



DOWYANG/THE PHILLIPIAN

Sahil Tekchandani '19, Flagstaff Cluster Co-President, facilitated one of 15 discussions occurring in different rooms of Samuel Phillips Hall during All-School Congress on Monday.

First All-School Congress in Five Years Facilitates Student-Faculty Discussion on Room Visitation Policies

OLIVIA TUNG

Over 200 students and faculty members dispersed throughout 15 classrooms in Samuel Phillips Hall to attend the first All-School Congress (ASC) in five years. The Congress provided an opportunity for students and faculty to share their opinions on room visitation policies.

The Congress was hosted by Student Council members on Monday. Student Council worked with the Deans Team to organize the Congress.

Preliminary stages of the ASC began during Fall Term, when Cluster and School Co-Presidents discussed current parietal rules at the Dean's Table. According to Associate Dean of Students Rajesh Mundra, there was a level of miscommunication and judgement surrounding room visitations last year.

"[An ASC] came up because we thought [it] would be the best way to involve students

and faculty in a joint discussion about an issue that both [parties] care about," said Mundra.

During the ASC, students and faculty were divided into classrooms for small group discussions. The bulk of the small discussions allocated time to talk about current room visitation policies and a proposed alternative policy written by Andover, Deerfield, Choate, Phillips Exeter Academy, and Northfield Mount Hermon.

According to Anne Gardner, Protestant Chaplain and Director of Spiritual and Religious Life, each activity was designed to foster student-faculty relationships.

"These kinds of opportunities [allow] really wonderful discussions between people who don't know each other," said Gardner. "[The activities]

Continued on A9, Column 4

New REACH Sign-in System Gathers Both Support and Criticism

JULIET GILDEHAUS

Andover made the switch from a paper-based sign out procedure to a digital system known as REACH this fall. REACH is a student management software that aims to improve communication, efficiency, and safety throughout the sign-out process, according to the company's website.

The software features both an online and an app-based platform where students can submit leave requests and faculty can view and manage these leaves. The administration decided to make the switch to REACH in an effort to ease the sign-out process for both students and faculty and to alleviate concerns and confusion surrounding student whereabouts, according to Jennifer Elliott '94, Dean of Students and Residential Life.

Elliott said, "[The decision to switch] mostly had to do with keeping track of all of our kids on the weekends... [REACH] makes it way easier at the macro-level to keep track of everyone. The dean who's on duty is responsible for, in theory, 848 boarders, so to have a system where you can actually know where everyone is, and where they are supposed to be and when [makes] it was way easier for them."

Elliott explained that REACH, a Canadian and Australian-based company, first approached the Andover community five years ago while attempting to expand their program in the United States. In addition to REACH, the administration considered a similar

system called Boardingware, but ultimately chose REACH because of its ability to acclimate to the Andover community.

"REACH and Boardingware both approached us for the last five years or so, but... [REACH's] company is based out of Canada and Australia, [so] they're trying to build their model in the U.S. We had both [companies] come to campus and do presentations—it just felt like REACH had worked through a little more of its hiccups. Andover wants to customize things so it works for us, and it felt like REACH was going to have more ability to adapt," Elliot said.

The software has succeeded in meeting the objective of improving the leave process in terms of both efficiency and convenience, according to Jill Meyer '09, Instructor in Chemistry and Biology, who serves as a house counselor in Paul Revere Hall.

"I've found it really helpful to be able to go the dashboard and be able to see who is in the dorm versus outside of the dorm, whose permissions have we received, who's still waiting for approval from a host, so it really does feel so much easier," Meyer said.

Additionally, Sara Erdmann, Instructor in English and House Counselor in Paul Revere Hall, said that the REACH system simplifies the sign-in system significantly from a faculty's perspective as opposed to a student perspective.

Erdmann said, "I'm in full support of the move to an online system. Using slips of paper was both wasteful and much harder

to keep track of, particularly in a very large dorm. From a faculty standpoint, [REACH] is actually quite simple and involves far fewer emails between parents, hosts, and students," Erdmann said.

Despite its positive reception among faculty members, the REACH system has not found as much support among students. Many students have faced difficulty with the app's interface, encountering frequent random errors or "glitches" which inhibit a student's ability to submit a leave request, according to Brooklyn Wirt '21 and Eby Mackenzie '20.

Wirt said, "After opening [the app] and seeing how the keyboard doesn't even work well with the iPhone [and how] it closes out randomly sometimes and glitches constantly, it just feels like a very flawed system that hasn't been updated in a long time with the progression of technology... It just doesn't work."

Mackenzie said, "I think just anything online has the ability to glitch and mess up things, so I think that's really the only thing the paper system has on REACH. Paper doesn't glitch or mess up your dates — it's what you write down...like I just submitted a leave request, and then had to do it all over again because REACH messed up my dates, so that's definitely a disadvantage [of the online system]."

Continued on A5, Column 5

U.S. Navy Destroyer Commissioned After Korean War Hero Thomas Hudner '43



COURTESY OF WIKIPEDIA

The U.S.S. Hudner (pictured above) will be homeported at Naval Station Mayport in Florida.

AARON CHUNG

Celebratory cheers echoed throughout Boston as thousands of people gathered to watch the commissioning of the newly built Arleigh Burke class guided missile destroyer, named U.S.S. Thomas Hudner after Medal of Honor recipient Captain Thomas Hudner Jr. '43.

The ceremony, which took place at 10:00 a.m. on December 1, was traditional, impressive, and historical, according to Jim Donnelly '73, Vice-Chair of the Andover Military

Committee and attendee of the ceremony.

"The most moving part of it was when the commanding officer goes to the podium and tells his crew to bring the ship to life and up to that point, the sailors were all on the pier with us... When the ship's commanding officer says bring the ship to life, they all started jogging down the pier and they went up the bow so the gang waves into the ship and then they

Continued on A8, Column 4

William Tong '91: First Chinese-American Attorney General in US History



COURTESY OF TWITTER

At Andover, William Tong '91 was a School President and an Upper Representative.

WILLIAM YUE

William Tong '91 became the first Chinese-American Attorney General in the history of the United States on November 6, when he was elect-

ed in the state of Connecticut.

According to Tong, his civil duties as the Attorney General in Connecticut are manifold.

"Everything the Attorney General does in Connecticut is all civil, and what I do as [Attorney General] is protect and defend Connecticut families from abuse as consumers, to environmental changes, or other actions that prejudice their rights, safety, or health," said Tong in an interview with *The Phillipian*.

In addition to being Attorney General, Tong is also the first Asian-American Constitutional Officer in the history of Connecticut. As a Democrat with a decade of experience in public service, he serves as the 25th Chief Civil Law Enforcement officer and also acts as the legal advisor and lawyer for his state. Currently, he also serves on the Con-

necticut House of Representatives.

"I was very proud to be the first Asian-American Constitutional Officer in the history of our state. Constitutional Offices are offices that are created by the state constitution, and that includes the governor and the senate governor, there are a variety of others, but there are six of us total. So I'm the first Asian-American to hold any of those roles," said Tong.

Tong has helped pass historic laws defending the LGBTQIA+ community, protected victims of domestic abuse, reformed a system of mass incarceration, and supported families through financial crises, according to williamtong.com. Tong's main goals are to fight for fairness and justice.

Tong credits his success to

the opportunities and education that Andover provided.

"Andover was probably the single most important academic experience of my life. There are so many ways in which it has impacted me, but chief among them, I had a general sense that I wanted to dedicate and commit my life to service, and that I wanted to do that through public service and potentially through elective office," said Tong.

Tong says he believes that Andover gave him the chance to explore his desire to lead and serve. He particularly enjoyed his time both on the Student Council and as School President, as they allowed him to shape important skills he would end up using throughout his life.

Tong said, "At that time, we had three Uppers who were known as Upper [Represent-

tatives] and they were the three Upper Representatives in the Student Council. I was one of the three Upper Reps and then I became the School President when the school had one. It helped to validate that this was something that I found meaningful, that I had a lot to contribute to my classmates and to the school, and that I started to develop those leadership skills while in high school."

According to Tong, his favorite memory at Andover was being welcomed to campus for the first time and welcoming new students himself as School President three years later. Tong says he believes that these two moments

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The Phillipian, vol. CXLI highlights the urgency of global climate change.

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Meet this year's Abbot Grant Recipients.

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Kinsey Yost '15 is awarded All-Academic Nescac Honors for the third year running.

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"Yorkeling" All the Way

Yorkies bring holiday cheer to your front doorstep with annual tradition.

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The oldest preparatory newspaper in the United States. Founded 1857.

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Vol. CXLI, No. 26
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Editorial

Time for Change

Each Monday, the board of *The Phillippian* meets to discuss and decide a topic on which to write the week's editorial. Nearly every meeting, climate change is broached as a possibility, and nearly every meeting, it is subsequently turned down. At the surface level, the issue of climate change is often dismissed as not relevant or timely enough. But underlying those assertions is an insidious complacency; at Andover, we can remain content with simply acknowledging climate change since we are not in a position where climate change personally impacts our lives. We shirk our individual responsibility in fighting climate change, relying instead on the actions of national- and international entities to be "enough." This week, as President Trump reaffirmed his commitment to the fossil fuel industry at a global climate summit in Poland, we realized that our country cannot do "enough"—instead, we must continue to use our voice on this newspaper to urge action. As we near the end of 2018, there are only so many issues left until the climate change will be irreversible.

Although most students on this campus are in some way aware of the issue, the implications of climate change deserve restating. Sea levels are rising at their fastest rate in 2,000 years, threatening to displace nearly 2 billion people in coastal cities by the year 2100, according to Global Citizen. Nearly half of animal and plant species risk extinction by the end of the 21st century without a significant change in carbon emissions, according to the World Wildlife Foundation. Unless serious and enforceable policy change is enacted before the rise in global temperatures reaches 1.5 degrees Celsius, we will reach a point of no return, after which there is nothing we can do to reverse the effects of climate change.

Now, scientists believe that the point of no return could arrive as soon as 2030, according to TIME. Though climate change has often been tabled for the future to handle, as if only the next generation will see its effects, it is clear now that this issue will be one we will face. By the time most of us high school students are nearing our 30s, if we do not each work to combat our own carbon footprints, the world will have begun its uncertain, tenuous future.

From a student perspective, it is easy to allow climate change to fall into the background. Global powers often seem to have adequately addressed each climate change "event" that springs up. In the wake of a UN report detailing

the immediacy of the issue, the World Bank recently announced that it will dedicate 200 billion dollars towards climate-change resilience and adaptation ventures. That price tag alone is enough to convince many that "enough" is being done to combat climate change. But too often are these announcements seen as actions in themselves. Global initiatives such as the Paris Climate Change Agreement provided hope to many people that meaningful change would be enacted, but its lax enforcement policy has allowed many countries to simply ignore its provisions. And though some changes are being made, it is important to remember that many wealthy industrial companies have built their enterprise based on the exploitation of fossil fuels. These companies will continue to influence their legislatures to fall in line with their interests, ensuring that any progress made will be counteracted by an equal regression.

When discussion about climate change is centered on the actions of those who wield international power, it is easy for people to feel as though their actions are inconsequential. We cannot, however, overstate the importance of small-scale initiatives and actions. Although it may seem cliché to discuss the significance of the individual, ultimately a solution to climate change is reliant on the collective efforts of the human population. Simple things, such as recycling, turning off lights, and conserving water, while seemingly trivial in themselves, are part of each person's duty to ensuring that the environment in which we live in is preserved for the generation to come.

Many people put their hope in the future, expecting technological innovation to be enough to reverse the damage to our planet. Climate change, however, is a problem of the present. It is a reality we cannot afford to ignore especially at Andover, a place where we have access to innumerable resources such as alumni networks and funds that enable us to enact change. We as students cannot continue to take a backseat on discussions regarding climate change while allowing larger political powers to control the narrative. We have to step into the discussion now and move towards bigger milestones by pushing for legislative changes.

This editorial represents the views of The Phillippian, vol. CXLI.

The Human Price of U.S. Military Strategy

ALEXANDRA LEBARON



THE DRONE OF helicopters and aircraft blare above the island of Okinawa, Japan at all hours of the day. As American military planes whirl over schools and homes, the fear of falling debris looms over the local people.

The United States military presence in Okinawa continually and unnecessarily endangers the lives of civilians. Military crashes are routine: last winter, debris fell from an American military aircraft onto Midorigaoka Nursery School while 60 children were on campus, according to truthout.org, a nonprofit that serves as an independent news source. Although no one was hurt, six days later, a 17-pound door fell off of a passing CH-53E aircraft and came down on the playground of Futenma Daini Elementary School, injuring a student.

Americans need to know about the effect that our military has on Okinawans, as well as the countless other native groups across

the globe. With 3.2 million people working between the various branches of the military, the United States Department of Defense is the world's largest employer, according to Forbes Magazine.

Okinawa is especially impacted by the magnitude of our military: The Marine Corps Air Station Futenma, which is located only 300 yards from Midorigaoka Nursery School, is the most dangerous base in the world, according to former Secretary of Defense Donald Rumsfeld. There are no clear zones at the ends of the runway, which violates the Federal Aviation Administration standards. Homes, schools, and parks are directly next to the active military airstrip, putting these places at risk for accidents and crashes.

Not only are Okinawans physically endangered, but the American presence also contributes to Westernization and the destruction of the diverse ecosystem on the island. My grandfather is a native Okinawan; I have been to the beautiful beaches that are now at risk and have heard the language that is nearly extinct due to Westernization of their culture.

The islanders, who were once known for their longevity, are now inundated with McDonald's and other American fast food restaurants. It is lowering the life expectancy, according to the academic paper "Comments on Dietary Restriction, Okinawa Diet and Longevity." The Westernization, combined with the Japanese government's possession of Okinawa, means that the unique

Okinawan culture, language, and ecosystem are slipping away.

It is possible for the United States to maintain its military presence in Japan and the Pacific without exploiting the Okinawan people. Rather than centering the American bases on Okinawa, which is not only the poorest, but one of the smallest prefectures in the country, the American government should redistribute some of the military installments to mainland Japan, which has more money and resources.

There is a plan to move the Futenma Base to Henoko, a less populated area of Okinawa. Although both the U.S. and Japanese governments insist that it is the only solution to solving the issues around Futenma, the new base will be built offshore in Oura Bay, harming a diverse marine ecosystem that has been described as one of the healthiest in East Asia. Endangered species such as sea turtles and dugongs, which are similar to manatees, live in the bay where the base is being constructed. The white sand beaches and diverse marine life are some of the greatest parts about Okinawa, and they are being destroyed by the land reclamation necessary to maintain. Land reclamation is not only being used to build the new base in Henoko, but it has been occurring across the island. The school where my aunt Niya Gima worked used to be on the beach; now, it is surrounded by land.

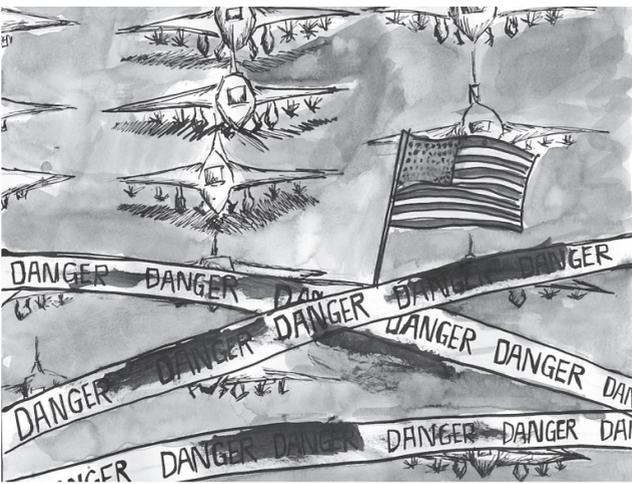
I understand the strategic im-

portance of Okinawa — the increasing threat of North Korea makes the Okinawan bases vital to the American military. U.S. military activity, however, is endangering civilians, destroying the natural beauty of the island, and the American presence is pushing out the rich culture.

Both conservative and liberal Okinawans oppose the American bases on the island. Conservative Okinawans believe that the base restricts the island's economy, since it causes congestion, traffic, and air-restriction. Liberal islanders fear over-militarization and threats to the environment. Okinawans in general do not benefit from the bases, regardless of their political affiliation.

The American military has an immense impact on the world because of its sheer magnitude. One of my aunt's close friends visited Midorigaoka Nursery School after it had been hit by the debris. When he saw the children playing, he broke down in tears. He felt that the Japanese and American governments were willing to sacrifice the lives of Okinawan children in order to protect the lives of Japanese and American children. I believe that it is possible for the military to protect all three: our government just has to be willing to compromise.

Alexandra LeBaron is a three-year Upper from New Canaan, Conn., and an Associate News Editor for The Phillippian. Contact the author at alebaron20@andover.edu.



E. HUANG/THE PHILLIPIAN

Students involved in organizations covered by *The Phillippian* will not play any role in assigning, writing, producing, or editing content regarding said organizations.

The Phillippian welcomes all letters to the Editor. We try to print all letters, but because of space limitations, we enforce a 500-word limit. We reserve the right to edit all submitted letters. Letters must be

responses to articles already published by *The Phillippian*. We will not publish any anonymous letters. Please submit letters by the Monday of each week to phillippian@phillippian.net or to our newsroom in the basement of Morse Hall.

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CORRECTIONS:

News misattributed a photo. Shahinda Bahnasy took the photo of George H. W. Bush's portrait. News misstated a title. Jason DiNapoli is a Co-President of Students in Medicine.

Sports misstated facts. Andover Girls Hockey, Andover Boys Squash, and Andover Wrestling all faced Winchendon, not Milton.

Arts misattributed a photo. Jerry Shu submitted the photo of his piece, "Dual".

Arts misattributed an article. Steve Nam wrote the Ugly Sweater Party Article, and Youxuan Wei reported for the spread. Arts misstated a fact. Rebecca Hayes was the previous Curator of Education at the Addison Gallery of the American Art. The Phillippian regrets the errors.

Commentary on ASM

T. CONRARDY / THE PHILLIPIAN

Letter to the Editor

Trigger Warning: self-harm

TO THE EDITOR:

Last Wednesday I was at the pharmacy getting my Prozac filled — not downtown at CVS, but at home, on my leave of absence. Meanwhile, my friends attended All-School Meeting (which I watched on MediaSpace), led by Jennifer Elliott '94, Dean of Students and Residential Life.

But, I want to start this article on another Wednesday: May 23, 2018, the first day I really felt could be my last. I was on the Great Lawn, living “peak Andover,” counting my blessings. But I felt empty. I tried to be grateful for everything I saw. I didn't deserve any of it.

I didn't talk to anyone. I sat on the hardwood floor of my single room, carving patterns into my left wrist and my right thigh with a red thumbtack, hoping someone would see my pain. I put on a sweatshirt, in 85-degree weather, because, on second thought, I was ashamed of the pain. I had a panic attack when friends suggested Sykes. I wondered what I'd say when counselors asked why I did it. I wracked my brain for reasons I'd deserve their attention. I was afraid they'd tell me to count my blessings again.

I learned later that the DSM-5, the leading classifier of mental disorders, characterizes major depressive disorder by an “inability to feel pleasure.” Cognitive distortions. Not wanting to feel better because we don't deserve to. When asked to “choose joy,” we weren't just invalidated — we were asked to do the impossible.

