The Phillipian

VOL. CXL, No. 26 Veritas Super Omnia JANUARY 12, 2018



J.BUEHLER/THE PHILLIPIAN

Co-Captain Giacomo Marino '18 leads Andover Indoor Track & Field to victory in inaugural meet in the new Snyder Center.

Lorant Fellow Sarah Rigazio '18 Volunteered at Naples Refugee Center

SOPHIA GILMOUR AND HARVEY ZHENG

"Girls don't leave home,' he told me, as I sat an entire ocean away from mine," said Sarah Rigazio'18, recipient of this year's Lorant Fellowship, to begin her presentation at All-School Meeting on Wednesday.

Rigazio was describing a conversation she had with Abdullah, a refugee she met on her first day volunteering as an English teacher at a camp in Naples, Italy, this summer. In this conversation, she asked him why most of the refugees were male. Rigazio also recalled that most of the refugees had travelled across Africa to reach Libya, where they could then cross the Mediterranean Sea to reach Europe.

"I thought [the presentation] was quite well done. I think Sarah translated the emotional impact of her trip clearly, and that helped me connect to her experience," said Nate Smith '18.

The Lorant Fellowship was created in 1994 by Andrew Lorant '48 and is awarded to a student who demonstrates the "most earnest endeavour." Rigazio was nominated by her peers and chosen by the Lorant Fellowship Council to receive a grant of 6,000 dollars to support a project of her choosing. Two other finalists, second runner-up Cole Demeulemeester '18 and first runner-up Emily Ndiokho '18, were selected alongside Rigazio.

Meghan Ward '19, a teammate of Rigazio's, said, "I can definitely see her being the type of person who actually takes something from this opportunity and does more with it."

Rigazio spent most of her time working for a refugee center in Naples, through the International Napoli Network. She taught English as a second language to the young refugees who were staying there, many of whom could not speak English, did not know how to read or write, and had never been to school before.

"I stayed at a dormitory in the center of Naples with 30 other volunteers ages 18-30. The refugee center was about 40 minutes from my dorm, and I traveled there with two other volunteers every weekday," wrote Rigazio in an email to *The Phillipian*.

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Inside The Phillipian:

Snyder Center Opens For Athletic Use

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Editorial, A2

It's Not Funny.

The Phillipian, vol. CXL, reflects on how students can apply the messages of "SLUT: The Play" and "Now That We're Men" in our day-to-day lives.

Commentary, A3

Unmasking Masculinity

Isaiah Lee '19 recounts his experiences with toxic masculinity within and beyond Andover's campus.

"SLUT: The Play" and "Now That We're Men" Spark Campus Discussion

ROMULUS SOTTILE

In the finale of "Now That We're Men," four boys meet up after their high school prom, drinking and talking. Their friend Nick soon swaggers in and exclaims that he has had intercourse with a girl, who is still passed out drunk in another room. As the play ends, the spotlight fades on Nick, who laughs alone, confused at why the others are silent. This powerful scene was one of many that held a mirror to a sometimes toxic social culture.

Last Friday and Saturday, students and faculty saw "SLUT: The Play" and its companion piece "Now That We're Men," both written and directed by Katie Cappiello. All students were required to attend one of the four viewings but were also given the choice to opt-out with special permission from Sykes counselors. Together, the plays addressed topics including toxic masculinity, rape culture, victim-blaming, and slut-shaming.

Sydney Mercado '19, a member of the Brace Student Board said, "Throughout the play, I laughed a lot. Once you get to the end, it almost acts as a wake-up call... It's kind of funny but uncomfortable throughout the whole play, and

then finally towards the end, you see what actually happened and how impactful that sexual assault must have been on all of them."

"SLUT: The Play" first came to campus in 2016 when Nico Ciccia '16, Payton Jancsy '16, and Olivia Brokaw '18, former members of the Brace Student Board, obtained an Abbot Grant to bring Cappiello and her troupe of student actors to campus.

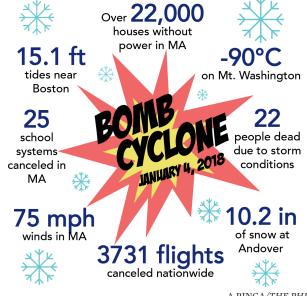
Flavia Vidal, Director of the Brace Center for Gender Studies, said, "['Slut: The Play'] had an enormous impact [in 2016]... Since then [we] had been thinking about how to bring them back."

For Uppers, this performance was their second required viewing of "SLUT: The Play."

Jungwoo Park '19, a member of the Brace Student Board, said, "Because of the current political climate and of the recent developments like the #MeToo movement, I was able to see the play in a different light. It felt more real to me because I am living in a climate for which these issues are more pertinent. [Junior] year, it was a play that was shocking to me, but now I see it in a much different, more-nuanced light."

Continued on A5, Column 3

Storm Grips Campus As Temperatures Plummet



Sources for data can be found in article.

A.PINGA/THE PHILLIPIAN

KAELA AALTO AND ALEXANDRA LEBARON

Sub-zero temperatures and harsh winds welcomed students returning to campus after Winter Vacation. The recent storm, dubbed Grayson, covered campus in almost a foot of snow, bringing with it freezing temperatures and icy paths.

According to news sources including WCVB, the Boston Herald, and CBS News, Andover received 10.2 inches of snow and winds reached speeds of up to 75 miles per hour. These harsh conditions resulted in 22,000 homes losing power across Massachusetts.

The storm, classified as a bomb cyclone, created blizzard-like conditions across campus, making it difficult for both boarders and day students to arrive on campu with low visibility on the roads. Additionally, 3,731 flights were canceled nationwide according to ABC news. Given that most boarding students could get around campus, classes were not interrupted, causing some day students and students on canceled flights to miss the first few days of school. According to masslive.com, 25 school systems in Massachusetts were

cancelled.
Puru Sankar '20, a day student from Windham, N.H., said, "I was late to one of my classes Friday morning because of the conditions of the roads near the friend's house I stayed at. If I wasn't able to stay at a friend's house, I wouldn't have been able to come to campus."

The Office of Physical Plant (OPP) and Phillips Academy Public Safety (PAPS) have been working tirelessly to keep campus safe during this time, staying on campus for long periods of time to make sure the paths and buildings are safe for students.

George Robertson, Senior Officer in the Public Safety Office, said "The OPP staff from heating, ventilation, and air conditioning (HVAC) and plumbing have been here for the last two weeks straight. They'll get a call in 1:00 in the morning for a heat problem or a broken pipe. They've been here all weekend, on campus, to see if any other problems occur. It's a large campus to take care of and keep an eye on."

Continued on A4, Column 1

What Warrants A Snow Day At Andover?

ZACH MOYNIHAN AND AVA RATCLIFF

While a significant number of schools in the surrounding area had snow days last week, Andover students could be seen braving the cold and attending class amid the wintry conditions. Considering this and Andover's decisions regarding snow days in recent years, it has become apparent that the school has upheld a practice of refraining from

calling snow days.

In an interview with *The Phillipian*, Jennifer Elliott '94, Dean of Students and Residential Life, said, "I think that the school recognizes itself as a boarding, residential school. So, for that reason, our default is to always have class unless there are extraordinary circumstances. In the last ten years, I think we've cancelled classes fewer than five times."

One of these extreme circumstances was on January 12, 2011, when former Massachusetts Governor Deval Patrick declared a state of emergency in the wake of Winter Storm Juno. Andover responded by cancelling classes for the day.

"A few years ago we ended up cancelling class... Patrick [asked]

for all drivers to be off the roads throughout the state of Massachusetts. I think that is what we're talking about in terms of qualifying as an extraordinary circumstance," said Elliott.

Cindy Chen '18 agrees with the decision to make snow days a rare occurrence, citing possible scheduling inconveniences.

"It would be hard with policy and the time [during] which we are at school to change the schedule because we would have to add in a day somewhere else, and we would mess up every teacher's syllabus. I feel like, from a pedagogical view, I understand the position not to have snow days," said Chen.

According to Mason Tuller '21, the conditions last Thursday were jarring for students who experienced the snow for the first time.

"Being from California and living in San Francisco, I don't see snow every day. Maybe I'll occasionally go skiing, but I don't live in snow... It was really cold and windy and snowy, and that was kind of a new experience day-to-day for me," said Tuller.

Even for some students more accustomed to New England's weather, Thursday's conditions provided difficulties.

Henrique Chamon '21, a day student from Lexington, Mass., said, "I feel that it makes life particularly difficult for day students... They are going to have to leave campus earlier on certain days, wake up earlier, leave earlier. I had to wake up at 5:00 in the morning to shovel on Thursday."

In response to concerns from day students like Chamon, Elliott reiterated that the school does suggest possible courses of action for those who may be unable to commute.

"Knowing that we have roughly 850 students on campus, we're going to maintain classes as long as kids are here... [What] we invite day students to do is reach out to their cluster dean and see if there are accommodations their cluster dean can help them coordinate so that they can stay with a day student that lives really close to campus or with a boarder who has a dorm that can handle it," said Elliott.

In the future, Elliott and the rest of the team responsible for student life are considering pairing day students to dorms if they may be unable to drive to campus.

Continued on A5, Column 1



Snow whips around Gelb Science as students attend classes in a Bomb Cyclone.

M.CALLAHAN/THE PHILLIPIAN

Eighth Page, B8

Hello!

A warm welcome back to campus by your default favorite satire section!

Arts, B6

"Yellow" by Solby Lim '18

Lim explores her experiences as an Asian-American activist in her R&B and soul album "Yellow." News, A5

Changing Perceptions

Students discuss their perceptions of the U.S. within international and domestic communities.

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Editorial

It's Not Funny.

In a tense scene at the climax of the second showing of "SLUT: The Play," the character Joey reveals that her close friends sexually assaulted her in the backseat of a cab. This is the moment the audience finally hears the truth of what Joey has experienced and suffered through, and she dissolves into sobs, reliving the horrific assault as part of her search for justice. It's a heartbreaking scene to watch, as Joey attempts to assert her truth against a barrage of false rumors and victim-blaming. But during the second showing of the play on Friday night, this scene was interrupted by "clucking" from students sitting on the thirdfloor balcony. This incredibly disrespectful disturbance only served to distract from the important themes and events presented on stage.

Introspection on such themes is difficult when you think you're immune to their effects. What the plays showed, and the clucking disturbance reinforced, is that you don't need to be a hypermasculine, ignorant jerk to be complicit in the perpetuation of rape culture and toxic masculinity. Three-year Uppers sitting in the audience of that show had already seen the play two years ago and gone through discussions on the subjects at hand; those causing the disturbance couldn't have been ignorant or unaware of the insult inherent in their actions. Shock value-based "jokes" and comments can do damage by subtly enforcing the tenants of rape culture, and spreading the message that sexism and sexual assault are not dangerous or relevant. The interruptions only serve to prove that this toxic environment is alive and well at Andover. We can all recognize attributes of people we know in the characters on stage.

Standing up to this type of casual insensitivity can be intimidating, especially if your own friend is the perpetrator. But challenging these microaggressions is an important first step to altering a toxic campus culture and contributing to a healthier environment for everyone. These are community expectations to which we are charged to adhere as members of the community.

Watch your words.

Words can often have more impact than it seems. How often do you or your friends use common derogatory words for women like "pussy" and "bitch" as insults or negative qualifiers? How often do you or your friends use the word "rape" to describe anything other than a sexual assault? The repeated, out of context use of these words or phrases may seem benign, but can actually desensitize people to the words' degrading or violent sources. Speaking up or monitoring your own use of these words can prevent the minimization of sexual violence in popular vernacular.

Challenge the joke.

Have you ever been in a group setting, talking and joking around, when one of your friends makes an insensitive joke? Having the courage to speak out against friends is hard, but the joke needs to stop there. Short, simple responses like "that's not funny," "what did you just say?" or "why is that funny?" can make someone pause and think about the implications of their own joke, potentially encouraging them to rethink the ingrained prejudices that led them to tell the joke in the first place. Silence is not something to be scared of in these situations; sometimes a patch of awkward silence can do more to set community expectations than anything else.

"I believe you."

If a friend feels comfortable enough to share that they are a sexual assault survivor with you, avoid asking invasive questions or questioning the validity of their experiences. It is important to stand with survivors of sexual violence, and in a world where women who come forward are regularly dismissed, one of the most powerful things to say can be a simple "I believe you." Never cast doubt on victims' stories to their face or behind their back.

This editorial represents the views of The Phillipian, vol. CXL.

Dollars Over Decency

ANDY ZENG

"We found a dead body in the Japanese Suicide Forest..." by Logan Paul popped up on my YouTube feed. My face twitched in terror as I watched Paul venture into

YouTube, instead of deleting the video and issuing him a warning, refused to take any action...

