# The Phillipian

VOL. CXLI, No. 18 Veritas Super Omnia **SEPTEMBER 28, 2018** 

## **Raising Some Dough**



M.CALLAHAN/THE PHILLIPIAN

Community Engagement Coordinators Josie Arnold '19, Jess Blumenthal '19, Jami Taveras '19, and Jenn Lu '19 organized a cookie dough fundraiser for Lawrence after the gas leak last week. Mariana Kovalik '20, Sophie Huang '20, and Taveras scooping cookie dough above.

# **New Changes in Sykes Emphasize Prevention**

#### **ZAINA QAMAR** & SOPHIA LEE

Students utilize the Rebecca M. Sykes Wellness Center for health concerns of all types, something that Amy Patel, Medical Director, calls a "holistic approach" to well-being. As flu season looms and students begin to buckle down with an increased amount of work, however, Sykes has been working to improve and change their approach to healthcare.

While Sykes does employ the traditional, reactive measures of healthcare, Patel said that Sykes has also been attempting to encourage students to take earlier, preventative measures. Reactive

treatment refers to care given to patients immediately, in the moment, and to combat an affliction. Preventative treatment, according to Patel, is as simple as handwashing and as involved as immuniza-

"If somebody's sick or injured or has a health need, holistic health need... so mind, body, heart, any type of health need... we will address that need," said Patel.

Patel continued, "But at the same time, every single visit that we have with a student is an opportunity to think through how to build someone's toolbox of information. So we care about those immediate health needs, but we also want to be able to help students in the future as well, as they think about their healthy lifestyle choices and take more of a preventative approach."

Patel also explained how Sykes is in the process of utilizing social media and other, less conventional forms of health and wellness education. More specifically, the use of technology and social media in an attempt to reach more students in a more concise and approachable way.

"We really want to be able to bring more social media tools into the conversation too, right, be-

Continued on A7, Column 1

## 'There Is Hope': Hakeem Rahim Shares Stories and Poetry around Mental Health

#### **AARON CHUNG**

"It's okay to talk, there is no shame, and there is hope." These were three messages regarding mental illness that Hakeem Rahim, mental health speaker and trainer, asked the Andover community to repeat out loud on Wednesday during All-School Meeting (ASM). Rahim's speech focused on different aspects of mental health challenges and wellness.

Before Rahim took the stage, Head of School John Palfrey P'21 and Linda Carter Griffith, Assistant Head of School for Equity, Inclusion, and Wellness, both took time to acknowledge that Wednesday was the one year anniversary of Daniel Nakajima '18's death by suicide.

This is the place where we gathered last year, where one of our own members of our community, Dan Nakajima, had suddenly and tragically died by suicide. On a day like today, many of us will be

remembering Dan. I know many of you are still making your connections, building your support system. I encourage you to continue spending time doing that," said

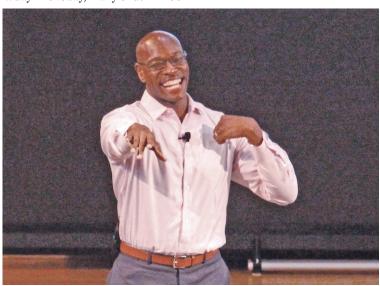
After Palfrey and Griffith's introductions, Rahim began with a spoken-word poem.

"The first piece about being okay to talk [about mental illness] is education of what mental illness is and what it looks like," said Rahim in his speech.

Rahim focused on challenges that come with mental illnesses such as depression, emphasizing that anxiety and loneliness are not odd symptoms for adolescents. Rahim himself has dealt with bipolar disorder.

"Mental illness does impact your body, physiology, your mind, your thoughts, and behaviors. You might not want to do things that you love to do," said Rahim.

Continued on A5, Column 1



D.ZHU/THEPHILLIPIAN Hakeem Rahim, pictured above, shared his spoken word poetry during

### 'Everything Here is Beautiful': Author Mira T. Lee Visits Campus



C.WAGGONER/THEPHILLIPIAN Mira T. Lee discussed the process behind writing her book.

#### **ZAINA QAMAR**

On September 21 in Kemper Auditorium, Mira T. Lee read and shared thoughts about her new novel, "Everything Here Is Beautiful." Lee was invited by Saffron Agrawal '21 to campus as the inaugural speaker of the newly formed Elizabeth Stuart Phelps Committee, which will invite a series of authors to campus throughout this year. The committee is named after author and feminist Elizabeth Stuart Phelps, Abbot Academy Class of 1858.

The evening began with a reading of Lee's prologue and a chapter of her novel, along with some words regarding the writing process, plot, and themes. Following her talk, Agrawal interviewed Lee one-on-one, and the audience subsequently engaged in a Q&A session.

The novel "Everything Here is Beautiful" follows the experiences of two sisters throughout their lives and focuses on themes of sisterhood, mental illness, and immigra-

"I describe it as a very messy family drama — a cross-cultural family drama —

and it's about two sisters and how their lifelong bond is put to the test as the vounger one Lucia struggles with a difficult mental illness. And it's also how her older sister Miranda has to figure out for herself how much she's willing to sacrifice in order to help Lucia live her life," said Lee.

Lee continued, "Mostly, I think it explores the complexities of trying to love someone, and what happens when someone you love is in a difficult place but not getting the help you need, and how tricky it can be to actually help that person in a way that's good for them and also good for you."

Agrawal initially saw "Everything Here Is Beautiful" in a bookstore in the bestsellers section. After reading the novel and realizing that Lee lived in Cambridge, Mass., Agrawal reached out to her about visiting Andover.

"I said that I was thinking of starting this series, and it would mean a lot for us to come to Andover, and I had to tell her that we couldn't provide her with an honorarium [payment], which was kind of the hard part, but she was totally amendable. She just said that she would drive over; she'd be happy to talk. And so that got me really excited, and then I thought that I could find more people in the area that might be interested in speaking," said Agrawal.

Agrawal said that immigration is a prevalent theme in "Everything Here is Beautiful," in which the characters, who are Chinese, live in Ec-

Continued on A5, Column 4

## Where Do the Chicks Go After Animal Behavior?

#### **SOPHIA LEE**

Last week, Emma Brown '19 discovered that the only surefire way to make Franz Ferdinand go to sleep was for her to hum Elvis Presley's "Can't Help Falling in Love." Franz Ferdinand is Brown's assigned chick for Biology-420: Animal

Students in the class had their chicks for around two weeks, according to Emily Qian '19. Over these two weeks, students were able keep their chicks overnight for a weekend and an additional night. The chicks left on Thursday, when they migrated to their permanent homes.

Since every student took care of a chick, there are around 30 chicks between the two sections of Animal Behavior that need to be relocated. The majority will go to a farm owned by Stephanie Cormier, Student Program Coordinator, located in nearby Newbury, Mass.

Cormier wrote in an email

to The Phillipian, "We have a barn on eight acres. They'll live apart from our current flock in a smaller space under a heat lamp until they have their feathers and are a bit bigger and can handle adult chicken feed. It's pretty cool watching the younger generation learn from the older chickens the best places to sun or dust bathe, where to scratch for the most bugs, how to get up to the highest roosts."

The course is a revived version of one that was originally started over 20 years ago by Tom Cone, former Instructor in Biology, but ended as there was a lack of space for the chicks. Andrea Bailey, Instructor in Biology, was able to restart the program, now in its second year, because of Cormier's farm.

According to Bailey, the chicks are meant to provide context for the material learned in the course. Bailey explained that the students apply the skills they've learned in the classroom to the real-world training of their

"It is an elective course in the Biology Department in which students sort of learn the basics of animal behavior... We talk about a lot of different topics like territoriality, learning the foraging behavior, so we kind of run the gamut of some of the major topics. So [for] the chick part of it, we have the chicks for about two weeks, and we use them for a couple different things," said

Bailey. For Brown, the chick wasn't just an educational tool; the responsibility of taking care of a chick impacted her in other ways. Brown explained that she formed an emotional attachment to her chick and that its dependence on her forced her to pay attention to the chick's needs.

"Taking care of the chick [meant] having the responsibility of making sure it was in the proper environment in terms of being warm enough, but also, in a classroom setting... I was asked to examine the science behind actually training the chick. So [that meant] trying to get it to go in a circle or examining the science of imprinting him on me to make sure that he followed me," said Brown. "I really enjoyed it. I think it's a really valuable class."

Cormier described what can happen when schools can't find homes for the chicks they

"Many birds end up in shelters or dumped in the woods because people want to hatch

Continued on A7, Column 4

Arts, B7

#### **Exploring Identity Through Digital Collage** and Video

Minji Shin '20 creates vibrant collages of digital art that expresses her raw emotionality surrounding her identity.

Editorial, A2

#### In Truth We Trust

Rod Rosenstein and the balance of truth.

Eighth Page, A8

The Good Stuff Didn't Make it This Week.

We're sorry too, guys.

Sports, B1

#### **Water Polo Beats Exeter** For The First Time In 7

Strong defense prevented Exeter from scoring in a 12-7 victory.



COURTESY OF ANDREW STERN News, A7

#### The Mountain School

Andrew Stern '19 and Vivien Oiao '19 describe their time at the Mountain School in Vershire, VT.

Commentary, A4

#### **Our HER-o**

Students taking Animal Behavior were able to take care of chicks, who

primarily lived in the Gelb Science Center for about two weeks.

Sophie Glaser '22 and Brandon Chandler '20 discuss their stance on the new Captain Marvel trailer.



T.CONRARDY/THEPHILLIPIAN

Stay Connected Add us on social media



/thephillipian

@thephillipian



@phillipian



Subscribe / Advertise Email us with requests phillipian@phillipian.net Subscribe online at

phillipian.net/subscribe

The Phillipian

The oldest preparatory newspaper in the United States. Founded 1857.

**Helen He** Editor in Chief

Arts & Leisure

Michelle Jeon

**Commentary** 

Keely Aouga

Sarika Rao

Allison Zhu

Senna Hahn

Cameron Hui

Jeffrey Shen

Eighth Page

Sophia Gilmour

**Graphic Design** 

Christopher Ward

Arno Min

Illustration

Amy Xia, Head

Zora Stewart

Advertising

Jeffrey Du

Michelle Ng

Circulation

Ignacio Hidalgo

Tessa Conrardy

Harvey Zheng

Digital

Caroline Gihlstorf

Nicolas Bevacqua

Alexander Bernhard

Copy

Adrienne Li

**R. Will Ennis** Executive Editor

Isaiah S. Lee Managing Digital Editor

Anne W. Lord Managing Digital Editor

Anna L. Lang

Managing Editor

Andrea C. Pinga Managing Editor

Ekan I. Belo-Osagie

Chief Financial Officer

Arts & Leisure Lindsey Chan Kaitlin Lim

Estelle Zhu Commentary Junah Jang

Adin McAuliffe Andy Zeng Copy

Kaela Aalto Margot Hutchins Nash Johnson Ross Vieira

Digital Sarah Chen Anthony Kim

Harry Shin

Rusiness

Aissata Bah Robert De Jesus

**Arts & Leisure** Irene Kwon Alex Park

**Business** Jackson Diodati Ava Long

Eighth Page

**Graphic Design** Jimin Lee

Stephanie Yang Illustration

Rory Haltmaier

Layout Jimin Kim Isabel Mikheev Kelly Song

Multilingual Riku Tanaka

Skylar Xu

Riley Edsall

Nolan Hamilton **Staff Positions** 

**Eighth Page** Lilv Rademacher

News Sophia Lee

Zaina Qamar

Layout Tessa Conrardy Lauren Lee Max Levi

Vol. CXLI, No. 18

Phillips Academy

Multilingual Michelle Ng

News Christina Cho Patricia Thompson

Photo Mac Callahan Rhea Prem

**Sports** Jacob Buehler Andy Kim Katherine McIntire Rick Ono

Video Ian Hurley Campbell Munn

Business Katherine Hu Nichales Marinaj

Subscriptions Drake McFaul

Associates

William Leggat

Rachel Neplokh

News Rachel Chang Alexandra LeBaron

Steve Nam

Photo Shahinda Bahnasy Olivia Tung

Sports Linda Bibeau Andrew Cohen Juliet Gildehaus

Gigi Glover Video Pickle Emerson Hugo Solomon

Samson Zhang

Peter Ling

Photo Claudine Waggoner David Zhu

**Sports** Abby Ryan Hannah Zhang **Editorial** 

# In Truth We Trust

On Friday, September 21, "The New York Times" published a report revealing that Rod Rosenstein, Deputy Attorney General of the United States, had considered secretly wiring President Trump to convince his cabinet to invoke the 25th amendment, a move which would raise the possibility of impeachment. Since publication, the "Times" report has been repeatedly criticized for overreliance on anonymous sources and for its failure to thoroughly corroborate its coverage by a slew of news sources including "The Atlantic." Such critiques are especially concerning given that the sensitive content of the article could lead to Rosenstein's firing or resignation on the basis of insubordination, as other publications such as "The Washington Post" have noted.

While the effects of the "Times" article could upend what is already a fragile political situation, a decision to instead delay its release could have suggested a bias on the "Times" behalf as to what constitutes information the public should have access to. The only way that the "Times" could have covered the Rosenstein article in the most impartial and informative way possible is by publishing what they did, when they did.

Those critical of the "Times" article note that Rosenstein, in his role as overseer of Robert Mueller's Special Counsel investigation into possible Russian interference in the 2016 presidential election, plays a crucial part in protecting the effectiveness of this investigation. With Rosenstein's oversight, the investigation is insulated from an Administration which might otherwise infringe on its independence and objectivity. Were Rosenstein to be fired, Trump would likely replace him with Noel Francisco, a conservative attorney who has been vocal in his support of expansive executive authority and harsh in his rebuke of the Special Counsel inves-

tigation's legitimacy, according to "Slate." If Francisco were to fill this role, it is unlikely the investigation would continue along its current trajectory.

Although we do support the "Times" decision to publish in this scenario, Monday's events have raised a dilemma that all publications must face: in cases of national importance, we must balance our obligation to inform the public with our responsibility to protect the political processes that ensure the safety of the public. Our own charter states that "The Phillipian will not publish anything obscene, libelous or detrimental to the immediate material and physical stability of the school." We understand that, in circumstances where our reporting might conflict with the wellbeing of our student body, our commitment to freedom of information comes second. Publications without community affiliations like the "Times," however, face more difficult challenges in weighing the informative value of an investigative report against its potential backlash to national political stability. Often times, the decision to publish becomes a choice between truth and security.

All of this information breaking in a politically heated environment only further complicates these already contentious decisions. With the midterms season imminent, each article has the possibility of influencing political discussion and the nature of American politics as a whole. In times like these, then, it is critical that decisions made by the media are measured by a commitment to fact and an avoidance of partisan influence. The "Times" article's controversy reminds us that considerations of truth are imperative in maintaining political objectivity.

This editorial represents the views of The Phillipian, vol. CXLI.



# Not Even a PAnet Announcement

#### **ROMULUS SOTTILE**



ou might not know it, but last Wednesday, Joe Scarborough P'22 and Mika Brzezinski of MSNBC's "Morning Joe" visited Andover to speak about the Camp David Accords, a peace agreement between Egypt and Israel made in 1978. The talk was moderated by Head of School John Palfrey and held in the Title IX Room in the Snyder Athletic Center.

The vast majority of seats in the room were empty. Overall, it seemed that approximately less than thirty people attended. Most of the students present were required to attend for their journalism class.

I do not attribute poor student attendance to the nature of the talk itself. In conversation with students later that night, I realized that most people hadn't even heard

about the event until a couple hours prior, like me, or not at all.

