitement for what ideas the new board brings to the Newsroom.

"I personally am really hoping to expand The Phillipian's digital presence. I think that especially in an increasingly digital age of journalism, it's really important that we expand digitally. I'm also hoping to make the paper a little bit of a friendlier entity on campus... I think because the paper holds itself to such a high journalistic standard, people get really invested in the paper and we tend to take ourselves a little bit seriously every once in a while, so I really want to make the paper a friend-

Continued on A4, Column 1

Alumni Award of Distinction: Michael Beschloss '73

WILLIAM YUE

Award-winning presidential historian and "New York Times" Bestselling author Michael Beschloss '73 was given the Alumni Award of Distinction at Wednesday's All-School Meeting (ASM). Later that night, Beschloss presented his talk, "The Ethical Responsibility of a Historian in the Age of Disillusionment," in Kemper

Auditorium. During ASM, Beschloss attributed much of his success to the opportunities he found at Andover, as well as the strong relationship he formed with faculty, notably the former Head of School, Theodore Sizer. With Sizer's guidance, Beschloss felt inclined to attend Williams College, where Beschloss begun his now-seasoned career as a presidential history author. According to Beschloss, he would not be where he is today without Andover.

"I could have sat in history courses with large numbers of students and not build a relationship with the teachers I had, [but] that would not have been particularly encouraging. The other thing is, and this is classic Andover, almost the best thing you can do for a student... is to treat them extremely seriously and with great respect and as someone who has a radiant future ahead of them... I think that if I had

not had a teacher who had said this is something you can do, if I had not been encouraged and nurtured, it might have wound

up differently," said Beschloss. According to Beschloss, he first dreamed of becoming a history author at the age of ten. It was not until he arrived at Andover, however, that he began to realize his passion for history, which would later inform his understanding of

what it means to be a leader. "I think that any leader has to be a student of history... If you're not interested in history, your life experience is going to be limited to what happens to you and what you hear from your friends and family. If you tap into history in some way, you're tapping into the collective wisdom of billions of people that have walked the earth. That's the choice - you can either be wise from what happened before, their successes and their mistakes, or you can be in your little cocoon, only aware of what's happening

around you," said Beschloss. While paying tribute to the benefits of his time at Andover, Beschloss also acknowledged the limitations of the all-male nature of his class at Andover.

"I think it is important that [Beschloss] acknowledged the old shortcoming of Andover,

Continued on A5, Column 1

"Freezing the Board": Team Shuman Reflects on the Application Process

COLE WALKER & ZACH MOYNIHAN

The Shuman Admission Center is getting colder by the day, but not just from recent snow showers. Andover's February 1 application deadline officially launches the team into the reading season. This marks the beginning of their work toward finalizing admission decisions, an action the team refers to as "freezing the board," according to Heidi Jamieson, Director of Financial

Before Shuman can make those decisions, however, they must first read through the applications received each year. According to Trey Brown, Admission Counselor, the reading process is a thorough one that requires help from across

campus. "We read a lot of applications, but at the same time, we have faculty members read as well, whether that's someone in the English department or even the Art department... That being said, we have multiple eyes on each application so it's a thorough process... Obviously, sometimes things don't go the way you wanted them to, but like I said, it's a part of the dynamic here. It's a family; you get over it and we keep on keeping on," said

James Ventre '79, Dean of Admission and Financial Aid, emphasized that the team does not look for a particular



D.OWYANG/THE PHILLIPIAN

Trey Brown, Admissions Counselor, looks over an application. The due date for Andover applications was February 1.

type of student. Instead, they take a holistic approach to the application process and work to build a class community.

"There is no favored profile, yet student identity, the experiences they have in their life, are at the center of our selection process. We assess student productivity as well as student potential, and we pay particular attention to the nuance in the stories of our ap-

plicants to purposefully build a community, and not just admit students," wrote Ventre in an email to The Phillipian, "in crafting a class, we understand the shifting platforms in which we embrace students in their identity, and we see the person behind the story presented in the application."

Continued on A5, Column 3

Editorial, A2

"The Phillipian Charter"

Eighth Page, A8

Masthead Roast Time!

Does effort count?

Sports, B1

Female Wrestling

Tournament

Andover Hosts Female Wrestling Tournament with 54 Girls in AttenArts, B9

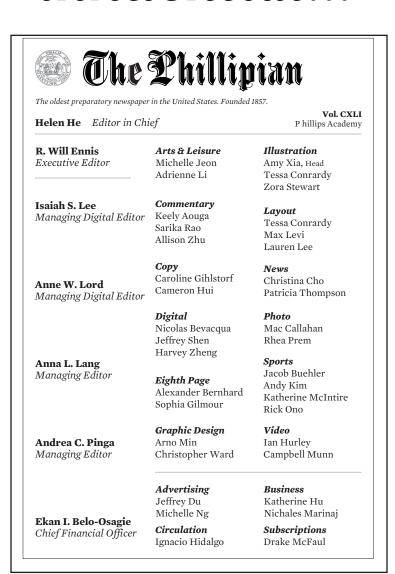
Senior Soloists:

The Senior Soloist Recital features the musical talents of five students and the culmination of their musical careers at Andover.

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Out with the influential...



...in with the nonessential.



CORRECTIONS:

Arts misattributed a photo. The Arts and Leisure banner photo was taken by Tyler Wei News misattributed a photo. The photo for "Eli Newell '20 Practices Sustainable Farming on Codman Farms" was courtesy of Eli Newell.

Sports misstated a fact. Rachna Lewis only had surgery on one of her knees.

Commentary misattributed an illustration. Rory Haltmaier drew the illustration for

"Blank Pages, Free Spaces".

The Phillipian regrets these errors

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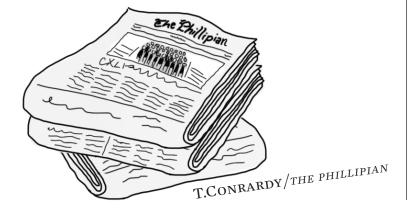
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The Phillipian Charter

The Phillipian operates on the following principles.

- 1. *The Phillipian* strives to maintain professional standards of accuracy, objectivity, and fairness at all times.
- 2. Staff members have the right to report on and editorialize about all topics, events, or issues, including those unpopular or controversial.
- 3. *The Phillipian* will not publish anything obscene, libelous, or detrimental to the immediate material and physical stability of the school.
- 4. The paper shall not be subjected to prior restraint, review, or censorship.
- 5. Staff members have the obligation to learn and observe the legal and ethical responsibilities expected of them as practicing journalists.
 - 6. The President assumes total responsibility for their publication.

More Than a Score

MIRAYA BHAYANI



▼ ETTING A 1600 ON the SAT is something that ranks highly on an Andover student's bucket list. The superficial importance and prestige of the SAT lingers to this day, deeply rooted in our perception of the college application culture. Recently, however, this trend has begun to shift. It seems to me that this type of testing does not serve to accurately predict a student's success in college and proves to be a disservice to the underprivileged community it's supposedly meant to help.

New studies reveal staggering results about the nature of these standardized tests. A 20 year study led by Bates College admissions dean, William Hiss, found that the graduation rates between those that submitted standardized test scores and those that didn't was 0.1 percent, a negligible difference. Another interesting point in Hiss's study was that after Bates College made testing optional, more women, U.S. citizens of color, international students, students from lower income families, and those with learning disabilities applied. Hiss's study showed that there was a real shift in diversity with the removal of standardized testing. In this case, the SATs and ACTs actually serve a deterrent to minorities applying to college.

Eric J. Furda, Dean of

Admissions at the University of Pennsylvania has also weighed in on the topic-while he considers test scores and G.P.A. an important part in admission decisions, Furda asks his admissions team to reflect on an applicant's "relative growth and trajectory," which is what a student did with the opportunities presented to him or her in high school. With that, many students do not have the resources to be tutored/trained in standardized testing preparation. This idea that there is a wide discrepancy in opportunities available to students has been acknowledged by many schools as more than 1,000 colleges have dropped standardized testing all together as an admissions requirement, among them, selective schools like University of Chicago, Wesleyan College, Wake Forest, Bowdoin College and George Washington University, according to The Huffington Post.

It seems to me that this type of testing does not serve to accurately predict a student's success in college and proves to be a disservice to the underprivileged community it's supposedly meant to help.

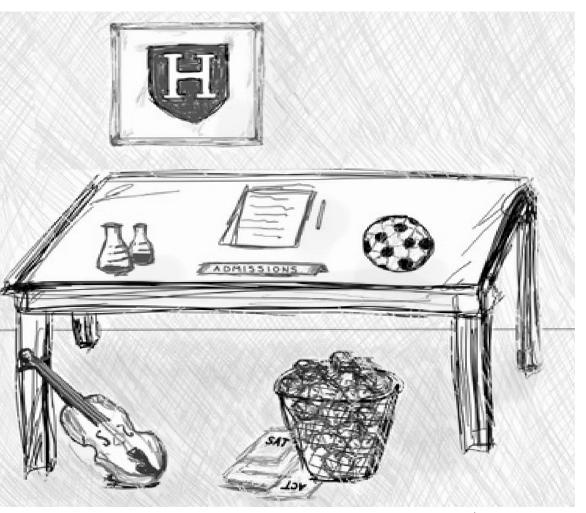
To combat this phenomenon, both the SAT and ACT have tried to innovate their test content.

For instance, the new test removed obscure vocabulary, has fewer questions, and asks students to explain their an-

swers, which avoids those painful 'educated' guesses. The Board hopes that the current tests will also discourage the need for prepping at expensive test centres and partnered with Khan Academy, to help students with testing fundamentals. I favor the steps college board is taking to make the SAT test more inclusive for all, and their effort not to favor students who can afford test prep. Though it remains to be seen how all of these changes really make a difference in practice. Most of my peers still seek out expensive test prep and consider it the only way to succeed.

In 2016, due partly to the overhaul of the SAT and changes with the ACT, 80 colleges looked to a Harvard University report that called for a change in how students were admitted and their main intent was to make test scores less significant. Personally, I think this is a move in the right direction. While the SAT and ACT remain relevant as a 'standardized' way to evaluate applicants from different academic backgrounds, students have so much more to contribute to a college experience than test scores. More emphasis should be placed on a student's efforts towards music and sports, community service, and a commitment to subjects not just shown by grades but a genuine interest backed by teacher recommendations and a portfolio of work. I am convinced that less weight on standardized testing will motivate students to take better ownership of their own learning journey in high school and it looks like more and more colleges agree

Miraya Bhayani is a twoyear Lower from Singapore. Contact the author at mbhayani21@andover.edu.



H.WADELL/THE PHILLIPIAN

The Incomplete Truth

ral, the high school students,

specifically Sandmann, re-

TYLER WEI



E LIVE IN A TIME when all the news information we crave are instantly available at our fingertips-as a consequence, flashy headlines and clickbait titles make it all too easy to get caught up and angry about a current event in the Unfortunately, that's exactly what

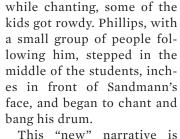
happened following an event on Friday, January 18, in Washington D.C. Viral clips of Nathan Phillips, an Omaha Tribe elder and United States Veteran, chanting a prayer and banging his drum while being surrounded and seemingly mocked by Christian high school students wearing MAGA hats spread across the U.S. Naturally, this clip angered many people from both ends of the political spectrum; however, I urge everyone not to jump to conclusions over events that offend before we dig deeper into their stories.

The antagonist of the clip was Nick Sandmann, a high schooler wearing a MAGA hat with a smug smile on his face. Many perceived his facial expression to be one ridden with condescension. As this clip became

ceived backlash from many liberal and conservative commentators for "harassing" the Native American elder; his school even issued an apology for the actions and behaviors of the students and said that they may take "appropriate action, up to and including expulsion." And yet, this all occurred only a day or two after the event. Sandmann was perceived to be the antagonist even before he had the time to speak for himself, all because society was too quick to jump on the viral clip and take it for the However, the truth is that

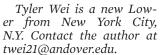
the students did not engage in the racial harassment they were being accused of. I'm guessing that you have almany people have shared or reposted the viral clip. Nevertheless, on January 20, a 106-minute video of the entire event surfaced-and a very different interpretation was brought to light. On that Friday, a group of high school students from Covington Catholic High Junior were waiting on the steps of the Lincoln Memorial for their bus after going to the March for Life rally, an anti-abortion rally, just as another rally, the Indigenous People's March, was concluding. A clamorous and provocative group of people, calling themselves the Hebrew Israelites, were hurling slurs at both the high school students and the Native Americans. They called the high schoolers racists, bigots, white crackers, incest kids, and future school shooters. Insulted, the students started doing their own, non-

sponse. But



This "new" narrative is vastly different than the one many people took for the truth solely based on the initial viral clip. We have to understand that a MAGA hat does not immediately mean that the wearer is a racist or a white supremacist. I am not trying to condemn Nathan Phillips or exonerate the high schoolers, but make note that many of the provoking and racist comments came from the Hebrew Israelites. Immediately following Friday, many falsely believed that Phillips was a Vietnam War veteran, when in fact, he was never deployed in Vietnam. We only saw one side of the story; we only heard one person's perspective, and yet we instantly bought into it.

I think the Andover community can and should do better by refusing to feed into that cycle of irrationally reposting and sharing a viral clip of an event when we have not seen the full story yet. Otherwise, we risk turning the world into a black and white caricature by prematurely painting people good or bad.





E.CHOU/THE PHILLIPIAN

Anxiety All Around AndOver

RILEY GILLIS



NXIETY HAUNTED my every move and filled my head with a crippling self-doubt that overflowed into my every thought. I dreaded every subject, I was incapable of raising my hand, and participating to the slightest degree in discussions became a nightmarish prospect because, before even a word could escape my mouth, I began to anticipate a chorus of ridicule and resentment from my peers. Yet I was hesitant to reach out for help.

The very bane of my existence was Biology-100, which I understood as much as I did Russian, Arabic, or Computer Science. The crushing defeat that swept through my body as I got back my first test is still as fresh in my mind as it was four years ago. I was shocked and painfully disappointed, trying with all my might to blink back tears and fake a smile as my peers bragged that their averages had jumped to an even higher six. Up until that point, I had never received a test score so excruciatingly low. And I was petrified by the thought of the next week's exam. This crippling anxiety lasted for weeks at a time and spread to other classes, and with each episode I fell further behind on my readings, did worse on my exams, and in some cases gave up on my homework altogether. Looking back on my

struggles, I realize I should have sought out one-on-one help from my teachers and better articulated my concerns, but at the time I was so wrapped up in my anxiety I was unable to logically approach any possible solution or way forward. I was haunted by the fear that I was alienating myself, and I

felt lonely with no one to talk

matter that needed my attention at 3:00 a.m.

Anxiety is an epidemic sweeping the country, manifesting itself in sleep-deprived exhaustion, crippling self-doubt, and constant fear of rejection. According to the Anxiety and Depression Association of America, 80 percent of kids with a treatable anxiety disorder are not re-

In a high-pressure environment such as Andover, where students are practically suffocating themselves under a mountain of stress and responsibility, we need to better address mental health both inside the classroom and in the broader Andover community, and encourage healthy conversations about students' well being.

H.ONO/THE PHILLIPIAN

to. I spent each Spanish class paralyzed by the fear that my teacher would call on me and I wouldn't understand what they asked. I ate less and felt perpetually rushed as if there was no time left in the day. Each night I came home I found my bed immediately, still exhausted from the previous sleepless night. Yet each night I laid awake, running a never-ending to-do list through my head, believing there was some urgent

ceiving treatment. The same organization finds that 1 in 8 children have an anxiety disorder, and when left untreated, these students are at a higher risk of failing academically, engaging in substance abuse, and becoming socially awkward. We as a community must tackle the epidemic of anxiety head-on, and offer broader systems of support for the students who question their very attendance at this school.

The wealth of experienced counselors at Sykes Wellness Center have been an incredibly helpful resource for me in the past. However, if students feel stigmatized about their mental health, they are less likely to seek help and may hesitate to meet with a counselor, leaving them alone with their anxiety, which worsens over time.

As a Junior overwhelmed by intense anxiety, I was still hesitant to seek guid-

ance from a counselor in what was then known as Graham House; in fact, it was my mom who set up my first meeting. I spent our first forty five minute meeting discussing my anxiety woes and lamenting my many sleepless nights, which I struggled to articulate through a series of long-winded, grammatically jumbled sentences. Although I still had brief surges of anxiety before each biology test and after each math exam, I was beginning to utilize the tools necessary to alleviate my turmoil.

Positive self-talk proved to be the key to handling my anxiety, as it provided me with the ability to counter my negative thoughts with positive reassurances and optimistic foresight, instead of spiraling through a long list of increasingly incredulous what-if consequences.

When I do feel a wave of anxiety approaching, I remind myself that although I can not control the outcome of my actions and can take comfort in the hard work I put into my studies. I may sound like a self-assured senior with not an anxious thought in sight, but just under two years ago I was a lower classman completely and utterly wrapped up in my anxiety. It took me much of my first two years at Andover to come to terms with and ultimately overcome my at severe anxiety, and I hope that by sharing my story in The Phillipian I can inspire the many people at this school who grapple with the anxiety to keep fighting.

Riley Gillis is a four-year Senior from Reading, Mass. Contact that author at rgillis@andover.edu.