Aokigahara, a forest northwest of Mount Fuji known for its high suicide rates, wearing a "Toy Story" alien beanie. Not long into the video, Paul and his friends discover the dead body of a Japanese man. Although visibly frightened in the video, the YouTube star had the guts to film and upload the entire vlog to his channel later that

same day. I was so sickened after seeing such graphic images that I clicked out and away from the video.

Although Paul took the video down himself, YouTube refused to take any action, allowing the video to hold the number-one spot on the Trending tab for over a day, thanks to the website's clickbait-oriented algorithms. This is absolutely ludicrous.

After multiple controversies, one would think that YouTube would not allow such a toxic video to explode in popularity. What happened to all their screams for reform? YouTube's own community guidelines page states that "It's not okay to post violent or gory content that's primarily intended to be shocking, sensational, or disrespectful," and yet, in order to make the most ad revenue, they kept silent. The corporation has all but condoned the content of Paul's disgusting video by allowing it to remain on the site for so

long while collecting their ad-revenue paycheck (Paul is one of the website's most popular contributors).

YouTube issued an "apology" on Twitter on Tuesday, more than a week after

I cannot even imagine that YouTube, after multiple controversies, would allow such a toxic video to explode in popularity.

Paul released his vlog, stating, "[Logan Paul's] channel violated our community guidelines, we acted accordingly." They are not wrong; here, YouTube has acted according to their greed in order to maximize monetary gains. Unfortunately, this is not even the first time they

have acted in this way. For example, in his previous video, "REAL LIFE POKEMON GO IN TOKYO! (Catching Strangers)," Paul and his friends dressed in Pikachu pajamas and ran rampantly through the streets of the peaceful and reserved city, throwing Pokeball plushies at random strangers, including a policeman and a Toyota vehicle. This easily falls under the harassment category or the harmful and dangerous content category.

YouTube has played a dangerous game of doing everything in their power to encourage clickbait and toxic content without provoking outrage in the public. This time they have crossed the line, and at this point, it is safe to say that YouTube's moral radar is beyond repair.

Many of us at Andover use YouTube on a regular basis; teachers even use it in class pedagogically, and for good reason, due to the abundance of helpful and obscure footage that would otherwise be inaccessible. And yet, the recent Logan Paul controversy has finally shredded You-Tube's facade. This has made me lose faith in the platform, and unless they start enforc-

YouTube tries to do everything in their power to encourage clickbait and toxic content without outright aggravating the public.

ing their own community conduct policies instead of just referencing them in nonchalant tweets, we may have to find a new way to watch videos in the future.

Andy Zeng is a New Lower from Palo Alto, Calif.



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mous letters. Please submit letters by the Monday of each week to phillipian@phillipian.net or to our newsroom in the basement of Morse Hall.

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Unmasking Masculinity

ISAIAH LEE

▼WO SUMMERS AGO, I killed a chipmunk with a hatchet. Earlier that day, my dad had set a trap for culprit rodents outside my grandmother's vegetable garden. To the misfortune of this particular chipmunk, its hind legs had been caught, and broken. My dad brought me and my brother outside to carry out obvious boy-scout protocol and commit a mercy killing. He reminded us that the chipmunk would be lucky to live half an hour if we set it free. While my brother rambled on about how unnecessary the trap was in the first place, I took the hatchet from my father's hands and swung it down onto the chipmunk's

When I look back at this episode, I find my actions completely irrational. Why would I willingly commit an act that I gain nothing from? I knew that killing something with a hatchet would be a reasonably disturbing thing to do. But instead, I was singularly compelled to pick up the hatchet by my own desire to show more strength than my brother in front of my dad.

I use the chipmunk story as an example to show that uncharacteristic actions can be elicited by unreasonable standards of masculinity. But, the effect of these standards aren't always as obvious as in the aforementioned story. What oftentimes makes these uncharacteristic actions especially difficult to subdue is the subtlety with which they are perpetuated.

For example, while you and a friend comment about a long anticipated hookup in a room of guys, you may be completely unaware that the conversation is making someone else in the room feel insecure or uncomfortable. Or if "the guys" all think that you abso-

lutely must be able to throw a football fifty yards in order to be cool, you're most likely on your way to the stadium with a friend to practice your toss without a second thought regardless of how much you actually like football. Needless to say, the perpetuation of toxic masculinity is a destructive cycle that is highly capable of independent reinforcement.

It has become very clear to me that most responses to toxic masculinity remain, for the most part, undetectable outside of rare, honest and deliberate conversations. And in general, these conversations are rare because most guys don't want to admit to others that they are being influenced by societal expectations of what it means to be conventionally masculine (which, ironically, is also a result of

these harmful expectations). Most of the time, we don't even end up admitting to ourselves that our ideas and priorities have been made more uniform due to these expecta-

As a prefect in a Junior boys dorm this year, the effect of these stresses has become a recent concern of mine. In an ideal dorm community, everyone would be respectful of one another, and comfortable being themselves at all times. Of course, this is not the case. I constantly see kids in the dorm pushing themselves to be someone that they are not, just for superficial respect from their peers. They make snide comments about girls so nobody doubts the unbelievable amount of sex they claim to have and use derogatory phrases and words just to

show that they aren't afraid to. As much as I try to be someone who speaks out against these kinds of comments in the dorm, sometimes I feel as if I'm not changing the status quo. There are days when I'm in studying my room, and I hear a problematic comment from the hallway that I know I should do something about, but I do nothing. Instead, I think, "What's the point? They probably won't listen to me, anyway."

They are not bad kids. It would be a little easier to call out toxic behavior if a stranger was making these comments. But most of the times these comments are made, it's a kid that I have a lot of respect for, or a close friend, and sometimes it's me.

After watching "Now That We're Men" this past week-

M.LATHAM/THE PHILLIPIAN end, a close male friend of mine came up to me after the show and said, "I have had all of the conversations that those guys on stage had in the play; I'm not any different from them." And it's true. Hearing the similarities between the comments made by the actors on stage in a deliberate production and post-sign-in chats made me realize how I must not turn a blind eye in these situations. My hope is that more guys will start to have these realizations and speak up. We all understand on some level that the things that we're saying and doing are damaging and undignified. We just don't do anything about it, and it's time for that to change.

Isaiah Lee is a three-year Upper from Stanley, Hong

Why Are You Asking Me About North Korea?

CHRISTINA CHO

HEN I TELL people that I live in Korea, responses range from "Oh, that's cool," to "I love kimchi!" to "North Korea or South Korea?" More often than not, I perform my uncomfortable routine of smiling, nodding, and ignoring the fact that to many others, my home country is merely the land of K-pop idols and kimchi eaters. Recently, however, I have noticed a new question that more and more people are beginning

Instead of asking me what others think, you can ask me for my personal opinion and remember that it is most definitely not interchangeable with the opinions of all other South Koreans.

to ask: "What do people back home think of North Korea?"

I have always considered this question a burden to answer. On one hand, I am reminded of my own ignorance when it comes to talking about current events, especially regarding international politics. What bothers me even more is the way this question is phrased. Instead

of asking me what I think about North Korea, people ask me what "Koreans" think. I suddenly become the spokesperson for a country

I suddenly become the spokesperson for a country with millions of people.

with millions of people. How am I supposed to answer?

I appreciate that people genuinely want to know how people back at home are reacting to North Korea, especially with the recent back-and-forth between Kim Jong-un and President Donald Trump. These questions, however, shouldn't be asked for the sake of gaining a generalized perspective.

As an English-speaking, first-generation American living in Seoul, my thoughts on North Korea are different from, say, those of my grandmother, who has lived in Korea her entire life and has experienced the effects of war. While we might have mentioned Kim Jong-un's latest missile test in past conversations, these casual exchanges alone are not enough for me to know what my grandmother is really thinking, let alone the thoughts of millions of

Asking me to represent the opinion of my entire home country is unfair. While I am

willing to share my personal experience living in Korea, I reject the assumption that my words represent a whole nation. I understand that people do not intend to make this assumption, but when you ask me these questions, these are the implications. Instead of asking me what others think, you can ask me for my personal opinion and

North Korea in American

media lately does not mean

that all South Koreans care

or talk about North Korea

any more than they have in

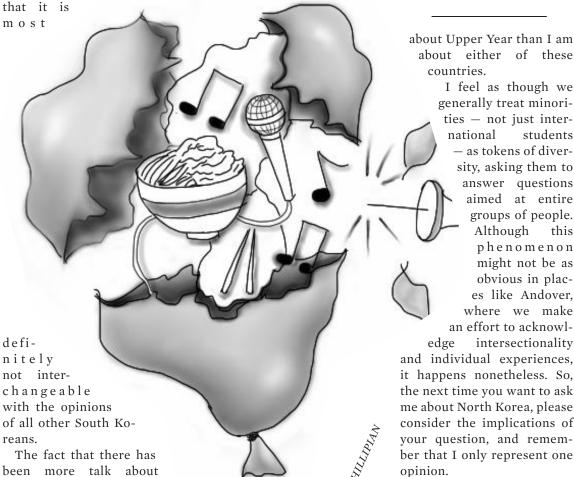
remember

the past. For me, the reality of the North Korean threat is not new or surprising. Seoul is 35 miles away from the Korean Demilitarized Zone (DMZ), the heavily-guarded border that separates the two Koreas. North Korea is just another thing I've grown up I should with. Maybe care more,

but to be honest, I am more scared of the U.S. than I am of North Korea. Then again, I am also more concerned

seeing all the recent tension,

Asking me to represent the opinion of my entire home country is unfair.



about Upper Year than I am about either of these countries. I feel as though we

ties - not just international students as tokens of diversity, asking them to answer questions aimed at entire groups of people. Although this phenomenon might not be as obvious in places like Andover, where we make an effort to acknowlintersectionality and individual experiences, it happens nonetheless. So, the next time you want to ask me about North Korea, please consider the implications of your question, and remember that I only represent one

Christina Cho is a three-year Upper from Seoul, South Korea.

NEWS IN BRIEF

Reporting by Jungho Chang

- All outdoor activities last weekend were either canceled or postponed due to extreme cold temperatures and heavy snowfall.
- On Friday, January 5, the new Snyder Center celebrated its opening by inviting the community for a commemorative first lap on the new
- Students and other members of the Andover community gathered in Susie's on Saturday, January 6, to view the Titans versus Chiefs and Falcons versus Rams games in the NFL Wild Card Round.
- On Friday and Saturday, all students attended performances of "SLUT: The Play" and "Now That We're Men" in Tang Theatre. They focused on the topics of rape culture and toxic masculinity. There were discussions held in dorms and advising groups as follow-up activities for the plays.
- On Wednesday, January 10, mindfulness instructor Alison Cohen gave a presentation titled, "Reducing the Effects of Implicit Bias: Can Mindfulness Practice Help?" in the Freeman Room.

Upcoming:

- On Friday, Hot Stove Night will take place from 7:00 p.m. to 9:00 p.m. in Kemper Auditorium. Baseball players who were once a part of prep school teams, including Andover alumni, will discuss baseball predictions and answer questions from students. The event will feature experts in the field, including Matt Hyde '92, Northeast Scouting Supervisor of New York Yankees, Peter Gammons, award-winning sportswriter, and Buster Olney P'19, ESPN columnist, amongst others.
- On Friday, the Winter Club Rally will take place in Paresky Commons at 8:00 p.m.
- On Monday, January 15, Andover will be inviting poet Claudia Rankine to speak at All-School Meeting as a part of the school's twenty-eighth annual Martin Luther King Jr. Day celebration. She has won a variety of awards for her poetry, including a MacArthur Fellowship in 2016.

Winter Storm Grayson Brings Freezing Temperatures to Campus

Continued from A1, Column 2

"A lot of what we've had to do is get the doors closed because of all the snow and ice. I was out until 1:30 in the morning trying to chip the ice out of the doors to try and get them to secure, which wasn't any fun. We also had to do extra building checks to make sure things weren't freezing up. We had to go into the dorms' basements to check mechanical things and make sure the heat was on," continued Robertson.

The severe conditions seriously affected New England. According to news sources including CBS news, the Boston Globe, and the Boston Herald, 22 people were reported dead due to exposure relat-

ed to the storm.

Gigi Glover '20, a resident of Paul Revere House, said that the heating has been malfunctioning in her dorm. "One of my roommates doesn't have heating in her room, which poses a problem for her, because it's really hard for her to be in her room studying or sleeping because she has no heat, and the window is not completely sealed," said Glover.