Flyers for the talk were seemingly strategically located in rarely visited parts of campus, such as the second floor of Samuel Phillips Hall. Scarborough and Brzezinski's names were not highlighted, emboldened, or enlarged. The bottom of the flyers read, "Sponsored by the Office of the Head of School," but that did little to attract an audience. I heard that an email was sent out to faculty about the event; however, no such email was sent to students. There was not even an announcement on PAnet, the end of the line for announcements for anything and everything

occurring on campus. It is preposterous that the Office of the Head of School would provide such an opportunity for the student body and not let them know about it. Scarborough, a former U.S. Representative, was named in the 2011 TIME 100 Most Influential People list. Brzezinski is an incredibly prominent newscaster and author who reported on the 9/11 attacks for CBS News. In addition, her father, the late Dr. Zbigniew Brzezinski, played a major role in the signing of the Camp David Accords. President Donald Trump has tweeted several times about Scarborough and Brzezinski and their show, "Morning Joe." Their influence in the American political landscape is undeniable.

Andover has a documented history of leaning far left of center. Students are taught the identity politics of the modern left alongside academic staples like math and English often, whether that be in class, EBI, Sunday night dorm meetings, or All-School Meetings (ASM). Look no further than the emergency ASM held when Trump, a Republican, took the White House.

Notably, Scarborough is one of very few conservative speakers invited to campus that I can remember. Not every situation is the same, but it does not look great that students are required to listen to liberal speakers share their political views at ASM, while the same students are barely encouraged to attend a conservative talk on bipar-

Scarborough and Brzezinski are some of the most high-profile visitors that have been invited to campus since President George H.W. Bush '42 in 2015. I understand that their work might make it impossible for them to speak at an ASM, considering they're on the air in New York until 9:00 a.m.

The solution, however, is not to shove them into a tiny room in the Snyder Center where few have ever been and keep quiet about their presence. The talks given by Mae Jemison and Jane Goodall in recent years prove that when an evening event is properly adver-



R.HALTMAIER/THE PHILLIPIAN

tised, a space as large as Cochran Chapel can completely fill up.

The Office of the Head of School did not give Scarborough and Brzezinski the advertising they

were due, and frankly, it was disrespectful. The situation is especially ironic because, in many ways, the conversation at the event revolved around intellectual discourse and active consideration of alternative viewpoints. This is an idea that the administration seems

to preach, but not practice. For the sake of the students, faculty, and future speakers, I hope that the Office of the Head of School does not dole out this treatment again.

Romulus Sottile is a fouryear Senior from Woodbridge, Conn. Contact the author at rsottile1@andover.edu.

Students involved in organizations covered by The Phillipian will not play any role in assigning, writing, producing, or editing content

regarding said organizations. The Phillipian welcomes all letters to the Editor. We try to print all letters, but because of space limita-

tions, we enforce a 500-word limit. We reserve the right to edit all submitted letters. Letters must be responses to articles already published by The Phillipian. We will not publish any anonymous letters. Please submit letters by the Monday of each week to phillipian@

phillipian.net or to our newsroom in the basement of Morse Hall.

To subscribe, email subscribe@ phillipian.net, or write to The Phillipian, 180 Main Street, ver, MA, 01810.

All contents of The Phillipian copyright © 2018, The Trustees of Phillips Academy, Inc. Reproduction of any material herein without the expressed written consent of

The Trustees of Phillips Academy.

Inc. and the Editorial Board of The

Phillipian is strictly prohibited.

CORRECTIONS:

Jungwoo Chung co-wrote "Todd A. Isaac Memorial Basketball Game Honors the Life of Alumni Lost in 9/11."

Commentary misstated two email addresses. Andy Zeng can be contacted at yzeng20@andover.edu, as updated above. Ava Ratcliff can be contacted at aratcliff21@andover.edu

Sports misstated a student's class year. Will Litton is a member of the Class of 2019, not 2020 as stated in "Football Loses to BB&N in Competitive Scrimmage."

# The HER-O We Deserve

#### SOPHIE GLASER



FELL IN LOVE WITH SUperheroes when I was 11 years old. On a cloudy night in May, I went to see my first Marvel superhero movie on the big screen. There is something magical that comes along with sitting in a theater, seeing the bright lights flash, and hearing gasps and laughter coming from the audience. I remember my whole body tensing in excitement as my idols battled fiercely for the fate of the universe.

Superheroes have long captured the hearts of different people from around the globe, beginning with characters like Superman and Captain America in the '40s and '50s. For years we have put all of our fears and hopes into these heroes. They always have their fair share of troubles and challenges, but in the end, they are able to rise above all to do good in the world. That is why superheroes are so important to people, and so it is crucial that we can identify with them, see ourselves in them, and incorporate the lessons we learn from those

two hours in a dark, crowded room, in our own lives.

Many fans had been anticipating the trailer for "Captain Marvel", which centers around an Air Force pilot who gains powers and becomes caught in the middle of a war between two alien species, according to IMDb. Upon its release this past week, however, the trailer has received a large amount of backlash. Obnoxious comments, negative videos, and critical discourse have create a steady stream of hate. Throughout all of this, there seems to be something that is upsetting viewers the most: the fact that Captain Marvel is a woman.

Diversity in Marvel movies is not a new concept. A large number of their existing films feature white, male leads, but Marvel has made consistent efforts to diversify their cast and characters. Take, for example, "Black Panther", which has a majority-black cast and centers around a superhero from a fictional country in Africa. Additionally, the recent film, "Ant-Man and the Wasp", was the first Marvel movie to contain a female superhero's name in the title. A small step, but a step nonetheless, as Evangeline Lilly's character, The Wasp, was an integral part of the movie's plot.

So, why has "Captain Marvel" received so much hate? Many furious internet users took to social media platforms to complain that Marvel is forcing feminism into its films, and others said that

the trailer looked bad simply because Captain Marvel was a woman. One Instagram user, when commenting on a clip of the trailer that Marvel posted, said that it felt "forced because of the feminists... it doesn't fit in a story." Another account commented: "Why can't Captain Marvel be a male actor? It will be so much better... this movie will never reach its full potential."

These comments are a little ridiculous. Strong female characters with interesting personalities and unique backstories have become increasingly more integral to Marvel's recent works. It makes sense that there should be a superhero movie in which the main character is female. Not to mention that although females make up almost half the world's population, superheroes and action stars are still mostly male. Isn't it time for change?

"Captain Marvel" means so much to me. As an avid fan of superheroes, finally having this strong, powerful – and, yes, female - character at the center of a film is groundbreaking and meaningful. Society is influenced by media. We are inspired to become the characters we see on our screens. Little boys who grow up watching superheroes want to become them. They want to lead and do good in the world. They want to invent, like Iron Man, or fight for their country, like Captain America. They want to be strong, brave, and courageous.

On the other hand, little girls see far too many women cast as highly-sexualized love interests of the male lead. An example is Harley Quinn in "Suicide Squad". She is needlessly sexualized, and the film contains many shots of the famous Hollywood "male gaze" that pans up and down her body. Her life is controlled by her love interest, The Joker, and although he is a mentally unstable antagonist, the abusive relationship he and Harley Quinn have leaves a lasting negative effect on the audience. These depictions of female characters can be detrimental to little girls' self-confidence, goals, and still-developing sense of the world. How can they, too, become superheroes if there are barely any for them to look up to?

"Captain Marvel" indicates a change. Marvel Studios is slowly but surely injecting diversity and powerful messages into their movies. As a powerhouse in the film industry, it holds the ability to create a wave of inspiration for other films, even outside of the superhero genre. By doing away with old societal conventions linked to patriarchal ideas, Marvel

saying that

women can

be strong, brave, and courageous. They are proving that female superheroes are just as inspiring, influential, and successful.

Regardless of public opinion, "Captain Marvel" is another step on the path to equality and representation in movies. The film industry is shifting and evolving before our own eyes. Next year, on March 8, hundreds of little 11-year-old girls will go see their very first superhero movie. When they come out of the theaters, hearts beating fast, smiles wide and beaming, they will be empowered and ready to change the world.

Sophie Glaser is a Junior from Summit, N.J. Contact the author at sglaser22@andover.





#### **BRANDON CHANDLER**



S A LONGTIME FAN of superhero comics, I've been lucky enough to watch Marvel lay the groundwork for their Marvel Cinematic Universe, or M.C.U., beginning with "Iron Man" in 2008. I must confess, however, that the upcoming "Captain Marvel" feels out of place, and I've got this strange feeling inside me. It's not excitement or dismay-it's confusion.

First off, to be completely honest, I wouldn't say that I'm the biggest fan of the Captain Marvel mythos as a whole. Nevertheless, I was willing to give the movie a chance when Marvel announced its release for 2019. But when they announced that the Captain would be the female pilot Carol Danvers, I was surprised, seeing as so many female-led superhero movies have been poorly written in the past. I watched the trailer right when it was released last week to see if Marvel would surprise me. However, some parts of the trailer gave me unease.

The movie trailer provides no insight into who the character is and why we should care about her (outside of a "you-will-save-us" trope). Some vague descriptions are given about what her mission on Earth is along with the tagline, "What makes her a hero." Sure, there's a lot for die-hard fans of the mythos to be excited about, but the general public, like me, might feel very confused. Yet despite all this, I keep coming back to one thought: Why do we need a "Captain Marvel" movie at all? Of course, there is only so much that can be shown in a trailer, but from what we can see so far, the movie seems to focus largely on promoting the lead character's gender while not showing the other aspects of her character.

The trailer also seems very similar in style to another superheroine movie: "Wonder Woman." D.C.'s 2016 "Wonder Woman" proved that wellproduced female superheroes can succeed. Perhaps not always critically, but certainly financially. Unlike Wonder Woman, however, Captain Marvel is hardly a household name. She is rarely talked about outside of close-knit comic book fan circles. This means that selling this movie on its name alone may prove to be very difficult.

The movie seems to focus largely on promoting the lead character's gender while not showing the other aspects of her character.

Perhaps "Captain Marvel" is Marvel's response to "Wonder Woman" - it is their attempt to show that they can make their own female superhero movie and are trying hard to diversify their movie universe. Now, this isn't necessarily a bad thing. In fact, I would agree that diverse female characters are just as exciting as their male counterparts, and sometimes even more so. But here and now it feels like Marvel is desperately trying to market the

I was talking to some of my friends of Captain Marvel, and they seem to agree. A friend of mine, Eric Bishop '21, said that Marvel doesn't have to prove that they can produce strong female characters because "they don't have to play catch up. Especially when they've established fantastic female characters, such as Gamora, Black Widow, etc. Why choose the new character of Captain Marvel instead of developing movies around their established female characters?" From a marketing standpoint, wouldn't it make more sense to produce a film starring a character that the audience

is more familiar with and ex-

cited about, as compared to

shoehorning in a new char-

acter altogether? I do agree

that it would be interesting to

watch them develop these

characters even more within the M.C.U.

Another friend of mine, Emma Tilghman '20, however, disagrees with Bishop. She says, "Ideally we would have already had a femaleled movie -10 years into the game is pretty late. However, I think that the introduction of "Captain Marvel" might be better in the long run because the stakes are lower than they would be for something like a Black Widow movie."

I think Emma is also correct in a sense: perhaps Marvel feels that it would be easier and more exciting to introduce someone new as their first superheroine feature film as opposed to expanding the mythos of some already established female character, dividing public opinion along the way. In this sense, the stakes are indeed lower since Marvel doesn't have to worry

or prior character development of Captain Marvel and how they fit into the larger picture (of the M.C.U.).

Whatever Marvel's true motivations are, I have no doubt in my mind that they can produce an interesting solo film. That said, I cannot shake my overall mixed feelings. While I applaud Marvel's efforts for incorporating strong female characters within their narrative, this latest edition in the form of Captain Marvel feels almost forced, rather than a true telling of an interesting and engaging story.

Brandon Chandler is a three-year Upper from Los Angeles, Calif. Contact the author at bchandler20@andover.edu.



# Confronting Adversity, Head On

#### **CHRIS GOOSSENS**



IA TWITTER, FORMER NFL quarterback Colin Kaepernick unveiled an ad campaign celebrating Nike's 30th anniversary: "Believe in something. Even if it means sacrificing everything." Following the release, both Kaepernick and Nike received mixed responses. President Donald Trump's initial reaction to Nike's 30th anniversary campaign advertisement reads as such: "Just like the NFL, whose ratings have gone WAY DOWN, Nike is getting absolutely killed with anger and boycotts. I wonder if they had any idea that it would be this way? As far as the NFL is concerned, I just find it hard to watch, and always will, until they stand for

the FLAG!"
Similarly to President Trump, other people have chosen to express their disapproval of the company's recent campaign over social media, particularly through Twitter and Instagram. People are so divided on what Kaepernick is doing — and how he's doing it — that they cannot

help but feel the need to criticize Nike for involving themselves. One Twitter user went as far as to post a video of a pair of Nike sneakers engulfed in flames with the caption: "First the @NFL forces me to choose between my favorite sport and my country. I chose country. Then @Nike forces me to choose between my favorite shoes and my country. Since when did the American Flag and the National Anthem become offensive?"

Regardless of which side of the matter your opinion falls on,

People are so divided on what Kaepernick is doing — and how he's doing it — that they cannot help but feel the need to criticize Nike for involving themselves.

it is truly hard to justify discred-

iting Kaepernick for sacrificing a

major part of his life — his livelihood. No one can deny that, at a minimum, he gave up a football career to exercise his constitutional right and to fight for people of color. Although Nike has steered clear of making a blatant statement on the controversy, the mere fact that the company would choose to honor its 30year legacy with such a figure conveys a powerful message. It might have taken the public aback, but it has forced people to reconsider Nike's underlying message. I have found Nike's

encourage independence and bravery, even if it means "sacrificing everything," similarly to how Kaepernick chooses to go about his movement.

From a strictly financial aspect, Nike's underlying message has proved to be a major success. According to "Fortune.com," Nike's market value has jumped 6 billion dollars since its launch to reach an all-time high (as of September 23), and stock prices have risen almost 5 percent overall. Additionally, according to "TheDrum.com", Nike saw a 31 percent increase in sales on Labor Day weekend following the release of the advertisement. Nike's success can be attributed to its reluctance to back down from accomplishing its goal.

Nike's 30th anniversary advertisement campaign truly takes a beautiful approach. It preaches independence and bravery and emphasizes the inability to successfully invalidate advocacy.

As a community, it is important that we take on our beliefs with the willingness to dedicate ourselves to their cause.

age
ess.
m,"
bed
nch
s of
ricent
ing
w a
on
ring
ent.
tted
bwn
adruly
. It
and
inlate
oreo

Christopher Goosens is a PG from Hampden, MA. Contact the author at cgoossens19@andover.edu.

K.SONG/THE PHILLIPIAN

# Finding Normal After Florence

#### LAURA OSPINA



The day after Hurricane Florence made landfall, teenagers in Cary, N.C., took photoshoots in the rain. While the nation watched, horrified, at the 105 mph winds and rising floodwaters attacking the coast, students in my hometown seemed more concerned about their Instagram feeds than their lives. But for them, onslaughts of rain and the cancelation of school aren't out of the ordinary.

Last week, when the hurricane hit, I asked my friends to describe Florence in one word. "Boring," concluded the group chat. My friends still sent memes, ignoring the surge water swallowing entire towns just an hour away. My mom had five job interviews the day it rained the most. They weren't concerned or scared for their

safety because days of heavy rain had become the new norm

new advertisement to genuinely

The night before Florence made landfall, I cried myself to sleep in my dorm room. North Carolina is the only home I have ever known. It has given me everything: my curiosity, my passion to write and serve others, and opportunities that have shaped me into the person I am. The state welcomed my parents not only as immigrants, but also as people. Their Colombian accents weren't considered a threat there, but rather signs of strength and perseverance. I never feel more loved than when I'm in North Carolina.

