The PHILIPIAN RIP Zoboomafo

www.phillipian.net

VERITAS SUPER OMNIA

VOL. CXXXVIII, NO. 7

April 10, 2015

PHILLIPS ACADEMY



Justice Robinson '18 and John Moreland '18 lip-sync in Susie's on Saturday.

emBRACE Forum Held to Promote Discussion on Race

By PETER ROSSANO

Out of the Blue, a student-led organization dedicated to educating the student body about the intricacies of identity, hosted a forum titled "embRACE" to allow members of the Andover community to talk about race in a safe and comfortable setting last Wednesday evening.

The forum, which featured an anonymous textin opportunity and student-facilitated groups in which participants openly discussed race relations at Andover and elsewhere, was conceived to keep recent conversations about race on campus aflame.

The event's organizers' main goal was to create a safe space in which community members - regardless of prior knowledge of responses, writing check need only look at the fact the topic - could discuss marks on the ones that res- that the wealth gap by race without judgement,

with the right vocabulary to talk about race or any other facet of identity so that we avoid making any mistakes," wrote Alba Disla '15, an organizer and a facilitator of the event, in an email to The Phillipian. "While that approach is definitely valuable, not here at [Andover]," said Jaenough time is devoted to looking within ourselves and asking ourselves questions about how we iden-tify."

Participants in the forum were asked to respond to questions posted on the walls of the Underwood Room, which were intended to spark conversations on topics ranging from here in our small New personal racial identity to England enclave. But we participants' fears about the forum. Soon after, students began to move about racism: systemic racism, the room and read others' onated with them.

tions and arming ourselves headed by two student facilitators, offered a chance ended the night by apfor every voice to enter the conversation.

"[Our group] talked about our personal experiences based on where we come from and what we've seen within our own friend-group dynamic, net Conklin '17 in an interview with The Phillipian.

"If race is a fluid construct - some might say a social construct--we have to remember that racism isn't," Adrian Khactu, Instructor in English, added. "We think of racism as interpersonal racism, that doesn't happen so much don't realize is that there are many other types of institutional racism. We race, here in 2015 in the

members Audience plauding Out of the Blue's initiative and the guidance of Linda Carter Griffith, Dean of the Office of Community and Multicultural Development, in organizing the forum. The facilitators encouraged students and faculty members interested in keeping the conversation alive to get involved in spreading discussion throughout campus. Cam Mesinger '16 said,

Continued on A4, Column 5

"I think that this [forum]

well-adver-

really

was

Deborah Murphy '86 Appointed Assistant Head for Engagement and Advancement at the Nashoba Brooks School

By ANNIE DAWON LEE

Deborah Burdett Murphy '86, Director of Alumni Engagement, will be departing Andover for the coming 2015-2016 school year to become the Assistant Head for Engagement and Advancement at the Nashoba Brooks School, a day school in Concord, Mass.

Murphy's work as Assistant Head for Engagement and Advancement at Nashoba Brooks will draw on her experiences from her 24 years at Andover, during which she has served as an acting Dean of Admissions, a Girls Tennis coach, a house counselor and an advisor, in addition to her current role as Director of Alumni Engagement.

"This new position [at the Nashoba Brooks School] has oversight of admissions, communications, alumni and development... I was really intrigued by the possibility of bringing all of my experiences from admis-

sions and my alumni development communications work into one job and being able to really bring those experiences and talents to a new place," said Murphy in an interview with The Phillipian.

The various roles Murphy has held at Andover will help her transition well to her new job, especially as Nashoba Brooks, which is co-ed from preschool to third grade and all-girls from fourth grade to eighth grade, looks towards its future through its new strategic plan.

"Within their [recent] strategic plan, [the Nashoba Brooks School] has several goals... one of them is to broaden outreach and continue diversifying their student body ... That part really appealed to me in terms of my previous admissions experience. On a broader scale... they want to increase engagement with parents

Continued on A4, Column 1

Adrienne Zhang '18 and Nancy Kim '17 Debate Technology on Campus On Page A2.

Catherine Kemp, Instructor in **Biology, Continues Passion for** Rowing as Girls' Crew Coach at Andover I've rowed for ... unique [rea-

B.BIDWELL/THE PHILLIPIAN

said Alessa Cross '16, one of the forum's facilitators. bRACE, participants were larger than in South Africa "What often happens is assigned to discussion during the time of Apartthat we all focus on defini-

groups. The groups, each heid."

Upon entering em- United States, is actually

Celebrity Chef and Restaurateur Ming Tsai '82 Judges Andover's First Iron Chef

By ALICE BALLARD-ROSSITER

As an undergraduate at Yale University, Ming Tsai '82, P '18 made the lifechanging decision to pursue a career as a chef by writing "I don't care" on his mechanical engineering final exam.

"This was my epiphany everyone was punching away at their calculators and I wrote 'I don't care' [on my exam sheet], because all I cared about was food," said Tsai, a celebrity chef, restaurateur and television personality, during a presentation he gave on Saturday night in Kemper Auditorium.

In an interview with The Phillipian, Tsai said, "I [started cooking] when I was ten years old. I made my first fried rice, and I made people happy through food and thought, 'Wow, this is cool.' My first [inspirations] were my parents and grandparents: they cooked all the time, and I was blessed to always be around greattasting food."

graduation Upon his from Yale, he proceeded

to cook under various famous mentors, including sushi master Takashi Kobayashi and pastry chef Pierre Hermé. Tsai learned more cooking skills during summer sessions at Le Cordon Bleu, a renowned culinary school in France. He eventually also earned a master's degree in hotel management from Cornell University.

Hoping to combine Eastern and Western cuisine styles into unique Asianfusion dishes, Tsai opened his first restaurant, Blue Ginger, in Wellesley, Mass., in 1998.

Tsai emphasized the importance of preserving the traditional flavor of foods while blending in new tastes when creating fusion food.

"People make these vinaigrettes [with such bold flavors] and say 'Ah! It's fusion!'... That's not fusion, that's confusion, because they never learned the traditional use," said Tsai in a Q&A after his presentation.

Blue Ginger received "Boston Magazine"'s 2008 Best of Boston Award. Tsai also owns Blue Dragon, an-

other critically-acclaimed restaurant in Boston.

Tsai has appeared on various cooking television shows, including "East Meets West," "Iron Chef America," "Zoom" and his own show, "Simply Ming," and has authored four cookbooks.

Kailash Sundaram '15, who attended the presenta-

Continued on A4, Column 5

By SUSAN YUN

After pressing play on her "Electric Feel" Pandora station, Catherine Kemp, Instructor in Biology, takes a boat out on the water and begins her workout, practicing technique drills to increase her range of motion. After rowing, she takes a nap with her dog, Wootles.

For Kemp, who joined Andover's faculty this past fall and teaches Biology 100 and Biology 580, coaches Girls Crew and is a House Counselor in Alumni House, both coaching and rowing crew have been important aspects of her life since she started rowing in 1995.

sons]. In Sacramento, we rowed past a bakery that made cookies at 5 a.m., and the scent drifting across the water as we rowed in the darkness was magical... Here [in] Andover, the water is the flattest I've ever seen, which is great for rowing," wrote Kemp in an email to The Phillipian.

She takes the boat out on the water and begins her workout, practicing technique drills to increase her range of motion. Kemp's love for rowing has stemmed from various motivations over the years.

"When I was younger, I was externally driven by competition against others, and I had a huge chip on

"I've loved every place my shoulder. It was so sat-



L.HAMANN/THE PHILLIPIAN

Catherine Kemp

isfying to put in work and see myself accomplishing things I'd never thought I could do," she said.

Continued on A4, Column 1

Months of Preparation **Rewards Mock Trial Club Champions**

By CECELIA VIEIRA

After months of competition, Andover's Mock Trial Club was named the regional Champion of the 2015 Massachusetts Bar Association tournament at the end of Winter Term.

The tournament, held in the Lawrence District Courthouse, consisted of 140 teams from both public and private schools across Massachusetts competing against each other in an authentic courtroom setting with professional judges,

Co-President of Andover Mock Trial. The new Co-Presidents are Claire Park '16 and Lindsay Tausch '16.

Stuer credited the club members' thorough preparation for their win.

"I can say confidently that what made the difference was... putting in the sheer amount of time and getting the hang of the difficult mechanics of [Mock Trial] early on so that when we got to the higher levels of competition, we could really engage more meaning-

said Kory Stuer '15, Former fully with the logic and performance of [Mock Trial]," said Stuer.

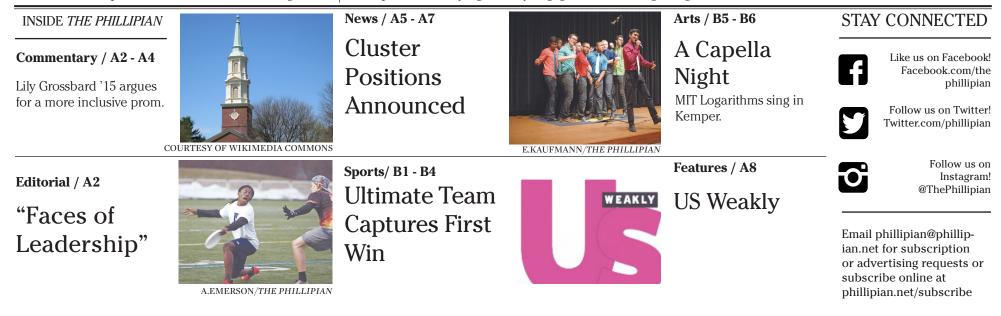
The club began preparing for the tournament in November. Preparation for the tournament was focused on memorization and professionalism.

"We had approximately two meetings each week. In one of those meetings, it might be a smaller, teambased meeting... that might take 45 minutes. And the other meeting would usually be on a Sunday morning, and we would meet and

do a run through, a practice round, of a trial. It would be a way of making sure that we were prepared, that we could be thinking in trial mindset," said Stuer.

Alison Nunes '17 said, "We were just really prepared. We had really good leadership from our Senior Board. They made sure that we had everything memorized, that we knew all the rules, so that when it came to the trial, it was the little details that we really payed

Continued on A4, Column 1



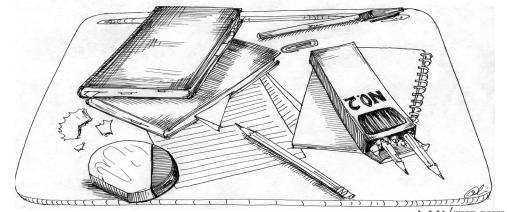
A2 | COMMENTARY

THE PHILLIPIAN

April 10, 2015

	Sara J. Luz Editor in	e	
kylar-Bree E. Takyi I <i>Managing</i> <i>Editor</i>	Erica S. Shin A Managing Editor	Avery J. Jona Managing Editor	
News Roshan Benefo Bennett Michaels	Front Page Lincoln Her		Head of Video Kastan Day
Haley Suh Commentary Alessa Cross	Copy Sayer De Kyle King Olivia Mic	ston	Video Jeffrey Lee Ian Tan
Alessa Cross Tyler Lian	Feature	incene	Olivia Xiong
Arts and Leisure Tiffany Bauman Sharan Gill	Emily Ande Julia Lar	rson ne	Photography Lauren Luo Jessie Schmitt
Sports	Julia Donc	•	Online
Victoria Bergeron	Jessica Lo		Annette Bell
Isabella Haegg Peter Hahn	Cartooni Andy Mar Nathaniel Re	105	Thomas Cherukuri
	Haley A. A Chief Financia	2	
	Danovitch Manager	Christophe Business	er J. Kralik Manager
Advertisements Cus Riku Fukumori	stomer Relations Ryan Simard	Subscrip	

Purposeless Integration



A.LU/THE PHILLIPIAN

Nancy Kim

REMEMBER THE IPAD pilot? The once-ubiquitous blue-covered tablets quitly disappeared from campus this ear in response to an overall lack of se. Frankly, I applaud the roll back. While technology certainly enhancs our education in some ways, the chool needs to be more discrimiant with its incorporation of techology.