Behavioral therapies feature gratitude as just one piece of the puzzle. When clinical illness entered the dialogue, Elliott's oversimplification became more irresponsible than well-intentioned. The administration's use of comparatives (“happier”) and Hallmark-friendly phrasing emphasizes an equality of outcome without equitable supports that meet students at their emotional baselines.

Telling us what to feel without regard for how we feel encourages us to hide our issues and keep pace until, one day, we find ourselves left behind. The problem isn't that our inability to apply this advice says there's something wrong with us. The problem is that telling us who we should be targets not our behaviors (which we can adjust), but who we are. Shame incentivizes against seeking help; we don't “have” to compromise mental health to blend in, we “get” to. Posing gratitude as a cure-all erases the hardships that formed the personal identities we are encouraged to celebrate.

I was anxious to write this article. I then realized I can trace my shame to words just like those spoken last Wednesday. I didn't believe I had mental health problems. I didn't believe I deserved help. But depression is manageable when treated properly. The Andover community — my peers — deserve to be validated and cared for.

I will end on a grateful note: I'm grateful for friends who make me smile, especially those who sit with me when I'm still depressed afterwards. I'm grateful for the people pushed me toward the help I didn't think I deserved. I'm grateful for the students who submitted articles alongside me, and for those who will continue to demand change.

Sincerely,
Senna Hahn

Gratitude Won't Save Andover, We All Will

MARY MUROMCEW
& JANE PARK

LAST WEDNESDAY, Jennifer Elliott '94, Dean of Students and Residential Life, spoke at the All-School Meeting and argued in favor of practicing gratitude. Elliott's speech had an important underlying message: taking the time to be more mindful and grateful can help, not fix, our Andover experience. She backed up her claim with statistics and highlighted how gratitude has scientific benefits. Even though we agree with Elliott's general address to the student body, her message is diluted by controversial claims.

Elliott tried to emphasize the importance of changing our perspective on winter, in order to improve and better enjoy our Andover experience, but her efforts fell short to many. Elliott said, “I don't have to write a history paper, I get to write a history paper!” as an example of how students can change their perspective. Consequently, parts of her speech were treated as a joke.

Had she spoken more seriously, her message may have been understood more. Unlike the two of us, others might not have taken away the importance of appreciating our opportunities and taking joy in the little things in campus life, in order to be happier live day to day to the fullest.

It is also important, however, to recognize that gratitude alone will not resuscitate the Andover community. Because mental illness is present on our campus, it is crucial to distinguish the fact that gratitude may play help as a coping tool, but mental illness is not a simple problem that can go away with being thankful.

The 2018 State of the Academy reported that 50.57 percent of students responded “Yes, sometimes” when asked if they felt alone on campus. Because so many people on campus struggle with mental health, we cannot accept gratitude as

the end all be all to our problems. There is so much more to achieving happiness than just gratitude. Just like how people cannot choose to have a mental illness, people can't just choose to no longer have them. Although gratitude is a choice, happiness sometimes is not.

If we want our issues to be addressed we must hold ourselves and the administration to a higher standard. Students, if the administration tries to help and fails, be constructive rather than tear them down. And to the administration, we

ask that you listen to what our problems are and understand that if they are to be addressable, collaboration is necessary, in addition to student input.

It is also important, however, to recognize that gratitude alone will not resuscitate the Andover community.

A majority of miscommunication between students and faculty is largely due to the disconnect between the groups. The mindset of “the administration vs. the student body” is far too common and simply unfounded. In order for the administration to help us to their fullest ability, students must learn to trust that they genuinely care about us. This requires a mutual respect on both sides. If the administration allowed for more transparency in their actions, it would be easier for the students to place faith in the administration. If both students and faculty attempt to make an effort and listen to each other's perspectives, then change will be possible because ultimately we all want the same thing: a great Andover experience.

Mary Muromcew is a Junior from Jackson, Wyo. Jane Park is a Junior from Roslyn, N.Y. Contact the authors at mmuromcew22@andover.edu and jpark22@andover.edu



Playing Our Hand

CHI IGBOKWE



TELLING PEOPLE with depression to be grateful and happy sends a wrong message. For those who have had to leave the school due to mental health, this really hurts. Too many people at Andover aren't happy, and the habits we create to get by aren't good.

These are some of the general sentiments I got in response to an Instagram poll I conducted in the wake of last Wednesday's All-School Meeting (ASM), following remarks by Jennifer Elliott '94, Dean of Students and Residential Life, on alternative ways of thinking to combat negative feelings during Winter Term. The question I posed in the poll was “Do you think the administration at [Andover] is out of touch with the actual struggles and complaints of students here?” and I included an answer box for people to elaborate on their choices. The final results were an overwhelming majority of 89 percent “yes” to 11 percent “no.”

Of course, from my small sample size of the 338 people who saw the poll, this isn't exactly an accurate reflection of the Andover student body. The responses I received, however, did reflect the conversations I heard amongst students throughout the day after the ASM, all examples of a common idea: the comments Elliott made detailing what she perceived to be nice and

easy ways to lessen depression as a student on this campus were offensive to many, myself included. It's one thing to provide solutions for the “winter blues”; however, it's quite another to equate temporary feelings of tiredness with long-term struggles like depression, anxiety, and self-harm.

In my life, the people I know who are struggling the hardest with mental health are some of the most grateful, gracious, and loving human beings I know. It just goes to show that what you put into practice — like a social media cleanse or saying “I get” instead of “I have” — can have absolutely nothing to do with your state of mind. To paraphrase one of the responses to my poll, these are simply all habits people develop to get through life, and they don't address the real problem: that students' mental health is significantly worsened by what can often be an extremely taxing academic and social environment here on campus; for example, students often subconsciously determine their own and others' self-worth according to academic success.

It's one thing to provide solutions for the “winter blues”; however, it's quite another to equate temporary feelings of tiredness with long-term struggles like depression, anxiety, and self-harm.

The main issue that people around me seemed to have with the ASM was that Elliott spoke about how we have “dangerously and inappropriately coupled” success on this campus with high stress and self doubt, but failed to mention the school's often large

role in said coupling, especially for students with mental illnesses. Feelings of depression and anxiety were framed as something students were completely in control over and could fix with a simple change, instead of something for which students deserve support.

The message on Wednesday makes me wonder whether the adults around us actually understand what we're going through. What stood out to me the most about the ASM message was how brief comments heard from students in passing were presented as the basis for Elliott's remedies, as if the state of students' mental health as a whole could somehow be discerned by the day-to-day complaints of homework and lack of sleep. But it goes so much deeper than that, and for many people I talked to on social media following Elliott's remarks, hearing such minimizing words reopened fresh wounds. Some students said it brought back to memory situations where they felt neglected by faculty while trying to cope with the stressful academic and social environment. Scenarios like these only worsen the general struggle of living with a mental illness, and it's important to note that while the State of the Academy statistic accounts for students diagnosed with depression or anxiety, it does not take into account the much larger amount of students who have not been officially diagnosed for various reasons and still experience the same effects throughout their life.

Personally, this isn't the first time I've been offended by a statement made or an idea promoted by “the administration” in my time at Andover. The days have gone by, however, and I've learned to minimize my reactions to these displays. An example of this is the public tribute to George H. W. Bush '42, which was upsetting to me as an openly queer student, considering that Bush consistently upheld homophobic rhetoric during his

time in the White House. I, however, have little to no power over which political figures the school chooses to promote. This institution is a business, after all, and I try not to take such things personally.

But what Elliott said at ASM hit me differently. Not even because I myself have to deal with depression specifically, because I don't. In that moment, I was hearing her words through different ears — the ears of my friends, some of whom actively struggle with mental illnesses every single day of their life, and some of whom were not even present to hear Elliott's remarks in person because they had either been forced by a governing body to withdraw from the school or driven to a point to where they chose to withdraw themselves. As someone who already has an ongoing tally of friends in the latter group despite only starting school here last year, it was impossible to not take Elliott's seemingly cheery attitude to heart.

The statements Elliott made last Wednesday are symptoms of a much larger problem here on this campus — in her speech, the grittiness of dealing with mental health among students was sidestepped for the more presentable, friendly “get some more sleep every night! take a break from your phones!” message. It is dangerous to hear this minimizing narrative in the media, and even more so to hear it from someone who facilitates students. If the administration wants to help students be more “satisfied with life,” as Elliott said, then they must refrain from chalking our issues up to a simple lack of gratitude; too many people close to me have been hurt by that diminutive mindset for me to simply brush past it.

Chi Igbokwe is a two year Lower from Murfreesboro, Tenn. Contact the author at cignbokwe21@andover.edu.

Negativity Instinct: The Screen's Overlooked Benefits

STEVE NAM



O.TUNG/THE PHILLIPIAN

THE JET ENGINE MUFFLED to a hum, the plane's wheels screeched on the runway, and the people seated beside me urgently began reaching for their pockets. As soon as the green seatbelt sign flashed off, everyone around me simultaneously lifted their smartphones to their faces.

In a society where smartphone use is becoming increasingly prevalent, the role of technology in our lives has become a pressing issue. Given the relatively recent birth of smartphones and social media, it only makes sense that their advent came with many controversial beliefs. Today, the discussions seem almost unilaterally centered on their harm. Ironically, the internet seems to be filled with countless speeches, articles, journals, and videos that criticize technology's malicious effects on humans, especially on adolescents. After all, most critics seem to forget the fact that it is tech itself that has allowed their work to reach a greater audience. People are often caught in the whirlwind of those who conformingly condemn what's new, leading them to easily overlook the equally abundant number of advancements that it has provided us with.

In his book "Factfulness: Ten Reasons We're Wrong About the World— and Why Things Are Better Than You Think," author

and physician Hans Rosling explains the phenomenon dubbed "negativity instinct" as "our instinct to notice the bad more than the good." He claims that there are three distinct aspects to the "negativity instinct," two of which are related to our misinterpretations of the past and the "selective reporting by journalists and activists." Rosling's statements seem uncannily representative of the situation regarding social media and technology. The news media and the general public tend to focus solely on the negative aspects, which in turn colors the consumers'

minds. We inadvertently take what technology has contributed to our society for granted and simply jump to the idea that it has impacted us in a starkly negative fashion.

Changing our viewpoint slightly, however, allows us to easily recognize technology's benefits. For one, it has drastically improved communications. Thanks to instant messaging apps and other social media platforms, we can reach one another in a matter of seconds. Furthermore, with the help of technology, we have access to instant gratification. Amazon will de-

liver what you want in less than three days, and streaming services provide you with the latest multimedia content, accessible whenever you want, wherever you want.

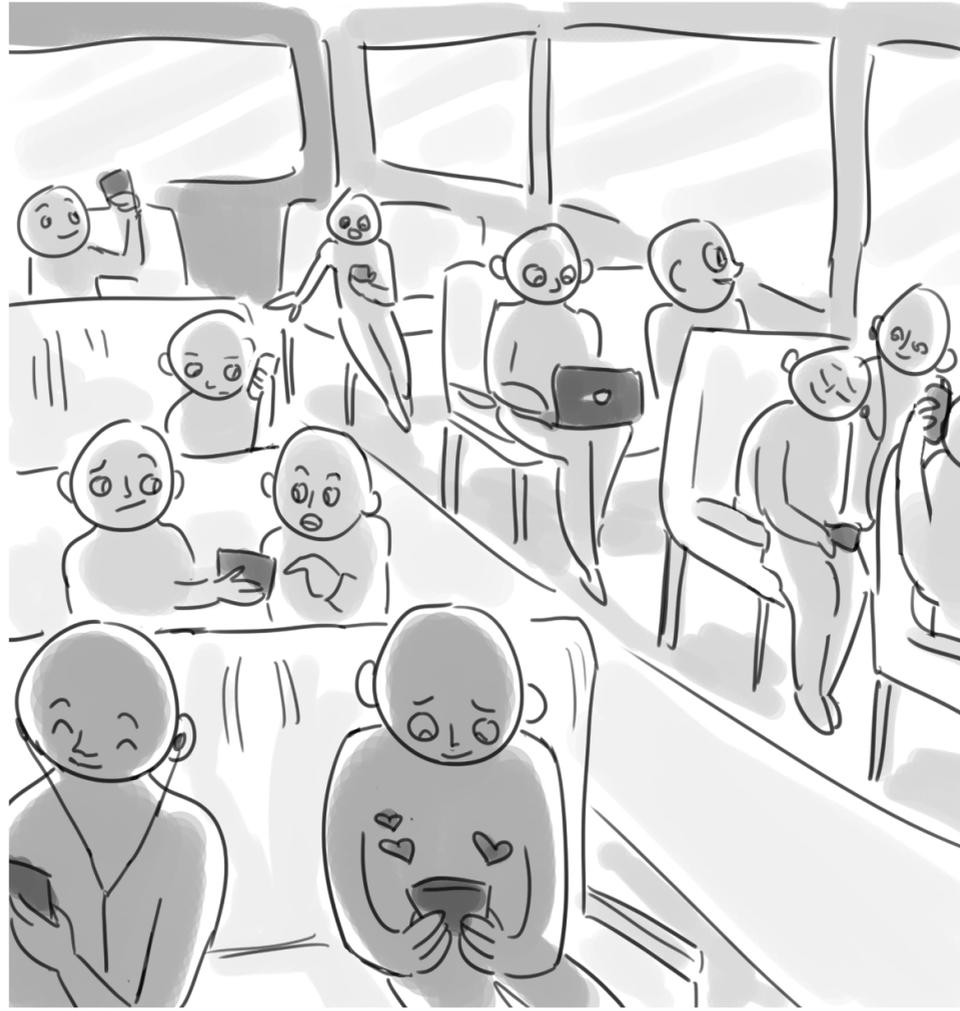
Besides more conventional benefits of technology, however, it has also allowed a benefit that may not be as widely known. It has enabled students with special needs to access educational tools that are specially tailored to each individual—something that wouldn't be possible otherwise. On a broader outlook, technology and social media has incited the creation of a fluid,

digital first information outlet, allowing a seamless access to information. News travels faster than ever, and the internet allows us to obtain anything by simply "Googling."

The benefits above may not seem grand or impressive at first glance. Some readers may even consider them to be trivial. Imagine, however, the effects of technology's absence during a significant crisis, perhaps even one where civilian lives are potentially at stake. Today, in a world where the transportation of information is virtually fluid, the situation could be averted by means of quick and exigent communication. Without the aid of technology, however, the word "emergency" seems to be rendered futile and the consequences catastrophic.

Realizing the benefits helps shed light on how much we rely on technology during our everyday lives without actually recognizing what technology and social media has allowed for us. The ones pointed out above are just a few of them. The list continues on and on, and yet we manage to completely overlook it.

I am not claiming that social media and technology are purely beneficial assets to us; I acknowledge that they do have harmful effects. I am only suggesting that in a society where the digital world seems to grow more powerful day by day, we should consider re-shaping our perspectives to recognize the benefits that technological improvements have allowed. Perhaps the first step is to create new discussions more geared toward taking a balanced view of technology within Andover.



R.HALTMAIER/THE PHILLIPIAN

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Held Hostage

NEIL SHEN



D.ZHU/THE PHILLIPIAN

THE TRADE WAR BETWEEN China and the U.S. has been raging on since July of 2018, when the U.S. first stated that it would be placing tariffs on Chinese goods. In the last few months, the two superpowers have been steadily ramping up the tariffs and affecting over \$250 billion of goods. And while last weekend many breathed a sigh of relief after the tariffs were briefly halted, thanks to a dinner between the two presidents after the G20 summit in Buenos Aires, a new clash has sparked and reignited tensions between the two superpowers.

No matter what, even if the sanctions are simply a temporary ceasefire, both Chinese and American diplomats will have to start over from square one now that Meng has been arrested.

Three days after the meet-

ing, Canada announced that they arrested the Chief Financial Officer, Meng Wanzhou, of Huawei, of the biggest Chinese telecoms companies. Though this arrest was, in my opinion, the right move, it might ultimately hurt both public perception of the west in the east and ongoing negotiations to preserve their already fragile truce.

While it is unlikely that the arrest will result in a formal ban of all items from Huawei, the move could jeopardize what has been the only real attempt between the U.S. and China to end the trade war. It is no news that trade wars hurt all involved parties by eliminating comparative advantages, and by continuing to impose sanctions, the States and China will only hurt themselves

official solution, even if spokesmen from both sides omitted some facts and outright denied others. No matter what, even if the sanctions are simply a temporary ceasefire, both Chinese and American diplomats will have to start over from square one now that Meng has been arrested.

Additionally, even as a semi-authoritarian state, China still requires begrudging acceptance, if not outright praise, from its subjects. The events over the past week, therefore, will make for prime propagan-

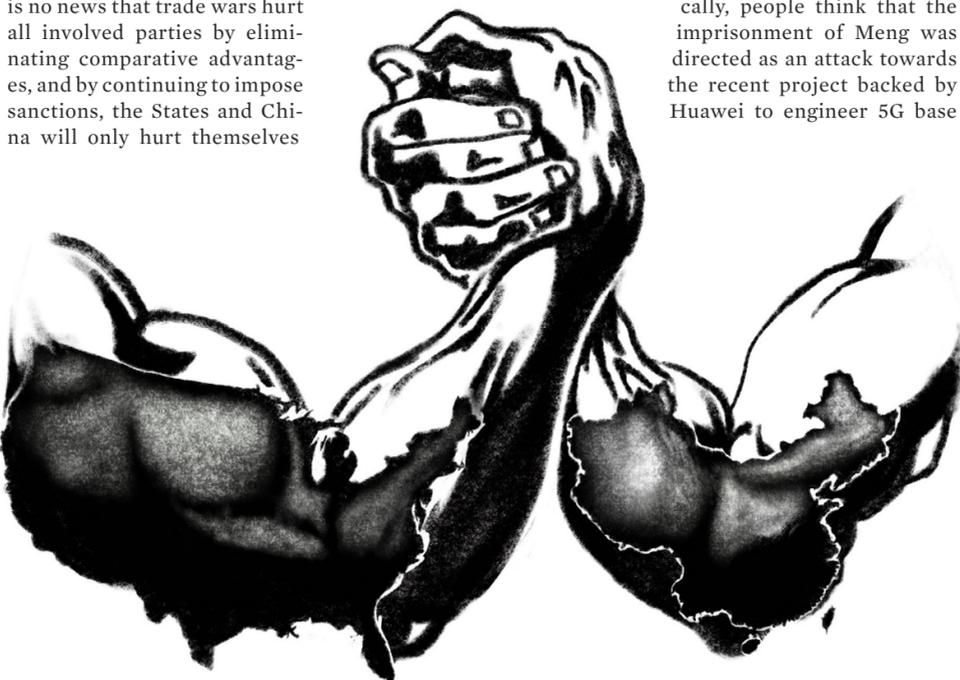
da. Over the past decades, the Chinese Communist Party has been trying to instill an image that the West is trying to work against them. Much like Russia's government, the Chinese government relies on whether or not the citizens buy into

station across the nation. The plan, part of a state-backed initiative, "Made in China 2025," aims to provide metropolitan users with speedy 5G networks which could result in a "fourth industrial revolution," one where business and deci-

Rather, the most damaging result of this recent turn of events is that the Chinese public is more likely to fall into the mindset that the West is actively working against them and trying to stymie Chinese progress.

sion making will be centred around robots. In fact, Canada has spoken out publicly about the dangers of allowing such a powerful tool be controlled by the Chinese government. And so goes the argument that the Canadian government is in fact trying to hamper an initiative by the Chinese governments to speed up WiFi for its citizens.