Andover Group Raises Money For Blood Cancer in "Students of the Year" Program

SHIRA WOLPOWITZ

After overcoming leukemia, Ana Nikolaeva '20 was inspired to start the "Big Blue for a Cure" fundraising team with Erica Nam '19 and Reimi Kusaka '21. The team is a part of the nation-wide "Students of the Year" program



C.WAGGONER/THE PHILLIPIAN

Reimi Kusaka '21, Ana Nikolaeva '20, and Erica Nam '19, set up a table in Paresky Commons to raise money for The Leukemia & Lymphoma society.

run by The Leukemia & Lymphoma Society (L.L.S.), which selects high schoolers from across the country to participate in a capital campaign.

By raising money, the trio aims to spread awareness and raise money for L.L.S. at Andover. According to Nam, they hope to raise 10,000 dollars or more.

"Our goal for this fundraiser is to bring attention to blood cancers like Leukemia, which is the most common form of cancer in children and teens...Many people of all ages are affected by this terrible disease. My grandfather was one of many who lost their lives to cancer, and ever since his death, I have been inspired to raise awareness on this topic," said Kusaka.

Nikolaeva hopes that the mon-

Nikolaeva hopes that the money raised by her team can not only go to funding cancer research, but also to patients who are struggling to pay their hospital bills.

"Through being ill, I also became friends with a lot of the people in the hospital who are ill, and while I was fortunate enough to have good insurance provided by my boarding school...a lot of people weren't so lucky...I know that The Leukemia & Lymphoma Society do a lot of work in order to help people who are financially struggling, not only funding researchers," said Nikolaeva.

Nam first heard about the Students of the Year program through an announcement posted by Karleigh Antista, Assistant Director of Alumni Engagement, on PAnet. She then reached out to Nikolaeva, and after hearing that Kusaka was interested in the field of cancer research, Nam contacted her as well.

Nam said, "I felt really motivated because I thought it was such a good way for me to grow, and it was such a great opportunity for me that I should seize...I'm graduating this year, so I wanted to make the most of an opportunity to do this."

Nam, Nikolaeva, and Kusaka have their own individual pages on the Students of the Year Boston website, according to Kusaka. The "Big Blue for a Cure" team has also been using social media and fundraisers during lunch to help increase awareness about the cause.

"We just started last week, and

the deadline [for fundraising] is March 1. Right now we are trying to spread the word and get people's attention, and if they can, we would love if anyone would donate...Yesterday, we just put a bunch of candy on a table and it attracted a lot of people, so we got

money from that. Starting next week, we are actually going to sell some baked goods and stuff like that to try to get more money," said Kusaka.

Kennedy Everson '21 and Mac Katkavich '21 were among those who donated to the fundraiser. For Everson, finding a cure for cancer was something very important to her. She also helped promote the campaign by posting the link to the Students of the Year webpage on her Instagram account.

"I donated to Reimi's fundraiser because I knew how important it was for cancer research. I didn't hesitate once I saw the donation button, and I also encouraged a lot of my friends to donate by sharing her link on social media because for cancer research, money is one of the most important things." said Everson.

Katkavich said, "I donated to Reimi simply because [she] was the spokesperson for the cause. She is such an awesome person, so I jumped at the chance to support her."

Mark Oppenheimer Discusses Aftermath of Pittsburgh Synagogue Shooting

AARON CHUNG

Over 307 incidents of mass shootings were reported in 2018, according to ABC News, one of which being the Pittsburgh Synagogue Shooting on October 27, 2018. Mark Oppenheimer, a Jewish journalist who has written for "The New York Times" and "The Wall Street Journal," visited Andover to discuss the Pittsburgh Synagogue Shooting and American Jewish communities in his presentation on January 25.

Organized by the Jewish Student Union (J.S.U.), the talk allowed Oppenheimer to share his views on the shooting with the audience members. He claimed that instead of discussing the tragedy of the incident, it is more worthwhile to assess how the Jewish community's bond allowed them to overcome the tragedy.

Oppenheimer said, "I want to talk about the community, because Squirrel Hill, where this tragic incident occurred, is a very special place. Squirrel Hill is one of the only Jewish neighborhoods in America that stayed thoroughly, resolutely, and proudly Jewish for a century."

Rabbi Michael Swarttz, the Jewish Chaplain at Andover, believes that the formation of a healthy community is key to overcoming these issues.

"Building strong relationships with others in one's community and neighborhood has sadly become a lost art as people become more and more isolated and removed from one another. Having these connections helps build a healthy community and resilience in the face of loss and tragedy," said Rabbi Swarttz.

However, these tragedies do not have to continue, according to Jack O'Neil '19, an attendee of the event and student leader of JSU.

O'Neil "In order to stop similar tragedies in the future, it is important to first understand why these attacks occur. Mr. Oppenheimer talked a bit on how Jewish people have been a scapegoat for problems throughout history and how this unwarranted blame continues the cycles of antisemitism."

Oppenheimer highlighted how the history behind Squirrel Hill sets it apart as a Jewish community in America. According to Oppenheimer, Squirrel Hill largely maintained its original demographic.

"Jews as Americans tend to move out of their ethnic ghettos because they want to live in places with more land; however, far fewer people left from Squirrel Hill than expected. They were not driven off when the non-Jews came to the town, also when the ultra-Orthodox Jews came," said Oppenheimer.

Oppenheimer felt that the in addition to the tight-knit community, Squirrel Hill was able to recover from the synagogue mass shooting because of its ethnic diversity

"We are talking about people of multigenerational ties, in an urban neighborhood that is economically and racially diverse, but also has an ethical cohesion of the several groups that live there...They were positioned to resist this kind of hate, and to stay resilient and loving each other," said Oppenheimer.

O'Neil agreed that the Squirrel Hill community reacted differently from the other towns that went through similar incidents.

O'Neil wrote in an email to The Phillipian, "I think the essential difference between the tragedy in Squirrel Hill and other tragedies throughout the country is they way the community responded. This was the first attack on a Jewish place of worship in US history so this is decidedly an unprecedented event. However, the community at Squirrel Hill was able to band together in the wake of this tragedy in such a way that they could deal with national and individual ramifications as a group."

During his presentation, Oppenheimer explained how the cultural integrations of many ethnic groups in Squirrel Hill was facilitated by its urban struc-



M,ZHANG/THE PHILLIPIAN

Oppenheimer discussed howcommunity identity has helped Squirrel Hill recover from the shooting.

ure.

"What is different in Squirrel Hill's case is that there are boundaries between different ethnic neighborhoods, but they are all pretty compact...I came to learn that priests and rabbis near Squirrel Hill even meet to discuss the religious texts together. It is ironic that the worst anti-semitic killing in history came to the least anti-semitic city," said Oppenheimer.

As an answer to this challenge, Oppenheimer suggested

that a solution to recovering from such tragedies is to foster strong connections within communities.

He said, "People should be in each other's lives. They should help each other regardless of race, gender, sexuality, and beyond. They should know how to love each other, so that it is easier to recover from potential tragedies like these."

Hellos and Goodbyes: CXLI Reflects on Their Time in the Newsroom

Continued from A1, Column 5

ly presence on campus and a place where students from all walks of life feel that they can be comfortable and and free to contribute," said Conrardy.

Executive Editor and former News Associate Alexandra LeBaron '20 hopes to become closer with her fellow members of vol. CXLII. While she had previously known members on CXLII, LeBaron hopes to achieve the same level of friendship that she witnessed between the Editors of vol. CXLI.

"I am really excited to get to know everyone better. Margot [Hutchins '20, former Copy Associate] and I have been friends since [Junior] fall, but I [hadn't] met a lot of these people or become close to them until this year. So I'm really excited just to have that bond... and I'm really excited to have that sort of community on campus," said LeBaron, previously a News Associate.

Associate.
Former Eighth Page Associate
William Leggat '20 will assume
the position of Managing Editor
alongside Hutchins and former
Commentary Associate Junah
Jang '20. He is also looking forward to working with the new
Upper Management of vol. CXLII. According to Leggat, he draws
inspiration from their very first
meeting.

meeting.

"I have a lot of confidence in the rest of my Upper Management team. Tessa Conrardy... has an amazing vision for what this paper can be... I think something [CXLI] said to us when they brought us down for our first meeting was that they had an idea for this board, a vision for this board, as as a team of innovators pushing be-

yond what the day-to-day process of making the paper is and going into large projects," said Leggat.

Former Video Associate Samson Zhang '20 has taken on the position of Executive Digital Editor from former Managing Digital Editors Isaiah Lee '19 and Lord. Lord explained how this change signals a shift towards a more digital first strategy for The Phillipian.

"I think the paper's been on an upward track in getting more digital and trying to go more digital first... Samson has plans of just completely rebranding our digital section, getting more content digitally, and also thinking about how our website looks on the computer, how our website looks on the phone, that kind of thing. I think that the paper has a lot of great stuff in store going more digital first," said Lord.

Ekan Belo-Osagie '19, former Chief Financial Officer, is also excited for the future of the paper and expressed trust in new Chief Financial Officer Nolan Hamilton '20 and the Business section.

"I have a lot of faith in Nolan, and I think that he has the skills necessary to bring the section to a good direction... I'm really excited to see the things that he can do that I wasn't able to do, and I'm really excited to see the progress that he is going to expand [upon what] the previous boards have worked towards...I think that he has a really good team supporting him full of people who are really passionate about the section," said Belo-Osagie.

Christina Cho '19, former News Editor, reminisced about her start in The Phillipian and expressed gratitude and good wishes towards

the new Editors.

"I'm definitely going to miss working with Andie Pinga ['19], who was a Managing Editor... I remember [Junior] fall, we were

writing [our first articles] at the same time... we had no idea what was going on and we had to run across campus to get interviews, but just being able to stick with her for four years and be on the board together has been the most fun thing ever," said Cho.

Cho continued, "For News, I think Steve [Nam '20] and Rachel [Chang '20] are going to do a really good job. They have been really consistent with all their work so far. I just hope that they just keep up their energy and keep understanding why they're there and believe in the work that they're doing."

Allison Zhu '19, former Commentary Editor, found it hard to believe that her time in Newsroom was coming to a close.

as coming to a close. "I've been writing for the Commentary section since my [Junior] year, so this is my fourth year, and having to leave seems unreal... Last year, I watched all my Editors leave. They painted their names on the newsroom and then signed off and now it's our time," said Zhu.

Alexander Bernhard '19, former Eighth Page Editor, expressed sadness at leaving the Newsroom, but was excited in the future of his section and its leaders.

"I think I'm just going to miss the people and all of them being together in one space three times a week. It was a lot of time, but it's a special community, and a lot of people that I wouldn't've met otherwise. [The section] is strong. It's strong. I'm really excited to see what Rachel [Neplokh '20] and Lily [Rademacher '21] do. I think that they both have a lot of energy and enthusiasm," said Bernhard.

Adrienne Li '19, former Arts Editor, believes that the new board possesses the skills to continue on the work of CXLI.

"It feels really weird, but I think that we're all kind of at that point where we're ready. All the Associates already pretty much know how things work in the Newsroom. So I think that this is the right point for us to make that switch, and I'm really excited to see what the next board does," said

When asked what advice she had for the incoming board, He said, "A lot of the time, the things that we deal with are going to be scary, but to also know that you have all these people supporting you. There's always someone there, so just to never forget that."



S.ZHANG/THE PHILLIPIAN

CXLI was the first board to purchase a refrigerator for the Newsroom. Thanks CXLI—for the fridge, and everything else.

NEWS IN BRIEF

This Week:

- This past weekend, from January 24 to January 27, the Andover Model United Nations (MUN) team went to compete in the Harvard conference. Over the duration of the three-day conference, ten students won honors.
- From January 25 to 27, Jason Huang '21, Harry Shin '20, Julia Zhu '20, and Misha Bilokur '20 attended the U.S. Association for Young Physicist Tournament in Rye, N.Y. The team placed second out of the top six national teams in the competition.
- On January 27, members of the Philomathean Society participated in the Choate Invitational Debate Tournament, placing third overall. Gayatri Rajan '22, Pirada Choophungart '22, Glovani Pierre '21, and Irene Kwon '21 won nov-
- ice 3rd place in the four-person team category. Pierre and Kwon won novice 3rd place in the two-person team category, and Kwon won novice 3rd place speaker.
- The 23rd campus-wide GeograBee, an annual geography contest organized by Andover Academic Team (Quiz Bowl) and faculty advisor Susanne Torabi, officially commenced on January 27 with the Dorm Contest round. The All-School finals will take place on February 14. Prizes for this competition include a special munch for the cluster with the highest percentage of participants and the highest percentage of correct answers on the first 10 questions, as well as 100 dollar, 50 dollar, and 25 dollar awards to the top three All-School winners.

 On January 27, the Parents of Students of Phil-

lips Academy (PSPA)-sponsored 29th Annual **Summer Opportunities Fair** was held in the Case Memorial Cage. Representatives from approximately 100 local, national, and international programs introduced students to a wide variety of summer programs focusing on academic enrichment, language study, internships, community service, and more.

REPORTING BY SARAH WANG

Looking Ahead:

 On February 1, the Asian Society will hold the annual **Lunar New Year Dinner** in the Underwood room, featuring performances from various groups around campus. Food and crafts will be provided.

Michael Beschloss '73 Brings Presidential History to Andover



S.BAHNASY/THE PHILLIPIAN

Beschloss, a registered independent, works to keep partisan bias out of his work.

Continued from A1, Column 2

like how it used to be exclusionary to female students, in his speech. It really shows how he is conscious of how his first-class education still had major gaps," said Mary Muromcew

According to Beschloss, in order to understand history, the voices of marginalized communities need to be heard. The historic silencing of voices is now something we are finally making up for, he said.

"Any teacher of history now that does not see it at the absolute top of their assignment to make sure we listen to those voices and understand how much diversity we have as a world is not practicing [history] very well," said Beschloss.

Following the ASM, Beschloss delivered a talk, focused on the influence of former American presidents on the current political scene. According to Alex Mitchell '22, the opportunity to hear from Beschloss was truly an honor.

"I haven't really met anyone of the caliber of Michael Beschloss, someone who has such deep thoughts about presidents and who has clearly studied the differences throughout American history. I really hope that I am able to continue to analyzing his words as I go forward in analyzing the news in the future," said attendee Mitchell.

In "The Ethical Responsi-

In "The Ethical Responsibility of a Historian in the Age of Disillusionment," Beschloss spoke of the comparison of the Trump Administration towards the rest of presidential history and what it signified for the American people.

"Particularly, in Trump's case, because he glories in being disruptive, which is the nicest way I can describe it, I think it's very important to remember how presidents normally behave and remind ourselves that this is not the way it has always been and evaluate him against that standard," said Beschloss in an interview with *The Phillipian*.

According to Beschloss, who identifies as a registered independent, Trump is a true threat to democracy and has the potential to begin a precedent of disregarding traditions that have existed for more than 200

years of presidential history.

"What I am really worried about—not just Trump, he's not going to be there forever—[is that] if people forget that these things aren't supposed to happen, these things get normalized. Then future people are elected that do the same thing and we're losing our democracy," said Beschloss.

Beschloss emphasized that the American people, Andover students included, must protect democracy by ensuring active voting in our communities. In addition, he advised that students should hold both Congress and the Supreme Court accountable in their role to act

as a check to the president. "This isn't about ideology, this is about things the traditions that earlier presidents had followed, especially in terms of respecting the rule of law, independence of the judiciary system, independence of the Department of Justice, independence of the FBI. For the most part, all those presidents have regarded those things as a given, he does not. It's important for us to demand that members of Congress, if he does those things, to stand up to him and say that you will not be allowed," said Beschloss.

According to Beschloss, however, Americans have persevered throughout times of division. Beschloss believes that the motive to preserve unity is inherent, and that it is important for the American people to be aware of current issues and to take direct action.

Beschloss said, "I think one of the reasons [Trump] has such a contempt and indifference to democracy [is] because he does not know history. I think that if you know American history you know... how hard it was for us to have a Republic and also how perishable and vulnerable it is. Also, how dependent it is, not just on legal system but on self-restraint and on traditions. Whenyou have a president that hour by hour is trashing how many of those traditions as possibly as he can and has yet to show an ounce of self-restraint I have seen, that's when us Americans have to step in and do everything we can to prevent those dangers from happening... I thought I wouldn't have to talk about a president like that in my lifetime, it makes me sad."

West Quad North Assassin Game Boosts Winter Morale

SOPHIA HLAVATY AND ELIZABETH CHOU

From setting up faux interviews for *The Phillipian* to stalking their target's schedules, West Quad North (WQN) students have been using all kinds of methods to track and "assassinate" their assigned targets in hopes of winning 50 dollar and 100 dollar gift cards to Susie's. Hosted by the WQN Cluster Council, this version of the traditional Assassin game boosts winter morale by promoting face-to-face interactions.

The idea for the Assassin game first originated in a WQN Cluster Council meeting, as the representatives were looking for a way for students to meet and interact with a wider range of Andover students. As the traditional form of Assassin, wherein mock weapons are used for elimination, was banned due to a previous game that resulted in a shattered glass door in Morse Hall, many representatives suggested using phones as the target marker instead.

as the target marker instead.
Nick Masri '19, Cluster
Co-President of WQN, said,
"Basically, we wanted a way
for people in the cluster to
meet other people, and we
were thinking about doing a
name game or something like
that. Somebody came up with
the idea of Assassin, and so
we wanted to implement it so
people could find new people
in the cluster and meet them
and interact in this fun and
cool way."

The game was initiated on January 24, when Nalu Concepcion '19 sent out an email to all WQN students on behalf of WQN Co-Presidents Masri and Sarah Stack '19 that contained instructions on the game, as well as each recipient's first target. According to the email, the only locations on campus where students are exempt from elimination are dorm rooms, toilet stalls, and crosswalks, to ensure the principles of privacy and safety.