In my Japanese 100 class, for example, I think the use of technology actually detracted from my learning experience. To study for tests and quizzes, I primarily relied on Quizlet - an online flashcard and quiz tool - to practice typing out Japanese letters and phrases. I felt confident in my Japanese abilities after earning good grades on these online quizzes, but when I settled down to actually write out the Japanese alphabet by hand, I found that I could not recall the letters I had typed out so assuredly on my keyboard.

I am not alone: numerous pedagogical studies corroborate my own experience. In a 2001 study "Reading Online or on Paper: Which is Faster?" the authors asserted that students read material 10-30 percent slower on a screen than on paper. In addition, a 2012 study by Karin James, Associate Professor in the Cognition and Action Neuroimaging Lab at Indiana University, concluded that children's brains were more stimulated by scribbling letters and shapes on a blank piece of paper than by tracing on a dotted line or typing letters out. In support of the study, Stanislas Dehaene, Chair in Experimental Cognitive Psychology at the Collège de France in Paris, wrote, "When we write, a unique neural circuit is automatically activated. There is a core recognition of the gesture in the written word, a sort of recognition by mental simulation in your brain."

That said, it is also impossible to ignore educational strides made by implementing technology in some classrooms. In math classes, online tools like Desmos – a user-friendly, online graphing calculator – allow students to easily visualize abstract mathematical ideas. In addition, Khan Academy's online practice problems have proven to be effective supplements to class time lectures and textbook material.

Ultimately, Andover needs to discern the advantages and disadvantages of specific tools and resources for each individual department – even each course – and implement the technologies appropriately. Surveys in every class may help teachers and administrators evaluate the usefulness of technology in specific classes and departments. For example, while the use of technology may be very advantageous in high-level language courses, 100-level language classes should refrain from using technological devices and instead focus on increasing proficiency in writing, speaking and reading without any online aids.

On the other hand, certain departments may opt to avoid certain tools altogether. In an article in the February 20 issue of *The Phillipian*, Paul Cernota, Instructor and Chair in Chemistry, said, "I think, like any device, [the iPad] has its good points and its bad points... But I don't think they are required, which is why I haven't required iPads for my students." Rather, in the science departments, online textbooks like the chemistry textbook "Non-Sibi High School" have proven more effective than iPads.

Classroom technology should enhance and deepen learning without being a distraction. Since every course is different in terms of its technological needs, it is the task of each individual department to figure out which digital tools do or do not work.

Nancy Kim is a two-year Lower from Seoul, Korea.

Faces of Leadership

The arrival of Spring Term each year is marked by change – the sun sets later, anticipation for the approaching summer abounds and students buzz at the prospect of new beginnings for various clubs and organizations across campus. Of the few major decisions left to Seniors in their remaining time, deciding the leadership for the next generation of upperclassmen is among the most important.

The people chosen as leaders of Andover's clubs and organizations for the next year should be more than the people who are most qualified for the position on paper. They are the standard-bearers of a club and the first faces that new students will see and look up to when they join. As such, it is imperative that leadership on campus is an accurate a reflection of the entire student body as possible, especially in terms of race and gender. The value of representation cannot be underestimated. To arrive on an entirely novel campus and realize that very few of the leaders look like you or that very few have had experiences similar to yours can be incredibly disheartening.

This lack of representation is especially harmful, because it is so cyclical in nature. When organizations repeatedly choose leaders without regard for demographics and choose students from specific groups, even inadvertently, it sends a message to students who don't belong to said groups. It subliminally tells the members of these underrepresented groups that they do not belong, suggesting to many that people like them simply "don't do certain clubs." As such, these students become unable to envision themselves in these roles. A lack of diversity discourages underrepresented students from applying to these leadership positions, effectively perpetuating the pattern of homogony that deterred them in the first place.

This is not at all meant to imply that clubs must adhere to quotas or mandates to enforce diversity. We simply believe the boards of clubs and organization on campus should reflect the varied nature of the Andover student body. After all, we are told time and time again that Andover is a place of intentional diversity, a place where "youth from every quarter" converge to learn and grow together. As a community, we value – we need to value – a wide range of voices and ideologies in all facets of academic and extracurricular life. When choosing next year's leaders, we hope that current Seniors will take into account the impact that the demographics of club leaders have on the future of both the club and the school and will elect talented, hard-working leaders who also represent Andover's diverse student body.

Purposeful Innovation

10

Evaluating Function

OKHAN ACADEMY

This Editorial represents the views of The Phillipian *Editorial Board CXXXVIII.*

Corrections:

In the March 27 issue of The Phillipian, a Sports article incorrectly stated Chris Kralik's '16 position on Andover Boys Tennis. He is not Captian.

A Sports article did not mention that Nicolas Robertson '15 and Jack Lane '15 are returning rowers for Andover Boys' Crew.

In the last issue, a caption under a photo of Dylan Refeld mistated his Andover class year. Dylan Refeld was a member of the Class of 2014.

The Phillipian regrets these errors.

STAY CONNECTED Read and Comment online! Visit:

P phillipian.net
/thephillipian
@Phillipian
@ThePhillipian

The Phillipian welcomes all letters to the Editor. We try to print all letters, but because of space limitations, we enforce a 500 word limit. We reserve the right to edit all submitted letters. Letters must be responses to articles already published by *The Phillipian*. We will not publish any anonymous letters. Please submit letters by the Monday of each week to letters@phillipian.net or to our newsroom in the basement of Morse Hall.

To subscribe, email subscribe@phillipian.net, or write to

The Phillipian, 180 Main Street, Andover, MA, 01810.

All contents of *The Phillipian* copyright © 2015, The Trustees of Phillips Academy, Inc. Reproduction of any material herein without the expressed written consent of The Trustees of Phillips Academy, Inc. and the Editorial Board of *The Phillipian* is strictly prohibited.



0000

Adrienne Zhang

HEN I CAME TO Andover, I was surprised by the lack of technology use in comparison to my middle school. Instead of carrying a lightweight laptop, I lug around heavy textbooks every day. Instead of storing my notes in a convenient virtual folder, I spend half an hour digging around in a pile of worksheets for the most recent handout. While I am aware that change doesn't happen overnight, the integration of technology should not just be limited to a select number of classes. I think that all courses and all teachers should be encouraged to move classes into a virtual space.

Recently, the Tang Institute launched a Lunch & Discussion Series in which faculty lead meetings every Friday to display their independent academic projects. Many of the projects are interdisciplinary, such as the program that integrates technology and BC Calculus. The Tang Institute is currently working on two projects that address the use of technology. First, the project, "Exploring the Use of Networked Tools in the Humanities," is working to widen our reach of knowledge by using more expansive databases and programs. Two examples are Omeka, which facilitates the building of digital databases, and Neatline, which is used to develop maps. The project "Refining and Implementing our Blended Online BC Calculus Course," headed by Elizabeth Joseph, Instructor in Mathematics, is devoted to increasing student usage of already available online resources like YouTube, Khan Academy and Canvas.

I commend the Tang Institute's work in developing some potentially revolutionary programs and projects. Technology should not only be confined to these projects but also integrated into all academic classroom settings.

Some classes admittedly are best accompanied with hardcopies and textbooks, such as English, where virtual annotations are not advanced enough to compete with real books. Other classes, however, such as in the Mathematics and Natural Sciences Departments, would be well suited for tech-centered curriculums. In my current Math 320 and Biology 100 classes, students are required to buy heavy textbooks, and while electronic versions are permitted, they are usually the exception. Teachers should instead actively encourage students to buy electronic copies of textbooks and even go as far as requiring them.

The solution to this issue is as easy as one click on the computer. Our school's current textbook provider, Follet, has offered the option of buying eBook bundles for a school and sharing the eBooks with the entire campus using a feature called "Follett Shelf." As an alternative, students could buy digital textbooks, which can also be possible using Follett.

In addition, Andover should invest in buying apps for the classroom. We can "smartcopy" apps, using programs such as Volume Product Purchase that can offer the entire school access to apps and softwares. These programs would allow Andover to buy apps in large quantities and distribute them to all students. Apps such as Adobe Flash Professional, which is already used by the school but is confined to school computers, could be distributed to students taking corresponding classes. Through such a change, students would have the benefit of accessing professionallevel tools.

I would also suggest that assignments and homework be submitted online. We already have the tools, such as Blackboard and Canvas, but not all teachers make use of them. It may be that some teachers feel unfamiliar with these online tools or believe that grading assignments is more convenient on a physical copy. If assignments were submitted online, however, students would not have to worry about printing or formatting and deadlines would be easier to meet. Teachers, instead of chasing after students who have overdue assignments, can refer to the assignments in one organized and convenient zip file or folder.

Shifting the setting of our academic curriculums to online spaces can encourage students and teachers to be more organized, efficient and environmentally aware. We should encourage the Tang Institute to continue to expand its visions past specific courses and even to entire departments.

Adrienne Zhang is a Junior from Hong Kong.

Promenade Positively

Lily Grossbard

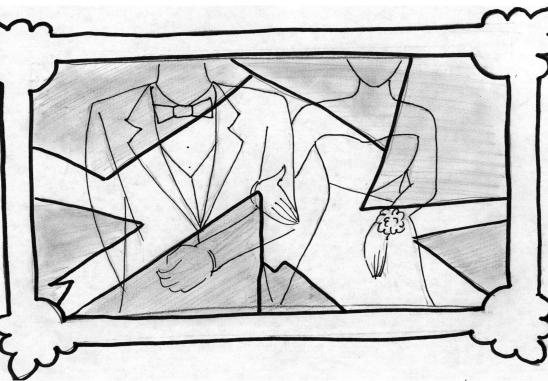
PROM. I COULD TELL YOU a lot about the French roots of the word and how se promener ("to walk") no doubt preceded the Promenade that Andover teenagers will walk this June, a rite

For me, as well as for many other Andover students, it will be one of the last hurrahs...

of passage taken as students move from high school to the next stage of their lives.

I could not, however, tell you much about where this rather archaic activity comes from, why it has become so essential to the American high school experience, nor the roots of the many smaller traditions that govern it: Seniors in long dresses, Uppers in short ones; boys buying corsages for girls; parading two by two around the campus.

There is a lot to enjoy about Senior Prom. It is, in many ways, a celebration. A celebration of friendship, romance and the end of high school. It is dancing and food and a night to dress up. For me, as well as for many other Andover students, it will be one of the last hurrahs with my best friends before we scatter ourselves



around the globe.

But unfortunately there are many, many more things to dislike about Prom, particularly in its current iteration.

It is almost too obvious to address issue of cost - the fact that prom is decidedly an exclusive affair for those who can afford it, rather than for all who deserve to enjoy it. There is the issue of "tables," of who sits with whom, who is counted among each others' friends. There is the issue of attire: of who's wearing what dress, who stole someone else's prom look, and even worse, the fact that we all must decide to dress within the formal and arbitrary binary of tuxedo or flowing dress.

But worst of all is the issue

of who's taking whom. And it's not simply a question of friend groups, of elaborate proposals or unfortunate rejections. It's a much deeper issue – it is a

...prom is decidedly an excxlusive affair for those who can afford it, rather than for all who deserve to enjoy it.

question of whether or not we are ready to stop promoting the "old boys' school" attitudes of pre-coeducational Andover. In the most obvious sense, to

move towards the model of inclusivity our current strategic

N.REDDING/THE PHILLIPIAN

plan encourages would mean to alter the current Promenade to recognize the presence of students on campus who identify outside of the gender binary, and towards a promenade that is far less heteronormative.