In the end, the true threat lies neither in the trade war nor in "Made in China 2025." Rather, the most damaging result of this recent turn of events is that the Chinese public is more likely to fall into the mindset that the West is actively working against them and trying to stymie Chinese progress. For a country to truly move in the correct direction, its citizens must urge for change first.



K.SONG/THE PHILLIPIAN

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NEWS IN BRIEF

This Week:

- On December 9, Andover held its inaugural **Snow Ball** dance. The dance featured DJ Jake from HypeFX, as well as a giant snow globe. White lights and snowflakes hung from the walls and the Andover community danced and ate snacks such as brownies and hot cocoa.
- From 10:00 a.m. to 11:00 a.m. on December 9, children from kindergarten through eighth grade met Andover students for **Sunday Funday Coding For Kids**, a coding event led by Maria Litvin, Instructor in Mathematics, Statistics, and Computer Science. The com-

munity engagement program aims to bring together faculty, staff, student volunteers, and the children of faculty and staff members.

Looking Ahead:

- Many holidays, including Christmas, Kwanzaa and New Year's, will occur over Andover's 20-day **Winter Break** starting on December 15.
- The Tang Institute has invited photographers **Milena Costa de Souza and Pedro Vieira**, along with **Stephanie Sparling Williams, Assistant Curator and Visiting Scholar in Art History**, to a lunch and

discussion on January 9 in the Gelb Gallery. This talk will mainly focus on "From America to Americas," the gallery's exhibition.

- This January, **Alex Santos will work with the Tang Institute** to teach how to lead a happier, calmer, and healthier life through the power of mindfulness and meditation. Santos is a former Buddhist monk who currently teaches at retreat centers throughout the United States. The first two events will take place on January 11 and January 12.

REPORTING BY TANUSH MITTAL

Dorm Decorations Provide Glimpse into Boarder Life

AISSATA BAH

Many students spend hours decorating their dorm rooms, making their spaces as cozy as possible for their time at Andover. With the start of a new contest on campus, boarding students now have the opportunity to showcase their decked-out dorm rooms.

The Andover Office of Communications has partnered with the Admissions Team in holding a room decoration contest with the winner receiving the ultimate prize of a dorm munch of choice.

The idea behind the dorm room decoration contest arose from new students, who said during focus group testing that they would have wanted a clearer sense of dorm life and actual pictures of dorm rooms as applicants.

"We thought this would be a fun way for us to get photos of students' rooms to share with prospective students," wrote Neil Evans, Associate Director of Digital Communications, in an email to *The Phillipian*.

Evans continued, "We're not looking for the 'best' rooms on campus... We want to see as many rooms as possible to highlight the variety of spaces and student styles."

Vivien Mallick, Director of Admissions Operations, recently posted a picture of Sofia Cordover '21 in her dorm room on the Andover Admissions Instagram account in order to intro-

duce the contest to students.

Cordover said that Mallick, a House Counselor in Bancroft Hall, emailed all the members of the dorm to see if they wanted to enter in the contest and have their rooms photographed.

"I didn't respond to the email initially because my room was kind of messy," Cordover said.

Cordover, however, eventually agreed, and since then, the photo of her room has amassed close to 300 likes on the Andover Admissions Instagram.

Cordover said that being able to see what dorm rooms looked like would have been helpful before she came to Andover.

Cordover said, "When I was applying, I tried Googling what Andover dorms looked like, [and] I obviously didn't get any results. I think I would've liked to see what rooms look like, the size, what the bed looks like, the desk and stuff like that."

Cordover said that in decorating her room, she wanted to make it feel less like a dorm room and more like her bedroom at home. She also encouraged all students to enter in the contest as an opportunity to share all the hard work that they have done in decorating their rooms.

"A lot of people spend multiple days putting their rooms together, so it's a great opportunity to show that off," said Cordover.

Many students interviewed were initially hesitant to submit

photos of their rooms as contest entries, because they believed that their rooms might not be decorative enough.

Chioma Ugwonalu '20 said, "I don't think my room is aesthetically pleasing to the general public, because it's filled with objects that are sentimental to me but not that decorative."

Ramphis Medina PG'19 felt the same way. "I don't think my room is that cool or impressive... I'm also a [Post-Graduate student] so I don't have that much experience decorating my room."

In terms of how students should go about preparing their room for the contest, Mallick wrote, "It's not actually about the best decorations — we just want to see the ways students live authentically here at Andover. Many of our prospective students have never lived away from home before and they'd love to get a better sense of what that might look like."

Only clean rooms qualify as contest entries, and only one submission per room is allowed. Students can increase their odds of winning a dorm munch by encouraging other members in their dorm to apply.

Nnenna Okorie '22 said, "I think it's motivational to keep my room clean and also pretty helpful, because when I was applying, I didn't have an idea of what the rooms looked like."

Submissions will be open until January 11, 2019 and the winner will be randomly selected in late January. The selected student's house counselor will

be contacted to schedule the munch. The Office of Communications and the Admissions Team plans on uploading selected contest entries on the Andover website and social media.

Students interested in participating in the contest can either send an email to nevens@andover.edu or direct message @PhillipsAcademy on Instagram with a photo of their room attached. Students will then be

contacted directly to schedule a photo shoot of their room with a photographer.

Evans wrote, "If you've taken time to create a living area you are proud of, why not share that with future Andover students?"

Editor's Note: Aissata Bah is an Business Associate for The Phillipian.



Sofia Cordover '21 was featured on the Andover Admissions Instagram page for the contest. COURTESY OF ANDOVER.EDU

'The Ascent of Woman': Historian Amanda Foreman Addresses Lack of Representation in Women's History

LINDSEY CHAN

Citing the existence of Women's History Month as evidence, biographer and historian Amanda Foreman claimed that women's history has often been treated as a narrative independent from mainstream history. During her presentation last Friday, Foreman emphasized that women's history fits into the larger narrative of human development, and that it therefore should not be trivialized.

"[There is] the sense that women's history is relatively blank and that it's empty. The way it's taught sometimes, or [the way it] has been traditionally taught [is] as a kind of silo that is separate from real history. My message is no; it is not separate from real history. It is part of history, and proper women's history is about filling in the blanks, not about creating a separate narrative," said Foreman in an interview with *The Phillipian*.

The Brace Center for Gender Studies invited Foreman to give a presentation on campus. Foreman's presentation focused on her four-part documentary, "The Ascent of Woman," which focuses on the history of women over the past 10,000 years. Foreman highlighted the different

experiences of women in history, such as powerful female leaders who were left out from the mainstream account.

Flavida Vidal, Instructor in English and Director of the Brace Center, said, "The documentary touches on a bunch of other important issues about the presence of women in the narrative that we call history, or the absence of women, or how some of them have managed to become important. But even those are women that we normally don't hear about, and then when you dig into the information in the historical record you find that they were actually very important."

In her presentation, Foreman also tackled the subject of patriarchal speech codes, or social and legal obligations that prevented women from free speech. According to Foreman, the idea of an egalitarian society ended shortly, despite the fact that the first human settlement, Catalhöyük, held egalitarian beliefs.

"You don't need to be shamed into silence because the freedom to write and speak isn't a loan or a gift. It is a fundamental pillar of what it actually means to be a woman, let alone to be human. The historical silencing of women isn't just some kind of sad story from the past; it's a living

narrative that has power today and it affects how women act as individuals toward one another," said Foreman in her presentation.

Alex Schimmer '22, an audience member, felt inspired by Foreman's dedication to her work as a historian and as an educator.

Schimmer said, "I feel like you definitely get an element of the passion in [Foreman's] voice when she talked about that. She knew so much about the topic, she was very clearly very involved in this. This is what she wanted to work on, [to] teach the youth about."

Aside from providing historical context to the current oppression of women, Foreman further discussed the implications of oppressive constructs that are rooted in history. She urged students to tackle modern gender inequality and to concentrate on attaining three main goals: agency, authority, and autonomy.

"You need to know your history because once you have access to your past, the past I've just shown you that's our real past, then you have access to your true self, the self that you deserve, that is your birthright. Then you have your story to tell and you have a voice to say it out loud. Go out there and be loud," said Foreman in her presentation.

With women's role in both history and the modern world in mind, Foreman urged the need for action over words. While she considered demonstrative activism such as hashtag movements and annual marches important, Foreman emphasized concrete action as the utmost priority.

Foreman said in an interview with *The Phillipian*, "It's incredibly easy to be and to proclaim and say, 'I am good, I am virtuous. I am wearing the right clothes. I am wearing the right hat, I am wearing the right badge, whatever it is. I'm sending out the right hashtag.' Whereas actually, you want to do. Go out there into the community and gen-

uinely make a difference. Do that and you will make real change."

According to Vidal, Johanna Lane, Writer in Residence, first suggested bringing Foreman to campus. After watching "The Ascent of Woman," Vidal recognized its relation to the syllabus of the course History-100 and reached out to her colleagues in the Department of History. During her visit, Foreman also attended one of the History-100 sections taught by Hijoo Son, Instructor in History.

"Dr. Foreman, who was blown away by the classroom and the kids' questions and my students' observations and their responses to her question: 'What comes first: the hand or the brain? Is it the hand that helped the brain or is it the brain that helped the hand make things?' That's how she started my class. Equally, students were very impressed by her talk and they were able to have a review of episode one [of the documentary] because that was their homework. It was a real nice beginning [to the term]," said Son.

Sophia Gudinas '22, another audience member, went to the presentation at the recommendation of her history teacher. After the presentation, Gudinas was inspired by the passion with which Foreman delivered her presentation and drew connections from the presentation to her history course.

"In our history class, we're also working on comparing our Strayer textbook with Dr. Foreman's series. It's interesting because [our history textbook] didn't really focus as much on women, but when you hear Dr. Foreman, you have this whole new perspective and it's very informative," said Gudinas.

Editor's Note: Lindsey Chan is an Associate Arts Editor for The Phillipian.

Reactions to REACH Remain Mixed

Continued from A1, Column 1

The administration is aware of these glitches, however, and is working with members of the REACH company in effort to smooth out reported defects, according to Elliott.

"Claudia Scofield, [BlueCard Manager], in the Dean of Students Office has been amazing in dealing with complaints and frustrations and sort of looking at [the program] and tracking how it's working and then communicating with REACH to say 'the app is really frustrating and kids are having a hard time with it' or whatever feedback she has for them," Elliott said.

Glitches are typically expected from new software products, and most of the issues seem to be related to the REACH app instead of the website services, according to Scofield. Scofield advises students facing problems with the app to contact a faculty member for technical support.

Scofield wrote in an email to *The Phillipian*, "If students have problems, they should reach out to either their house counselor or me and we can help troubleshoot the problem. We have seen a significant reduction in the number of issues since we launched in September and will continue to make the system an easy, reliable application for students, parents, and faculty to use."

Looking into the future, Elliott explained the possibility of an online initial sign-in protocol during the week through the REACH software.

"The REACH system actually has a lot more capability that we might explore. I know students are really hoping that we'll look into electronic sign in and sign out during the week, and that's something we might be able to do through the REACH app," said Elliott.

Editor's Note: Juliet Gildehaus is an Associate Sports Editor for The Phillipian.



Foreman urges students to make a difference in their community through concrete action. S.NAM/THEPHILLIPIAN

ABBOT GRANTS 2018

Since Abbot Academy and Andover merged in 1973, the Abbot Academy Fund has been preserving its name and tradition by pursuing its goal to fund educational ventures at Andover. Students and faculty members can submit an “Abbot Grant” to apply for funds. Here are this year’s recipients.



D.ZHU/THEPHILLIPIAN

**Jeffrey Pan '21
and Erik Wang '21 -
Rocket Propulsion
Laboratory**

The Abbot Grant that we received will allow us to purchase all of the materials that are needed to fund and fulfill our year-long goal of breaking the water rocket altitude world record.

**Igor Barakaiev '20
and Keishi Kimura '20 -
Electronic Music
Production Club**

We both created an electronic music production club this year and to get more involved in the actual production, we needed a grant for a lot of plug-ins and softwares, such as Ableton Live and other sound engineering softwares.



C.WAGONNER/THEPHILLIPIAN



O.TUNG/THEPHILLIPIAN

**Best Chantanapongvanij '19,
Klang Jatusripitak '20,
and Mudmee Sereeyothin '20 -
Cultural Festival/Southeast
Asian Club**

I'm part of Southeast Asian Club and we wanted to have a cultural festival or a fair to spread word and bring attention to Southeast Asia's culture [and] political issues. We needed money to fund for guest speakers, food, and [the grant] helped us do that.

**Saffron Agrawal '21 -
Elizabeth Stuart Phelps
Dialogues (Female Author
Speakers)**

My proposal was to fund a series of conversations with female authors called The Elizabeth Stuart Phelps Dialogues. The Abbot Academy Fund was extremely generous to offer the money to provide honorariums for multiple authors, and fund the cost of transportation some authors require.



O.TUNG/THEPHILLIPIAN



A.BHAT/THEPHILLIPIAN

**Dominic Yin '19,
Mitch Duerr '19,
and Christina Li '21 -
Andover Skating Club**

Financially, the expansion of the Andover Ice Skating Club was made possible by this grant from the Abbot Academy Fund, continuing Abbot's tradition of boldness, innovation, and caring. This means that we will be able to pay for more interested students to rent skates and get on the ice with us during club meetings.

**Jacob Buehler '19
and Andrew Stern '19 -
Faces of Andover Senior Book:
Class of 2019**

Andrew Stern and I are in a club called Faces of Andover and our grant was for the Faces of Andover Senior book. What we do is we take pictures of every Senior in the class which is 327 Seniors this year, and we accompany that with something written by them. We've had poems, my favorite part about Andover — that sort of thing.



A.BHAT/THEPHILLIPIAN



D.ZHU/THEPHILLIPIAN

**Vincent Marino '19 -
Para-Pants Development**

My Abbot Grant was for the development of a prototype for a project that I've been working on since last year, which is a pair of compression pants that use electricity to stimulate various leg muscles to help if someone is paralyzed from the waist down.

**Carley Kukk '19,
Mangai Sundaram '19,
and Ava Stills '19 -
Meals for a Million 2019**

This year, we wanted to increase the amount of meals we packaged. With this, we needed a much larger Abbot Grant! When presenting, all of the trustees are so friendly and make the environment so welcoming. It has been a pleasure working with the Abbot Society on grants for these past two years.



S.BAHNASY/THEPHILLIPIAN



O.TUNG/THEPHILLIPIAN

**Harry Shin '20,
Klang Jatusripitak '20,
and John Murphy '20 -
Convention for Sustainable &
International Coffee**

We thought it might be a good opportunity to get a jumpstart to advertising our club around campus. We've been talking to our faculty advisor, and he's been really helpful and we're actually very excited because this coffee convention can be the first step to becoming bigger and getting more student participation.

**Stephanie Sparling Williams
and David Freilach -
“Harlem: In Situ” —
Distinguished Public Speakers**

The Addison Gallery of American Art's exhibition “Harlem: In Situ” has created a unique opportunity to bring to Andover and the region several innovators who represent the important artistic community of Harlem, N.Y. In order to realize this potential...the Addison applied for Abbot Grant support.



M.LEVY/THEPHILLIPIAN



D.ZHU/THEPHILLIPIAN

**Marla Taylors, Ryan Wheeler -
Digitally Transcribing the
Peabody Collection**

We propose using Abbot Grant funds to hire a part-time temporary employee...to complete the transcription of the catalog ledgers. Transcribing and transiting the catalog ledger information into a digital format will create a formidable tool for research and intellectual control, but requires a time and manpower.

**Hannah Kim '20-
Literary Magazine: Give Voice
to AAPIAsian, Asian Americans,
Pacific Islanders**

In my Abbot Grant this year, I asked for funding for a new literary magazine on campus. It's called 'Re-Model', a spin off of the term 'model minority', and its purpose is to give a creative platform for the [Asian American and Pacific Islander] community on the Andover campus.



O.TUNG/THEPHILLIPIAN



D.ZHU/THEPHILLIPIAN

Caroline Odden - Telescope Upgrade for the PA Observatory

The grant is to purchase a new 20-inch Planewave telescope for the [Andover] Observatory. The current telescope (a 16-inch telescope) needs a major and costly upgrade. This new telescope will effectively double the light collecting ability of the telescope, and it also has other nice features that we find appealing. This telescope will be a wonderful addition to the school. Students in the astronomy courses will have a better instrument to use for observing and science, and visitors to the observatory will be treated to beautiful views of celestial objects.

Mark Lapolla '78 and Head of School John Palfrey Examine Importance of Intellectual Diversity in Conversations on Climate Change

KAELA AALTO

In a conversation about climate change, Head of School John Palfrey and Mark Lapolla '78 touched upon the purpose of intellectual diversity and the ways in which Andover teachers can discuss climate change in the classroom.

The main purpose of the conversation, which took place on Tuesday, was to discuss the benefits and drawbacks of intellectual freedom in environments like Andover. Students and faculty who attended the event were invited to propose questions to Palfrey and Lapolla.

Lapolla said he believes that intellectual diversity is a key for students to know all sides of a story in the greater pursuit of truth.

"You have to develop a sense that if you're not being fed something that sounds

and feels agnostic, it's very difficult to hone in on truth. But what [is] very easy to do is to accept ideology, which is the lowest form of belief that triggers emotion and affinity," said Lapolla during the conversation.

The conversation shifted to discussing the benefits and disadvantages of opinions that are not completely fact-based. Then, in relation to climate change, the conversation explored whether or not it would be a beneficial experience to bring someone who did not believe in climate change to campus.

Jeremiah Hagler, Instructor in Biology, said he believes that a person with conflicting views should be allowed to come to campus, and that students should be able to confront that person, especially if it encourages an intellectual conversation.

"I think we are in a very bad



A.BHAT/THE PHILLIPIAN

When addressing climate change, Mark Lapolla '78 discussed the dangers of accepting ideology as fact.

position if we get into a point where we are afraid of confronting with a point of view that we don't agree with and we shut them out of the intellectual conversation altogether," said Hagler.

Hagler continued, "It could be a valuable intellectual exercise for people who feel strongly about climate change to actually have someone to talk to that isn't a strong proponent of the issue, and the students will have to work a little bit to show their point of view."

Andrew Wall, Instructor in Chemistry, who teaches the science of climate change in his chemistry classes, attended the conversation because he was curious about what both Palfrey and Lapolla had to say about the topic.

While he found the back and forth between Lapolla and Palfrey to be engaging and interesting, Wall said he would have preferred to listen to a discussion on climate change with a climate scientist. Wall, however, did agree with Lapolla on some points.

"Mr. Lapolla brought up interesting ideas about herding mentality and cautioned us about jumping on ideological band wagons. As a scientist, I couldn't agree more. Our conclusions about climate change shouldn't be based on opinion but by solid interpretation of data and observations," said Wall.

Like Wall, Brendan Mackinson, Instructor in Chemistry, found some parts of the talk to be interesting and others frustrating.

"The format of the event

was not one that lent itself to an evidence-based discussion of the science of climate change, and as a result, there were several instances in which the scientific process was mischaracterized and in which facts were presented without providing the proper context. I think the question of how to present opposing viewpoints effectively in the classroom is important and interesting, and I enjoyed the parts of the discussion that focused on that question," said Mackinson.