Carter Giampietro '19, a member of the boys hockey team, said that getting to the rink has become more difficult as a result of the storm. "It definitely takes longer to get up to the rink because you have to keep your head down and walk through the snow and wind, and then we also have to put

on a couple more layers. I tried sunglasses [to combat the wind] today, and that worked," said Giampietro.

Although the storm ended Friday afternoon, campus still suffered from frigid temperatures throughout the weekend. In addition, a heating coil blew in Graves Hall Sunday morning that set off the fire alarm.

Frigid temperatures still continue to threaten campus with the dangers of frostbite. Along with chilling winds, frostbite can occur quickly if proper clothing is not worn. Robertson advises that while the storm has passed, students should make sure to continue wearing extra layers and warm clothing.

Alison Cohen Speaks on Mindfulness and Implicit Bias

SOPHIA LEE AND ZACH MOYNIHAN

Alison Cohen, an instructor of mindfulness at City College in New York, has built her career around educating both teachers and students in the subject of mindfulness. This week, Cohen paid Andover a two-day visit to lead workshops and give her presentation "Reducing the Effects of Implicit Bias: Can Mindfulness Practice Help?"

"Mindfulness is the basis of mindful communication... You're tuning into what's happening internally while you communicate... and what's happening interpersonally. And you're doing so by not only paying attention to the other person and listening to them, but also really listening to yourself," said Cohen.

Anna Liu '21, who attended one of the workshops, said that Cohen's message on implicit bias resonated with her. According to Liu, Cohen distributed a handout on how mindfulness can lower levels of implicit bias.

Liu said, in an interview with *The Phillipian*, "I thought it was really cool how people could listen to a [mindfulness] tape for ten minutes, and then right after that, you could already see the effects. And I thought, 'If people did [mindfulness] just once every day, ten minutes out of your 24-hour day, how much awareness could that bring to how many people?"

Cohen said that she had been unable to understand mindfulness until her early twenties, during which she sought forms of emotional help.

"I went through a really difficult period emotionally, and there was a sense of needing a toolkit for navigating my internal, emotional, and psychological landscape. I was encouraged [by a mentor] to jump in the deep end and go from essentially no meditation practice to a week-long silent retreat. When I was on that retreat, I realized this [mindfulness] is a toolkit to navigate the mind and heart with compassion, with wisdom, with skill, and I'm already feeling better," said Cohen in an interview with The Phillipian.

According to Cohen, a mentor helped her discover mindfulness

after witnessing her struggle. Cohen's mentor urged her to participate in a silent retreat geared towards young adults.

Andrew Housiaux, Chair and Instructor in Philosophy and Religious Studies, invited Cohen to campus. In an interview with *The Phillipian*, Housiaux detailed the importance of mindfulness to the Andover community.

"We've tried to provide opportunities for students and staff and faculty to practice mindfulness on a regular basis, so that they can deepen the practice in their own lives," said Housiaux.

Housiaux has known Cohen since her first year of college, and he recently reconnected with her through a program called Mindful Schools, an organization that advocates for the integration of mindfulness in classrooms.

"Alison is a great example of someone who integrates mind-fulness work with the kind of anti-racism and anti-bias work that is so important to the [Andover] community. So, I thought she'd be the perfect person to come and speak to the community," said Housiaux.

Prior to attending one of Cohen's talks, Chase O'Halloran '18 was already familiar with the concept of mindfulness.

"It's helpful to understand the different components of mindfulness, so it's not just the attempt to 'get in the zone' or something... It's actually to observe one's thoughts, and that can be to examine one's subconscious. There's compassionate mindfulness, and there's observational mindfulness, so it was helpful to see the way that can be applied in general, but also to implicit bias," said O'Halloran in an interview with *The Phillipian*.

While sharing her expertise on mindfulness with countless people everyday, Cohen makes sure to practice mindfulness in her own life.

"I meditate every morning. I try to do 45 minutes. And every morning — no matter how long I've sat for — at the end of the sit, I set an intention for how I want to show up that day... In a way it's like planting a seed, and I can attend to it throughout the day," said Cohen.

Rigazio: 'We Have to Help Others'

Continued from A1, Column 3

Though on weekends she had time to travel around Italy, exploring the city and its culture, Rigazio said that her favorite part of the trip was getting to know the boys at the refugee camp.

"It is something I know I will hold with me for the rest of my life. It was unbelievable to

me how they were my age and younger and had endured so much... I think about them every day. They really changed my life," said Rigazio.

She became motivated to aid refugees while doing research for a paper in History-300. According to Rigazio, it was a photo of the body of a three-year-old refugee lying face down in the mud that pushed her to commit herself to the refugee crisis.

Uanne Chang '20 said, "I guess it was very inspirational, hearing about this one girl and how amazing it was that she devoted a large amount of time to helping people in need. She sort of illustrated the effect that something as simple as a history class could have a big impact on her life and her way of thinking."

Experiencing the lives of refugees first hand in Naples brought the refugee crisis home

for Rigazio.

Rigazio said, "Meeting someone who lives that truth and that reality just makes it so much more real. The trip made me realize so many things about my life that I hadn't previously considered... Simple, everyday aspects of my life are unimaginable to some of the boys that I worked with... I will always be cognizant of my place in the world and the refugees out there." Rigazio continues to be motivated by her time with the refugees even after coming back to Andover.

"Moving forward, this experience has sparked a determination within me to make a change and remind others how important it is to use what we have to help others," said Rigazio.

The World Watching: Has The Global Community Changed Their Perceptions of the U.S.?

Political shifts in the U.S. have had cultural ramifications in the country that are large enough to be noticed by the global community. International and domestic students reflect on the ways they think their own communities have changed their perceptions of the U.S., if at all.

Pitchaya Chantanapongvanij '19, Angthong, Thailand

How do you think Thailand has changed its perception of the U.S.?

Thailand's actually pretty neutral in terms of like foreign politics. The national political situation is very hectic but in terms of national relations, we don't really care much. Except the last a couple of years when we had the military coup, Obama's government actually gave out a statement saying that they were against a military coup [in Thailand] and how it wasn't a true democracy... He said it was in the right direction for the country to head towards... I think people didn't really like [Obama's] demeanor a lot because it wasn't really backed with the correct kind of information.

So ever since Trump came, he's not putting down the same statements that Obama's government made and he's actually boosting the economy. He is boosting the trade between the U.S. government and the Thai government. So he's actually improving our economy, so I think people actually like him in Thailand.

Jada Li '21, Singapore

How do you think Singapore currently perceives the U.S.?

Singapore is a relatively peaceful country and not much is really happening, so with the U.S. constantly being on the news with various issues and also the recent political changes that have been going on, it's almost been a topic of where a lot of people don't take the country seriously. One of my friends who is American told me that whenever she gets into a taxicab or even an Uber in Singapore they will almost always ask her about Trump and like laugh about it and make jokes about it because they have some very significant views about the U.S. and their political system. I think this happens because there was so much controversy about our president.

Quinn Robinson '19, Wellesley, Mass.

How do you think this community has changed its perception of the government?

I live in a fairly liberal place [and] went to a very liberal, small private school up until eighth grade, and now I go to Andover which [is also] predominantly liberal. And so as the party opposing Trump, I think obviously the community has become enraged by a lot of his decisions... I think a huge amount of people now are tuning into political news on the daily and seeing what was happening.

Jackie Rossi '20, Brussels, Belgium

Have you noticed if the American perception in Belgium has changed?

The perception of the United States has changed. Previously, the U.S. represented leadership and stability as a global leader. Coming from Belgium, the center of the European Union, I feel that European leaders can no longer count on the U.S. as a reliable ally under the Trump administration. The U.S. withdrawal from the Paris Accord on climate change is incomprehensible.

Allegra Stewart '18, Brooklyn, N.Y.

Do you think public perception of the U.S. has changed in the past few years? Yes... I think a lot of the policies put in place over the last year really perpetuate the idea that Trump talked about a lot in the election which was like "America First." [With] that concept in mind it's hard not to alienate the broader international community.

How do you feel about the whole philosophy of "America First?"

[My sister and I] are citizens of three countries, so I think that I have a slightly different understanding because I was raised in England, so I feel a strong sense of [being] British... And then my dad's always been very insistent upon our connection to Canada, so... for me it's been more significant because I don't just have one alliance. When [Trump] says that... it's hard for me to agree with him... It is a really harmful idea and if we're ever going to get anything done with problems that affect the broader international community like climate change... I think it makes people a lot less willing to collaborate, which we've seen in the UN and even recently with "whose button is bigger?"

Michael Lu '21, Beijing, China

Has your family's perception of the U.S. changed?

I would say my family [in China], they're kind of surprised by how Trump's family is [welcoming of] our culture which is kind of like different than what we had expected. Right now, we're kind of astonished by how embracing Trump, his family, his government is towards Chinese culture in general, so I would say a positive change [is taking place]... My dad is into economics and finance, so he thinks that especially in terms of employment and industry, Trump is possibly providing more opportunities. In this case, [Trump is providing] more benefits and income maximum interest for the nation as a whole.

January 12, 2018

THE PHILLIPIAN

The Snyder Center is now available to students after 15 months of construction.

NEWAZ RAHMAN AND IRENE KWON

The Andover community joined Blue Key Heads Friday afternoon for the Snyder Center's grand opening. The facility contains twelve new squash courts, a 200-meter indoor track, four courts that can accommodate basketball and tennis, a training room, locker facilities, multipurpose rooms, and designated study spaces.

One of the main goals for the new facility is that it will serve as a community hub, drawing a broader student demographic than just athletes, as all students are invited to work and socialize in the lounge areas on both floors.

Saffron Agrawal '21 said, "The Snyder Center is an amazing opportunity to practice track or squash while having an open space to study. It's just a really great environment that encourages integrating sports and academ-

Leon Modeste, Director of Athletics, says that the Snyder Center is a also very necessary upgrade as the old gymnasium

made schedules hectic for many student athletes.

"What was happening is our athletes, especially in the Winter Term, were getting back to study at 8:30 p.m. or 9:00 p.m. because... the swimmers, the basketball players, the squash players were just jammed into a small space and schedule was [crazy]," said Modeste.

Rebecca Hession, director of Track and Field, says that the new track is more versatile to accommodate indoor and outdoor track seasons and allows space for more events.

"The whole team was working out in a way that in the cage it was really hard for the distance and sprinters and jumpers to all do workouts at the same time because the space was trickier. We didn't have to modify anything to get the practice happening, it was so cool. We really put the facility to a test on the very first day of practice," wrote Hession in an email to The Phillipian.

Alexandra LeBaron '20 said, "I play for JV Squash team and it's really nice for both the Varsity and JV to be practicing at the same time [in] these beautiful new courts."

Modeste said that the school's next athletic project will focus on the construction of a new swimming pool for use by varsity

LeBaron said, "One of my good friends is on the water polo team and she was telling me how the pool in Borden is really shallow and they usually cannot host home matches, so I would say in a perfect world the new gym would have not only new squash courts and track and tennis courts but also include a new swimming pool as well as other facilities."

Modeste said, "It's beyond our wildest dreams. It really turned out very, very well. Of course, there's a learning curve; we're going to see how it's utilized and stuff like that but everyone that walks in here, the first thing they do, their jaw drops."
Will Raphael '18, one of the

Blue Key Heads leading the event, said in an interview with The Phillipian, "It was definitely the first step in the progress to better our athletic facilities... I'm going to be doing some running myself and I'm excited for that."





Built from June 2016 - January 2018 Dedication: February 9-10



N.CUSHMAN/THE PHILLIPIAN

The Snyder Center features 12 new squash courts.



In addition to athletic facilities, the Snyder Center offers spaces for students to study in.

Possible Solutions to Snow Days

Continued from A1, Column 5

In the future, Elliott and the rest of the team responsible for student life are considering pairing day students to dorms if they may be unable to drive to campus.

"We have so many different configurations of dorms, and different dorms are able accommodate different kids in different ways, so as of now it's not a policy where we pair day students with dorms. That's been something that we've talked about for some time. It's not clear that every day student would want that affiliation," said Elliott.

Another possible solution to the difficulties wrought by dangerous weather con-

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ditions is online classes, according to Elliott.

"I do think a number of faculty members are experimenting with creative ways of doing class online or doing different things so that kids can engage remotely. I can imagine us moving in that direction more and more," said Elliott

For now, Elliott urges those who live off campus to put safety first.

"We want day students and day student families to make decisions that are based upon the safety... of their kids. We would never want to put a student or family in a situation where they felt like they [need] to commute in dangerous conditions," said Elliott.

Chemustor

Students Emphasize Discussion After Plays

Continued from A1, Column 5

Vidal said she saw "Now That We're Men" performed in New York City and decided that the play could be shown in conjunction with "SLUT: The Play" for the whole school.