In an equally important, but perhaps less concrete sense, Promenade simply needs to be more inclusive overall. It's one of the last nights of Senior year. Nobody wants to endure a flashback to middle school, of being relegated to the corner while the "popular clique" takes center stage – an experience, furthermore, that so many of us claim to know. Prom is a time for friends to just be – it's not about social status. So let's make sure that nobody feels left out. Now, I would usually call for administrative- or facultymotivated change, as I've often done at the end of my Commentary articles. But this isn't something that the administration or faculty can change. It's also not as if students make the

...it is a question of whether or not we are ready to stop promoting the "old boys school" attitudes of precoeducational Andvoer.

"Prom rules." Students blindly follow a set of bizarre and archaic rituals despite being entirely unaware of their history.

When it comes to making prom inclusive, the opportunity to make change is entirely in our hands. So let's do it. Maybe I'm biased, but I think the Class of 2015 has a unique legacy of productive, progressive and inclusive change. We still have two more months, and we can continue to spark changes on campus.

Lily Grossbard is a three-year Senior from New York, NY., and a Commentary Editor for The Phillipian, Vol. CXXXVII.

More Than An Excuse

Grace Tully

LTHOUGH GRAHAM HOUSE serves an important purpose in the Andover community by providing a space that focuses specifically on student mental health, its current conceptual and physical distance from Isham Health Center implies an improperly wide separation between mental and physical health. Building the Rebecca M. Sykes Wellness Center is a strong step towards bridging this gap. Nevertheless, part of the issue is an ambiguity in school policy concerning Andover students suffering from various mental illnesses. I have written before in The Phillipian's editorials about the deeply distressing language that the Blue Book ascribes to issues of mental health. But despite my efforts, and despite the many courageous articles surrounding mental health that characterized the Commentary section of The Phillipian during a large portion of my tenure as an Editor, there are still discrepancies over school protocol related to mental and physical illness. The Blue Book encourages students to put their class work ahead of their mental health unless it is a emergency, stating "students may schedule an appointment...for a time that does not conflict with a class period." On the other hand, the section concerning Isham emphasizes that "students are welcome at all times," before mentioning as an afterthought that students should try not to come down during a class period. While there is no perfect solution, the community at large would benefit significantly from a clear-cut policy that explicitly enables Isham to excuse students from classes in instances when they are experiencing anxiety or depression. A commonly voiced opposition to this proposal is that students may feign depression or anxiety in order to take advantage of the new policy. Andover's student body, faculty and medical staff, however, are no doubt aware that students can just as easily fake a physical ailment to skip class. But still, Isham does not turn any potentially sick students away on the grounds of uncertainty or suspicion: to do



campus, removing a layer of duplicity from the common Isham visit. Many will undoubtedly consider this strategy to be lenient, naïve or susceptible to student misuse – but seeing as it is already the community's general approach to bodily illness, Andover needs to address the mental health of its students with the same care and priority

so would be medically irresponsible to the point of utter negligence, potentially worsening the student's illness. Mental illness should be treated with the

...the current uncertainty surrounding mental health policies implicitly prioritizes students with easily diagnosed physical ailments...

same gravity as any virus: treatment of anxiety or depression is not something that should be postponed to a student's next free period.

Because Isham is much more accessible to the physically ill

than the mentally ill, students often find it more acceptable to invent a physical ailment as a front for debilitating anxiety or varying states of depression in order to escape day-to-day pressures. This deception, however, does nothing to solve the larger issue. It does not allow students to be honest about their circumstances. It does not provide the Isham nurses, whose efforts I wholeheartedly admire, with the insight they need to help us recover and heal.

No student with an illness should be required to attend classes when the work may impede their recovery, and the current uncertainty surrounding mental health policies implicitly prioritizes students with easily diagnosed physical ailments such as a cold or a fever – who know exactly where to receive assistance and excused time for

recovery – over students suffering from the complex and destructive forces of depression and anxiety. A chemical imbal-

A chemical imbalance in our brain should not be seen as less problematic as, say, meningitis.

ance in our brain should not be seen as less problematic as, say, meningitis.

Allowing students to be temporarily excused from class for mental illness will improve and destigmatize mental health on it already grants our stomachaches or bouts of flu.

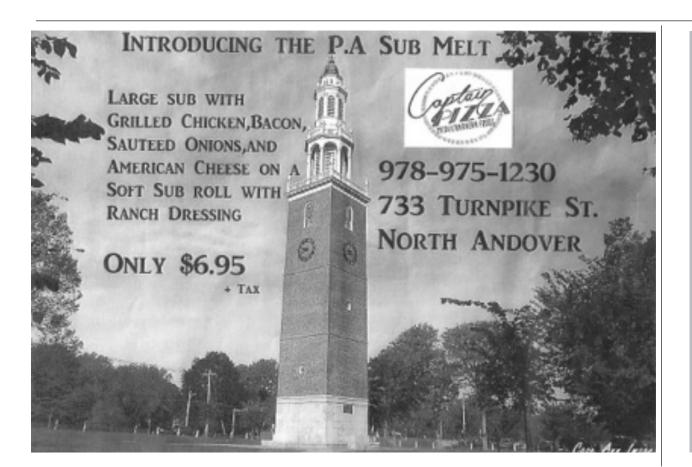
When it comes to mental health, our school needs a different protocol, and the students need to know about it. Until this change occurs, our community is failing itself. The words "I am having difficulty coping with my anxiety," or "I have been feeling very depressed this week" or "I don't feel emotionally capable of attending my classes" should be the only words one should have to say in order to be given the time needed to recover from bouts of depression or panic before returning to classes. It will require a difficult sort of honesty from students suffering from mental illnesses - but this is an honesty that we are capable of demonstrating and more than willing to prove.

In the nexus of complex and oft-connected issues that surround late adolescence, there are precious few opportunities to enact simple, effective and overwhelmingly positive change. I believe that this is one of these rare opportunities. A clear Isham policy that excuses students from classes in order to give them time to work through anxiety attacks, serious bouts of depression and so on has the potential to greatly reduce our community rates of self-harm a shocking 13 percent according to The Phillipian's 2014 State of the Academy. In light of these climbing rates of mental illness on campus and the slew of personal appeals already published in The Phillipian over this past year, our situation becomes extremely clear: if a solution such as this exists, then none of us can excuse our community's inaction any longer.

Grace Tully is a four-year Senior from Reading, Mass., and a Commentary Editor for The Phillipian, Vol. CXXXVII. A4 | ADVERTISEMENTS

April 10, 2015

ADVERTISEMENTS



Subscribe to The Phillipian

Visit www.phillipian. net/subscribe



Major Academic Subjects and Test Preparation for SSAT, PSAT, SAT I&II

3 Dundee Park, Suite 2024 Andover, MA 01810 978-475-5487

prbeavan@aol.com www.BeavanAndAssociates.com

CLASS OF 2015...

Intensive 4-day workshop in Cambridge, MA

Summer 2014

Work with America's premier college consultants, Dr. Michele Hernandez & Mimi Doe, to make your applications flawless!

www.applicationbootcamp.com 781.530.7088 kristen@applicationbootcamp.com





Don't Want to Write?

Advertise for The Phillipian!

Email rfukumori



By AUSTIN TUAN

Since she was seven years old, Esha Bansal '15 and her brother played the violin every day for their grandmother, who was diagnosed with cancer. Although they had just begun to learn, they discovered that even the simplest music could make their grandmother's day. This realization inspired Bansal and her older brother, now a sophomore in college, to continue playing the violin.

Bansal and her brother are the founders of Music-MDs. According to their website, "MusicMDs is a music-therapy-inspired outreach organization of highschool and college musicians who volunteer their music to promote patient healing in hospitals." Founded in 2009, the organization now operates in Massachusetts, Texas and Florida, Bansal's home state. Eight Andover students are involved in the program.

'We researched a connection between music and health, and we learned about music therapy, and that led us to start trying to provide the service to people in hospitals throughout our community because it's a very fast-tracking field, and it has a lot of clinical benefits, but it hasn't been widely implemented," said Bansal in an interview with The Phillipian.

Bansal and her brother first began performing in nursing homes, where they devised a model for their visits. They realized that music was the icebreaker, because it made people feel relaxed and willing to open up to them. After developing this model, they brought their proposal to their local hospital.

"We presented [the proposal] to some members of the management there, and we started it on a trial basis with me and my brother. It was well-received, so we and documented before, but started to recruit other stu- never clinically researched,

tocol so it would be easier to train [students], and then as the organization came to grow, there became policies, a system for schedul-ing attendance and all those things," said Bansal.

MusicMDs is not the only manifestation of Bansal's interest in public health. Bansal said that during Winter Term, she did an Independent Project about the "latino health paradox" and "health inequities that face the Spanish-speaking, bilingual and bicultural population," using the city of Lawrence as a case study.

Bansal first discovered the issue of the "latino health paradox" during a Spanish immersion course in Lawrence taught by Mark Cutler, Instructor in Spanish. At the time, she had already established the MusicMDs program at the Lawrence General Hospital and was actively performing. In putting the two experiences together, she realized the prevalence of communication challenges in the community.

"The immersion class was more focused on Lawrence High School and students and telling people's stories about the immigrant experience, and that really clicked with me when I saw patients in the hospital who had similar stories but were dealing with the emotional, psychological and physical issues of hospitalization. I think it was those kids that we worked with at Lawrence High Schools, the teachers and the interviewees in that project that I saw reflected in the patients, and I realized that these people needed their stories told as well,' said Bansal.

The "latino paradox," Bansal explained, is the gradual decrease in the overall health of a Hispanic community over multiple generations. The phenomenon has been discovered

dents. We developed a pro- a fact Bansal attributes to the ideology of white supremacy in the political climate of the United States.

"As these Latino immigrants arrive in the United States, they actually fare better than the average white American in most statistical health indicators. But as the generations pass, they become more prone to health challenges in relation to the white population... [the Latino paradox] has been ignored in clinical research for a few reasons, one of which is white superiority and anti-immigrant political tendencies that have swayed funding away from it," said Bansal.

Over the course of the term, Bansal interviewed various members of the Lawrence community, including hospital employees, social workers, health-related nonprofit leaders, recent immigrants and the coordinator for the mayor's health task force. She also researched clinical studies on Latino-American health issues and compiled all of her work into



E.KAUFMANN/THE PHILLIPIAN Esha Bansal '15

a 17-minute documentary at the end of the term.

'I've been working more with the [Lawrence] Mayor's task force and the city government to use this [documentary] as a way to address mental health in public schools nearby, do [continuous] education in health centers and for medical personnel... also, I live in Florida, which is another huge state for Latinos - I want to make a part two," said Bansal.

NEWS | A5 Augustin '15 and Vale '15 Win Andover's First Iron **Chef Competition**

Continued from A1 Col. 3

tion, said, "I'm very interested in [Tsai's] story and what he has to offer and understanding the wide aspects of Asian culture. I think too often people mistake Asia as one single region, and this competition allowed us to see the different styles of Asian cooking that [show] that Asia is not one continent, but a wide variety of cultures."

After Tsai's presentation, 12 student teams competed in Andover's first-ever "Iron Chef" competition. Each pair was given a budget of \$30 to create the best dish.

The competition was judged by Tsai, Head of School John Palfrey and audience member Wei Han Lim'15.