According to Lapolla, people are less likely to comment on topics such as climate change because they fear social repercussions that may come with a difference in opinion. He refers to this as "the spiral of silence."

"There becomes a cultural silence around things, such as people who were going to vote for [President Donald] Trump wouldn't share that because he is such a polarizing figure," said Lapolla in the conversation.

To repair this cultural silence, Lapolla suggests that people must look at the evidence in more depth, and not be afraid to challenge it.

"People don't feel like they can talk about [climate change]...it is essential for people like you and me to be able to talk, and it is important for these young adults to know that it isn't okay to just accept this ideology. There has to be hard belief from the parsing of what we do and don't know," said Lapolla.

According to Hannah Ono '22, an attendee of the talk,

Lapolla did a good job advocating for conversations around climate change and intellectual diversity.

Ono said, "I would definitely say that I didn't agree with all of his points, but I would say that some of his points were valid. For example, about skepticism, he didn't exactly deny climate change. The fact that we can't predict the future is a big part. We can try to make predictions, but they won't necessarily be true, so it's hard to debate stuff that we can't be 100 percent accurate about."

Davis Barrow '20 attended the conversation and thought it was insightful. According to Barrow, both speakers and students were passionate.

Barrow said, "The guest talked a lot about how even if classmates or teachers have opinions that are scientifically not as likely, it is still important that we listen to what they both have to say and hear both opinions."

Allison Guerrette, Campus Sustainability Coordinator, attended the events because, as part of the global community she believes that it is their responsibility to find innovative and aggressive ways to address climate change.

Guerrette said, "I enjoyed the passionate discussion about climate change science, policy, and education, and I know we will continue to explore these topics with students on a deeper level moving forward."

Editor's Note: Kaela Aalto is an Associate Copy Editor for The Phillipian.

Global Citizens: Brazilian Bruna Cincura '20 Adjusts to Life in New England

SAM ELLIOTT

When the first dusting of snow fell on Andover several weeks ago, Bruna Cincura '20 experienced winter for the first time in her life. Cincura is a new Upper from the warm city of Salvador, Brazil, and the weather was one of her hardest adjustments.

Cincura said, "It's just very different to accept that you are going to walk out, and it's gonna be dark outside at 4:00 p.m.... You'll have to wear layers and layers of clothes, when you [are] used to just a t-shirt and some shorts and some tennis shoes and you're fine."

Cincura continued, "Living in Brazil basically means you only get one season year-round. Especially where I am from. It's like summer, summer, summer, and then a rainy summer during the winter."

After experiencing snow for the first time, Cincura said that she wants to find ways to avoid the harsh New England climate.

Cincura wrote in an email to *The Phillipian*, "My dorm is in a location that is closest to everyone, and I think we can all shelter from the cold there. When the snow comes around, we won't be able to walk around much."

Although she previously attended school with people from all around the world as a student at an international day school in Brazil, Cincura found that not being able to go home to her parents, brother, and dog was an unusual feeling.

Cincura said in an interview with *The Phillipian*, "The difference between Andover and where I was from is that here, we're living with these people 100 percent of the time. It's not like a private school back home where seven hours a day you're at school and then you've got to go home and then you're with your Brazilian family. Here you're 100 percent of the time face-to-face with roommates, dorm counselors, and teachers. It shows you how people are outside of school and how this culture really shapes them. It's really interesting to see people's [personalities] they have outside of school."

Ines Lazaro PG'19, who is from Madrid, Spain, lives in Paul Revere Hall with Cincura.

Lazaro said, "[Bruna] is really good at telling stories. So I know a lot about her and I've only known her for 90 days...But I think that she's really open. I find that she's really good explaining how she feels, and what has impacted her during her life."

Cincura's roommate Alia Abdullah '20, who is from Bahrain, said, "[We have] a lot of cultural differences. I'm from the Middle East and she's from Brazil, so she lived in the place that is the exact

opposite of where I came from. What was really interesting is that she never asked questions... Strange things I was doing, she'd never ask about them. She's a really chill person."

Abdullah said that she has discussed cultural differences with Cincura.

Abdulla said, "We discussed how we both interact with people in different ways — it was kind of funny. For example, me and another Spanish friend were telling her that in both of our cultures some people eat with their hands. And she was really surprised. She was like, 'We never do that.' And two minutes later she was like, 'I kinda wanna do it!' So yeah, she's really open."

In addition to the weather and cultural differences, Cincura has also needed to adjust to the responsibility and independence of living on her own.

"Dealing with the weather is hard, but also having to go to the bank by yourself, being in check for your own stuff, having to buy your own personal necessities, and going to the drug store for yourself, keeping your pills in check. It's not impossible, but you have to settle everything into your daily life. And it's something that you don't get if you're not a boarding student or engaged... 100 percent of the time in something like this," said Cincura.

Living far away from home has also had its drawbacks, according to Cincura.

Cincura said, "Of course I get homesick. I mean [I am] 7,000 miles away from home and [have] no face-to-face communication, [even though I] used to have family dinners every night and everything. Of course I get homesick, but I know that everyone back home is happy for me."

Cincura said that food is one way she has tried to combat homesickness, even if the food in the United States is not exactly like at home.

"[Although] places like Florida [have it], in general, one of the things New England doesn't have is fresh pressed juices. And this is so big in Brazil, everywhere, [in] every household, so I am thankful that Paresky [Commons] has fruits," said Cincura.

Cincura said she noticed the difference in food the first week she got to campus.

Cincura said, "Brazil is very big on beans, and one of the first days that I ever ate here, Paresky had Boston baked beans. So, I was really excited to eat the beans, but when I tasted them, the beans were sweet. And I was like, 'Wait what is this?' because our beans are not sweet. They don't have barbecue sauce or anything. Our beans are salty. And so [although] I was really happy Paresky had beans, I [thought it was strange]."

Andover Together Aims to Facilitate Communication Between Students and Adults on Campus

ESTELLE ZHU

Stacks of colorful notecards called "conversation cards" decorated every table in the Mural Room of Paresky Commons last Friday during the second Andover Together lunch. Sponsored by the Abbot Academy Fund, this initiative seeks to encourage communication between students and adults on campus.

Rajesh Mundra, Associate Dean of Students and Residential Life and organizer of the event, said, "The thought was that there could be more intentional opportunities for faculty, staff, and students to get to know each other. So this is one of a series of different things that we're doing this year to promote communication and building relationships."

The first lunch that Andover Together hosted, which occurred in October and was only open to Flagstaff Cluster students, took place in Susie's. According to Mundra, changing the location of the second lunch to Paresky was meant to encourage more students to attend.

"This time we wanted to make it more central, [and] it's not by cluster, it's open to any student in the school. So we're hoping that more students, more faculty, and more staff will come, during their lunch time. Almost everybody eats lunch at [Paresky], so we're hoping that this will be an easier way for people to come and stop by," said Mundra.

Each card contained potential discussion topics about Andover, including "How did you first know about Andover?" "Which Andover values resonates the most with you and why?" "What is your favorite Andover event?" and "When is the Andover community at its best?"

Abigail Johnson '19 wrote in an email to *The Phillipian*, "My favorite part was hearing everyone share at what moments they thought the Andover community

was at its best. Some moments, from Corner Day to the death of a classmate, Dan [Nakajima '18], last year, were shared by most of us. Other moments, such as the Niswarth [Learning in the World] program, were shared only by a few."

According to Johnson, the myriad of shared answers inspired her to think about all of the experiences that Andover students have in common, even if they have never met before.

Johnson continued, "It is not uncommon for me to talk with friends about our favorite events or what we think about the atmosphere of our community, but it's also valuable to have those conversations with people who have very different perspectives and involvements in the community."

Gayatri Rajan '22 attended the lunch with her friend because she thought it would be a good idea to meet more people. According to Rajan, she became more comfortable with the people she talked to as the lunch progressed.

"We went through all of the school's mottos and we were like, 'which one resonates with you the most,' because we were all talking about our lives and how that has to do with it. And someone said something really good, like the 'private school with a public purpose,' we were talking about how all of us resonate with that and why," said Rajan.

According to Mundra, the Andover Together events differ from other forums in that it is not topic-based. While other events, such as All-School Congress, allow students to discuss a particular subject with teachers, Andover Together mostly inspires informal conversation that helps build connections.

"This is a forum to get to know other people that you might not know. This is not necessarily the topic-based [conversations], this is just friendly-based, and getting to know people," said Mundra.

Sophie Liu '20 said she liked

the idea of talking to teachers and students that she usually doesn't get the chance to converse with. According to Liu, however, she was doing homework during her lunch period on Friday and was unable to attend Andover Together.

"I feel like if [Andover Together] were a more constant thing, like if there was this opportunity every day or more often during conference, just a space for people to go in and out of, talk to people who pass by, I feel like that would be a better opportunity to connect with people," said Liu.

While Robert Hickman, Instructor in Mathematics, Statistics, and Computer Science, did not attend the lunch, he says he hopes that these types of events will continue occurring.

"I think it's very important for the faculty to get to know the students, especially because if we interact with students outside the classroom for some reason on campus, it's definitely beneficial. If something happens or if there's some kind of issue, it's easy to figure out. But then it's also good just to generate ideas and talk to them. There's a lot interdisciplinary stuff happening on campus and students could get involved in that conversation," said Hickman.

In the future, the Andover Together initiative will allow a group of students to ask a faculty member to host a dinner.

"It wouldn't be like your house counselor, or your advisor, but it could be somebody else that a group of students just want to get to know better... That's a little more personal, intentional. Maybe the faculty member would host it at their house, or maybe they would go out to dinner somewhere, but there are funds allocated for those small groups," said Mundra.

Editor's Note: Estelle Zhu is an Associate Arts Editor for The Phillipian.



S.BAHNASY/THE PHILLIPIAN

The Andover Together discussion tables were hosted last Friday in the Mural Room.

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Commission Ceremony Honors Captain Hudner '43

Continued from A1, Column 4

manned [the rails]... That's just a very moving, emotional thing to see the ship come to life," said Donnelly.

Massachusetts Congressman Stephen Lynch, Massachusetts Governor Charlie Baker, and Boston Mayor Marty Walsh spoke at the event, along with Richard Spencer, Secretary of the Navy; William Moran, Vice Chief of Naval Operations; and Joseph Dunford, Chairman of the Joint Chiefs of Staff.

"They all had very impressive things to say not only about Captain Hudner, but the United States Navy and about the crew, and all of the great things that they were going to do sailing aboard that ship for the nation," said Donnelly.

Like Donnelly, Jennifer Savino, Director of Alumni Engagement, considered the event historical and remarkable.

"I had military dignitaries, a lot of politicians, a lot of veterans, a lot of currently serving military personnel, and a couple of dozen Andover alumni. They don't do these [commissions] often, so for them to come here into Boston, where Captain Hudner is from Concord, Mass., [was] extraordinary," said Savino in an interview with *The Phillipian*.

According to Savino, Hudner was a very active student at Andover.

"He was a multi-sport athlete, thought very well of both by the faculty and by his classmates. He received an appointment to the Naval Academy where he went through his attendance and education at the Naval Academy, becoming an aviator as he trained to start flying planes," said Savino.

After graduating from the

Naval Academy in 1946, Hudner partnered with Jesse Brown, the first African American aviator in the U.S. Navy. When the two went on a mission to provide ground troops protection, Hudner committed the heroic act that would earn him the Medal of Honor.

Savino said, "Brown's plane was shot down and so Captain Hudner crashed his plane wheels up... He went in, knowing it was unlikely he was going to be able to then get himself out there, but he went after his own wingman to try to help him get out of the plane. There was too much damage, and he couldn't help him escape, so he called for backup."

By the time the helicopter came, Hudner was ordered to leave the crash site, eventually returning to Washington D.C., where President Truman awarded him with the Medal of Honor.

The motto of the U.S.S. Thomas Hudner is "above all others." Donnelly believes that this motto, along with Hudner's heroic act, correlates with Andover's core value, Non Sibi.

"That's very poignant for [Andover] because our motto was Non Sibi, 'not for self.' Captain Hudner said that he would do that thing for any of his subordinates and probably others too. He had a lot of humility and didn't make a big deal of the fact that he'd been celebrated by being awarded this — the highest honor in the military," said Donnelly.

Donnelly continued, "When it comes to Captain Hudner, it's just a reminder that he did serve and it's important for all of us to serve not necessarily in the military but it's important for all of us to find ways to serve others. Really, a life of service and that's really important for all of us to know and to follow in his footsteps."

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Andover Students Return From Semester Abroad at The Island School

MARGOT HUTCHINS

Although it's unusual for high schoolers to begin their morning with an ocean swim in the Bahamas, for Sophia Witt '20 and Rowan Curley '20, it was just another part of their daily routine at the Island School, where they both spent their Fall Term.

The Island School, located on South Eleuthera island in the Bahamas, allowed 53 high school students to explore and engage with the island's culture, environment, and community over a 100-day long semester. The program's emphasis on experiential learning encompasses a variety of activities such as solo camping expeditions, scuba diving, sailing, and kayaking, in addition to regular academic classes.

According to Curley, the curriculum integrated the natural resources of the island and often involved outside activities.

Curley said, "If I had my marine ecology class, we'd go scuba diving. If I was doing math, we'd do statistics of water usage based on cistern storage on campus. A lot of the time we'd be doing expeditions, like nine-day kayaking or five-day van camping down the island. It was really always changing."

Carmen Muñoz-Fernández, Director of Learning in the World, said, "I think the main benefit is that the Island School is a true experiential learning program, where it is project-based, and the students

get to experience the world in a completely different way than they get to back home or here on campus."

In addition to the unique education, Curley, Witt, and Tyler Murphy '19, who attended the Island School during Fall Term of the 2017-2018 school year, said that they benefited from the opportunity of self-discovery provided by the physical and emotional challenges of the Island School.

Witt said, "I really wanted to find out more about who I was, down to the core of my person... [The Island School is] very, very hard at times, and there are times when everyone wants to go home, but it's so worth it, and you learn so much about yourself. It's honestly life-changing. It broadens your perspective so much."

Murphy, who had a similar experience, said, "The most important thing I learned about myself is what I'm capable of... what I can do physically, because we do a lot of athletics there. Mentally, being away from home; emotionally, not being able to contact my family at all times and being with new people; and even academically, in the sense that I didn't know how much I was capable of learning about myself."

The Island School also fosters a different community dynamic from the one at Andover, according to Witt. Witt said that the school's strict "no cliques" policy coupled with the small campus size and intensity of the program



The Island School program, offered to Andover students, is part of the Learning in the World Program with the Tang Institute. COURTESY OF THE ISLAND SCHOOL

allowed the students and staff to develop much more tight-knit relationships with one another.

Curley also said that she was able to make close friendships with faculty members, many of whom were teaching fellows that participated in athletics and expeditions alongside students.

"They all became like big siblings to me. It felt comfortable relating to them...It just felt like a family on campus. Everyone knew each other and everyone said hello," she said.

Students were not allowed to have phones or access WiFi on campus, although they were permitted to use their computers.

According to Curley, being able to have face-to-face conversations with her friends, instead of interacting with them on social media, gave her the chance to get to know people on a deeper level.

"Every single interaction I've had with these people before leaving has been face-to-face. I've never known them online, and I feel like that's something that never happens these days. It's super incredible," she said.

In order to partake in the program, both Curley and Witt missed the entirety of Fall Term and a week of Winter Term. Although they had to move the ma-

jority of their year-long classes to their Senior year, it gives them the ability to take electives typically reserved for Seniors during their Upper year. Despite the scheduling complications, both students said that they wouldn't have traded the experience for anything.

Witt said, "I would definitely, 100 percent, recommend it... I remember being a bit sad when it was Andover/Exeter Weekend, but honestly, I didn't feel like I missed out on anything."

Editor's Note: Margot Hutchins is an Associate Copy Editor for The Phillipian.

Music Groups Lead Annual 'Sounds of the Season' ASM

DANIEL CHO

Donning a red Santa Claus hat and an Andover scarf, Head of School John Palfrey led students in school-wide sing-alongs of "Deck the Halls" and "Jingle Bells."

The annual "Sounds of the Season" All-School Meeting (ASM) consisted of a 55-minute musical medley performed by students and faculty members, interspersed with punny introductions, and ended with an annual Christmas carol sing-along. It featured performances by Handbell Choir, Fidelio Choir, Jazz Band, Chorus, and William Duan '19.

Jerry Shu '21 said, "I think [ASM] really engaged the student body, because most of the time everyone's listening to a speaker instead of actively participating."

Duan performed an original piece on the violin which was a variation of "Silent Night." Duan received a standing ovation from the audience afterward.

Shree Menon '20 wrote in an email to The Phillipian, "[Duan] showed incredible talent and hard

work after performing his own composition, Variations on Silent Night. The creativity and ingenuity that he showcased in his playing was amazing, as seen and heard by the crowd's loud standing ovation."

Jacques Kuno '20, who beat-boxed to Chorus's rendition of "It's the Most Wonderful Time of the Year," was one of several soloists who were highlighted during the chorus medley. Two others were Henry Crater '20 and Summer Seward '21, who sang "Happy Xmas (War is Over)" by John Lennon, accompanied by Fidelio Society and chorus.

Jazz Band performed a rendition of "You're a Mean One Mr. Grinch."

According to Menon, who played the double bass, the Jazz Band had been working on this performance for nearly two months since Parent's Weekend in October.

"Playing double bass with the Jazz Band was my favorite experience for this ASM. It was the first time that we, as a band, had played as an accompaniment part for the chorus," said Menon.

Abby Ryan '21 said, "The jazz band performance was my favorite act. The band performed really well this year. The music was livelier than I remember from last year. I also thought that the band complemented chorus. That song was another one of my favorite performances."

Following the student performances, Palfrey led the annual sing-along to "Deck the Halls" and "Jingle Bells." Menon saw the sing-along as a symbol of unity.

Menon said, "[The sing-along] shows that although our student body comes from all over the world, culturally and geographically, we can still join together and sing in unison."

Ryan said, "There was an awesome community feel. Everyone in the audience was involved in the performance...[it] lifted everyone's spirits. The entire ASM was dynamic. It's definitely one of the most spirited ASMs of the year, and so much talent was showcased in all of the solos and ensembles."



The annual "Sounds of the Season" ASM featured various band and chorus covers of Christmas carols. S.BAHNASY/THE PHILLIPIAN

Tong '91 Urges Students to Challenge Themselves at Andover

Continued from A1, Column 1

mark his entire Andover experience and the transition out of it.

Tong said, "It's my first day when you drive up and there are Blue Key [Heads] out on the street in front of Cochran Chapel and they're cheering and screaming and welcoming you to the school and then bringing you into the Chapel. For that very first event experienced as a student, I still remember feeling really excited and really hopeful that day about the experience to come."

"And then, three years later, it was my job as the School President to welcome all the new Juniors and Lower and new students by speaking at

that assembly on the very first day. I felt like I had come full circle and that really wrapped up for me and encapsulated my whole experience at the school," continued Tong.

Tong's advice to students is to push themselves to explore everything that Andover has to offer. He believes that high school — especially a boarding school like Andover — is the kind of place that provides numerous opportunities to try new things.