My home was about to get destroyed. And I wouldn't be

I was in my new home, Andover, where dozens of fires ravaged the surrounding area and impacted people I could have seen on the street the week before. The two fronts I faced, one of fire and the other of water, were overwhelming. My tears could neither extinguish the flames nor slow the gales. Instead, the tears fell in the safety and shelter of my dorm room.

Over the past week, people have asked if my family is okay. I don't really know what to tell them. My immediate family is fine, settled,

Most Damaging Hurricanes in North Carolina



undisturbed. But there are thousands of others, those with whom I share a home, that have lost their livelihoods and their loved ones. In the aftermath of Hurricane Florence, at least 43 people have died, sanitary and living conditions have continued to worsen, and local communities are in ruins. "The Wall Street Journal" reported an estimated 38 billion to 50 billion dollars in

 $m \dot{J}.LEE/ extit{THE}$  phillipian

economic damage attributed to Florence. How can I simply respond that my family is safe and that everything is fine?

The situation in the Carolinas won't be fine for a long time. Even if communities heal, another hurricane will likely hit our shores again. Without any radical reform to fix our global climate, more people will continue to suffer. There will be several more hurricanes within my lifetime, pummeling my home and country time and time again. But for small coastal communities, there is no choice but to rebuild, as they have always done. This isn't the first storm North Carolina has weathered, nor will it be the last. We have prevailed against Hugo and Fran in 1989 and 1996, and we will again for Florence.

As I'm finishing my third week at Andover, I am inspired by the people who stand unwavering after Florence and their determination to continue with their lives. I, on the other hand, can't seem to forget the videos of tearing winds and submerged streets in my home state. But maybe over time, I will grow to be as strong as North Carolina.

Perhaps posting on Instagram during the "storm of a lifetime" isn't a sign of indifference to destruction everywhere. Maybe teenagers were telling the world, or at least their 1,000 followers on social media, that they would not be controlled by a hurricane, or that their blossoming high school experiences and lives would not be defined by wind speed or flood levels. As they try to return to their lives before the hurricane, others struggle to believe that things will get better. A singular post of defiance could provide that reassurance. Social media has the power to share perspectives, stifle feelings of alienation or helplessness, and spread the message that no one is truly

Maybe my friends just wanted to update their feed — I wouldn't know. But from here, in my boarding school in New England, I know that their struggle to find normalcy in chaos is a battle worth fighting.

1916 July 1916 (80 deaths)

1954 Hazel (19 deaths)

1955 Ione (7 deaths)

1989 Hugo (12 deaths)

1996 Fran 24 deaths)

1999 Floyd (52 deaths)

2003 Isabel (3 deaths)

2004 Frances & Ivan (11 deaths)

2018 Florence (-36 deaths)

0 2 4 6 8 10

**Monetary Loss (by billions)** 

Laura Ospina is a Junior from Cary, North Carolina. Contact the author at lospi-

na22@andover.edu

#### **NEWS IN BRIEF**

- "The End Depends on the Beginning" historical campus tour this past weekend covered Andover's history from 1778 to present day. The tour highlighted campus buildings including Bulfinch Hall and Samuel Phillips Hall, explained the original geography of the town of Andover as well as Andover's original philosophy, and presented some facts from the present day such as the number of students and descriptions of current courses.
- The Madame Sarah Abbot Society (MSAS), an all-female secret society on campus, left a display on the steps of Samuel Phillips Hall last week. A cloth, with the letters M.S.A.S. spray-painted on it, was hung between the columns of the build-
- ing. In addition, the steps leading up to Sam Phil were scattered with rose petals, chocolate kisses, and Starbursts.
- The first college fair of the academic year took place in the Case Memorial Cage on September 26. Representatives from over 60 colleges and universities, including some international schools, were in attendance.

#### Looking ahead

- The annual club rally will take place this weekend on September 29 at 8:30 p.m. in the Case Memorial Cage. The club rally gives students the opportunity to explore club options on campus and join new extracurriculars.
- REPORTING BY CLAIRE CAHILL
- There will be a talk at the Addison Gallery of American Art about Paul Manship on September 30. Paul Manship is an American sculptor who has contributed two of his pieces to the Andover campus: the Armillary Sphere on the Great Lawn as well as the fountain in the Addison lobby.
- A cancer awareness fundraiser will take place on September 30 in Fuess House. Hair stylist Tara Molloy from Vero Salon will be putting in pink hair extensions to garner support for Breast Cancer Awareness Month in October.

# **Knowledge and Goodness** Campaign Raises Over \$200 Million So Far

#### ZACH MOYNIHAN & **JANE PARK**

Andover's Constitution, written in 1778, states that "goodness without knowledge is weak... yet knowledge without goodness is dangerous." Today, the Knowledge and Goodness Campaign, led by the Office of Academy Resources (OAR), seeks further innovation on campus while staying grounded in Andover's core values.

Tracy Sweet, Director of Academy Communications, explained the purpose of the initiative and its overall fundraising success.

"The Knowledge and Goodness campaign is a major funding source for the priorities of Andover's Strategic Plan, which was endorsed by the faculty and the Board of Trustees in 2014. After thoughtful planning and initial fundraising, the campaign launched publicly in September 2017 with a community picnic and gala event. Today the campaign has eclipsed \$200 million, and we have tremendous momentum pushing us forward," wrote Sweet in an email to The Phil-

The Knowledge and Goodness campaign has raised money from a variety of donors with connections to Andover. Thomas Lockerby, Secretary of the Academy, explained the role that these donors play in forwarding Andover's goals.

"The campaign is first and foremost designed to underscore the strategic plan. Secondly, it's just to continue to support the current operations of the school, so a key component of the campaign is our Annual Fund from both alumni and parents. That's money that supports every aspect of the student experience, faculty experience of the campus, and so the campaign is very much grounded in continuing to advance this support from our alumni and parents each and every year," said Lockerby.

A portion of the money raised by the campaign is allotted for the

provision of financial aid to nearly half the student body who receives it. According to Lockerby, financial aid and Andover's need-blind policy in admissions promote "Youth From Every Quarter," an Andover motto that emphasizes student body diversity.

"One of the most important goals of the campaign is to raise endowment for financial aid, to continue to support our need-blind admissions policies. So this year in the campaign, we're really rationing up our focus on raising financial aid dollars," said Lockerby.

Lockerby said that this application of Andover's values, coupled with a serious emphasis on innovation, fosters Andover's success.

"Our values are as resonant today as they ever were... Andover has had a long history of asking how can it always be better. A focus on creativity and innovation says we may have a great reputation but if we simply rest on our laurels, we will not remain the most relevant educational experience we can be," said Lockerby.

The campaign supports innovation on campus, in part, through the various construction projects across campus. This began with the Rebecca M. Sykes Wellness Center and the Snyder Center, and continues with the current renovation of the Oliver Wendell Holmes Library

"As you all know, the OWHL is currently under renovation that has been really needed for a number of years. The OWHL was last updated in 1987, and there are parts of it that have not been renovated since it was built in the 1930s. And so it really was time for not just a refreshing but a wholesale reimagining of what is a modern library," said Lockerby.

According to Lockerby, there e also plans for the new Pan Athletic Center and a new music building on campus. These ventures fall in line with the campaign's commitment to innovation as they enhance extracurricular experiences

for students.

"The next to project will be a second athletics project which we announced the gifts for in the spring but have not raised all the money, so they haven't started it yet. That's the Pan Athletic Center. which will be home for a new pool for swimming and diving as well as space for our wrestling program and a new dance center. And then a music building to really change the experience of our student musicians," said Lockerby.

According to Sweet, the campaign is not only a fundraising effort but also a source of pride for

Sweet wrote, "The campaign is a key funding source for things like need-blind financial aid, Learning in the World, equity and inclusion programs, new and renovated campus facilities. It's also a point of pride. I think most anyone in our community can get behind an initiative that will advance Andover as a leader in teaching, learning, and every aspect of residential educa-

In that spirit, the OAR was recognized by the Council for Advancement and Support of Education (CASE), a nonprofit in the field of educational advancement. CASE acknowledged the OAR for its success in fundraising among peer institutions. Lockerby noted the importance of both the donors and volunteers that contributed to this success.

"It's obviously very nice to be recognized for our hard work, but from my perspective, we get the recognition, but the people who did the hard work are donors and volunteers. Andover wouldn't be where it is without, obviously, the donors who support us. But also, we have hundreds of volunteers who really help us in our work. So I think of this recognition as their recognition," said Lockerby.

#### Author Mira T. Lee Discusses New Novel About Sisterhood

Continued from A1, Column 1

uador, Switzerland, and New York. Agrawal said that the topic is especially important in America's current state, and she loved how Lee connected her book to this issue.

According to Agrawal, mental illness is an equally important theme in the novel.

"At Andover, mental illness is such a common topic that we're all discussing, and the way that not only Ms. Lee talks about Lucia, the character who has schizophrenia, but also the people who have to take care of her and her loved ones is really interesting because it's especially important to not just think about the person who is struggling and their experience, but kind of how it impacts everyone else," said Agrawal.

Before attempting her first novel, Lee wrote short stories. Her educational background, however, is in science. She mentioned that although she predicted that she would pursue a career in the STEM field with a degree in biology, she always had a love for writing.

"My dad was a physicist, and so I was pushed in that direction. So when I went to college, I had this idea that I was going to be a science person or a computer person or something, but I think I always had this thing inside of me. I went to graduate school – I was in a Ph.D. program for biology, and I ended up dropping out, and that was a big turning point thinking that I could do something other presentation.

An essential component of the book, according to Lee, was portraying groups of peo-

ple not solely in the context of their differences, but as people simply going about their days. She aimed to create a story that included diverse characters but would not be solely focused on their race or

In her presentation, Lee said, "When I was younger growing up, I felt like Asian-Americans were supposed to follow this particular trajectory and we were supposed to stick to this script. Even in writing, I felt like for a long time, Asian-American writers wrote about certain things and told certain kinds of stories... I felt like those were the stories that were acceptable to tell. But my story is not about those things.'

Both Lee and Agrawal agree that it is necessary for a multitude of perspectives to be represented in literature – specifically those of women of

Agrawal said, "I just really love the idea of hearing from a woman of color who has just published her debut novel, and it's so successful, and so just hearing her story and kind of having that inspiration, I think is really important... Also, the book is really amazing. I hope it motivates more people to read it and support her and other authors in the industry."

Agrawal has arranged for Lois Lowry, author of John Newbery Medal winning novels "Number the Stars" and "The Giver," to visit campus on November 2 as the next speaker in the Elizabeth Stuart Phelps series.

#### ASM Speaker Hakeem Rahim: 'Where I Am Is Not Who I Am'

Continued from A1, Column 4

"We feel like we're alone. Sometimes, we feel like 'I am the only one going through this.' But guess what, look around you. Somebody else is feeling that way too. Did you know that one out of five teens actually experience some form of mental challenges any given year? You are not alone," Rahim continued.

According to Tulio Marchetti '21, Rahim's message inspired and resonated with him.

Marchetti said, "I thought [Rahim's message] spoke to a lot of people with mental challenges. I think he emphasized that you are not alone, and that there is always on option for help. And the three steps that he mentioned resonated with members of the community. Overall, he knew how to speak very well, and because of that, it was very inspirational to me. I thought his life story was very special, and I respect him for how he coped with his bipolar disorder."

Rahim also spoke about both shame and hope, which were key components of his message to the audience. He explained how prejudice silences the voices and brings shame to many others, as well as the importance of motivation in

"Shame can come from the labels that you put on yourself or come with you. You don't have to be a person of color to feel shame. Somebody might have a lot of money and feel they don't deserve it, there is shame there... Identities with expectations can lead to mental challenges. The part of today is that there is no shame to what you do," said Rahim.

Rahim continued, "One of my favorite mottos in life is, 'Where I am is not who I am.' Sometimes when you are depressed or anxious, you can feel like this is who I am. You can feel like you can't get out of bed, the world is closing in on [you]. Anchoring and having something to know to tell vourself

is so powerful."

Rahim's talk also included a personal story of his experiences with bipolar disorder, including his recovery. While diagnosed in his first year at Harvard University, Rahim managed to return and successfully graduate after severe anxiety and depression.

Dr. Susan Esty, Director of Wellness Education, spoke to why Andover decided to invite a speaker who would focus on wellness.

Esty said, "We were interested in prioritizing wellness on campus anyway. That is why [Empathy, Balance and Inclusion (EBI)] exists, [and] that is why the school has prioritized wellness. Having a wellness speaker made sense."

Esty continued, "We live in a ry competitive environment where we always want to do more and faster, which is not good for your mental health. Through EBI, we have actually been trying to give that message, and yet it is 45 minutes a week, and how much do we actually [slow down]? I think that it is a message that needs to be repeated in lots of venues by lots of different people to sink in."

Rahim concluded his talk with another spoken word poem.

"[Poetry] has been a tool for self-expression [for me]. The poem that I recited at the end... I wrote it one day when I was depressed and anxious. My boss at the time called me and asked me, 'Where are you?' It was 10 o'clock. I told him I had the flu, but in fact, I was transitioning off some meds and I was struggling with that transition," said Ra-

Rahim continued, "So what I did was I felt that I would be stigmatised, that I believed that if he knew that I had a mental health challenge, I would be judged. So that's why I lied and told him I had the flu. And it is not those days that emerged out of me reckoning with my condition... I like that we do not have to choose between our wellness and creativity, and creativity should be a fuel for wellness."

# The Varsity Jacket, an Andover Staple, **Remains a Symbol of School Pride**

#### **ZACH MOYNIHAN**

The traditional varsity jacket is an expression of school pride for high schools across the United States. The design of Andover's varsity jacket, however, reveals the uniqueness of the school through its commitment to tradition.

When a student has qualified for a varsity jacket and wishes to obtain one, they email Anthony Kodis, Athletic Equipment Manager. Kodis noted that while the material of the jacket has changed, the designs have endured because of the school's longstanding em-

Many years ago, they were full wool varsity jackets - leather-sleeved wool jackets with white leather sleeves. The artwork has always stayed the same, the plain block on the back, the embroidery on the front and the names. It's always been the same woman who's been doing it for about 30 years, maybe even a little bit longer, but the jackets went from a button jacket to a quarter zip pullover," said Kodis.

By upholding some of the traditional designs of the varsity jacket, Andover has set itself apart from its peer schools. Kodis explained how the jackets are uniquely personalized to Andover.

"Most prep schools that do these types of jackets usually do a standardized logo on the front and possibly a standardized name on the back, of the school. Sometimes they'll put the sport, and sometimes they don't. Here at Andover, we have been using the same embroiderer, and she has been able to give us the flexibility of putting more than one sport on the front, sport specific, whether you partake in crew or cross country or soccer or multiple sports throughout the three seasons that we have here," said Kodis.

Kodis continued, "On the back of the jackets, instead of using an



Andover students are able to customize their jackets.

athletic block artwork, we actually use a plain block. We're the only school that does that with the stitching on the back, which makes it very unique and more traditional than a lot of the standard uses and styles that other schools use,"

According to Leon Modeste. Director of Athletics, the varsity jacket is not just a symbol of athletic pride, but of school pride in general.

"I think it's to show Andover pride, and in that case athletic, but I've seen other groups on campus have similar jackets and then they'll put Andover Dance or Math, but I think it's school pride and also recognition of 'Hey, I achieved something because I've got this letter on there, and that shows you're a varsity athlete," said Modeste.