At the end of the competition, the "Flaming Pterodactyls," which included AJ Augustin '15 and Hanover Vale '15, were crowned as champions. The pair won a set of ceramic bladed knives.

topped with an avocado creme and pulled, slowroasted, chipotle, five-spice chicken thighs in a sweet mango tamarind glaze and finished with a red cabbage, green mango and apple slaw,' wrote Augustin in an email to *The Phillipian*. "The best part was either making the food or winning and getting such high praise. It meant a lot that everyone enjoyed our food."

Students were required to incorporate two ingredients, ramen noodles and chicken, into their dishes. Recipes came from around the world, with dishes ranging from a "Ramen Burger" to a ramen pizza with edamame and chicken.

Sydney Alepa '15, who made the "Ramen Burger" with her partner, Eden Liv-ingston '15, said, "It was really exhilarating to be part of the competition. We wanted to do something that wasn't traditional, so we thought it would be creative to do a fusion of American and Asian foods."

"We made ramen arepas

Cem Vardar '15 Sheds Light on Female Child Marriages in Turkey

By PIERCE BAUSANO

Opening the audience's eyes to the dehumanizing practices of child marriages in Turkey, Cem Vardar '15 gave a BRACE presentation last Friday hoping to raise awareness for and educate students about the harsh reality that is the life of many Turkish girls.

In his presentation, Vardar defined child marriage as an official marriage or unofficial union in which at least one of the spouses are under 18 years old. He stated that 217,000 Turkish girls between the ages of 15 and 18 were married, with the regions of highest rate of child marriage being the poorest, most underdeveloped and most patriarchal communities in Turkey.

"The dehumanizing practices of child marriages is reflective of the deep wounds resting in the social fabric of Turkish society," Vardar said.

Vardar identified ecotion of underaged marriage in Turkey, drawing a correlation between education and vulnerability to child marriage.

"The percent of underage girls who married illiterate is 47.2%. The more educated the girls are, the less vulnerable they become to child marriages. Girls from poor families are twice as likely to become victims of this practice," he said.

In addition, Vardar said that families avoid the possible cost of raising their girls by arranging their marriages to men in exchange for bride prices, which he said were often inversely proportional to the age of the female spouse.

As a result of this practice, Vardar said that families placed their own daughters in positions in which they were deprived of their economic independence, personal agency, educational potential and most importantly, their childhood. He also mentioned that the discrepancies in the Turkish judicial system regarding child marriages allowed families to keep the practice alive.

Quoting popular colloquial phrases such as "when girls are in the cradle their [bride price] should be ready," Vardar demonstrated how deeply integrated child marriages are in Turkish society.

Vardar said that the foremost consequence of child marriages was that it feminized poverty by depriving girls of their future opportunities and economic independence. Similarly, he said that they curtailed future job opportunities for girls and perpetuated a cycle of poverty.

Vardar underscored the damaging effects child marriage has on girls' sexuality.



J.BECKWITH/THE PHILLIPIAN Cem Vardar '15

"The limitations imposed on girls' sexual selfexpression serve to deplete the dynamism of the sexuality by placing [it] within a rigid mold. Deprived of their sexual dynamism, girls can't investigate or discover their sexual identities," he said.

"This practice symbolically kills girls and turns their bodies into inert and proprietary instruments... the practice of child marriage is hurting not just Turkey but the entire humanity as a whole," said Vardar.

Murphy to Oversee Admissions and **Communications at Nashoba Brooks**

Continued from A1 Col. 6 and alumni... to continue to raise money...and as the school now grows into a better, bigger place, they are putting this structure in place with a new advancement team... and [my] position will oversee that team," said Murthis really nice for me is that I will still be living on An-



nomic pressure as a contributing factor to the profilera-

phy. As Assistant Head for Engagement and Advancement, Murphy will handle data and craft strategies to improve the admission and alumni connections. She hopes to be able to analyze situations in order to apply creative solutions to these problems.

"There is definitely a lot of responsibility, but I also am excited by the opportunity for a lot of growth. It seems like and feels like, from everyone I have talked to, that it is this great, little school that everyone loves, enjoys and is excited about, and it is on the verge of becoming even greater," she added.

Murphy will continue to live on campus with her husband, Paul Murphy, Dean of Students and Residential Life and Instructor in Mathematics, and her children.

"Something that makes

dover's] campus... I will be driving about 40 minutes to school everyday, but I don't have to say goodbye to everyone... As an [alumna], I will still go to my reunions, and... my son will be coming [to Andover] in the fall and my daughter is an Upper... so I will be a parent [at Andover] as well," she said.

Even as Murphy looks forward to her new job at Nashoba Brooks, she said she has loved working with students, parents and alumni during her time at Andover.

"The best thing about [Andover] is the people. That definitely starts with the students, and when I was in [the Admissions Office], I used to interview kids, travel and meet kids in eighth grade in their little schools. I loved all of that because I loved connecting good people to a good place," she said.

Murphy added that she would especially like to thank Jane Foley Fried, former Dean of Admissions and ate Director of Alumni Encurrent Head of the Brearley School, an all-girls school in and Special Programs, will New York, NY., who began serve as the acting Director working at Andover on the same day in July 1991 as Mur- for 2015-2016.

Debbie Murphy phy.

"I am incredibly grateful for all of the experiences 1 have had here. [Fried] was always this amazing friend and mentor, and she is now doing great things. I learned a ton in the Admissions Office. 1 got to work in the Alumni and Development Office and learned from great people there. So I've been fortunate to have amazing colleagues and opportunities... I would say she was a really important person for me," said Murphy.

Jennifer Savino, Associgagement, Regional Events of the Alumni Engagement

Kemp Pursues Crew Head on at Andover

Continued from A1 Col. 6

Although her involvement with crew has shifted toward being an official and a coach, Kemp says that the sport remains a strong positive force for her.

"Currently, [crew] is a mixture of social community through my alumni work and officiating and this comforting athletic fallback whenever I just need something that makes me feel competent," said Kemp. "In coaching, my happiness is when my athletes find satisfaction, which is unique for each person. It's about figuring out what the individual needs to meet her goals and improve."

Kemp's experience with rowing crew, however, has not always been easy.

I'd "[Before college,] rowed a few months at an established club then my family moved, and my new school didn't have crew until my junior year... We started with one manky old boat and a coach standing on shore, no docks, no boathouse, nothing like that! In the summers, I used an abandoned boathouse and taught myself to row a single. I was really passionate about the sport but hadn't had access to tons of resources," she said.

It was not until her time in college at Dartmouth, which she attended from 1998 to 2002, that Kemp was able to fully pursue crew.

The chance to focus on it full-time – although I wasn't recruited, things worked out pretty well," she continued.

In addition to allowing her to embrace rowing completely, Kemp's years at Dartmouth were also impactful academically and intellectually.

Kemp initially thought she would major in Chinese because she felt discouraged from sciences in high school. She became disillusioned with the life of a business worker after working as a receptionist at a airplane tire retread factory following her freshman year.

some life where I'd have to wear panty hose every day to family, running and baking.

work in a business environment," she said. Since this idea was unappealing to her, Kemp decided she needed to try something new.

Despite her experiences with science in high school, Kemp decided to give the subject another try. "I told myself I could take one science class, and if it went well I would switch majors," she said.

Flipping through her college course catalogue, she found an interesting option ecology classes, where she discovered that she would spend her time not working at a desk, but chasing frogs outside at midnight.

After exploring ecology a little more, Kemp eventually graduated from Dartmouth with an A.B. in Environmental and Evolutionary Biology. After that, she proceeded to earn her Ph.D. in Genetics from the University of California-Davis.

At Andover, Kemp's role as a coach and instructor has allowed her to combine her two passions of crew and biology. In addition to coaching, teaching and serving as "All I could envision was a house counselor, Kemp enjoys spending time with her

Mock Trial Team Wins Massachusetts Bar Association Tournament

Continued from A1 Col. 6

attention to as a group, and a lot of the other teams are missing that."

Several tournament dates in January were postponed due to heavy snowfall, which lead to Andover attending three trials in one week during the tournament. The strange schedule was one of the biggest challenges for club members.

Each year, the tournament focuses on one specific case. Stuer said legal professionals from Massachusetts used real-life laws as a basis for writing the case, but used fictional characters and crimes.

Stuer said, "For this year, the case was a charge of murder against a 71-year-old grandparent accused of murdering an abusive son-inlaw. The prosecution called it cold blooded murder, but the defense contended that it was self-defense."

Nunes described the final trial against Chelmsford High School, her first time in the courtroom.

She said, "It felt like there were 50 people from the opposing team there, filling the balconies, and it really felt like a real trial, which was scary, but a lot of fun, too. I had to learn a new part, so in total, I learned three different parts as a witness. We only had six people who were able to make it, so we had to fill in. Everyone had to change up their roles a little bit.

Antonia Leggett '15, Former Co-Head of Mock Trial, participated in mock trial while in middle school and joined Andover's Mock Trial club as a Junior, seeing the club as an opportunity for experience in both leadership and competition.

Leggett said, "For me, something that was especially rewarding was seeing the transition of soxme of the new members of the team, and seeing how far they were willing to come, and how much they helped the team in the end. I was very proud of all the work that I had done in organizing them, and the work that everyone on the team had done."

Although Stuer inadvertently got involved with Mock Trial after being signed up for the club by a friend his Lower year, he now enjoys both the public speaking and legal aspects of the club itself.

Stuer said, "I really have had such a good time exploring not only the real life legal elements to it, because you are using real life cases and citing the Massachusetts general laws in the circumstance, but also being able to truly explore the performance aspect and the public speaking and your debate skills."

Stuer also said that he particularly enjoys the fact that although Mock Trial features fictional cases, it feels realistic.

"One of the coolest things about Mock Trial is when you are performing in a real courtroom [and] in front of a real judge, you forget for a moment that you are a high schooler with a fictional case. For a moment, you are a real attorney, a real witness, using the real legal elements to prove a real case, and that is fantastic," said Stuer.

tised, but these kind of conversations can't really die down. Especially [because] Ferguson was last summer... trying to just keep the discussion going after the media stops covering it, after people

really important." Disla added, "The closing remarks, in which [the facilitators] asked students who wanted to continue the conversation to sign up for an

stop being 'interested' is

email list, was an open invitation for those who are seeking some next steps in this kind of work. For some people, this was the start of a long journey understanding toward the impacts of race and we want to emphasize that the Andover community is willing to do something with them."

Editors Note: Alessa Cross is a Commentary Editor for The Phillipian, Vol. CXXXVIII.

Up About Race

Continued from A1 Col. 4

Students Open

A6 | NEWS

THE PHILLIPIAN

April 10, 2015

Cluster Co-Presidents

Pine Knoll



Ashley Scott '16 and Jennifer Kim '16

"[We] really want to make PKN a more inclusive place for everyone. We have several ideas about making what happens in cluster council more available to the rest of the cluster, particularly, by creating a website and really expecting feedback from dorm representatives. We also want to encourage interaction between the dorms in Pine Knoll. [We] know from experience that it can be hard living in the only freshman dorm in a cluster so we really want to make everyone feel welcome, especially day students, students new to the school, and even students new to the cluster."

West Quad North

L.LUO/THE PHILLIPIAN

Max Kim '16 and Dylan Norris '16

"We hope to foster Cluster unity and create a cluster experience that is inclusive and fun. We hope to improve small parts of the everyday lives of those in WQN, with the hope that these small changes have big impacts."

West Quad South

Peter Hahn '16 and Vienna Kuhn '16

"We'd like to create a day student buddy system since we have a large number of day students in WQS. A project like this will require a considerable amount of planning, but with twice the manpower behind the project (so to speak), it's more feasible than it has been in past years. In addition, we



want to focus on creating more cluster-specific events to utilize the quads and foster more unity across big dorms, small dorms, and day students alike."