Tong said, "I think Andover gives you a lot of freedom and independence and it challenges you to challenge yourself, and I think sometimes you don't know what you're capable of and it's important to take risks and to push yourself harder."

Many of the friendships

Tong built still last to today, and, according to Tong, he treasures them greatly.

"I'm very close to a lot of my high school friends, not all necessarily in my year, but I have a lot of friends across class years. I think our class, 1991, is particularly close and good at staying in touch, so the relationships are very strong and they've endured," said Tong.

Tong continued, "Let me just say that I'm incredibly proud to be a graduate of this school. I think so much of what I learned about service I learned at Andover, and there are so many great memories. There really are."

Students and Faculty Share Opinions on Room Visitation

Continued from A1, Column 4

instructed us to turn to somebody that was near us, so the adults were not intended to talk to other adults, nor students with other students."

Attendees were first asked to share what they hoped would result from an ASC. Moderators then passed out printouts of the Blue Book that stated Andover's current room visitation policy.

According to Co-President Nick Demetroulakos '19, one of the main issues that were raised by students and faculty was the heteronormativity present in current parietal policies, as well as the stereotype that parietals are used solely for sexual relationships.

Demetroulakos said, "For me, [the issue of heteronormativity] is what is important [for] parietal rules. It was nice to hear faculty express explicitly [that] there needs to be a change."

Another topic of discussion was room visitation hours. According to Chi Igbokwe '21, the discussion room she was in came to an agreement that current room visitation hours during weekdays were inconvenient for both faculty and students. A moment that stood out for Igbokwe was when faculty shared how parietal hours affected them.

"One main point was how faculty want to support the use of parietals, but because the times are from 5:00 p.m. to 8:00 p.m., [faculty] have to take care of their kids [and other businesses]," said Igbokwe.

Massachusetts' age of consent, pressure from parents, the institutional liability for students' safety, and others were topics of discussion for why the current visitation policies exist at Andover. Moderators distributed the alternative policy drafted by Andover and other peer schools.

Mundra said, "Each school has their own culture and architecture of dorms, and it's hard to come up with a common policy that works everywhere. [The alternative policy] was meant to generate discussion."

The alternative policy made a distinction between common room, intra-dorm, and inter-dorm visitations. Common room visitations allowed students from any dorm to be invited between 8:00 a.m. and check-in time.

Intra-dorm visitations applied to visitations between students who live in the same dorm. Students may visit their peers with closed doors until study hours; during study hours, students must remain in their own room. Students are also required to come back to their room after 10:30 p.m.

Inter-dorm visitations would apply to any visitor who did not reside in the dorm they were invited to and begin at 6:00 p.m. From 6:00 p.m. to the beginning of study hours, any student could be invited to a peer's room, provided they sign in and the door is open 90 degrees, regardless of the stu-

dents' gender identity. A faculty member does not need to be on duty.

When an adult is on duty, visitors must sign in and doors must be left open with an object left at the doorway to denote a room visit in progress. Seniors could have closed doors but sleepovers would not be allowed.

According to Igbokwe, the revised policy seemed to be more inclusive and addressed the issue of heteronormativity surrounding Andover's current parietal rules. The specific parts of the revised dorm visitation policy that could be implemented at Andover were a topic of discussion.

"If [Andover] presents itself as a more inclusive and liberal school, we shouldn't backtrack with rules like having students return to their room by 10:30 p.m.," said Igbokwe.

Another difference in the proposed alternative policy was the affiliation of day students to dorms and the different rules regarding day student sleepovers. Tanush Mittal '22, a day student from Reading, Mass., appreciated the proposal's effort to better integrate the day student population but thought the addition of day student sleepovers would not serve that purpose.

"[Sleepovers] would not make that much of a difference because everyone has a lot of work. The new policy... excludes day students and gives less of a chance to visit [boarding students]," said Mittal.

According to Demetroulakos, the discussions from the ASC reflected the complications of finding a visitation policy that benefits all students and faculty. Demetroulakos said, however, that change can begin with improving student-faculty communication, students' willingness to discuss consent, and the heteronormativity of the dorm system.

"We need to zoom out from room visitation to look at what's moving behind the scenes before we can address drafting a room visitation policy that is effective," said Demetroulakos.

There was not a definitive change in room visitation policies as a result of the ASC and there is nothing specific planned, according to Mundra. The Dean of Students Office believes, however, that the ASC was a great start for students and faculty to hear each other's perspectives regarding a more inclusive room visitation policy.

"This opened the door and raised a level of trust, care, and solidarity around the three values of safety, trust, and inclusion," said Mundra. "I hope [this] sets us up well to dig deeper into developing a policy that maybe not everyone will agree with, but I hope there will be more understanding [when there is a new policy]."

Editor's Note: Olivia Tung is an Associate Photo Editor for The Phillipian.



The Phillipian SPORTS

Party at Andrés

Volume CXLI | Number 26

December 14, 2018

Kinsey Yost '15 Awarded Nescac All-Academic Award

ALEXANDRA LEBARON

For the third year in a row, Kinsey Yost '15 has been awarded the All-Academic Award for her success in academics and athletics at Wesleyan University. A member of Wesleyan Girls Soccer, Yost has played for the team for four years and been Captain for two years.

The All-Academic Award is granted to student-athletes in the Nescac league who maintain a G.P.A. of 3.5 or higher throughout their entire time in college. Because Freshmen can't receive the award, Yost has been recognized every year she has been eligible, despite suffering an A.C.L. injury and being unable to play for the majority of her Senior season at Wesleyan.

Yost said, "The All-Academic Award is not necessarily representative of your play on the field, but more your contribution as a student-athlete. They have awards for your play on the field such as first, second, and honorable mentions on Nescac teams, and then All-Region Teams and All-American Teams."

Although the All-Academic Award emphasizes the academic achievements of student-athletes, Yost has also been an athletic force for the Wesleyan team, according to her former Andover Girls Soccer (GVS) Coach and advisor Lisa Joel, Director of Enrollment Management.

Joel said, "What is clear to me is that when Kinsey went to Wesleyan, she basically had [an incredible] impact there... which is really hard to do, because it's always a step up

to play collegiate sports. She was also a two-time Captain of the Wesleyan team, which is also exceptional. In her senior year, in spite of having an A.C.L. injury, she still found a way to lead the team and they actually had the most successful year of her four years there. I have no doubt that that wouldn't have happened if Kinsey wasn't there leading."

During her Senior year at Andover, Yost was Co-Captain of GVS, along with Elizabeth Kemp '15 and Alice Thomas '15. She credits her time on GVS for giving her essential skills in leadership and sportsmanship.

Yost said, "My time on GVS taught me how to be a good teammate, how when you play on the field, you don't play for yourself but you play for the team as a whole, and how it's so important that every player on that team fulfills as role as a member of the greater whole. I think that GVS especially does such a good job of helping people realize the importance of every role played on the team."

Yost was a natural leader on the Andover team, according to Joel.

Joel said, "She was an exceptional Captain... Kinsey was our vocal leader on the field at all times. We needed her as our center back, and she was determined in every way always to inspire the team to victory. She was our best player at all times and even though she was center back, I expected her to be our biggest offensive threat, making our team go forward. She was exceptional."

As one of her fellow

Co-Captains at Andover, Kemp also felt that Yost was a supportive and successful Captain on GVS.

Kemp said, "I think she did a fantastic job as Captain [at Andover], and she really took the saying 'lead by example' to the fullest in that she put everything on the line, whether it be her body or her priorities and mindset into soccer. It's her passion; she loves it a lot, and you can just tell by the way she plays and the spirit that she brings. She's also a very kind and warm and bubbly person, so it's kind of this hard devotion to the game and to the team but also coupled with this kindness and warmth."

The All-Academic Award not only acknowledged Yost's athletic abilities, but it also recognized her commitment to academics. Yost is a Neuroscience and Behavior Major, a field she became interested in after getting a concussion during her Upper year.

Yost said, "When I had my concussion, I went to the doctor and there wasn't much that could be done because there's not much happening in that field. When I was looking about where to go to college and where I could play soccer, Wesleyan had a phenomenal neuroscience program, and I pursued it with the hope of going to medical school and figuring out what exactly causes concussions, how do we overcome them, how can we help young athletes treat them when we do have concussions, because they're so prevalent, especially in women's soccer."

Kemp said, "Kinsey embodied a lot of what Andover tries



JWOLFE/THEPHILLIPIAN

Yost's commitment to athletics and academics earned her the All-Academic Award for the third straight year.

to instill in you in terms of a love of learning and curiosity and just enjoying learning. I know her major at Wesleyan is neurobiology, and she's really taken it seriously and really enjoyed learning in a different specificity. I know she's doing a fifth year master program there, so I think that speaks to her devotion and dedication to continued learning in higher education."

Joel referred to her as a "true student athlete" because of her simultaneous commitment to both her studies and her time on the field.

Joel said, "As an athlete, in my time here, she will really

stand out as exceptional, the sort of athlete would imagine would someday be in our athletic hall of honor, in terms of her impact. She was also, from the start, just incredibly hardworking. She was a very positive teammate, just loved the game and loved her teammates and brought a lot of joy to the field."

Editor's Note: Alexandra LeBaron is an Associate News Editor for The Phillipian.

Will Raphael '18 and Tufts University Win N.C.A.A. Championship

HANNAH ZHANG

This month, Will Raphael '18, Co-Captain of the 2017-2018 Andover Boys Soccer team, became a Division III Men's Soccer National Champion with his undefeated Tufts University team.

Tufts defeated Calvin College 2-1 during regulation in Greensboro, N.C., to claim this title. According to Raphael, Tufts had its sights set on the winning the National Championship from the beginning.

"We were lucky enough to host every single round that we possibly could, so we had four home games, and we even had a first-round bye [since] we were the number-two seed going into the tournament. The environment is extremely different. People are playing with their heart on their sleeves. It was heightened intensity. We knew all along that the goal of the season was to get to the tournament and win the National Championship," said Raphael.

Raphael began his soccer

career with club teams at a young age and played on Andover's JV team before making the Varsity team his Upper year.

"I started every single game as an Upper, played every minute, so kind of like a breakout year. That team was a really fun team to play with. We actually made it to the quarter finals of the [Nescac] tournament. In my Senior year, I was lucky enough to be a captain of the team, and I actually moved into the midfield for that year," said Raphael.

At Tufts, Raphael has transitioned into the backfield and contributed throughout Tufts' 18-3-0 season.

Raphael said, "I've played in basically every single game and usually contributed some pretty good minutes. There were some games where I played half the game and ended up starting some games. I was lucky enough to play in the semi-final and final as well, which was an incredible experience."

According to Tufts Soccer Head Coach Joshua Shapiro, Raphael quickly adapted to the collegiate level of play and made a positive impact on the field and team throughout the season.

Coach Shapiro wrote in an email to The Phillipian, "Will is a very competitive and determined person. He is outgoing, confident, and a natural leader. He was not intimidated by the physicality of the college game and picked up our tactical ideas quickly, making him capable of helping defensively right away. He played crucial minutes in most games this season. I think his relentless will to win and compete all the time is a unique quality. It is rare that you find someone so dedicated to winning."

Raphael attributes a large part of his success and development as a player to Andover Boys Soccer Head Coach Edwin Escobar's support, as well as the experience he gained during his high school career.

"I think Coach Escobar definitely had a massive influence on the way I look at the game and play the game. He's one of the best coaches there is. He's really supportive of me. He's kind of the reason I got on the field my Upper Year. I was able to show the team what I was able to do, and playing at Andover was a great experience. You get to play great competition in Class A, and that prepared me pretty well," said Raphael.

According to Coach Escobar, Raphael, who was a part of the Western New England Prep School Soccer Association All-Star team his Senior year, demonstrated hard work and determination all

throughout his time at Andover.

Coach Escobar said, "I had the opportunity to coach Will for three years while I was here. He's just a hard worker. For him in the three years we had him here we watched him grow each year. It all had to do with just the intensity with which he did everything on the field, and even off the field. I think at a very young age he understood that all the best student athletes out there it's not a switch that you can turn on and off. It's just a habit of just working hard, and that's what Will is."

As a captain at Andover, Raphael made sure to lead by example and truly impacted each player of the team, according to current Andover Boys Soccer Co-Captain Henry Rogers '19.

Rogers said, "His passion and determination on the field and during practice made us want to compete and to work as hard as he did. Everything he did was at full throttle and that mentality was something that he instilled in the team and especially the younger players. He had a commanding presence on our team but was also one to pick us up when we were feeling down or when we weren't playing well enough and motivate us to get the next one."

Looking forward, Raphael says he hopes to continue this past year's success.

Raphael said, "The goal is to win three more of these National Championships. The [Juniors] here are still undefeated, so it'll be really cool if we were able to do that for four years. It's unlikely, but that's the goal. There's no better feeling than winning that National Championship, so we'd like to repeat that."



A.MACAYA/THEPHILLIPIAN

Raphael credits his Head Soccer Coach at Andover, Edwin Escobar, as a large part of his success at the collegiate level.

GIRLSHOCKEY

Girls Shut Out Dexter Southfield, Add Victory at NMH

MARY STUART KERRIGAN

Andover	3
Southfield	0
Andover	6
NMH	2

Andover Girls Hockey scored five unanswered goals in the second period against Northfield Mount Hermon to emerge with a 6-2 victory on Saturday.

Co-Captain Kelly McCarthy '19 said, "We didn't start our game against NMH as we would have liked to, but everyone played really hard in the second period. Once we got one goal, we gained momentum, and our energy picked up a lot."

Backup goalie Katie Wimmer '21 played in her first career varsity game in the third period against NMH. According to Indi Wagner '22 and McCarthy, her play against NMH showed why she is an



M.CALLAHAN/THE PHILLIPIAN

Rachel Neyman '22 is one of four Jhuniors on the team this season.

important member of the team.

"In the end, it was a great game because Katie Wimmer, our backup goalie, got to play a little, which was really exciting and we were all really pumped for that," said Wagner.

McCarthy added, "Katie played great. She was super excited to get out there and she played really well. She is a natural athlete and always

has an eagerness to learn in practice which is why she is such a great addition to our team."

Andover also defeated Dexter Southfield in a 3-0 shutout victory at home. After defeating NMH and Southfield, the team's record now stands at 3-0. Despite the win, the team has room to improve offensively, according to McCarthy.

"The team had a strong

showing in our game against Southfield. We definitely want to work on generating more shots on net but we have collectively been doing a better job of taking the puck back and regrouping if the first attempt for an offensive play doesn't work," said McCarthy.

According to Wagner, the team's energetic atmosphere helped to propel it to victory.

Wagner said, "It was a great game. It was our home opener so I was super excited and the team was also really excited as a whole. The energy on the bench was great and we were able to score some really great goals."

On Wednesday, the team traveled to the Patsy K. Odden Invitational Hockey Tournament at Taft. In addition to practicing as it usually does for games, the team has worked on conditioning in preparation for the tournament, according to McCarthy.

"Monday and Tuesday of this week, we worked on some conditioning and skill work because the teams we will face at Taft will be our toughest opponents so far. We want to make sure we can

compete hard for a full three periods," said McCarthy.

According to Lilly Feeny '20, the team is very excited for the tournament.

"We are looking forward to the Taft tournament because [Andover] won the year before I came, so we are hoping to get that title again and I think we have a good chance. We are a very deep team. We have four solid lines and nine defensemen, so it's a lot more than most other teams in our league. And I think that will put us at an advantage to hopefully go the longest distance into the playoffs," said Feeny.

McCarthy added, "If we maintain the energy and hustle we have had in our games so far this week we will be able to compete with our opponents and see the results we want on the scoreboard."

Andover will face Choate and Hotchkiss on Thursday in the first day of the tournament. The team's final ranking after Thursday will determine its opponent on Friday.

BOYSSWIMMING&DIVING

Andover Boys Swimming & Diving Continues To Shatter Records

ETHAN WEISSMAN

Andover	133
Loomis	53

In Boys Swimming & Diving's first home meet of the season, Zack Peng '21 established new school and pool records in diving and Arnold Su '20 broke his own pool record in the 100-Meter Breaststroke. Peng and Su's performances helped Andover to achieve a 133-53 win over Loomis Chaffee on Saturday. The team's record now stands at 2-0.

Peng scored 348.30 points with a total of six dives, breaking the previous school record of 321.90 set by Corey Psionos '07 in 2006. In addition to breaking the school record, Peng also smashed the pool record of 324.05 points, set by Deerfield's Taylor Clough in 2011. Peng was surprised to learn he had broken pool and school records.

Peng said, "I really didn't expect it, but in general it was a great experience and I learned a lot from it, knowing now that I know how to I improve myself for the future."

According to Peng, this meet focused on the back category of diving, which he worked on during practice.

Peng said, "Diving is a sport that you have to practice a lot over and over again so it not only becomes muscle memory but helps you know when to kick and how to adjust your

body so you can get [into the pool] vertically."

Additionally, Su broke his own pool record from last year of 58.24, clocking in at 57.99.

According to Head Coach David Fox, the team will continue to work to push themselves in practice and prepare for the Eastern Championships in mid-February.

Su said, "For the past week, we've just been training very hard and pushing ourselves every day. Like always, we had one goal: to swim fast. Every meet we have from now till February is practice towards our final championship meets, and every meet is just another opportunity to show off what we train for."

Although there was a system error with the scoreboard at the start of the meet, Andover did not let these technical difficulties phase it, according to Jack Warden '19.

Warden said, "We didn't let this unexpected occurrence deter us from performing to the best of our abilities that day. It was a good experience that taught us to preserve under unanticipated circumstances, and will help us down the road this season."

During the meet, the team relied on each other for support, as well as energy from the home crowd, according to Peng.

"It was a home meet too so everyone was feeling a little anxious, but everyone was really excited because a lot of friends came over to watch. Again it was the support and positive attitude that the team

had, but all the while it's a competition and we have a great balance of fun and also work ethic," said Peng.

Warden said, "I thought that the team brought a lot of energy throughout the entire meet. With a larger audience than usual, and with some spectators bringing posters, it was easy for us to create an enjoyable, environment during the meet in front of a home crowd."

Over the break, the team will continue to train hard and swim faster for more sustained time as it look towards the future, according to Su and Warden.

Warden said, "Many of us will head home during [winter] break to train with our various club teams. In terms of swimming, [Winter] break is generally the hardest training period of the year. Many of us will be doing morning and afternoon practices that last a few hours each. It is the perfect opportunity to buckle down and pound out yardage that will condition us to be more resilient at the end of our races when we come back."

Boys Swimming & Diving will travel to Peddie on January 12 for its next meet.



M.ZHANG/THEPHILLIPIAN

Zack Peng '21 scored 348.30 points for Boys Swimming & Diving, breaking the previous school record by 26.40 points.

GIRLSINDOORTRACK&FIELD

Andover Crushes Competition In Season Opener

ANNA LIU

Andover	79
Governor's	60
Wilbraham	19
Hyde	16

Andover Girls Indoor Track & Field started off its season by setting four new records in its first meet: a Junior Record in the 55-Meter Hurdles by Myra Bhatena '22 with a time of 9.94 seconds, a Lower Record in the 1000-Meter by Charlotte Whitehurst '21 with a time of 3:33.83, an Upper record in the 600-Meter by Sadie Cheston-Harris '20 with a time of 1:49.34, and a new school record in the 4x400-Meter Relay by Bhatena.

ena, Cheston-Harris, Athalia Esty '22 and Abigail Otterbein '19 with a time of 4:24.54.