Stack said, "When you find them on their phone, you have to start saying the phrase 'By the power vested in Yukon, you are terminated.' And so you could find the person on their phone by any means necessary. Once you catch that person on their phone, that person has to give you their target's name - the person they received in their inbox. And then you should send a picture of the two of you either to a gmail account by West Quad North or the [WQN Assassin] Instagram. Also, if you don't get someone out within a week, then you are eliminated from the round to keep the people who are interested in the game in it."

Sadie Cheston-Harris '20, a member of the WQN Cluster Council, believes that many participants are encouraged to talk to peers or search the directory as they may not personally know their targets. According to Cheston-Harris, this helps promote a sense of community and unity.

"Assassin is doing a real-

ly good job of making sure students are actively trying to meet new people and find out people's names and faces," said Cheston-Harris.

On the other hand, some students like Nick Dean '22 have found their targets by chance. Now on the game's leaderboard for the most amount of eliminations, Dean coincidentally found his first target standing next to him in

a line at Paresky Commons.

"It was really funny, because I just kinda figured out what she looked like and I was literally right next to her so I just went and I was like 'Oh my gosh is it you?' And she was like yeah and she just got assassinated so it was super funny we were both laughing about it. So yeah, it's awesome," said Dean.

Stack believes that the Instagram page of the Assassin game, "wqn_assassin," which has over 200 followers, demonstrates the student body's support for the game. The Instagram page was created in order to help incite more excitement for the game, according to Stack.

Stack said, "My old school had created an Instagram [for their Assassin game], and I remember that it was really funny reading over some of them. And I just wanted to do that. And so I thought it would be fun, and I also thought it would make people more excited about it if they saw what was happening on Instagram and they knew who was eliminated and who was still in the

Students like Kylie Quinlan '20, a member of the WQN Cluster Council and the first person to eliminate their target, believe that the instagram page helps promote the continuity and participation for the game and informs players of who is "alive."

"I think [the Instagram page] helps achieve more widespread excitement about it because I know for me definitely reading the captions [was] pretty entertaining, hearing about all the kills and how they happened," said Quinlan.

Shuman Admissions Team Reads Applications for the Class of 2023

Continued from A1, Column 5

Brown enjoys reading the personal statements of the application. According to Brown, the statements give the team a feel for what students are like and what they are passionate about.

"You see that Non Sibi spirit, you know because we ask personal questions to see what this kid finds important in their life, and so I think you get a better sense of who they are. It's kind of a reflection, and you get to see the real them better than the creative writing samples or the parent statement. You know every parent thinks their child is the best. But I love reading the part where the student are really expressing themself and who they want to become, and basically painting a picture for us of who they are," said Brown.

Vivien Mallick, Director of Admission Operations, values the distinct perspectives that each member of Shuman brings to the table. For Mallick, these differences help the team select the best applicants for the Andover community.

"Team Shuman rocks. I like that we're all different, and we all bring our different lenses to this process, but everyone here works hard, and we all care a lot about making sure we bring in the kids who are best for our school and who will take advantage of everything that Andover has to offer and will contribute themselves and their

talents to the school too," said Mallick.

Jamieson similarly compared the Admissions Team to a family that supports its members, especially during the busy

weeks of reading season.

"I think all of Andover is a family, but [in] this team of people, Team Shuman, everybody has each other's back. I think if you talk to everyone in this office, they'll probably say that. If somebody is out sick or if somebody has a family issue or an emergency or they're not on campus, there is no question that somebody else is going to step in and just figure out how to get the job done," said Jamieson.

When prospective families first enter Shuman, they are greeted by Evanice Cirelli, Admission Administrator. According to Cirelli, these inter-

actions are especially meaningful because she can welcome people to what she considers to be the heart of Andover: ad-

missions.

"I love meeting people from different backgrounds, and I speak many different languages. [It's] very rewarding to see that I can communicate with the families and I love this job. I think it's something very important because, for me, the admission is the heart of the school. Everything starts here, and I think it's very good for families when they walk in and they see somebody that they can have a connection," said Cirelli.

According to Ventre, Shuman strives to represent the Andover values in their work, whether it's Non Sibi, Youth From Every Quarter, or Knowledge and Goodness.



D.OWYANG/THE PHILLIPIA

D.OWYANG/ Last year, the Shuman Admissions Center read 3,140 applications.



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Bats for Birds: Sam Baxter-Bray '20 Brings Passion for Birdwatching to Andover



M.ZHANG/THE PHILLIPIAN

Birdwatching helped Sam Baxter-Bray '20 adjust when he moved to Hong Kong.

SOPHIA LEE AND HANNAH JUSTICZ

While on the Malaysian side of the island of Borneo, Sam Baxter-Bray '20 encountered the rarest bird he has ever seen: the Bornean Bristlehead, classified as a near-threatened species according to the International Union for the Conservation of Nature.

Since discovering birdwatching in the eighth grade, Baxter-Bray has developed his hobby into a passion, which has been enhanced by his family's affinity for the outdoors. Born in London and having lived in New York, Tokyo, Beijing, Hong Kong, Hangzhou, and Savannah, Ga., Baxter-Bray has seen birds all across the world, which has contributed to his love for birdwatching.

'My family has always been very into nature and we have a house in Georgia that is surrounded by nature. Birds are kind of just everywhere, so no matter where you go, you can find birds. That's kind of what sparked it," said Baxter-Bray.

"I think when I moved to Hong Kong, it was kind of a difficult move because I went there in eighth grade and everyone kind of already had their friend group. So I just got into bird watching because it was something to do on the weekends," he added.

At Andover, Baxter-Bray has shared his love for birdwatching as Head of Andover Birdwatching Club. Last Sunday, he and a group of students travelled to Parker River, a national wildlife refuge in Newbury, Mass. According to Baxter-Bray, Parker River, which is located on Plum Island, is the best location for birdwatching during the winter and spring, while Audubon's Ipswich River Wildlife Sanctuary is best for the fall.

Nino Stuebbe '20, an attendee, said the snowy owl was the main attraction of Parker River, but strong winds prevented any potential sightings.

"We left at 8:30 a.m. from campus and we got there at 9:00 a.m., and then we just kept going around to different places all over Plum Island... We saw a couple gulls here and there. We saw a peregrine falcon, which was the highlight, [but] we didn't see any snowy owls, which is what we wanted to see," said Stuebbe.

According to Stuebbe, Baxter-Bray's skills and experience in birdwatching was evident throughout the trip, especially when he was able to point out where a certain bird call was coming from when the rest of the group was unable to do so.

"We were walking on this boardwalk, and then there's trees all around us that had lost their leaves and we can hear the birds, but we can't really see them. So then, we're like, 'Where is it?' and [Baxter-Bray's] like, 'Oh, it's just over there," said Stuebbe.

Christopher Jones, Instructor and Chair of History and Social Science and Faculty Advisor of Birdwatching Club, also noted that Baxter-Bray helped the group spot and identify birds such as the peregrine falcon, harriers, and sea

"Sam is the expert birder of

the group and the chief recruiter as well...[his] enthusiasm and energy for birding is infectious. It's important to have that kind of optimism, especially when the weather's cold. Following Sam's lead, I think everyone had an upbeat attitude and enjoyed the chance to be in nature," wrote Jones in an email to The Phillipian.

Before Baxter-Bray came to Andover, his older brother William Baxter-Bray '18 ran the Birdwatching Club on campus. Now, Sam Baxter-Bray hopes to expand both the membership of the club and the general interest on campus for bird-

"There has actually been a Birdwatching Club at Andover for a while. It has been much more lowkey... I inherited it and my brother [didn't] talk to that many people, so the most people that went on his trip was three. It was me, him, and one other person. So I just spread it to more people to see the birds," said Baxter-Bray. Baxter-Bray keeps a "life

list" in order to catalogue all of the birds he's seen throughout his life. However, he advises that beginner birdwatchers try and practice birdwatching for the joy of the activity instead of in the pursuit of filling up the

Baxter-Bray said, "It can be difficult at times, but I think that you shouldn't look for birds to just put on your life list. You should look at birds just to enjoy them and then have a life list as a secondary purpose."

Krishna Gupta '05 Shares Experience As a Young Entrepreneur

ZAINA QAMAR

With clients such as the Kingdom of Saudi Arabia, the State of Kuwait, the State of Qatar, and the Sultanate of Oman, the venture capital firm Romulus Capital manages over 200 million doilars worth of funds. Krishna Gupta '05 founded the firm in 2008 as an undergraduate student at the Massachusetts Institute of Technology (MIT).

In his presentation on January 24, Gupta shared advice and insights about his journey as a young entrepreneur starting a venture capital firm. The talk, which took place in Kemper Auditorium. was organized by the student club Corner Office and the Nest Makerspace.

"The way that venture capital funds work is you raise money from investors, you put it into a fund...then hopefully you go find some great companies to invest in, and then once those companies grow and [are sold], you take the money that you got back, and you give it back to your investors, and hopefully [it's] much more than what they put in," said Gupta in his presentation.

As a young person working in entrepreneurship, Gupta said that he initially faced difficulty in gathering the necessary support, credibility, and resources to start a company.

Gupta said in an interview with The Phillipian, "There are very very few, almost no, young people who built their own venture capital firm. Gaining credibility was a very big challenge, raising the money was [a] big challenge, but also finding great companies and convincing them to take our money [was a challenge], because these days entrepreneurs have a lot of choices...we have to compete against big Silicon Valley

Jake Zummo '21, an attendee, found that the most interesting part of the presentation was Gupta's enthusiasm to build a career that pursued multiple areas of interest.

"He talked not only about business and sales and starting a fund and all that, but also science and technology and all sorts of fields...I think you clearly see from his energy and his enthusiasm for so many different things that he really wasn't limited in the way that most people typically are, and I think that was perhaps the most inspiring,"

said Zummo.

Gupta was also interested in a wide range of topics at Andover. He had always liked math and science, but as a student at Andover, he became fascinated with history and frequently visited the Peabody Institute of Archaeology. With his peers, Gupta eventually created a film on the ancient history of England that first introduced him to some of the components of entrepreneurship.

"[The film] was for me, a very entrepreneurial experience that I think was uniquely something I could experience only at Andover, but it taught me how to fundraise, how to come with ideas, how to execute on it, how to get people to work together," said Gupta.

Cory McCormack '21, an attendee at the presentation, felt that he learned a lot about entrepreneurship and being proactive.

"[Gupta] told a very inspiring story about how you can apply Andover's values to your business and become successful. I learned a lot about...how to overcome the daunting experience of cold calling and fundraising," said McCormack.

Gupta encouraged audience members to take risks. He shared that even with a lack of support, his company succeeded due to its unique approaches to venture capi-

"We embraced trends that other people didn't feel were going anywhere...back in 2010, no one was really talking about Artificial Intelligence (AI), and we were still

very much in this AI winter as we called it. But we saw an opportunity to combine behavioral data, the data human beings produce on a daily basis through interactions, and run machine learning algorithms on them and come up with some interesting insights for business," said Gupta in his presentation.

According to Gupta, he has utilized the alumni network of Andover on his path to building Romulus Capital. Gupta emphasized that alumni are an important resource for students to be aware of because of world-wide support

that it provides. "I keep discovering random Andover alums no matter where I am in the world, and that's pretty cool...Everyone tells you you got a good alumni network, obviously you don't really realize it until you get out there. When you get out there, it's really powerful...it's very giving. And that makes you compelled to give back."

Gupta believes that being proactive and motivated is extremely important in the face of disagreement and setbacks. He hoped that the audience was inspired to make their own ideas a reality.

Gupta said, "The one thing I would say is ultimately no one can help you more than yourself. So if you have something, you will find the resources. Sitting in Andover for sure you will find the resources, whether it's the school level or the alumni network, you just have to go make it happen."



each meeting.

C.WAGGONER/THE PHILLIPIAN

Krishna Gupta '05 founded his venture capital firm as an undergraduate student

Lani Silversides Publishes Book on Sports Psychology

CLAIRE CAHILL AND SAM ELLIOTT

Using her experience as a sports psychology coach and a positive psychology educator, Lani Silversides, Instructor in Math, recently published her book "Unstoppable: A Mental Training Guide for Fueling Performance.

"Whether you are a dancer, into theater, in your math class, or in your sport, many of us strive to give our best performance. To do that it's not all about our skills and talent and ability. So much of it is mental," wrote Silversides in an email to

After taking several sport psychology graduate classes, including one at the Boston University and another at UC Berkeley through a foreign program in Australia, Silversides has been equipped to educate students of ages K-12 in mindfulness. Through her book, she wishes to spread knowledge of positive psychology, which is the science behind maintaining a healthy mental state.

"All of this work has been in an effort to combine what is essentially three fields - sport psychology, positive psychology, and mindfulness - into one space to help people understand what they can do to be at their

best," wrote Silversides. Having finished the book shortly before being diagnosed with breast cancer, Silversides was able to apply what she had learned and adopt a more positive outlook on the disease and her treatment. According to Silversides, the book influenced the way she coped with her diagnosis.

"Having all of that research and understanding really served as grounding principles for me and my family as how we approached everything. So I used the phrase 'I get to go to chemotherapy treatment' as opposed to 'I have to go to treatment today," said Silversides.

In addition to publishing "Unstoppable," as a track coach, Silversides has also been facilitating meetings every Thursday with the track team to encourage self-reflection on campus.

"It's a chance for the whole team to sort of gather after the meet and reflect on how the meet went and congratulate athletes who did really well and PR'd or just had a really great day personally," said Mackenzie Hess, Coach of Andover Track &

Silversides has also incorporated mindfulness lessons into

of taking a moment and being

"I really liked what we did last week...we talked about sort

with yourself in that moment... whether it was a moment where you were tying your shoe, or a moment where you were taking

a sip of water," said Hess. Despite being a recent addition to practice, students like Owen Glover '19, Captain of Indoor Track & Field, have already begun obtaining lessons from the mindfulness sessions.

"We talked about visualization techniques, which a lot of professional athletes use, and we watched a couple videos. One of them was an Olympic skier, who would spend hours on end visualizing every twist and turn of her jump before she even gets on the ski cliff, and that's something that any athlete can do to try to help them out before a race or anything," said Glover.

Silversides hopes that everyone gains something from her book, whether it is useful to them in their current daily life or in the future.

"My goal is to expose them all to a little bit of something each week in hopes that everyone might take one small nugget from this," said Silversides.

As Silversides explains, members of the track team and the coaching staff take the skills mentioned in "Unstoppable" and the team meetings beyond sport as well.

Rebecca Hession, Coach for Track & Field, said, "I would say that mental preparation and having techniques in your training to help you perform, and to be ready to take on unexpected parts of what it means to train and set goals is so important to any goal setting you have."

Myra Bhathena '22, a member of the track team, believes that "Unstoppable" reflects Silversides's character as a person and a teacher. Bhathena found the exercises in the book to be particularly helpful.

Bhathena said, "As I have quickly figured out, her book... is a very interactive book. There are places for you to write down your daily accomplishments, spaces for you to doodle, boxes to check once you've taken healthy actions...This book is a clear reflection to Coach Silversides herself, she is encouraging, uplifting, and very knowledgeable."

While "Unstoppable" addresses many of its concepts in terms of athletics, Silversides does not confine the concepts of her book to only sports.

"In the math classroom, I could see when kids came in with a mindset of 'not being a math student' or 'being bad at math' and it was really about a mindset/mental shift for them more than anything else. It's all connected," wrote Silversides in an email to The Phillipian.

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Multilingual Riku Tanaka K-Pop x2 Skylar Xu '21 Is this a correction?

Illustration Halt, Maier ROAR! Kelly Song Hits the clang

Photo Shahinda Bahnasty I am a photographer people like my pictures Tung Tied Shoots 1000 Words

Graphic Design Leeky Gym **Absent** Yin Yang What a diving pool

Samson Zhang

Is Grasshopper done?

News Rachel Changer Banger John Mayer Stan Would Die for John

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Video Pickle Rick lickle my pickle Sofia Huang seen her once

Digital Sarah Chen Read newsletter pls Anthony Kim Read newsletter pls dshin20 Priority articles pls

Sports Lil' Bibeau Tri-Varsity 🗸 Courtside Staff Writer Official Gorl-Getter Meow! The Blonde One. Eugenie in a Bottle The Other Blonde.

Commentary Andy Zeng Mountain owner Baddie McCaulifflower One of 16k

Ryder Applewick '21 Stumbles upon Campus Get-Rich-Quick Scheme

MAC KATKAVICH

BlueBucks-poor new Lower Ryder "Rock-Licker" Axby '21 was desperate, and for good reason. The Tri-Junior Varsity champ needed to get together \$3,187.63 within a week, or else all the funding for his Robotics club would be cut. Oh, wherever will I find \$3,187.63? Just then, Ryder spotted a sign in the Paresky Commons mirror that solved all of his problems: "In need of 1 Pound Marble. \$3,187.63." Ryder was ecstatic! Then positively crestfallen. Oh, brother. Wherever will I find a whole pound of marble? At that exact moment, Ryder, deep in thought, tripped up the Commons staircase and his face landed haltingly close to the majestic, cream white of the historic flight. His tongue dangled teasingly over its speckled surface, but he regained control of himself. No! He hissed to himself. He realized-this is the marble! But how pound, by next Tuesday? He thought it was the end, and he could just kiss that robotics medal goodbye. That is,



would he harvest it, a whole He spent his whole night his submission form for the the steps, but very slightly be. so that no one would notice. By morning, he had filled

until, later that night, when almost three bags with mar-Ryder found himself watch- ble dust and chips, but hey, ing "Shawshank Redemp- who's fault is it for falsely tion" with his buddies in advertising? Per the nonex-Stuart House, that he had his istent instructions on the ad, third epiphany of the day. At Ryder dropped the bags off approximately three H.P.F in the napkin holders and (Hours Past Final), Ryder went on his way. At 3 that aftraveled to Commons under ternoon, Ryder grabbed the the cover of darkness and his AAA Real-Estate Holding World of Warcraft gameplay Bonds (certified post-2008) cloak carrying only a spoon from an undisclosed pickand a couple of trash bags. up location and filled out (six H.P.F) chipping away at tournament, joyous as could

Our 5 Step Plan For complete and Total Phillipian Domination

Step One: Trick Upper Management into letting on "dedicated" Eighth-Pager.