Recently, Kodis has observed a boost in jacket purchases as it has been extended beyond the limits of varsity sports to include other

activities. "I have seen a spike over the last four or five years with us being open to more sports and more activities and different things like

that, enabling the students to be

able to be more included with everything," said Kodis.

For Hayden Gura '20 of Andover Boys Tennis, the varsity jacket is a symbol of pride both on campus and at home.

"I think that the varsity jacket represented a part of my pride of being on the tennis team and my friends at the school, and I felt part of something. I know I probably wear my varsity jacket more when I'm not at school than when I'm at school because I walk around and I'm proud of my school, and it also works in every season, which is nice," said Gura.

Brooklyn Wirt '21 of Andover Girls Volleyball and Basketball offered a similar sentiment, noting that her jacket is a component of her identity on campus.

"To me, my varsity jacket is just another way to identify with the smaller community of people on my sports teams. Having one doesn't make someone superior. It's a way to show an accomplishment that I'm proud of, and it's a way to represent Andover when I'm not here at school," said Wirt.



Offering pizza, salad, subs, and more!

#### **HOURS**

Monday-Saturday: 11AM - 1AM Sunday: 11AM - 8PM

38 Park Street Andover, Massachusetts 01810

(978) 475-6068

Now delivering to Phillips Academy!



# CAMPUS CLOSET



FRIDAY-9/28/18-12:00-4:00pm

SATURDAY-9/29/18-10am-3:00pm

@ LOWER LEVEL GW
Shop for PA Apparel & Gear!

or

Visit our online store!

https://squareup.com/market/pspa

Free Delivery to the PA mailroom

100 % of proceeds benefit PA student activities





A

## **New Preventative Measures Implemented by Sykes**

Continued from A1, Column 1

cause someone's more likely to see a quick one or two lines, or a meme, or a poster, than to read four paragraphs in an email from me, from an adult," said Patel.

Patel used handwashing as an area of education in which Sykes can harness social media.

Patel said, "Immunizing the community is one of the ways that we want to be thinking about prevention, but equally important is handwashing. Which seems so simple, but as we get it's something that, as we get busy, we often aren't thinking about as much as we should, and in our close community we've seen countless examples of sharing, and sharing is always great but sharing germs is one way that we want to be able to promote a preventative strategy around handwashing."

Another new addition to the goals of Sykes is a measure used to counteract allergic reactions, called AllerTrain. Agatha Kip, Nutritionist and Registered Dietician. has been trained in the traditionally college-applied program, as has the entire Paresky Commons and medical staff. Ellen Callahan, Nurse Practitioner, explained how the nursing staff was formally trained to combat food-borne aller-

"We all did a formal allergy training right before school started this year. So we learned about allergies in nursing school, but we did a formal training so now we are all trained in allergies as is the dining hall. Mrs. Kip was the one who spearheaded that campaign," said

Patel hopes that the program will extend to other on-campus adults in order to most effectively combat adverse allergic effects.

Patel said, "We know that more and more people have allergies, and most of them are around sensitivities to particular foods. And so, in an effort to try and prevent any allergic responses to foods, we want to do more training."

"Ms. Kip was certified in a program called AllerTrain, which is a program that's being used in the college setting and one that we're now bringing into the highschool setting at Andover, and so our whole medical team has been trained, the Paresky team has been trained. We'd love to be able to broaden this to other adults on campus as well as students, because that's a really great example of prevention," continued Patel.

Sykes has also been working to improve the availability of the mental health facilities. While counselors are available during the traditional 9:00 a.m. to 5:00 p.m. hours, there is also an on-call counselor available for students all hours of the day.

"I know that there are five counselors downstairs. I know you can reach a counselor many different ways. You can walk in to see somebody, you can call and schedule an appointment, you can walk in and schedule an appointment for the future. There is always a counselor on call," said Callahan.

Callahan continued, "During the daytime, we call them the CL counselor. And so if you walk in, and you really need to see someone right away, we can pull them. They're available to see you; they don't do regular appointments that day. Then, in the middle of the night if you come in, they're not here in the building, but if you see someone like me who feels like it might be a good idea for you to see a counselor and you're open to that, then we can call that person on a call to come in and see you if vou need that."

# Animal Behavior Students Say Goodbye to Chicks

Continued from A1, Column 3

them for school or personal reasons, but realize afterwards that they aren't equipped or zoned to take care of farm birds. The worst is when people buy baby animals because they are 'just so cute' but want to get rid of them when they grow up, become too much work, school's out for the summer, they just lose interest, etc. Having volunteered and worked in animal shelters, I have seen a steady stream of homeless chickens, especially roosters, but also classroom rabbits, [and more]," Cormier

Brown agreed that taking care of farm animals requires a lot of time and patience.

"Not only did I gain an attachment to this chick, but I learned a lot about how I function in terms of patience, what really is my schedule as I move about my day, and how do I be careful of taking care of me and taking care of this

little creature. [For example], maybe I don't get up every 15 minutes or so to make sure that I have gotten enough water. Maybe I don't go to the bathroom because I'm sitting there really intent on an essay. But [had to think about] selfcare and care for someone else too," said Brown.

Because Cormier has experience taking care of farm animals, she has the resources to care for the chicks after the Animal Behavior students are done using them in class.

Cormier wrote, "My husband and I have an extensive network of local family, friends, and awesome neighbors that eagerly volunteer to look after our farm if we're both away. We often return the favor by looking after their farms/pets when they are away... and the hens pay them in fresh eggs."

In addition to going to Cormier's farm, some chicks went home with students, with their parent's permission, or with faculty members.

# ASM Speaker Hosts Workshop Advocating Acceptance and Awareness

#### **AVA RATCLIFF & ALEXANDER ASHMAN**

Students leaders of Community and Multicultural Development (CAMD) Clubs and of Active Minds met with mental health advocate Hakeem Rahim for a workshop centered around student wellness on September

In addition to reading Rahim's poem, "It's Not Those Davs," students received a copy of Rahim's book, "Magenta Your Conscience." Students then reflected on themes of acceptance.

Hywot Ayana '20, a board member on Out of the Blue, a CAMD club focused on building community awareness, enjoyed how the workshop focused on student voices and writing.

"I liked how [the workshop] wasn't based all around lecture or anything like that. He let us do a lot of writing about stuff that I wouldn't have usually explored by myself. Also, we got to close-read his poetry, which I think is pretty cool to not be asked what something means but instead be asked what it means to you and connect it to your life," said Ayana.

Rahim was invited to speak and host the workshop by Dr. Susan Esty, Director of Wellness Education, and Suzanne Heon, Interim Director of the Sykes Wellness Center.

"One of our foundations is collaborating with students because any good programming or intervention is meeting a need. Students know best what your needs are and so I think we encourage students to let us know. Through EBI [Empathy, Balance, and Inclusion] we work with students and ask for student input," said Esty.

After writing responses to Rahim's poem, students at the workshop were given the opportunity to read their work out loud. Responses ranged from spoken word poems to a page of

Hazel Koh '21, who also participated in Rahim's workshop, found the workshop encouraging to the students.

"I really loved it, Mr. Hakeem Rahim was very inspiring and I hope that we can have more speakers like him on campus,"

"I learned a lot from the other students when we shared out what we wrote. Reading his poetry made me think a lot about what it means to be you and to be you is to be you even when it's hard," Ayana said.

According to Esty, Rahim delivered a message of hope during conditions of mental illnesses to the students.

"I think talking about mental health anywhere, anytime is important because it's just not part of our culture to talk about mental health, which needs to change, really for everyone's general wellness. [We were] thinking what can we do that acknowledges mental illness and struggle but also has a message of hope, which he [Rahim] does," Esty said.

Ayana agreed, noting the importance of date for many stu-

"This is a really important week for all of us. I think you should take every opportunity you can to learn about something you haven't completely explored yourself or don't completely understand," Ayana said.

### You've Got Mail: Behind the Counter in Central Services

#### KAT SCARBOROUGH

"761 packages in a day is probably our record [number of] packages," said Linda Capodilupo, Manager of Central Services.

Capodilupo said that the mailroom receives around 50,000 packages a year. The work of the employees in the mailroom, however, is often done out of sight of students.

Students who have work duty in the mailroom get to experience a world that most community members don't realize exists. For many students, performing work duty in the mailroom can be a rewarding opportunity. According to Capodilupo, many students continue working in the mailroom to fulfill all of their work duty requirements because they enjoy it so much.

Capodilupo said that one sentiment many work duty students share is an appreciation for the break that working in the mailroom gives them from their hectic Andover days.

"I've had many students say that coming in here for work duty - they find it to be a great way to doing is very routine when they distribute the mail. Many of them and distribute faculty mail. And they'll say that they feel as if they're let their mind go somewhere else while they do that," said Capodi-

how much he enjoyed being here."

Liz Tran '19 does her work duty in the mailroom, where she helps sort mail into mailboxes once a

decompress because what they're will come and they'll have their headphones, and they'll go upstairs very detached at that point from stress and the pressure sometimes. They feel as if they can just really

Capodilupo continued, "I find it really impressive that so many students have indicated that. We had one student who actually wrote his college essay on working in the mailroom. So that's another thing that's just so unusual, but it shows

"I've worked in the mailroom since upper year. It's really nice because everyone there is super friendly," said Tran.

Tran continued, "The most difficult part [about mailroom work duty] is shoving mail into the boxes when they're already super full, and my favorite part about mailroom work duty is that if you accidentally miss a day, everyone is super understanding about allowing you to make it up.'

Although students help sort envelopes, the Central Service employees regulate all incoming pack-

Ina Megalli '20 said, "I don't know how they do it. I'll get an email from Amazon saying that my package is almost there, and two seconds later I get an email from Central Services saying, 'We processed it.' I couldn't do it. They're the unsung heroes [of our cam-

Because of space limitations, Capodilupo says that mailroom employees have developed a system of organization based on size rather than last name. Students receive emails telling them to pick up packages that are too big to fit into a mailbox. For students to properly receive the emails, the mailroom works with a technology company by the name of Pitney Bowes, which also supplies Central Service's mail meter machines that label outgoing mail.

Using Pitney Bowes' technology, the mailroom is able to scan the barcodes on packages and then link them to the emails associated with students' names

Capodilupo said, "When packages come in, we scan anything that has a barcode, and once we scan in the barcode, we designate what area we're going to store that package in. And then it gives us a list of names of everyone on campus. We click on that name so that it attaches a name to that package, and then the system prints out a label that goes on the package, so we can put it on the shelf or on the floor or in a mailbox."

Megalli said, "I think it's great. I think it works pretty well, pretty smoothly. I haven't really had any trouble. Also, one of the top ten best feelings on this campus is when you get a Central Services notification."

Beckett McKee '22 says he visits the mailroom often.

"I'm here about every day. Maybe once or twice [a day]. They're all very nice, and they help me with my mail. They're very supportive. The mailroom is very speedy," said

In an email to The Phillipian, Capodilupo gave some tips for visiting the mailroom. She recommends that students have their BlueCard in hand when they walk up to the pickup window, that students tell mailroom employees when they have more than one item to pick up, that students only come to the mailroom after they've received an email, and that students double-check that packages are addressed to the right person.

## Starting Fires, Cooking For A Community, and No Internet: Andrew Stern '19 and Vivien Qiao '19 on Their Experience at The Mountain School

#### **GISELLE JONES-MOLLOD**

While most Andover students might spend their Spring Term afternoons lounging on the Great Lawn, competing in athletics, or catching up on homework, Andrew Stern '19 and Vivien Qiao '19 spent theirs swinging axes and milking cows. These activities were only a few of the their chores at The Mountain School, a selective independent semester program in rural Vermont that Stern and Qiao attended from the middle of Winter Term to the end of Spring Term during the 2017-2018 school year.

The Mountain School, a hybrid boarding school and working farm in Vershire, Vt., allows 45 Uppers to spend a semester learning and engaging with their surroundings. Although Stern and Qiao made the decision to attend The Mountain School for different reasons, they were both drawn in by the prospect of stepping out of their comfort zones and trying something new.

"You're on a farm in Vermont for one semester, which is half the [school] year here. It's a different kind of experience and I wanted to try something new so I was like, 'Why not? I'll apply and see what happens.' And then when I got in, I was like, 'Sweet, why not?" " said Qiao.

According to Qiao, her life was drastically different at The Mountain School, especially since she had to adjust to living on a rural farm after living in the suburbs. The small size of the school helped her navigate these differences, and she described the community as a second family.

Stern said had an easier time adjusting, and particularly enjoyed some of The Mountain School's diversions from normal Andover life.

"The ability for that community to work in a dynamic and inclusive way was really remarkable, and something that I wish Andover could do more of. Everybody was included in the decisions that were made and in the reasoning behind those and the students really had a voice in a way that I feel like we don't at Andover," Stern said.

At The Mountain School, Stern and Qiao learned about the importance of community responsibility, especially due to the school's small staff. In addition to balancing challenging coursework with farm chores, they had to prepare food for the community and gather wood for heating.

Qiao said, "Being at Andover, you don't really realize how much work is being put into all the things you do in your daily life. Heating up the school, I've never done it, which is crazy. We take heat for granted.

So when you actually have to do it yourself, you really know all the effort that's being put in. Also for food, we would always have to prep the food and then the chefs would cook it... I remember we were just peeling carrots and chopping them. You're just so much more aware. When you see [the food] for dinner, you're like, oh my gosh, I did that." "[At The Mountain School], we

were allowed and, in many cases, encouraged, to make what we wanted in the kitchen pretty much whenever we want or whenever we were available. I don't think anybody is allowed to enter any of the kitchens at Andover, and I think that something that I've heard since my [Junior] year is that we don't have enough opportunities to build practical skills like baking. Baking Club, for instance, can't access our kitchens, which is definitely a hindrance," said Stern.

Qiao and Stern also experienced a form of freedom that they described as being remarkably different from Andover. According to both students, the entire student community at the Mountain School was involved in running the school and making decisions, something more difficult for a school like Andover, with around 1,200 students,

to implement. Stern said, "Coming back to Andover, the level of restriction on us

was something I found. The rigidity of the system on a large scale was something that kind of struck me. Again, this may be a product of trying to manage 1,000 students instead of less than 50, but our inability to do certain things at this school that I was able to do there in what is, in every way, a much more dangerous environment, is something that struck me."

In order to follow The Mountain School's academic schedule, Stern and Qiao spent all of Fall Term at Andover and then left halfway through Winter Term. Without having finished their classes Winter Term, they did not receive final Winter Term grades on their transcripts.

"I basically had a term in which I could take whatever I wanted and have no grades for it, which was actually one of the more interesting experiences of the whole thing. Such as, 'How do you apply yourself when you're not doing it for a grade, you're just doing it because you want to?' I found that I was able to do more of what I wanted to be able to. I still worked in my classes, it was still an interesting and fun experience, but I wasn't

dying over homework," said Stern. At first, Qiao was hesitant to go to The Mountain School in case the program affected her studies, but she quickly realized that this

wouldn't be a problem.

"They help you with all the college counseling stuff, so you don't have to worry about falling behind or anything. The teachers are amazing there, they really challenge you. I wouldn't say that it was a lot easier compared to Andover. You're still being challenged, just in different ways. You'll think differently, you'll do applications of what you're learning," said Qiao.

Stern and Qiao both agreed that the rural setting provided much time for self reflection. They described being able to take time out of their busy days to pause and take a break from thinking. This mindful practice helped them deal with the stresses of being at The Mountain School, and continues to help them at Andover.