Hahn is a Sports Editor for The Phillipian vol. CXXXVIII.

L.LUO/THE PHILLIPIAN

Abbot



L.LUO/THE PHILLIPIAN

Josephine Pandji '16 and Michael Shen '16

"In Abbot, we would like to build a supportive and nurturing environment that will promote inclusivity and help students foster meaningful relationships. We will work towards furthering day student integration into the cluster, organizing inter-dorm activities, and maintaining consistent communication with the Abbot community. We are excited to collaborate with Mr. Parker, the new Abbot Cluster Dean, in implementing these ideas, and we are looking forward to a fun and productive year!"

Flagstaff



L.LUO/THE PHILLIPIAN

Gordon Coulter '16 and Sloane Sambuco '16

"We are so happy to be Cluster Co-Presidents because we care about this community and think clusters are a great way to make a big school seem smaller. As Cluster Co-Presidents, we want to continue to foster and improve upon the closeness and spirit that Flagstaff has always had.

Our goal is to make Flagstaff an even more tight-knit community. We want to create a more positive, fun and inclusive environment, and we are so honored and excited to get started." April 10, 2015

NEWS A7

DC Representatives Pine Knoll West Quad North



ISCHMITT/THE PHILLIPIAN

Sarah Schmaier '16 and Mike Demsher '16

Schmaier: "The DC process has a reputation on campus for being biased and intimidating. As a DC rep, I would like to see greater communication between faculty and students in regards to what the process entails, and efforts to foster better understanding between both parties."

Demsher: "I have an older brother that went through a similar DC process as the one here at Andover. The whole experience was both physically and emotionally exhausting. After seeing what he went through, I knew I wanted to help out any students similar situations."





J.SCHMITT/THE PHILLIPIAN

Alex Dziadosz '16 and Maddie Murphy '16

Dziadosz: "I want, and am hoping to add a more effective process after a student's DC has taken place. The emotional and mental struggles of being disciplined do not end immediately after the night of a DC, they are long lasting. DC's should start to make more of an effort in keeping in touch with students for a period of time after there "case" has been resolved."

Murphy: "I want to be a DC Rep because I represent all of the qualities that one looks for in a strong DC Rep: I am honest, I am reliable, I am compassionate, empathetic, trustworthy, and discreet. I am very personable and will be sure to offer support to the student being DCed. I am not overcommitted, and would be able to meet with the student before and after their DC to answer any questions or help them in any way."

West Quad South

Julia Donovan '16 and Will Humphrey '16

Donovan: I want to use my position as DC Rep to advocate strongly and clearly for the student voice on campus. In any instance of a DC, I will use my prior experience in the process to fight for the students. No one should ever feel judged or alienated for one mistake, and I will act as fairly and compassionately

Abbot



J.SCHMITT/THE PHILLIPIAN

Krishna Canning '16 and Anna Dear '16

Canning: I want to be a DC rep because I think that it will be very rewarding work to comfort students through the process. I want to help ease the process and punishment as much as possible for the students.

Dear: DC rep is an important role within the cluster, but I think it's also a great opportunity to get involved in cluster leadership for people who don't particularly enjoy the limelight... I want to be there for people going through the DC process and offer as much support as possible because Andover is already stressful enough without worrying about the outcome of your DC.

as possible in any DC to alleviate some of the pain of the process.

Humphrey: I want to be a DC Rep so I can make that process as simple and stress-free as I can for students going thru the disciplinary process. I want to get students more involved in the process. I was never quite sure where I was in relation to the progression of the ordeal, and the entire operation would benefit from a concrete timeline that the student and faculty members alike can follow.

Donovan is a Layout Editor for The Phillipian vol. CXXXVIII.

Flagstaff

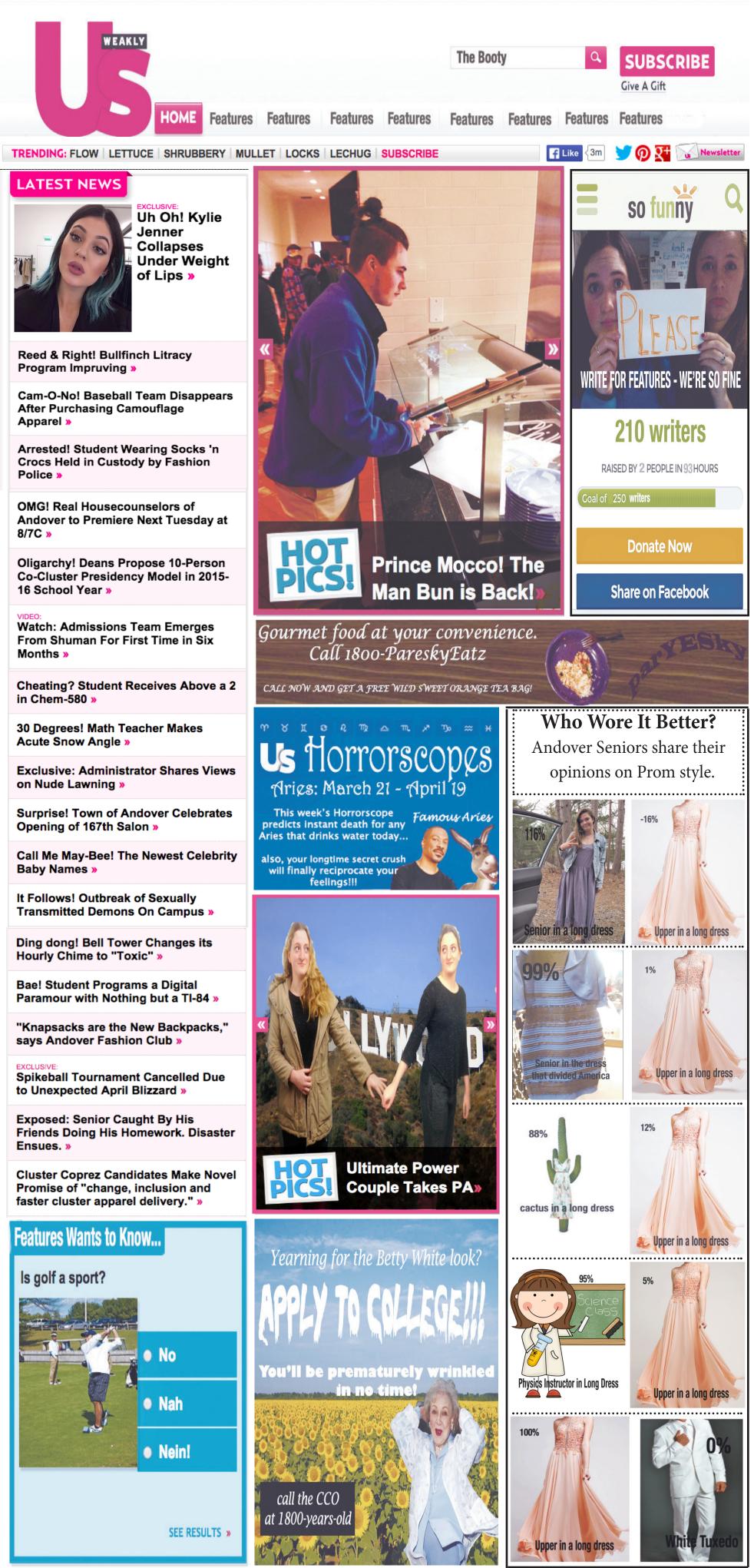


J.SCHMITT/THE PHILLIPIAN

Olivia Picchione '16 and Payton Jancsy '16

Jancsy: I want to be DC Rep because I think it is a great way to support both my fellow students and the school by helping enforce their rules.

Picchione: I applied to be a DC Rep primarily because I want students to remember that the situation/trouble they find themselves in does not define who they are or erase the many positive contributions they make to our campus. Every Andover student is here for a reason, and they have to remember that!





It's so loud in here!!!!!

April 10, 2015

THE PHILLIPIAN SPORTS

Volume CXXXVIII. Number 7

String of One-Goal Games Bodes Well for Rest of Season

By Laura Bilal PHILLIPIAN SPORTS WRITER	
Andover	5
Williston	6
Andover	5
Loomis	4
Andover	2
Exeter	3

Facing a tough string of opponents, Andover Girls Water Polo avenged a 6-5 loss to Williston by defeating Loomis Chaffee Dear, a new goalie, stepped up 5-4 on Saturday, before falling her game. She blocked 14 shots to Exeter 3-2 on Wednesday.

Starting season with a 1-2 record, team members have been looked a lot different if it pleased with their strong performance, even after graduating saved all those shots," said many key members of the starting line last year.

an email to The Phillipian, "In neck and neck on the scorethe first game, it took us a bit of time getting used to playing with each other. We all are really great friends, but we've never the back of the net, securing a actually played together."

Andover battled the defensively strong Williston in its The Phillipian, "In our second season opener. Blocking 14 of Andover's shots, Williston's goalie posed a challenge that possession and being aware of Andover was ultimately unable where the ball was." to overcome.

offense, outshooting Williston on Saturday, demonstrating the two to one. Williston's goalie went on to block 18 shots in the team's next game of the Howie Kalter '07, Assistant that it wasn't too late. We had drives and shot attempts but where I want it to be. It is abday against Exeter. On Saturday alone, the Williston's goalie blocked 90 percent of shots she for the girls.

beat on every other form. Our offense was stronger, our defense was stronger and we caused more turnovers than they did, so on paper we should have won the game but their goalie had an incredible day."

The girls did not let their loss to Williston during the season-opener game discourage them during the rest of the day.

Anna Dear '16 wrote in an email to The Phillipian, "Our team did really well in keeping a good attitude and not letting our loss against Williston affect our playing."

Facing off against Loomis, and had a .85 save percentage.

"That game would have weren't for the fact that [Dear] O'Shea.

As time ticked down in the Sarah Al-Mayahi '17 wrote in fourth quarter with both teams board, Sasha Newton '16 executed a precise pass to Al-Mayahi, who fired off a shot and found 5-4 win for Andover.

> Newton wrote in an email to game, I think we did a better job of anticipating changes of

The team racked up a total Andover pressed forward on of 27 steals across both games strength of Andover's defense.

In preparation for Exeter, Coach of the Andover Boys Wa-

faced. O'Shea said, "We needed to on shooting." Head Coach Dan O'Shea said, have a more coordinated offense Despite the extensive prac- against Exeter. "In water polo, it really comes when we played Loomis this tice, Andover's offense came up "I am absolutely thrilled with down to one player having an weekend, which we couldn't short against Exeter and strug- the low scoring nature of both amazing day. Looking at all the do until the fourth quarter, but gled to outscore its rival. Many of our games this weekend. It other statistics, we had them luckily our defense was so good Andover players had effective showed me that our defense is



Sasha Newton '16 played an instumental role in Andover's win against Loomis.

to do that early against Exeter had trouble finishing the plays. ter Polo, ran a shooting clinic and come out hard. Exeter is a tough game, and we had to work proved itself to be a great as-

Andover's defense, however,

L.HAMANN/THE PHILLIPIAN

solutely playing out the way it needs to be," said O'Shea.

Andover will look to rally its set to the team during the game offense in preparation for a rematch at Williston on Saturday.

ULTIMATE

Ultimate Snags its First Win in Final Minutes of Game

By Sarah Al-Mayahi PHILLIPIAN SPORTS WRITER

Andover	11
Newton North	10

Andover Ultimate led Newton North High School 10-7 late in the game on Wednesday, but after allowing Newton North to come back to even up the score 10-10, the pressure was on Andover. Co-Captain Jordan Swett '15, however, led an Andover response, connecting with Calvin Griffin '15, who scored the tie-

breaking goal to secure an 11-10 victory.

presented a challenge to Andover's offense, the team still managed to maintain an 8-5 lead going into the second half of the game. The defense pressed hard against Newton North, forcing several turnovers.