Step Two: Invite Upper Management to "courtesy" Pancake Luncheon.

Step Three: Prepare Mickey Mouse arsenic-chocolate chip pancakes.

Step Four: Celebrate successful coup with arsenic-free Mickey Mouse pancakes.

Step Five: Eight Pages.

'Sometimes I just

want to bite into an unpeeled orange."

"I am hungry for

"Why cant they use the endowment for something we really need, like non-latex balloons."

"I don't know though, that's just my experience with the fuschia mittens."

"I became completely illiterate for ten minutes."

"I didn't know the picture books in Lower Left were meant for the faculty kids."

THE WEEK'S TOP HEADLINES

- Students Mistakenly Attend "Meditation Club" Thinking "Nirvana" Was Going to Perform
- Poorly Constructed Assassin Game Email Leads to Actual Assassination, School Issues Public Apology
- PA Pool Club to Host 100M-Fly in 2020 **Olympics**
- Snowshoeing Team Still Hasn't Returned from Alleged Competition Last Saturday
- Student Paints "Kindness Rock," Passive-Aggressively Throws It at Frenemy



The Phillipian SPORTS

February 1, 2019 Volume CXLII | Number 1

WRESTLING

Andover Hosts Sixth Annual All-Female Wrestling Tournament

PHOEBE BICKS

Beginning with a clinic led by former world wrestling champion Jackie Davis, Andover hosted its sixth annual all-female wrestling tournament this past Sunday. In total, 29 schools and 54 wrestlers from throughout New England were in attendance.

Andover Wrestling Coach Kassie Archambault '06 said, "Girls from private or public schools from the area are welcome to come and compete in our tournament. We had students from Massachusetts. New Hampshire, and Maine. In the past we had some wrestlers from Connecticut as well who make the drive on a Sunday to compete against other female wrestlers."

All three of Andover's female wrestlers who competed this past Sunday were completely new to the sport. Jess Blumenthal '19, Amour Ellis '22 and Giselle Jones-Mollod '22 all placed in the top five for their weight class.
Archambault said, "We had

three wrestlers compete in the tournament yesterday. All three of them are brand new wrestlers so this was their first year wrestling, and they have only been wrestling for about two months. One of our wrestlers Jessica Blumenthal placed third in her weight bracket, and Giselle Jones-Mollod and Amour Ellis placed fourth in their weight classes."

According to Jones-Mollod and Blumenthal, they enjoyed the all-female setting and supportive atmosphere towards new and experienced wrestlers alike.

"I've never competed before so I was actually really great. It was a really nice, supportive environment. I am friends with the girls I wrestled now. It was really a nice place to be because usually wrestling is a guy's sport so being surrounded by 60 other girls who wrestle was just great," said Blumenthal.

Jones-Mollod added, "We are all new wrestlers so I think there are a lot of things that we can improve on, but we were all really supportive of each other and really supportive of the other wrestlers. We

were cheering on other people even if they were on opposing teams."

Executing moves and skills they practiced throughout the week, the girls showed much improvement throughout the day despite having minimal wrestling experience, according to Ellis and Blumenthal. Ellis said "I think we were

successful at having a good stance, like staying level and always being ready to shoot. Our coach has been telling us during overtime that the person with the best stance wins, so it really shows that we have a good stance and that we can fight off whatever comes to

Blumenthal added, "I think Amour and Giselle have more experience, they've wrestled in a couple other matches (this year), and they've definitely shown significant improvement, like they're more confident on their feet."

The wrestlers are looking to improve on their aggression through more practice and exposure in match-play settings, according to Ellis and Jones-Mollod.

Ellis said "I think we should work on our aggression width wise. Like making sure we shoot first, instead of the other way around, it's part of a core element of our team."

Jones-Mollod continued "I think in the future we will definitely work on being more aggressive. We got pinned a lot so working on improving our techniques so next year we can do better."

Archambault said, "Wrestling, like a lot of sports, the more you wrestle the better you get. So just seeking out more opportunities at practice or at camps or more tournaments, that's the only way we know you can guarantee to get better, by exposing yourself in more situations in a wrestling match so that way you know how to react when your opponent does something."

Among the highlights of the day, was the respect shared between opponents, according to Jones-Mollod.

#riptony<3

Jones-Mollod said, "I just think the camaraderie between the girls even though we just met each other was so amazing. Seeing everybody cheering each other, like even afterwards you hugged the girl you wrestled which was cool

The tournament offered the chance for girls to compete exclusively against girls in a sport that is usually male dominated, according to Ellis.

Ellis "My favorite part was that I met so many amazing female wrestlers. Everyone was just so nice and so friendly that I felt, I mean at first I felt intimidated because you wrestle guys all the time since it's a male dominated sport, but I never really get the opportunity to wrestle girls, girls only, so it was really nice in that respect. The clinic was actually wild. Jackie Davis ran a clinic beforehand so we started running, we started doing all these other things that we usually don't do in practice."

This tournament allowed the Andover wrestlers to see other wrestlers compete at all different levels, inspiring them to continue with this sport, according to Archambault.

Archambault said, "What I think is amazing is to see 50 plus female wrestlers in a room of all different experience levels. So they got to wrestle with girls who are a lot more experienced than them and then to set goals like I want to get that good next year, in two years. They were exposed to a lot of moves that they haven't seen before just because they haven't had as much time with the sport but they worked really hard and were proud of how they did."



Jess Blumenthal '19 began wrestling at Andover this year and placed in the top four for her weight bracket.

BOYSSQUASH

Boys Squash Sweeps Thrice

LUCY LASATER

midovci	
Exeter	0
Andover	7
Westminster	0
Andover	7
Choate	0

Repeatedly returning deep cross court shots, Siddhant Sinha '21 waited until his opponent drove the ball to hit it deep into his backhand, win-ning the point and securing a 14-12 victory in his fourth game to win his match. Sinha's win completed Andover Boys Squash's 7-0 victory over Phillips Exeter Academy.

Over the weekend, the team also defeated Westminster and Choate 7-0 and 7-0, bringing their overall record to 8-2.

In anticipation for High School Nationals this weekend and the Exeter match, the team worked to solidify its lineup and enhance its fitness. According to Jack Lee '20, Joe Kacergis '19, and Erik Wang '21, each of the matches this week was further preparation for the competition this week-

"We've been preparing a lot for improving our fitness level. We have challenges matches today to figure out what our ladder will be tomorrow... We're just really trying to get ready for Nationals. We're hoping to win Division Two at Nationals," Lee said. "We're not favored to win, but we're [seeded] in the top four. Hopefully we will win Division Two, we're training really hard for that."

Wang said, "I'd say that we're all just trying to get some good rest for the upcoming matches. We've been working pretty hard and training pretty hard. Especially thinking about the game strategies we're going to take into play. So, we're going to use a lot of good length, we're going to keep our opponents under pressure, and we're just trying to play tight squash."

In practice, Head Coach John Roberts has been making sure to focus on maintaining rallies instead of quick points, which has benefited the team's performance, according to Kacergis.

"Something our coach has been very big on is calming down the game play. Trying to play a more mature game than just trying to smack the ball and hit those winners. That's definitely been a big part of our training, and the results of that have definitely shown through our results. Our game plays have been getting better, just less errors in general," said Kacergis.

According to Kacergis, the past three games have yielded very consistent results in part due to the focused practices on game play.

Kacergis said, "I'm really proud of the team. We've been playing really consistently, which is awesome for us. Our team is very consistent all throughout the lineup, it's not just one part that is consistently weaker than other. We're very 'in the game' in all the matches we play."

The team will compete in High School Nationals this weekend, beginning with a game against Exeter on Friday.

BOYSSWIMMING&DIVING

Boys Swimming Smashes Three Home Pool Records Against Deerfield



C.MUNN/THE PHILLIPIAN

Harvey Zheng '19 set a personal-best in the backstroke split of the 200-Meter Medley Relay with a time of 27.81 seconds.

INDI WAGNER

Andover	125
Deerfield	61
Andover	130.5
St. John's	54.5

Shooting through the water, Arnold Su '20 swam the 50-Meter Freestyle in a time of 21.35 seconds to beat the previous home pool record of 21.45 seconds, set in 1999. Andover Boys Swimming & Diving went on to soundly defeat Deerfield 125-61 on Saturday.

In addition to Su's record, Andover broke two more home pool records against Deerfield. The second pool record of the day was set in the 100-Meter Butterfly by Lance Freiman '19, who finished in 50.46 seconds, edging out the previous record, set in 2013, by 0.33 sec-

The third and final record for the pool of the day was broken by Su, Freiman, Sam Donchi '20, and Captain Neil Simpson '19 in 400-Meter Freestyle Relay. The relay team finished with a time of 3:07.58, beating the old record of 3:10.74 set against Loomis in December of 2018.

This meet came after a 130.5-54.5 victory over St. John's last Friday. Coming off this meet, the team was fatigued, but managed to maintain its momentum against Deerfield, according to Ralph Lam '22 and Hank Yang '22.

"It's never easy [to race on back-to-back days], especially without adequate down time in-between or adequate recovery. But because we're such a strong team, it doesn't really matter, and we were able to produce those times regardless." said Lam.

Yang added, "I think our entire team did really well in supporting each other and [pushing each other] to be our best, and the results came out better than we expected due to the fact that we had just competed the day before."

Anthony Minickiello '20 mentioned that it will be essential for the team to prepare for the Eastern Championships, which begin in two weeks.

Minickiello said, "We just really need to get the engine going, [we need to] get in tip top shape for Eastern's.

Andover's next meet is in two weeks, when they will travel to face Hopkins.

BOYSBASKETBALL

Boys Blow Out Nobles, Fall to Loomis and Tilton

KATIE MORRIS

Andover	70
Nobles	48
Andover	80
Loomis	82
Andover	58
Tilton	77

With two people on him, Brenton Mills PG'19 slammed home a breakaway dunk against Nobles on Saturday. Mills led the team in scoring with 21 points, had no fouls, and shot 100 percent from the free-throw line. Ultimately, Andover Boys Basketball bounced

back from its close loss against Loomis the night before, beating Nobles by a final score of 70-48.

According to Jack Penney '21, Mills was the standout player of Saturday's game.
Penney said, "He made a lot of

good shots, and he had that great dunk too. He made a lot of plays when we were down too, like in the first half to get us back into the game to eventually be in the lead at halftime by two."

Nobles came on strong the first half, but Andover was able to take control in the second half by exploiting its opponent's weak play in the paint, according to Penney.

"Their main weakness is that they didn't really have any big post players, so they couldn't really get inside. They were limited to just shooting and by the second half they couldn't really make their

Penney added that defense was, and will continue to be, a large component in its play.

"Going into the game, we were really focused on our defense.

The game before, when we played against Loomis, we played pretty well offensively but our defense was not very good. Our big focus for this game was to clamp down on defense. We played a lot better because we only let up 17 points in the second half, so I think we reached our goal of playing better

On January 25, the team played away at Loomis. With five seconds remaining, Loomis stole the ball on offense and put in a layup as time expired, handing Andover a 82-80

Andover also lost to Tilton 77-58 at home on Wednesday. With the loss, Andover's record moved to 10-6.

According to Nick Thomas '21 and Co-Captain Matteo Whelton '20, the team kept good morale despite coming short of a win.

Thomas said, "In the beginning we were just firing shots back and forth with them. That's when we were playing like ourselves."

Andover will play at Thayer on



Brenton Mills PG'19 made 21 points against Nobles to help lead the team to the victory.

WRESTLING

Andover Defeats Tabor and Portsmouth Abbey

EMMA FOGG

Andover	7
NMH	63
Andover	69
Tabor	6
Andover	58
Portsmouth	18

In his first match back from injury, Ellerman Mateo '21 faced a Division 1 wrestling recruit and second place finisher in New England's, but made it through all three periods and only lost by five points. At the Seabrooke Duals, Andover Wrestling won several matches but ultimately fell to Northfield Mount Hermon 63-7. The team went on to prevail over Tabor and Portsmouth Abbey, scoring 69-6 and 58-18 respectively. The team's record at the Duals was 2-1.

Co-Captain Pablo Sanchez '19 faced a challenging opponent and his match went to an overtime period, according to

[Sanchez] was in a tightly intense match from a guy from NMH, and I think it was overtime and in overtime the first person who does a take down wins, and he was able to get the first take down and won..and then Vincent [Marino PG'19] went into overtime

as well, and unfortunately he made a mistake and so his opponent was able to get behind him and take the 2 [points], so the score was 1-3. Another highlight was Arnav [Bhakta '22], [where] he started off the matching by taking down NMH really well," said Mateo.

This week the team worked to improve on its positions, according to Riggs McGrath '21.

"We definitely improved on all our positions, we felt a lot strong[er] and basically we stayed off our [knees] a lot more, it's been something we have been working on and our top game is looking a lot better and we are feeling a lot in control," said McGrath. "We definitely need to work on setting up our shots and working on our angles because we have good shots but we need to hit them at the right times and hit them with a good set up."

Additionally, the team is working to improve on its movement and responses to unfamiliar positioning, according to Mateo.

Mateo said, "A lot of times we wouldn't move or sprawl, and our coach would always be like 'move, move, move!' and we would just kinda stay. And for me, I was put into positions where I wouldn't know how to react and so I just kinda sat there, and that's how he was able to get points on me. We got pinned a lot of times because people would run half nelsons on us and we wouldn't keep our heads up enough, and also mentally too, because we knew NMH was a great team and as people got pinned, it was a blow to our self esteem."

Next Saturday, the team will travel to Northerns for a

BOYSHOCKEY

Andover Capitalizes on Penalty Kill to Defeat Loomis

TIFFANY LI

Andover	5
Loomis	3
Andover	4
Deerfield	3

With one player out on a penalty kill, Sean O'Connell PG'19 slid the puck past a Loomis Chafee defender's stick, through his legs, and got a shot on net, scoring an essential goal that put Andover Boys Hockey in the lead during the third period.

O'Connell's goal helped lead Andover to a 5-3 victory over Loomis Chaffee at home on Saturday. Despite this win, Andover fell later in the week to Deerfield 4-3 in overtime on Wednesday. The team's record now stands at 12-5-2.

Defensively, Charlie Archer '20 anchored the team in goal against Loomis, according to Tyler Little

"I think the best play was a big glove save that Charlie Archer had late in the third period...It was a two on one for Loomis. Their forward slid the puck over, across the crease, the guy crashing the net. [Charlie] had to dive across with his glove outstretched and was able to snag the puck out of the air," said Little.

According to Co-Captain Christian Powers '19, Andover spent the majority of its practice time focusing on its power play and penalty kill, which aided in Andover's success on Saturday.

Powers said, "We changed our power play. In this game, we used a 1-3-1, which is different than what we usually do. During the first power play of the game, we actually scored a goal."

William Hughes '22 said, "We worked on our power play a lot and also our penalty kill, which both ended up being successful."

Due to a multitude of injuries, Andover took short shifts and utilized each other to compensate for the lack of depth on its bench, according to Powers.

we had a lot of injuries, so it was important for us to kind of have each other's backs...In the past couple of games, we were taking too long a shift, so we would be tired in the third period, but we took shorter shifts this game. I think we all felt more refreshed in the end of the game," continued

"Over the past couple of games,

Mac Carso PG'19 said, "I think we played well [against Loomis]. We had a short bench, but people fought through and battled hard until the end. We didn't get down after we got scored on first and that really helped us."

On Wednesday, Andover lost in overtime to an underestimated and quick Deerfield team, 4-3, according to Powers.

Powers said, "I thought Deerfield was a good, disciplined team, but I did not think they were nearly as skilled as us. An interesting play was their first goal. They knocked the puck out of our goalie's glove after the whistle and somehow the referees counted the goal. We struggled a lot with faceoffs and also staying composed."

Carso added, "The game could have been a lot better, it was a tough loss. They were a big and fast team but not the most skilled. A challenge was getting hacked and held by the other team."

Moving forward, Andover looks to improve on its possession in the offensive zone, according to

Andover will face Belmont Hill at home on Friday.

GIRLSSQUASH

Girls Squash Starts New Winning Streak

ALANA YANG

Andover	5
Groton	2
Andover	6
Brooks	1

With a final hit, second seed Captain Skyler Spaulding '20 won her game, contributing to Andover's 6-1 victory over Brooks. Andover also beat Groton 5-2 on Friday, improving its season record to 5-4

Despite the team's fatigue after a long week, Andover was able to muster up the energy to defeat Groton on Friday, according to fourth seed Saffron Agrawal '21.

Agrawal said, "Groton was a bit of a closer match but everyone really kept their cool the entire time and we won, so that was really fun... I think that the team did really well. With Groton, it was tough because it was a Friday game, Friday afternoon, so after a long week, it's hard to play a match. We did a really good job restarting after the bus ride and really trying our best on Friday night."