Qiao said, "Being at Andover you're always so strung up and you're always working and there's never a time where you can just stop and take a second. But I think it is important to just clear your mind. Before going to the Mountain School, I don't think that's something I ever did... Stress is fine but make sure you take the time, even for a minute, to just stop thinking and appreciate everything you have know that everything you're doing is gonna be worth it."

# T.U.B. BEEN PRETTY QUIET RECENTLY... HIGHLY SUSPICIOUS

# Dean's Team Reunites With Off-Campus Satellite Office To Reflect on Gratitude

#### **STAFF**

nifer Elliott '94, Dean of in the fire pits." Students and Residential commemorate the trip's administrative his account:

each year are too short, of Students.

it's been a long while since

their tenth annual depart- time as colleagues as Elfaces as they caught up Dean of Students Office, I tan in the flogging fields. with old friends and cries found old photographs of echoed out, both from the the Empathy and Balance Mallick, Director of Adreunion scene and from team the two co-directed mission Operations, could the pool of eternal de- in a matching set of ironed be seen corralling Belial, spair below. Beelzebub jean jackets (from left to Andover Class of 1826, '94, Lord of Flies and Rul- right): Aeshma, Emperor Judge of the Accursed er of the Underworld said of Wrath P'21, Astaroth, and God of Pain, and Jerin an interview, "Yeah, it's Great Duke of Hell GP '19, ry Thomas '14, Intern, sad, we just don't get to and Mr. Rajesh Mundra for an Instagram photo: see this bunch that much P'18 P'20, Instructor in Bi- #NumbersAfterNames! anymore. The meetings ology and Associate Dean

As the weekend's pro-I've had a solid talk with gramming began, I got a Jen [Elliott]." Wiping a brief glimpse of the ini-Knocking thrice on the tear away, Mr. Lord of the tial meetings. Addresswood of the 300-year-old Flies recounted stories of ing a circled crowd of elm tree to reveal an en- his old classmate—who he colleagues, old, current, tryway lit by the eternal described as a "good old and ancient, Dean Elliott fires of the damned, Jen- chum," and, "always tough began her speech with a question: "What are you After they graduated thankful for?" For a brief Life, led the Dean's Circle together, Elliott and King moment, the only noise into the underworld for of Darkness spent a brief in the room was the eternal wail of the cursed and ment bonding retreat. To liott began her Andover broken. Then, from the career crowd, a timid hand rose, anniversary, Elliott invit- painstakingly crafting the and Amaymom, Prince of ed a reporter from The EBI curriculum in the Lies '04 volunteered, "I'm Phillipian to join. Here is off-campus hell office. thankful for my mom," Digging through a pile of to a group of smirks and As we entered the archives which smelled of snickers that were met gates of hell, smiles sulfur and broken dreams, with cruel and swift punspread across the deans' much like the current ishment at the hand of Sa-

At press time, Vivien.

## THE WEEK'S TOP HEADLINES

- Teaching Fellow Resigns Immediately After Chaperoning Saturday's Glow Dance
- Freshman Stopped by PAPS for Walking Bike Without the Proper Reflective Vest
- Where Did the Animal Behavior Chicks Go?
- Return of Nugget Night, Courtesy Of The Biology Department
- Commons Decides to Get Funky, Adds Pesto To Pasta Monday
- Spotify Releases Student Listening Habits: You Doing Okay, PKN?

'No bro, you don't start emails with 'sup dog', use 'broseph'"

"Need me some sweet, soothing cashmere."

"Crunchy leaves are scientifically proven to incite targeted violence."

# Classifieds For The Lovelorn...

Andover can be a lonely place, and it's not always easy to meet new people. So every week, we highlight one real, actual student who is on this campus and looking for love (serious relationships only — we don't advertise hook-ups). If interested in putting your name here, email abernhard@andover.edu.

#### SOME COOL FACTS ABOUT ME!

- Always plug the USB cord in the right way the FIRST time.
- Won a razor scooter at the YMCA in a Soulja Boy danceoff contest in first grade.
- I still ride it frequently.

#### JCAICO@ANDOVER.EDU

DEALBREAKER(S): Monogamy.

**IDEAL DATE SPOT** Pingree.



**JO CAICO '19** LOOKING FOR A VARSITY ATHLETE (PREFERABLY FOOT-**BALL QB AND PLAYS LACROSSE) OPTIMAL AT HITTING DEM FOLKS** AT ANY GIVEN TIME.

"My teacher just gave me a dog treat for getting an answer right in class."

"All's S'well that ends S'well"

"Someone **has** eaten my soup!"

# mazonwi

# eighthpageedition

- Oscillating fans (For Alex's night sweats).
- Sea Monkeys (science experiment).
- A screaming camel figurine.
- · Just one Thanksgiving dinner that isn't ruined by Aunt Susan.
- A relic for our new site of pilgrimage.
- Healthy Hoof sparkle, shimmer, and shine cream.

# CLUSTER HOROSCOPES

# PKN

I wish I could make an accurate prediction of better lottery numbers for you all next year, but my vision is being blocked by trees. Hundreds of them. A whole sanctuary of trees socially isolating you from the rest of the school. Well, that's the price you pay for oxygen-enriched air I guess.

Bancroft has positive messages written in chalk outside their entrance, Yukon is making his rounds, and freshmen are playing basketball outside of Bishop, but something isn't quite right... Just remember, when the sun is out on the Great Lawn, we're only moments away from a vistaclipse. Stay vigilant. Stay suspicious.

A rising Palfrey in the horizon is setting you up perfectly for an empathetically balanced weekend. See the squirrel? Be the squirrel. But not too much! Balance the empathy — be kind of the squirrel. You hear what I'm saying? If I have to explain, you'll never understand. Just think about that this Pasta Monday.

Knowledge without goodness may be dangerous and goodness without knowledge may be feeble, but to lack both makes you a total fool. This week, when you hear your dorm mate trying to argue that "the walk is worth it," do not be a fool. Know that it is not and have the goodness in your heart to let your friends in Pine Knoll take the W for once.



Feeling on edge, Flagstaff? If so, it's the effects of the deans' retrograde, which will last until the next DC meeting east of the belltower. Sit tight! On the bright side, you'll be especially prone to "check-ins" and "casual" meetings in Upper Left, making the next week or so a perfect time to connect with faculty and improve the chances of your math teacher "forgetting" to issue you a cut.



# The Phillipian SPORTS



**Volume CXLI | Number 18** 

**September 28, 2018** 

#### **GIRLSVOLLEYBALL**

# Girls Volleyball Secures 3-1 Win Against Loomis

Andover	3
Loomis	1

#### LILLIE COOPER

Chioma Ugwonali '20 jumped up in front of the net to block her opponent's spike, sending the ball flying to the other side of the court and building momentum for Andover Girls Volleyball in its fourth set against Loomis Chaffee on Saturday. This play carried Andover to a decisive 3-1 victory. The team's record now stands 2-1-1.

After losing its first set, Andover persevered and came back in each remaining set of the game in order to defeat the notoriously challenging Loomis team, according to Brooklyn Wirt '21.

Wirt said, "Loomis is always a difficult team to play. For the last two years against Loomis we've gone to five sets, and this year we closely lost the first set, 27-29. In the second set we went down by a lot but ended up coming back to win. The next set we also came back and won, to win two sets in a row. In the third set we were down again in the beginning, and at the end were down by five points, but we came back to win the whole thing 25-21 which was exciting."

In the week leading up to the match, Andover received the opportunity to work in practice with Brazilian beach volleyball player and Olympic medalist Mônica Rodrigues. According to Violet Enes '21, Rodrigues' expertise helped Andover to elevate its level of play before the match against Loomis.

"[On Saturday,] our team did a really good job of supporting each other, even when the energy was low. We were dynamic and connected on the court. I really want to highlight Ms. Rodrigues, our visitor coach who

is an Olympic silver medalist in beach volleyball. Our play has been heightened to a whole other level, thanks to her," said

According to Captain Serena Liu '19, the team's improvement in communication, defensive play, and technical execution all contributed to its win against Loomis.

"What we improved on during this game was the team chemistry that we had on the court. We moved well together as a team up behind the hitter as they hit, picking up a lot more blocks that came back and manipulating our defense to pick up balls that usually may have hit the back corner. We also had a lot less service errors or little things that would accumulate over time, which happened a lot our first few games, so there were more balls we were able to put over the net instead of into the net," said Liu.

Saturday, Andover demonstrated its growth so far this season, as the team connected on all aspects of play that the team was lacking in previous games, according to Sarah Chen '21.

Chen said, "Two games ago, when we played Taft, we pushed really hard but lost because the quality of our playing wasn't up to scratch. At our last game, the scrimmage against Central Catholic, our team was very technically strong, but we lacked the drive. During this game against Loomis, we were able to bring both our motivation and our technical execution together. Also, defense did a great job of covering the block. I think we work well together and are able to push each other. In the last set, we were able to take a breath and collect ourselves before push-

ing through to get the win."
In addition to Andover's overall strong team play, the match featured a standout performance from Ugwonali, according to Liu.

"[Ugwonali] was awesome. I'm so amazed every time by the level [of] improvement that I've seen from her last year to this year, and especially she's a force up in the net. There was a really strong middle hitter on the Loomis team, but Chioma was able to get around the blocks and spike it right down into their court. She was a great defensive player up in the net

by blocking most of the hitter's balls on the other side," said

Despite its success against Loomis, Andover seeks to continue to advance and refine its play, specifically in its consistency and serving, according to

Wirt said, "For games in the future, I think that our team is still really working on improving our consistency in both our serving and our serve receiving, because that was one of our main weaknesses during that whole game. It's something we can always make better."

Andover will face Rivers at home next Wednesday.

Editor's Note: Sarah Chen '21 is an Associate Digital Editor for The Phillipian.



R.PREM/THE PHILLIPIAN

Cassidy Musco '19 is one of Andover's most consistant servers, with 7 points scored against Central Catholic during the team's September 18 game.

#### BOYSWATERPOLO

## Water Polo Breaks Exeter's Seven-Year Winning Streak

Andover	12
Exeter	7
Andover	9
Deerfield	12
Andover	21
Canterbury	6

#### **CHELSEA CHO**

Andover Boys Water Polo's defense shone in its win over Canterbury on Saturday. During the second half, the team's defense stayed strong and only allowed one goal. The team beat Canterbury 21-6 following a 9-12 loss against Deerfield. On the previous Thursday, the team secured a 12-7 victory against Phillips Exeter Academy. The team's record now stands at 3-2.

Against Exeter, defense was the team's primary focus, according to Co-Captain Neil Simpson

Simpson wrote in an email to *The Phillipian*, "We did well [in limiting Exeter's] number of scoring chances. We did our best to scramble their circuits and make plays on defense."

Against Deerfield, the team's level of play dropped in the second quarter of the game, according to Beckett McKee '22.

In an email to The Phillipian, McKee wrote, "The Deerfield game was close at the beginning, as [we] had an electric start going up 3-0 in the first three minutes. However, [Deerfield] outscored us in the second quarter going up by three goals, a deficit we never came back from, [and we lost] 12-

According to Arnold Su '20, Deerfield had one talented player who posed a great challenge to the team and put Deerfield in the lead. Despite the challenge, the team rose to the occasion and

worked to maintain a close score, according to McKee.

McKee said, "Our goalie [Theo Faugeres '21] did an amazing job in the net, saving many of what seemed like unstoppable goals. One particular play that was amazing was [when] Deerfield's star player had the ball and was [one-on-one] with the goalie, Theo, and he managed to save the ball and stop them from scoring."

Despite its loss against Deerfield, the team only allowed Canterbury to score one goal in the second half of the team's second game. After the first half, Andover led 7-5. The final score was

While the team was fast and able to secure many shooting opportunities, it still looks to improve its shot placement. The team also looks to improve on its communication and maintaining momentum throughout the game, according to McKee and

McKee said, "Again, as a team, we are still working on communicating with each other and shot selection. I think if we get those skills improved, we are looking at

an electric season."
Su said, "We can improve our electric potential. We need to keep up our... momentum all throughout the game and not let the other team get the... upper hand. Instead [we need to] have the [upper] hand which we will use to [dominate our opponent]."

According to Simpson, the team will continue to work on staying calm and focused throughout the game in order to avoid unexpected attacks.

Simpson said, "As [Head Coach David Fox] emphasized recently, we need to work on maintaining the status quo throughout the entirety of games to avoid unpleasant shocks. We can't let the electricity of the game get to us and must strive to be level-head-

The team will face Williston Northampton, Hotchkiss, and Lawrenceville away in a triple header this Saturday.

#### FOOTBALL

## Andover Defeats Loomis 37-13 in Season Opener

Andover	37
Loomis	13
SHREE MENON	_

With four touchdowns, including a pick-six, Sal Lupoli '19 led Andover Football to a 37-13 victory over Loomis Chaffee on Saturday. Andover scored a total of five touchdowns during the game, including an onside kick return from Troy Pollock

Leading up to the game, Andover focused not only on improving its physical play, but also on its mental preparation through reviewing game tapes, according to Jacques Kuno '20.

Kuno said, "We did a lot of film study, starting at the beginning of the week, and would focus on every little detail, especially what our defense needs to be... It certainly paid off as a lot of us on defense had big plays throughout the game."

Andover has seen significant growth in its overall team play since coming to campus for preseason, largely due to the team's strengthened bonds and sense of unity, according to Nicholas Thomas '21 and Graham Archer '21.

Thomas wrote in an email to The Phillipian, "We improved a lot from the moment we got [on campus] to now. None of us really knew each other well; [we] didn't have the type of bond that we have now. Now we're all like brothers — a big family so we got each other's back no matter what."

Archer added, "I feel like we have significantly improved on our 'mesh,' so to speak. What I mean by that is we are able to work better together as a team and work more smoothly. Before in our scrimmages when we first started out, we only had a couple weeks of experience playing together. It was difficult because people were still getting switched around in positions and we weren't sure every little detail and where to go, what to do; where to be. But at this point I feel like that's what we improved on the greatest, is everyone understanding their individual job to help the team."

Ĉo-Captain Andrew Mazzone '19 also stressed the vital role of clear communication, teamwork, and preparation in the team's ability to execute plays on both offense and de-

Mazzone wrote in an email to The Phillipian, "Communication is a big part of our improvement. Having everyone on the same page is key to winning as a team. Also, just learning the plays on offense or the moves/coverages on defense made sure our plays were almost perfect."

Andover's Co-Captains Mazzone, Will Litton '19, and Michael Thompson '20 played a large part in mobilizing the team for success on Saturday, according to Thomas.

Thomas said, "Our captains [were] the reason we all got hyped at the beginning of the game... why we had such a great start. They brought the energy as soon as the coin toss happened — the energy we needed to succeed]."

Lupoli also emphasized how Andover's captains have motivated the team for success through their energy and am-

Lupoli wrote, "Our captains are three great leaders and I know they are the best in the Nepsac league. [Litton] is a true leader and he knows how to rally the troops, and he is a technician. [Thompson] gets the guys fired up and he is a silent assassin and makes outstanding plays on the field. [Mazzone] is an incredibly hard working dude and just a guy you want to go to battle with. Overall I wouldn't want to play under any other captains.'

In preparation for its home opener against Salisbury this Saturday, Andover will continue to focus on preparation through film and play refinement, according to Mazzone.

Mazzone wrote, "Watching film, making sure our reads for the plays are perfect, while also keeping everyone else in check will help us. Salisbury is a big team so we need to be clean with everything."



C.WAGGONER/THE PHILLIPIAN

Co-Captain Michael Thompson '20 (left) plays quarterback for Andover.

#### BOYSSOCCER

# Athlete of the Week **David Wang '20 Translates Eight Years Of Experience Onto Andover Fields**

#### TULIO MARCHETTI



S.BAHNASY/THE PHILLIPIAN David Wang '20 cites David Beck-

ham as a major inspiration.