"Most of the time, and even if you look outside of Andover at the national conversation... the conversation tends to focus on the experience of victims and rightly so," she said. "But in those kinds of situations, there is always a victim and there is always a perpetrator. It felt important to us to bring that conversation to the other side and think about what does it mean for men to be part of this rape culture."

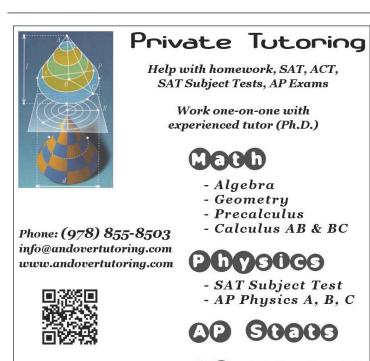
After the viewings, the Brace Center hosted an open discussion on Sunday in the Underwood Room. Students also had debrief conversations led by Mentors in Violence Prevention (MVP) student leaders and house counselors in their dorms and advising

William Locke '19, a prefect in Bertha Bailey House, said that the discussion helped Juniors in his dorm process the emotional ram-

ifications of the performances. Locke said, "For my [Juniors], I think [formal discussions are] necessary. I'm glad we're talking about that just to make sure they're having a discussion and so they can have a discussion with older kids and our house counselwhen you see something that emotionally powerful, as I think 'SLUT: The Play' and 'Now That We're Men' were, that you have time to process it, especially when you're a [Junior]. You need to go through that."

Emma Slibeck '20 said that while the discussions were important, people often focused on the director's artistic choices rather than the play's messages on tox-

ic masculinity and rape culture. "A lot of times, when we're discussing the plays, it has been about the way the plays were presented and the choices the director, Katie, made for the plays. Whether or not you enjoyed watching the plays, the content is still important and relevant," said Slibeck.





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The Phillipian SPORTS

Volume CXL | Number 26

Orange + Flavored + Juice = Beet#Juice

January 12, 2018

Girls Hockey Beats Brooks in Overtime Win

LUCAS KIM

Andover **Brooks**

After receiving the puck off of a goalie save, Lilly Feeney '20 fired a shot into the far side of the net, scoring with just 0:44 seconds left in overtime. This goal capped off Andover Girls Hockey's 3-2 win against Brooks on Monday.

Andover also competed in the Taft Tournament before Winter Vacation, where the team won against Lawrenceville 5-1 and Loomis Chaffee 5-4 but lost against Taft 0-3 and Tabor 2-3 in overtime. The team's record is now 5-2.

In its match against Brooks on Monday, Andover let in two goals after leading 2-0, but strong effort and drive led to a win in the end, according to Co-Captain Sarah Rigazio '18.

"I think that we started really strong, and the score was 2-0, but we broke down a little and let Brooks score two goals in one minute. We were pretty upset, but later in the game we definitely pulled it together and brought the energy back to win the game," Rigazio said. Tookie Wilson '18 said, "I

thought — especially in the third period — we really had the drive, and it was clear we wanted the win more. The way we were helping and pushing each other really showed that

we had that extra factor push-

The win felt especially good for Andover as it came against one of its rivals, according to

Wilson. A large part of Andover's success was due to the camaraderie and chemistry between the players and coaches, according to Anna Bargman '21.

"We've gotten really close already, and it's always so much fun with them. It's really easy to trust everyone, and when we start to play well, it feels really good," said Bargman.

The team's friendship is a result of the time spent together at the Taft Tournament, according to Rigazio. During the tournament, the team not only grew closer, but also worked

hard, according to Bargman.
Rigazio said, "We're a really close team, and a lot of that is due to bonding activities that we did. We're best when we cheer each other on, and that motivation helps the team a

"I feel like the team really came together, and we really bonded and became good friends. We definitely gave it our all, and even after our losses, we came back with good, strong mindsets," said Bargman.

These strong mindsets showed in their wins during the tournament, but there was also a lot of room for improvement, according to Rigazio and

Rigazio said, "In the games



K.YOUNG/THE PHILLIPIAN

Tookie Wilson '18 has been a member of Girls Varsity Hockey since her Junior year.

that we lost, there was a lot of miscommunication, and we struggled to play together a little since the team is pretty new. Our chemistry on the ice needs some work."

"Our communication could use some improvement. But even though we lost two games in the tournament, I'm really proud of our performance because we were playing higher tier teams, and we held our own," said Wilson.

An opportunity for Andover to improve its teamwork came from a scrimmage against the '04 Big Dogs, a local team of eighth graders. The scrimmage was an opportunity for prospective students to play on Andover's campus and tour the new Snyder Center. Andover beat the Big Dogs 8-0.

Wilson said, "It was a great opportunity to practice as a team, and it was good to get to know people who have a chance of coming here and being on the Andover Girls Hock-

Andover will travel to St. Paul's on Saturday.

BOYSBASKETBALL

Boys Secure 32 Point Win Over St. Paul's

JED HEALD

Andover	76
St. Paul's	44
Andover	45
Exeter	73

Late into the first half of Friday's game at St. Pauls, Post-Graduate Derrick Herrick '18 sprinted down the court on a fastbreak and dunked the ball to extend Andover Boys Basketball's lead. Andover went on to win the game 76-44 and secure its first win of the season. On Wednesday, the team faced off against rival Phillips Exeter Academy in the first of two meetings this season and lost, with a final score of 73-45.

The team's record is now 1-7. On Friday, the team started out the first half slowly but eventually came alive as the game progressed and pulled away in the end, according to Co-Captain Dallion Johnson '20. Johnson, Herrick, and Matteo Whelton '20 led the team in scoring with 25, 17, and

ten points, respectively.

"The first couple of plays were sloppy with turnovers and bad shots. We woke up, decided to play harder, and managed to build a lead by just simply moving the ball and knocking down shots," said Johnson.

Colby Gendron '18 said, "The game was competitive for the first half; however, we were able to pull away and win through consistent talking on defense and believing in one another. We worked hard together as a team and just played as hard as we could."

With many players out sick and others injured, Andover gave its best efforts in its game against rival Exeter but was unable to come away with a

According to Head Coach Terrell Ivory '00, the team started out slow and did not play with enough energy in the first half to match Exeter's mo-

tivated team. "When a team that talented plays well and we don't come out prepared to play, it will get ugly soon. [Exeter] went up by ten points quickly. We played better in the second half and had more energy, but at that

point we were just digging ourselves out of a hole, and it was

too late," said Ivory.
Whelton said, "On offense, we just couldn't hit a shot. We were running the plays right and doing everything we could, but the shots just weren't falling, and that's basketball sometimes. Defensively, we could have played better, but we had too many lapses of concentration due to our offensive performances."

According to Johnson and Gendron, the team has to work together and play hard on defense in order to keep winning games.

"Our record isn't an indicator of how good of a team we are, as we play in a very competitive league and have shown a lot of potential. In order to keep winning, we need to continue listen to Coach Ivory and work hard on defense," said

Gendron. Johnson added, "We have to continue staying disciplined on both sides of the court. We have to limit our turnovers offensively and constantly play

with pride on defense." Andover will host Milton Academy at home this Friday

GIRLSBASKETBALL

Andover Redeems Itself In Final Game of Tournament



T.RYNNE/THE PHILLIPIAN Molly Katarincic '18 serves as a Co-Captain of the Girls Basketball team.

MARISOL NUGENT

Andover	32
Brewster	48

In its eighth game of the season, Andover Girls Basketball suffered a 48-32 loss against Brewster Academy, further lowering its season record to 1-7.

Junior Brooklyn Wirt '21 showed great ability in the game despite the deficit, according to Co-Captain Molly Katarincic '18.

Katarincic wrote in an email to The Phillipian, "Wirt really stepped up and brought hustle to the court. Even though we lost, she inspired the rest of the team to match her intensi-

Over Winter Break, Andover competed in the Groton tournament. Despite losing against both Proctor Academy and Groton with respective scores of 48-23 and 48-44, Andover came back to defeat Phillips Exeter Academy 57-31 in its final game.

Katarincic believes that the team struggled at first due to the physicality of its first two

opponents. Katarincic said, "Looking forward to the rest of the season, I think we can definitely improve on the quickness and physicality of our game. I think we struggle against teams like Proctor and Groton who had several players who were very large but also very fast and we struggled to defend that. If we can match that style of play we will have great success.'

Even though Andover got off to a slow start, it gained energy and confidence as it continued to warm up and play more games, according to Hannah McGrath '20.

"The team changed because we started playing with more confidence. We were taking the ball strongly into the paint as well as looking for our teammates and not playing

selfishly," said McGrath.
According to Katarincic, the team was able to maintain strength despite its losses, resulting in its success against Exeter.

Katarincic said, "I think what I'm most proud of from the holiday tournament is that we definitely had some lower points but we didn't let that affect our morale and we really were resilient and came back to give it our all until the very end which ended us affording a 30-point lead over Exeter."

Andover will face Milton Academy on Saturday.



K.YOUNG/THE PHILLIPIAN

SPORTS IN BRIEF

Visit www.youtube.com/ phillipianvideo for a look into Girls JV2 Squash.

Last Wednesday, Andover Boys and Girls JV Basketball faced off against St. John's Prep and Central Catholic, respectively. While the girls won 35-33 to raise their season record to 2-0, the boys suffered a 61-55 loss, lowering their own record to 1-1. On Saturday, both teams will compete away; the boys will face Tabor while the girls will play Milton.

In its matchup against St. Paul's, Andover Boys JV Hockey defeated its opponent with a final score of 6-1. Andover Girls JV Hockey played against Algonquin last Saturday and Austin Prep last Tuesday, finishing with final scores of 2-2 and 4-0, respectively. Holding a record of 1-2-0, the boys team will play against Tabor this Saturday. On the same day, the girls will play Tabor, entering the game with a record of 1-2-0.

Both Boys and Girls JV Swimming secured wins against Landmark on Wednesday with scores of 47 and 53, respectively. This Saturday, both teams will enter meets against Eaglebrook with season records

Andover Boys and Girls JV1 Squash secured 6-1 wins against Brookline High School last Saturday. On Wednesday, the girls suffered a 4-3 loss from Windsor Academy to lower their record to 1-1. The boys, however, were able to win 4-3 against Deerfield to maintain their undefeated 4-0 season record on the same day. The boys team will face off against Groton this coming Friday, and the girls team will compete against Phillips Exeter Academy next Saturday.

GIRLSTRACK

Girls Sweep Entire Schedule at Home Opener

JACOB BUEHLER

Andover	84
Governor's	25
Wilbraham	8

Andover Girls Indoor Track and Field opened their season this Wednesday with a dominant victory at its new Snyder Center in a tri-meet against Wilbraham & Monson Academy and Governor's Academy. Andover won the meet with a score of 84 points, while Governor's claimed second with a score of 25 points, and Wilbraham finished third with a score of 8 points.

Describing the meet, Captain Fredericka Lucas '18 said, "Today's meet was an amazing way for the team to kick off the season and break in the new track in the Snyder Center. There were great performances across the board, from our youngest athletes to our most experienced athletes. Several PATF alums from the Class of 2017 and our former sprints and hurdles coach, Coach Johnson, also visited, making the meet particularly special."

Andover's new Snyder Center includes a 200-meter flat rubberized track, a shot ring, jump pits, bleachers, and mats for pole vault and high jump. Additionally, the facility is much better-lit, larger, and more open than the Case Memorial Cage, allowing spectators a more comfortable and clearer view of the competi-

The Snyder Center's rubberized surface allowed athletes to compete in faster, spiked shoes instead of the flat shoes required in the Case Cage. This is a major improvement, according to sprintller Ava St

"Competing in spikes is way, way better than having to use just regular shoes in the Cage. And I also think it's nice to have a bigger track, especially for the longer events," said Stills.

Sprinter-jumper Madison Bourassa '20 also praised the facility's jump pits.

"Everyone was looking forward to being able to wear spikes on the track. I was personally most excited for the new sandpit that I got to jump into, since I am a long jumper," she added.

Several of the distances competed changed, because the Cage had been a 150-yard track and the Snyder Center is a 200-meter track. In par-



I RUEHLER/THE PHILLIPIAN

Rachel Chang '20 participitated in last meet's long jump event.

ticular, the 50-Yard Dash and Hurdles were changed to the 55-Meter Dash and Hurdles, and the 300-Yard Run, 600-Yard Run, 1000-Yard Run, and 4x440-Yard Relay became their 300, 600, 1000, and 4x400-Meter equivalents. This meant that the first finisher in any of those events had set a school record.

"It was also awesome to see history being made as several athletes set records for the new facility," said Lucas.