Andover's efforts in practice came to fruition in its match against Brooks, especially in the case of first seed Mariam Elkheshen '21, accord-

ing to Spaulding. "Even though Mariam lost her match against a really tough opponent, she always shows how to be an aggressive and effective competitor," Spaulding said. Elkheshen added in an email

to The Phillipian, "I think everyone tried to give their best out on the court [on Wednesday] even if it wasn't their day. I believe the most memorable moment was when everyone was cheering for me even when I was losing... For me, I think I need to try to keep my head in the game at all times, especially when I'm losing."

In addition to Elkheshen, Spaulding and third seed Charlotte Toogood '20 both played admirably well, according to Agrawal and Elkeshen.

"[On Wednesday], people were setting goals to work on and I think they did a good job in achieving those goals. I watched [Toogood's] game and her goal was to volley a lot, and she did that really well," said Agraw-

Elkheshen wrote, "I only watched Skyler's match because my match was the last one, but I think she has been doing so well, she has been really focused on her opponent's weaknesses and she was always ready to hunt loose balls."

This weekend, the team will travel to Connecticut to participate in U.S. High School Team Squash Championships. According to Agrawal, many players, including herself, are excited about the opportunity.

"This weekend is Nationals, so there will be a lot of games in Connecticut. I'm really excited because I hope to learn a lot from each game, especially the first couple of games, to make myself play better in the last games. I'm really excited to be able to play a lot," said Agrawal.

GIRLSBASKETBALL

Andover on Four-Game Losing Streak

PRESTON WHITEHURST

Andover	53
KUA	54

With two seconds left in the game, Co-Captain Cassidy Musco '19 tried to inbound the ball off a Kimball Union and retrieve it for a game-winning layup attempt. Unfortunately, the defender recognized the attempt and stopped Musco from scoring, leading to a 54-53 Andover loss and bringing the team's record to 3-12.

Andover executed on offense as well and played unselfishly for the whole game, according to Head Coach Elizabeth Monroe. Andover also came out strong offensively against KUA's zone defense, according to Niya Harris '21.

Harris wrote in an email to The Phillipian, "We were patient and efficient on offense by swinging the ball around and either finding the open shot or driving for a layup. Although it took a little time to get into it, we played lockdown defense [for the] majority of the game.'

The final minutes of the game against KUA were very tight, but Andover was able to keep its composure and per-



J.BUEHLER/THE PHILLIPIAN

Co-Captain Cassidy Musco '19 surveys her options at the top of the key.

form, according to Harris.

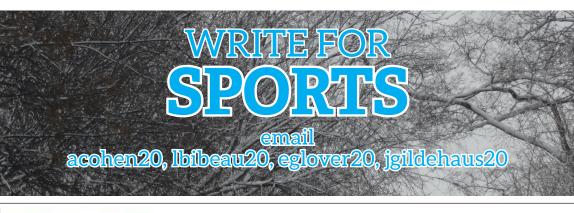
'The last minutes were very intense. An and-one gave them the lead by one point. We were shocked that they had come back and we had to pull it together," Harris wrote.

The team's game against Brooks on Wednesday was canceled. Without the opportunity to play on Wednesday, Andover is still motivated to break its losing streak, according to Harris.

Harris wrote, "Coming off of a losing streak, we all recognize that there must be a lot more changes if we want to win more games. In fact,

last Thursday we spent an hour just setting goals for the team. As a result, we went into Friday's practiced more focused than we've ever been. Although we lost on Saturday, we looked like an entirely different team and I'm excited to see how we grow through the rest of the season."

Andover will play this Saturday in a rivalry matchup against Exeter.



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GIRLSSWIMMING&DIVING

Girls Defeat Deerfield in Tight Meet

SARAH KARLEN

Andover	101
Deerfield	85

Wiping out Deerfield in the 400-Meter Freestyle Relay, Hailey Wadell '21, Graeleigh Jones '21, Mary Kate Turk '22, and Co-Captain Elizabeth Tran '19 finished with a first-place time of 3:49:40. Andover Girls Swimming & Diving also secured second and third place in this race, ultimately securing triumph over Deerfield last Saturday. The team totalled 101 points over Deerfield's 85, advancing its season record to 2-3.

According to Grace Hwang'22, Andover and Deerfield remained head to head throughout the entire meet, and the 400-Meter Freestyle Relay was the ultimate deciding factor of which team would come out on top.

Hwang said, "We were very close to each other, the [4x100] Free Relay is the last event of the meet, so it was really close. If they had won that relay, they could have won the whole meet. We got one, two, and three which was awesome."

However, the team's depth and consistency across the board gave enabled it to out-swim its opponents in the relay, and ultimately led to the team's victory, according to Head Coach Paul Murphy '84.

"We had to come in at least two and three in the relay, but if we only came in second, it would have been a tie. So as soon as that race started it was clear that Deerfield had put their best swimmers in the previous two first relays and they had nothing left. So our depth really helped, we were still strong up until the very very last relay," said Coach Murphy.

According the Grace Hitch-cock '20, Andover was able to push through in the final moments of the 400-Meter Freestyle Relay, actualizing the team's full



D.OWYANG/THE PHILLIPIAN Abby Ryan '21 has been on the team since her Junior Year.

otential

Hitchcock said, "I've noticed with pretty much every meet this season that it comes down to that race, and we've sort of been lacking in the sprinting department in that final push of the meet, but we really all came through at this meet.

Co-Captain Macey Mannion '19 shut out Deerfield in the 500-Yard Freestyle. It was a hardfought win, according to Hwang.

"Macey Mannion did really well in the 500-[Meter] Freestyle; the other girl from Deerfield was really close to her -- it was a very back and forth race. In the end Macey pulled through and got us first," said Hwang.

Even with a diving injury, Andover recovered and was still able to gain a total of 4 points from the Girls 1-Meter Diving.

Looking forward, Andover continues to work on refining its relay techniques in practice for future meets, as well as in preparation for the Eastern Championships, according to Hitchcock.

"Relays are worth so many points, so a lot of it comes down to who can kick faster to the wall, who gets off that wall faster, who's got better underwaters. So it's a lot of these really small details that just need to be pulled together in these leading up to the last meets of the season."

Andover will face Hopkins away on February 9.



BOYSSWIMMING&DIVING

Athlete of the Week

Marcus Lee '21 Holds Onto "The Grit Factor"

ABBY RYAN



D.ZHU/THE PHILLIPIAN

Marcus Lee '21 helped to create a boys swimming team at his middle school before coming to Andover.

Upon entering Andover, Marcus Lee '21 changed his main stroke from breaststroke to backstroke to contribute to the team. At the two biggest meets of the season, Lee placed 17th at Eastern's and 8th at New England's in the 100-Yard Backstroke, in addition to participating in relays.

According to Head Coach David

Fox, Lee was was a key contributor at Eastern's last year, despite being a new member of the team.

"As with anyone new to the team, Marcus spent last year adjusting to the training and to the team's strict focus on swimming fast at Eastern's. I failed to realize that his omnipresent state of chill belied nervousness at the championships, but he figured things out on his own and swam great," said Fox.

Also according to Coach Fox, Lee has greatly improved his skills for a $variety \, of \, different \, races \, this \, season.$

"Marcus returned to the program this year with a much-improved fifth-stroke, the crucial underwater dolphin kick, and he has been training very well in both sprinting and middle-distance. He is going to do great in these last four weeks," Fox said.

Because of his willingness to reinvent himself for his team, Lee has been selected as The Phillipian's Athlete of the Week.

How did you get into the

My mom wanted me to be a cello player—a cellist—and to protect my fingers, she needed to find a sport for me that wouldn't be contact-based... so my mom was like, 'Oh, I think swimming is a good sport.' She basically threw me in the pool, and I started swimming.

When did you decide that vou wanted to go to a boarding

I went to summer boarding camp over seventh grade summer and I thought the boarding experience was really cool.... The swimming program at Andover was another big reason why I came here, because at that time, my swimming was gradually getting faster and I was getting [good] times for my age, so I was like, 'wow, I really want to come here and get good.'

What did Andover change about your swimming career?

I was pretty fast at my school. I held around ten records over there, but our swimming wasn't fast. I came here and then everyone was suddenly super good... You get everyone here who does everything and they're fast at their own thing. I came here entering as a breaststroker because, back then, my breaststroke was my strongest suit. Coach decided to train me for backstroke because I [did individual medleys] and we already had a lot of breaststrokers like Arnold [Su '20] and [Captain Neil Simpson '19], so there was no need for another breaststroker like me.

When Mr. Fox told you that you had to swim all-new events when you joined the team, how did you trust that you were still going to improve?

Honestly, at the very start, I was a little skeptical because my breaststroke has always been my strongest. I didn't know if I was going to improve or not. I didn't really know, but all I knew was that the key to improving is just practicing, and so what I tried to do was practice backstroke as much as I could. Jack [Warden '19] and Nate [Smith '18], who also swam backstroke, taught me a lot of things that helped me with my backstroke and my backstroke got faster.

Can you briefly describe your favorite race that you've ever

My favorite race here at Andover was probably the 200-Yard Free Relay at New England's. Even though we came in second to Brunswick, I was in the relay with Nick Isenhower ['18], Will Kantaros ['18]. I was the third leg because I was the slowest, but that was a really fun relay. It was really hype and it was really memorable because it was the A relay. That was my first time being in the A relay at a big meet, actually second time because I did it at Easterns, but the vibe of the Phillips Exeter Academy pool was full of people and everyone was just screaming, 'Go! Go! Go!' It was really Exeter and during that race, my heart was racing. It was fun, and it was nerve-racking. But in the end, we did our best.

200 MEDLEY RELAY (SCM)

VS. CHOATE | 12.1.18

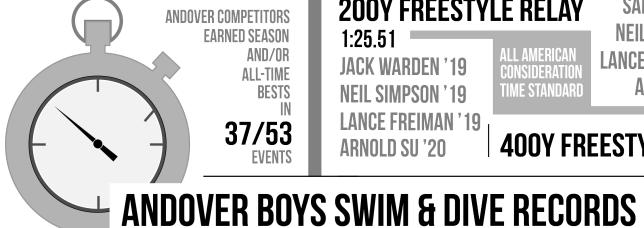
JACK WARDEN '19 NEIL SIMPSON '19 LANCE FREIMAN '19 ARNOLD SU '20



NATIONAL HIGH SCHOOL RECORD







AND/OR **ALL-TIME**

EARNED SEASON

100M BREASTSTROKE

VS. LOOMIS | 12.8.18

ARNOLD SU '20

57.99

21.35

POOL RECORD

DIVING

VS. LOOMIS

348.30 ZACK PENG '21

VS. ST. JOHN'S PREP | 1.25.19

50Y BREASTSTROKE

ARNOLD SU '20

POOL RECORD

200Y FREESTYLE RELAY

1:25.51 ALL AMERICAN JACK WARDEN '19 CONSIDERATION **NEIL SIMPSON'19**

LANCE FREIMAN '19 ARNOLD SU'20

LANCE FREIMAN '19 50.46 POOL RECORD

SAM DONCHI '20

100Y BUTTERFLY

NEIL SIMPSON'19 LANCE FREIMAN'19

ARNOLD SU '20

400Y FREESTYLE RELAY

Captain Feature

A Former #1 Canadian Swimmer, Captain Neil Simpson '19 is "The Ultimate Team Player"

ABBY RYAN



P.SANKAR/THE PHILLIPIAN

Co-Captain Neil Simpson '19 is inspired by Tom Brady's work ethic and attitude towards achieving greatness.

After achieving the title of best swimmer in Canada at the age of eight, the pressure that Captain Neil Simpson '19 felt to continue with the sport eventually led him to quit at the age of 12. However, Simpson decided to recommence swimming again at 15, a year before coming to Andover and joining the team as a new Lower. Since then, Simpson has been a member of New England and National record-setting relays and currently holds the school record in the 200-Meter Individual Medley and in the 100-Meter Breaststroke. He is also a member of the school record-holding 200-Meter Medley Relay and 400-Meter Freestyle Relays

Coach David Fox said, "Neil had not swum seriously in the years immediately preceding his arrival at Andover, so we have seen him improve in his technique, his ability to train at high speeds for a long time, and

Simpson started swimming in his local pool league out of Montreal, where he currently works. According to Simpson, swimming in the U.S. and at Andover is more focused on the team dynamic than on the indi-

"Swimming in Canada [is] a bit different; you're technically part of a team, but it's a lot more individualized, focusing on you, yourself, your event only. But you come to a place like Andover or you go to a college in the states, it's all about the team. It's all about relays. It's all about just racing and having a good time, and that just made me fall in love with the sport again," said Simpson.

Simpson maintains focus at practice, according to his teammates, but is also one of the predominant personalities behind the closeness of the team. Simpson balances focus and a "goofy" attitude that fosters a fun atmosphere on the team and compels his teammates to respect him, according to Max

Hunger '20. Hunger said, "He just knows what to do. He knows what he's doing, he knows what's best for the team, and he knows how to apply it. Also, he just has the respect of everybody. He has that serious attitude that you respect. It's unique. With that kind of atmosphere and high-performance, he knows how to balance that carelessness and having fun with also the seriousness of what's the right thing to do for training. It's a sight to see. He's a natural-born leader. When he tells everyone to be quiet, they lis-

Marcus Lee '21 said, "Last year, even though Nick was our captain, Neil also served as kind of like a Co-Captain. He was always cheering us on and giving us a lot of spirit. He was a really good role model and someone that I looked up-to last year, especially during Easterns where he was really focused and really in-the-zone. The way he works hard at practice is special and different from anybody else. That's what he did and still

As a Tri-Varsity Captain, Simpson notes that being a swim Captain requires him to look out for both the individual goals of his teammates and the more general goals of the team, unlike water polo and volleyball. In addition, Simpson takes inspiration from other leaders by modeling their energy to cultivate a better team dynamic.

"I really look up to Tom Brady. He just puts in the work and comes to work serious everyday with the same attitude everyday, and that's something I try to model: coming and doing my job, doing what I need to do to make the team better and hoping other people follow

my lead. At the same time, to be a leader you can't only lead by example. You also have to collaborate and create a team culture. I look up to Christian Alberga ['17] a lot. I thought he did a really good job doing that: integrating [Juniors], Seniors, everyone into the team culture, and that's something I try to do every practice," said Simpson. Alberga, Former Captain

of Andover Boys Swimming, said, "Neil is the ultimate team player. He always brings positive vibes and high energy to the team. He is most outstanding through the compassion he has for his teammates. He truly cares cares about all of the people around him and he wants nothing more than to see all of his friends be happy and suc-

Ralph Lam '22 said, "I already knew about Neil since the beginning of the school year, in fact, before the start of the school year. He sent me an email asking me about how I was, how I felt about coming to Andover, how excited I was coming to the swim team. Since the start of the season, he has always been really open. He hasn't really stayed away from the [Juniors]. He always comes over and sits with all of the [Juniors] at any sort of meal, any

time of the day. According to Simpson, the team's main goal is preparing for Eastern Championships in February. Simpson assumed the role of Captain last spring and has been preparing the team for this event ever since.

"We're working with [Coach] Fox, working with the boys... we just want everyone to swim as fast as they can at Easterns in February this year.... That's been the goal since the end of the season last year, basically, since the beginning of March last year. We put plans in place in terms of dryland, in terms of training, in terms of summer plans that will lead up to that Easterns meet in February," said

Simpson believes that one aspect of the team that separates it from other teams on campus is its balance of grade-levels and its family dynamic.

"The swim team is just such an amazing group of guys. The really special thing is that most people are on it for three or four years usually, so that means we form really tight bonds because we're together for a long time. A lot of teams can be PG/Senior/Upper dominated, but we have all classes, which is really special. It made it really easy to integrate into Andover when I first came here. It was just like a second family," said Simpson.

Alberga said, "From early Neil stood out as being very mature and assumed a leadership role from his first year on the team. He has the biggest heart of anyone I know. Even as an alum two years out of Andover I still feel the love he brings to our team. He exemplifies why we refer to the team as a family because he cares for everyone

Captain Feature Captain Ora Cullen '19 "Uses Inside Jokes and Humor" to Inspire Teammates

LILLIE COOPER



A.BHAT/THE PHILLIPIAN

According to Head Coach Belinda Wolf, Captain Ora Cullen '19 possesses a motivation unmatched by most others.

Despite having no prior experience with competitive diving, Captain Ora Cullen '19 joined the team as a new Lower from Paris, France. Cullen has since proved to be an integral part of the diving team and was voted Captain for zey Senior year.

According to Cullen, although

ze had never done diving before, zey extensive experience in gymnastics allowed zey to easily transition to into diving.

"A lot of my spatial awareness and kinetic sense of where I was in the air, especially rotating and flipping, is something that I worked a lot on in gymnastics and that was very helpful in diving," said Cullen.

Cullen's favorite part about the Andover Diving is the team's camaraderie and the close friendships ze has made as a member of the team.

Cullen said, "From diving, I have learned how to be on a team. I had never really been part of a team sport. [Although] gymnastics was a team sport...there was a lot of backstabbing, so it's the first time I have wanted to do things for other people, not just for me, because everybody's so close."

According to Head Coach Belinda Wolf, Cullen is a dedicated athlete and leader and is consistently enthusiastic for the team's daily practice.

Wolf said, "One of the best

things about Ora, is since the day I met [Ora], ze is one of the most motivated athletes I've ever had. Ze is the person who shows up early and will leave late. I've actually had to ask [Ora] throughout the years, 'Can you just relax, you don't have to show up that early.' Ora's definitely a leader, and I think that's why they chose [zey] to be Captain."