Equipped with over eight years of experience, David Wang '20, a new Upper from Chap-el Hill, N.C., has brought newfound strength to Andover Boys Soccer's midfield this season. In addition to his natural athletic ability, Wang has integrated well into the team with his likeable

personality, affable nature, and relentless work ethic, according to Alan Fang '21 and Neel Desai

Fang said, "David Wang is a great player and always tries to improve those around him. He gives his best at every practice and is always trying to get better. His attitude and character both on and off the field is something that the team should cher-

"[Wang is] always trying hard in games and it really inspires the team. He's pretty funny, which keeps team morale up, and it has been a lot of fun to play with him this year," added

Due to his athleticism and character both on and off the field, Wang has been recognized as The Phillipian's Athlete of the Week.

#### What brought you to love the sport of soccer?

"I started to love the sport of soccer when I first started playing with my family in the backyard. I remember my parents would set up cones on the lawn, and they would play with my brothers and me for hours

#### Are there any people that made you love soccer?

"I had a bunch of soccer role models when I was growing up, but my favorite player to watch was probably David Beckham, not only because we have the same name. I idolized him because of the way he would dribble and pass and also shoot during dead ball situations. I wanted to 'Bend it like Beck-

#### How did you hear about **Andover Soccer?**

"I heard about Andover Soccer when I was applying to the school. Andover Soccer is a terrific program with great coaches and competitive players. I really enjoy the atmosphere ev-

eryday during practice with the boys. I have a lot of fun."

#### What is your role on the

"I am the starting holding midfielder for the soccer team. My job on defense is to prevent the opposition's forwards from getting the ball and providing a defensive anchor — winning headers and intercepting passes. My job on offense is to receive the ball from the back and distribute it to the forwards. I'm the link that connects the defense to offense and the other midfielders."

#### What are your thoughts on the current team?

"Even though our record might not tell it, I believe our team is very strong. We have lots of potential as a team. We just need to practice more and build up more chemistry. I really believe the games against Loomis [Chaffee] and Northwood would have turned out differently if we played to the best of our abilities. Our game against Milton was no fluke."

#### What motivates you to work hard during practices and games?

'What motivates me to work harder during the practices and games is the idea of getting bet-

#### What are some of your personal goals for this season?

"My personal goal this season is to have at least five goals this season — it's pretty difficult to score as the holding mid."

#### What are you excited about this season?

"I am excited about playing games this season and also the playoffs. I really believe in our team and think we can go far into the playoffs and win the whole thing.

## Captain Feature

# Max Levi '19 Continues to Contribute on Field Despite Injury

#### **HANNAH ZHANG**



S.BAHNASY/THE PHILLIPIAN Co-Captain Max Levi '19 fosters culture of positivity and improvement, according to teammates.

Hailing from Wilton, Conn., Co-Captain Max Levi '19 picked up soccer at the age of five. Having played for Beachside Soccer Club for over six years prior to enrolling at Andover his Lower year, Levi walked onto Andover Boys Soccer as the team's starting goalie.

Unlike most athletes, Levi excels both as a goalie and a field player, according to teammates Kion Young '20 and Lucas Stowe '20. Despite Levi's recent hand injury - which

resulted in seven stitches in his left hand – preventing him from playing goalie, his diverse skill set allowed him to translate his success in net onto the field as a defender.

Young said, "As a goalie, [Levi is] easily one of the best goalkeepers I've known. Technically, he's really good. But I think the biggest thing about him is his ability to use his feet. Most goalkeepers can't use their feet as well as field players, but he's easily as good as the field players.'

"As our coach has said many times before, [Levi] is one of the best goalies in the league, and by far the best goalie with his feet, which gives us a support system we can pass back to and know he's not going to screw it up. He's very good at playing as a field player," said Stowe, "Right now he's injured. and he actually can't play goal. He's so good with his feet that he's playing center defensive position right now for our team. He's still finding ways to contribute even while he's injured and can't play his natural

Isaac Hershenson '20 added, "[Levi] has played well as a goalie but, even more impressively, when he injured his hand

and was held out of goalkeeping duties, Max has stepped up as a great defender for the team and done so willingly as only great captains could."

Alongside his noteworthy footwork and natural athleticism, Levi leads the team with powerful communication whether it be in games or during practice. According to Levi, as goalkeeper he must be the loudest person on the field as his role necessitates him to help coordinate the rest of the team by telling the players how to position themselves and how to track the opposition's offensive players.

"He's loud. On the field he'll be one of the loudest you'll hear. He's always encouraging people and never gets on them when they make a mistake. That really helps out the team because people need that, especially new people. They get nervous when they play, and they need someone to just support them, and Max is there for them. It was the same way for me when I came on to the team," said Young.

Levi's role as a captain, however, goes beyond his physical talents; with a vibrant and caring personality, he fosters a positive atmosphere within the team and only looks to see his teammates improve, according to Young, Stowe, and David O'Brien '21.

"Max is just a naturally great leader because he's always energetic, always positive, always trying to help out the team in his own way. Even when people mess up or make a mistake, he's always the type of guy to be helping them up. He's always telling them to keep on going. He's a very charismatic leader, said Young.

O'Brien added, "He's very good at getting us locked in and ready to go during games and even during practices. He just gets us all focused when we need it the most. I'd say he's a great leader. He's supportive. He's loud on the field. He's definitely a presence, and you'll definitely know he's there."

Stowe said. "Max is basi ly our team spokesperson. He's like a third coach to us. He's really good at motivating everyone especially before games, or even just during practice. He's good at getting everyone together and making sure everyone's working hard, holding you accountable for every-

According to Stowe, a new addition to Andover Soccer. Levi has helped him and the other new members of the team

Stowe said, "I am a first-year player, and he did a great job especially in the beginning of the year of welcoming me in and teaching me how the team works, how the program works, and stuff like that. Max is a really good captain and also a really good friend. He's also very good especially with supporting the younger kids on the team, and everyone knows if they have a problem they can turn to Max."

Connor Ding '20 said, "[Levi's] biggest strength [as a captain is that he can connect with every member of the team, and he finds ways to get everyone motivated for practices and games. He is also very good at communicating on the field which allows him to help organize our team defensively."

Levi says he hopes that the team will be able to secure a high enough position at the end of the season in order to have a home game in the playoffs.

Editor's Note: Max Levi is a Layout Editor for The Phillipi-

# Captain Feature

# Henry Rogers '19 Projects a Genuine Love of the Game

#### **ABBY RYAN**



C.WAGGONER/THE PHILLIPIAN

Henry Rogers '19 was elected Co-Captain after only one year on the team.

Andover Boys Co-Captain Henry Rogers '19 strives to impart his love for soccer onto each of his teammates to establish a hospitable atmosphere in which every member of the team feels at

"I love all the [guys] on the team. I always try and make the practices and all the time we have together as a team as much as a positive and good time as possible. At the end of the day. we're playing soccer, but it's because we all love the game and we love the people we're playing with. There's no point in going out there and playing our games and doing practices if we're all miserable, so just trying to make practice a place where people feel comfortable and people are having fun and

playing the game that they love in a non-toxic environment. That's something [Co-Captain Max Levi '19] and I have tried to implement: having a place where we feel like a family," said Rogers.

Rogers has been a member of Andover's soccer program since his Junior year, playing in JV2 and JV during his Junior and Lower years respectively. Outside of Andover, he played club soccer in hopes of making the team his Upper year. Rogers not only made the varsity team his Upper year but was also a starting player by his fifth game.

"Getting elected by my teammates as captain after only being on the team for one year was a huge honor for me. I love the team. I wanted to be on the team as bad as anything for two years, and finally being on it and being able to lead it was a huge thing for me. To finally get there and be able to lead a bunch of guys that I love like brothers that's pretty awesome," said

Rogers's genuine passion for the game has been evident throughout his time at Andover and regardless of what team he is on, according to Charlie Mur-

phy '19.

"I have known Henry since when we first tried out for the team together, and since his first day, he has had a great attitude towards soccer. He is a very disciplined soccer player and is also a very good leader on and off the field," wrote Murphy in an email to

The Phillipian.

Alongside Levi, Rogers emphasizes the importance of each and every member of the team to the team's success as a whole, according to Murphy.

"As Captain this season, he has worked with Max... to make sure the team stays motivated and focused. With many new players making the team this year, Henry has done a very good job of making sure evervone feels like they are important to our team's success,' said Murphy. "During drills he constantly claps for people when they do something well, and he always sets the tone for each workout. Outside of drills he makes sure we always stay focused on our next game, preventing us from getting distracted during practice."

Rogers best attribute is the friendly and welcoming attitude he extends towards every member of the team, according to Ethan Hong '22.

Hong wrote in an email to The Phillipian, "For me, Henry is probably the nicest kid I've ever met. He came up to me on the first day of Team Prep, and introduced himself and welcomed me to Andover. He's a great kid and a great leader. He's always being the bigger person, helping everyone, and an all around great team player."

Rogers is also known by his teammates for his willingness to put everything on the line for his team and constant hard work, according to Rolando

hard worker and such a genu-

Rabines '19. Rabines said, "He's such a inely honest, loyal guy, and he's going to do whatever is best for the team, whether that be midfield or center back... He lays his body on the line and gives his all every single game, which I appreciate, the coaches appreciate, everyone on the team really appreciates it. He helps lead the way and helps form this team culture that everyone's buying into, a hardworking, defensive mentality for our team."

Rogers exhibited signs of leadership even before making the varsity team, making him a perfect fit for Co-Captain, according to Kion Young '20.

Young said, "He made the team the same year as I did. After that, he started showing signs of leadership, telling [us] to focus when we needed to focus. He was being a leader, which I did see on JV1, but then he showed up on varsity and he got the captainship, rightfully so, and he's changed so much. I feel like when I first met him he was just this funny guy, and now he's a funny leader. He's there for everyone."

Rogers's game knowledge is crucial to the team's success, especially against more physically dominant teams in the league,

according to Rabines and David O'Brien '21. "He's a smart player. He helps organize the defense, and he puts himself in good spots to make plays. We're essentially playing against very athletic people going to play college soccer, Division I and Division

III, and the forwards are fast,

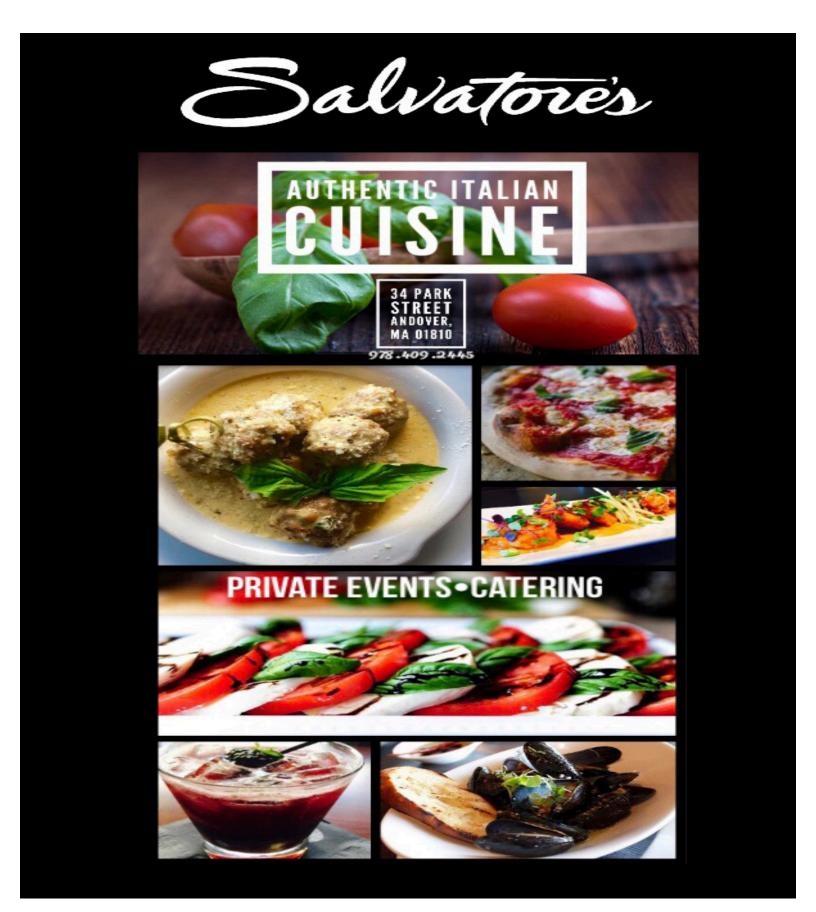
and a lot of teams are more ath-

letic than us, so we have to outsmart them," said Rabines.

O'Brien said, "As a player, he's very physical and pretty dominant in the back, so he can help us to control games when they might be frantic otherwise. It is helpful for the rest of the team to know that we don't have to worry about getting beaten in the back or losing it. I played left back in our last Loomis [Chafee] game, and before then I had never played left back, so I was on his side. So it was just helpful whenever I was on defense whether to shift in or go out and press, and when I was on offense I knew what I was doing mostly because of him." According to Rogers, he

strives to embody the qualities of last year's captains and hopes to facilitate a supportive team dynamic at every game and practice.

Rogers said, "Will Raphael ['18] was our captain last year, and he was absolutely tenacious and would go to every ball as hard as he could. He just wanted it more than anyone else on the field. His effort and his tenacity is something that I try as hard as I can to mirror on a daily basis. I don't think I'll reach his level of those skills, but I try and make some sort of semblance with that. Also, Morgan Cutts ['18] was the other captain last year, and he had a very calm and collective way of conducting himself that I've also tried to mirror, just keeping that composure and not getting lost in the moment."





# 2 GUYS. 2 COASTS. 2 RESTAURANTS IN ONE.

#### MIKE & FRANCO HAD A VISION

To bring Southern California to the East Coast.

Break your brain double wrapped tacos. Secret salsa recipes handed down from Mom & 'Abuelita.'

#### BY DAY

"BUENO" invites you to family friendly, fast lunch with a smile - Tacos & Burritos made to order with the very freshest of ingredients.

#### **BY NIGHT**

"MALO" invites you to date night or gathering with friends. Dine on sharing plates and get cozy.

# TIME FOR BOSTON TO GET A LITTLE BAJA.

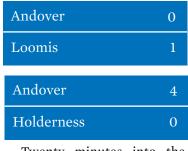
OPEN MONDAY THRU SATURDAY LUNCH & DINNER OPEN LATE!

93 MAIN STREET INTERIOR COURTYARD DOWNTOWN ANDOVER

978-409-2119 buenomalo.com

### Andover Loses to Loomis Chaffee, **Defeats Holdnerness**

#### PHOEBE BICKS



Twenty minutes into the first half of the Boys Varsity Soccer game against Holderness, Rolando Rabines '19 passed the ball through the two center defenders to Will Godbout '20, who took one touch towards the goal and shot the ball through the goalie's legs and into the back of the net, scoring Andover's first goal. Godbout went on to score a hat trick, contributing to Andover's 4-0 home win on Wednesday.

The previous Friday, Andover suffered a 1-0 loss against defending Class A champion Loomis Chaffee. The team traveled to Loomis again on Sunday to scrimmage Northwood.

In order to achieve success against Holderness, Andover focused on possession, passing, and playing as a single unit, according to Tulio Marchetti '21 and Godbout.