Andover hosted its season opener against Governor's, Wilbraham & Monson, and Hyde on Saturday. In addition to setting multiple new records, Andover won the meet, with 79 points against Governor's 60, Wilbraham's 19, and Hyde's 16. Andover's record stands at 1-0.

According to Head Coach Rebecca Hession and Adaeze Izuogunam '20, the meet was mostly aimed to help the team ease back into the track season, as well as to help new runners prepare for the season ahead.

Coach Hession said, "We use the first meet as a way to practice, really. Even practicing being part of a meet because we have so many students who are brand new to track and field. This might be the first time they've done track, this might be the first

time they've been on a team. So, there's just really a big learning curve that goes along with order of events, the flow of things, how long it takes, getting in starting blocks for the first time, or being on the runway for the first time."

"I had to take it pretty easy, since I hadn't really done anything since volleyball season. Throwing is an event that is really hard to get back into, especially shotput. It is not a very natural motion. It is not really something that your body can do intuitively. And since we didn't have a ton of time to prepare before, we had two or three days of throwing," said Izuogunam.

Because no other girls teams were present during the 4x400-Meter Relay, which occurred at the end of the meet, Andover raced alongside the boys teams. This competition helped push Andover to achieve its new school record, according to

Bhatena.

Bhatena said, "I think the reason we did so well for the 4x400 was because no other girls [teams] were running, we were placed with the boys. We pushed ourselves. Because it was our last race, we pushed ourselves even further. And we gave everything, which got us even further."

After just one week of practice, the team aims to continue to bond together and familiarize new runners with the sport and with each other, according to Coach Hession.

Coach Hession said, "We have a large team and it takes time to get a large group of people to become a team more than just a large group of people. We are a week into it. But things like, the veteran kids teaching the novice students what it means to be part of a team, what it means to do an event. We do full team warm ups together just to build the

team aspect of the sport."

According to Hession, after defeating its arch-rival by a mere one point last year, Andover is already looking forward to its meet against Exeter at the end of the season. However, the team also has its sights set on Interschols in the spring, where the team achieved first place last season, according to Coach Hession.

"Our [Phillips Exeter Academy] competition is always really strong so we have to be prepared for a team like that. But a lot of what we are doing is creating a building block for the outdoor season where we do have a championship meet. We expect to be competitive in the league but we also expect to be a team that continues to grow," said Coach Hession.

The team's next meet will be at home on January 9 against Governor's.

WRESTLING

Andover Unable to Secure a Win in Triple Header

LUCY LASATER

Andover	30
Brooks	37
Andover	26
Andover High	54
Andover	12
North Andover	66

On Saturday, Andover faced off against Brooks, Andover High School and North Andover High. Despite many injuries, the team still took to the mats against all three teams. Andover fell 30-37 to Brooks, 26-54 to Andover High, and 12-66 to North Andover. Although they lost to all three teams, Andover's players maintained their spirit and put up a good fight. The team's record now stands at 0-4.

In one of his matches, Riggs McGrath's '21 opponent forfeited after not weighing in just as McGrath was scheduled to wrestle. As a result, Co-Captain Eamon Garrity-Rokous '20 had to challenge up two weight classes



Co-Captain Eamon Garrity-Rokous '20 challenged up two weight classes for two matches this weekend and won both.

for two matches during the meet. Garrity-Rokous proceeded to win both matches and pinned one opponent as well as recording a major decision. Co-Captain Pablo Sanchez '19 also recorded a pin and a major decision, earning points for Andover.

In addition to Garrity-Rokous, Ramphis Medina PG'19 also challenged up to a heavier weight class. Although he lost 0-1, it was a competitive fight, according to Garrity-Rokous.

Garrity-Rokous said, "He

wrestled two or three varsity matches... Coach [Rich Goram] threw him out there, just to see how he did. I think he pinned one of his opponents and he put up a great fight with another opponent. It was really huge to see him go out there."

Matt Suri '21 added, "Even though we had a lot of good competition, everyone worked really hard, and everyone fought their hardest. Because Nick Masri [19 was injured] we brought up Diego [Winsor '22] to play in the

Varsity lineup, and it was his first time wrestling as an Andover wrestler. He fought his hardest and we're just proud of Diego for going out there and trying his best in the varsity lineup."

Although the losses were hard on the team, Garrity-Rokous has full faith the team will be able to work together to improve in the future. The new players in particular continue to work hard in preparation for the remainder of the season, according to Garrity-Rokous.

Garrity-Rokous said, "A lot of the new wrestlers that I've seen are actually really passionate about the sport, and they're actually some of the hardest workers on the team. They're doing sprints after practice, running around the indoor track, learning new moves from veterans and stuff, so I see a lot of passion and they're some of the hardest workers on the team. So, I think that just because of that they've already become full members of the team. We love to have them."

During this meet, the Andover team did not have any female wrestlers compete, although many completed exhibition matches. Among injured team members was Marisol Nugent '20, who was unable to compete due to a concussion.

Going into the matches, the team anticipated many of the challenges it faced, but Coach Goram helped motivate the team, according to Suri.

Suri said, "Coach Goram gave us the mindset that we can either face good competition with fear or we can go into it trying our hardest, working our hardest, and in the end coming out with things that we need to work better in.... With this good competition the members of the team can point out what we have to work on and as a team grow and work harder and get better in our individual flaws, so we can perform better in the rest of the year even in our tournament season."

"I think we have a really strong and supportive team. Our Co-Captains Pablo and Eamon are doing well making sure that everyone is included and that with all different talent levels and people joining the team and people that are new to wrestling... We're making sure we're inclusive for everyone and making sure we are all working hard together. So as a team, everyone's enjoying the sport and everyone's trying hard and it's a good time," said Suri.

Andover Wrestling will face off against Deerfield and Phillips Exeter Academy on January 12.

GIRLSSWIMMING&DIVING

Girls Swimming & Diving Defeats Loomis Chaffee

NICOLE LEE

Andover	112
Loomis	69

Girls Swimming & Diving swept the competition last Friday as it faced off against Loomis Chaffee. The team went on to defeat Loomis 112-69, giving the team its first win of the season. The team's record now stands at 1-1.

After the previous week's close defeat to Choate, the team had a whole week to train and hard on sets and implemented a new type of drill, according to Abby Ryan '21.

"This week we've been doing

a lot more sets based on stroke, so people are breaking up into distance and sprint freestyle and then all the different strokes. We also added in a swimming tradition on Wednesday which was tough but provided a good base for how we thought we were going to do this weekend," said Ryan.

The team made sure to focus on the little things and make the most out of each practice, according to Emily Warren '21.

"After we were defeated by Choate, we felt pretty disheartened considering how close we were to winning. However, this made us more determined to make better use of each practice to win the next meet. We also focused more on tiny details that can help win a race when it comes down to milliseconds,"

said Warren.

According to Jackie Rossi '20, Captain Macey Mannion '19 and Hailey Wadell '21 distinguished themselves, earning times of 5:37.20 minutes and 5:40.30 minutes respectively in the 500-Meter Freestyle.

Rossi said, "In terms of stand-out performances, our distance swimmers did really well... They completely controlled the pool, keeping a strong and steady rhythm for the whole race, and even lapped some girls from Loomis."

With the new team, Andover's swimmers have worked on getting to know to each other better to improve the result of the meet.

Hannah Ono '22 said, "Relays are a lot about knowing the timing of when you start and knowing the people and how they

swim. Knowing their goals is also important so you can support them."

"We're very supportive of one another, at the meets, all of us get behind the blocks and cheer for each other," Ashley Vensel '22.

The team looks forward to train again with a full team and to improve on working more closely as a team.

"We were missing some key people this week, as they were at a different meet, like Graeleigh Jones [21], Mary Kate Turk [21], Amy Xia [19]. [We missed] Grace Hitchcock [20] to injury. Having those people back after the break will be really crucial for us. Even though we really excelled this weekend, we still a lot of area to improve and especially with this break to train," says Ryan.

In the Girls 1-Meter Diving,

Reese Pelletier '20, Claire Davis '20, and Ora Cullen '19 swept the podium, claiming the top three spots with scores with 276.40, 227.90, and 210.00, respectively. According to Davis, back dive was a required category for the meet.

Pelletier said, "Especially preparing for this meet, we made sure to put in extra time practicing our back categories. Also we made sure that our entries were very clean and we were very particular about our technique and detail in our diving, and this was something we definitely worked on in practice."

Girls Swimming & Diving will next compete against Peddie after break.

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GIRLSSQUASH

Athlete of the Week

Elkhesheh Wins Clutch Match to Lead Andover to Victory Over St. George's

ABBY RYAN



R.CHANG/THE PHILLIPIAN

When Elkhesheh switched coaches around five years ago, she began to improve and love the sport.

A new Lower from Cairo, Egypt, Mariam Elkhesheh '21 entered this year as the first seed for Andover Girls Squash. According to Captain Skylar Spaulding '20, Elkhesheh sets a strong example for her teammates.

Spaulding wrote in an email to The Phillipian, "Her shots

are really powerful and incredibly accurate. She is a great example of a very skilled player who works very hard. I'm so excited to play with her this season and learn from her."

With the team tied 3-3 against St. George's, Elkhesheh had to win her match to secure Andover's victory. Down 2-0, Elkhesheh came back to win 3-2, clinching the win for Andover. Elkhesheh's strong performance has earned her the title of The Phillipian's Athlete of the Week.

What was your program like when you first started playing?

At first when I started, I would go to the club early in the morning and I would leave really late, but I would do nothing for the whole day. Then, there was one day when I decided to change my coach. I went to my squash coach right now. She's been my squash coach for five or six years now and she was the one who really

took care of me. She's like my sister, she's really young. She helped me improve and she helped me work on my attitude and getting better, even though I was losing. But I knew the time was going to come when I was going to win.

When did you first start playing in tournaments?

I've played [in tournaments] since I was nine. I didn't do that much and I would lose a lot of my matches. The best I could do was win a match, probably maximum two. But then, when I reached the age of 14, I became a really good player. By last year, I reached tenth in Egypt. I lost from quarterfinals, so that was better. During 2016, when I traveled to the Italian and Portuguese Junior Opens, I wanted to do something new, so I told my dad, and he was the one who told me I should go. So I went to the Italian Junior Open and basically the Portuguese Open for

fun. I wanted to win, but it was mainly for fun. I trained really hard for it. When I went there, I got third in the Italian Junior Open and third for the Portuguese Junior Open, which was really motivating.

What is your motivation for playing squash?

For me, squash is a way I can de-stress. When I play squash, I just enjoy it that much so I don't think about anything else that is on my mind, I just play for fun. It's the time when I just forget about everything and do something I really like. It just helps me enjoy something at school because it is so much work, so playing squash makes it more fun here. It's basically a way to de-stress for me – and when I'm really mad at someone, I just hit the ball really hard, so that helps.

How do think your game has improved since coming to Andover?

Back home, sometimes I felt really down after losing, but here it just feels so friendly, so even if you lose, it's fine. No one judged me back home; my dad was like, 'winning or losing, it doesn't matter, as long as you do your best,' but I always wanted to win. I don't focus that much on winning here. I like to enjoy playing squash right now. I knew what it meant when I first came here. Back home, I used to play squash every day, but now I try to manage my time to play squash. I want to play squash more than I do. Back at home, I would just give up on the game sometimes if I were losing, but here I started to fight more for the game. Even if I'm losing, I try to just run and get every single point because I know I can win. Even if I'm losing, I still can win.

Captain Feature

Skyler Spaulding '20 Sets the Standard for Sportsmanship

ABBY RYAN



I.MIKHEEV/THE PHILLIPIAN

Spaulding has participated in tournaments like the Italian and Portuguese Junior Opens.

Elected as a Lower to be Captain for the 2018-2019 season, Skyler Spaulding '20 commitment to encouraging her teammates and facilitating a welcoming team environment are important qualities of her leadership, according to her teammates.

"I adore Skyler, and I am grateful that she is such a reliable, effective, and inspiring leader for her teammates. Skyler is dedicated and determined – she makes us all work harder," wrote Head Coach Jennifer Elliott '94 in an email to *The Phillipian*.

Charlotte Toogood '20 said, "Last year, Skyler was very welcoming towards me as a new player. She was always smiling and very encouraging for me like always inviting me on the court to play with her in the beginning and eventually we became really close friends over

the course of the season."

Spaulding picked up squash after watching her brother play in college when she was eight years old. She traveled to play competitively in tournaments where she was able to better her playing abilities, as there were not many opportunities in her hometown of Portland, Maine. When she came to Andover, Spaulding was able to be on a team for the first time, which she appreciated.

"I've definitely improved because I am playing a lot more people my age and my level, because in Portland, there's not a lot of kids. It's just relatively new programs in Portland, so not a lot of skilled players yet, but it's getting there. Just playing every day has helped a lot," said Spaulding.

Spaulding has competed in tournaments such as the Italian Junior Open and the Portuguese Junior Open, according to teammate Mariam Elkhesheh '21. According to Elkhesheh, Spaulding is a respectful opponent and an encouraging presence on the court.

Elkhesheh said, "She is a really good opponent to play with. We both enjoy playing with each other because there is a good game going on and even if you're feeling down, she'll just try to talk to you, saying like, 'It's a bad day, everyone has bad days' and like 'you'll be better tomorrow.' So she just tries to work it through and help you with it so you feel much better than feeling disappointed and down."

"Every day she's super pumped up for training, she always has a smile on her face,

always encouraging people during warmup, during their games, during practice. She always has some good advice to tell us before a game or before practice. She's really good at helping out some of the new players with technique and general positivity and helping them get accustomed to the Varsity team and what to expect and stuff. She's done a really really good job, and it's been awesome to see her take on this leadership role because I think she's really thriving as a leader of the team, and it's going to be a really fun season I think," said Toogood.

Elliott wrote, "She respects her opponent, herself, and the rules of the game. All of the while, Skyler makes practice, road trips, and matches fun. Skyler is kind and thoughtful, and she seeks ways to support her teammates on and off the court."

Spaulding prioritizes cheering for her teammates during their matches and has set other team goals for the season, such as forming friendships and fully competing against other teams.

"So far everyone has been really nice and really supportive of each other and always has a really good attitude when they're coming to practice, so I'm really excited to see how the relationships are going to build... I am trying really hard to make sure everybody goes to team dinner because that is really important. And it's really important to, at all the matches, for when you're not on, to go to other people's matches and make sure to cheer them on and not just worry about your

own because even though it is individual, it helps a lot when you know you have your teammates supporting you, so down to the last match is important to make sure that everyone goes and supports each other," said Spaulding.

Spaulding continued, "I definitely just want to be able to put up a good fight against all of those teams like Deerfield, mainly. I guess just bonding-wise I hope that... everyone gets really close by the end of the season and that everyone can feel really comfortable seeing each other on the path and just being able to hang out outside of squash and not just have to be together during practice but genuinely become friends."

According to her teammates, Spaulding's attitude is always positive during practices and games.

"She is super motivated, and she has tons of grit in her. She'll give it her all no matter what. You'll never see her giving up in a match. She'll go as hard as she can for as long as she can in order to win, which is one of the best qualities of an athlete. She's not willing to give up. Even if it's just a friendly match that doesn't count, she'll give it her all, which I think it's really fun to watch a player like that because you can just tell how much she's having while she's playing the sport, and she's also very fair while playing. I especially saw that yesterday at the Groton Invitational Tournament, even though the matches were just for fun, she was very sportsmanlike, played very fairly as expected, and overall a very fun competitor and team-

mate," said Toogood.

Elkhesheh said, "She has a really good attitude during games. She never gets mad or throws her racket or whatever, which is really good for a squash player. She's always calm. She tries to run and get every single ball, which is really good because even if you don't get the ball, you're going to get it next time, which is what a squash player needs. She has a good spirit. If she loses, she just says, 'well-played' or whatever; she's still happy about it, as long as she did her best. She tries really hard to do her best which is really good."

Spaulding says she believes that the composure of a squash player is evident throughout the game. Her commitment to being a respectful opponent is evident to her teammates.

"Squash is overall a really intimate sport because it's usually just you and someone else on a court and you get to learn a lot about someone by just you and them on a court and playing and just seeing what their personality is like and how they handle certain situations," said Spaulding.

"Skyler does a terrific job balancing her commitment to her own game and her commitment to her teammates' progress and our team's progress – she compartmentalizes well. Skyler also comes to practice and is able to focus entirely at the work at hand. She models for all of us how to put all of our other worries and stressors aside and concentrate on what we can control right in front of us," wrote Elliott.

Head Coach Feature

Jenny Elliot '94 Promotes Self-Confidence and Selflessness

PHOEBE BICKS



A.BAHI/THE PHILLIPIAN

Elliott emphasizes the importance to her players of being honest and selfless.

Head Coach Jennifer Elliott '94, Dean of Students and Residential Life, began her squash career playing alongside her family after being introduced to the sport at seven years old. Despite initially preferring

other sports, Coach Elliott gradually increased her commitment to squash, playing both squash and field hockey collegiately at Dartmouth College.

Elliott said, "My dad and my brothers taught me how to play squash... I played a lot with my dad, and then I started taking some clinics and playing on a team there, but I was far more interested in soccer, field hockey, and lacrosse. I probably didn't fall in love with squash until I played at Andover, and then again at college on a team. In college I played field hockey and squash and ended up my Senior year only playing squash, so by the end of college, squash was definitely my main sport."

According to Elliott, creating a positive and open environment sticks out as one of her greatest goals for this season.

Elliott said, "I would say as their coach, I want their experience to be one of terrific growth. Both individually and as a team I think there is a lot of progress that we are

going to be able to make. I really want their season to be fun and positive and that they [know they] have a cohort of peers and adults on campus who love and support them on and off the court."

According to Saffron Agrawal '21 and Captain Skylar Spaulding '20, Coach Elliott prioritizes self-confidence during games and practices.

Spaulding said, "[Coach] Elliott has impacted my time on squash in a lot of ways. I think she's definitely worked to build my confidence and that's really important in squash because it's a really mental game. She's really good at making you believe in yourself and being confident in your skills and kind of hyping you up before your matches."

Agrawal added, "I think the biggest thing that stands out to me about [Coach] Elliott is that although she wants us to improve she really truly does just want us to have fun. For example at practice the other day we starting out doing drills and just kind of your every day boast drive and volley

drop and then we ended practice with offense defense."

Coach Elliott's positive and supportive attitude to each player makes each practice and game something the players can look forward to and learn from, according to Agrawal.

Agrawal said, "It was really nice that [Coach] Elliott was so upbeat and positive throughout [our last] tournament. No matter whether we were winning or losing, she was also very encouraging."

Additionally, Elliott is crucial in helping her players to stay composed and focused on the court, according to Spaulding.

Spaulding said, "For me, mostly [Coach] Elliott always helps me calm down during games if I am getting too emotional about it. You can tell on the court when I am frazzled, so she always helps me calm down and pay more attention to each point and my skills instead of the outcome."

She always emphasizes being a good sport and a good competitor and not letting your emotions get the best of

you, not being a brat on the court, she says that a lot."

Elliott hopes to communicate to her players is the meaning behind the team's motto of "Deserve to Win," as well as the importance of sportsmanship.