The meet was highlighted by the 4x400-Meter Relay. The Andover A-team of Georgia Ezell '19, Isabella Morzano '18, Sadie Cheston-Harris '21, and Lucas was closely pursued throughout the entire race by a dogged Governor's team. The two teams exchanged the lead several times throughout the race. A powerful last 200 meters from Lucas allowed her to pull away from the Governor's team in the last straightaway and secure a victory for Andover, outrunning its opponent in a time of 4:28.59 minutes to Governor's 4:29.38 minutes.

"We finally took the lead in the third leg, but it was super close right until the end. That made it really fun to cheer for. You could hear the crowd getting louder and louder as they got closer to the finish line," said sprinter-jumper Jan Rangsisingpipat '19.

The main factor for Andover's success was team spirit, according to Bourassa.

"I think the team spirit displayed today played a big factor in our teams win. Track isn't usually seen as a team sport, but in order for our team to get points we need multiple people placing in all different events," Bourassa said.

Bourassa continued, "Last year most of the track athletes

would leave before the meet had completely finished, but today almost everyone stayed for the entire meet, which made the team spirit contagious. Having people stay and cheer you on even when you are in one of the later events, helps to keep you going.'

Stills continued, "This was one of the highest-energy meets I think we've ever had. I think it was a really good vibe, not just because we won, but just because the people there were really positive, and there were a lot of fans, and everybody stayed until the end."

Wednesday's meet also allowed many new members of Andover Track and Field to show their prowess. Post-Graduate Sophia Slovenski '18 claimed a first-place finish in the Long Jump with a mark of 15 feet, 9.25 inches, along with a third-place finish in the 55-Meter Dash with a time of 7.78 seconds, and picked up another first-place finish in the 55-Meter Hurdles with a time of 9.29 seconds.

"One thing about track is that it's a constant show of people doing their best effort, and for me, cheering on for them is my favorite thing," said Slovenski. She continued, " I'm very excited for the rest of the season. And the Snyder Center, it's just amazing. I've never seen a track like this be-

Lucas said, "Going forward this season, we hope to continue to get stronger, avoid injury, and continue performing well in meets. I'm so proud to be part of such a spirited and hard-working team!'

Andover will host Andover High School at home next Wednesday.

NORDIC

Andover Starts Season With Successful Meets

PHOEBE BICKS

On December 6, Andover Nordic competed against Proctor Academy. While the matchup did not count for the team's standings in the league and was not officially scored, Andover still had a productive day according to Head Coach Keith Robinson, with skiers competing in both varsity and novice races.

Several newcomers promising finishes, Co-Captains Claudia Leopold '18 and Spencer Davis '18 were able to help out the beginners, according to Coach Robinson.

Coach Robinson said, "It was the first race of the season. We hadn't been on skis yet, so it was the first time on skis for a lot of people this year. The whole team overall did very well for their first time on snow back. It was good to get out on snow early. Typically, that race has been cancelled for the last six

Sam Lasater '21 added, "I was in the novice race, having never cross country skied before this season. We had a couple of really good skiers out there, among them [Leopold], Posie Millett ['20], and Eli Newell ['20]."

Lila Brady '18 said, "Our [boys] team did really well. I think we might have won. It wasn't officially scored, but they were definitely the predominate people in the top ten spots... The people in the beginner race [skied] a lap, and everyone cheered for them. It was really fun. I think the biggest thing was that [they hosted] this beginner race, which is pretty unusual. It was just to celebrate the people who were trying a new sport."

After returning from Winter Vacation, Andover competed in its first official race at Cardigan on Wednesday.

Robinson Coach "Wednesday's race went well. Long trip to Vermont, but beautiful conditions and great course. I only have preliminary results now, but Neil Thorley ['19] was our top skier for the boys and had a good race, but his skis weren't feeling all that fast, so he hopes to improve in the coming weeks."

"Looking into the season, we have a couple newcomers that are going to play a big role. Nikita Muromcew ['21] has experience and has skied back home. Nick Schoeller ['18] had a really good first race. Having never raced before, he jumped into the varsity race and did great and will be helpful for this team. Hats off to my two Captains, Spencer Davis and Claudia Leopold. They helped the beginners figure out what to do and get out there," added Coach Robinson.

Next Wednesday, Andover will compete at Dublin.

Nick Schoeller is a Copy Editor for The Phillipian.



C.MUNN/THE PHILLIPIAN

Eli Newell '20 (front) has raced on Andover's Varsity team since his Junior

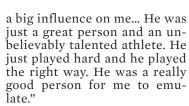
Head Coach Feature

Terrell Ivory '00 Shapes Players With Professional Experience

GIGI GLOVER

Growing up in a basketball-loving family, Head Coach Terrell Ivory '00 developed a deep passion for the sport at an early age. Both Ivory's father and older brother played basketball and as a result, he was surrounded by the sport throughout his youth. Some of Ivory's earliest memories include playing on the local YMCA team for his father.

Ivory said, "My dad was my first coach so I would say he is



After playing on teams throughout elementary school, Ivory joined the varsity football and basketball teams at North Meck High School. After graduating, he enrolled at Andover as a Post-Graduate where he further pursued his basketball and football careers.



Ivory went on to attend Davidson College as a walk-on for the division one basketball team. He played at Davidson for all four years and was awarded a scholarship his Se-

Ivory said, "When you play for a small school in a small conference, you work really hard to make it to the NCAA tournament. We had to play I think three games in a single elimination so if you lose you're out and your season is over and we won three games and won the Southern Conference Championship and qualified to play in the NCAA tournament my sophomore year."

Following his collegiate career, Ivory moved to the United Kingdom where he played professional basketball for the Manchester Magic.

After playing professionally for a year, Ivory retired his basketball career as an athlete and went on to become a coach. He started as a coach at Blair Academy but later returned to Davidson College as an assistant coach and the Director of Basketball Operations. There, Ivory coached Stephen Curry, who now plays in the NBA. Before every game, Curry and Ivory would shake

hands, jump, and touch shoul-

After coaching at Davidson College, Ivory worked at Colgate University before returning to Andover in 2011.

Ivory said he hopes to pass on the hands-on wisdom he has gathered over his years of personal training and coaching. He leads his players with the mindset that mistakes are okay as long as each player is working their hardest and learning from errors.

Ivory said, "Your effort and the way you compete matter so much and if you play with effort and you play hard every play, you are going to be more successful. The way you approach the challenges that you face on a daily basis, whether it is on the court or off the court, that matters. You want to approach something saying I'll figure this out and having [a

positive] mindset." Ivory has also helped his players reach their full potential by encouraging them to take more risks and helping them increase their confidence, according to Post-Graduate Derrick Herrick '18 and Co-Captain Dallion Johnson

Herrick said, "He has helped

me be confident a lot. He believes in me, so my confidence has gone up a lot. He has incorporated me a lot in the offense and just telling me that I'm here for a reason [makes me feel more confident].'

Johnson said, "He made me more confident as a shooter because he would yell at me if I didn't shoot the ball and if you think about it, that is kind of crazy for a coach to yell at you for not shooting. Usually coaches yell at you for not playing defense."

In practice, Ivory lifts the team up by continuously having a positive attitude and cracking jokes when needed, though he remains a serious coach when he needs to in order to help his players, according to Jack Penney '21.

"He definitely has a different presence than all my other coaches. He's not as tight, he's looser than the other coaches I've had but he'll yell at you when he needs to," said Pen-

Penney continued, "He's always happy and positive. It definitely helps the team atmosphere in a positive way because it really helps everyone want to be there."

Terrell Ivory '00 played for Andover Boys Basketball as a student.

Athlete of the Week

Matteo Whelton '20 Draws Strength From Teammates

ABBY RYAN



M.JEON/THE PHILLIPIAN

Matteo Whelton '20 played for Swiss's U18 National Team.

A consistent offensive threat and a skilled passer, new Lower Matteo Whelton '20 has proven to be a pivotal player on Andover Boys Basketball. A member of the U18 Switzerland National Team, Whelton adds an unmatched knowledge of the game and a strong outside shot to the team, according to Co-Captain Dallion Johnson '20.

In an email to The Phillipian, Johnson wrote, "The first game of the season, he was hitting shots from everywhere. Once he hit his first few in a row, I knew he was feeling it, so I continued feeding him. The dude is a knock-down shooter. He'll get the crowd lit real quick by sending them a salute or fist pump after knocking down a three ball."

Whelton scored eight threepoint shots in his first game at Andover, igniting a strong offensive performance by the team for the rest of the season.

Whelton's charismatic personality and enthusiasm for the sport motivate his teammates and create a fun gametime environment, according to Derrick Herrick '18.

"Matteo is a great passer and teammate who is fun to be around on and off the court," said

Due to his skill on the offensive end of the floor, Whelton has been named The Phillipian's Athlete of the Week.

Who influences you the most regarding basketball?

My dad is my biggest influence in life and in basketball. With him having been a player and a coach I can easily talk to him about stuff that happens on and off the court as I know he's already been through this before. He's always pushing me to become a better basketball player but more importantly a better person everyday.

What were some of your accomplishments in basketball before attending Andover?

Some of my accomplishments before attending Andover are receiving All-Area honors as a freshman and being selected to play on the Swiss National Team.

How was the transition from playing on the Swiss National Team to also joining the Andover team?

The transition from playing on the Swiss National Team to here at Andover was challenging but fun. Basketball in Europe is played differently than over here in America so getting used to it over here again was a struggle at first but it's getting better and better everyday. Although it was tough being away from family and friends for so long it helped me become a better basketball player so I'm grateful for the opportunity to have been on the

What are some of your most memorable moments/plays on the Andover team?

The most memorable moments from this year mostly come from the bus rides to and from games. We're a tight knit team that enjoys being around each other.

How do your teammates impact how you practice and play in games?

My teammates help me to put in a lot effort in practices and games, we're an energetic group at practice so when you're tired or not feeling practice that day you feed off that energy.



COURTESY OF JEANELLE ABOU-EZZI

Whelton was the top scorer in Andover's home opener against Choate, with 30 points.

What are your thoughts on previous games this season?

The first seven games of the year were tough. It was a mixture of still getting to know each other's tendencies on the court alongside a difficult schedule was a tough way to start the year. I feel like we've gotten through the growing pains as a team and now we're headed in the right direction.

What are some personal and team goals that you have set for this year?

A personal goal I have every year is to get better, I want to look back at the end of the year to the beginning and see the progress I've made. I think the same thing applies to our team, to be playing our best basketball come playoff time.

What motivates you to continue playing?

The thing that motivates me to keep playing is my love for basketball. It's something I've loved ever since I started playing and look forward for the challenges and memories ahead.

Captain Feature

Dallion Johnson '20 Sets Standard Through Hard Work and Dedication

LINDA BIBEAU

A native of Haverhill, Mass., Dallion Johnson '20 started playing basketball in preschool after being introduced to the game by his father. He quickly fell in love with the sport and continued to play all throughout elementary and middle school on Amateur Athletic Union (AAU) teams in the area.

Johnson often played with teams in the grades above him, allowing him to compete with and learn from older players. At Andover, Johnson was the only Junior to make the Andover Boys Basketball team last year. His hard work and talent earned him the respect of his teammates and coaches, who named him Co-Captain as a

Johnson is respected by his teammates for his easy-going personality, but also for his



WENNIS/THE PHILLIPIAN

Co-Captain Dallion Johnson '20 scored 25 points in his game against St. Paul's.

ability to know when it is time to get serious and focus in practice and games, according to Matteo Whelton '20.

"He can fool around and joke around with the guys but he knows when it comes to practice and games [that] it's time to take care of business and as a team we see that and respect it," said Whelton.

As Co-Captain, Johnson sets examples of hard work and accountability both on and off the court, according to Head Coach Terrell Ivory '00.

"I think he does a really good job of leading by example. He's not necessarily the most vocal captain, but he does lead by example and if he needs to he has the ability to hold kids accountable. People like him so they are more likely to listen to him when he gives them advice or when he is trying to help them understand what they're doing. I think it is hard to have expectations of other kids on the team if you're not meeting those expectations so he does a really good job of meeting my expectations," said Coach Ivo-

Johnson season, switched from playing shooting guard to becoming the leader on the court as the point guard. Johnson credits this switch in position, along with his role as Co-Captain, with helping him develop as a player and leader.

"Basketball has taught me to be more vocal and humble. I would always be one of the best players on the court but my parents and grandparents

always told me to stay humble. This year I have been talking a lot more because as the point guard you have to be the leader on the court, and being a captain this year is a much bigger role than last year," said John-

On the court, Johnson is a versatile player and an asset to the team both defensively and especially offensively, according to Whelton and Post-Graduate Derrick Herrick '18.