According to Claire Davis '20 and Wolf, Cullen's energetic and cheery presence contributes to the positive team dynamic.

Davis said, "Ze's always very upbeat and energetic, thinking of fun new things for us to do. Ze's always a happy person and always bringing the team's spirits up other instead bringing them down."

Wolf said, "I don't think I've ever seen Ora in a bad mood. It doesn't matter if [ze's] learning a new dive, it doesn't matter if [ze's] learning a difficult dive, or even if [ze's] not diving well, Ora always has a smile on [zey] face."

As a Captain, Cullen aspires to demonstrate the same leadership

and inclusivity that previous diving captains exhibited.

Cullen said, "My Lower Year, [Matt Grottkau '17] was Captain, and he had the perfect balance of discipline and fun. He did a good job being very exigent and a good coach who gave really good advice, but at the same time cultivating the family atmosphere. Our Captain last year [Emelie Elderacher '18] as well was super nurturing, loving, and kind, so I look up to them a lot."

Cullen uses zey leadership role to give teammates advice and encourage them both before and after dives, according to Zack Peng '21 and Eliza Dow'22.

In an email to *The Phillipian*, Peng wrote, "Ora uses inside jokes and humor to make us fearless and dive well. Ze is great at making each and every one of us feel more confident and hyped up to dive. Ze always encourages us to step out of our comfort zone and succeed in the sport."

Dow said, "Ze will critique you as well as give you compliments

and say what you are doing well during meets, especially after you dive or ze will give you advice before you dive, and I definitely feel supported by [Cullen] all the time."

According to Dow, Cullen is a determined and skilled diver who the team looks up to.

Dow said, "Ora is a very strong diver. Ze started diving [Lower] year and had never dived before, and now ze is very good, and does very well in all [zey] events. Ze does very well in twisters and has very good front half-somersaults. I think that [is] because of [zey] ambition and talent everyone on the team really looks up to [zev]."

One goal Cullen has for the rest of the season is to change the rules for agender athletes in diving like zeyself.

Cullen said, "I'm trying to change the rules about agender people on sports teams. Something I hope for the season is that the rules get changed and are made more inclusive, so that I can feel more accepted diving."

Coach Feature

To Head Coach Belinda Wolf, Diving Season "Feels Like Disney World"

ABBY RYAN



TWEI/THE PHILLIPIAN
Head Coach Belinda Wolf, takes
pride in coaching divers who had
little or no experience with the
sportsbefore coming to Andover.

Prior to her almost 30-year coaching career at Andover, Head Coach Belinda Wolf earned a gold medal at the Junior Olympics for diving during high school, received five All-American titles as a diver in college, and was a cheerleader for the Patriots. Wolf found the Andover

diving program as a coach in 1991 after she could not bear to leave the sport, and has since formed life-changing connections with her divers.

"This is where it gets so emotional: I loved diving, but it doesn't even compare to how much I [love] coaching. I have been coaching here for twenty-eight years and there hasn't been one time where I was like, 'Oh, I have to go there.' When diving season's coming, I can't sleep. It feels like Disney World every single day...I think it's because I love coaching diving so much and I'm so passionate about it and then the kids feed off of it," said Wolf.

According to Wolf, the success she had as a diver was the result of her high school coach, whom she respected the way she hopes her athletes respect her. She believes that someone can recognize the enthusiasm she brings to coaching her athletes from the minute they meet her.

"No one can be me. That's my power. I got that from a meme. I saw in a meme, 'no

one can be you, and that's your power.' But I always say, 'no one can be Belinda Wolf, and that's my power," said

According to Zack Peng '21, whom Wolf has coached to New England, school, and pool records, Wolf's positivity is refreshing compared to other coaching he has experienced.

"Her methods are very similar to what I'm used to at club diving. The only thing is that she's just nicer. She has a different kind of way in telling the divers how they should correct their dives, but just an overall more positive, more optimistic way to encourage us rather than scare us," said Peng.

Wolf employs unorthodox coaching techniques to make her athletes feel comfortable, like tempting them with unconventional motivation and a newly-created sticker system.

"Other coaches would say, 'Go in deeper. You're a little over.' I come up with things like, 'Go to the bottom, there are penguins down there. Oh

my gosh, you're going to be on The Ellen Show if you do the dive. Oh my gosh, I will get you a free Ferrari.' I say really fun things, and then they do it," Wolf said, con-tinuing, "these high school students that are at the number one high school in the world...the things that they will do for stickers that cost me 99 cents. And while I'm coaching them, they're looking and they're counting who gets the most stickers. A sticker is: did you do the dive well and did you do it for you and did you do it for me? Then, they get a sticker, and it's beautiful.'

One of Wolf's favorite aspects of coaching is the connections she makes with her divers and the trust they place in her coaching ability.

"One of my favorite things in the world [is] when I watch [the team] compete, [and] when they get on the diving board—and you know when a child looks at their parent for reassurance—I love when they get on the board and they look me in the eye like, 'Am I going to be ok?

This is for you," said Wolf.

Captain Ora Cullen '19 said, "I love to stay and coach JV with her and learn from everything that she has to offer...It helps a lot in terms of my personal growth in terms of what things to do and not to do. It helps a lot getting to see what I would have been like at the beginning, knowing that I've come so far, and knowing that these JV divers are going to come just as far."

Wolf is especially proud of divers she has taught who, prior to joining the team, held no experience in the sport but decided to pick it up when coming to Andover.

Bennett Pease '21, who began the sport last year and is now competing in Varsity meets, said, "She has taught me so much and helped me grow as a diver and as a person. She's so good at making everyone feel welcomed on the team...She is truly one of a kind...There's no one else like her on this planet and we're so lucky to have her as our coach."

SEOUL, KOREA

ANDOVER GIRLS SWIMMING

		ANDOVEN ONLE		
	AMY XIA '19	KATHLEEN TY'19	ANGELREANA CHOI'19	ANNA LANG '19
	READING, MASS.	NORTH ANDOVER, MASS.	SPRINGFIELD, MO.	ANDOVER, MASS.
G	RAELEIGH JONES '21	SOFIA SMIRNOV '22	GRACE HITCHCOCK '20	ADRIENNE LI '19
NC	ORTH ANDOVER, MASS	. ANDOVER, MASS.	BEVERLY HILLS, CALIF	
	ALEXA DICENSO '21	GWEN EMPIE '21	EMILY WARREN '21	GRACE HWANG '22
	METHUEN, MASS.	BLOOMSBURG, PA.	MENLO PARK, CALIF.	WINDHAM, N.H.
	HAILEY WADELL '21	MARY KATE TURK '22	ASHLEY VENSEL '22	ELIZABETH TRAN '19
	READING, MASS.	NORTH ANDOVER, MASS.	NAPLES, FLA.	WINDHAM, N.H.
	JACKIE ROSSI "20	ABIGAIL RYAN '21	HANNAH ONO '22	MACEY MANNION '19
	BRUSSELS, BELGIUM	RUMSON, N.J.	BOSTON, MASS.	BOSTON, MASS.
				,

ANDOVER BOYS SWIMMING

LANCE FREIMAN '19 NEIL SIMPSON '19 [C] DEXTER, MICH. **BEACONSFIELD, QUEBEC** YUBO JIN'21 ANDY XU'19 ANDOVER, MASS. SIMPSONVILLE, S.C. **ARNOLD SU'20 JACOB HUDGINS '19** ANDOVER, MASS. IRVINE, CALIF. RALPH LAM '22 HANK YANG '22 HONG KONG, HK HONG KONG, HONG KONG MAX HUNGER '20 **RIKU TANAKA '20 BEACONSFIELD, QUEBEC** TOKYO, JAPAN **MARCUS LEE '21** HARVEY ZHENG'19 JACK WARDEN '19 NORTH ANDOVER, MASS. TAIPEI, TAIWAN SAM DONCHI '20 ANTHONY MINICKIELLO '20 BRADFORD, MASS. PORTLAND, ORE. MAX FANG '22 SWANZEY, N.H. PORTLAND, ORE. **BRENDON FANG '22 RICK ONO '19** PORTLAND, ORE. **BOSTON, MASS.**

MANAGERS

EDEN CUI'19 NATALIA LOUMIDIS '21 SHANGHAI, CHINA SUDBURY, MASS. LOGAN MCLENNAN '19 MAC CALLAHAN '19 NORTH ANDOVER, MASS. BRUNSWICK, MAINE **OLIVIA LAI '20 ISABEL MIKHEEV '20** ANDOVER, MASS. **SEWICKLEY, PA. ELIZA SCHEER '20** NICOLE CHO'19 SEATTLE, WASH. **NEW YORK, N.Y.** MIA LEVY '21 JULIE KIM '19

> MICHELLE NG '19 Kowloon Tong, HK

DES MOINES, IOWA

ANDOVER DIVING

ORA CULLEN'19 [C] JACK CURTAIN'19
PARIS, FRANCE NORTH ANDOVER, MASS.

REESE PELLETIER '20 CLAIRE DAVIS '20 ANDOVER, MASS. NEW YORK, N.Y.

BENNETT PEASE '21 ZACK PENG '21 NORTH ANDOVER, MASS. OAKTON, VA.

Athlete of the Week

Graeleigh Jones '21 Brings Versatility to the Pool

VICTORIA DARLING



P.SANKAR/THE PHILLIPIAN

Graeleigh Jones '21 enjoys listening to music with her teammates to get ready for meets.

In her second year on the team, Graeleigh Jones '21 has proven herself an integral member of Andover Girls Swimming & Diving through her versatility and dedication to the team, according to teammates Abby Ryan '21 and Sofia Smirnov '21.

Ryan said, "She can do every stroke, and she is always willing to swim for whatever her [team] needs her for."

Smirnov said, "She is an outstanding swimmer and she is a very well rounded swimmer... I really look up to Graeleigh, she works really hard in and out of

Jones's commitment to Andover and her contributions as a consistently high-placing member of the team has earned her The Phillipian's accolade of Athlete of The Week.

When and why did you start swimming?

When I was about five, I started swimming on a team competitively. I'm still on the same team today outside of Andover, so it's been about ten years now. I started swimming mainly be-

cause of my sister. She started swimming and she really liked it so I wanted to do it with her.

What is your favorite stroke?

My favorite stroke is Breaststroke or Butterfly. At the last meet I did the 100-[Meter] Breaststroke and the 200-[Meter] Freestyle. I was really excited because I was able to win both events because it was definitely a close meet.

What cheers do you do before a meet?

We do two cheers. One of them is before we start. Our coach is in the center, and the seniors make a ring around him and then everyone else circles around them. Our coach blows the whistle and we spell out Andover; that gets us really pumped up before the meet starts. When it's a home meet, we also do a cheer right after diving where all the girls line up on the side of the pool and we do a clapping thing on the water and we all dive in. Depending in what grade you are, you swim to a certain lane and then come up.

What do you do before a meet to get ready?

In practice the day before [a meet], we do relays and we get ready that way. But before... my events, I like to listen to music and get excited with other people, that helps!

Who are your role models?

In swimming my role models are definitely girls older than me that have faster times than me. We all push each other; my teammates are my role models. Outside of swimming, my sister is also my role model.

What is your favorite part

about the team?

I definitely love all the relays because we all work super well together, and the team has a lot of depth. We all can swim fast together versus other teams who have a couple fast swimmers.

Who are your biggest sup-

My parents are my biggest supporters. My mom always tries to come to my Andover meets to support the team and me, and she [also] drives me to practices outside of Andover and takes me to meets that are really far away... [Also] the Andover team is super supportive; we all want each other to succeed, so that's a great support system.

Who are you rooting for in the Superbowl?

I like the Patriots!

Co-Captain Feature

Co-Captain Liz Tran '19 "Couldn't Be Doing Better"

PHOEBE BICKS



A.PHILLIPS/THE PHILLIPIAN Co-Captain Liz Tran '19 always remains positive and sets an example

for the team with her work ethic. Inspired by her older brother, Co-Captain Liz Tran '19 decided to join her local YMCA

swim team at just nine years old.

After swimming competitively throughout her childhood, Tran joined Andover Girls Swimming & Diving her Junior year. According to Tran, she's experienced a completely new side of the sport since coming to Ando-

"My old club team was very individual. People were mostly just trying to get better for themselves. Swimming at Andover is just a really different atmosphere, in terms of the team and people rooting for you," Tran

According to Tran, the supportive community on the swim team contributes to her love of

"My favorite thing about swimming at Andover is definitely the sense of team. Even though swimming can be such an individual sport, everybody's working together and everyone is working towards one goal. It's just really different from club swimming, knowing that people have your back and that everything you do is conducive to one goal," she added.

As Co-Captain, Tran supports each member of the team and encourages everyone to do their best, according to teammate Abby Ryan '21.

Ryan said, "During the meets, she's also very calm and collected, but she's always there to cheer you on and still is a role model for everyone in the way that she races. She's always looking out for you individually and giving you pointers on how to approach races better, and that's really considerate of her since she also has her own meet to fo-

According to Head Coach Paul Murphy '84 and Co-Captain Macey Mannion '19, Tran's experience, tireless work ethic, and thoughtfulness make her a role model for her teammates, enabling her to motivate the team for success.

In an email to *The Phillipian*,

Murphy wrote, "She sets the tone in the pool by making sure she swims at a high level each day - quietly motivating. She's just a super positive force. We can always count on Liz paying close attention to others and cheering them to victory."

Mannion said, "She's definitely really educated in the world of swimming. In the pool she never tries to slack off, never tries to shorten sets or anything. She's always the one to lead the lane and motivate people to do their best. To help the team win, she's just really supportive, always asking people about their races, and cheering."

In addition to her role as a motivational figure, Tran's lively personality brings a contagious positivity to the pool, according to teammate Jackie Rossi '20.

Rossi said, "Liz is really, really fun on the team. She always has a smile on her face when she gets to the pool, and she's also really goofy, so it lights up everybody's

Tran's diverse skill set in the pool sets her apart as a crucial asset to the team's success, according to Ryan and Rossi.

Ryan said, "She swims everything. She's quite versatile... She can fit in anywhere, but her versatility and her willing approach just to do anything is really awe-"Liz is really useful to have on

the team because we can sort of put her in any event we want to put her in and she'll always pull through," Rossi added. Overall, Tran's positive atti-

tude and passion for what she does is evident in her performance, both as a teammate and captain, according to Mannion. Mannion said, "There's a

quote from Liz in a video from last year, and somebody asks her 'Liz, how are you doing?' and she responds saying, 'I couldn't be doing better.' That just shows how much she loves the team and loves the sport."

Co-Captain Feature

Co-Captain Macey Mannion '19 Is "Like an Older Sister" to the Team

LUCAS KIM



Co-Captain Macey Mannion '19 holds team dinners to build up team chemistry.

After beginning swimming at a young age, Co-Captain Macey Mannion '19 fell in love with the sport and began giving her full attention to swimming. Eight years later. Mannion has continued her passion through being Co-Captain of Andover Girls Swimming.

"As a kid, I just did what my older sister did. So when she started swimming, I started swimming too. We both just stuck with it and got rid of our other sports. My older sister and my teammates around me all just kept me swimming," said Man-

Mannion's speed in the distance events along with her versatility between strokes and events make her a vital asset to Andover throughout the pool, according to teammate Abby Ryan

"She does our two distance events, the 200-[Meter] Freestyle and 500-[Meter] Freestyle and then she'll be in whatever relay [Head Coach Paul] Murphy needs her to be in. She's such an asset for the team because even though she's a distance swimmer, she is also able to swim the 50-[Meter] and 100-[Meter] Freestyle. She has great stamina and that definitely always pushes the swimmers in her heat and in practice, she's always leading the lane and always just setting the pace for the whole team," said Ryan.

Mannion credits her teammates as the reason she still swims today.

"My teammates have played a big role in my time here at Andover. They are the ones who keep me swimming and keep me motivated during practice every day. They always keep it lighthearted and happy," said Mannion.

Similar to the way Mannion is motivated by her teammates encouragement, Mannion is essential in rallying her teammates during difficult practices, according to Co-Captain Liz Tran '19.

Tran said, "She's always amping people up. Between sets, if people start to lag, she really gets their heart rates up again and gets people excited. She's definitely a huge part in making sure that people stay motivated during practice."

Additionally, Mannion leads through the work she puts in practice. Mannion pushes herself above and beyond in practice by willing choosing to swim the more difficult sets, according to Hailey Wadell '21.

'Macy is a super hard worker which I think pushes us during the practices. She always chooses to do the distance set, which has more yardage, and it really takes a lot of mental toughness to complete those sets, especially right after school. She pushes the team through those sets just with

positivity and because we see her grinding, we want to work harder too," said Wadell.

According to Tran, Mannion's leadership extends beyond the pool as she always puts the team

"She does what's best for the team and she's always thinking about what needs to be done and how we can improve. It really shows in how she addresses the team and how much she cares. If she sees you on the path or in [Paresky] Commons, she's always happy to talk to you, happy to listen and she's just a great captain and friend for the whole team."

said Tran. Ryan added, "She always has team dinners which is really fun because it's just a nice time to hang out outside of the pool and chat about non-swimming related things. She's a Captain in all aspects and not just with swim-

ming." Mannion's mentorship and compassionate character helps her act a role model to the younger swimmers on the team, according to Wadell.

'She's able to see when one of us is having a bad day or if one of us is just a little bit off our game

and she tries to help us get back on track but in the nicest way possible," said Wadell. "She's like an older sister to all of us which I think is the best way to be a cap-

According to Mannion, the team's success starts with a strong team chemistry.