Coach Elliott said, "Our motto from the old building that we have moved to this one is 'Deserve to Win,' and that I think speaks to an athlete's integrity: respect for themselves, respect for their opponent, respect for the game and the rules. And that includes obviously playing with fairness and sportsmanship, it also includes playing with intensity and a relentlessness in terms of just a level of ethic and work ethic. I think that's really important."

She continued, "We also talk a lot about being a member of the team, and supporting each other on and off the court, and that often athletes are able to compete more successfully when they are concerned about the team's outcome above and beyond their own individual outcome."

BOYSSQUASH

Athlete of the Week

Xander Schwartz '19 Brings 8 Years of Experience to Varsity Squash

ALANA YANG



G.FLANAGAN/THE PHILLIPIAN

Schwartz's pre-match ritual is to wear high socks and tie his shoes tightly.

Defeating both his opponents 3-0 in matches against Choate and Tabor, fourth seed Xander Schwartz '19 has played an important role in the beginning of the season. Schwartz' victories have contributed greatly to Andover's early wins — 7-0 against Choate and 5-2 against Tabor — in its first two matches of the season.

Schwartz is a four-year Senior from North Andover, Mass. and began to play squash when he was eight years old. Schwartz

says is excited for what this year could bring for the young team and believes that it could be very successful.

"[This] is I think the strongest team Andover has had in ten or 15 years probably. Last week, we barely lost to Belmont Hill who have been national champions in recent years and are among the best teams in the country year in and year out. So that's a really strong sign that we're making progress," said Schwartz.

Schwartz' shot-making skills, ability to keep composure in tight matches, and drive to become a better player have earned him The Phillipian's athlete of the week.

Do you have a person who you look up to when you're playing squash?

I think the best example would be our coach who is also a professional squash player when he's not coaching us. So that's somebody, in terms of squash ability, who can be a symbol for what we can achieve and that's probably the best example of a role model in that sense.

What do you think is the best part of being on this Andover team?

I think part of it is just that we are a very strong team compared to past years, but I think a large part of it is also that over the past couple of years many players have been on the team for a while and they've really been able to grow and get better together. And the new kids have felt that it's a good group of kids. People also seem to, for the most part, play the game the right way in the aspect that we do our best and we don't get frustrated when we lose. We try to be both the better player on and off the court with our opponents and I think that shows.

Because the break is coming up, what are you doing to prepare or to relax?

I think this is a perfect time to mention that Andover is hosting the US Open Squash Championships for the first time which is the biggest junior squash tournament of the year which is really exciting. I know a number of us, myself included, are competing in that which is very exciting. That's here at Andover, Brooks, and Harvard. I think that's the main part of it, but then also just staying in

shape and getting better. Everyone's separating but also for the most part everyone plays back at home whether you are a day student or its New York or India or San Francisco or wherever kids from our team are, they play back at home and are getting better. I think the main part is a lot of kids are doing the tournament this weekend though.

Because the season is so young, what personal goals do you have for yourself?

I think, at least for me at this point, where I'm a Senior, it's less about where I am on the ladder and more team-oriented. So, in squash, we have nationals at the end of the season and there are different divisions of 16 schools. My [Junior] year, we were in the bottom of the third division and every year we have gotten a little bit better. This year, I think the goal is to get into the top division which would be very exciting to play against some of the best teams in the country.

Do you have any rituals before you play your games?

I always pull up my socks as

high as they can go and tie my shoes tightly.

What's your favorite play or move in your matches?

A reverse boast is what it's called... Unlike a typical boast where you hit it into the wall closest to you, you hit it into the wall on the opposite side of the court. So, if you were on the right side of the court, you'd hit it into the left wall and then it hits the front wall.

What do you think you've learned from your Andover team?

I think it goes somewhat to what I was just saying in terms of our discipline and how we deal with losses and that there are players that are sometimes going to be better than you. Although squash is an individual sport, we play as a team and we can make ourselves better. It may not be in the heat of the match, but outside of the matches, in practice, we can make it so that the sum of our parts is better than the whole by being part of the team despite the individualized part of the sport.

Captain Feature

Alex Bernhard '19 is 'A Steadying Force on the Team' as First Seed

LILLIE COOPER



P.SANKAR/THE PHILLIPIAN

Bernhard has been the first seed on Boys Squash since his Junior year.

Captain Alex Bernhard '19 began to develop a love for squash at six years old, when he began playing in his neighborhood in Brooklyn, N.Y. Bernhard has been first seed of the Andover Boys Squash team since joining the team as a Junior.

According to Bernhard, his passion for squash derives from the long-lasting friendships and connections he

makes through the sport.

"For me, squash is where I met most of my best friends, so it's really just the people that I love the most and that's something that's held true no matter where I end up playing. I just make a lot of really great connections," said Bernhard.

According to Erik Wang '21 and Siddhant Sinha '21, Bernhard has done a good job of keeping the team's spirits up at all times.

"Alex has an unmatched work ethic, and I think that his leadership on the team has really helped us improve in the past few weeks as a team. I think one of the things he does really well as a Captain is bringing up the team energy both in practices and matches and having us stay focused in practice," added Sinha.

Sinha added, "I think the one thing that makes Alex stand out as a Captain is his ability to keep the team morale up. He's always joking around and having fun with us and he knows when we have to get serious as well."

According to Arthur Nguy-

en '22 and Wang, Bernhard uses his leadership role to motivate players and give them advice in both squash and other aspects of Andover life.

Nguyen said, "He leads by example, and he's really positive. He's a very verbal person, he has a really loud voice, so he uses that really well to get the players to be motivated and play well. I think he knows what the right thing to do is, like he knows when to console players when they're upset, and if they're happy when to motivate them and help them keep playing."

Wang said, "As one of the Seniors and being team Captain, he's a good mentor for us. He helps us if we need advice for Andover or student life... On the court, if we're doing something wrong, he'll help us fix that."

According to Bernhard, becoming team captain has allowed him to reflect on the team mindset of squash, in contrast to the individual nature of the sport.

"I think [becoming a Captain] is something that has really made me focus more

on the team aspect of squash than the individual because the way squash works with individuals on a ladder, you can get really caught up in yourself. Being Captain has really forced me to get more of a broader perspective about the whole team and being together," said Bernhard.

Bernhard has shown to be a reliable and strong asset to the team as number one player, according to Xander Schwartz '19. This position has also helped Bernhard develop a resilient attitude, according to Head Coach John Roberts.

Schwartz said, "He's a steady force on the team. He's always among the first to practice and among the most dependable in matches. Having Alex at the top of our ladder has made an enormous difference in the past four years."

In an email to *The Phillipian*, Coach Roberts wrote, "He has been our strongest player and occupied the number one spot since he was a ninth grader. This is very rare but also comes with challenges. Alex would often find himself

playing against older, physically stronger opposition which as a younger player, can be tough to win. After tough losses last year, his attitude on court was always excellent and he would be back in training hard the next day."

As Captain, Bernhard says he hopes to encourage hard work in his teammates, and is optimistic that the newer talent added to the team will contribute to a successful season.

Bernhard said, "I think that this year we have probably the most potential in any of the years that I have been at Andover, so I view my role more as trying to somehow get all these personalities to give their best to the team. I'm just really excited to see what we can accomplish, there is a lot of talent, there are a lot of new kids, so I think if everybody works really hard, we can do really well in the season."

Editor's Note: Alex Bernhard is an Eighth Page Editor for The Phillipian.

Head Coach Feature

John Roberts Brings Pro Skills to High School Levels

PHOEBE BICKS



L.BINGHAM/THE PHILLIPIAN

Roberts could not play squash in school where he grew up, so he had to play outside of school.

Head Coach John Roberts went from playing squash at a club in a neighborhood in Northern Ireland to making history at Yale University. Roberts won the deciding match to end Trinity College's nearly four-year winning streak. Initially introduced to squash by his father, Roberts started playing in his hometown in Northern Ireland at the age of 10.

Roberts said, "He would take us to his squash club and I got pretty addicted from a young age. And, we were for-

tunate enough that actually we lived very close to the club and our school, so it was the perfect environment to be able to play at a regular basis at a young age. It's almost quite similar here, where access to courts is only a five minute walk away. I think it definitely helps to improve your game in that way."

Roberts grew up in an environment where squash was not an option for school sports, so he had to find time after school to pursue squash.

Roberts said, "We don't have the same school or college system as exists in the U.S., so we had to play outside of school. The two main sports in school were cricket and rugby, squash was definitely not a part of that, so we had to play outside which was fun."

After finishing four years of high school in Ireland, Roberts took a gap year to play squash professionally in Europe and travel before being admitted to Yale University in the United States.

"I did it pretty much on my own, I played in a lot of the tournaments around Europe whilst I was applying to college. Once I was fortunate enough to get accepted, I went away to Australia and Southeast Asia to continue playing there and do other traveling as well at the same time, just so I

could get a little more out of my gap year experience."

After representing Ireland at the European Junior Squash Championships, Roberts attended Yale University to play squash and was a strong asset to the team for four years.

Roberts said, "We were fortunate enough to have a pretty strong team over the four years there which coincide of the perhaps a couple of weaker college teams. We managed to reach the final of two national championships and won two Ivy Leagues, which is probably our strongest achievement there. We also managed to get one win against Trinity, which was a long time coming, so that was a pretty cool moment as well to be a part of."

After a successful squash career at Yale University, Roberts wasn't prepared to give up squash and began coaching. While coaching, he joined the professional doubles tour to continue playing.

"I was looking for jobs in my Senior year, and wasn't quite ready to not be involved with squash anymore, and I've always coached and really enjoyed still learning the game, but also passing it on to younger players as well," said Roberts.

"After I finished college, I started working at a club in Boston where I would still compete on the pro doubles

tour, and a lot of players very much do it. It's a bit of a combination of both coaching and playing at the same time, which satisfies the competitive edge that's still very evident after college."

According to Xander Schwartz '19, Roberts, affectionately known as "J.R." within the Andover Squash program, has taught the players how to work as a team even though they have individual matches and helped them improve their techniques.

Schwartz said, "I'd say the emphasis on technical ability has made a big difference. J.R.'s played at such a high level and he's really able to translate to helping the team. Secondly, although squash is a individual sport, J.R. has helped us realize that the sum of the parts can be more than the whole. Less so in the heat of matches and more so in practice and helping each other get better so that we can maximize our abilities during the matches."

According to Captain Alex Bernhard '19, Roberts has also implemented his professional experience in practice.

"He played at Yale for four years when they were very successful, so he has a lot of firsthand experience with really intense training, which I think he has been able to integrate as much as he can into

a highschool program. And that's been really cool to learn from him."

Many of the players admire his composure, which is something the team needs to work on according to Bernhard.

Bernhard said, "He is very calm. Nothing really seems to rattle him or shake him which is something that our team really needs to work on, so it's nice to have a really good example of that to look to."

This year, Roberts is enjoying every aspect of coaching and is looking forward to further helping out each of his players.

Roberts said, "Working with a pretty incredible group of kids that are always super respectful, and work so hard in turn, makes my job a lot easier. And it's pretty cool to be involved with these kids at this time in their life which is obviously, a pretty critical career for them and it can't be easy, so it's pretty cool to be around them."

Editor's Note: Alex Bernhard is an Eighth Page Editor for The Phillipian.

GIRLSSQUASH

Girls Squash Clinches Tight Win Over St. Georges

EMMA FOGG

Andover	4
St. George's	3

Tied 3-3 after six matches, the match came down to first seed Mariam Elkheshen '21, who needed to defeat her opponent to clinch an Andover Girls Squash win. After dropping the first two games, Elkheshen battled back to win 3-2 and secure the 4-3 victory over St. George's this Wednesday. The team's record now stands at 1-2.

In addition to Wednesday's match against St. George's, Andover traveled to Groton on Saturday to compete in the annual Groton Invitational Tournament.



GGLOVER/THE PHILLIPIAN
Captain Skyler Spaulding '20 plays second for Andover.

At the tournament, each player had the chance to compete in four to five matches. Though the tournament was not scored, Andover put in a solid effort, according to second-seed and Captain Skyler Spaulding '20.

In an email to *The Phillipian*, Spaulding wrote, "At the Groton tournament everybody gave every point their all. Not only did everybody have really strong shot choices, but we were also mentally tough... We added a lot of new people to the team this year and I can't wait to get to know them more. I can already tell everybody is very determined and passionate about squash. We're always supporting each other and pushing each other to do our best."

Andover lost its one-seed from last year, making newcomer Elkheshen the top seed on the team. According to third-seed Charlotte Toogood '20, Elkheshen has stepped up to the challenge well. In addition, Toogood also believes other new team members have done well adjusting to the team and fitting in with the returning team members.

Toogood '20 wrote in an email to *The Phillipian*, "Our new [number one] Mariam has stepped into the role very nicely and is doing an amazing job of representing Andover! This year, the team has a great, supportive atmosphere. All of the players new to the program have integrated very well with the returners. While we miss our [one-seed] a lot, the team is still excited for the rest of the season." Sixth seed Saffron Agrawal

'21 is one of such new players on the team. She says she believes a strong relationship is already forming between returning and new Varsity players.

"I think it's been a big adjustment but I think that we're getting into the swing of things now and it's been really fun for me to have a lot of my teammates last year like Gigi [Glover '20] and Serena [Liu '19] and Nanami [Takamatsu '20], and so we kinda carried that bond from last year, and last year we worked a lot with varsity, so we had a couple of joint practices and went to a lot of games together and now there's already a bit of a dynamic between last years Varsity players and last years JV players, but the new players are also great," said Agrawal.

Despite Andover's win over St. George's, it was difficult for the team to get ready to play after the long bus ride to the school in Middletown, R.I., according to Agrawal.

Agrawal said, "The only thing is that we were a little uneasy just because the bus ride was so long and a lot of us slept or like we were really tired when we got off and so that kinda got us off on the wrong foot when we got to St. George's just because it was a little bit hard to go from suddenly sitting for [two-and-a-half] hours to playing squash."

Andover's next match will be at Noble and Greenough on January 5.

Editor's Note: Gigi Glover is an Associate Sports Editor for The Phillipian.

GIRLS VARSITY SQUASH

1 MARIAM ELKHESHEN '21 CAIRO, EGYPT	2 SKYLER SPAULDING '20 (C) PORTLAND, MAINE
3 CHARLOTTE TOOGOOD '20 PAGET, BERMUDA	4 GIGI GLOVER '20 NEW YORK, NEW YORK
5 NANAMI TAKAMATSU '20 TOKYO, JAPAN	6 SAFFRON AGRAWAL '21 SAN FRANCISCO, CALIFORNIA
7 DELANEY ARKELL '22 SAINT LOUIS, MISSOURI	8 KATHERINE BELL '22 GREAT NECK, NEW YORK
9 SERENA LIU '19 DULUTH, GEORGIA	10 CHELSEA CHO '21 (INJURED) ANDOVER, MASSACHUSETTS
MANAGERS:	
LUCAS STOWE '20 SUTTON, MASSACHUSETTS	PETER LING '20 PACIFIC PALISADES, CALIFORNIA

J.LEE/THE PHILLIPIAN

BOYSSQUASH

Andover's Young Talent Shines in Victory Over Milton

HANNAH ZHANG

Andover	5
Milton	2

Second seed Jack Lee '20 hit a backhand drop-shot winner off a high boast to win his match 3-0. Lee's victory helped Boys Squash defeat Milton 5-2 on Wednesday, bringing the team's record up to 3-1.

According to Lee and seventh seed Sid Sinha '21, the team stayed consistent and focused.

Lee said, "I think we played a lot of long rallies, didn't make a lot of mistakes, which proved to our consistency on court. We all came on, and most of us won our matches. I think we just played really well as a team."

"I'd say both teams had a bit of an obstacle because one



OTUNG/THE PHILLIPIAN
Euan Luke '21, who usually plays seventh seed for Andover, played sixth during Wednesday's match.

player was injured from each team, but all the players just came together, and we won all the matches we should have. A couple of matches that could've gone either way, we unfortunately lost. But overall I think it was very evenly matched. What we did well is we just stuck to the basics, kept our game calm. We were peaceful, and we ended up coming up on top," said Sinha.

Erik Wang '21, who usually plays third seed for Andover, suffered a knee injury; as a result, the majority of the roster moved up one seed.

Sinha said, "Alex [Bernhard '19] and Jack retained their positions, but Arthur [Nguyen '22] and below all moved up, and I think Arthur played really well considering last week he was number six and he jumped all the way up to number three this week. I think he almost won his match, and he played a really great game, and we're all really proud of him."

Milton's team, according to Lee and Nguyen, was a very strong and skilled opponent, as the games were well-fought and evenly-matched.

Lee said, "Their three and four were really good for our three and four. They were pretty evenly matched. We had really good games all around. Arthur and Xander [Schwartz '19] specifically had really hard matches. They played really well, their opponents were really good."

"They just were able to run really fast. You had to hit really long rallies with them and just play it out," added Nguyen.

After falling to Milton 3-4 last season, Andover was able to return this year with a win, benefiting greatly from the team's young talent, according to Lee.

"I think our team this year is young, but we're all really talented players. I think as the season develops, we'll all become more mature and do much better than even now, and I think our team can go really far this year," said Lee.

After already playing three matches in the season, the team is able to prepare better for its following matches, according to Nguyen.

Nguyen said, "We knew how to handle our matches better. We knew how to prepare each other for these matches better after learning from our previous matches."

According to Sinha and Nguyen, the team hopes to work on its technique and fitness.

Sinha said, "I think maybe just we're going to stick to the basics because that's what works for the team as a whole and keep our shots steady, keep our movement strong and maybe our fitness, which we're not very excited to work on but we have to do it."

"[We hope to improve on] our discipline and being able to see our game plan really well and stick to it, even when emotions are really high," added Nguyen.

Andover will face Brooks on January 7 at home.

Editor's Note: Alex Bernhard is an Eighth Page Editor for The Phillipian

BOYS VARSITY SQUASH

1 ALEX BERNHARD '19 (C) BROOKLYN, NEW YORK	2 JACK LEE '20 SAN FRANCISCO, CALIFORNIA
3 ERIK WANG '21 PROVIDENCE, RHODE ISLAND	4 ARTHUR NGUYEN '22 BRIDGEPORT, CONNECTICUT
5 XANDER SCHWARTZ '19 NORTH ANDOVER, MASSACHUSETTS	6 JOE KACERGIS '19 MALVERN, PENNSYLVANIA
7 EUAN LUKE '21 NEW YORK, NEW YORK	8 SIDDHANT SINHA '21 GURGAON, INDIA
MANAGERS:	
ISABELLA BERKELEY '19 GEORGETOWN, MASSACHUSETTS	SUZANNE KALKSTEIN '19 CARLISLE, MASSACHUSETTS

J.LEE/THE PHILLIPIAN

Meet The Coaches

Teaching Fellows Midori Ishizuka '11 and William Yu PEA '13 Join Coaching Staff

TOMMY SAVINO



A.FUNG/THE PHILLIPIAN
Coach Yu graduated from Phillips Exeter Academy and Coach Ishizuka '11 graduated from Andover.

William Yu PEA '13 and Midori Ishizuka '11 joined Andover this year as Teaching Fellows, house

counselors, and new Coaches in the squash program. Coach Yu, Instructor in Physics and Mathematics, Statistics, & Computer Science, assists coaching for the Boys JV1 and JV2 teams. Coach Ishizuka, a Teaching Fellow in the History Department, brings knowledge from her squash career at Andover as Assistant Coach for Girls Varsity Squash.