With a revamped strategy, Newton North changed to a zone defense that initially caught Andover off guard. Losing its momentum, Andover allowed three goals in a row before rethinking its defensive strategy.

Co-Captain Jack McGovern in strong defensive performanc- cepted by Newton North. '15 wrote in an email to The Phil-Though weather conditions lipian, "We [were] relentless. No matter what Newton North threw at us, we fought back with hard defense and solid offense. Throughout the game, Newton North was especially pushing for the upline throw to the dump cut, and while it worked for a couple points, we caught up and shut that option down."

> Andover's defense continued to hold a strong press against Newton North's offense. Ethan McIntosh '15, Darian Bhathena '16 and Ian Jackson '16 all turned

es

Phillipian, "Our strengths were keeping very hard marks on the handlers and playing strong defense, ultimately leading to a lot of turnovers."

The Andover players darted down the right side of the field, beating Newton North's defense though they were just yards away from the end zone. Griffin held on to the disc and threw it to Rocco Amorosso '15, but to Andover's dismay, it was inter-

Andover then forced a quick Swett wrote in an email to The turnover. Newton North wasn't quick enough to mark up on Andover players, leaving Griffin wide open. As soon as Swett connected with his teammate from 15 yards away, he immediately whipped the disk to Griffin for the winning goal.

Coach Scott Hoenig wrote in with consecutive throws, even an email to The Phillipian, "One of the greatest things about how we played [Wednesday] was that we didn't play any differently when we were ahead or behind or tied - we just continued to play focused, intense Ultimate."

Swett said, "I was really impressed with how well we worked together and communicated. Our timeouts always resulted in improved quality of play during the next point, and when something wasn't working, we were able to adapt sometimes flawlessly - to counter the threats we faced."

Though pressure was high on both sides of the field, Andover's composed mental game helped it come out on top.

Jack McGovern '15 said, "We had great spirit today, and there was a lot of positive energy on the field. Even when we lost several consecutive points towards the middle end of the game, we kept our heads up and followed our 'the score is 0-0, game to one' mentality."

Andover hopes to build on its momentum when it faces off against Northfield Mount Hermon and Deerfield away on Saturday.

A.EMERSON/THE PHILLIPIAN

Rocco Amorosso '15 jumps to make a crucial catch around the midfield.



MEET **GIRLS LACROSSE**





Andover found the back of the net 12 times against Deerfield.

By Arthur Palelogos PHILLIPIAN SPORTS WRITER	
Andover	6
Nobles	9
	10
Andover	12
Deerfield	7

With just 11 seconds left in the first half, Captain Caroline Garrity '15 weaved her way through a end." wall of Deerfield defenders and fired a laser into the back of the net, her fourth goal of the game. She extended Andover Girls Lacrosse's lead to two goals against that we will have to work on our and its fans weathered the brutal Deerfield on Wednesday, bringing communication on the field." the halftime score to 6-4.

Deerfield 12-7 in its first win of however, had a strong response the season, after a tough 9-6 loss in the second half and pulled off a said, "Against Nobles, we had a the season continues."

against Nobles on Saturday.

On Saturday, Andover fell to Nobles after a hard fought and gritty game. The team was looking to build off of its performance in its preseason scrimmage against Middlesex.

Head Coach Martha Fenton said, "Our focus coming out of the scrimmage was to put together two strong halves of lacrosse and to really take care of the ball, both in transition and in our offensive

She continued, "We recognize that our fitness level needs to improve to be able to play strong for 50 minutes, and we also know

Andover led Nobles at halftime Andover went on to defeat as the score stood at 5-2. Nobles,

9-6 win in the end.

Kelly McCarthy '16 said, "Our lull in the second half was a result of having four goals scored on us within a span of about five minutes. Lacrosse is very much a game of momentum, so it was hard to reverse the energy that that Nobles generated in the second half."

Attacker Eliza Quigley '15 led the team offensively with three goals and two assists. Garrity had two goals and an assist.

While other sports on campus cancelled their games and practices on Wednesday due to the bitter cold and snow, Girls Lacrosse conditions. The players huddled closely under towels and blankets on the sideline to stay warm.

Assistant Coach Heidi Wall

good, strong first half, and then we let up quite a bit in the second half. We were looking to try to play more consistently [against Deerfield]. I think being up by a couple at the half – we knew that that wasn't going to be good enough, and so we were looking to come out strong."

Garrity, Andover's center midfielder, had eight goals to her name by the final horn - two thirds of Andover's goals and one more goal than the entire Deerfield team.

Garrity said, "The team has been working very hard this mates." week, spending time on and off the field. We bounce back quickly from a game like Nobles because we know we can do much better, and we are demanding more of ourselves and our teammates as lights.

J.WOLFE/THE PHILLIPIAN

McNamara-Bordewick Nora '16 was second in scoring with three goals on four shots on net. Additionally, McNamara-Bordewick, Beth Krikorian '17 and Hannah Burns '15 each had two assists.

Kinsey Yost '15 said, "I think that as a whole, the team is going to focus on continuing to get solid results off ground balls and draws. Those two elements of the game are crucial. Whichever team wins those ground balls and draws dominates, scores and wins. I'm confident in my team-

Andover's next game is Friday against Pingree at 6 p.m. The game was originally scheduled to be at Pingree but will instead be a home game at Andover under the

ATHLETE OF THE WEEK Eliza Quigley '15

GIRLS LACROSSE



Quigley scored two goals against Nobles.

Eliza Quigley '15, a three-year Senior from Marblehead, Mass., is a force to be reckoned with on the lacrosse field. Standing at 5'9", Quigley is a fearless competitor on the offensive front and a consistent contributor to the success of Andover Girls Lacrosse. She was a star in the team's game against Nobles on Saturday after lighting up the scoreboard with three goals. A physical player, Quigley instills fear into opposing defenses with her deceptive quickness. Quigley is a dedicated lacrosse player and a leader on the field for all of her teammates. She will continue playing lacrosse next year at Williams College. For her outstanding performance this past week, Quigley has been awarded The Phillipian's Athlete of the Week.

What does it mean to you to be a leader of the team?

Well, I missed about 90 percent of last season due to an injury. I feel like I missed a lot last season. It's good to be back with the team and playing again. We have a good core group of Seniors who can lead the team. We have some good returners and promising newcomers.



What are your biggest strengths as a player?

Strength, speed and size. Playing attack, I get to hang out at the restraining line. The defense does their job and gets it to the midfielders who run it up the field, so I feel like I'm lucky enough to have them do their job and work the ball up the field. When I finally do get the ball, I always try and capitalize on chances. Everyone does their part to get the ball up there, so I need to take advantage of those chances.

What are your personal and team goals for the season, especially for a team that has over four straight seasons of a winning record?

For the team, just hoping that we can have another winning season, as you mentioned. Having it being Senior spring, I'm really just looking to have fun with it and finish on a high note. This is the last Varsity team that I will play for at Andover, so really just hoping that the team has fun and win some games. And, you know, the weather gets nice!

J.WOLFE/THE PHILLIPIAN

April 10, 2015

THE PHILLIPIAN

SPORTS | B3

CAPTAIN FEATURE

Caroline Garrity '15

GIRLS LACROSSE



Garrity will lead a very experienced Andover squad this season.

By Leo Brother PHILLIPIAN SPORTS WRITER

After finishing last season with a 10-9 record, Andover Girls Lacrosse looks to continue its streak of six winning seasons. Leading the charge is Captain Caroline Garrity '15, a midfielder and Harvard College commit from Lynnfield, Mass.

Garrity wrote in an email to The Phillipian, "I'm fully confident that this year we will continue our winning record. There is no pressure - we take the season game by game, and everyone supports one another. I make sure the team stays focused during practice, and when it's game time, we will be excited and ready to get the 'W."

After graduating nine players, the team has turned to Garrity to help the younger players smoothly transition into the group of 13 returning athletes.

Rookie Ashley Tucker '18 said, "[Garrity] knows so much about the game, so she always shares helpful tips with us on how to improve our game. She's so helpful and nice both on and off the field. During preseason, she was

good at having team meetings that were bonding experiences but weren't awkward or boring".

Elizabeth Welch '18 said, "[Garrity is] very welcoming and very supportive, and her attitude is always positive. I remember one time I was struggling with a drill, and she took me aside and helped me."

Being the sole captain of a team of 19 players is a big task, but Garrity has risen to the challenge. She credits the other five Seniors on the team for assisting her by being good leaders and setting good examples for the underclassmen.

Garrity said, "Since my [Junior] year at Andover, there has only been one lacrosse Captain. Therefore, it is crucial for the Senior class to work together as a unit when leading by example, on and off the field, for the underclassmen. As a Captain, it is very important to stay poised on the field and to have fun doing what you love. My goal is that the underclassmen look up to me and that I demonstrate the will to win and the drive to work hard every second I'm on the field."

On a team with six Seniors. five Uppers, six Lowers and two Juniors, it is of the utmost importance that everyone, particularly the Juniors and Lowers, can approach Garrity with any concerns that they have. Kasey Welch '16, one of Garrity's teammates on Girls Hockey (a team that Garrity also captained) in the winter, admires Garrity's

approachability and outreach field." to all of her teammates.

Kasey Welch said, "[Garrity is]... really good at not being too intimidating or unapproachable. I know I could ask her if I needed help with anything."

The team agrees that the team chemistry begins in the locker room and extends well beyond the field.

Two-year player Beth Krikorian '17 said, "[Garrity] has a lot of great ideas for team bonding and traditions to start within the team. She's so supportive of all of us - on and off the field."

> Garrity shares a special relationship with Head Coach Martha Fenton as well, as Garrity bridges the gap between coach and player for her teammates. The two work side-by-side to ensure that practices are tailored toward the improvement of individual skills and the team as a whole.

Fenton wrote in an email to The Phillipian, "[Garrity and I] spend a lot of time planning team dinners and other activities to develop team chemistry both on and off the

Garrity, who has a cumulative 11 seasons on varsity sports - three for Girls Soccer, four for Girls Hockey and four for Girls Lacrosse - has plenty of experience as an example and a mentor on a team.

Krikorian said, "She's a great team player and a great player overall. Her leadership skills really show at all times."

While Garrity's teammates credit her with improving their game, Garrity credits her teammates for shedding a new light on lacrosse for her.

"Being a Captain has given me the opportunity to focus not only on developing my own individual skills, but working with my teammates both during and after practice. I think I've transitioned well into the position as Captain, but my style of play has not changed. I have the same shot I've had since [Junior] year," said Garrity.

Garrity's goals for the team are to finish with a winning season, work hard every day, give their best efforts in every game and have fun.

J.WOLFE/THE PHILLIPIAN

Martha Fenton '83



By Alessandro Ciccia PHILLIPIAN SPORTS WRITER

Girls Lacrosse Head Coach Martha Fenton '83 began coaching at Andover in 1994. Since then, Fenton has coached Field Hockey, Girls Ice Hockey and Girls Lacrosse.

Fenton's lacrosse career began at Andover, where she played for the same team she now coaches. She also played field hockey and ice hockey.

Fenton proceeded to play at the collegiate level, playing all three sports at Bowdoin College. Right after graduating from Bowdoin, Fenton started her coaching career.

She initially coached at Exeter for three years, and after her brief stint up north, she began what would become her current 21-year career at Andover. Players state that Fenton has transformed the Field Hockey, Girls Ice Hockey and Girls Lacrosse programs into teams worth paying attention to.