"Dallion is very talented. He can shoot, dribble, pass, defend; he's fast and agile he's everything a college coach is looking for. His biggest asset on the court I think his scoring ability. He can score from outside, mid-range, or at the rim. As a team we view Dallion as our best player and someone we count on day in and day out. We're lucky to have him," said

Herrick said, "He does a good job of leading by example through his actions. Dallion is a very good ball handler who can score in a variety of ways. He is also a very hard worker and someone I am glad to call my teammate."

Johnson also possesses the ability to remain poised and collected as a leader and player when the team is faced with a tough situation or when the game is close, according to Coach Ivory and Whelton.

"He is really composed and really good in situations where there's a lot of pressure on him. On a nightly basis he has to do a lot for us and he doesn't get rattled at all in situations [where] there's a lot of pressure. He does a good job of handling those situations," said Ivory.

"He approaches difficult situations head on. When the game is close and it's crunch time we know he'll be there for us. He'll never shy away from the big moments and that's something not everyone is blessed with," said Whelton.

As Co-Captain, Johnson hopes to be viewed as a leader who is not afraid to speak up in order to help the team improve. "I want to be viewed — not only by my players but by all people around me - as a good person. But in basketball if you are the only leader on the team or the captain, sometimes [you have] to speak up and say things that [you] don't really want to say in order to get the team to listen. People aren't going to like you every time, especially your teammates and sometimes you have to yell at them or reprimand them. My main goal is to become a better player but also to make my teammates better," said Johnson.



COURTESY OF JEANELLE ABOU-EZZI

Dallion Johnson shines in high pressure situations according to Head Coach Terrell Ivory '00.

Captain Feature

Jason Reynolds '18 Unifies Team with Energy and Humor

NASH JOHNSON



Co-Captain Jason Reynolds '18 is currently out of the season due to injury.

After being a passionate soccer player for most of his youth, Co-Captain Jason Reynolds '18 picked up basketball at age 13 with a desire to try something new. The sport quickly grew on him because it allowed him to connect with other kids in his hometown of Charlotte, N.C.

"I have been playing basketball for five years now, and I really started when my family moved to Charlotte, and I tried out for my new school's team.

I enjoyed it because it was a great way to hang out with all of my friends, playing streetball together in our backyards all the time," said Reynolds.

When Reynolds arrived at Andover his Junior year, he started playing on JV1. He was then selected for Varsity in his Lower year and has since developed a greater understanding of the Andover basketball program. Encapsulating the values of the Andover Basketball program is one of his goals this season as a leader on the

"What I think I bring to the table is a ton of experience with Andover basketball, and I want to use that experience to help the team. I want to try and inspire the team by being as uplifting as possible, as we have had problems with atti-tudes in the past," said Reyn-

Sahil Tekchandani '19 said, "Jason helps the team in a bunch of different ways. He brings a couple years of varsity basketball experience and a strong knowledge of the game."

According to Jackson Emus '19 and Akshay Mundra '18,

Reynolds consistently devotes himself to supporting the team, even when he has been unable to play due to injury. Emus said, "I would say that

he sets a precedent through his upbeat attitude even when he is off the court. He's very personable and approachable, which makes it easy to work with him and be around him every day... He still comes to every road game, film session, and practice despite being injured. In this way he does a good job of holding everyone accountable for being on time to practice and still participating in being part of the team."

Mundra added, "Jason is a great player and an especially tenacious defender, but I think his impact on our team off the court is even more significant. He's consistently a source of energy and encouragement... I always talk to him during the game to pick his brain on what he's seeing. Whether it's game day or just a shoot around, we can rely on him to pick us up

when we need it." According to Mundra and Matteo Whelton '20, Reynolds is also a role model for his teammates because of his unwavering effort and intensity on the court.

Mundra said, "Jason definitely leads by example. You can tell by the way approaches the game that he loves to play, and his passion is contagious. He's not afraid to get in someone's face when they're not up to par, but he'll always make sure to end on a positive note."

Whelton added, "Jason is always at practice on time and never complaining. He's the epitome of a team player. Never puts himself above the team and always keeps the team

Another aspect of Reynolds's persona is his lightheartedness and humor, critical for his leadership approach, accord-

ing to Reynolds and Whelton. Reynolds said, "I basically try to help them by being as positive as I can, and I turn to humor to do this. If the team is happy, I am happy. If they are

laughing, I know I'm doing a good job." Whelton said, "As a person, Jason is as good as they

come. He's funny, intelligent,

and charismatic. When I was

introduced to him at the beginning of the year I could tell right off the bat how well he carries himself and how much he cares about the team."

This season, Reynolds is joined by Lower Dallion Johnson '20 as Co-Captains, and the two work together with ease, according to Reynolds.

Reynolds said, "It is a perfect dynamic. It's a blend of someone with experience on the team that understands how [Head Coach Terrell Ivory '00] works as a coach and who is good working with a lot of people, and you have Dallion who is a strong and silent type who leads by example and is one of the best players on the team. The combo of experience and raw talent blends together

Reynolds has high hopes for the team this year and hopes his Senior year can be his best

"I'm hoping for a winning season. I want to beat Exeter. I want the shining Nepsac trophy to be sitting on my desk," said Reynolds.

BOYSSQUASH

Boys Squash Falls to Deerfield In First Match in Snyder Center

ETHAN WEISSMAN

Andover	2
Deerfield	5

After a long rally, sixth seed Xander Schwartz '19 received the



R.FAWCETT/THE PHILLIPIAN Ishaan Patel '18 plays second seed

for Andover Boys Squash.

ball at midcourt and reverse-boasted it into the corner to win the point against his Deerfield opponent. Schwartz went on to win his match 3-0. Despite Andover's efforts, the team ultimately fell 5-2 to Deerfield for the second year in a row. Andover's record now stands

Captain and third seed David Tsai '18 commended Schwartz on his play. Tsai said, "Xander Schwartz had an unbelievable win today. I think he deserves player of the day for winning his match for the team and just taking care of business and doing his job."

Going into the match, the team looked to do its job and play smart and simple, according to fifth seed Erik Wang '21.

Wang said, "We were all just trying to play our best since, historically, Deerfield has been a strong team. We were trying to play our part and play tactically and aggressively and stay in every rally."

"We were trying to play simple, smart squash, trying to not get too complicated and not be the first person to lose focus. We tried to stay tight, stay in rhythm, and not make too many mistakes," said

Fourth seed Jack Lee '20 also suffered a 3-1 loss but showed an inspiring fight, according to Tsai.

Tsai said, "Jack Lee had an awesome win in the first game, which really set the tone for everyone else. He fought extremely hard and should be really proud of how he played the match."

Schwartz said, "Deerfield was obviously a very skilled team. They are very good down through the entire ladder. I thought we had some really good fight through our own ladder.'

According to Tsai, the team will focus on playing confident, precise squash to prepare for its match against Groton on Friday.

Tsai said, "We're looking to play squash that is simpler and also more mistake free. We have to focus on being more confident when controlling the points and controlling the match situation."

BOYSTRACK

Boys Dominate First Snyder Center Meet

JERRY SHU

Andover	92
Governor's	16
Wilbraham	10

In its first meet in the new Snyder Center on Wednesday, Andover Boys Indoor Track & Field won in a tri-meet at against Governor's and Wilbraham & Monson, with a score of 92-16-10, respectively. Andover's record now stands at 1-0.

Despite losing many Seniors, Andover's returning athletes and new talent shined.

Tulio Marchetti '21 said, "The coaches said before the game that Andover is 'the team to beat,' whether that's in the conference, or at the USATF regionals. We continue to strive for first place."

Andover placed first in every event, from the 55-Meter Dash to the 2-Mile Run, and also earned six second place finishes.

Josh Thomas '19 finished first in the 55-Meter Dash, in 6.96 seconds. In the 55-Meter Hurdles, Michael McCullom '18 dominated the race with a time of 8.24 seconds, followed by teammates Andrew Wang '18 and Neel Desai '19, posting times of 9.29 seconds and 10.50 seconds, respectively.

In the last individual event of the day, the 1000-Meter Run, Andover swept all of the point-scoring places, with Sam Tobin '18, Da-

vid Cohen '18, Cedric Elkouh '18, and Will Leggat '20 finishing with times of 2:51.93, 3:05.89, 3:09.36, and 3:21.20 minutes, respectively.

In the 4x400-Meter Relay, Andover finished nearly nine seconds ahead of its nearest competition, in 3:38.95 minutes, wrapping up the meet with a commanding victory.

According to Ayana Alemayehu '21, the new track is a far and above improvement from the Case Memorial Cage.

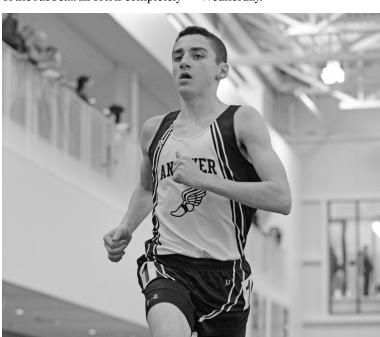
Alemayehu said, "The track is really easy on your knees because of the rubber... all of it is completely

new, no potholes [unlike the track in the Cage]... and there are tons of lanes, too, so tons of people can run

While this win will be one to savor, according to teammates, Andover is already looking ahead.

Kameron Saalfrank '21 said, "This meet was a baseline. The coaches will take a look at the results, and we will look at what we need to do to improve better for the

Andover will host a meet against Andover High School next Wednesday.



J.BEUHLER/THE PHILLIPIAN

Alex Fleury '20 runs for Andover all year round.

BOYSHOCKEY

Boys Beat Hotchkiss in One of Four Games at Flood Marr Tournament

IRENE KWON

Andover	5
Tilton	3

Thomas Manty '19 received the puck at center ice, dodged defending Hotchkiss players, and shot the puck into the bottom left corner of the net. Manty's goal ultimately propelled Andover to a 4-1 victory

over Hotchkiss. The game against Hotchkiss was just one of four at the Flood Marr Tournament, where Andover also competed against Westminster, Nobles, and Milton. Unfortunately, according to Head Coach Paul Tortorella '80, the team was not as triumphant coming out of the tournament as it had hoped, winning only the game against Hotchkiss. On Wednesday, Andover secured a 5-3 win against Tilton, raising their standing sea-

son record to 4-1. Coach Tortorella said, "We played some good teams. The Nobles game was disappointing that's the game that got away from us - but [the game against Milton] was a close game. We had the better of it for half the game, and Milton had the better of it for half a game. It was a back and forth

Although the team fought its hardest, it was still frustrated with the outcome of the games and has resolved to work harder, according to Matthew Veneri'21.

Veneri said, "We had high expectations going into it, and I don't think anyone was satisfied. I think everybody knew it was sort of a reality check to make sure that's what can happen if we don't play well. We were expecting to come out of there a little bit more victorious than we actually did. That was a good time to collect ourselves and re-evaluate how we can win more games as a team."

Despite the disappointing results, there were learning opportunities to be taken from the tournament so that the team can improve its game for the remainder of the season, according to Veneri and Sawyer Moody '19.

"During the tournament, what was highlighted was that we didn't necessarily play as a team. I personally think that playing as a team is the only way that you'll be able to successful. We had flashes of that during the Flood Marr Tournament, but that's really not enough... The teams that we played and lost to were not more skilled than us, but what they did do was they took that skill and played together as a team, which we failed to do at times," said Ven-

Moody added, "As the tournament proved to us, we need to work on coming out strong in the first period. We don't usually do that, and we find ourselves trying to claw back after every goal in the second and third periods. I think if we come out strong, then we'll have a strong second half of the

This Saturday, Andover will face off against Exeter at home.



A.MACAYA/THE PHILLIPIAN

GIRLSSQUASH

Girls Sweep Winsor



Avery Westerfield '18 won her match 3-0 this Wednesday.

JULIET GILDEHAUS

Andover	7
Winsor	0

Sixth seed Skyler Spaulding '20 delivered a cross-court hit that landed in the back corner, quickly winning the point and securing yet another victory for Andover in a 7-0 sweep against Winsor School. The team's record now stands

"Overall, the team performed super well; we won up and down the whole ladder and everyone competed with a tremendous amount of integrity," said first seed Prianca Patel '19.

Despite beating Andover last season, Winsor was unable score against the team.

Captain and fourth seed Caroline Yun '18 said, "We were the stronger team going into the match as Winsor lost many of its Seniors last year, but the competition definitely made it still a good match for us where each player learned something about her game."

"Winsor didn't have the strongest team, and we knew used that to our advantage by going into our match with specific goals. We knew it would be beneficial to use these easier matches to practice things we've been drilling in practice," added Patel.