Hailing from Montgomery County, Md., Coach Yu began playing squash in high school on Exeter's JV2 program. Drawn to their newly renovated squash courts, he pursued the sport until he made the Varsity team.

Coach Yu said, "Coming into Exeter, I felt like most people back home, not from the New England area, think of squash as just a vegetable. Exeter had just built really nice squash courts and I think I just heard about it and the trends, and I watched it on YouTube and I wanted to have the opportunity

to play." Coach Yu was an experienced tennis player and played for Exeter Tennis for all for years of his time there. Following his time at Exeter, Coach Yu went on to Columbia University where his love for racquet sports became a recreational outlet.

Coach Yu chose to come to Andover as teaching fellow to give back to boarding school community after his positive experience at Exeter.

"I think it was a combination of really enjoying my time at Exeter, I wanted to kind of give back and know how it's a really cool experience and both at the academics and athletics so I think I have this myself I can really help everybody out," continued Coach Yu.

Similar to Coach Yu, Coach Ishizuka picked up squash with prior experience in tennis. Before enrolling in Andover, Coach Ishizuka attended the Bollettieri

Tennis Academy at I.M.G. in Florida. Once at Andover, Ishizuka originally tried nordic skiing in the winter before settling for squash.

"I will admit squash is my secondary sport. So I really liked it and played at the Varsity level at this school, but technically I don't have as much confidence coaching as I would in tennis. But from a mental perspective and a fitness perspective I think I would the most to offer... That's how I would offer the most success to the team. I mean [Jennifer Elliott '94, Dean of Students and Residential Life] has the expertise in the sport. She played squash in college and I would defer to her for technical advice, but I would like to go hit around with the girls and have fun," said Coach Ishizuka.

Both Yu and Ishizuka are familiar with the balanced lifestyle student-athletes strive for, having lived it themselves.

Coach Yu said, "I think it's all about balance, about how to balance your time. Your time socially, your time academically, your time athletically. I think that the way you use your energy the way that you put 100 percent to one thing, you'll be the most successful. So when you're hanging out with your friends having 100 percent of your mind just hanging out with your friends; doing your work at 100 percent, you're just doing your work; and when you're practicing at 100 percent, you're practicing."

"I used to find it [playing a sport] as stressful as school. But I think if you can see it for more from the prescriptive of being the best part of the day, when you get to not think about your school work for a little bit [for a good solid two hours] and just enjoy the game, that it serves you much better to do so," added Coach Ishizuka.

ARTS & LEISURE

L.BINGHAM/THE PHILLIPIAN

Hanukkah Party Spreads Light on Campus

TYLER WEI

A cheer erupted as the grandparents of Sima Shmuylovich '21 entered Paul's Room in Paresky Commons with a container full of latkes, a traditional Jewish delicacy cooked in oil. The room was filled with spinning dreidels, lit candles, a variety of Jewish treats, and party attendees, both Jewish and non-Jewish.

"For non-Jews, [I hope they can] learn a little bit more about the holiday and to see what it is and see what we do. And for those who are Jewish, I would hope it's like a place where they can feel like they are celebrating their religion and their holiday, whether or not they are religious," said Miley Kaufman '19, one of the board members of Jewish Student Union (J.S.U.).

J.S.U.'s Hanukkah Party, held last Friday, included games, food,

singing, candle lighting, and a small talk by Rabbi Swartz about the importance of Hanukkah.

"It's a holiday of light, similar to Christmas and Kwanzaa, at [a] time of darkness in the natural cycle of things. We create light to lighten things up, and at a time of political and social darkness, we also need light to make things better," said Swartz.

Several people named the latkes as their favorite part of the event.

"The latkes, they are like potato pancakes that are fried... it's something that you don't get to have so often. It's a nice change of pace, and I think they cooked it for this club, for this meeting, which makes it all the more special," said Jacob Buehler '19.

This year, Hanukkah falls during a time when school is still in session, making it impossible for some members of the Jewish community at Andover to celebrate their holiday with their families.

According to Kaufman, she hoped that the party would provide an opportunity for Jewish students to celebrate on campus. Joshua Fry '21, an attendee, said, "[My family] always celebrated Hanukkah... this was the first year where Hanukkah fell on a time when I was at [Andover], and I couldn't spend it with my family. So I was kind of sad about that... but then when I saw this [party] I was super happy because I may not be religious but this is a holiday I celebrate, and it was a chance to experience that."

In previous years, J.S.U. has held events in the Mural Room, but this year, it was held in Paul's Room. According to Kaufman, the smaller size presented a challenge, but it worked out in the end. "We have a lot more people this year than we ever really have before... I think it's also nice we are in a smaller room because I think it kinda magnifies the amount of holiday spirit and festivities that are happening," said Kaufman.

According to attendee Ethan Ellsweig '21, the party served as a place where people could briefly leave the stress of school and come together as a community.

"My favorite part about this [party] would just be spending time with everyone celebrating Hanukkah since I'm not home and I can't do that with my family, I did it with what family I have here, so other students. And it's just a great time to get my mind off work and to spend time with some other people," said Ellsweig.

Editor's Note: Jacob Buehler is a Sports Editor for The Phillipian.



M.ZHANG/THE PHILLIPIAN

The Hanukkah party this past Friday, organized by J.S.U., gave Jewish students away from home the opportunity to celebrate the holiday.

Benefit Concert of Handel's 'Messiah' Unites Andover Community

MICHAEL LU

With the rapid trills of strings, brass, and the organ echoing one another, the baritone, tenor, and soprano voices flowed, alternated, and faded into one another, filling the chapel with fast-paced choir music.

The performance of Handel's oratorio, "Messiah," conducted by Christopher Walter, Instructor of Music, was held at the Cochran Chapel last Friday. The performance featured musicians from off campus, including soloists Barbara Kilduff, Omar Najmi, Krista River and Dana Whiteside and the Andover Community Chorus. Andover's own Chamber Orchestra performed the orchestral parts of the oratorio. The concert was intended to raise funds for charity groups like Neighbors in Need and the Dana Farber Cancer Institute.

"The tradition of offering a performance of 'Messiah' as a benefit concert for the community has a long history," wrote Mr. Walter in an email to The Phillipian. "Mr. William Thomas, who led the music department for many years, began the tradition in the mid-'80s. I took it over about 10 years ago after he retired. Several of the singers have sung in the group for over 20 years, and that core group has grown to about 60 members over time. They, in turn, attract numerous singers from near and far to join

them." As the soloists and the Andover Community Choir group visited from off campus, student musicians were given the opportunity to collaborate with professionals in their performance.

"I wanted to perform for 'Messiah' because it's such a powerful oratorio and is performed by the music community that I don't always have a chance to meet or work with," said Jonathan Lin '19, in an email to The Phillipian. "I think this event is very important because it brings together such a large community to make amazing music."

As the two-hour-long piece ended with an extended note from the soprano soloists and the humming of the timpani, the audience rose to applaud for the performers. Audience member Amelia Meyer '21 said that the performance was tear-inducing and especially commended the performance of Dana Whiteside, who was the bass-baritone.

"To me, [Handel's 'Messiah'] was a place where I came to cry and I did cry. I left that night, and there were a lot of older people there and a lot of families supporting. I helped hold the door open for a couple of people [when I left], and they said 'Thank you.' Those were some very cheery experiences, and very joyous," said Meyer.

"Yorkeling" All the Way

STAFF REPORT

Accompanied by Yorkies Co-Head Eliot Min '19's beatboxing, the Yorkies sang "Deck the Halls" in front of a dozen students in Bancroft Hall. Continuing their harmony out the door, the Yorkies left behind their well wishes through song as they made way to the next dorm.

Yorkies Co-Head Jack Curtin '19 called this tradition "Yorkeling," which has existed ever since the conception of the a capella group in the early 2000s. During the two weeks before

Winter Break, they travel around campus at night during study hours, visiting dorms and performing a medley of Christmas carols.

"It's also a lot about the surprise factor because we don't tell people exactly what our order is. We just show up to their door, and we just sing at their door until someone opens up, so that's the most fun part because we're just expecting someone to open up, and they're usually excited to hear us sing," said Yorkies Co-Head Vish Dhar '19.

One of the Yorkies' favorite pieces to perform is "Feliz Navidad," the traditional Spanish Christmas song, with Min beatboxing rapidly in background.

"['Feliz Navidad' is] one that, last year, we actually came up with on the fly. We didn't come up with the song, obviously, but we started singing it on the fly, and it became this tradition of singing

it as we were going to different places. And we thought, this year, why don't we just make it one of the songs we end up singing? And we just have a lot of fun doing it," said Dhar.

From Monday to Thursday, the Yorkies travel to each cluster and perform at as many dorms as possible to boost morale and to spread holiday cheer, according to Min and Yorkies member Ethan Chan '21.

"I think it's the last [stretch] before break, people are just kinda struggling through the final week of school before we can all go off, and we're just spreading a little bit of holiday cheer to lighten the mood," said Min.

Yorkies member Henry Crater '20 considers "Yorkeling" to be his favorite part of being in the group.

"In the words of Buddy the Elf, 'the best way to spread holiday cheer is singing loud for all to hear,'" said Crater.



OTUNG/THE PHILLIPIAN

The Yorkies made a surprise visit to the Newsroom last Wednesday night, bursting in with their rendition of "Feliz Navidad."



T.CONRARDY/THE PHILLIPIAN



E.WU/THE PHILLIPIAN

By Best Chantanapongvanij and Mudmee Sereeyothin

Hello, and thank you for checking out this book review column! We're super excited to share some book reviews with you over the next few weeks. We hope you'll find them helpful and maybe even decide to pick up one of these titles.

"Before We Were Yours" by Lisa Wingate



T.CONRARDY/THE PHILLIPIAN

Synopsis

"Before We Were Yours" is based on a true story about the Tennessee Children's Home Society — a child trafficking circle masquerading as an orphanage for decades in the early 1900s. The novel follows the stories of two women. One is a 12-year-old girl named Rill Foss, a river gypsy living in 1939, who is kidnapped along with her four younger siblings and thrown into a filthy boarding house with many other children. The children must remain there until they are sold to wealthy families. As the oldest, Rill feels like she has the responsibility of keeping her younger siblings safe, and, most importantly, together. But as the days pass, they all wonder if they'll ever get to return home.

The other woman is Avery Stafford, who lives in the present. Avery is the daughter of the senator of South Carolina and has been raised in wealth and privilege. While she leads a successful career as a prosecutor, she must return home to support her sick father. She must also, however, cement her standing as a political candi-



T.CONRARDY/THE PHILLIPIAN

date in order to carry on the Stafford tradition. By chance, she meets an old woman named May Crandell who leaves Avery questioning what she knows about her family.

As the two stories unravel, the seemingly different storylines converge, culminating in a striking connection.

Review

When I picked this book up and read the blurb, I was immediately intrigued by its basis in history. I had never heard of the Tennessee Children's Home Society and was appalled to learn of its true nature. I wanted to learn more about this scandal, and this book seemed like a good place to start.

I was glad my judgement was correct. Not only does this novel tell a story based on a piece of history that should not be ignored, but it is also written in evocative language. There were also some lovely metaphors peppered throughout the story.

What I especially liked about this novel was the usage of two storylines from two different time periods. I think Wingate

did a fantastic job of keeping a balance between the two stories and kept up my interest in both stories the whole time. She skillfully creates suspense throughout a chapter that chronicles one storyline, and then often ends with a note that makes you want to know more. However, when you flip to the next page and begin a chapter about the other storyline, you find yourself also rooting for those characters and eagerly waiting to find out what will happen next. I absolutely loved being immersed in the two different worlds while also looking for the connection between them.

Verdict

Simultaneously heartbreaking and hopeful. You'll keep flipping the pages wanting to know what will happen next.

Rating: 9/10

ARTS & LEISURE

LBINGHAM/THE PHILLIPIAN

Look of the Week: Jason DiNapoli '19 Combines Classy Vests with Crazy Socks

EMMA FU

Jason DiNapoli '19 throws on a casual yet distinctive black vest over his black-and-white striped sweater. A pair of dark khaki pants and dark brown leather dress shoes compliment the vest. Finishing the outfit is a pair of matching dark socks that accentuate his vest.

"I've always been a big sweater guy, but recently I've developed this keen taste for vests and it's now a big part of my style. Also, I have a bunch of silly socks, and depending on the day, I like to coordinate that with the sweater I'm wearing. I'd say this year, it truly came together at its high point," said DiNapoli.

According to Elise MacDonald '19, a friend of DiNapoli's, DiNapoli has a trend of integrating

two complete opposite styles of clothes in the same outfit.

"I would describe [DiNapoli]'s style as a mix between preppy and casual in the sense that there are always aspects of both these categories in each outfit he wears. For example, there are days where he wears his varsity jacket under a vest—[it's] casual under something a bit more preppy," said MacDonald.

Along with being West Quad South's Cluster Co-President, DiNapoli is also a Day Student Mentor and the Co-President of multiple clubs. With the leadership roles that he carries, DiNapoli believes that he has the responsibility to lead as an example, which his fashion reflects.

"I think, as a student leader, kids look up to me, so looking presentable is always a good choice. When I'm dressed appropriately,

that projects toward my teachers and to my peers how serious I take class," said DiNapoli.

According to DiNapoli, he uses bright, patterned socks to express his individuality and introduce fun and humor into his otherwise formal fashion sense. He always makes sure to coordinate his outfits with a pair of interesting socks.

"[An everyday outfit consists of] a sweater, a vest, khakis, either Sperrys or nice dress shoes, [and] always a really nice pop color pair of socks that matches or coordinates with the day — like Valentine's and Christmas socks. There's always a good pair of socks to go with whatever I'm wearing," said DiNapoli.

Zenia Bhatena '19, a friend of DiNapoli's, added, "Jason always wears his vests. He loves sweaters, too, and the fall weather is perfect for sweater and vest season. Also, Jason has sock game. His socks are very different and bring a pop to his outfit."

DiNapoli's unique combination of styles depicts his personality. He elaborates on how his choice of clothing affects his work ethic each day.

"I feel that wearing the clothes that reflect me help me be more productive. By wearing what I want, it kinda makes me feel as if I get to do what I want, and that I get to be myself. I believe in 'dress well, test well.' It kinda reflects my mentality — if I wear something presentable, it shows that I'm ready to work," said DiNapoli.



K.AALTO/THE PHILLIPIAN

According to friends of Jason DiNapoli '19, his crazy socks contrast his formal fashion sense, adding individuality to his style.



K.AALTO/THE PHILLIPIAN

The everyday fashion of Jason DiNapoli '19 consists of a formal sweater and vest, paired with khakis and dress shoes.

Comedy Night Features Wide Range of Jokes

SOMIN VIRMANI

"I got a new wife," said comic Andrew Mayer as the crowd burst into laughter. Mayer went on to describe how he likes having his wife in on his jokes when he goes around "being a crazy person to strangers."

Mayer continued, "Every time I'm in downtown Boston and someone asks me what time it is, I don't ever wear a watch, so I just check my pulse, and I just guess at the time."

Mayer was one of four comedians from Boston who performed stand-up comedy in Susie's last

Friday. Dave Lamb opened the show, followed by Jeff Smith, Carolyn Riley, and headliner Mayer.

"I know these guys really well because I work with them a lot... For a lot of people, if you're new and you get to the point that you can open for someone, it's good to get that headliner to bring you along, then you go with that person. But it takes a lot of work to get to that place," said Riley.

At the beginning of his set, Lamb asked the audience if they had been to a real comedy show before, clarifying "not this one." The four comedians, accustomed to performing at locations such as clubs or casinos, tried to adjust their sets to better fit a high

school audience. Audience member Mary Muromcew '22, however, felt that some of the sets would have worked better with an adult audience.

"[Jeff Smith] was the most relatable. The other guys were talking about adult issues but we can't really connect with that," said Muromcew.

According to Smith, he gained a sense of what to say to different audiences through performing experience.

Smith said, "You learn to figure it out; in the beginning you have no jokes. And then once you build up you have a bunch a jokes. And with experience of doing it in front of enough people, you know

what works with which demographic... It's really a profession where the more you do it, the more you figure out."

The comedians also incorporated Andover into their sets, contrasting Andover with the schools they attended. Lamb joked that he and the other comedians were nervous about performing for a "prestigious academy."

"In general I think there were some jokes that they probably reused from other shows that didn't work as well as they might have with a different audience, but they also added a lot of jokes either Andover-specific or probably meant for a teenage audience and that worked really well... overall I re-

ally enjoyed the whole show," said audience member Anjalie Kini '19.

Some comedians touched on riskier topics and used profanity regularly in their sets. Audience member Kini commented on how uncensored the performance was.

"I think they were uncensored in terms of both profanity but also the topics they covered. [For example], the female comic made a joke about her Adderall use which admittedly got a not-so-enthusiastic response, but was a risky joke I didn't expect them to be allowed to make," said Kini.

Show All at Snow Ball

REPORTING BY ALANA YANG

SEBASTIAN ROMERO '20



H.SOLOMON/THE PHILLIPIAN

The Snow Ball was really well put together in my opinion. The decorations were fantastic, but what stood out to me was the wide assortment of snacks that were offered. A lot of my friends and I went, and we just had a really fun time dressing up and dancing.

NIKITA MURCOMEW '21



H.SOLOMON/THE PHILLIPIAN

The dance was okay. I mostly went to the dance to dress up with my friends and we spent most of the time taking photos, which was more fun than dancing in Lower Right. I borrowed a cigarette jacket from my mom for my outfit, which was super cute.

SAMANTHA FLORES '22



PHOTO COURTESY OF JADA ARBE

I bought my dress on Amazon, which has a reputation to produce low quality dresses but surprisingly the dress didn't turn out that bad: simplistic but nice. The Snow Ball was a night to remember, definitely one of the funniest ones; I loved spending time with my friends.

IZZY POROS '21



PHOTO COURTESY OF NIKITA MURCOMEW

I thought it was a really fun time, though I spent most of the evening taking pictures with my friends. A lot of people had complaints about the music, but I had fun dressing up and dancing a bit. I got my outfit on Depop, an online thrifting site, for 15 dollars in a pinch before the dance.

ZOE SYLVESTER-CHIN '19

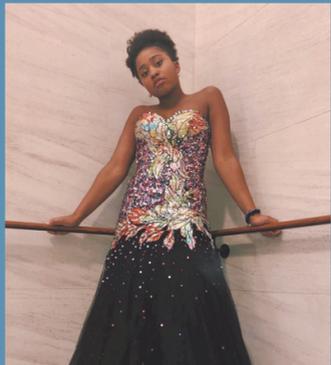


PHOTO COURTESY OF JAMILLE TAVERAS

It was the perfect excuse to buy a long dress and look a little fancier for a night. The food was also by far the best refreshment spread I've ever seen at a school-sponsored dance. Overall, it was a great way to spend the last weekend before break!

NATALIE SHEN '20



PHOTO COURTESY OF HANNAH CHEN

It started with me wanting to go, but I didn't have a dress. Then [Stephanie] Cormier, [Student Program Coordinator] sent out that email that said "Come as you are" so I was like, "Wow, what do I have?" I do have a deer onesie and so I thought I might just come comfortable.