Caroline Garrity '15, Captain of Girls Lacrosse, has been coached by Fenton for four years. In an email to The Phillipian, Garrity wrote, "[Fenton] has helped me approach the athletic challenges at Andover attitude."

Like all coaches, Fenton in and day out. hopes her teams win every time they step on the field. Fenton does not, however, solely judge a season based on the number of wins on the team's record. Instead, she is more concerned with the development of her players.

Fenton wrote in an email to The Phillipian, "We hope to improve after every game, both individually and as a team."

Fenton makes an effort to conduct focused, intense practo be as perfect as possible day fitness.

Kelly McCarthy '16 said, "She improves us by pushing us every single day. She's not one to let us slack off."

errors.

"[Fenton] has taught each of her players to not forget their mistakes, but rather to learn from them and to take them as stepping-stones towards success," said Garrity.

Fenton also stresses physical tices. If one person makes a fitness. Before or after every mistake, or is late to a practice, practice, the team goes running us better people on and off the Fenton will not hesitate to call or completes strength training field... She is a coach that you with a positive and confident them out. This forces the team sessions in order to improve its will always remember."

Fenton not only wants the girls to improve their lacrosse game, but she wants them to grow as young women. Fenton said, "I hope they all learn to be Fenton does not want the strong, confident, young womgirls to avoid confronting their en who know what it means to put team before self."

The messages Fenton sends do not only apply to the playing field. She makes sure that everyone is giving their all, pushing themselves and never giving up. Garrity said, "[Fenton] has a certain style that teaches us additional life lessons that make

BASEBALL

Lane Pitches Seven Strong Innings in Win

By Stephan Min PHILLIPIAN SPORTS WRITER

Andover	3
Tabor	1

Highly-touted pitcher Thomas Lane '15 carried Andover Baseball to a 3-1 victory in its season opener against Tabor on Wednesday, throwing a complete game and striking out six tried to do too much. We had batters in seven innings.

Heading into the game, both teams knew that pitching would play a deciding factor in the final result. Andover has a in the fourth inning and findeep pitching rotation this season, consisting of four Division I-bound hurlers – Lane, Jake Nelson '15, Tim Salvadore '15 and Co-Captain Matt Hosman '15.

Tabor's starting pitcher, PJ Poulin, threw a no-hitter tains John Festa '15 and Hosagainst Andover last year. Lane ended up prevailing in the end this time around, and after the game, Head Coach Kevin Graber said, "[Lane] basically put alizes it still needs to work on us on his back and carried us to improving in order to remain victory."

Tabor, last season's Central New England Prep School Baseball League Champions, tinue to scratch and claw for

against Andover on Wednesday, after beating Exeter, Portsmouth Abbey and Milton. The Andover, however, and finished running." the game with two hits and three errors.

"We played really solid defense and supported Lane all throughout his outing. We hit cess will rely on confidence and when we needed to, and no one a winning mentality. one extra base hit, but guys just grinded out at-bats and wore down their pitcher."

Andover scored all of its runs ished the game with seven hits. Newcomers Joe Simourian '18 and Kenny Griffin '17 batted in the team's runs, while Taylor Beckett '17 finished his first game for Andover with a hit.

Robby Cerulle '17, Co-Capman and John Simourian '16 also recorded hits.

Wednesday's win, the team recompetitive throughout the season. Graber said, "Our biggest challenge will be to con-

had a 3-0 record prior to losing runs. Our pitching is our strong point; our offense needs to keep pace."

Zager added, "I think we defiteam's offense stalled against nitely want to work on our base

Andover will be looking to reclaim the titles it won in 2012 Catcher Sam Zager '15 said, and 2013 after finishing last year with a 10-9 record.

A large part of the team's suc-

Payton Jancsy '16 said, "I think our biggest challenge this season will be not beating ourselves. Last year we found ourselves getting down early in games and hanging our heads. This year if we are able to stay confident and compete when we are down we will be able to win more games."

Andover exhibited the determination it needed after going down 1-0 by the end of the first inning. The team came back in the top of the fourth with Joe Simourian's two-run double Despite the positives in and Griffin's sacrifice grounder. Andover's next game is against the perennially strong Belmont Hill on Friday.



Thomas Lane '15 is an ace on the mound.

L.LUO/THE PHILLIPIAN

BOYSTENNIS

Andover Off to A Rocky Start

By Andrew Zhang PHILLIPIAN SPORTS WRITER



Wracked by injuries and battered by harsh weather conditions, Andover Boys Tennis suffered a disappointing 6-1 loss against Taft on Saturday. The match dropped the defending New England Champion's record to 0-2.

Andover's lineup heading into again."

Along with fielding a relative- early 1-0 lead. With these deciweather conditions.

Sixth seed Tyler Shen '17 said, "This was our first time steam after dropping the doubles playing outdoors this season. It was freezing and the wind was strong, and we weren't able to adapt quickly enough to the weather. However, that's not an excuse for the loss. We were caught unprepared and that's unacceptable. We need to make sure that this never happens

ly inexperienced team, Ando- sive victories, Taft gained mover also suffered in the adverse mentum that Andover could not overcome.

> Shen said, "We lost a lot of matches. That negative attitude carried over into singles, and the end results really reflected that. I know that we could've won this match, but all the little things prevented us from performing well. We all could've beaten our opponents, but I think we all had a rough day."

of Huang.

The Captain decimated his opponent in the number two match 6-3 and 6-1, providing a bright spot in an otherwise disappointing day for Andover. Huang employed a mix of slices and lobs to great effect, thoroughly disman- We have to be more aggressive tling the opposition.

Looking forward, the team is away from the match.

which might have made a difference for us in the end. I think we should all try our best in every single match rather than rely on Friday, hoping to secure its first the wins of others. If everyone thinks this way then I'm confi-

of the ladder, with the exception dent that we can defend our title."

Shen shared this optimism, saying, "In terms of skill and technical ability, we're solid at this point. However, we need to get our winning mentality and attitude back to win matches. and confident."

To sum up the seemingly diseager to internalize what it took appointing match, Huang said, "[We gained] valuable match Kralik wrote in an email experience and a good sense of to The Phillipian, "I think we team spirit. We didn't get too The singles were a rough learned that we should play as a down after the loss, and we're team rather than as individuals, looking to improve over the season."

the match was incomplete and shaky after losing third seed Will in the two and three doubles Way '17 to injury, so several newcomers stepped in to fill the bottom ladder spots. Viraj Kumar '17 took the fifth seed, and Chase Michael Huang '15 could finish Denholm'18 took the sixth seed. their match, giving Taft the

Taft snagged two quick wins

GOLF

matches, 8-1 and 8-2, respectively, before first seed Chris Kralik '16 and second seed and Captain

streak for Andover: first seed Kralik lost his match 6-3, 6-2 while third seed Jonathan Jow '16, who took Way's spot, lost his match to the same score. The rather lopsided scoreboards remained constant down the rest

Andover will play its home opener against Middlesex on win of the season.

BOYSLACROSSE

Boys Dominate in Two Wins

Andover Suffers Fourth Loss in Three Years Casagrande was one of the

By Howard Johnson	
PHILLIPIAN SPORTS WRITER	
Andover	

Down two holes with two holes

to play, Alexa Tsay '17 knew that

she needed to take some risks to

get back in her match. Keeping

the ball low to counteract the 40

mile per hour winds that had been

wreaking havoc on golfers for the

entire day, Tsay outplayed her

opponent for the final two holes.

After sticking the chip to two feet,

Tsav knocked down a birdie putt

to win the 17th hole and eventu-

ally halve the match after the 18th

Tsay's comeback and the dom-

inant 5&4 victory of four-year

veteran Billy Casagrande '15 were

the lone bright spots for Andover

in a 10-2 loss to Tabor. The loss is

only Andover's fourth loss in the

Andover made the long journey

Players were forced to combat

cold temperatures and extreme

winds and had almost no oppor-

tunity to warm up following a two

"We had only gotten a chance

to play one round thus far, and

after a long drive on a cold day,

some had slow starts and dug

themselves into holes as a result.

I would attribute most of it to rust

and expect improvement heading

into our next matchup," said Co-

Head Coach Christopher Odden.

to Falmouth Country Club this

hole.

last three years.

past Saturday.

hour drive.

only players who started off quickly for Andover. The greens were rolling slowly, but Casagrande impressively two-putted on nearly every hole. 10

"I'd say my victory was a combination of superior intellect in decision making and accurate short game," said Casagrande.

The team struggled with fast winds, forcing the team to change clubs on nearly all of its shots to compensate, and even Andover's putts strayed away from the intended line.

Alexa Tsay said, "The balls were rolling really weirdly because of the wind, and I had to club up and down by as much three clubs to compensate for the wind power. Other than that, conditions were okay, especially given the rough winter we've had here."

Captain Tyler Tsay '15 also struggled.

"Conditions were tough out there, but we just have to remember that everyone's playing in the same wind, the same cold and push onward. I think that for our first match to be in 30-40 mile per hour wind, it threw us off. But next match, we'll be back in the swing of things," said Tyler Tsay.

Despite some disappointment from the loss, Andover is largely unfazed by this first showing of the season, and the team will look to improve in its next match.

"We're on to Holderness." said Coach Brian D. Faulk '00.

By Jennifer Lee
PHILLIPIAN SPORTS WRITER

Andover	13
New Hampton	5
Andover	12
NMH	5

After a disappointing 8-7 loss to Belmont Hill last week, Andover Boys Lacrosse bounced back with a decisive 13-5 win over New Hampton on Saturday and a 12-5 win over Northfield Mount Hermon (NMH) on Wednesday.

Head Coach Stephen Moreland said, "Everybody contributed to the victory against New Hampton. Cyrus Scott '15 and the defense kept it close in the first quarter, until our offense caught fire in the second quarter. We were able to substitute liberally in the second half to get everyone into the game, which was really cool."

Andover ripped off 11 goals to finish the first half with an 11-3 lead during the game against New Hampton. Continuing its strong offensive drives and aggressive plays, Andover scored two more goals and allowed only the opposing team to score two goals during the second half of the game.

"Defensively, Jack MacWilliams '15 and Larson Tolo '18 did an excellent job shutting down New Hampton's stud attacker and midfielder. On offense, each of our starting six guys played very ball around with efficiency and well. It was also great to see Walker Huff '17 and Cormac Zachar '18 get their first goals in an Andover uniform," said Moreland.

Zachar, a new member of the team, said, "We played against a weaker opponent on Saturday, but we executed plays better than previously and played more of a complete game then we had against Belmont Hill."

Scott helped the team seal its 13-5 win by making several saves while the offense passed the ball around the New Hampton defense to create great shot opportunities. He cited the team's unity and each player's contributions as the keys to success in the game.

Scott said, "On defense, MacWilliams and Tolo shut down New Hampton's two key offensive weapons. Defensemen Arthur Gildehaus '15 and Jack Belluche '16 both did a great job winning ground balls and pushing transition. Max Anthony '15, as always, was a stud at the faceoff X, and Culver Duquette '15 was essential in providing the energy our team needed to be successful."

While the offense put together an impressive performance, it has not hit its ceiling yet. "On offense, we definitely shot the ball very well and did a great job taking advantage of transition. If we continue to work hard every day in practice and come together as a team, I'm confident our offense will be scoring much more than that," continued Scott.

Anthony added, "We played very good team offense. We moved the

communicated great. Our shots were on target and our off-ball movement was great. We took a big step forward in how we played as a team. We really played with a lot of energy and emotion, which was awesome to see."

On Wednesday, the team capitalized on this momentum, beating NMH 12-5. By dominating the first half 11-3, younger players were able to see more time on the field. "NMH is a bit down this year, so our younger guys saw lots of minutes. Will Murtagh '18 and Rudd Fawcett '18 scored their first goals in an Andover uniform," said Moreland.