Marchetti wrote in an email to The Phillipian, "We implemented a more possession-based approach [against Holderness], and it worked very well. Although our opponents were not the best, it was a good game to begin that style of play... [After the] first half, it was only 1-0, which did not reflect our domination in the game, so we worked harder during the second half, and played faster to secure another [three] goals... As a team... we connected a lot of passes. We played [one or two] touches, and moved the ball up the field fast... Next game will be a lot harder, so as a team we will play faster and try to win every

"The difference in this game for our team was the fact that we played as a connected team. For the first couple games of the season our defense seemed somewhat disconnected from our offense and vise versa. Our passing was also much better than it had been in past games. All of that combined with our defense shutting down their offense and our midfield maintaining possession helped us a lot," added Godbout.

Despite falling to Loomis last Friday, the team was able to hold them to just one goal. According to Head Coach Edwin Escobar, Andover was outmatched by Northwood, but the match provided a good learning opportunity for the

Escobar said, "We were happy to play [Northwood], but they are at the level where the majority of their players are looking to play professionally. They had a roster full of a lot of international players, and while the result was [a loss], we had our chances to put ourselves on the board. We learned that a lot of things we are doing in practice are very much what they are doing in the game in terms of moving into space, passing the ball quickly, [and] supporting one another on and off the field."

Due to the team's goalie, Co-Captain Max Levi '19, becoming injured and needing seven stitches in his left hand, he moved from goalie to starting center back. Levi impacted the team immensely this past weekend in bringing his value to the field, according to Esco-

"Max Levi... was our goalie and is now playing center back for us. I don't think he's ever played center back in his life before, and because of an injury in his hand he can no longer be in the goal. He is too valuable of a player for us to not have on the field so we sort of played around with the idea of having him on the field, and he's our starting center back and it's amazing," said Coach Escobar.

Coach Escobar continued, "Against Loomis [Levi] was playing against Michael Suski who is arguably one of the best high school forwards in the country, and he was able to defend him for the majority of the game and keep him off the score sheet."

Although Andover conceded five goals this weekend, its defense was especially strong with Kion Young '20 saving as many balls as possible, according to Ethan Hong '22 and Escobar.

Escobar said, "[Young], our Upper goalie, who played in place of [Levi], has been amazing. Against Northwood he was absolutely unbelievable. Against a team like that, they had several chances and Kion made some incredible saves that really made the game close. So he has been absolutely sensational for stepping in for Max in goal."

This weekend, it was evident that the team is becoming a "90 minute team," according to Coach Escobar, with their fitness improving since pre-season.

Coach Escobar said, "In the first couple of games [of the season] we were up 1-0 and would end losing 2-1 or 3-1 because we weren't able to play for 90 minutes. Our fitness just wasn't where it needed to be for us to compete for a full 90 minutes. I think today we are in a better place, although we have some players that are injured I think as a team we are able to be on the field and compete for longer periods of

Andover Boys Soccer will face Taft at home this Satur-

Editor's Note: Max Levi is a Layout Editor for The Phillip-

D.ZHU/THE PHILLIPIAN

Rolando Rabines '19 scored Andover's second goal against Holderness on Wednesday.

# **Head Coach Feature**

# **Edwin Escobar Brings European Game Strategy** to Andover

**ABBY RYAN** 



D.ZHU/THE PHILLIPIAN

Escobar works to form lasting connections with each player.

Andover Boys Soccer Head Coach Edwin Escobar was first introduced to the game of soccer by his father while growing up in Venezuela, and he went on to coach at both the varsity and JV levels at Tabor before coming to Andover.

In his second year at Andover, Coach Escobar centers his leadership around extending his own passion for the game to his players.

"I learned from my good friend... Kevin Graber [Senior Assistant Director of Admissions] and very quickly as a coach... [that] you have to show your players that you genuinely care, because if you show them that you care, then you are going to get good results on the field," said Coach Escobar.

The team especially appreciates Coach Escobar for the lasting partnerships and candid communication he engages in with his players, according to Lucas Stowe '20 and Co-Captain Henry Rogers '19.

Stowe wrote in an email to The Phillipian, "Coach [Escobar] is different than all other coaches I've ever had. He is the definition of a player's coach. You can tell that he cares deeply for every player on his team like we were his own children. He gets on us, but it's only because he cares and wants success for everyone. He frequently meets with players on a one-on-one basis, and this helps for individual feedback."

Rogers said, "He's a really easy coach to work with as a captain, [when] trying to be a liaison with the coaches and the players... He's really open with his players, and he tells the entire team, but specifically [Co-Captain Max Levi '19] and I, what he's thinking. He really values our input about decisions he makes, and decisions for the better of the team. He's the coach, and he really has the final say, but he really values what the people on the team think and the way our players respond to certain things."

Coach Escobar's European game strategy, based around technique and passing rather than speed and strength, is unusual for an American team, according to Daniel Cho '21. Coach Escobar spent time in Spain last summer at a coaching seminar focused on learning the new game strategy.

Cho wrote in an email to The Phillipian, "Most of the training that we do is based around the principle of keeping possession of the ball by passing around, so that the other team ultimately tires out. As a fairly new coach, [Coach] Escobar is trying to build a soccer program that mirrors that of European and Spanish soccer, as opposed to the notorious "kick-and-run" soccer that American varsity soccer is often known for. That means that Escobar is building a very technically skilled team that focuses on breaking down the opposition through skills and passes, rather than speed and muscle."

Escobar's practices usually contain passing, game-scenario drills, practice on the team's weak points, according to David O'Brien '21.

"We often start out with a passing drill, like a rondo [a player attempts to steal the ball from a ring of players surrounding him], then we'll often get into some positional stuff where we play possession, and then in the end, if we're lucky, we'll get to scrimmage and get some in-game practice. We try to be a passing team, even though it can be hard at times, and always working on keeping our composure and keeping cool under pressure is important, and it translates into games," said O'Brien.

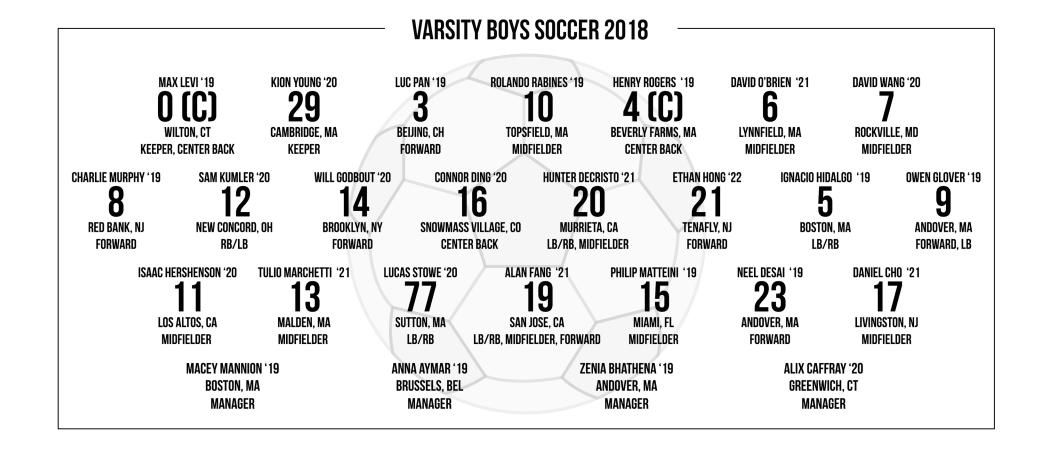
Escobar's constant encouragement, despite the outcome of a game or practice, is also one of his distinctive qualities, according to Kion Young '20 and Ethan Hong '22.

"After a game — whether we win, lose, or tie — he always is encouraging us and telling us to focus on the next one. If we lose, he focuses on really specific things we need to work on as a team, like passing, foot skills, long balls: very specific things that we'll do the next practice. He just keeps up the encouragement. He's never negative. He never gets mad at anyone, and that's one of my favorite things about him," said Young.

Hong wrote in an email to The Phillipian, "He pushes us during training a lot by inspiring us, not by yelling or instilling fear in us like a lot of other coaches do. He wants us to be great and successful, and encourages and supports us everyday, and we take that to the heart when we practice.'

According to Coach Escobar, it is important to him that his players learn from their mistakes in order to improve their game.

"We look at mistakes as an opportunity for us to get better at something. We don't want to focus too much on the things we do wrong on the field to criticize one another. Rather, we look at those things, like I said, as an opportunity for us to learn from them. We build off of that. That's the only way vou really develop as a player, is by working on the things you know you need to work on," said Escobar.



#### GIRLSCROSSCOUNTRY

# Girls Cross Country Places 7th of 11 Teams At 50th Annual Codfish Bowl



J.BUEHLER/THE PHILLIPIAN

Hailing from Trumansburg, N.Y., Molly MacQueen '21 finished first for Andover on Saturday.

#### LILLIE COOPER

Molly MacQueen '21 led Andover Girls Cross Country with a fifth place finish out of 140 total runners with a time of 19:36 minutes at the 50th annual Women's 5K Codfish Bowl in Franklin Park, Boston on Saturday. The team finished with an average time of 21:07.8 minutes, placing seventh out of 11 teams, including nine colleges, with a total score of 153 points. Phillips Exeter Academy also ran, finishing in third with a score of 110 points.

Rounding out Andover's top seven were Alisa Creuger-Cain '20 in 25th place; Lindsay Rosenberg '19 in 40th place with a time of 21:29 minutes; Marguerite Montagner '21 in 49th place with a time of 21:47 minutes; Abby Ryan '21 in 51st place, with a time of 21:53 minutes, Tessa Conrardy '20, in her first cross country race ever, in 53rd place with a time of 21:54 minutes; and Brooke Sanders '19, in 73rd place with a time of 22:35 minutes

Captain Rhea Chandran '19 said, "[The] race wasn't a traditional race, in the sense that we didn't race a bunch of other prep schools. It was Codfish, so a lot of college teams were there, but we all finished really strong. All of our runners finished the race, which is really exciting, and it was just a fun race to get out there. Codfish is always super exciting because it's

one of our early races, and it's not about the competition, it's about the fun of running."

the fun of running."

Despite a challenging course including a narrow first quarter-mile, hill workouts had prepared the team well for the race, according to Chandran and Montagner.

Chandran said, "We did a lot of workouts on hills during early preseason, and there was one specific hill at Codfish that was pretty easy for most of the runners on the team, just because we had been used to running so many steeper and longer hills, so specifically those type of workouts really helped on shorter hills."

Montagner added, "I think the most valuable thing we got from preseason for this race was confidence, because we did tough hill workouts. Franklin Park has a pretty hard hill in mile two which is a tough spot, but I know that we weren't as intimated going in because we had ran some tough hills before."

The team's competitive attitude and tough mental focus allowed them to succeed, according to Head Coach Patrick Rielly and Rosenberg

In an email to *The Phillipian*, Coach Rielly wrote, "The [Andover] runners ran strong races in a large field of competitive athletes that included college runners as well as high school runners. Everyone stayed focused and competitive

Rosenberg added, "Everyone was kind of nervous because it was the first race of the season, but everybody went out there and gave it their all, and I think that was the most important part of it. We all worked really hard and we started off with some pretty good pack running, as well as mental fortitude throughout the race, finishing strong and being really competitive"

Looking forward, Andover hopes to work on running together during races, especially as greater numbers of runners compete in meets.

"We're going to work on deepening our pack running, or bringing our first runner and last runner times closer together. It's something that always improves as the season goes on, and we're really excited for our next couple races," said Chandran.

Rielly said, "We're just getting started, and we're in an exciting place training-wise. We brought a small crew of runners to Franklin Park, but starting this weekend, more runners will be racing in meets. I think we'll get stronger with every race."

Between Andover's first and seventh runner on Saturday, there was a 2:59-minute difference. At the Nepsta D1 Championships in 2017, this difference was only 1:54

Andover will compete this Saturday at the Northfield Mount Hermon Invitational.

#### GIRLSFIELDHOCKEY

### Andover Shuts Out Lawrence Academy and Loomis Chaffee

Andover	3
Lawrence	0
Andover	7
Loomis	0

#### STAFF REPORT

Receiving the ball from Kelly McCarthy '19, Abigail Otterbein PG '19 fired it into the back of the goal, securing the second of Andover's seven goals in its shutout victory over Loomis Chaffee on Saturday. The team also earned a 3-0 win against Lawrence Academy on September 20, bringing its season record to 3-0.

In its win over Lawrence, Andover struggled offensively in the first half and failed to score. After recharging during halftime, however, Andover began the second half with two goals in the first five minutes, according to Lily Rademacher

Rademacher said, "We didn't play as strongly or as fiercely as we wanted to in the first half, and I think [we] played down to their level a little bit. But at halftime [Head Coach Kate Dolan] really just told us to put it in gear and go for it, right from the start. It worked out really well, and we scored a minute into the second half."

Carly Kreytak '20 added, "We took a little while to get going, but in the second half we had good energy and were able to put a few balls in the net. They were a strong, athletic team but we were able to outplay them."

Lawrence's strong goalie was a major reason for Andover's slow start, but after Andover adjusted its team positioning in the second half, the team saw more action on net, according to Captain Meghan Ward '19.

Ward said, "[Lawrence] had a great goalie, so that was part of the reason why we struggled in the first half. We were more successful in the second half when we really spread the field and moved the ball with pace."

According to McCarthy, Andover's initial success against Loomis created momentum for the team.

McCarthy said, "Whenever you can start a game with that sort of performance it creates great momentum and energy going forward. We clicked a lot better as a team. From passing sequences, blocking free hits, and movement inside of the circle, there were a lot of good things about the game against Loomis."

The game against Loomis was the team's first conference game of the season. The team, however, was able to succeed because of its strength in communication, according to Rademacher.

"Defenders and midfielders see a lot more of the field than offenders, so it's really important that when blocking up a hit from the opposing team that they receive instruction and help from the players behind them that can see the space a lot better. I think at Loomis, a big part of our success was that support on the field," said Rademach-

So far this season, Andover has outscored its opponents 13-0. Despite getting off to a strong start, the team still looks to improve, according to Kreytak and McCarthy.

Kreytak said, "If we do the little things right, practicing as hard as we can and playing our game, not letting other teams control what happens during games, then I think everything else will take care of itself. We need to continue to grow as a team because we have

the potential to do great things."

McCarthy added, "I think it is important to start off strong but even more important is how we respond when things don't go our way. We will become a better team when we can learn to adjust and respond to difficulties or setbacks that may arise throughout the season"

Andover will play against Tabor



D.TULLER/THE PHILLIPIAN

Emily Batchelor '19 has scored one of Andover's 13 goals this season. The team has yet to have any goals scored against it.

#### GIRLSSOCCER

### Girls Win One, Lose Two

#### HANNAH ZHANG

Andover	2
Middlesex	0
Andover	1
Loomis	3
Andover	1
Worcester	2

Isabella DiBenedetto '20 passed the ball down the field to Anna Hurley '21 who moved past multiple defenders and kicked the ball over the goalie straight into the net. This play contributed to Andover Girls Soccer's 2-0 win against Middlesex last Thursday, September 20.

Later that week, Andover faced back-to-back defending champions Loomis Chaffee on Saturday and Worcester Academy on Wednesday. The team ended up losing to both teams with scores of 1-3 and 1-2, respectively. Its record now stands at 2-3.

Against Middlesex, Andover was able to find and capitalize on many opportunities to attack the opposing defense in order to win the game, according to Hurley and Kennedy Everson '21.

ley and Kennedy Everson '21.

Hurley said, "Middlesex played a high line, and at some points during the game their backs did not stay compact. We did a good job taking advantage of those opportunities, playing over and through them. Also, everybody was really positive and energetic, both on the field and on the sidelines. Being at home and having support from the crowds definitely helped."