Currently ranked second in the country behind Deerfield, according to USSquash. com, Andover will continue to work in practice to secure the top spot spot, according to

"Our goals for this season are to keep working on the precision of our shots and be very intentional about our aim and strength," said Yun.

Andover focuses on both technique and fitness. The team looks to use its physical strength and endurance to enhance its play on the court, according to fourth seed Avery Westerfield '18.

"A team goal for this season is to be the fittest team in the league," said Westerfield.

Additionally, with the opening of the Snyder Center, Andover looks to take advantage of the new facilities and improve its play in new ways, according to Westerfield.

"We are working on hitting more lobs - which the new high ceilings in the Snyder center can accommodate now," said Westerfield.

The team also continues to develop its immense sense of camaraderie and teamwork, according to third-seed Chelsea Cho '21 and Spaulding.

"The team has been really supportive. We have such a fun time together at every practice and match. We give each other tips between each game so that we play better in the following games. I'm so glad to be a part of this team,' Cho said.

"I really love this team because we have so much fun while also pushing each other to do our best. We're all so close and I can't wait to make more memories with [my teammates] this season," Spaulding said.

Andover will travel away this Saturday to play in a three-way match against Taft, Loomis Chaffee, and Phillips Exeter Academy.

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Isabel Ritchie '05

Moves from Abbot Cabaret to Governor's Ball

KAITLIN LIM

Last Christmas, Isabel Ritchie '05 took the stage as the violinist along with other members of The Strumbellas for the show "KROQ Almost Acoustic Christmas" put on by California-based radio station KROQ-FM. According to Ritchie, the band was so nervous to perform first at such a major event that they had to stop and restart one of the songs in their set.

"Even though we performed our set hundreds of times, we just froze and messed it up and had to restart the song. So that was pretty embarrassing, but the rest of the set was awesome and great. It was just funny in the end," said Ritchie.

Fueling her love for the violin and viola, Ritchie played in orchestras and a metal band called "Black Spider" at Andover. Her love for performing has only grown since performing original songs at Abbot Cabaret and landing herself a part in the Canadian folk-rock pop band, The Strumbellas.

"I actually joined the band on Craigslist. I was in college, and I had been playing violin, but I wasn't studying it. I was looking for a way to keep playing music, so I answered a Craigslist ad, and the band formed that way. There were about ten of us. It slowly whittled down to the six of us that are in the band today," said Ritchie.

Since the formation of The Strumbellas ten years ago, Ritchie and her bandmates have slowly been working their way up the music charts. The Strumbellas have performed at Bonnaroo, Governor's Ball, and Lollapalooza. In 2017, the band, which is based in Toronto, has won a number of eminent awards such as the iHeartRadio Music Award for "Best New Rock/Alternative Rock Artist" and the Juno Award for "Single of the Year."

"[Receiving the Juno Award] was just really surprising. We beat out people like Drake and The Weeknd and Shawn Mendes, so that was just really wild and unexpected. To get that kind of support from your peers and the Canadian music industry was just really special," said Ritchie.

According to Ritchie, Andover imparted long-lasting lessons onto her.

"I learned independence and self-motivation. One of the great things at Andover is that they really challenge you to motivate yourself and work hard and find your own passions. I think that experience definitely helped me become self-motivated and work hard towards things on my own," said Ritchie.

Ritchie attributes part of The Strumbellas's success to their songs and lyrics. Though songs like "Spirits" and "We Don't Know" have light melodies, the lyrics speak of heavier topics.

"We just try and have fun. A lot of the songs are upbeat and dance-able and gets people singing along, but the lyrics deal with a lot of heavier issues. It's the combination of darker or more serious lyrics, but upbeat music that you can still dance to and have fun and sing along," said Ritchie.

The Strumbellas's lyrical risks have built a large fanbase. Their songs have now reached thousands of people across the country.

"A lot of people have written to us and told us how much they connected with the lyrics, whether they're suffering with depression and anxiety or loss or PTSD. A lot of people from different backgrounds going through different things in their life can really relate to the lyrics, and that's so powerful and amazing and really fulfilling for



At Andover, Isabel Ritchie '05 played violin in a string quartet for a metal band named "Black Spider."

that to happen," said Ritchie.

Ritchie and The Strumbellas have drawn inspiration from a wide range of artists who are willing to step out of their comfort zones and try new things.

"I think The Strumbellas and I look up to all sorts of powerful and inspiring musicians who do their own thing and are successful at it. Personally, I'm a big fan of Margo Price, whose albums are really confessional. She really writes from her experience. It's really brave in the way that she does her own thing. Generally, artists who take chances to put things up that are really personal and speak from the heart," said Ritchie.



Isabel Ritchie '05, left, grew up in Milwaukee, Wis., where she learned to

"sad poems." Exhibit Reflects the Reality of the American Dream

STEPHANIE YANG

A boy standing against a white background stares out from a large photograph on the main wall of the Addison Gallery of American Art Museum Learning Center. The photograph is mostly black and white with a slight army-green tint. Wearing a dark hoodie that casts a shadow on his face, he looks to the side with a sol-

emn expression. photo-Boy," "Hoodie graphed by Lonnie Graham, is one of the 23 pieces in "sad poems.," an exhibit curated by Brandon Qi '18 and Campbell Munn '19. In the fall, Munn and Qi took Art 400, Visual Culture: Discovering the Addison Collection taught by Stephanie Sparling Williams, Visiting Scholar in Art History and Assistant Curator at the Addison.

"What Brandon and I wanted to explore in our exhibition is the relationship between poetry and photography as well as the ubiquity of sadness and, in keeping with the Addison's tradition of speaking directly to American art, how the American Dream is often a

hollow idea," said Munn.
"It's really profound. I think that they really succeeded in capturing the desolation of these transient moments and bind them together in a way that amplifies each one's respective shortcomings when compared to the standard of the American Dream," said Sarah Chen '21, who viewed the exhibit.

Munn and Qi found inspiration after exploring the book "The Americans," a collection of photographs by Robert Frank. According to Munn, the title of the exhibit



play classical and Irish music.

COURTESY OF THE ADDISON GALLERY OF AMERICAN ART "Migrant Mother" by Dorothea Lange, pictured above, depicts the hardships of immigrants in the West during the

alludes to the foreword of the work, in which Jack Kerouac writes that Frank "sucked a sad poem right out of America onto film."

"That is something that Brandon and I encountered really early in our exhibition research when we were planning what we were going to be talking about and what we wanted to explore. From that, the entire exhibition kind of flowed in rediscovering pieces we wanted to work with and the broader theme of what we wanted to refer to," said Munn.

"Coltrane and Elvin," a piece by Roy DeCarava, features a close up of John Coltrane playing the saxophone while a blurred Elvin Jones is hunched over drums in the background. The photo is mostly tinted a dark purple and out of focus, save for the light reflecting off of the sax-

"I particularly liked the Roy DeCarava images since his photographic philosophy is probably the closest to aestheticism, and in that sense, since it's more detached from

the narrative component from some of the more journalistic or political images of the exhibition, speaks closer to my heart," wrote Qi in an email to The Phillipian.

Another piece in the exhibit, Dorothea Lange's "Migrant Mother," taken in 1936 in California, shows a mother with short, dark hair breastfeeding a baby on her lap. The mother sits on a cardboard box and furrows her eyebrows as she squints downward, hugging her child close to her. They sit inside a canvas tent held up by several tree branches. The land outside their tent is flat and desolate.

"Through images such as [this], we see something that was supposed to be the American Dream, moving to California, moving out West, but in her hollow expression we see complete defeat, amidst the Great Depression," said

A more colorful piece, part of the "Dream House" series by Gregory Crewdson, is set

in a living room. A young girl

in pajamas sleeps on the green

carpet, while pencils and pa-

pers lie scattered on the floor in front of her. Behind the girl, a woman wrapped in a blue blanket lies on a beige sofa staring at a television. Outside, a man gazes at the scene through a large glass door.

"The series deals a lot with suburbia and how Gregory Crewdson portrayed and looked through that. And essentially, he's created these really haunting scenes that should in a lot of people's opinions be the epitome of what America should be, but the lighting and the actors' facial expressions look depressed, almost, while sitting in this 5,000-square-foot house on the top of a hill with everything you could ever ask for, but still there's something missing," said Munn.

The "sad poems." exhibit will be on display until March

Editor's Note: Campbell Munn is an Associate Video Editor for The Phillipian.



COURTESY OF THE ADDISON GALLERY OF AMERICAN ART

"Hoodie Boy" by Lonnie Graham, pictured above, captures the often misleading allure of the American Dream.

Solby Lim '18 Reflects on Identity in Debut Album "Yellow"



Solby Lim '18 began working on her album "Yellow" after a trip to New

KATE MACLEOD

With rhythmic beats and bright chords playing in the background, the voice of Solby Lim '18 rings soulfully as she sings, "Why do I have to look like me?" in her original song, "Yellow." As the background accompaniment pauses, a solid beat kicks off the next line, "But I love my hair, my skin, my eyes." In the last seconds, the lyrics shift from a focus on Lim's experience to her reaching out to the listener and encouraging pride and self-love.

Lim's debut R&B and soul album "Yellow" was released on Soundcloud, Spotify, iTunes, and Amazon on January 1. The album contains five songs written and produced by Lim, connecting her passions for activism and music while focusing heavily on her life as an Asian-American woman.

Claire Jungmann '18, a friend of Lim's, wrote in an email to The Phillipian, "Solby as a person is so powerful and loving, and you can really see that in each of her

songs. Her love for social justice comes through with calm and loving power through her beautifully-sung lyrics. If you know Solby, you know these songs are truly parts of her that she expresses so well. Her songs are serious, but they aren't cynical. They're more like a celebration than simply stating what is unjust."

Although Lim first thought of making an album a few years ago, she says that a trip to New York last year gave her the inspiration to bring her idea to fruition.

I actually started this album last year because I was in New York for a couple months, and just being there... [and] finding the activist spaces I feel really comfortable in really inspired me to kickstart this album... I think that I've been trying to find this intersection between activism and music for a really long time, and I feel like this is finally it," said Lim.

Lim also found inspiration in the 2017 album "Ctrl" by contemporary R&B artist SZA. Many of Lim's songs draw from the authenticity and messages conveyed in SZA's album.

"I think one of the reasons why [SZA's album became popular] was because she just spoke from her heart and she spoke from her experiences as a black woman and experiencing love and dating and all that stuff. To me, it was just so natural. She used a platform, and she just told her story, and just the essence of activism and feminism for me is telling your story. So... the basis of [my] album, was to [not be] educational, but to be like, 'This is my experience as a woman of color, and this is why I want to be an activist," said Lim.

Lim's favorite song on her album is "Too," a piece based on her experiences as a Korean-American woman and her struggles with Korean body standards. A steady electronic beat softly pumps in the background as Lim sings of her realization that beauty is different for everyone and is not "one-sizefits-all."

"I tried to make the theme for most of my songs to not to be too down and horrible and like, 'Everything sucks.' I think that [with this] song in particular, I was able to do that well, and I think that vocally that was one of my favorite ones. That's one narrative that I really stuck to. One narrative was for girls like me who don't fit into standards in their culture just to be able to listen to that song and be like, 'Someone relates, and someone is telling me you don't need to fit into those standards, and your body is there to empower you and not to put you down," said Lim.

One of the biggest challenges Lim faced during the process of working on the album was becoming accustomed to listening to her own voice for multiple hours, a transition from being a singer to being a producer as well.

"I normally don't like the

sound of my voice. I think that's a very common thing. Thinking as a producer and not as someone who hates listening to their voice doing that because I did have to listen to my voice over and over again for hours — that was probably the hardest part because, in my head, I was like, 'Oh, I sound so weird,' but I just needed to get through it to conquer those fears," said Lim.

In the future, Lim hopes to create a second album. Although she has not began working on it yet, Lim has some potential ideas and hopes to entitle the album "Feminist."

"I think I want to explore more the Asian-American identity. I did base my album "Yellow" on the Asian-American identity as well, but I also pulled together other things as well. I feel if I center on one topic, I'll be able to write songs that go deeper into issues," said Lim.



COURTESY OF SOLBY LIM

Solby Lim '18 focused much of her album "Yellow" around her experiences as an Asian-American woman.

CAMPUS COMICS

Jennie Guo and Coco Rawles



Look of the Week: Alice Ren '19 Models Winter Fashions through Jackets and Layers



K.AALTO/THE PHILLIPIAN

Alice Ren'19 centers her outfits around her jackets and color coordinates the different layers.

UANNE CHANG

With a pink faux leather jacket and a black hoodie underneath, Alice Ren '19 completes her layered outfit with a pair of gold geometric earrings and brown combat boots.