Tolo said, "We did a very good job running our offense and distributing the ball, yet we still have a lot of work to do on our defensive rotations. Overall, the team played well and everyone saw playing time."

Post-Graduate Ryder Garnsey '15 said, "Our team played great team defense all game, including goaltending from Scott and Jack Lu '16. We were also great once again at the face-off X with Anthony and Captain Tim Bulens '15 both contributing. Our offense still needs to improve working to take great shots rather than good shots."

Zachar added, "We are hoping to take this momentum into our next few games and continue to win."

Andover will face Dexter Southfield this Friday in the hopes of continuing its high level of play and securing its fourth win of the season.



Dedicated to Indian Dance: Mihika Sridhar '16 Creates Cultural Exchange

Morgan Kuin

Dressed in dark red, gold and orange fabrics, Mihika Sridhar '16 nervously took center stage at IndoPak's Diwali/Eid festival during her Junior year. With little time to second-guess herself, a familiar song began to play and Sridhar slipped into rhythm with the music, taking precise steps and creating crisp hand motions. Sridhar recalled how nervous she felt when she was about to perform her solo in the dance style called bharatanatyam.

Following in the footsteps of her mother, aunts and cousins who all dance, Sridhar started dancing bharatanatyam when she was five years old. A South Indian dance form, bharatanatyam consists of two main parts: nritta, the dance's hand and foot motions, and abhinaya, the facial expressions, which aim to tell a story that is complementary to the dance and song. The songs for bharatanatyam dances are typically about the various Hindu gods.

"I think what's unique about [bharatanatyam] is how technical it is. It's more rigid and structured than other types of dance. And the reason why I've been learning it for so long is that I could have the basics, in terms of form, perfect. However, for me, [abhinaya] is tougher to master, because it's really just like acting. So I'm telling a mythological story through my face and my actions so that the audience can understand. The ertoire of all sorts of different coming together of [nritta and abhinaya] is what I think makes [bharatanatyam] really special," said Sridhar.

Sridhar, studying For bharatanayam has allowed her to keep in touch with her Indi- and the most demanding and an heritage.

than she had Junior year.

"When I was younger, I was always really nervous to perform or show people that I [danced] because I was afraid they wouldn't be appreciative or supportive since we come from a pretty homogenous community in terms of America," said Sridhar. "But I think definitely a big monumental moment was when I realized that people other than me actually did appreciate my art form, and that people did appreciate watching me and loved seeing me on stage as much as I loved dancing."

In addition to confidence, bharatanatyam has taught Sridhar skills beyond just dance moves. Sridhar's teacher, with whom she takes two hour lessons twice a week outside of school, has been instrumental in this education.

"I've learned how to be disciplined, how to work for things and just a lot about myself, like how I work. And my teacher is amazing. What's special about her is that she's really demanding. In order to meet her expectations, I have to work hard. Her approval means a lot to me, because I've known her for so long, and we're both working to make me a better dancer and student," said Sridhar.

Sridhar is currently preparing for a summer solo performance called an Arangetram. Similar to a graduation in that it signifies a certain level of seniority in bharatanatyam, this performance is a culmination of the hard work that has characterized Sridhar's dance career.

"[An Arangetram] is a repitems. An item is a song that I dance to for around six to twelve minutes. Some items are longer than others with the feature piece, a Varnam, being around half an hour in length comprehensive piece in the "[Dancing] is great because Arangetram. In total, I'm going



it keeps me connected to my culture. I was born in the US, half hours," said Sridhar. and my parents came here when they were going to col- a lot of practice. Not only do I lege, and even though I do visit have to learn the items, I also India somewhat often, it's hard for me to keep in touch with my form is correct and make my cultural roots. So dance is sure my expressions and stoa great way for me to stay connected to a lot of things like emotional. Just like any othmy religion, my culture and my family," said Sridhar.

Over time, Sridhar has continued Sridhar. grown to be more confident with this connection and takes for her Arangetram and oththe stage with far fewer nerves er smaller, off-campus shows,

to be dancing for three and a

"It's intense, so it requires have to perfect them, make sure rytelling ability are clear and er dance form, really, I have to feel the dance and do it justice,"

In addition to preparing

Sridhar performed at last winter's solo DanceLabs.

IndoPak, she always dances at tine in Dance Open. the club's annual Diwali/Eid spring. This past winter she culture with the community on

Sridhar continues to seek per- also performed a number for campus. Art and beauty exist in formance opportunities on the solo DanceLabs, and this campus. As a board member of upcoming spring she has a rou-

"One of the main reasons I festival in the fall and for the love performing on campus is Asian Arts Talent Show in the that I get to share some of my

so many different forms, and part of the benefit of attending Andover is that I have the opportunity to introduce a few of those forms to others and be appreciated for it," said Sridhar.

Faculty Perform Jazz Favorites at Concert

Serena Ren

With a loud and piercing trumpet note, Vincent Monaco, Instructor in Music, starts the faculty favorite song "I Mean You," composed by Thelonious Monk. Jesse Williams, Adjunct Instructor in Music, strums his blue bass and nods his head in time with the rhythm while Robert Baughman, Adjunct Instructor in Music, plays an upbeat solo on the piano. Underscoring these various instruments is Bill Reynolds, a friend of the faculty musicians, playing a steady beat nist and composer Bill Evans's on the drums.

"I Mean You" was one of ten songs played by two faculty ensembles at Friday evening's Faculty Jazz Concert in the Timken Room of Graves Hall. Monaco, Reynolds, Baughman and Williams, along with saxophonist, Joel Springer, Adjunct Instructor in Music, and trombonist, Peter Cirelli, Instructor and Chair in Music, composed the brass-centered ensemble. The second group was a quartet comprising Raleigh Green and Peter Cicco, Adjunct Instructors in Music, on guitar, Dave Zox, Adjunct Instructor in Music, on bass and Reynolds on drums.

The brass-centered ensemble began the concert with a five-song program that included one of Baughman's own compositions, "The Rule of Law." Reynolds began the song with

a complex and lively drum solo before the brass instruments quickly joined in. Strong drum beats pervaded the tune, with trumpet and saxophone solos providing a light contrast.

"I try to write something for every faculty jazz concert... I may choose to title a piece to honor a person (i.e. family members, friends, jazz pianists Bill Evans and James Williams, Mc-Coy Tyner, etc.) or an idea (i.e. 'the Rule of Law' which refers to how we are governed in our nation) or maybe use a play on words," wrote Baughman in an email to The Phillipian.

The quartet played jazz pia-"Time Remembered" in the second half of the concert. The piece started with a mellow swish from a drum brush used by Reynolds, contrasting with the loud drum cymbals of "Seven Steps in Heaven," by Victor Feldman. The sweeping of the brush on the snare created a watery vibrating background, complementing the slow melody of the guitars played by Green and Cicco.

Green said, "I got a real soft spot for 'Time Remembered.' It is harmonically very intriguing and has a lot of key changes. It is just a lot of fun to play with a lot of lyricism."

The quartet played "Will You Still Be Mine?" written by Matt Dennis, to end the concert. The song's cascading guitar notes contrasted with the previous, peaceful "Time Remembered."



The jazz concert included one original composition.

Additionally, a steady beat on quick guitar note.

the snare created a subtle har- always an adventure. Part of the If they don't happen, we've got mony for the swift melody be- trick is to make great music with to figure out how to work it on fore the piece closed with a very little rehearsal, so a lot of the fly, which is part of the fun," decisions were made before- said Green.

"[Playing a jazz concert] is hand, some of which happened.



A Cappella Night: Serenades, "Survivor" and Solos

Indy Sobol

Dressed in bright button-down shirts and ties, members of the MIT Logarhythms searched the crowd in Kemper Auditorium. Before beginning their performance of The Jackson 5's "I Want You Back," the all-male a cappella group from MIT pulled Auguste White '17 onstage. White joined members of the Logarhythms on stage, where she got to sit on the lap of a Logarhythms member while the singers danced around her and belted the chorus of the playful song.

The MIT Logarhythms' sere-

nade of White ended last Friday's the Yorkies. annual A Cappella Night. In addition to the Logarhythms, the show also included three Andover groups: The Yorkies, Azure and Keynotes.

The Yorkies took the stage first for a three song set. They closed their set with Outkast's "Roses," which began with the entire group humming. A few moments later, Nolan Crawford '15 began the first solo, followed by Joel Peña '16. Devontae Freeland '15, a member of the Yorkies, performed the song's fast paced rap, much to the delight of the audience.

"I thought the Yorkies did a great job with ['Roses']. It's a classic, and Devontae killed the rap,"

Azure followed the Yorkies with a two song performance. They kicked off with a mash-up of Miguel's R&B hit "Adorn" and Kanye West's "Bound 2," and their second song was a Destiny's Child medley. Soloist Emma Chatson '18 began the Destiny's Child mix singing "Bills, Bills, Bills." Lines from the popular "Say My Name" followed before continuing with a sassy solo by Miriam Feldman '18, who performed "Survivor."

White, a member of Azure, said, "I think the audience really liked all our songs, especially the Destiny's Child part. Even though we weren't exactly like Destiny's Child, we were still engaging, so said Tom Burnett '15, Co-Head of the audience was very receptive towards that."

Freeland said, "I absolutely loved Azure's Destiny's Child medley. They managed to fit in four or five really great songs and have so much spunk and great choreography."

Keynotes performed next. There were two soloists in this performance, Natalie Yeh '17 and Nathaniel Redding '16. In a mashup of "Primadonna" by Marina and the Diamonds and CeeLo Green's "Forget You," Yeh and Redding performed a solo from each song, respectively. The two singers feigned a rivalry while performing, inspired by the idea that the two had previously been in a relationship. The two took turns voicing their 'complaints,' giving

the routine a personable energy.

The MIT Logarhythms also performed Walk the Moon's "Shut Up and Dance." This was their first song of the night, which soloist Will Rutter and his fellow musicians preceded by comically circling the stage in Kemper Auditorium in a flurry of exaggerated franticness.

Stephanie Wong, the coordinator who selected the MIT Logarhythms for the event, said, "I like that The Logs are a diverse group. They are high achieving students who are talented both musically and academically, which I think our students can relate to. As a group they are high energy and can involve a crowd.'



The MIT Logarhythms serenade Auguste White '17, a member of Azure.

DIY: Paper Hyacinths

Spring is here and what better way to celebrate than sprucing up your dorm room a little bit? While real flowers would be an ideal decoration, they can be difficult to manage. So, instead, make your own flowers, specifically hyacinths, using tissue paper. Follow these simple steps for flowers almost as beautiful (but unfortunately not as fragrant) as the real thing!

WHAT YOU NEED:

- -Crumpled Tissue Paper
- -Tape
- -Scissors
- -Straws

HOW TO:

1. Start with some brightly colored tissue paper. You want to make sure that the paper is a little wrinkled and worn, because new, stiff tissue paper will rip easily. Cut the paper into long, skinny rectangles that measure about 3 by 18 inches. You can definitely experiment with the proportions, though, to create a variety of flower sizes.

2. Next, fold each strip of paper in half on its long edge. Then, grab your scissors, and snip the folded edge into a fringe.

3. Then, place a folded strip of paper next to the top of a straw and use a piece of tape to attach the two. Now, wrap the piece of paper around so that the tape is sticking to the straw and keep spiraling downward until you've wrapped the whole piece of paper.

4. To finish, fasten the end of the spiraled tissue paper to the straw with a piece of tape. If you want an extra touch, add some green tissue paper here for leaves!



photos courtesy of auntpeaches.com