Everson said, "One thing we

did really well against Middlesex was our attacking end. We had a lot of chances on goal, and a lot of them went in which is really good. That was one of our strongest points in the game, going down in the final third."

Although the team lost to Loomis, Andover still had a strong offense and created numerous scoring opportunities, according to Hurley and Hailey Lovell PG '19.

Hurley said, "[Against Loomis,] on the goal, we took advantage of a counterattack. We advanced the ball very quickly up the field, and their defense was

not ready."

"Against Loomis we came out really strong and had some great opportunities. Maddy Silveira ['20] had an awesome goal. Loomis was very strong and had some good players who were able to work their way up the field and finish," wrote Lovell in an email to *The Phillipian*.

According to Katherine Marquis '21 and Hurley, one of the more challenging parts of playing Loomis was facing its speed in transitions.

Marquis said, "Against Loomis I felt like we were chasing the ball a lot, and Loomis was kind of passing around us, so I think we need to work on stepping to more balls and anticipating their passes. I think we could've played better because once we scored and tied it up, we were too busy celebrating our goal, and so they came right back and scored on us."

"Loomis was really well positioned, and they switched the point of attack faster than we transitioned. Also, even their back line followed into the attack. When their team had the ball, everyone was on offense. When their team didn't have the ball, everyone was on defense," said Hurley.

According to Marquis, against Worcester, Andover tried to use a different strategy in setting a unique positioning for the game. Despite these efforts, Worcester came through with the win.

Marquis said, "We know how Worcester plays, so we adjusted the system we play for that game. We played with four defenders, a sitting midfielder, four midfielders, and a high striker. With this system, we were trying to focus on not letting Worcester play balls down the middle. All the teams in this league are very good, so we expected Worcester to be tough, but we're a good team too and we can compete."

For its next game, Andover hopes to work on maintaining focus and blocking out any distractions that may arise, according to Everson.

"Usually Tabor is really physical, so for us our goal is to work on the mental side of our game and making sure we stay focused the whole time and not getting in the way of what the refs say or what the other players say and just playing our own game and controlling what we can control at the time," said Everson.

Andover will face Tabor at home on September 29.



S.BAHNASY/*THEPHILLIPIAN* 

Karoline Conte '21 (left) and Isobel Glass '21 (right) have been members of the team since their Junior year.

# WRITE FOR SPORTS EMAIL acohen20, eglover20, jgildehaus20, lbibeau20

#### Call 978 749 9969



# ARTS&LEISURE

# Jacques Kuno '20 Embraces Community and Family with Music



O.TUNG/THE PHILLIPIAN

Jacques Kuno '20 cites his community and family as a main source of influence for his singing.

#### **ALEX PARK**

From a young age, Jacques Kuno '20 has loved perform-ing. In fourth grade, when Kuno visited a restaurant with his family and happened to have his ukulele with him, he knew he had to perform.

"I had my ukulele, and there was this guy sitting on the stands of this restaurant we were at, and he let me go up and play for the restaurant for like ten minutes, and I thought that was really cool. It made an impression because I was really young," said Kuno.

Encouraged by his parents and the people around him, Kuno began to pursue singing when he was in kindergarten, joining several choral groups and choirs. Since then, singing has been a large part of

Kuno said, "Singing was kind of just ingrained. My parents always thought I was

a great singer and encouraged me to pursue that. I started taking guitar lessons and started using guitar in conjunction with my singing to do a lot of performing through middle school in coffeehouse kind of stuff, which was fun, and that spurred me

to keep going."

Kuno said his parents helped him develop his love for performing by pushing him to sing for friends and

"My parents are the kind of people who are super nice and have lots of friends from far-reaching places, and they're mostly friends from college or high school, and they host people a lot. Whenever they had people over at the house, one of the main attractions is me getting to perform for everyone. They're always like, 'Jacques, you got to play!' and I say, 'Alright, I'll play!" said Kuno.

In fifth grade, Kuno started beatboxing by imitating techno music, beat drops, and other sounds he heard on the radio.

"I've always been very rhythmic, and I think beatboxing is a way in which I can exercise that rhythmic affinity. I love having the ability to have my mind sync with my mouth and beatboxing is a way in which I can do that... I try to pick a lot of different knacks for different talents that may seem useless but make me more interesting as a person or help me in some way," said Kuno.

Although Kuno enjoys the technical aspects of singing, he is also largely drawn by the social and communal elements of performing.

"The community is a big reason of why I sing. When I go to social gatherings, they were just kind of chill, but when I pick up a guitar and start to perform everyone joins together, and it sort of unites us all. I think that's really nice and is a definitely much preferable to not having that because it adds so much

to parties and things like that. I make a lot of friends that way because I can sing and beatbox. It's for sure helped me out [in] my first couple weeks here," said Kuno.

Since arriving at Andover this fall as a new Upper, Kuno has become a part of Yorkies, Keynotes, and Fidelio, and he looks forward to singing every night as well as performing at Coffeehouse and Grasshopper. According to Kuno, he also hopes to perform at various restaurants downtown on the weekends or at any gigs he can find.

Shree Menon '20, a friend of Kuno and fellow Yorkies member, said, "He has a very, very strong voice with amazing projection. He has a very wide range and can sing a lot of parts, and his personality blends in really well with the music. You can see that, and he's very comfortable in talking to anybody. I think his nature will shine through in his singing."

# Minji Shin '20 Explores Identity Through **Digital Collages and Videos**

#### **GAYATRI RAJAN**

A pink line crossing out the word "AFRAID" is tied in with images of pink flowers and red lips, which contrast against the dark browns and blacks that take up the bottom portion of the collage. This digital collage by Minji Shin '20 is called "Afraid of Pain," which she created by cutting up a magazine, then arranging the images on Adobe Illustrator. Shin also cre-

ates collage videos using footage she finds online.

"I find that by binding myself [I] get a lot more freedom and imagination, and it's interesting to me what you can do with limited resources. [I use] segments of random useless stock videos from archive.org and... internet traffic. And those videos don't mean anything to anyone, they are like trash in the internet world. But once I make that a part of my art it transforms into a whole new other thing," said Shin.



COURTESY OF MINJI SHIN/THE PHILLIPIAN

Shin's digital collage "Afraid of Pain" delves into the realm of female sexuality with a collection of photographic and artistic elements from

Shin creates art based on a lot of her own memories and experiences, and she uses it to try and explore her own self, as well as her thoughts and emotions.

"I have a lot of memories that are painful or traumatic or very hard to articulate, so instead of talking about it to someone and being all sad, I'd rather make art and explore it myself. And that's most of the inspiration I get. It's been very helpful for me to figure out what I'm feeling through my art," said Shin.

According to Shin, several of her videos examine the relationship between bisexuality and mental health issues, while many of her other works shed more light on the mental and verbal abuse of

"A lot of stuff has been going on in my family. [My] first piece designated to these memories... are all self portraits, so through this I'm trying to show how this is happening," said Shin.

One digital art piece, depicting a black-haired dancer poses in traditional Korean garb, contrasts Shin's usual frenzied style with a simpler design. The dancer's dress billows out behind her, and she has a tiny smile on her face. Shin is originally from Korea, and incorporates aspects of Korean culture into her work.

"[After living in the U.S. for six years,] I feel like I can be more proud of my original



Minji Shin's '20 art reflects her exploration of sexuality, mental health, and

culture. When I appreciate the culture here, I appreciate my original culture too. I tried to make [this piece] a more simplistic work of Korean traditional culture," said Shin.

Alhough most of Shin's work have underlying messages and special meanings to her, she does not like to explain her art to others. Shin says she prefers to let others experience her work about interpret it in their own ways.

'I always want to be detached from my art, let other people think about it... It could come to you with a totally different meaning. I think that's the fascinating part about art: it can convey so many different meanings [even] while the creator has a whole different intention," said Shin.

Natalie Shen '20, a friend of Shin, said, "I think her art is super super captivating; when you first look at it, it's very visually, like 'wow.' It's a lot of colors, very bright and bold words: the more you look at it the more there's a story to tell. She wants her viewers to make their own story, but she also has a very descriptive narrative behind each one."



By Mudmee Sereeyothin

Hello, thank you for checking out this book review column! My name is Mudmee, and I love reading. I am really excited to share some book reviews with you over the next few weeks. I hope you find them helpful and maybe even decide to pick up one of these titles! This week, I am reviewing the 2016 Pulitzer Prize winner:

The Sympathizer by Viet Thanh Nguyen.

"Some animals could see in the dark, but it was only humans who deliberately sought out every possible route into the darkness of our own interiors." -Viet Thanh Nguyen



tion, "The Sympathizer" is a historical fiction espionage novel about an unnamed sleeper agent for the Viet Cong,

Winner of the 2016 Pulitzer Prize for Fic-

a Vietnamese political organization. The agent goes undercover as a captain in the South Vietnamese army. When Saigon falls, this captain is sent to the United States as a refugee. There, he continues his mission, determined to fight for communism while looking for his place in a foreign country that has just lost a war against his home. He dutifully sends back information to the Viet Cong while making sure no one suspects his true role. The captain has always been a man of two faces and two stories — his mother is a poor Vietnamese woman, while his father is a French missionary; he grows up in Vietnam and yet is fluent in American culture; he finds his loyalties sometimes clashing with his ethics. This story is a fascinating documentation of how he

navigates a life of duality.



Although it took me a little while to actually get into this book, I really enjoyed it once I did. Nguyen writes in a witty, brutally honest way that reflects on society in ways you may not necessarily have thought of before. For instance, the main character ruminates on the idea that Hollywood is America's most effective, most powerful form of propaganda. He explains that by representing groups of people in a certain light, Hollywood is able to influence the way that group of people are seen and treated by the rest of the world. I found his phrasing of the influence that Hollywood has being "propaganda" super interesting. This is just



one of many issues that the book discusses that pertain not only to American culture, but to humans and society in general. While the book has intense moments (it is a war novel after all), Nguyen finds ways to add humor to the story without taking away from the gravity of each situation. You'll find yourself laughing on one page and then feeling extremely disturbed on the next.

An extremely well written book that is not your typical historical fiction novel. Definitely worth a read! 9/10

# ARTS&LEISURE

#### Look of the Week:

Melanie Cheung '20 Crafts Minimalistic Style with a Mix of High-End and Thrifted Pieces



 ${\tt D.TULLER/THE~PHILLIPIAN}$ 

Melanie Cheung '20 cites her family and where she is in the world as influences for her style.

#### IRENE KWON

Wearing a thrifted Tommy Hilfiger quarter-zip, Melanie Cheung '20 finishes her outfit with mom jeans and white sneakers. These pieces are part of Cheung's staple wardrobe during the school months, but her style varies throughout the year depending on her location. Cheung is from Shanghai but also spends a lot of time in New York City and Tokyo.

"All the places that I real-

ly spend my time in are big cities. That environment allows me to dress in a riskier way than I would here... I'll do more with weird layers or weird colors... And there [are] so many different places to explore and to shop. If you go to Tokyo, there [are] crazy good places to thrift at reasonable prices. Everything is just organized and beautiful," said Cheung.

Cheung creates outfits from a small collection consisting of both thrifted and higher-end brands, compiled from shops in several different locations. She prefers to invest in pricier items with better quality rather than buying a large collection of clothes.

"I don't think I own that many pieces, but the pieces that I own are nice basics that I can wear year-round, layer, and wear different outfits without it being redundant. I avoid H&M, Forever 21, Topshop... I avoid fast fashion. I just think that quality is not there, and the selection is so big," said Cheung.

While shopping, Cheung thinks carefully about each purchase she makes.

Cheung said, "I love shopping. I feel like when I go shopping, a lot of times I end



D.TULLER/THE PHILLIPIAN

Cheung pairs muted earth tones with a pop of color.

up window shopping. I'm that kind of person who tries on ten things but buys nothing. The way I shop is, if I don't absolutely love it, then I won't get it. Unless I really end up thinking about it later, then I

might go back and get it."

According to Cheung's friend Katherine Duan '20, Cheung enjoys creating clothing combinations while keeping comfort and convenience in mind.

"She's thrifty and classy. She likes to wear a lot of oversized stuff. She's very much into earth tones and muted colors. It's [a] very relaxed and laid-back vibe, yet it looks very put-together. It's like she didn't try hard on her outfit, but yet it looks good," said Duan.

Cheung's family, specifically her mother, is a source of

inspiration for her style.
"I think the way I dress is very similar to the way my mom dresses. My parents actually work in clothing manufacturing - sportswear manufacturing, specifically - so clothing has always been a big part of my life. My mom's philosophy has always been to invest a little more money in quality pieces or unique pieces," said Cheung.

Cheung also pays careful attention to the color coordination in her outfits.

"The way I dress reflects who I am, again, going back to basics and back to comfort, without it looking too sloppy. [It's] comfortable, wearable basics, and a lot of earth tones with a pop of color here and there," said Cheung.
As seen in her outfits,

Cheung prefers to layer her clothing, especially with sweaters and jackets. According to Cheung, her outfits allow her to stay comfortable in any kind of climate.

Cheung said, "I would describe [my style] as very comfortable. It's a lot of sweaters... I prefer to layer clothing, especially with the weather here, I feel like there [are] huge fluctuations between day and night... and in certain buildings. Gelb [Science Center] is always super cold, but Morse [Hall] is really hot usually."



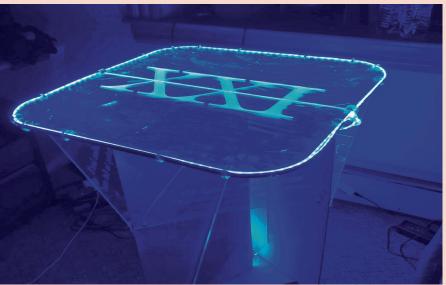
# ARTS&LEISURE

# ROOM FEATURES BY NICOLE JO & ALANA YANG



#### Kate Netto '20:

I like my hall a lot and I wanted to create something that was not only comfortable for me but a good communal place. I love using soft colors. I think beige is a particularly underrated color because when it's used really well, it can create something really warm and comfortable, especially if there are little dashes of color. I have stuff that's light blue sprinkled about and plants to really [make the room] pop.



#### Michael Lu '21:

It really embodies the motto we have for [The Nest], "Makers gonna make," and [Nick Buehler '21 and I] felt like a nightstand with LEDs seems like a great idea for room decor. Also the experience of making the table and actually seeing it lit up in the dark makes both of us very proud of this piece of handiwork.



#### Caleb Wright '21:

My room is very decorated. I actually brought a ton of stuff with me. I brought different things from all around the world like a mask from Indonesia and a conch shell from Key West. I have tape lights up in my room which is pretty cool; everyone should consider getting them! For extra decor, I hung up posters and my vinyl on the wall.



#### Ash Cohan '20:

[The room decor] was all my mom. I have terrible taste; I take zero credit. She just disappeared to an IKEA for eight hours and came back. She deep cleaned my whole room. She bought this massive black-and-white photo of Amsterdam. That's special because, for my dad's fiftieth birthday two years ago, we as a family went to Amsterdam. I thought it was nice and I took a Polaroid photo of the two of us and I wrote 'Amsterdam' on it.



#### Sophia Ma '21

I like the marble aesthetic. I've seen it around a lot and I built on that by adding a different color palette. So my room is basically based on marble with a light dusky blue and light grey. I have done a few paintings here at The Nest that I'm really proud of and I have them up on my wall.



#### Luc Pan '19:

My room is mostly white. White relaxes me. My room is set up like this because it makes it easy for my friends and I to talk. I aimed to create an easy environment where everyone sitting down, either on the bed, chairs, or couch, is circled around the coffee table... Bright lights bring in more warmth to the room.







FIND US BELOW!