"We try to help everybody get along. We switch up lane lines every week so everybody's meeting new people. We make sure to cheer for everyone during meets and that everybody's involved during swims and races. We just make sure to create a supportive environment for everyone," said

Mannion. According to Mannion, swimming is equally dependant on one's mental state as it is their

physical state. "Even though it's an individual sport, it's really a team sport, especially here at Andover," said Mannion. "The mental part of swimming is a huge factor, and the way your teammates treat you and the way you treat your teammates actually affects your races a lot."

ANDOVER GIRLS SWIMMING TRADITIONS

1. STREAMLINE JUMPS: JUMP 46 TIMES EVERY DAY TO REPRESENT THE NUMBER OF YEARS SINCE THE **TEAM WAS CREATED**



2. SEAL CHEER: LINE UP AT THE SIDE OF THE POOL AND DIVE IN LIKE SEALS AT HOME MEETS



3. BIRTHDAY SWIMS: SING "HAPPY **BIRTHDAY" AND SPLASH THE** BIRTHDAY GIRL WHILE SHE SWIMS **BUTTERFLY IN AND OUT OF THE WALL**



J.LEE/THE PHILLIPIAN

ARTSSTEISURE LEGISBARD/THE PHILIPA

Music Feature: Denise Taveras '21 Finds Confidence through Singing

NOEMI ELLIOTT

Stepping up to the microphone on the stage of Cochran Chapel, Denise Taveras '21 performed a solo part of the song "The Color Purple" at All-School Meeting on May 18, 2018. With the entire Chorus harmonizing behind her, Taveras' voice rose and fell with the melodious tune as her singing filled the chapel.

"['The Color Purple'] is such as beautiful song, and the poetry of it is mesmerizing. When I auditioned for it and received the solo, I was beyond proud... I usually don't like to listen to myself sing, but when I heard a recording of the performance, I was amazed by what I am actually capable of. It really opened my eyes to what I can do and what I can work on," said Taveras.

Though Taveras only started performing for large audiences and auditioning for talent shows in eighth grade, she has always liked to sing. She started singing solos at her church from a young age.

church from a young age.

"I used to go to this church and occasionally they would let kids sing solos in front everyone. There was this one song that I would always sing because it was the only one I knew; it was called 'Jesus Loves Me'. It was just that refrain for three minutes," said

Taveras feels that her singing has developed over the years through more experience with different vocal styles. She also views singing as a form of expression, which has helped her build self-confidence.

"Before I started to sing I didn't have anything that I really cared about or that really pushed me. Singing is something that I know that no matter where I go in life, it's going to be there for me and I can always rely on it as a way to cope or to express myself. I can just be myself through singing," said Taveras.

Angelina Collado '21, a friend of Taveras, said that she constantly hears Taveras singing in her dorm and in



S.BAHNASY/THE PHILLIPIAN

Since coming to Andover, Denise Taveras '21 has developed her singing techinque with the help of teachers and other members in her singing groups.

everyday life. She likes listening to Taveras sing not only because of her voice, but also because she spreads joy by doing what she loves.

"Hearing Denise sing is an experience that everyone should go through in life... Listening to Denise sing brings me so much joy, because not only is she a good singer but she also loves to sing, so whenever she sings I know that she's happy and it makes me happy. Hearing Denise talk about singing and music you can tell that she is really passionate about it," said Collado.

Taveras is a member of Azure, Fidelio, and Chorus on campus. She feels that engaging in the Andover community through music has limited her time to socialize, but has helped her find a second family in the singing groups she participates in.

"I spend so much time with members of these groups, and Fidelio particularly comes to mind. We spend hours together each week and call each other the "Fidi Fam." We also have to support each other, because sometimes when I sing, I might not feel that I did the song justice, so I rely on others to help me and give me feedback. They push me and we all hold each other up," said Taveras.

Besides her voice teachers and group members, Taveras found inspiration in one person last year, Blake Campbell '18. She met Campbell in last year's musical production, Ragtime.

"Blake is probably one of the coolest people I have ever met on this campus that I have aspired to be like. When I first came to Andover there were a lot of singers that sing a more soulful, gospel type of music. When Blake was here, Blake had the voice," said Taveras.

Another one of Taveras' friends, Jeffrey Steele '20, stated that listening to her voice was inspiring.

"When I hear Denise sing, she blows it out of the water and redefines what I thought singing could be," said Steele. "It is really touching to hear Denise sing a genre that I grew up listening to because it makes me happy and I can feel her voice in my soul."

High Fidelity Review: "Weekdaze" - Yung Fuego

Cameron Freeman and Quinn Robinson

We are Cameron Freeman and Quinn Robinson, and we listen to a lot of music. This column is here to share only the truth about which albums and EPs are worth your time. Each week, we pick one that's caught our eye — regardless of genre or popularity — and run through our thoughts.



With its catchy Fortnite-inspired chorus and relatable

modern American educational system, "Week-daze" — the debut track from Yung Fuego, better known on campus as Tafari Friday '20 and Layomi Oloritun '20 — brings an Andover-centric perspective to the SoundCloud rap scene.

references to the doldrums of the

The beat, produced by CashMoneyAP, an online music producer, exists in the same vein as most others in the free "-type" genre on YouTube and Sound-Cloud. It features a slow and chord-driven piano melody, reminiscent of the tambor of the "Minecraft" soundtrack. Laid on top is a typical trap 808 pattern, shuffling hi-hats, and off-beat claps driving the progression forward. While the instrumental certainly makes sense within the larger musical movement of the SoundCloud rap scene, it leaves one wanting more. A more forward-thinking and experimental choice in rhythm and instrumentation or a catchier lead melody would certainly help propel the track and consequently the duo to new artistic heights.

Yung Fuego's lyrics discuss the relatable tribulations of Andover life: "stress, mess, these tests / sports, courts, port-a-forts / leave that s--- for the weekdays." The tone of the track matches the relaxed, laidback beat, giving the song an overall sleepy feeling. The lyrics follow the tone, coming off as generally languid and leaving much to be desired at points. The second verse, delivered by Friday, however, is a clear standout on the song. As he switches up his flow into a double-time rhythm, "Got twenty for the snacks / toys in the back / chillin' with my boys in the back" hits much harder than the first verse and chorus. Until this point, the track seems like it needed some kind of energy to encourage engagement with the song and its lyrical content; this verse is a welcome change in the overall progression of the track. A trap-influenced hip-hop song should be danceable, and Friday's flow allows the listener to bob along rather than just listen passively. Unfortunately, though, the rest of the track

Overall, "Weekdaze" represents a valiant effort on the parts of Friday and Oloritun. The rap scene is inundated with aspiring stars, many of whom get buried in the sheer volume of songs circulating platforms like SoundCloud. While they are only starting out their careers, we encourage them to move beyond the established trend of their scene into their own unique corner of artistic merit. There's a lot of promise in Yung Fuego's debut single, and, with practice and further exploration, it can be refined into a legitimate force.

SCORE: 5/10

Kidokoma Provides Space for Students to Explore Fashion Design



I.BINGHAM/THE PHILLIPIAN

does not.

Kidokoma, the student fashion design club, held a winter pop-up shop in the basement of Morse Hall to sell thrifted pieces modified with patches, sewing, and embroidery by students.

EMMA FU

In a dim room in the secluded basement of Morse Hall, a plum-colored glow permeates the space as a speaker emits rhythmic music. Sweaters, pants, and other sorts of colorful merchandise hang on clothing racks set up in the room. Here lies the home of Kidokoma, an on-campus clothing brand, run and refurbished by students with an interest for designing.

"It's the only club on campus that's a student brand, so that's really unique, in addition to the fact that these students actually find time in their busy schedules to make clothes and put their effort towards their products," said their winter pop-up attendee Lilly Yager '21.

Ian Hurley '19, Co-Founder of Kidokoma, first decided to create Kidokoma to express

his passion for designing.

"I made this club last spring because there were no clubs designed around fashion or designer business, so I started up. [Co-Founder Sam Yoon '19 and I] had a shop that we paid for out of pocket last time, and it seemed to go really well. So we applied for an Abbot Grant and we got one so now we're kinda just spending that money and having a good time making clothes," said Hurley.

making clothes," said Hurley.
According to Chi Igbokwe
'21, a club member and an organizer of the winter pop-up,
Kidokoma takes hand-picked
vintage clothes and finds a
way to incorporate its brand
name into the item, often in
the form of patches or custom
embroidery.

"We picked out the clothes; we went to vintage stores and sewed on the patches and stuff. We were like the curators of [the clothes]. It's kind of like our designs and our creativity that are put into

these products. So people are buying stuff that was made by students on this campus," said Igbokwe.

According to Hurley, whenever a pop-up or sale occurs, a new wave of students join the club, having discovered an interest for designing. Because there aren't many opportunities to pursue fashion design in the Andover curriculum, Hurley hopes that joining Kidokoma can allow students interested in fashion design to pursue their passions.

"I wanted to do something that's not really offered in school. [Andover has a] costuming [course], but I never really got into that until this fall, because I just wasn't accepted into it. [This club's purpose] is mainly just to create an outlet for students who are interested in this kind of stuff, but they don't really have a place to do it," said

ARTS STIBISTIRE

Highlights from Andover's Fifth Annual Flash Films

CELESTE ROBINSON

A Day in the Life: Admissions Officer Writers: Loulou Sloss '22 and Natalie Chen '22

Director: Cameron Kang '21

"A Day in the Life: Admissions Officer" displays the trials and tribulations of interviewing prospective students. Caceras plays a video-game nerd, a lax bro, and a makeup-obsessed teenager, each interviewed by an admissions officer, Muromcew. Muromcew suffers through boring conversations, unwanted touchiness, and arrogant attitudes while she decides who makes the cut. "I decided to participate in this because I did it last year, just on a whim I guess, not planning on doing it with any friends. But I went, had a really good time, I met a lot of new friends, so I decided to redo my experience of joy. It was stressful, disappointing, heartbreaking, it was joyful, I would call it analogous to giving birth—that feeling of euphoria. I think I was just so glad when it was finally done, but also, I would do it all over again," said Kang.

Heartbreak Hill

Writers: Ryan Mai '21, Kedai Wei '21, Claire de Saint Phalle '21, and Melani Garcia '21
Directors: Ryan Mai '21, Olwethu Ngubo '21

"Heartbreak Hill" follows the investigation of the murder of Nathan Bridges, played by Wilde. Jo, a cop, interviews three suspects: Garcia, Nathan's best friend, played by Ngubo, and de Saint Phalle, Nathan's girlfriend. The film jumps back and forth in time to slowly reveal who killed Nathan Bridges. "It looked pretty fun and a few people in my dorm were doing it, so I decided to try it. We got there at 8:00 p.m. the night before, we stayed up until 2:30 a.m. writing it. The next day we woke up pretty early, and we spent all day filming and editing it. We finished it at 6:30 p.m.," said De Saint Phalle.

The Incredible Competition of Speed: Search for the Chard Writers & Directors: David Owyang '21 and Myles Ringel '21

Reality-TV style film "The Incredible Competition of Speed: Search for the Chard" depicts the contest between two longtime best friends: Sharpay Stern, played by Jacob Buehler '19, and Braxlee Vanderweel, played by Ringel. The two race downtown on broomsticks to see who can retrieve a stalk of chard from Whole Foods first. Ringel said, "You basically get to joke around all night with your friends. [My favorite part] was staying up late and writing. Also making myself seem like an idiot in public. [For inspiration,] I saw roller chairs, and I thought how fun would it be to roll down a hill in one."

Jack Murphy

Writers & Directors: Will Yun '20 and Julian Baz '20

Jack Murphy '20 stars in the title role of this action film. He escapes special-effect explosions on a motorcycle, retrieves the "Declaration of Independence," and defeats a supervillain—all while dressed in a suit and tie. "It was a totally impulsive decision, and I was not totally sure that I wanted to follow through with the film until I read the script by Will and Julian; then I was hooked. I was not a large part of the creative process of this film. I just tried to portray the writer's and director's visions for the film in my acting. The jaw-dropping performance from Nicolas Cage in National Treasure was my true inspiration for my acting role. To get into character, I locked myself in my room, and yelled in the mirror at myself for a few minutes. Then, I felt like Jack Murphy, and I was ready," said Murphy.

Students Make Films at Annual Flash Films Event

NOEMI ELLIOTT

While most students on campus spent last Friday night catching up on sleep, members of Andover MovieMakers Club gathered in the Underwood Room with sleeping bags, pillows, and snacks as part of Flash Films. At Flash Films, which is hosted annually by MovieMakers, students write, direct, shoot, and edit a short film within the span of 24 hours.

"The idea is that it is eight-eight-eight. At 8:00 p.m., the writers start writing, and they write until 8:00 p.m. in the morning. Then the directors show up and they pick scripts that people have written. Then the actors show up and film until around noon or 1:00 p.m. At around 3:00 p.m. in the afternoon, you have to submit your movie to a flash drive, and then that night, at 8:00 p.m. we screen the movies," said Board Member Ina Megali '20.

The event kicked off with three large groups spread around Un-

derwood. With pizza in hand, participants sat in a circle and described personal experiences that they had encountered on campus to generate ideas and learn about the other students. According to Co-Head Harrison Ringel '19, they hope for students to start thinking about how to incorporate their own stories into their films.

"For the brainstorming process... we just start talking because we don't know what to write about, and somehow make a joke, and it just clicks," said Ringel.

According to participant Cameron Kang '21, for most participants, Flash Films is more than just a creative outlet, as it also lets them bond with other students interested in filmmaking. Kang decided to take part in this year's Flash Films because she was able to form connections with her group members at last year's event, despite not having any prior experience in making movies.

"Coming here, it is about the movie you make, but, more importantly, it is about the experience and having fun... This is a great bonding experience because you spend an entire night with a group of people that you might not know and end up creating lots of memories," said Kang.

Ringel encourages students to participate in Flash Films even if they do not know what to create or how to do it.

"A lot of people come in not knowing how to do it; they learn how it on the fly and do it on the fly... For someone that is too nervous to participate, just do it. No one here knows what they are doing, so there's nothing to lose,"

said Ringel.

As a part of the special Flash Films tradition, one Co-Head of MovieMakers needs to make a cameo in every film made. This year, Ringel appeared in each film, acting as a house counselor, admissions officer, student, and

"[The Co-Heads] will travel around campus throughout the day and try to find different

groups that are

making films. As soon as the cohead shows up, the group has to find a creative way to incorporate them into the narrative," said Co-Head Isaiah Lee '19.

According to Co-Head Andrew Stern '19, the experience of creating ideas and putting them into film is what makes Flash

Films so special.

Stern said, "Even when you have very little time and very little sleep, you can still make something fun and worth remember-

ing. Even if it's not perfect."

Editor's Note: Isaiah Lee was a

Managing Digital Editor for The

Phillipian, Vol. CXLI.



M.LEVY/THE PHILLIPIAN

David Owyang '21, Carley Kukk '19, and Jacob Buehler '19 brainstorm ideas and share experiences to provide inspiration for their videos.

Hazel Koh '21 Uses Violin to Express Herself and Connect with her Childhood



I.BINGHAM/THE PHILLIPIAN

Hazel Koh'21 is an active member in the Andover music community and has formed many friendships through her musical endeavors.

ARIANA VELASQUEZ

Hazel Koh '21, accompanied with the other members of her Chamber Orchestra group, glided her bow over the strings of her violin to deliver the full harmonies of Edvard Grieg's "String Quartet in G minor, Op. 27" to the audience in the Tinken Room of Graves Hall. According to Koh, this moment, a cumulation of the group's hard work and thrice-weekly meetings throughout the term, holds a special place in her heart.

"One of my favorite Chamber moments was the day we performed it. When we were performing it it was so fun, and there was so much passion. It was really rewarding to have all of our hard work over that whole term amount to that performance. I was really proud of that performance I think we did really well," Koh said.

Koh grew up to a soundtrack of her sister's deep-toned cello and countless repetitions of Joshua Bell playing the "Tchaikovsky Violin Concerto", which inspired her to pick up the violin in the first place.

"I started playing at the age of five, and it was because my sister played cello... that's what inspired me," said Koh, "I like all the instruments, but I think that compared to the cello sounds the violin is more light and it just fits my personality better, if that makes any sense."

lin is more light and it just fits my personality better, if that makes any sense."

Koh uses her instrument as a means of self-expression in her everyday life. She put this in the context of the pieces she plays,

including her current piece

"Tchaikovsky Violin Concerto,"

which she chose as a reminder of this childhood experience.

this childhood experience.

"[T]here's a lot of different emotions in [the Tchaikovsky Violin Concerto]. I definitely like channeling those dramatic emotions. There's always passionsometimes it's anger, sometimes it's happiness. I like channeling those emotions, and it's cool how you can do that with music," she

In addition to Chamber Orchestra, Koh is is traveling to Portugal with the Tour Orchestra in the spring. Her violin-playing skills and commitment to music has allowed her to obtain more prominent roles in orchestras. Last term, Koh was a Co-concertmaster of the Symphony Orchestra.

Koh's friend, Isabel Chin '21 said, "I play with Hazel in Chamber Orchestra and Symphony during fall. And she's principal second violin right now, so she's a really great leader for all of them and she really helps to bring the orchestra together with her dili-

gent attention to detail."

As a result of her involvement

in the music community in Ando-

ver, Koh feels that she has expanded her view on music as more of a community-building endeavor than a solo activity. According to Koh, sharing music with her community is the most rewarding aspect of playing the violin.

"Before Andover, I didn't really play in ensembles or anything. But I've learned after coming to Andover how fun it is to play music with other people. The music community is really cool, and I really like being part of it," said Koh.