Ren said, "I love layers... Typically, when I pick out my outfit, I think of a jacket I'm going to wear that day and build [my outfit] around that."

Ren's jackets come from a variety of brands. According to Ren, one of her favorite stores for jackets is Forever 21. While Ren has a growing collection of jackets - including a thin, olive green cotton jacket and an oversized jean jacket given to her by her mom — her favorite piece is a white and black bomber jacket with a red

"It's the newest jacket that I have, and I'm still sort of experimenting with it, as in certain types of outfits that I can wear with it and what pieces complement it. I'd say it's my favorite at the moment because there are so many combinations I haven't tried yet, so it's exciting," said Ren.

Layering is one of Ren's favorite ways to coordinate her outfits. In addition to jackets, flannels and jewellery are also integral parts of Ren's wardrobe. According to Ren, her accessories often include dan-

gling metallic earrings in silver or gold. Ren said, "[My favorite ear-

rings] are these two dangling

metal squares, which are interlocking. I'd say my earrings are pretty minimalist – just a simple pattern. Generally, I put on earrings when things are going wrong. It's either if I have the time to pick out earrings, I'll do it, or if I had a rough night, then I'll actually put together a nicer outfit."

Ren initially became invested in her style after an experience during her Junior year.

"I used to wear this one hoodie every day until somebody asked me, 'Are you wearing the same hoodie again?' And then I became more self-conscious, so it all started there," said Ren.

Over the past two years, Ren has developed her own sense of style that has been noticed by her friends.

'Even if it's a simple outfit, Alice always finds a way to add her own flair and elegance to it, be it with a snapback, dangling earrings, or an intricate braid. Not many people can pull off a snapback or a bubblegum-pink leather jacket, but Alice manages it," said Moumina Khan '19, a friend of Ren.

Statement pieces are not the only way Ren finds to personalize things and stand out: Ren's wardrobe choices also reflect her personality. According to Ren, her timid nature leads her to prefer certain styles over others.

"I shy away from more bold colors, typically. I see it on other people, and I'm like, 'Wow they look amazing!', but I'm not at the point yet where I think, 'Oh yeah, I could pull that off...' I either go with dark fall colors, like maroon and greens. But I also love pastels, and summery colors,"



Alice Ren'19 likes to pair her outfits with metallic, dangling earrings.

ARTS&TIBURE



Review: Huncho Jack, Jack Huncho

R.HALTMAIER/THE PHILLIPIAN

From the art on the cover to the artistry on the tracks, "Huncho Jack, Jack Huncho" is the best collaborative album of 2017. Legendary artist Ralph Steadman kicks off the experience with a gonzo art cover where Travis Scott and Quavo stand fierce and caricatured.

The album, released on
December 21, 2017, was a highly anticipated precursor to Scott's upcoming
"Astroworld" and Migos' "Culture
2." The album from Huncho Jack
(Scott and Quavo's name as a duo)
debuted at No. 3 on the Billboard
200 with 90,000 units sold the first
week.

The production is what really delivers the album to excellence. The

"Modern Slavery," begins the project with a sample of Otis Redding's "Cigarettes and Coffee" before the beat drops and the journey into an iconic array of Scott beats commences.

Scott and Quavo, however, fail to shine as individuals on the album in an effort to achieve chemistry. After the songs "Eye 2 Eye" featuring Takeoff and "Dubai Shit" featuring Offset, the other tracks seem to fade in memory and become the same couple of songs.

That said, the songs don't lose personality like some did on "Without Warning," the collab album between Offset and 21 Savage. However, unlike Future and Young Thug's "Super Slimey," the artists' unique styles don't come through on the tracks

Nevertheless, the adlib-laden project is a good stepping stone for each artist's individual albums.

Rating: 7/10

Artist in Residence Fred Liang Opens His Studio to Andover Community

JEANNETTE ZHANG

As artist Fred Liang gestured to a collection of white, clay sculptures of Buddha heads scattered across the floor, visitors shuffled around the Artist Studio in Abbot Hall, chatting about the work displayed in the room.

The open studio of Liang's work was held last Sunday and gave the Andover community a chance to meet Liang and observe his works in process. Liang is the Edward E. Elson Artist-in-Residence at the Addison Gallery of American Art this term and will be featured in the upcoming exhibit "Convergence," which will open on January 27.

"It's nice to have people come into the studio and see the work in the natural state instead of museum or gallery space where everything has been cleaned up. You see the struggle, the flaws, the unfinished work, and unsuccessful work. You get to see the progression of the thinking process, which you don't see anywhere else," said Liang.

Many students who attended the event also expressed appreciation for the opportunity to see the process of artwork being made.

"Whenever I look at art, I only see what it looks like when it's finished. It's really refreshing to be able to see the process in which the art is created... Also, I think all the sculptures are really unique in the way they are placed and made," said Ethan Chan '21.

A variety of artwork was displayed at the open studio, including sliced Buddha heads, collages, and smoke drawings. Together, the pieces were unified by the themes of transformation, transition, and exchange.

"[Liang] has a deep philosophical interest. He pursues his work in many mediums and whatever takes him on the path. So he's worked in painting, intricate cut outs, and moved on to sculptures. He's quite daring in the media that he uses but still [maintains] a very strong sense of his voice," said Natasha Bregel, one of Liang's graduate

school classmates.

When Liang first began creating art, he was heavily influenced by Chinese ink paintings of bamboo and horses. As he grew as an artist, his inspirations evolved, and Liang now also draws ideas for his art from his own experience.

"What really inspires me now, as someone who has been doing art for a while, is to understand how things are and why things are the way they are and how to use art to make those connections between different ideas" said Liang

ferent ideas," said Liang.
Looking forward, Liang is excited to continue his work as Artist-in-Residence this term.

"It was very easy to accept [the offer of being an Artist-in-Residence] because it's such an amazing program. As an artist you want to be part of a history, and this is an opportunity to be part of [Andover's] history. 'Decision' isn't necessarily the right word [to describe my choice] because it's more of embracing a chance to make an impact," said Liang.



COURTESY OF THE ADDISON GALLERY OF AMERICAN ART Fred Liang's art will be showcased in the Addison Gallery of American Art exhibit "Convergence."



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PHOTO Sampor Burke, Mekong Semester Student

THE EIGHTH PAGE SURPRISES EVERYONE WITH Very Original Jokes About New Year's and Snow

Unathletic Kid 'Super Hyped' PAPS Takes Extreme Steps For Snyder Center Opening To Combat Adverse Weather

WILL LEGGAT

In anticipation of the Snyder Center opening, Percy "Get that Kid Out of Here" McWedgen '19 reports that he is "more excited than his sable ferret Daniel at dress-up time" for the new sports facility to open its doors. Percy, who has participated solely in LIFE sports at Andover, is most excited about the new indoor track, on which he plans to set new power walking records and hold high-stakes underground ferret races.

McWedgen, who describes himself as Andover athletics' biggest fan, has performed many titillating feats of athleticism in his time, including placing third in a Zumba competition and outperforming other students in Step Aerobics, most recently earning a spot on Varsity Power Walking. As noted by McWedgen, the Power Walking team is "the cat's



Percy McWedgen '19 loves the new Snyder Center!

ferret curling.

am." At the end of his daily tume for his ferret.

have a "slammin' season." by stretching and com-McWedgen, who practices PAPS Sunday. McWedgen, in order to excellent nutrition by folbrave the cold, wears fuzzy lowing his ferret's diet of spondents met with an it reminds us of our duers and an all-pink track- signs point to a fantastic discuss the matter Tues- when we started: pry and suit with JUICY printed power walking season for day morning and were stop. We take this message trees). on its bottom, an outfit McWedgen, who at press which he says "shows peo- time could be seen sewing ple how down and dope I together a matador cos-

LILY RADEMACHER

Andover, Mass. – Stucampus Sunday evening were onlookers to a truly terrifying scene: PAPS ofguerrilla warfare methand other nefarious occurrences during these cold Practice snow structures made to mimic student-built snowmen were kicked down and miliused to strap flashlights to But his biggest achieve- plaining loudly about how trees. These drills, among ment by far has been his sore he is. "Exercise, how- others, were reported by

Eighth Page corre-

surprised for the reason for all these precautions: "Without everything we dents returning to Abbot do, [the students] just have way too much fun — especially during the winter, when they should really ficers training with new be staying inside and making sure their rooms are ods to combat after-hours up to fire code or doing tomfoolery, early sunsets, work. I'd say we are the PAPS is cracking down on time wastigloos-turned-love-nests, most important department on campus, because we keep [the students] and harsh winter months. from getting distracted and waylaid, or as some hippies would say 'enjoying themselves."

anonymous, spoke in ac-



ing like this.

with us whenever we patrol campus or get called to transfer a student from Point A to Point B."

With this in mind, students should be more Another officer, who careful placing their igpajamas," and he plans to half-mile walk, he unwinds tary-grade duct tape was would also like to remain loos if they really want to ensure their safety, and cordance with the first also know that even withinterviewee: "You know, out streetlamps, PAPS has national coaching title for ever, is not enough," says those who stumbled upon when we put on these eyes everywhere (quite badges and the mandatory literally: we were also inspandex in the morning, formed of a new strategy for catching cruisers ankle and forearm warm- food pellets and celery. All unnamed PAPS official to ties and the oath we took that involves watchers with binoculars hiding in

Mr. Palfrey's Scrapped ASM Speech Ideas

Due to a sudden cancellation, Mr. Palfrey was forced to give an impromptu All-School Meting address last Friday. Here are some of the ideas he considered before landing on the theme of citizenship.

- 1. Randomized diary entries.
- 2. His other famous ancestors.
- 3. A track-by-track analysis of Eminem's "Revival."
- 4. This dang weather!
- There is no need for me to write a piece about the pros of winter, since 5. The "I'll Hold Up One of My Books and Just Start Talking" speech.

'HE WEEK'S TOP HEADLINES

- Dorms Ask Students to Shovel, OPP Does It All Anyways
- Faculty and Students Alike Eagerly Await Return of Nature Valley Granola
- Students from West Coast Have Still "Not Seen a Real Winter," Say New Englanders
- Authenticity of Flu Shots Questioned as Dozens of Students Fall Ill
- New, Subterranean Civilization Established as Students Burrow Deep into Snow Banks for Winter Months
 - Washed-Up Campus Elf Still Playing Christmas Music

point/counterpoint

In which one Eighth Page contributor probes both sides of a controversial issue. This week, Aidan Barber '20 tackles the season of WINTER.

Pros:

no one in the history of music has ever put it more beautifully than Quavo: "The freshest you gon' be is in the winter cuz that's when ya get to put everything on... ya dig?" It's always going to be winter if you have enough ice on. There are, however, some advantages that Quavo does not cover. In the spirit of 'Non Sibi,' put yourself in your teachers' shoes. Imagine them looking out of their windows in the morning and seeing an amount of snow which would certainly prevent travel. Whereas you see an inconvenience, they see an excuse to not have to see your face for just one blissful day. Most importantly, the winter brings hot chocolate, a noble drink dating back to the seventeenth century. If you are going to argue that you can drink hot chocolate in other seasons, I invite you to try a hot chocolate in the summer and tell me it doesn't just make you miss winter. Finally, the freezing temperatures bring ice, nature's gift of a giggle every time someone eats it on the path.

Cons:

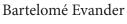
The cons of winter are endless. How many Canada Goose jacket jokes need to be published in the Eighth Page until people see that they're not funny? How many Canada Gooses (Geese?) must be sold until people realize that they are not only unethical, but also unoriginal? The aforementioned wipeouts might be a pro of winter when they happen to your peers, but there's really nothing more humiliating than a viral video of that time you fell down the stairs outside the gym and broke your wrist. Snow is very beautiful for a day or two, but it soon turns into that salty mush that gets into your shoes and has a great brown color similar to the dishwasher coffee they sell in the den. Finally, is there any worse feeling than a freezing cold toilet seat? I think not.

Conspiracy Theory of the Week

Noted squash player Head of School John Palfrey suspiciously supportive of spending school's endowment on new squash courts.



"Catch moths."



Franny Lutz

"Maintain a healthy and balanced lifestyle and engage with the caring adults in my life."



STUDENTS SHARE THEIR

NEW YEAR'S RESOLUTIONS

Wolfgang Clio



Tarina Wullem



Pamphilos Irenka

"Cry less in the library."

"Legally purchase science textbooks."

"MMUM (Make More Useful Mnemonics)."

onnor is having a good week. He has not had to do any work for *The Phillipian* and came to the newsroom on Wednesday ight "for snacks." Sophia has cut morning basics three times so far this term and will be in study hall on Friday evening.

Alex claims he is on "Cluster Council." Charlie is "over it."