As evidence of the bonding experience in Orchestra, Koh's friend Ariel Wang '21 recalled how music has played a part in her friendship with Hazel, as they met in Junior year before their auditions for orchestra. Chin also recounted a similar experience.

"I met [Koh] through music too. When we were first auditioning, we ran into each other and she was preparing. [Koh] was really nervous so we just bonded over that. We both play in orchestra, and we're both committed to playing music, so we share that connection," said Chin.

EISURI

Students Enjoy Time with Friends at Giant Games

GAYATRI RAJAN

The crash of a toppling giant Jenga tower disrupted the Giant Chess game in Susie's last Friday. Nearby, students on the inflatable Giant Twister game watched anxiously as the giant colorful spinner whirred to their next command. The Giant Games event was organized by Student Activities Board (STACT), which also provided giant Connect 4 and Snakes and Ladders.

"I like how this event really makes students interact with each other, because people play board games less here... and now we can play all these familiar board games with new people," said Katherine Bell '22.

Several attendees named Giant Twister as their favorite game because of the challenge it brought.

"I think the Giant Twister thing was my favorite event because so many people could really get involved and there is a really big arena where people can play," said Jeffrey McDonnell '19.

Attendee Chenault Ellis '22 added, "I love being able to hang out with mis amigos and have a good time... I especially like the Twister game because it really stretches you both mentally and physically and it's really fun to play."

Chi Igbokwe '21, on the other hand, felt that the event was rather uninteresting. She stated that events organized by STACT could benefit from

more student input on what more people may be interest-

"Personally I think that student activities have kinda been lacking this year. I feel like the activities that they have just get more and more dull... There [are] a small amount of people that enjoy playing giant chess and I just don't really understand why that's a thing to do on a Friday night... I just think that they should really try to survey the students accurately and not do things like this 'cause it really reminds me of elementary school," said Igbokwe.

Other students, however, named chess as their favorite activity at the event.

"I played a really cool chess game with three of my other friends. We played doubles... There wasn't much to do. It was a Friday night so I'm really grateful for this event. It was really fun. I liked just to be able to hang out with my friends and be able to play like a really competitive game of chess. There should be more people here, that's all," said attendee Jason Li '21.

The Giant Games event also provided a chance for students to play in teams and challenge their friends.

"Jenga was really fun, it really brought our team together, like we were really able to have really healthy and fun competition with awesome friends, and we're really able to think about other people too," said Ariana White '22.

Student Recitals Offer Andover Musicians an Opportunity to Refine Skills

ALEX PARK

With several quick movements of the wrist, Amy Chung '22 started the first movement of Paul Hindemith's "Solo Sonata for Cello." Her bow moved swiftly across the strings, filling the air with various chords and a flurry of notes while her fingers moved rapidly up and down the cello. Finally, the music crescendoed to a climax, then halted quickly.

Chung was one of 14 students who performed at a student recital in Timken Room of Graves Hall this past Wednesday. The performance consisted of a variety of different instruments including cello, trumpet, viola, and piano, as well as vocalists.

"My performance went okay; most of it went well, but there were some spots that I wasn't ready to perform and I ended up messing it up. Overall, if I had practiced a bit more I think it would have gone smoother, but I think otherwise it went pretty good," said Chung.

Evan Tsai '21, a double-bassist in Andover's Symphony Orchestra, attended the recital to support his friends who were per-

Tsai said, "Amy played very well; the Hindemith is a challenging piece. It's not easy, but she played it very well. On a technical level, she executed it really well, but besides that there was lot of musicality in the way she played that made it that much better.'

Many of the musicians considered these recitals as a means to improve their performing skills on a stage, including trumpeter Alisa Cruger-Cain '20, who played the first two movements of the "Hindemith Trumpet Sonata" for this recital.

"I've been working on [the "Hindemith Trumpet Sonata"] for an audition and my goal was to use this recital as an opportunity to practice actually playing the piece as a performance so that I could be ready for the audition," said Crueger-Cain.

Despite feeling underprepared, Clara Tu '21 was proud that she played the entirety of Johannes Brahms' "Rhapsody in G minor on Piano." Tu also viewed recitals as a way in which to sharpen up her playing skills in case she ever needed to perform on the spot.

Tu said, "A lot of the times I use these student recitals or recitals in general as a way for me to practice performing, because it's always good to be able to perform on the spot, like at family events my mom will always be like, 'Clara play something,' and I'll have to play something even though I'm not super ready for it, so these are a good opportunity for me to practice that?

Some performers found that the student recital was conducive to their growth as musicians, as experience allowed them to become more confident. Crueger-Cain noted that her playing has improved as a result of her participation in concerts in the past.

Crueger-Cain said, "[When] you perform more regularly, you sort of get used to being on the stage, so you don't really get stage fright or feel like it's out of the ordinary to perform. I think since I've started doing these recitals, I've been getting better at that so that's good."



D.OWYANG/THE PHILLIPIAN

Alisa Crueger-Cain '20 played the first two movements of the Hindemith Trumpet Sonata at the recital.



Senior Soloists





This past Saturday in Cochran Chapel, five Seniors performed at the Senior Soloist Recital, displaying their musical talents and culminating their musical careers at Andover.

Four beats rang out from the piano, echoing n Cochran Chapel before William Duan '19 began a flurry of octaves on the violin. Duan performed a rendition of 'Violin Concerto in D Major, Op. 61" by Ludwig van Beetĥoven.

"As a musician, you don't perform for yourself; you perform for other people. It's really cool that I get to bring Beethoven's music and my music to all those people in the audience," said Duan.

Duan had previously played the same piece accompanying two soloists. After that performance, ne decided to compete with it in the 2018 Senior

Concerto Competition, which is the contest that decides which students will perform in Senior Soloist Recitals. When he plays, Duan attempts to channel the feelings of the composer.

"Beethoven is not exactly a big happy guy but in this piece, but I feel like he's not as depressed as he usually is. I had to try to find this happy part in Beethoven's life," said

According to Duan, playing for an audience is a form of personal validation after countless hours of practice and hard work.

"I learned this piece a year and a half ago so it felt good to finally to play this piece after a year and a half of work. Playing this piece in front of people makes me feel like my work is not wasted," said



William Duan '19 channels his piece's emotions in his playing.

Opening with a soft and light chord on the cello, Jonathan Lin '19 performed Schumann's "Cello Concerto in A minor, Op. 129." Lin has been playing the cello for nine years and considers this performance to be one of the highlights of his Andover music ca-

"This performance is a huge milestone for me, because it's something I've wanted to do since I came here. [It] was a culmination of a lot of efforts. I am not just a cellist, so it's just one part of my music career, but it's still pretty cool,"

> According to Christina Cho '19, a cellist in the school's Symphony Orchestra, the Schumann

concerto is a notoriously difficult piece.

Cho said, "The Schumann Cello Concerto is a really hard piece to play. It's long and you have to think a lot about musicality and how you're phrasing things and there are a lot of big shifts, but [Lin] did a good job of putting everything together."

According to Lin, that particular concerto has interesting contrasts in terms of tone, dynamics, and tempos.

"Schumann Cello Concerto is my favorite cello concerto by far. The first time I listened to it, something was sparked in my mind. I love listening to it and playing it. The piece itself is very two-sided. I like how there are two distinct sides and a clash, and I was trying to express that," said



Jonathan Lin '19 performed a technically difficult piece in his recital.

Beginning with slow, **Chloe Choi: Violin** minor melodies, Chloe Choi '19 launched into the 'Sibelius Violin Concerto in D minor, Op. 47." Choi has been playing violin for 14 years, and her passion for the instrument was initially fostered by her family's love for classical music.

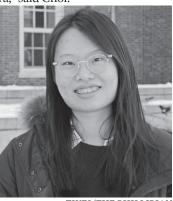
"Until I was in elementary school, the only music I would listen to was classical music. Whether in the car or apartment, would always listen to classical music. We have a small room back in Korea where I live, all the four walls is full of CDs. Probably 300 to 400 CDs. I had this environment where I naturally got interested in violin," said Choi.

Choi selected the Sibelius violin concerto to perform because of its musical complexities. According to Choi, the concerto is not only enjoyable just for the audience, but also for her.

'Something about Sibelius touches my unconsciousness. It's something that I can't explain in words, but if I listen, it's so complex and mesmerizing. I really don't get that feeling from any other concerto. It also has this special thing where it's weirdly complex, serene, sad, but also joyful," said Choi.

After Andover, Choi hopes to continue her musical career by joining symphony orchestras and bands in college.

"When I am going to college, I am definitely planning to join a symphony orchestra...even if I go to [a] college [that does] not have a school orchestra I can join, I hope that I can join an amateur orchestra," said Choi.



TWEI/THE PHILLIPIAN

Chloe Choi '19 applies her love of classical music to her performance

With a deep breath, Mona Suzuki '19 drew her Mona Suzuki:Violin bow across her violin and opened Henri Vieuxtemp's Violin Concerto No. 5 in A minor, Op. 37" with a rapid run of melodies. Suzuki has played this piece since middle school and violin for thirteen years.

"I've been playing violin for most of my life so it's become a part of my lifestyle. For the most part, I try to practice every day so it's a part of daily routine as well. Not only is music a way to express myself, but it's also part of my lifestyle so I think I'm attached to it because of how familiar it is and because it's a way to relieve stress and express my emotions through violin," said

Although Suzuki thoroughly practiced for the concert, she was wary of the differences between practicing alone and performing in front of an audience.

Performance-wise, playing in front of other people is not the same as performing by yourself in a practice room in Graves Hall. It's more nerve-wracking...so calming yourself down getting into the piece is something that tends to be challenging. Ultimately, you have to remember that people aren't there to critique you, they're there to enjoy your piece," said Suzuki.

Despite the challenges, she considered the performance to be a success, overcoming any of the mental obstacles that came her way.

"Overall, I was able to concentrate and put in most of my efforts into this performance. I was able to perform like I was practicing which means I was focused. I tried to put a lot of emotion in," said Suzuki.



stage fright with performing.

T.WEI/THE PHILLIPIAN Mona Suzuki '19 overcomes her

Jennifer Lawson '19 umped quickly from note to note, beginning the cadenza of Aaron "Concerto Copland's for Clarinet" with rapid rhythms. Lawson has Jennifer Lawson: Cl been playing the clarinet for seven years and wanted to complete her Andover music career with a unique and en-

tertaining piece. "I wanted something that was really weird because a lot of clarinet repertoires are... extremely vanilla. I was listening to many different pieces and I found one which I thought it was different and fun. It's very unconvention-

According to Lawson, the complex time signatures and intricate rhythms became a challenge for her as she learned this concerto over the course of this year.

'[The most challenging part was probably the timing because it's so abstract and syncopated. Then again, I chose that because I wanted to be weird. There's a lot of time changes and weird rests," said Lawson.

As a clarinetist, playing solo pieces is always an engaging opportunity to approach music in a different way, according to Lawson.

"Most of the time, I'm in bigger ensembles or orchestras. So being a soloist is a different dynamic. I had Ms. Palmer [as my accompanist] and she is amazing. She always catches me when I fall. It's definitely different than playing with 10 other clarinets in a big band of other instruments," said Lawson.

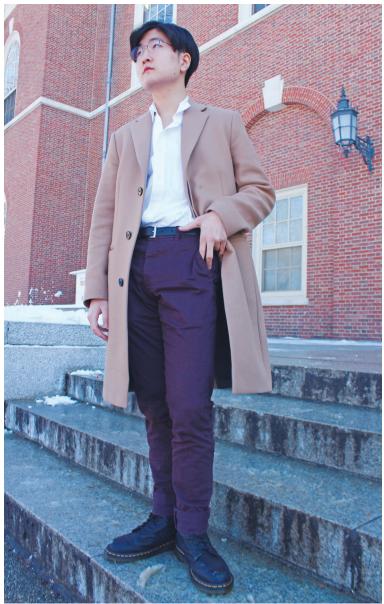


Jennifer Lawson '19 enjoys playing complicated solo clarinet pieces.

EISURE

Look of the Week:

Arno Min '19 Draws Fashion Inspiration from His Cultural Upbringing and Family



O.TUNG/THE PHILLIPIAN

Arno Min '19 prefers winter and fall-themed clothing, such as long coats and jackets, as he's lived in Boston since the age of six.

ARIANA VELASQUEZ

Arno Min '19 pairs loose-fitting burgundy pants with a simple, long-sleeved tee. The words "enjoy it while it lasts" repeat themselves in a bold print along the sleeve arms. A pair of circular, thin-frame glasses perched on his nose complete his look.

"Cohesiveness is the main thing. Although [I often wear] red, black, and white—a lot of my wardrobe is like that—they don't all necessarily go together. For instance, I probably wouldn't wear grungy ripped jeans with a nice long coat. So I think about what matches the same sort of aesthetic style that stays within the realm of the taste that I have," said Min.

Min cites his mother as a inspiration for his style. According to Min, he frequently went shopping with his mother when he was young, and his mother often gives him tips on what to buy and wear. As such, much of Min's style imitates that of his mother.

"He and his mom have very similar tastes in fashion. He was telling me this story, for instance, where he really wanted this jacket. And before he even told his mom about it, she actually came home with the jacket and said 'I thought this would look really good on you.' They definitely share a bond because of fashion," said Clara Li '19, a friend of Min's.

Min also draws inspiration from his Korean heritage and the Korean-pop fashion scene. According to Min, he doesn't try to make a particularly bold statement, but rather pays respect to



O.TUNG/THE PHILLIPIAN

Arno Min'19 embraces his Korean heritage in his style, drawing inspiration from the Korean pop fashion scene.

the culture of the second place he

"He gets a lot of inspiration from Korean culture, like K-Pop. He's very involved with that kind of culture. I think he channels that into what he wears, which is really cool. He's always had a very similar style, but it's evolved over the course of Korean fashion," said Brian Ko'19, a friend of Min.

Growing up in Boston and in cold weather, Min considers his upbringing as one of the main factors for his preference for winter and fall clothing, especially long coats and jackets.

"I've lived in Boston for a really $long\,time\,now-I\,think\,since\,I\,was$ six? Obviously, the cold weather does influence the way I dress. I do think I prefer winter and fall fashion over summer and spring fashion. So surviving the weather has influenced how I dressed,"

said Min.

While Min does not have many statement pieces, he often shops at Uniqlo for basic clothing and at Zara for pieces that stand out, mixing and matching clothing from both brands in his everyday fashion to complement his aes-

"Uniqlo is a great place to get really basic items from. They're really consistent with what they have. There aren't any particular statement pieces that you can get there nowadays but if you go there you'll find something you like generally speaking. If I'm trying to find more of like a statement piece, I might shop at Zara or something if they're on sale," said Min.

Abbot Cabaret Donates Money To Gas Leak Disaster Relief

IRENE KWON & ALANA YANG

The lights in Kemper Auditorium dimmed as the members of Photon, a light manipulation group, took to the stage, swinging their pulsing poi lights in the darkness as they performed to "Ready for Love" by Cascada.

"The light show was incredible; it was very different from the rest of [the show] and I thought that was very good. I think they can maybe do more than just singing; all of the singers were amazing and I really enjoyed it but I feel like they could add more [types of] talent. I thought the light show was a good [act] to change it up," said audience member Sofia Poncel '21.

On Saturday night, students and faculty gathered in Kemper Auditorium to watch students sing and perform in the annual Abbot Cabaret. A variety of acts were showcased on stage, from original pieces sung by Jacques Kuno '20 and Yuping Zhu '21 to arrangements performed by student a cappella groups. All earnings from Abbot Cabaret were donated to the Greater Lawrence Disaster Relief Fund, which helps those affected by the Columbia Gas Leaks from early September.

"We aimed to just choose the most enjoyable acts which would translate well to the

stage. Preparation ended up being a big factor - a few groups which typically perform at ABB Cab didn't make the cut. This event is an important showcase of the incredible diversity of talent we have on campus!" wrote Abbot Cluster Co-President Cameron Freeman '19 in an email to The Phillipian.

Abbot Cabaret also marked the debut of a new a capella group on campus called Downbeat. Consisting of Kuno, Chi Igbokwe '21, Quintin Moss '21, Denise Taveras '21, Adaeze Izuegbunam '20, and Sam Wright '19, the group performed Adele's "Set Fire to the Rain."

"We only got to rehearse twice as a group before the show, but I think that all of us are pretty skilled and committed so putting that together in such a short amount of time was really cool and really fun and I'm glad that we were able to pull it off," said Izuegbunam, founder of Downbeat.

Along with the diversity of talents featured in Abbot Cabaret, the event cultivated a supportive audience, according to Natalie Shen

'20, a member of Photon. "I think it was really fun. I think the crowd made it really nice because the crowd hyped us up and the louder the crowd reacts the better we do. I was really thankful for everyone who came," said Shen.



D.ZHU/THE PHILLIPIAN

Abbot Cabaret featured the debut of a new a cappella group called Downbeat, which was originally created by Adaeze Izuegbunam '20.

Upcoming Events

Upcoming week:



Lunar New Year Dinner February 1 5:30 p.m. to 7:00 p.m. Underwood Room



Lip Sync Battle February 1 8:30 p.m.

Af-Lat-Am Potluck February 2 5:00 p.m Underwood Room Next Friday: Black Arts Coffee House

More to Come:



Casino Night February 9 Paresky Commons



Student Voice Recital February 15 Timken Room in Graves Hall **Chamber Music Society Concert**



Academy Concert Bands Concert



February 17 Cochran Chapel

Timken Room in Graves Hall



Dance Open February 15-17

S.YANG / THEPHILLIPIAN

